

*Changing Lives  
Saving Lives*





## Mission Statement

Pathfinder International believes that reproductive health is a basic human right. When parents can choose the timing of pregnancies and the size of their families, women's lives are improved and children grow up healthier.

Pathfinder International provides women, men, and adolescents throughout the developing world with access to quality family planning information and services.

Pathfinder works to halt the spread of HIV/AIDS, to provide care to women suffering from the complications of unsafe abortion, and to advocate for sound reproductive health policies in the U.S. and abroad.



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## President's Message

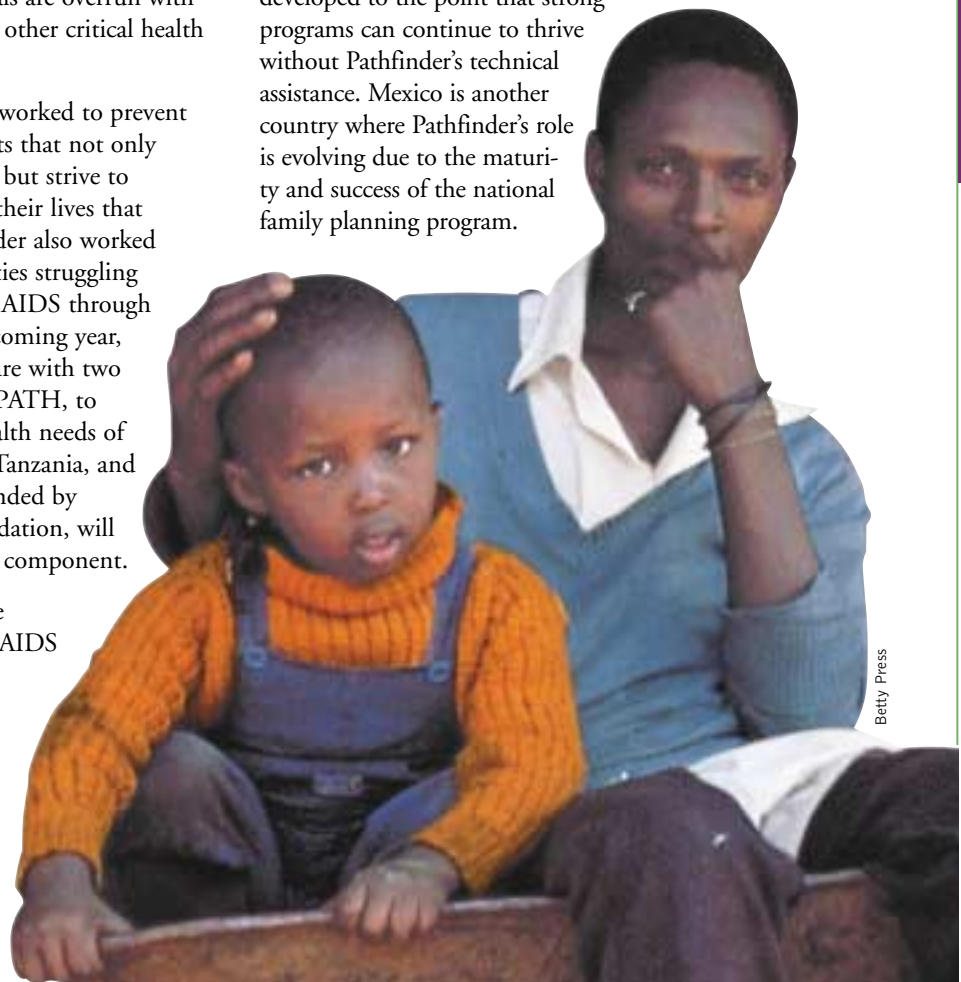
*On a recent visit to Kenya, I was reminded yet again why Pathfinder's commitment to the struggle against HIV is so important. I visited the Kenya Network of Women with AIDS, or KENWA, a group of HIV-infected women who have, with Pathfinder support, created an organization to help others living with HIV and AIDS. Many of the people served by KENWA are in their thirties with young children, so KENWA has developed counseling to help HIV-infected adults prepare for death. Part of the process includes creating "memory books" of pictures, family trees, and stories so that children do not lose their past along with their parents.*

HIV/AIDS is now the leading cause of death in Africa, and of the 5.4 million new HIV infections worldwide in 1999, four million of them were in sub-Saharan Africa. Yet the fact remains that life-prolonging drugs are unaffordable to 90 percent of those who need them. While AIDS cuts short the lives of the infected in sub-Saharan Africa, it is also devastating to social and economic development. AIDS deaths have meant that businesses are unable to find qualified employees, children are orphaned, and hospitals are overrun with AIDS patients and unable to meet other critical health care needs.

Over the past year Pathfinder has worked to prevent the spread of HIV through projects that not only educate people about HIV/AIDS, but strive to help people make real changes in their lives that reduce their risk. In 2000 Pathfinder also worked to support families and communities struggling to care for those seriously ill from AIDS through home-based care training. In the coming year, Pathfinder will begin a joint venture with two sister organizations, UNFPA and PATH, to work to meet the reproductive health needs of adolescents in Botswana, Ghana, Tanzania, and Uganda. This project, which is funded by The Bill and Melinda Gates Foundation, will include a strong AIDS prevention component.

It would be easy to retreat from the overwhelming need created by the AIDS pandemic. However, we have seen abundant evidence that successful partnerships can generate change in even the most difficult circumstances. When Pathfinder began supporting the national family planning program in Indonesia in the late 1960s, the country

averaged 5.6 children per woman and fewer than 10 percent of women were using contraceptives. Today, with a birth rate that has dropped to 2.6 children per woman and 57.4 percent of women using modern contraceptives, Indonesia is considered a family planning success story that has achieved many of its demographic and health goals. Pathfinder is preparing to close its office in Indonesia, confident that local Indonesian family planning organizations have strengthened and developed to the point that strong programs can continue to thrive without Pathfinder's technical assistance. Mexico is another country where Pathfinder's role is evolving due to the maturity and success of the national family planning program.



Betty Press





In 1965 women in Mexico had an average of seven children; today that number has fallen

to 2.5. Pathfinder is proud to have played a part in helping Mexico to achieve this demographic transition, and as Mexican organizations assume most of the responsibility for service delivery, the role of external assistance may shift toward more involvement in advocacy.

In addition to the completion of our large-scale efforts in Indonesia and Mexico, this year marked another milestone for Pathfinder — the completion of an eight-year-long collaboration between Pathfinder and the U.S. Agency for International Development (USAID) on the Family Planning Services Project. Through the funding supplied by USAID, Pathfinder was able to provide family planning and other reproductive health services to well over 35 million women and men in 26 countries during the lifetime of this project.

However, the decrease in our USAID funding resulting from the ending of the Family Planning Services Project means that Pathfinder will not be able to continue supporting some successful country programs.

Five years ago, funding from USAID for the Family Planning Services Project accounted for nearly 70 percent of our budget. This year, though our annual budget remained the same size, funding for the same project accounted for only 30 percent of our total budget. Pathfinder has succeeded in increasing its funding from private foundations and individual donors, making us less reliant on a single donor. It is clear to me that Pathfinder is

stronger today and better suited to fulfill its mission than it was just a few years ago.

It is disappointing that U.S. government support for international family planning is declining at a time when AIDS is gripping an entire continent, when unsafe abortion needlessly claims at least 78,000 lives around the world each year, and when adolescents worldwide lack the information and services they need to make decisions about their reproductive health. U.S. funding for international family planning has dropped sharply since 1995. While Congress has approved \$425 million for international family planning assistance in 2001, this is still more than 20 percent below the \$542 million needed to bring spending back up to 1995 levels.

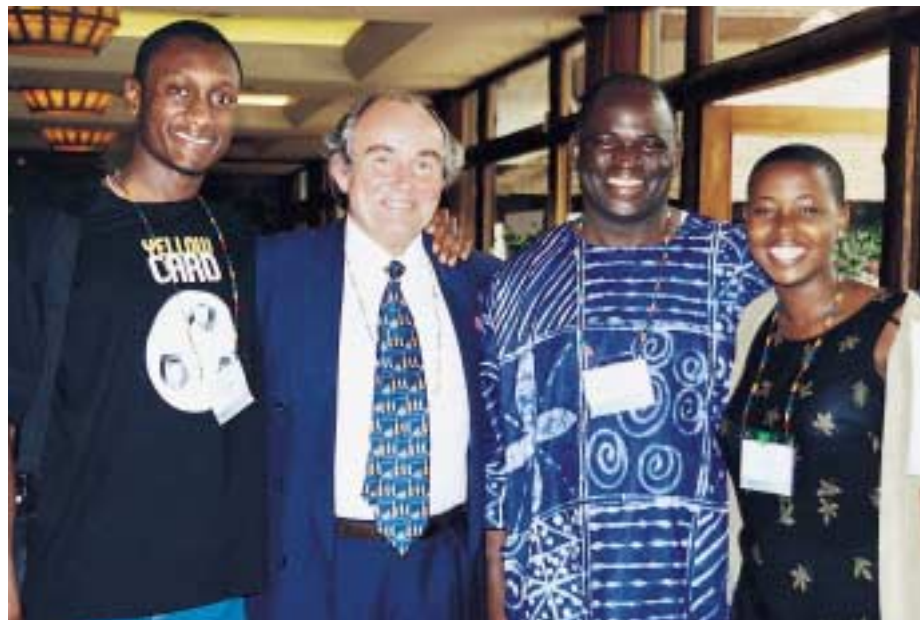
With the change to the Bush administration, the full impact on international family planning remains to be seen. The administration has already imposed the “global gag rule,” which prohibits foreign family planning organizations that receive U.S. assistance from using non-U.S. funds to provide abortion services or to engage in political speech about abortion. These restrictions are

enforced even in countries where abortion is legal. Advocacy on the part of Pathfinder, its sister organizations, and private individuals is essential if all people are to have the right to receive quality reproductive health care.

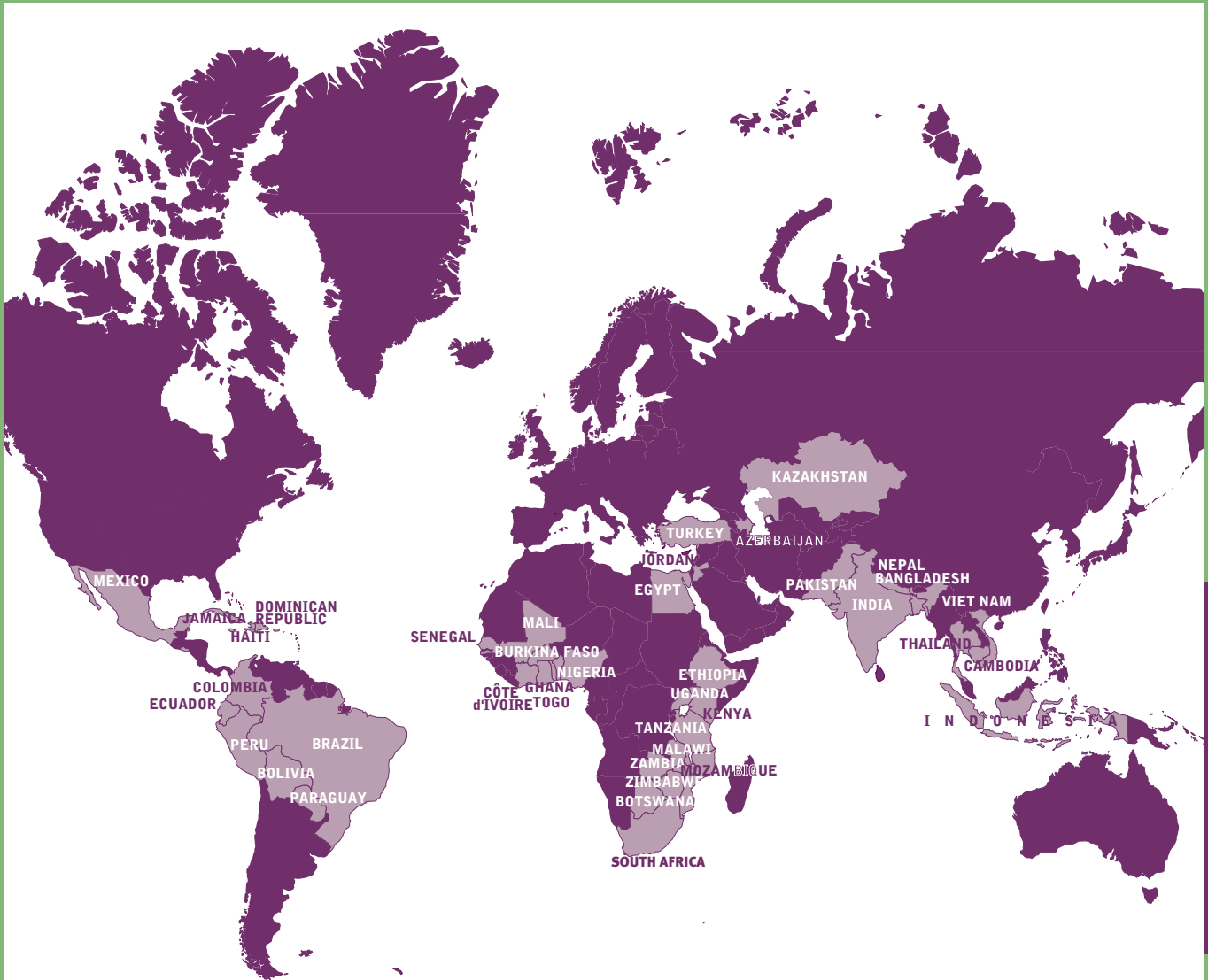
The resources available to Pathfinder and all organizations that share our mission will never be enough given the magnitude of the work to be done. Rather than lament funding shortages, we have sharpened our efforts to apply what we have more effectively. Toward this end, Pathfinder has identified five areas where we will focus our efforts and resources: access to reproductive health supplies and services, advocacy, safe abortion care, adolescents, and HIV/AIDS. It is by strengthening our commitment in these five areas that Pathfinder can effect the most change with the resources available. With your ongoing support, Pathfinder will continue to provide the information and services that can help transform the lives of people in countries where the need is greatest.

  
 Daniel E. Pellegrom,  
 President

Pathfinder Staff



Leroy Gopal, Dan Pellegrom,  
 Mike Egboh, and Sarah Mbabazi



## Pathfinder Around the World

### AFRICA

Botswana  
 Burkina Faso  
 Côte d'Ivoire  
 Ethiopia  
 Ghana  
 Kenya  
 Malawi  
 Mali  
 Mozambique  
 Nigeria  
 Senegal  
 South Africa  
 Tanzania  
 Togo  
 Uganda  
 Zambia  
 Zimbabwe

### ASIA/NEAR EAST

Azerbaijan  
 Bangladesh  
 Cambodia  
 Egypt  
 India  
 Indonesia  
 Jordan  
 Kazakhstan  
 Nepal  
 Pakistan  
 Thailand  
 Turkey  
 Viet Nam

### LATIN AMERICA/CARIBBEAN

Bolivia  
 Brazil  
 Colombia  
 Dominican Republic  
 Ecuador  
 Haiti  
 Jamaica  
 Mexico  
 Paraguay  
 Peru



## 2000 Accomplishments

In fiscal year 2000 Pathfinder worked in 40 countries in Africa, Asia and the Near East, and Latin America and the Caribbean, continuing its mission to provide women and men with the information and services they need to make informed, responsible choices about their reproductive health and family size.

Pathfinder worked in partnership with local grassroots organizations, international non-governmental organizations, individual donors, foundations, and government agencies to provide over four million new users with family planning and to train 5,346 service providers and community leaders. Pathfinder also provided management and technical assistance that helped more than 100 local partner organizations become stronger and more self-sufficient.

Pathfinder believes that partnerships are often the most effective way to deliver services because they draw on the strengths of each of the partners and make good use of resources to create a single, strong project instead of many small, weak ones. In 2000, Pathfinder embarked on many exciting new partnerships. It joined with the Planned Parenthood Global Partners program to link Planned Parenthood affiliates in the U.S. with Pathfinder-sponsored projects in Ethiopia and Peru. These linkages create cross-cultural sharing of expertise and encourage the domestic Planned Parenthood affiliates to lobby for U.S. support of international family planning. In South Africa, Pathfinder inaugurated a joint venture with the Planned Parenthood Association of South Africa and the South African Department of Water Affairs that links reproductive health activities with community-based environmental initiatives to create jobs and expand reproductive health services for young people in slum communities.

The following pages highlight Pathfinder's efforts in its five priority areas — access, advocacy, abortion, adolescents, and AIDS — and emphasize the partnerships that make these efforts possible. Through interviews and stories you will hear from clients and service providers in each of the regions where we work and learn more about how Pathfinder-supported programs are changing lives for the better.

## 2000 Global Publications

Unsafe abortion causes untold suffering to women throughout the world, despite being almost entirely preventable. Pathfinder has always believed that the key to reducing this toll is providing women with the means to control their own fertility. The recently published **Addressing the Consequences of Unsafe Abortion: Insights from Pathfinder Program Experience** explores the range of Pathfinder's postabortion care programs, what their effects have been, and what has been learned from them.

In 2000 Pathfinder also published **Pathpapers: Pathfinder's Community-Based Projects Address**

**Barriers to Reproductive Health Services.** This report documents Pathfinder's three decades of experience developing community-based services, including the evolution from door-to-door distribution of contraceptives to the community-level delivery of a wide range of reproductive and family health services.

If you would like to receive a copy of either of these publications, contact Pathfinder's Communications Unit at 617-924-7200. You can also download many of our publications from our web site at [www.pathfind.org](http://www.pathfind.org).

TO LEARN MORE ABOUT **YELLOW CARD**, VISIT ITS WEB SITE AT [WWW.YELLOW-CARD.COM](http://WWW.YELLOW-CARD.COM).

## Yellow Card

# Using the Movies to Reach Young People

Radio, television, magazines, and movies are powerful tools for reaching young people with information about sexual health. Pathfinder produced its first youth-oriented movie, *Consequences*, in 1988. The success of this film, which was translated into seven African languages and seen by more than 20 million people, convinced Pathfinder that an updated movie was needed to further educate African young people, an extremely vulnerable group due to high rates of unintended pregnancies and HIV infection.

This year marked the debut of *Yellow Card*, which was produced by Pathfinder with support from the Ford Foundation, the United States Agency for International Development, and the British Department for International Development. Filmed in Zimbabwe by Media for Development Trust, *Yellow Card* takes teen pregnancy, which is often thought of as a girl's problem, and explores what happens when a boy is held accountable for his actions. The movie uses the

story of Tiyane, a young soccer star who becomes a teenage father, to tackle the issues of unplanned pregnancy, unsafe abortion, and HIV/AIDS. While addressing these serious topics, the movie uses comic relief to keep from sounding like it is lecturing to teens.

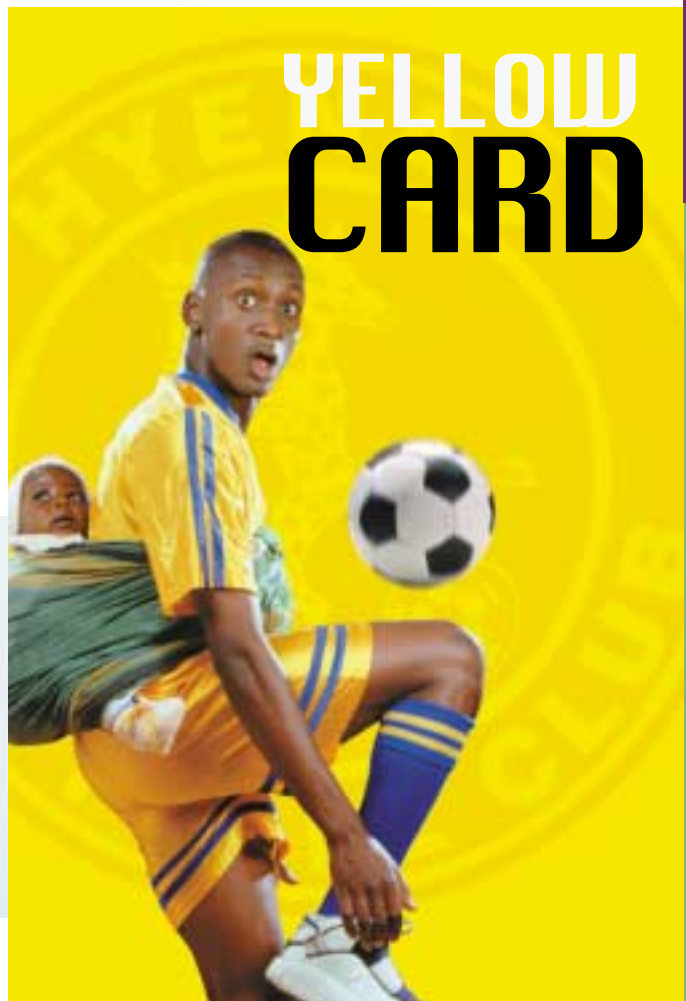
*Yellow Card* won the People's Choice Award at the 2000 Zanzibar Film Festival. It will be translated into six additional languages and shown across the continent. To learn more about *Yellow Card*, visit its web site at [www.yellow-card.com](http://www.yellow-card.com).



**YELLOW CARD** WON THE PEOPLE'S CHOICE AWARD AT THE 2000 ZANZIBAR FILM FESTIVAL. IT WILL BE TRANSLATED INTO SIX ADDITIONAL LANGUAGES AND SHOWN ACROSS THE CONTINENT.



Ugandan peer educator Sarah Mbabazi and **Yellow Card** star Leroy Gopal



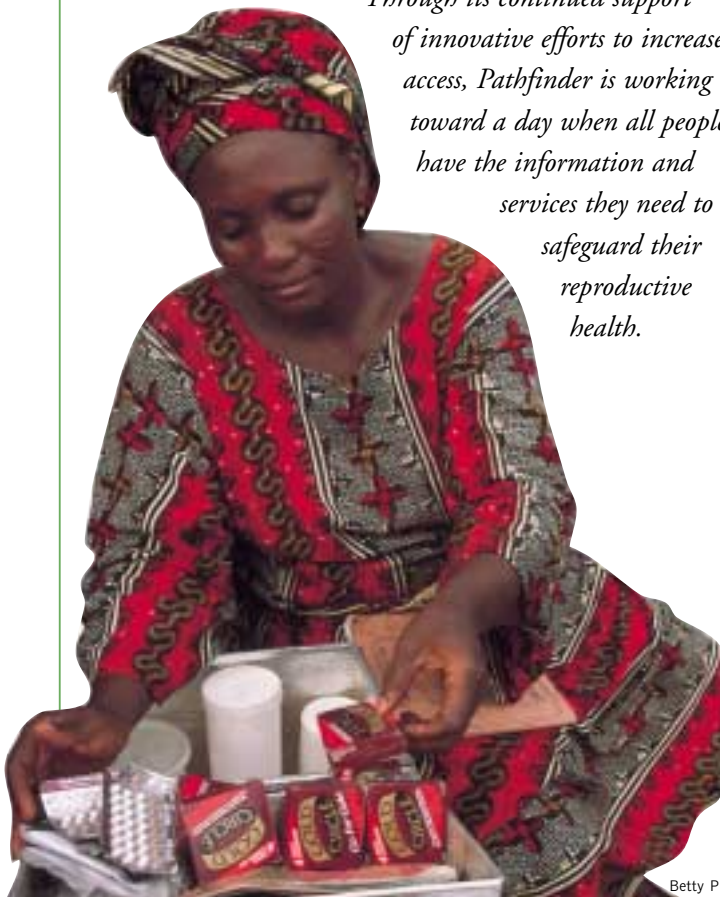




# Access

*For more than 40 years, Pathfinder International has worked to eliminate the barriers that separate people in developing countries from the family planning, maternal and child health, and reproductive health services that they want and need. To increase access to services, Pathfinder partners with local groups and health care providers to build their capacity to reach more people. Pathfinder helps to bring services to isolated rural areas by training community members to function as volunteer health workers and by creating referral networks. Pathfinder also improves and expands existing services by renovating clinics, providing technical assistance, and training health care providers to offer a wider range of services and contraceptive choices.*

*Through its continued support of innovative efforts to increase access, Pathfinder is working toward a day when all people have the information and services they need to safeguard their reproductive health.*



Betty Press



## Increasing Access to Services in Ethiopia

In Addis Ababa, the capital city of Ethiopia, 52 percent of the population lives below the poverty line, and limited access to contraceptives contributes to a high rate of death from unsafe abortion and an HIV prevalence rate of 17 percent among the city's inhabitants. In spite of the immense need, access to reproductive health services is limited. While the Ethiopian Ministry of Health is responsible for providing free services to all citizens, it is unable to do so because of the large demand.

By providing training to private, for-profit health care providers and improving the quality of the services they offer, Pathfinder increases the use of private providers by those with some ability to pay for health care. This lightens the demands placed on Ministry of Health hospitals and providers, freeing them up to address the health needs of the poorest Ethiopians.



ONE THIRD OF ALL PREGNANCIES — 80 MILLION A YEAR — ARE UNWANTED OR MISTIMED.





*Through its continued support of  
innovative efforts to increase access,  
Pathfinder is working toward a day when all  
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need to safeguard their reproductive health.*

MARKET BASED HEALTH CARE  
PROGRAMME.

# OMOTOLA CLINIC & MATERNITY HOME

PRY HEALTH CARE SERVICES • IMMUNIZATION • D. R. T. • FAMILY PLANNING





## Provider Interview

### Moges Lemma

Nurse and owner of the Mickely Medium Clinic, a private clinic in Addis Ababa, Ethiopia

For the last four years I have owned and managed the Mickely Medium Clinic, which provides family planning, treatment for sexually transmitted diseases, maternal and child health care, and counseling for both family planning and HIV/AIDS patients.

Getting access to contraceptives may not be that difficult in urban areas, especially for those who are able to pay. For the poor, getting family planning can be more difficult, especially since Ethiopia has an erratic supply of contraceptives that makes it hard for people to get their preferred method. In rural areas the situation is much worse as there is a shortage of health care professionals.

Most professionals have enough demand in big cities, and they are not willing or courageous enough to venture into rural areas.

Pathfinder has helped me to increase my skills, especially through providing me with training in intrauterine device and Norplant insertion and removal. However, we do not yet offer these methods in my clinic because of supply shortages. I would like to get access to a steady supply of these contraceptive methods so I can start offering a wider range of family planning services to my clients.

*“Pathfinder has helped me to increase my skills, especially through providing me with training in intrauterine device and Norplant insertion and removal.”*

*– Moges Lemma*

Pathfinder Staff



Moges Lemma







# AIDS

*Pathfinder first began integrating HIV/AIDS prevention into its family planning and maternal and child health projects in the early 1990s. These initial efforts trained providers and community workers to educate their family planning clients about HIV/AIDS and to promote condom use. Since then, Pathfinder has expanded its prevention efforts to reach vulnerable groups like commercial sex workers, intravenous drug users, and adolescents in the places*

*hardest hit by the disease, including Brazil and many sub-Saharan African countries. Because gender bias and restrictive cultural norms can make it difficult, or even dangerous, for women to ask their partners to wear condoms, Pathfinder is supporting efforts to teach women condom negotiation skills and to better educate men about the importance of using condoms.*

*Pathfinder has expanded its prevention efforts to reach vulnerable groups like commercial sex workers, intravenous drug users, and adolescents in the places hardest hit by the disease.*



AIDS IS THE LEADING CAUSE OF DEATH IN AFRICA AND THE FOURTH MOST COMMON CAUSE OF DEATH WORLDWIDE.

## Caring for AIDS Patients in Africa

The AIDS epidemic has reached crisis levels in much of Africa, and communities and health care systems are struggling to cope with the large number of people whose health is deteriorating due to AIDS. To help address this problem, Pathfinder is training existing community health workers to teach and support families who are providing in-home care to people with AIDS in Ethiopia, Kenya, Nigeria, and Uganda.

In Kenya, an estimated two million people are infected with HIV/AIDS. With funding from USAID, Pathfinder has partnered with Kenyan hospitals, organizations, and community groups to implement a community-based HIV/AIDS support, care, and prevention program. The program trains home-based caregivers, teaches people with the disease to care for themselves, and offers support and referrals for medical care. The program also creates support groups for people with AIDS and their families and provides AIDS orphans and families affected by AIDS with access to income-generating activities.



Betty Press





*Young women in Brazil receive condoms and AIDS information from a mobile health unit.*

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## *Provider & Client Interviews*

### **Roselyn Khatonde Shikulu**

Community-based reproductive health worker with St. Elizabeth Mukumu Hospital in Kakamega, Kenya

I have worked as a community health worker for about three years. I decided to become a community health worker so I could mobilize the community in the fight against HIV/AIDS and help reduce the high level of infections.

On a typical workday I start making visits in the afternoon after I have completed my morning work. During home visits I provide nutrition information, advice on hygiene to keep the patient from getting opportunistic infections, and I teach caregivers skills like body care and bed making.

The biggest challenges of my work are that I have nothing to offer my clients in terms of helping with their poverty, and I lack even simple pain relieving drugs to give them. Lack of food is a major problem for the people I work with. Also, caregivers fear becoming infected themselves and are concerned about sharing utensils and other household facilities.



**Roselyn Khatonde Shikulu**

My work is making a difference. The community has learned to identify people requiring care, caregivers are learning to take care of affected family members, and many infected people are learning things they can do to care for themselves. Home care is reducing the costs to the community by keeping people out of the hospital longer.

Pathfinder has contributed to my work by equipping me with better skills in home-based care and helping to enlighten the community about locally available resources. But much remains to be done. We need to be able to provide HIV testing, nutritional support, and simple drugs and painkillers.

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**Mrs. Ruth Muthikwa (right)**

### **Mrs. Ruth Muthikwa**

Home-based caregiver in Mombasa, Kenya

My daughter has been sick with AIDS for the past three years, and I have been taking care of her since July of 2000. Many people in our community fear contracting AIDS from my daughter if they visit us. Since HIV/AIDS is mostly associated with loose sexual behavior and promiscuity, we have been victimized and stigmatized.

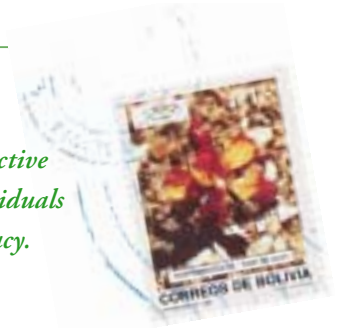
The biggest problem I face taking care of my daughter is lack of money to provide her with a proper diet and medical supplies. Also, I have a lot of other chores in the house, and I cannot attend to her as much as I want to.

Our community-based reproductive health worker has really supported us by making home visits and training us on health and nutritional issues. She taught my daughter exercises to do, how to dress in bed, and supplied her with some basic drugs. Still, we need other services. There should be a doctor assigned to visit and treat people with AIDS in their homes and provide them with free drugs.

Since I am still undergoing training in home-based care, I have not been able to share these skills with other members of my community, but I am hoping people will come to me for information in the future. I can say that my community is becoming informed about AIDS. Most people have started using condoms as protective measures, and some have dramatically changed their sexual activities.



*Pathfinder is mobilizing other reproductive health organizations and private individuals to increase their involvement in advocacy.*



# Advocacy

*Since officially creating its Public Affairs Department in September of 1998, Pathfinder has pursued a dual strategy of delivering services internationally and advocating for increased support and funding for international family planning at home. Pathfinder's advocacy efforts put U.S. policy makers in touch with credible, firsthand testimony about the impact of family planning programs in developing countries. Through its work with the International Family Planning Coalition, the Population Action Network, and the creation of its own E-mail Action Network, Pathfinder is mobilizing other reproductive health organizations and private individuals to increase their involvement in advocacy.*

*Additionally, Pathfinder's field offices around the world often support advocacy activities in the countries where they are based. These efforts are wide-ranging and include organizing study tours so that government officials and other decision makers can observe successful reproductive health programs in other countries, and assisting governments and ministries of health to develop and implement sound reproductive health policies.*



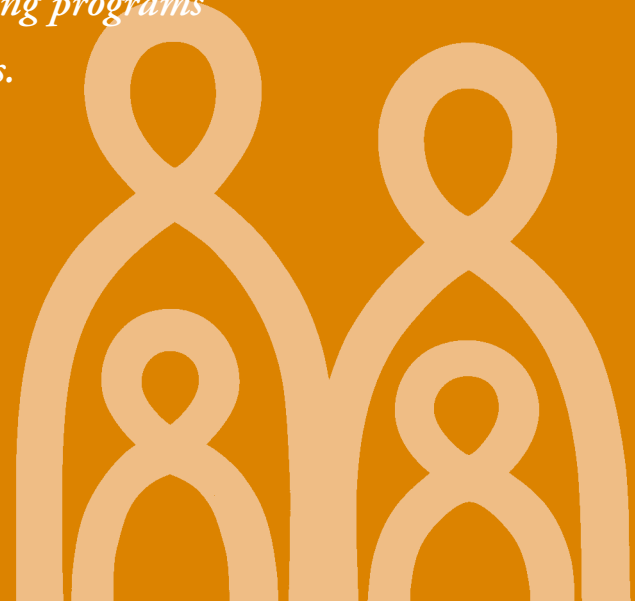
## Advocating for Adolescents in Bolivia

In Bolivia, only 34 percent of adolescent girls and 40 percent of adolescent boys are enrolled in secondary school, and 79 out of every 1,000 young women between the ages of 15 and 19 have given birth. Health care providers' biases against offering reproductive health services to teenagers and the absence of government policies supporting adolescent sexual health have contributed to the problems faced by young people in Bolivia. Pathfinder's advocacy work in Bolivia has centered on ensuring that young people receive the reproductive health care that they need.

Pathfinder worked with the First Lady of Bolivia, the Ministry of Health, and other government ministries to develop a comprehensive national adolescent policy that provides for young people's political, social, environmental, and economic well-being, as well as for their reproductive health. Pathfinder also partnered with the Bolivian Ministry of Health to put the new adolescent policies into action through the development of national standards and protocols for adolescent services. Several Bolivian organizations that provide reproductive health services to adolescents are beginning to implement the national protocols with the help of training and technical assistance from Pathfinder.



*Pathfinder's advocacy efforts put U.S. policy makers in touch with credible, firsthand testimony about the impact of family planning programs in developing countries.*





## Provider Interview

### Fernando Rodriguez

Doctor in charge of adolescent services for COMBASE, a Bolivian organization that provides health care to low-income populations

I have worked for COMBASE for four and a half years. I always liked to work with adolescents in my private practice, so when I came to COMBASE, I strongly advocated for activities and services for young people, which we were able to introduce with Pathfinder's support. COMBASE clinics now provide a variety of services to adolescents, including prevention and treatment of STDs, contraceptives, and prenatal care for pregnant girls.

The main way we reach out to adolescents is through educational talks at local schools. We also invite young people to weekly meetings at our clinics where we talk about issues that they request. When adolescents learn about our group meetings, they come first to meet other young people, and then to talk about their concerns or to ask for services. The most rewarding part of my job is working with these adolescent groups. They are always so energetic and cheerful, and I feel we are doing something really helpful for them.

Pathfinder has played a very important role in providing technical and financial support to implement adolescent services that didn't exist before in COMBASE. Pathfinder has trained our health care providers and promoters in counseling, communication skills, and reproductive health for adolescents. Before the training most of us knew that it was important to approach adolescents and listen to their problems, but now we know how to discuss contraception and reproductive health with young people, as well as other issues like self-esteem and decision-making skills.

I think the Ministry of Health's new protocols for adolescent services are very necessary because many providers still don't know how to provide services to young people. A lot of them are reluctant to offer services or contraception to adolescents, so it is very important to standardize practices.



Rebecca James



Fernando Rodriguez (right)





# Abortion

*Operating both in countries where abortion is legal and where it is illegal, Pathfinder works within the laws of each country to support postabortion and safe abortion care projects designed to make treatment safer and more responsive to the needs of women. Pathfinder believes that while all women should have access to safe abortion services, the key to reducing reliance on abortion — whether legal or illegal — is providing women with access to contraceptives and quality reproductive health care.*



WORLDWIDE AT LEAST ONE FOURTH OF UNSAFE ABORTIONS ARE TO GIRLS AGE 15 TO 19.

## Addressing Unsafe Abortion in Haiti

Just because abortion is illegal in many developing countries does not mean that it is not practiced. While no official estimate of the number of illegal abortions performed in Haiti exists, in 1997 the largest maternity hospital in the country reported that 76 percent of all maternal deaths in the hospital were due to abortion complications.

Because modern family planning methods can be hard to get, many women resort to unsafe abortions because they have no way to prevent unwanted pregnancies. Often when women go to the hospital or clinic with complications— from an unsafe abortion they are treated harshly by hospital staff.

In Haiti Pathfinder is working with the Ministry of Public Health and Population to create postabortion care programs at hospitals and clinics and to provide health workers with counseling skills training. As a result of these interventions, women suffering from abortion complications now receive safe, effective treatment from a sympathetic provider and are given counseling and a family planning method before they leave the hospital.

Richard Lord



*Pathfinder believes  
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## Provider Interviews

### Pham Thanh Thao

Obstetrical doctor at Quang Ninh Maternal and Child Health/Family Planning Center

Pathfinder has contributed greatly to our work here at the center. They provided us with modern equipment for performing abortions, renovated our facilities, and trained us to provide women with counseling. After the counseling training, my skills improved greatly. Some women were reluctant to use family planning methods because they did not receive thorough counseling on the advantages and disadvantages of each method. I now know how to let clients express their worries and to find an individualized solution for each client. After we began providing counseling, the number of postabortion women using contraceptives increased remarkably.

Once a schoolgirl came to our center for an abortion. She was 17 years old and was even carrying her school bag. She was very worried and asked me to help. I asked her if she was using any contraceptive method, but she had never heard about contraceptives before. Treating this young girl made me realize how crucial my counseling skills are,

especially when dealing with adolescents. We need to provide appropriate information to different age groups.



Pham Thanh Thao

### Dr. Patrick St Hillien

Obstetrician/gynecologist at Hopital de Carrefour

While there is no statistical data on abortion in Haiti, I have found the prevalence of illegal abortion to be quite high during my ten years at this hospital. Financial problems and lack of sexual edu-



Dr. Patrick St Hillien

cation cause many women to terminate their pregnancies using dangerous methods that can lead to serious complications or death. I once treated a woman who had to have a hysterectomy because of a botched abortion. She wasn't even 30 years old.

Pathfinder has contributed to improving the quality of postabortion care at the hospital by supplying us with equipment and training our personnel. Now more than 60 percent of women with abortion complications accept a family planning method before they leave our hospital, which helps to decrease reliance on unsafe abortion.



Pathfinder Staff

## Improving Abortion Care in Viet Nam

In developing countries like Viet Nam where abortion is legal, outdated medical practices are often used, and lack of knowledge about or availability of modern contraceptives leads many women to rely on abortion to limit the size of their families. In Viet Nam, Pathfinder has partnered with the Ministry of Health to ensure that abortion patients receive high quality, modern care and that women are provided with counseling and contraceptives before they leave the hospital or clinic so that they will not need to return for another abortion.



# Adolescents

*Since the 1970s when Pathfinder became one of the first international family planning organizations to support projects for adolescents, it has worked with young people in more than 30 countries and under a wide range of circumstances. The adolescents that Pathfinder's projects reach may be married, working, in school, or struggling to survive on the streets. Pathfinder's adolescent programs use youth centers, in-school health education, youth-friendly clinics, media campaigns, peer counseling projects, and mobile clinics, and focus on delaying the start of sexual activity and childbearing, increasing the use of contraceptives among sexually active young people, and preventing STDs and HIV.*

*Because adolescents' needs often extend beyond reproductive health, Pathfinder's projects frequently incorporate components that provide young people with counseling, parenting skills, education, and job training. Since cultural biases against providing family planning to young people keep many adolescents from receiving the services they need, Pathfinder also works to sensitize policy makers, parents, teachers, and health workers about the special needs of this important and often fragile group.*

## Adolescents in India

In the slums of India, most marriages are arranged, with the average age at marriage 15 for girls and 19 for boys. While adolescent boys are primarily concerned with their future employment prospects, girls are mostly resigned to marrying young and hope for a kind husband who can provide food and shelter. While the majority of newlywed couples want to wait several years before having children, most have a baby in the first year of marriage due to pressure from their parents and the community. Many communities are resistant to providing young people with reproductive health information.

Pathfinder works with the Gandhigram Institute of Rural Health and Family Welfare to reach young married couples and adolescents on the verge of marriage with family planning and reproductive health information and services. The project trains family planning users to work as peer educators and reach out to other young people.



Susan Clark



*In the slums of India, most marriages are arranged,  
and the average age at marriage is 15 for girls and  
19 for boys. While adolescent boys are primarily concerned  
with their future employment prospects, girls are mostly resigned  
to marrying young and hope for a kind husband  
who can provide food and shelter.*





*"I now have clear information about how I can protect my health, . . . and I am determined not to do any more risky things."*

– Balamurugan



Balamurugan

## Client Interview

### Balamurugan

Adolescent program participant in Tamil Nadu State, India

I am 19 years old and live with my parents in the village of Boliymanur. I am self-employed and have a small business buying and selling chilies. I support my family with my earnings. Young people today want opportunities to live a good, respectable life, but it is often difficult to find the means to do so.

A friend of mine who is a pharmacist knew I had some fears about HIV/AIDS, so he took me to talk to Mr. Raja Perumal, the Health Educator from Gandhigram. I didn't know much about contraceptives, STDs, or HIV/AIDS,

and I was worried that my past behavior may have given me some infection.

I took part in an adolescent sexual health training program, and I benefited from talking over my fears and concerns with Mr. Raja Perumal. He is a good counselor to us young people. I now have clear information about how I can protect my health, and my doubts have been cleared. I feel happy and relieved, and I am determined not to do any more risky things. In the future I want to be a wealthy, respectable, happily married man.



PATHFINDER'S ADOLESCENT PROGRAMS USE YOUTH CENTERS, IN-SCHOOL HEALTH EDUCATION, YOUTH-FRIENDLY CLINICS, MEDIA CAMPAIGNS, PEER COUNSELING PROJECTS, AND MOBILE CLINICS.



Rebecca James

Pathfinder Staff







## Pathfinder International is deeply grateful to the following donors to the Fund for the Future:

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This list includes gifts and pledges received through September 30, 2000.



*“It’s important for people to understand that there are a lot of different kinds of trusts — they are investments for families.*

*I think that Pathfinder is working on a long-term investment as well — for the world.*

*That’s why I have made Pathfinder a beneficiary of my trust.”*

*– Sheila Gamble Cook*





## Fund for the Future

In 1998 Pathfinder embarked on the first major fundraising campaign in its history. The Fund for the Future is a ten-year effort to raise \$50 million to:

- Support program growth today
- Launch new country programs in the future
- Build an endowment for the future security of Pathfinder

The response to this effort has been strong and heartfelt. As of September 30, 2000, the campaign has raised more than \$29 million.



## Legacies for Pathfinder International

With the promise of vital support for Pathfinder's programs in years to come, planned and deferred gifts provide a foundation for Pathfinder's future work. In recognition of the importance of these gifts, Pathfinder has formed an honorary group titled **Pathfinders: Legacies for Pathfinder International**.

Pathfinder thanks the following donors who have created a legacy in support of women and families around the world:

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Meacham & Robin Hitchcock  
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\* Deceased.

THE INDIVIDUALS AND FOUNDATIONS LISTED ON THESE  
PAGES HAVE MADE A DIFFERENCE IN THE LIVES OF FAMILIES  
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AND APOLOGIZES IF ANY NAMES HAVE BEEN OMITTED.

*thank you!*





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*Pathfinder International gratefully thanks the following donors whose generous assistance in fiscal year 2000 enabled Pathfinder to provide consistent, effective support to projects worldwide:*

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• This list reflects gifts received between July 1, 1999 and June 30, 2000.



## Chief Financial Officer's Report

Despite the vagaries of public funding for international family planning activities, Pathfinder International remains committed to making every available dollar count. As illustrated here, our priorities are to support direct services and field operations with a minimum outlay of administrative overhead. The decentralization of project management ensures that effective internal controls operate in the field, close to the action. Pathfinder strives to build strong financial controls at home and abroad as we forge effective and enduring partnerships with local institutions.

The financial information presented here is drawn from the audited financial statements of Pathfinder International, which were prepared in conformity with generally accepted accounting principles and have received the unqualified opinion of our independent public accountants, PricewaterhouseCoopers, LLP, in their report to the Board of Directors dated November 2, 2000. Copies of the audited financial statements are available upon written request to our headquarters office.

Beverly Morris Armstrong  
Vice President, Finance and Administration

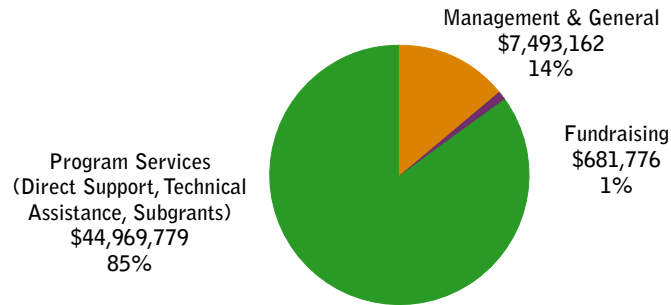
### Pathfinder International Condensed Financial Information for the year ended June 30, 2000

<b>OPERATING SUPPORT AND REVENUE:</b>	
Contributions	\$ 3,346,604
Grants and contracts	50,236,572
Other investment income	103,026
<b>Total operating support and revenue</b>	<b>\$ 53,686,202</b>
<b>OPERATING EXPENSES AND CHANGES IN NET ASSETS:</b>	
Program services:	
Access	\$ 38,880,562
Advocacy	1,587,314
Abortion	663,019
Adolescents	2,430,495
AIDS	1,408,389
Total program services	44,969,779
Fundraising	681,776
Management and general	\$ 7,493,162
<b>Total operating expenses</b>	<b>53,144,717</b>
Excess of operating support & revenue over operating expenses	541,485
Non-operating activity	614,269
<b>Increase in net assets</b>	<b>1,155,754</b>
Net assets, beginning of year	14,916,396
<b>Net assets, end of year</b>	<b>\$ 16,072,150</b>

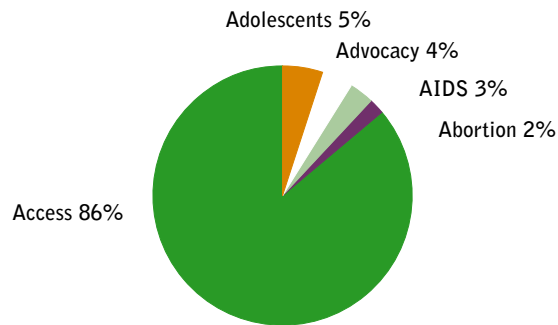
Pathfinder International's complete audited financial statements, with an unqualified opinion by Pricewaterhouse Coopers, LLP dated November 2, 2000, are available upon request. For a copy of the complete report, please call 617-924-7200 or send a request to [information@pathfind.org](mailto:information@pathfind.org).



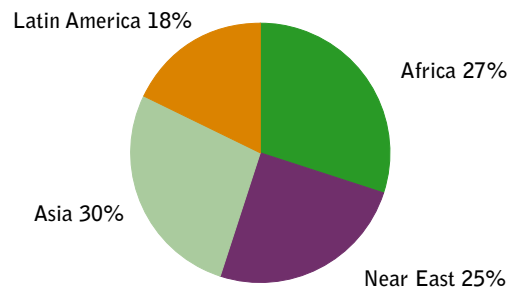
## Fiscal Year 2000 Total Expenses



## Fiscal Year 2000 Program Services Expenses



## Fiscal Year 2000 Total Expenses by Region





Emeritus Director Sarah Epstein and Treasurer Walter Gamble

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*“Pathfinder’s work is not simply about contraception. It is about giving people control over their own lives. It is about enabling them to make positive, responsible choices about their futures, about the prevention of disease, about avoiding unwanted pregnancy, and about creating caring, loving families when they are ready.”*

*– Ben Kahrl*



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TRAVELLER, THERE IS NO PATH. PATHS ARE MADE BY WALKING.

CAMINANTE, NO HAY CAMINO, SE HACE CAMINO AL ANDAR.

– ANTONIO MACHADO





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