



**ATHLETICS FEDERATION OF INDIA**

**COMPETITION MANUAL**



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## COMPETITION MANUAL

Athletics is a complicated sports and it involves diversified events with participation of large number of athletes, officials and administrators. The Organisers have to make lot of arrangements, as regards to technical conduct of the event, making proper arrangements of lodging of participants, dealing with the media and many other agencies. In order to bring uniformity in the conduct of the various Athletic Competitions in the country and to standardise various other administrative arrangements, AFI has decided to come out with a Competition Manual, which will work as a guide in future.

### I. AIMS & OBJECTIVES

- (i) To achieve perfection in the Technical conduct, it is necessary to understand the rules and regulations of the various Competitions clearly.
- (ii) To bring uniformity in the organisation of different Competitions.
- (iii) To provide conducive field to the athletes to achieve high level performance.
- (iv) To provide un-biased Competition to the athletes.
- (v) To make available standard equipment/infrastructure to all the participants.
- (vi) To inform the participants the Order of Events for different Competitions in advance.
- (vii) To specify the responsibilities of AFI and host.
- (viii) To specify the duties and responsibilities of Technical Officials, Technical Delegates, Organisers, Director Competition, Athletes and Coaches.

### II. COMPETITIONS

Athletics Federation of India is the apex body in Athletics and is responsible for conducting Competitions in the country. The Competitions, conducted by the AFI, are divided in three categories "I", "II" & "III":

**Category "I"** It will consist of the following Competitions:

1. National Senior Inter State Athletics Championships (Duration 4 days)
2. National Open Athletics Championships (Duration 4 days)
3. National Federation Cup Senior Athletics Championships (Duration 3 days)
4. National Athletics Circuit Meet (Duration 1 day)
5. National Federation Cup Junior Athletics Championships. (Duration 2 days)  
(Junior Men & Junior Women - under 20 Years)
6. National Junior Athletics Championships (Duration 5 days)  
(Junior Men & Junior Women under 20 and Youth Boys & Youth Girls under 18, Boys & Girls under 16 & Boys & Girls under 14 Years)
7. National Inter District Athletics Championships (Duration 4 days)  
(Boys & Girls under 16 and under 14 Years)
8. National Inter Zone Junior Athletics Championships. (Duration 3 Days)  
(Junior Men & Junior Women under 20 and Youth Boys & Youth Girls under 18, Boys & Girls under 16 & Boys & Girls under 14 Years)
9. Zone Junior Athletics Championships. (Duration 3 Days)  
(Junior Men & Junior Women under 20 and Youth Boys & Youth Girls under 18, Boys & Girls under 16 & Boys & Girls under 14 Years)  
(EAST, NORTH, SOUTH & WEST ZONES separately)

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|--|------------------|
| 11. National Cross Country Championships<br>(Men, Women, Jr. Men & Jr. Women – Under 20 years. | (Duration 1 day) |
| 12. National Marathon Championships<br>(For Men, Women) (Minimum age 16 years)                 | (Duration 1 day) |
| 13. National Walk Championships<br>(For Men, Women) (Minimum age 16 years)                     | (Duration 1 day) |

All the above mentioned Championships will be conducted every year directly under the banner of AFI. The rules of the AFI will be strictly followed, while conducting these Competitions. The duration of these Competitions can be changed by AFI, if deem necessary.

**CATEGORY “II”** – Will include all those Competitions, for which AFI grant permission to any other party, affiliated Units/Clubs/Organisations. It will be called Invitational Meet and the status of the Meet will be decided by AFI. The Capitation fees for organising these competitions will be as follows:

Capitation fees for National Athletics Competitions:	Rs. 50,000/-
Capitation fees for Marathon & Road Races: For affiliated Units)	Rs. 25,000/- + 10 % of Prize Money.
(For other organisations) (it can also be negotiable)	Rs. 2,00,000/- + 10 % of Prize Money.

**CATEGORY “III”**- The competitions conducted by AFI but not on regular basis.  
E.g. Any International Championships like Asian Championships, South Asian Athletic Championships, trial to select Indian Team.  
(AFI will directly handle these competitions or can also allot further to any other organisation / individuals.)

### III. AGE for JUNIOR ATHLETES

The date of reckoning the age for athletes will be as on the **DATE OF CONCLUSION** of the Competition. This will be valid for all Junior Competitions mentioned in category “I”.

#### Date of Birth – Athletes

1. Only following Date of Birth certificates will be valid for Age Verification –
  - a. Athletes below 16 years :
    - i. Certificate issued by “BIRTH & DEATH” registration office of a Municipal Corporation/ Nagar Mahapalika/ District Headquarters.
    - ii. Certificate issued by “BIRTH & DEATH” registration office of a “Village Headquarters”.
  - b. Athletes above 16 years: Certificate of Matriculation/ High School/Higher Secondary class issued by a competent Board of State Government or Central Government.
2. It is mandatory to produce the original Date of Birth Certificate at the time of 'Age Verification'.

### IV. ALLOTMENT OF COMPETITIONS

The application to host any Competition covered under Categories I & II can be sent to the Secretary, AFI on a prescribed Performa (Annexure “A”), well in advance, before the AFI Calendar is finalised

every year. The President and Secretary of that Unit must sign the application. AFI's Executive Committee is authorised to decide these competitions, but in special circumstances, the President/Secretary can also allot these competitions. Federation has the right to allot any Meet to any of its affiliated Unit, even without their consent. Once the Meet is allotted, the host and AFI will sign an agreement, the format of Performa of Agreement is enclosed (Annexure 'B'). The host has to agree to conduct the Competition on the terms and conditions, provided in this manual.

## **V. DATES OF COMPETITION**

The Expert Committee of the AFI will decide the dates of various Competitions, covered in Categories, I, II and III, considering the International Calendar. Only AFI has the right to change the dates and the venues of the Competition. In case of any change in date or venue of the Competition, AFI will charge Rs. 25,000/- from the host. The host will also be responsible to pay all losses incurred due to the change in the date/venue, to different parties and also be responsible to pay the losses incurred due to cancellation of Railway tickets of participants to the affected unit.

## **VI. ELIGIBILITY TO PARTICIPATE**

All the affiliated States of the Federation are entitled to enter their athletes in the Competition under Categories I & II.

The affiliated Sports Boards can enter their teams only in the following competitions:

1. National Open Athletics Championships.
2. National Athletic Circuit Meets.
3. National Federation Cup Cross Country Championships.

The recognised Units of AFI can only enter their teams in the under mentioned Competitions:

1. National Athletic Circuit Meets.
2. National Federation Cup Athletics Championships.
3. National Federation Cup Cross Country Championships

## **VII. VENUE**

- i. It is mandatory to conduct all Senior level National Competitions on the synthetic track, approved by AFI except National Athletics Circuit Meets.
- ii. National Athletics Circuit Meet will be conducted on other suitable surface approved by AFI.
- iii. All other Championships will be conducted on a suitable surface approved by AFI.

## **VIII. ORDER OF EVENTS**

The AFI Technical Committee in consultation with the Chief Coach will decide the standard format of Order of Events for all the Competitions. However the organisers are allowed to make minor changes due to the prevailing ground conditions or other reasons, but with the prior approval of AFI.

## **IX. LAST DATE OF SUBMITTING ENTRIES**

All the participating Units are required to send their Entries to the host with a copy to AFI office, at least 15 clear working days from the commencement of the Competition. If any of the affiliated Unit fails to send the Entry in time, that Unit will not be allowed to participate in the Competition.

## **X. QUALIFICATION STANDARDS FOR PARTICIPATION IN THE COMPETITIONS COVERED IN CATEGORY I & CATEGORY III.**

The AFI will decide qualification standards for participation in the various Competitions, organised in Categories I & III. This is necessary to provide standard Competition to participants. These qualifying standards will change from Competition to Competition and year to year. AFI will circulate these

qualifying standards well in advance to all the participating Units. All the affiliated Units will be allowed to send maximum of 2 Entries, preferably one male and one female to compete in the Competition without achieving any qualifying standards.

## **VI. ENTRY FORMS**

AFI will send the standard Entry Forms for all the Competitions. Participating Units have to fill all the columns given in the Format and are required to send the same to the host and AFI. In the absence of any information in the format, the AFI will reject the Entry. It is mandatory to send the date of birth of the participants for all Junior as well as Senior Competitors. In case of Juniors no Entry will be entertained without the proper proof of age. No change in the Entry will be allowed after the due date is over. The Entry-Forms will be available on line.

## **VII. MAXIMUM NUMBER OF COMPETITORS ALLOWED FOR A COMPETITION.**

All the participating Units are allowed to send maximum of 3 Entries per event in all Senior Competitions, except both Relays, where only one team consisting of maximum 6 members can be entered.

In all Junior Competitions, only TWO competitors are permitted to participate, other than the Relay, where only ONE team consisting of 6 athletes is allowed to enter. No reserve entry IN ANY event is allowed.

In all other junior Championships single age group meets, unit can enter THREE athletes in each event other than the relays where only ONE team can be entered. No athlete can participate in more than TWO regular events and two relay events.

## **VIII. FLAGS**

1. **AFI FLAG:** The specification of AFI flag will be as follows
  - a. **SIZE:** Length –  $150 \pm 2$  cm. Width –  $90 \pm 2$  cm
  - b. **CLOTH:** Silk.
  - c. **COLOUR:** Maroon.
  - d. **LOGO:** The ASHOK CHAKRA will be printed in the middle of the flag with AFI written below Ashok Chakra. The Size of Ashok Chakra will be 30cm diameter. AFI will be written below Ashok Chakra in a length of maximum 120cm.  
For design details, please see annexure “G”.
  
2. **STATE ASSOCIATION & UNIT FLAGS:** The specification of State/Unit flags which will be carried during National Competitions will be of 140 cms. Length and 90 cms. Width. The logo and name of the State Association/Unit will be as per their standards.

It is mandatory for State Associations/Units to carry their Flags during ceremonial Functions (Opening & Closing) of all the competitions, directly or indirectly controlled by AFI.

## **XIV. CERTIFICATES / MEDALS:**

1. Certificates
  - a. The Merit Certificates will be issued by AFI to the winners of First Three places in each individual events. In Relay Races, the certificates will be issued to the winners of First three teams. The teams may consist of Six Athletes (maximum).
  - b. The Participation Certificates will also be issued by AFI to those Athletes who have actually participated and achieved the qualifying mark fixed by AFI, in any event during the National Competitions.

- c. The Merit & Participation certificate will be issued only after receiving the Report of “Dope Test” & “Age Verification Committee”.
2. **MEDALS:**
- a. The medals GOLD, SILVER, BRONZE will be issued to the first three winners of each individual event. In Relay Races also the same system will be followed which is relevant for Certificates.

## **XV. KIT**

It is mandatory for Athletes to wear the KIT provided by the State/Unit. No other uniform will be allowed to wear during the competition in category “I”, ”II”. No Athlete can wear uniform of INDIA team even if he/she has represented INDIA and the kit is given by AFI.

## **XVI. QUOTA of OFFICIALS WITH THE TEAMS.**

Every participating Unit is required to appoint Manager/Coach with their team. The number of Officials (Managers and Coaches) will be decided on the basis of strength of the team. The details are as under:

No. of participants -	1 to 5 =	Manager/ Coach
	6 to 10 =	2 Manager/ Coach
	11 to 20 =	3 Manager/ Coach
	21 to 30 =	4 Manager/ Coach
	31 and above =	5 Manager/ Coach (Maximum)

More officials could be nominated but no facilities will be provided to them.  
**It is mandatory to appoint minimum One Manager with the team.**

## **XVII. RESPONSIBILITIES OF THE MANAGER**

The Manager of the Team is responsible for under mentioned matters:

- To send all the participants for the March Past.
- He has to ensure that athletes must report in time and in proper dress for Victory Ceremony.
- He will be responsible to send the athletes for dope test, if required.
- He will carry the Association/Board flag for March Past and hand over to organisers.
- He will be responsible for the discipline of the athletes.
- He will be responsible to attend Meeting called by the Organisers/AFI.
- He must confirm and reconfirm the Entries of his athletes in time.
- He must ensure that athletes of his State / Unit report at the Call-Room within time limit given in this regard.
- He must be aware that if an athlete after submission of confirmed entries has not taken part in that event he / she will be NOT BE ELIGIBLE for further participation in that championship, if not supported by authorised Medical Certificate. This is in accordance with the rule “**FAILURE to PARTICIPATE**”

## **XVIII. RESPONSIBILITIES OF THE COACH**

The Coach of the team is responsible for under mentioned matters:

- For the training of athletes outside the Competition venue.
- He will not interfere in the conduct of any event.
- He must be present in the Warming Up Area and ensure the presence of the athletes for the Competition.
- He will be responsible for the discipline of their athletes.

He will be responsible to attend any meetings called by the Organisers/AFI.

#### **XIX. RESPONSIBILITIES, DUTIES and RIGHTS OF AFI**

- AFI will be responsible for allotment of all Competitions in time.
- AFI will prepare a Competition Calendar in a booklet form, which will contain following information with address, telephone Number, Fax Number, E-mail etc. of the organisers.
  - Type of track, on which Competition will be held.
  - Weather conditions.
  - Type of accommodation to be provided by the Organisers.
  - The exact location of the site via road, rail and air.
  - Name of the Technical Delegates.
  - Name of the AFI Technical officials.
  - Name of the Chairman, the Organising Secretary and Director Competition.
  - Last date of Entry
- It will provide Merit Certificates
- It will be the overall In charge of the Competition.
- It will be responsible to carry out the dope test.
- It will be responsible to ensure that only eligible (after verification of age) athletes be allowed to take part.
- It will ensure that standard equipments, approved by AFI/ IAAF are used in the Competition.
- It will send Observer well in advance to supervise the facilities available for the Competition.
- It will appoint Organisational Delegate, Medical Delegate, Media In charge, Director Competition and few more Key Officials to supervise and making the Competition successful.
- It will also maintain close contact with the Organiser, participating Units & Technical Officials.
- It will also decide the Guest of Honour for at least 60% of the Victory Ceremonies to be conducted during the Championships.
- It will prepare the details of results of all the Competitions conducted during the year and will also show it on website of the Federation.
- It will prepare Order of Events.
- It will decide the Rules & regulations for the participation of athletes.
- It will also fix the qualifying standard for participation in the various Meets.
- It will decide the protocol during the Opening & Closing Ceremonies.
- It will provide Railway Concession forms to the participating units well in time

#### **XX. RESPONSIBILITIES AND DUTIES OF THE ORGANISERS:**

The Organisers of Competitions will be responsible for making all necessary arrangements for the successful conduct of Championships, which will include –

- Selecting suitable track and get the approval of AFI.
- Making seating arrangements in the Stadium.
- Making suitable seating arrangements in the Warm Up Area for athletes and Coaches.
- To establish a “Call-Room” in Warm Up Area.
- To establish a Post Event Control Room
- To establish a Mixed Zone
- To establish a Technical Information Centre
- To ensure availability of AFI approved equipment.
- To arrange suitable accommodation for the athletes. (No school Building will be used for the residential purpose, if the Toilets and Bathrooms are not adequate) The proportion for the Toilet and Bath room should be 8:1 for the Junior athletes and 4:1 for the Senior athletes.



- It is mandatory for the Organisers /Hosts to provide adequate place for (a) Age Verification process (for Junior Competitions)/Medical Board office (b) Registration of Athletes (ID Cards) (c) Dope Test system (To arrange One Fridge, sufficient amount of Mineral Water/Soft Drinks/ Refreshments)
- All the senior athletes are required to be accommodated in fully furnished accommodation.
- It is also mandatory that 150 best Senior athletes in different events be provided either Guest House or Hotel. The list of these athletes will be provided by AFI.
- They will prepare Score Sheets with AFI Logo on it.
- All the stationery used for this purpose will carry AFI logo and name of the AFI Sponsors.
- Adequate place will be earmarked for “JURY of APPEAL”.
- The organisers will provide adequate place for the Camp office of the President / Secretary AFI to operate their activities at the venue of National Championship. The office will be provided with preferably one Computer with printer and will be manned by one computer operator and by one attendant.
- The AGM other Meeting of AFI may be organised during the National Championships and it will be the responsibility of organisers to make all the arrangements as per the requirement of AFI.
- They will prepare 2 Flags of AFI
- They Will make arrangements for Medals as per AFI specifications
- Organisers will reimburse to and fro Railway tickets/Air tickets to the Officials designated for the Meet by the AFI along with Daily Allowance, as per the norms.
- They will provide following hospitality for the under mentioned officials of AFI:
  - Boarding and Lodging arrangements are to be made for the President and Secretary of AFI in a reasonably good Hotel. They will also be provided dedicated Cars.
  - Good Hotel is to be provided to all the Office bearers of AFI/Pool car.
  - Good Hotel accommodation to the “Technical Delegates” besides local transport and free boarding & lodging.
  - Athletes invited for the Championships should be provided pool Transport.
  - Good accommodation is to be provided to all the Guests of AFI and Presidents /Secretaries of all the Units. They will also be provided pool Transport.
  - Organisers will also be responsible for the transport of Technical Delegates, Technical officials, Medical Staff, AFI staff and other Invitees for the Meet.
  - The Photo-Finish operators will also be entitled for free boarding and lodging will be provided appropriate transport.
- Organisers will also provide a separate block for the Print and Electronic media with adequate arrangements of Computers, Broadband Connectivity and other communication facilities.
- Organisers will provide accommodation (if required) for TV broadcasting crew. They will also organise to erect required stands for TV Cameras to cover the National / International competition at the venue. These stands will have sufficient space for keeping 4 to 8 cameras.
- As per the Guidelines of AFI, special care has to be taken to run the programme in time and under no circumstances (genuine reasons like natural calamities excluded), delay in the Programme will be permitted.
- Organisers will provide a separate enclosure for all the participants, Coaches and Technical Officials.
- Organisers will be responsible for video recording and photographs of each and every event and copy of the same is required to be given to AFI for future record.
- Organisers will be responsible for circulating all the Results within 3 minutes of the conclusion of the Event to all the VIPs, Media and Coaches.

- There should be sufficient arrangements for photocopiers, computers and communication facilities in TIC
- Organisers should ensure proper discipline and barricade the Arena to make effort to prevent the entry of persons not connected with the event.
- Organisers will be responsible for Placards with name of the participating State/Units, which will be carried by local children during Opening & Closing Functions.
- No felicitation of any Athlete or official will be organised without the approval of AFI.
- To assist the participants in arranging the Rail tickets etc.
- To send the detailed Results to all the teams after the conclusion of the Competition.
- To send the detailed Report of the Competition within 15 days. Failing which no other Competition will be allotted in future. (Annexure “E”).
- If organisers wish to present the “Memento” & “Gift” to Officials, participants, they may do so but with due permission of AFI/ AFI representative.
- Organisers will also be responsible for conducting the Opening and Closing ceremonies, as per the laid down procedures:

## **OPENING CEREMONY**

- Assembly of participants
- March Past by the participating teams.
- (Each team's Captain will hold the flag of the participating Unit / State. Placard bearers will lead the March-Past)
- Presentation of bouquet to Chief Guest by only one member of Organising Committee.
- Presentation of bouquet to the President/Secretary AFI by only one member of Organising Committee.
- Chief Guest to be escorted to the Dais (Maximum 5 persons i.e. the Chief Guest, President & Secretary AFI, two members of Organising Committee) [No other official is allowed to stand on the dais. In the absence of President/Secretary AFI, 2 Senior members of AFI shall be invited]
- Welcome address by the Organiser – Maximum time 2 minutes.  
Speech by either the President or Secretary AFI – Maximum time 2 minutes.
- Speech by the Chief Guest – not more than 2 minutes.
- The Chief Guest to declare the Meet open – He pronounces:
- “I DECLARE THE '(name of the competition)' OPEN”.
- Oath ceremony on behalf of athletes and technical officials. (Annexure “D”)
- Cultural Programme, if any – Maximum time 20 minutes.
- Athletes must be sent to athletics enclosure, as soon as Oath Ceremony is over. They should not be held up in the ground for more than 20 minutes, which include the period of assembly.

## **CLOSING & PRIZE DISTRIBUTION CEREMONY**

- Assembly of participants
- Presentation of bouquet to Chief Guest by only one member of Organising Committee.
- Presentation of bouquet to the President/Secretary AFI by only one member of Organising Committee.
- Address by the Organiser
- Chief Guest to be escorted to the Dais (Maximum 5 persons i.e. the Chief Guest, President & Secretary AFI, two members of Organising Committee)
- Jumble March Past

- Speech by the Chief Guest (Maximum 2 minutes)
- Speech by the President/Secretary, AFI (Not more than 2 minutes)
- Prize distribution by the Chief guest
- Vote of thanks by the Organiser (2 minutes)
- The Chief Guest to declare the Meet closed – He pronounces
- “I DECLARE THE '(name of the competition)' CLOSED”.
- Beating the Retreat and flag will be handed over to the Chief Guest and then the Chief Guest will hand it over to the representative of the Federation.

### **SEATING ARRANGEMENTS**

AFI is the custodian of the meet and all the member of AFI will be provided proper seats during the opening and closing ceremony of the meet. The format of sitting will be as under:

#### ***Ind Row***

OC	AFI	OC	AFI	OC	AFI	AFI	OC	OC
AFI	OC	AFI	OC	AFI	OC	AFI	OC	OC

Other Guest of Organising Committee/ AFI will sit close to the Main Block.

### **MEDAL AWARD CEREMONY**

The host has to arrange Victory Podium

The Victory Ceremony must be conducted immediately after the event is over.

Guest of honour must be identified in advance in consultation with the representative of the Federation.

Girls/Boys to carry Medals in dress

Dress to be arranged by the host

Buglers/band to be arranged

Victory Ceremony will be conducted at a time, when there is no track event is being held.

Only Medals & Bouquets will be awarded during the “Medal Award Ceremony”.

Photographer and video recorder will also be arranged.

There will separate enclosure of the following category of people:

- Athletes, Coaches and Manager
- Technical Official
- Media
- Spectators

### **XXI. RESPONSIBILITIES AND DUTIES OF “ORGANISATIONAL DELEGATE”:**

The Organisational Delegate will be appointed by the AFI and will be Key Official working on behalf of AFI for smooth and successful conduct of the Competition.

He will ensure that AFI approved equipment are used during the Competition.

He will be responsible for placing the Hoardings of AFI Sponsors at venue as per the agreement of AFI.

He will supervise the “Boarding & Lodging” facilities provided to the various Office bearers of AFI/Athletes/Officials and other officials nominated by AFI.

He will liaison with the Media on behalf of AFI, if Secretary AFI is not present during the Competition.

He will ensure the quick circulation of the Results after the event is over.

He will be responsible to carry out the “Dope Test” and “Age Verification” during the Competition.

He will be responsible for implementing the “Competition Rules” as laid down in this manual.

He will coordinate with other officials like Technical Delegates, Director Competition, Organising Secretary, Medical Delegate, Technical Officials and various officials appointed by AFI, for successful conduct of the Competition.

He will arrange “Media Conference” on behalf of AFI, if feels it necessary (With permission of the Secretary AFI)

He will submit detailed report concerning all matters to Secretary AFI within three days of conclusion of the competition. (By E-mail/ Fax)

He is entitled to get good accommodation.

He is entitled to get 2<sup>nd</sup> A/C Fare / D.A. & Free Boarding

He is entitled for a pool car.

#### **XXII. RESPONSIBILITIES AND DUTIES OF “CHAIRMAN TECHNICAL COMMITTEE”:**

He/ His representative shall be present at all National Championships.

The Chairman Technical Committee will convene a Meeting of the “Technical Officials” once prior to start of the Championship and every day after the last event is over, during all National Championship. The main emphasis of this Meeting will be to assess the performance of “technical Officials” and discuss “Rules & Regulations”.

He is entitled to get good accommodation.

He is entitled to get IInd A/C Fare / D.A. & Free Boarding

He is entitled to get pool car.

#### **XXIII. RESPONSIBILITIES AND DUTIES OF “TECHNICAL DELEGATE”:**

The “Technical Delegate” shall keep close contact with Organising Secretary of the Championships. He shall confirm in writing about acceptance of offer.

He shall report the venue of the Championships two days (48 hours) before the commencement of the championships.

He will certify all the equipment, Track, various other Technical matters as per the specifications of AFI.

He shall be responsible for efficient working of “Electronic Equipments” (Photo-Finish etc.) and will liaison with the appointed agency of AFI.

He shall ensure that the programme of the events is followed as per the AFI guidelines. The qualifying standards for field events, arranging the heats and subsequent qualified rounds and groups for combined competition will be drawn by the Technical Delegate.

He shall confirm entries and have right to reject them for technical reasons. He shall apprise Secretary AFI/Chairman Technical Committee about time to time developments.

He will physically verify and certify all the Meet/National Records created during the Championship and sign on the Score Sheets. He will send the detailed report in this regard to AFI (prescribed form)

He shall submit a detailed report with the complete results of the Championship to the Secretary AFI/ Chairman Technical Committee within ten days of the conclusion of the Competition.

He will conduct the “Technical Official's Clinic” and will attend the Manager's meeting before the start of the Championship and apprise them about Rules & Regulations of Championships every time.

He will coordinate in printing & circulation of Day's Result with Media & Team Management.

He will ensure attendance of all the Technical Officials in all sessions.  
He will organise the briefing to all the Technical Officials after the day's proceedings.  
He will be entitled for to & fro 2<sup>nd</sup> A.C. Rail fare with D.A. at the rate of Rupees Five Hundred only per day.  
He is entitled for a car.

#### **XXIV. RESPONSIBILITIES AND DUTIES OF “KEY OFFICIALS appointed by AFI”:**

The purpose of deputing the Technical Officials from outside State is to ensure high level of Technical Conduct and to bring transparency in the Technical Conduct of the Athletic events. There will be at least FIVE Technical Officials to be appointed for any competition covered in category “I”. There number may be more if required. More number of Technical Officials will be appointed for competition covered in category “II” & “III”. There responsibilities are given below:

The Key Official will liaison with “Technical delegate”  
He will assist the Chief Judge in the conduct of events. In case of dispute he will have the authority to take a decision and report to the Technical Delegate.  
Key Official will supervise the unbiased conduct of that event.  
Key Official will certify all the results of all the events.  
Key Official will ensure that equipments certified by AFI are used and no other than AFI certified equipment are used during the Competition.  
Key Official will sign all the results.  
Key Official will report the details of specification of equipment to “Technical Delegate”.  
Key Official will send his report to the Chairman Technical Committee - AFI with a copy to the Secretary AFI.  
Key Officials' services could be used for other relevant matters concerning “Age Verification”, “DOPING”, “Managing place of stay” and Distribution of Chest numbers”.  
They will be entitled for adequate accommodation.  
They will be entitled for 3<sup>rd</sup> AC fare/ D.A. and free boarding.  
They will be entitled for shared transport.  
Key Official shall report minimum 24 hours before the conduct of the Competition.

#### **XXV. RESPONSIBILITIES AND DUTIES OF “MEDICAL DELEGATES appointed by AFI”:**

To carry out the “Dope Test” during the Competition.  
To ensure that “Dope Test” is carried out as per the norms laid down by the AFI.  
To ensure that “Age Verification” is done in accordance with policies laid down by AFI.  
He has to work freely without getting influenced by any agency.  
He shall ensure that the facilities for storage of samples are in accordance with the WADA specification and the requirements of rooms and other facilities are also in order.  
He is entitled for to & fro 2<sup>nd</sup> AC fare and DA @ 500/- per day (one day before and after the championship)

#### **XXVI. BIB NUMBERS:**

Every competitor will be provided with two Bib numbers, which during the competition shall be worn visibly on the front and back, except in Pole Vault and High Jump events, where one Bib number may be worn on the front or back only. The Bib number shall correspond to the number allocated to the competitor in the programme. If Track suits are worn during the Championship, the Bib number shall be

worn on the Track suits in a similar manner. No athlete is allowed to fold the Chest Number in any manner. It has to be worn while displaying all material written on the Bib Number.

The maximum dimension of the Bib Number shall be 24 cm. in width X 20 cm. in height.

The maximum length of the identification above the number must be not more than 5 cm.

The length of the digits shall be no less than 6 cm. and not more than 10 cm.

The digits must be clearly visible.

The maximum height of the identification below the number must be no more than 3 cm.

The Bib numbers will be printed on white cloth or any other suitable materials with BLACK print (permanent colour of DIGITS) on it.

A maximum of two different sponsors per Championship are permitted but only one may appear on each Bib number. The Bib numbers must bear the same sponsor identification within each event. The details of LOGO & SPONSORSHIP on the chest numbers must be informed to AFI minimum 15 days prior to the Championship.

Since the “Photo finish” will be operative in all the National Championships, the competitors will be required to wear the additional number in track events, of an adhesive type on the side of their shorts.(10cm x 7.5 cm)

No competitor shall be allowed to take part in any Championship without the appropriate Bib numbers or identification numbers.

## **XXVI. EVENTS & SPECIFICATIONS.**

The list of events for each group is given in the details (Appendix “F”). The specification of each implement is also given in the same list. These specification and events for various groups may change from Competition to Competition and year to year. AFI will circulate these details well in advance to all the participating Units.

## **XXVII. TIME SCHEDULE FOR SENDING VARIOUS CIRCULARS.**

The detailed circular regarding the conduct of the Championship must be sent to all affiliated Units and it must be planned in following manner:

- |                         |      |  |
|-------------------------|------|--|
| Three month in advance: | i.   | Formal Invitation letter.                                    |
|                         | ii.  | The Entry Forms.   |
|                         | iii. | The details of ground layout (specially-Field events arena)  |
| Two Months in advance:  | i.   | The copy of the programme of events – day wise.              |
|                         | ii.  | The details (Specifications) of equipment.                   |
|                         | iii. | The details of specific “Rules & Regulations”.               |
| 15 days in advance:     | i.   | The invitation to all the Office Bearers - AFI.              |
|                         | ii.  | The invitation to President/Secretaries of affiliated units. |
|                         | iii. | The details of accommodation.                                |

## **XXIX. TECHNICAL RULES (extract from AFI constitution Clause XXX – “d)**

Athletic Federation of India will be guided by the “International Associations of Athletic Federations”. AFI will also abide by the changes, if any, made in the IAAF rules in this regard, from time to time.

- i. It is mandatory to use Photo-Finish Camera in all the National level Meets including affiliated Boards Meets.
- ii. No athlete will be allowed to run bare footed in any competition on Track/Road/ Cross Country.
- iii. Athletes under 16 years, will not be allowed to run in any competition of more than 2,000m.
- iv. The Junior athlete can only participate in the group, in which he/she is entitled to participate as per his/her date of birth.

- v. No athlete under the age of 21 years will be allowed to run Marathon Races.
- vi. Any decision taken during the “Managers meeting” (where AFI delegate is also present) prior to any National Competition, will be honoured and implemented as decided.
- vii. It is mandatory for State units/Boards/Departmental units that they should get their athletes registered at State or District & National level. State units/Boards/Departmental units not adhering to this requirement, will not be allowed to participate in any National Championship.
- viii. All State Units affiliated to AFI are required to conduct Technical Officials Examination in their respective States prior to such an examination conducted by AFI. Chairman Technical Committee will be consulted in regard to preparation of examination paper, practical test for conducting the State level examination.
- ix. In order to improve the Technical conduct of various National / International competitions and to have sufficient number of Technical Officials, AFI will conduct the Technical Officials Examination regularly on the pattern of IAAF.
- x. AFI will organise Seminars on regular intervals for Technical Officials to apprise them about any change / amendment to rules and Technical conduct. It will be mandatory for Technical delegates & Officials to attend such Seminar.
- xi. Duties of Technical Delegates: (Please see para XXIII – Responsibilities & Duties of T.D.)
- xii. To conduct the “Dope Test”, a medical delegate will be deputed by AFI. The host will provide necessary assistance to him in the discharge of his duties efficiently. The host will pay him TA/DA as per the rules of AFI. It will be similar to “Technical Delegate”.
- xiii. AFI can also appoint Observer whenever necessary, who will visit the venue at least 30 days before the commencement of Athletic Meet. He will ensure that all necessary arrangements are according to the requirement of AFI. All expenses in this regard are to be paid by the organisers.
- xiv. AFI will appoint a Delegate for Media/Publicity committee, who will assure the publicity of the Meet. The Committee must ensure the following: (a) T.V. Coverage, (b) Press release in all the Newspapers/Magazines. (c) Publicity in the host city/town/village to attract more people.
- xv. The use of electronic equipment like “Photo-Finish Camera”, Electronic equipment, Display timer, Field Score Board, Wind Gauge and Computerisation of results.
- xvi. The Programme of the meet will be prepared by the Technical Committee in consultation with Secretary AFI/Chief Coach Juniors as well as Seniors.
- xvii. Entries must be sent by FAX and also by post so as to reach AFI/Organisers at least 15 days before the start of the competition. Receipt of Entry after the closing date may not allow that unit from participation. (a) No reserve entry will be allowed. (b) Change in the entry at last moment is not allowed. (c) Boards will not be provided Free accommodation by the organisers of the Meet.
- xviii. No unit can change the date and Venue of the competition allotted to them. In case of change, it will be liable for fine up to Rs. 25,000/- (Rupees Twenty five Thousand only) failing which liable for disaffiliation and no participation in any competition.
- xix. State Units/Boards/Departments Units will bid for the various competitions at least Six months in advance. Executive Committee of AFI is competent to allot any Championships amongst bidders. But if there is no bidder for any particular Meet, Executive Committee will allot the meet to any board without their consent. The Boards affiliated to AFI has to accept the decision of Executive Committee. In case of any delay in the Executive Committee meeting, the President AFI is authorised to form a 3 members Committee to decide the allotment of the various meets.
- xx. AFI will also appoint various officials for the successful conduct of the meet.
- xxi. AFI will also, make efforts to bring sponsorship for the various Athletic Meets. The money collected by AFI will remain with the AFI and has right of 60 % of the total hoarding, Chest Numbers, advertising space and can also sell the name of the meet.

- xxii. The host unit must ensure the AFI, that the unit will provide reasonably good accommodation to athletes and officials.
- xxiii. The performance of each and every athlete will be recorded in all the competitions. Legends like ABS. – absent, DNS- did not start, DNF- did not finish, DNQ – Did Not Qualify, NM- No Mark must be used.

If AFI get sufficient funds from sponsorships, AFI will be responsible for Technical Conduct of the meet.



## THE DETAILS OF NATIONAL COMPETITIONS ARE GIVEN BELOW:

### 1. NATIONAL INTER STATE ATHLETICS CHAMPIONSHIPS

1. The DURATION of the Championship will be only three days.
2. The teams representing the “State Associations” will participate in the Championship.
3. EVENTS:  
**MEN :** APPENDIX “F” - ALL EVENTS of MEN GROUP.  
**WOMEN :** APPENDIX “F” - ALL EVENTS of WOMEN GROUP.
4. Each State team can enter maximum Three Athletes in each event. No reserve entry will be accepted in any event.
5. Only one Relay Team will be allowed to enter from each State with standard substitution Rule.
6. The First, Second & Third place winners will be given Medals and Bouquets.
7. TROPHIES:
  - A. BEST ATHLETE in MEN & WOMEN – This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition.
  - B. TEAM CHAMPIONSHIP in MEN, WOMEN & OVERALL

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

8. All Athletes will be provided suitable accommodation.
9. Only qualified athletes will be allowed to participate.

### 2. NATIONAL OPEN ATHLETICS CHAMPIONSHIPS

1. The DURATION of the Championship will be only three days.
2. The teams representing the “Affiliated Sports Boards” & “State Associations” will participate in the Championship.
3. EVENTS:  
**MEN :** APPENDIX “F” - ALL EVENTS of MEN GROUP.  
**WOMEN :** APPENDIX “F” - ALL EVENTS of WOMEN GROUP.
4. Each State team can enter maximum THREE Athletes in each event. No reserve entry will be accepted in any event.
5. Only one Relay Team will be allowed to enter from each Team with standard substitution Rule.
6. The First, Second & Third place winners will be given Medals and Bouquets.
7. TROPHIES:
  - A. BEST ATHLETE in MEN & WOMEN – This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition.
  - B. TEAM CHAMPIONSHIP in MEN, WOMEN & OVERALL

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

8. Board/ Institution will not be provided any accommodation.
9. Only qualified athletes will be permitted to participate.

### 3. CHAMPIONSHIPS NATIONAL FEDERATION CUP ATHLETICS

1. The DURATION of the Championship will be only three days.
2. The teams representing the “Affiliated Sports Boards”, “Recognised Units” & “State Associations” will participate in the Championship.
3. EVENTS:  
**MEN :** APPENDIX “F” - ALL EVENTS of MEN GROUP.  
**WOMEN :** APPENDIX “F” - ALL EVENTS of WOMEN GROUP.
4. Each State team can enter maximum THREE Athletes in each event. No reserves will be accepted in any event.
5. Only one Relay Team will be allowed to enter from each Team with standard substitution Rule.
6. The First, Second & Third place winners will be given Medals and Bouquets.
7. TROPHIES:
  - A. BEST ATHLETE in MEN & WOMEN – This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition.
  - B. TEAM CHAMPIONSHIP in MEN, WOMEN & OVERALL

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

8. Board/ Institution and recognised units will not be provided any accommodation.

### 4. NATIONAL ATHLETICS CIRCUIT MEET.

1. The DURATION of the Championship will be only ONE day.
2. The best Athletes in each event on the basis of ranking of previous year will be invited to participate in these Championships. The “Affiliated Sports Boards”, “Recognised Units” & “State Associations” may be allowed to enter few Athletes who are of National level but the confirmation of their participation will depend upon their latest achievements and subject to approval by AFI. The events for these Championship will be decided out of following events:
3. EVENTS:  
**MEN :** EVENTS of MEN GROUP.  
**WOMEN :** EVENTS of WOMEN GROUP.  
Events will be decided and notified well in advance
4. The First, Second & Third place winners will be given Prize Money.
5. Prize Money will be determined in the beginning of the year.

### 5. NATIONAL YOUTH ATHLETICS CHAMPIONSHIPS (Under 18 Years)

1. The DURATION of the Championship will be only TWO days.
2. The youth below 22 years of age in Junior MEN & Junior WOMEN category will participate in the Championship. The reckoning of Age will be as on the date of conclusion of the competition.
3. The teams representing the “Affiliated Sports Boards” & “State Associations” will participate in the Championship.
4. EVENTS:  
**Youth Boys :** APPENDIX “F” - ALL EVENTS of Youth Boys GROUP.  
**Youth Girls :** APPENDIX “F” - ALL EVENTS of Youth Girls GROUP.
5. Each State team can enter maximum THREE Athletes in each event. No reserve entry will be accepted in any event.

- 6 Only one Relay Team will be allowed to enter from each State Team with standard substitution Rule.
7. The First, Second & Third place winners will be given Medals and Bouquets.
8. TROPHIES:
  - A. BEST ATHLETE in Junior MEN & Junior WOMEN – This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition.
  - B. TEAM CHAMPIONSHIP in Junior MEN, Junior WOMEN & OVERALL

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

## 6. NATIONAL FEDERATION CUP JUNIOR ATHLETICS CHAMPIONSHIPS

- 1 The DURATION of the Championship will be TWO days.
- 2 The Junior MEN & Junior WOMEN below 20 years of age will participate in the Championship. The reckoning of Age will be as on the date of conclusion of the competition.
- 3 The teams representing the “State Associations” will participate in the Championship.
4. EVENTS:
 

**Junior MEN** (under 20 years) : APPENDIX “F” -ALL EVENTS of Junior MEN GROUP.  
**Junior WOMEN** (under 20 years) : APPENDIX “F” -ALL EVENTS of Junior WOMEN GROUP.
5. Each State team can enter maximum THREE Athletes in each event. No reserve will be accepted in any event.
6. Only one Relay Team will be allowed to enter from each State Team with standard substitution Rule.
7. The First, Second & Third place winners will be given Medals and Bouquets.
8. TROPHIES:
  - A. BEST ATHLETE in Junior MEN & Junior WOMEN – This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition.
  - B. TEAM CHAMPIONSHIP in Junior MEN, Junior WOMEN & OVERALL

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

## 3. NATIONAL JUNIOR ATHLETICS CHAMPIONSHIPS

1. The DURATION of the Championship will be FIVE days.
2. The JUNIORS below 20 years, 18 years, 16 years and 14 years of age in MALE & FEMALE category will participate in the Championship. The reckoning of Age will be as on the date of conclusion of the competition.
3. The teams representing the “State Associations” will participate in the Championship.
4. EVENTS:
 

**JUNIOR MEN – Below 20 Years:** APPENDIX “F”  
**YOUTH BOYS – Below 18 Years:** APPENDIX “F”  
**BOYS – Below 16 Years:** APPENDIX “F”

**BOYS – Below 14 Years:** APPENDIX “F”

**JUNIOR WOMEN – Below 20 Years:** APPENDIX “F”

**YOUTH GIRLS – Below 18 Years:** APPENDIX “F”

**GIRLS – Below 16 Years:** APPENDIX “F”

**GIRLS – Below 14 Years:** APPENDIX “F”

5. Each State team can enter maximum TWO Athletes in each event. No reserve entry will be accepted in any event.
6. Only one Relay Team will be allowed to enter from each State Team with standard substitution Rule.
7. The First, Second & Third place winners will be given Medals and Bouquets.
8. TROPHIES:
  - A. **BEST ATHLETE** :This will be calculated on the basis of performance of an athlete and the points will be considered from the Points table (IAAF TABLE), out of his one best event participated in that competition. There will be eight trophies in the group of Junior Men 20 years, Boys 18 years, 16 years, 14 years & Junior Women 20 years Girls 18years 16 years, 14 years of age.  
**TEAM CHAMPIONSHIP:** There will be Nine Trophies for Junior Men 20 years, Boys 18 years, 16 years & Junior Women 20 years, Girls 18 years, 16 years, **OVERALL MALE** (including points of 14 years) & **OVERALL FEMALE** (including points of 14 years) groups.

**Team Championship will be decided based on the number of Gold Medals won by any unit. In case of a tie, the tie will be resolved by taking into consideration the number of Silver Medals secured by the Units involved in tie. And if tie still prevails the number of Bronze Medal will be taken into account.**

## **8. NATIONAL INTER DISTRICT ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Championship will be only FOUR days.
2. The Juniors below 14 years and 16 years of age in BOYS and GIRLS category will participate in the Championship.
3. The reckoning of Age will be as on the date of conclusion of the competition.
4. The teams representing the “DISTRICTS” of “State Associations” will participate in the Championship.
5. EVENTS:  
**BOYS & GIRLS – Below 14 Years:** 100m., 800m., HIGH JUMP, LONG JUMP, SHOT PUT (4.0 Kgs.). = Total 5 Events.  
**BOYS & GIRLS – Below 16 Years :** 100m., 400m., 800m., 100m. Hurdles, HIGH JUMP, LONG JUMP, SHOT PUT (4.0 Kgs.), JAVELIN (700/600 gms.) = Total 8 Events.
6. Each “District team” can enter maximum THIRTEEN (13) Athletes (BOYS & GIRLS) and TWO officials including ONE Female.
7. An athlete can participate in maximum TWO events only.
8. Only those Districts, which organise their Meets, will be eligible for participation.

## **9. NATIONAL INTER ZONAL JUNIOR ATHLETICS CHAMPIONSHIPS**

1. The DURATION of the Championship will be THREE days.
2. The JUNIORS below 20 years, 18 years, 16 years and 14 years of age in MALE & FEMALE category will participate in the Championship. The reckoning of Age will be as on 31<sup>st</sup> December of that year in which the National Championship is organised.

3. The teams representing the “STATE TEAMS”(from Zonal teams of East, North, South & West) will participate in the Championship.
4. TWO best athletes in each of following events from each ZONE will be eligible to participate. For this the “Results” of “Zonal Championships” will be taken into consideration.
5. EVENTS:
  - Junior MEN– Below 20 Years: APPENDIX “F”**
  - BOYS – Below 18 Years: APPENDIX “F”**
  - BOYS – Below 16 Years: APPENDIX “F”**
  - BOYS – Below 14 Years: APPENDIX “F”**
  - Junior WOMEN – Below 20 Years: APPENDIX “F”**
  - GIRLS – Below 18 Years: APPENDIX “F”**
  - GIRLS – Below 16 Years: APPENDIX “F”**
  - GIRLS – Below 14 Years: APPENDIX “F”**
6. Only one best State Relay Team will be allowed to enter from each ZONE with standard substitution Rule. Except in 4x400m. Relay, in which Four best runners of 400m. will enter as a Relay Team.
7. The First, Second & Third place winners will be given Medals and Bouquets.
8. TROPHIES: There will be Total THREE Trophies.  
TEAM CHAMPIONSHIP: - STATE TEAM – OVERALL MALE & OVERALL FEMALE & TOTAL OVERALL CHAMPIONSHIP TROPHY.

## 10. ZONAL JUNIOR ATHLETICS CHAMPIONSHIPS – EAST, NORTH, SOUTH & WEST

1. The Championships at Zonal level will be organised at Four venues.
2. The Four Zones will comprise of following State Teams:
  - I. EAST: ASSAM, BIHAR, MANIPUR, MEGHALAYA, MIZORAM, NAGALAND, ORISSA, SIKKIM, TRIPURA, WEST BENGAL, JHARKHAND.: Total 11 (Eleven) States.
  - II. NORTH: CHANDIGARH, DELHI, HARYANA, HIMACHAL PRADESH, JAMMU & KASHMIR, PUNJAB, UTTAR PRADESH & UTTARANCHAL : Total 8 (Eight) States.
  - III. SOUTH: ANDHRA PRADESH, KARNATAKA, KERALA, PONDICHERRY, TAMILNADU: Total 5 (Five) States.
  - IV. WEST: GOA, GUJRAT, MADHYA PRADESH, MAHARASHTRA, RAJASTHAN, CHATTISGARH: Total 6 (Six) States.
3. The DURATION of the each Zonal Championship will be of THREE days.
4. The JUNIORS below 20 years, 18 years, 16 years and 14 years of age in MALE & FEMALE category will participate in the Championship. The reckoning of Age will be as on 31<sup>st</sup> December of that year in which the Zonal Championship is organised.
5. The teams representing the “STATE TEAM” will participate in the Championship.
6. TWO best athletes in each of following events from each “STATE” will be allowed to enter.
6. EVENTS:
  - Junior MEN– Below 20 Years: APPENDIX “F”**
  - BOYS – Below 18 Years: APPENDIX “F”**
  - BOYS – Below 16 Years: APPENDIX “F”**
  - BOYS – Below 14 Years: APPENDIX “F”**
  - Junior WOMEN – Below 20 Years: APPENDIX “F”**
  - GIRLS – Below 18 Years: APPENDIX “F”**
  - GIRLS – Below 16 Years: APPENDIX “F”**
  - GIRLS – Below 14 Years: APPENDIX “F”**

8. Only one Relay Team will be allowed to enter from each State with standard substitution Rule.
9. The First, Second & Third place winners will be given Medals and Bouquets.
10. TROPHIES: There will be Total THREE Trophies.  
TEAM CHAMPIONSHIP: - STATE TEAM – OVERALL MALE & OVERALL FEMALE & TOTAL OVERALL CHAMPIONSHIP TROPHY.

## 11. NATIONAL CROSS-COUNTRY CHAMPIONSHIPS

1. The DURATION of the Championship will be only ONE day.
2. The MEN & WOMEN, Juniors below 20 years of age in MALE & FEMALE category will participate in the Championship. The reckoning of Age will be as on the date of competition.
3. The teams representing the “State Associations” will participate in the Championship.
4. CROSS-COUNTRY RACES & DISTANCES:  
**MEN (LONG COURSE):** 12 Kms.  
**MEN (SHORT COURSE):** 4 Kms.  
**WOMEN (LONG COURSE):** 8 Kms.  
**WOMEN (SHORT COURSE):** 4 Kms.  
**JUNIOR MEN (Below 20 Years):** 8 Kms.  
**JUNIOR WOMEN (Below 20 Years):** 6 Kms.
5. The State teams will enter “EIGHT” athletes in each group / races. Out of them SIX will run but only FOUR will score for “Team Championship” purpose.
6. PRIZES & TROPHIES
  - i. BEST ATHLETES: The First, Second & Third place winners will be given Medals and Bouquets.
  - ii. TEAM CHAMPIONSHIP: The best Team in each group will be awarded the “CHAMPIONSHIP TROPHY”. The best “THREE TEAMS” in each race will be awarded the “MEDALS ” & the best FOUR athletes of each team who secure scoring points will be eligible for this consideration.

## 12. NATIONAL FEDERATION CUP CROSS-COUNTRY CHAMPIONSHIPS

1. The DURATION of the Championship will be only ONE day.
2. The MEN & WOMEN, Juniors below 20 years of age in MALE & FEMALE category will participate in the Championship. The reckoning of Age will be as on 31<sup>st</sup> December of that year in which the Cross-Country Championship is organised.
3. The teams representing the “Affiliated Sports Boards”, “Recognised Units” & “State Associations” will participate in the Championship.
4. CROSS-COUNTRY RACES & DISTANCES:  
**MEN (LONG COURSE):** 12 Kms.  
**MEN (SHORT COURSE):** 4 Kms.  
**WOMEN (LONG COURSE):** 8 Kms.  
**WOMEN (SHORT COURSE):** 4 Kms.  
**JUNIOR MEN (Below 20 Years):** 8 Kms.  
**JUNIOR WOMEN (Below 20 Years):** 6 Kms.
5. The participating teams will enter “EIGHT” athletes in each group / races. Out of them SIX will run but only FOUR will score for “Team Championship” purpose.
6. PRIZES & TROPHIES
  - i. BEST ATHLETES: The First, Second & Third place winners will be given Medals and Bouquets.
  - ii. TEAM CHAMPIONSHIP: The best Team in each group will be awarded the “CHAMPIONSHIP TROPHY”. The best “THREE TEAMS” in each race will be awarded the “MEDALS & DIPLOMAS” & the best FOUR athletes of each team who secure scoring points will be eligible for this consideration.

### 13. NATIONAL MARATHON CHAMPIONSHIPS

1. The DURATION of the Championships will be only ONE day.
2. MEN & WOMEN category will participate in the Championships.
3. The teams representing the “Affiliated Sports Boards”, “Recognised Units” & “State Associations” will participate in the Championship.
4. MARATHON & DISTANCES:  

<b>MEN (Full Marathon):</b> 42.195 Km.	<b>MEN (Half Marathon):</b>	21 Km.
<b>WOMEN (Full Marathon):</b> 42.195 Km.	<b>WOMEN (Half Marathon):</b>	21 Km.
5. The participating teams will enter “EIGHT” athletes in each group.
6. PRIZES & TROPHIES
  - i. BEST ATHLETES: The First, Second & Third place winners will be given Medals and Bouquets.
  - ii. TEAM CHAMPIONSHIP: The best Team in each group will be awarded the “CHAMPIONSHIP TROPHY”.

### 14. NATIONAL WALK CHAMPIONSHIPS

1. The DURATION of the Championship will be only ONE day.
2. The youth below 40 years & above 18 years of age in MEN & WOMEN category will participate in the Championship. The reckoning of Age will be as on 31<sup>st</sup> December of that year in which the Marathon Championship is organised.
3. The teams representing the “Affiliated Sports Boards”, “Recognised Units” & “State Associations” will participate in the Championship.
4. WALK DISTANCES:  

<b>MEN:</b> 20 Km.
<b>MEN:</b> 50 Km.
<b>WOMEN:</b> 20 Km.
5. The participating teams will enter “EIGHT” athletes in each group.
6. PRIZES & TROPHIES
  - i. BEST ATHLETES: The First, Second & Third place winners will be given Medals and Bouquets.
  - ii. TEAM CHAMPIONSHIP: The best Team in each group will be awarded the “CHAMPIONSHIP TROPHY”.

## INDIAN ATHLETICS -COMPETITION MANUAL

### STATES ASSOCIATIONS & BOARDS AFFILIATED withAFI

ABBREVIATIONS TO BE USED FOR AFFILIATED UNITS

#### **STATE ASSOCIATIONS:**

1	ANDAMAN & NICOBER	A&N
2	ANDRA PRADESH	AP
3	ASSAM	ASM
4	BIHAR	BIH
5	CHANDIGARH	CHD
6	CHHATISHGRAGH	CGH
7	DELHI	DEL
8	GOA	GOA
9	GUJARAT	GUJ
10	HARYANA	HAR
11	HIMACHAL PRADESH	HP
12	JAMMU& KASHMIR	J&K
13	KARNATAKA	KAR
14	KERALA	KER
15	MADHYA PRADESH	MP
16	MAHARASTRA	MAH

17	MANIPUR	MAN
18	MEGHALAYA	MEG
19	MIZORAM	MIZ
20	NAGALAND	NAG
21	ORISSA	ORI
22	PONDICHERRY	PON
23	PUNJAB	PUN
24	RAJASTHAN	RAJ
25	SIKKIM	SIK
26	TAMILNADU	TN
27	TRIPURA	TRI
28	UTTERPRADESH	UP
29	WESTBENGAL	WB
30	JHARKHAND	JHA
31	UTTARANCHAL	UTT

#### **AFFILIATED SPORTS BOARDS:**

1	ALL INDIA ELECTRICITY SPORTS CONTROL BOARD	AIESCB
2	ALL INDIA HEAVY ENGINEERING SPORTS BOARD	AIHESB
3	ALL INDIA POLICE SPORTS CONTROL BOARD	POL
4	ASSOCIATION of INDIAN UNIVERSITIES	AIU
5	COAL INDIA SPORTS PROMOTION BOARD	COAL
6	F.C.I. SPORTS PROMOTION BOARD	FCI
7	L.I.C. SPORTS PROMOTION BOARD	LIC
8	MAJOR PORTS SPORTS CONTRL BOARD	PORTS
9	ORDANANCE FACTORY SPORTS CONTROL BOARD	ORD
10	RAILWAY SPORTS PROMOTION BOARD	RSPB
11	SERVICES SPORTS CONTROL BOARD	SSCB
12	STEEL PLANTS SPORTS BOARD.	SPSB



## OATHS

### ATHLETES

IN THE NAME OF ALL THE COMPETITORS, I PROMISE THAT WE SHALL TAKE PART IN “-----Name of the Championship-----” RESPECTING AND ABIDING BY THE RULES OF ATHLETIC FEDERATION OF INDIA, COMMITTING OURSELVES TO ATHLETICS WITHOUT DOPING AND WITHOUT DRUGS WITH THE TRUE SPIRIT OF SPORTSMANSHIP FOR THE GLORY OF ATHLETICS AND THE HONOUR OF OUR ATHLETES AND OUR COUNTRY.

\*~\*~\*

### OFFICIALS

IN THE NAME OF ALL THE JUDGES AND OFFICIALS, I PROMISE THAT WE SHALL OFFICIATE IN THE “-----Name of the Championship-----” WITH COMPLETE IMPARTIALITY RESPECTING AND ABIDING BY THE RULES OF ATHLETIC FEDERATION OF INDIA, IN THE TRUE SPIRIT OF SPORTSMANSHIP.

**SPONSORSHIP / MARKETING**

1. The Title Sponsorship / Bib Sponsorship is the sole responsibility and prerogatives of Athletics Federation of India for all the National / International /All India Athletics Championships organised in India, directly or indirectly by AFI.
2. The 75 % amount of the cost of the “In-stadium Advertisement” of Hoardings will be the right of Athletic Federation of India.
3. All signage / Advertisement Boards inside the arena will belong to Athletic Federation of India for all the National / International /All India Athletics Championships organised in India, directly or indirectly by AFI.
4. In case the Organisers or Host arranges a sponsor for the above, they will deal the matter through Athletic Federation of India and not directly.
5. Athletics Federation of India will make tri-party agreement if required for sponsorship of the Competitions mentioned above.
6. All permissions required for organising the “Marathons/ Half Marathons / Road Races / Cross Country Championships or any other competitions, in India will be the sole responsibility of Athletics Federation of India. No other Association /Unit/Department or individual will have authority to grant the permission for hosting a Competition in India. The permission for organising these Competitions will be applied minimum SIX months in advance.
7. The Agreement form for sponsorship will be devised by AFI depending upon the status of the Competition.
8. Following are the criteria for organising a Marathon:
  - a. For A Class Marathon Competitions the Licence Fee/Royalty is Rs.50 Lakhs
  - b. For B Class Marathon Competitions the Licence Fee/ Royalty is Rs.25 Lakhs
  - c. For C Class Marathon Competitions the Licence Fee/ Royalty is Rs.15 Lakhs