

GENERAL INFORMATION

- **Race Day:** 22nd April, 2012
- **Registration:** **Manual** - Standard Chartered Bank branches*
Online - www.steinmetzgaboronemarathon.com
Closes on 13th April 2012 or when number of entrants reaches the following limits:

42 km race	600 participants
10 km race	1,200 participants
4 km Fun run/walk	1,200 participants
- **Registration fee:** Non-resident: 42km P150 | 10km P80 | 4km P30
Resident: 42km P50 | 10km P50 | 4km P30
- **All groups and schools:** Please contact Marathon Office on +267 393 2253 or +267 718 999 77 or info@steinmetzgaboronemarathon.com.
- **Race number pick-up:** 20th April from 0900hrs to 2000hrs and 21st April from 0900hrs to 1800hrs at Phakalane Golf Estate
- **Collection of race numbers** will require a valid ID/Passport. Any person collecting numbers on behalf of another runner must bring a letter confirming the request to collect the number and a copy of the runner's ID/Passport.
- **Updates, information and alterations:** Entrants are required to provide an e-mail/mobile number which will be used to confirm race instructions and information to participants. Race information will also be announced in the media and updated on www.steinmetzgaboronemarathon.com. **Note:** The Steinmetz Gaborone Marathon does not sell or provide personal data to third parties unless agreed by the participant.
- **Start and finish point:** Phakalane Golf Estate, Gaborone.
- **Start times:** 42km – 0615hrs, 10km – 0645hrs and 4km fun run/walk – 0900hrs.
- **Altitude:** Course commences and finishes around 970m above sea level with a high point of 1025m above sea level.
- **Prize money:** Total of over P180,000 in prize money for the 42km and 10km race.
- **Seeding:** There will be limited seeding for faster runners in the 42km and 10km races. Only runners wishing to be considered for seeding need complete this section on the entry form. As a guide, performances should be better than:

	Men	Women
Marathon	2 hr 50 min	3 hr 15 min
Age 40+	3 hr 5 min	3 hr 30 min
10km	38 min	42 min
Age 40+	40 min	44 min
- **Official Qualifier:** The marathon is an official qualifier for the 2012 Olympic Games in London and 2012 Comrades Marathon in South Africa.
- **Sanctioned** by IAAF and BAA (Botswana Athletic Association).
- **Goodie bags:** for all entrants, including T-shirt.
- **Medals** for all finishers.
- **Water points** at 2.5km intervals in all races.
- **Paramedics and ambulances** along the route and at Start/Finish point.
- **Parking on race day:** On designated parking area only. No parking along the race routes. Parked vehicles may be clamped or towed away.
- **Accommodation and tourism information** is available from Botswana Tourism Organisation – www.botswanaturism.co.bw and www.steinmetzgaboronemarathon.com.
- **Rules** of the IAAF and BAA apply.

*Standard Chartered Bank branches: Gaborone (Game City • Industrial • Main Mall • Hemamo (BBS) • Priority Centre (Square Mall, CBD)), Lobatse, Jwaneng, Molepolole, Mochudi, Mahalapye, Palapye, Serowe, Orapa, Letlhakane, Selibe Phikwe, Francistown, Maun

- **Foreign athletes** must provide a letter of permission from their national athletics federations to run and abide by IAAF rule 4.2.
- **Unbranded clothing** must be worn if not running for an athletic club.
- **Support/seconding vehicles** will not be allowed on the route. Support vehicles must take alternative routes to reach official support points. Any support/second vehicles found on the route will result in their runner being disqualified.
- **Prams & push chairs** are only permitted in the 4km fun run/walk and must start at the back of the field behind the walkers and runners.
- **Drug testing** will be applied as stipulated by NADA. Prize money will not be paid out until the result of all drug testing has been completed.
- **Prize winners** are required to provide valid ID on the race day.
- **Toilets** available at each water table
- **Water and Energy Drinks** available on all water tables in the Marathon
- **Entertainment** on Route
- **Parking** available
- **Emergency number** Mob : +267 71784212 Tel : +267 393 2253

CONTACT INFO

Cell: [+267] 718 999 77

E-mail: info@steinmetzgaboronemarathon.com

Go to www.steinmetzgaboronemarathon.com for race information, training info, route map and more information about the 2012 Steinmetz Gaborone Marathon.

PRIZE MONEY (Male and female prize money is equal) in BW Pula

42.2 km										
Category	1	2	3	4	5	6	7	8	9	10
Open	25,000	15,000	10,000	5,000	2,500	1,500	1,200	850	500	400
Veteran	5,000	2,000	1,000	750	500	-	-	-	-	-
Master	5,000	2,000	1,000	750	500	-	-	-	-	-

10km						
Category	Age	1	2	3	4	5
Open	12+	1 500	1000	750	500	200
Junior (**)	12 – 19	1 000	750	500	150	100
Veteran	40 – 49	750	500	300	-	-
Master	50+	750	500	300	-	-

***) Junior MUST be 19 years of age on 31st December 2012

Category	Explanation
Open	Any age 19 and above on race day
Veteran	Between 40 - 49 years
Master	Any age 50 years and above

Terms and conditions apply.

CHARITIES

The Steinmetz Gaborone Marathon is a charity event. Registration fees will go to following charities: Lady Khama Charitable Trust, Moremogo Trust, Mothers For All, Seeing Is Believing, Y Care Charitable Trust.