

Lake Macquarie 10.5k Run Results - 28 Sept 2005

Place	First Name	Last Name	Race No	Sex	Sex PI	Division	Div PI	Time
119	CHARLIE	AQUILINA	1000	M	92	60+	1	0:55:01.5
249	KERELYN	ARNOLD	1232	F	106	30-34	28	1:19:11.4
86	JOHN	ASKOUNIS	1001	M	73	30-34	20	0:52:10.7
16	GUY	ATKINSON	1243	M	15	30-34	3	0:43:08.9
56	MARK	ATMORE	1117	M	50	25-29	7	0:49:15.9
48	STEPH	AUSTON	1192	F	4	u/16	1	0:47:38.6
14	SAM	BAILEY	1166	M	13	35-39	1	0:41:29.9
217	JEN	BARRETT	1245	F	87	25-29	16	1:07:41.9
4	MICHAEL	BARWICK	1150	M	4	25-29	1	0:37:00.9
102	SHANNON	BATHIS	1002	F	19	25-29	4	0:53:46.2
158	DINA	BATT	1003	F	50	40-44	4	0:58:28.9
132	NATALIE	BAYLY	1234	F	35	30-34	7	0:56:12.5
204	JIM	BEISTY	1141	M	127	60+	4	1:05:23.8
213	NICOLE	BENSON	1122	F	83	30-34	20	1:07:08.6
110	NATHAN	BERRY	1004	M	87	u/16	7	0:54:29.2
89	BRAD	BEVITT	1005	M	76	16-19	5	0:52:32.8
33	CRAIG	BLEAKNEY	1149	M	32	20-24	2	0:45:45.2
35	PAUL	BLEAKNEY	1148	M	34	45-49	2	0:46:27.3
175	JASON	BOURKE	1130	M	116	30-34	26	1:00:33.0
192	CORAL	BRONKHURST	1006	F	71	45-49	5	1:03:03.6
34	CHARLES	BROOKS	1007	M	33	u/16	3	0:46:22.0
184	IAN	BROWN	1008	M	119	35-39	14	1:01:42.8
121	WESLEY	BROWN	1157	M	93	60+	2	0:55:15.4
220	MARK	BULLOCK	1108	M	132	45-49	18	1:07:48.6
103	THOMAS	BUNN	1125	M	84	55-59	11	0:53:49.4
147	STEWART	BURNS	1009	M	104	45-49	14	0:57:20.0
58	ANDREW	BURRELL	1188	M	52	20-24	3	0:49:30.9
83	COEN	BUTTERS	1142	M	71	16-19	4	0:52:07.7
63	JENNY	BUTTERS	1010	F	8	45-49	1	0:50:12.3
41	BEN	CALLAGHAN	1181	M	39	30-34	11	0:47:08.1
124	CHRISTINE	CALLINAN	1011	F	31	40-44	2	0:55:31.4
131	FRED	CAMPBELL	1012	M	97	45-49	11	0:56:09.8
117	TODD	CAMPBELL	1186	M	90	25-29	9	0:54:51.7
104	MELANIE	CHAPMAN	1230	F	20	25-29	5	0:53:55.8
233	KATHLEEN	CLAIRE	1171	F	99	45-49	9	1:10:23.0
170	DAVID	CLARK	1014	M	114	60+	3	0:59:47.5
36	SANDRA	COLE	1015	F	2	45-49	2nd F	0:46:45.8
149	YOLANDA	COLEMAN	1016	F	44	25-29	9	0:57:27.0
49	JOHN	COLIC	1134	M	45	30-34	13	0:48:00.0
215	SALLY	COLLINS	1017	F	85	30-34	21	1:07:20.3
159	BRENT	CONNELL	1119	M	109	25-29	10	0:58:33.4
186	BRENT	CONNELL	1124	M	121	25-29	12	1:02:02.3
251	SAMANTHA	COOK	1211	F	108	20-24	9	1:21:28.2
40	PAUL	COOMER	1018	M	38	50-54	2	0:47:05.6
19	RYAN	CUNNINGHAM	1235	M	18	20-24	1	0:43:40.4
106	ROBYN	CURTIS	1143	F	21	35-39	7	0:54:13.8
134	LOUISE	DARK	1019	F	37	25-29	7	0:56:20.9
22	SCOTT	DAVIS	1208	M	21	30-34	5	0:44:00.3
235	JODIE	DENNISON	1021	M	135	35-39	17	1:10:45.6
188	MELINDA	DOGGETT	1190	F	67	30-34	15	1:02:16.0
209	DANIEL	DROSD	1185	M	130	25-29	13	1:06:45.7
113	PAUL	DUGGAN	1145	M	89	55-59	12	0:54:40.7
207	CAROLINE	DUNCAN	1022	F	79	40-44	11	1:06:23.7

208	ALAN	DURBIDGE	1182	M	129	40-44	8	1:06:45.2
197	NATALIE	EDWARDS	1024	F	74	30-34	18	1:03:50.9
237	TRACEY	EDWARDS	1140	F	101	40-44	13	1:10:52.8
94	LORETTA	ELLCOTT	1025	F	15	35-39	5	0:52:56.7
39	BRUCE	EVANS	1159	M	37	35-39	4	0:46:59.5
253	JUDE	EVERINGHAM	1026	F	110	35-39	19	1:29:58.6
125	JEREMY	FELDHahn	1191	M	94	20-24	8	0:55:32.1
145	JUSTIN	FILMER	1224	M	102	30-34	24	0:56:51.0
123	LESLEY	FILMER	1027	F	30	55-59	1	0:55:22.4
75	ADAM	FLANAGAN	1028	M	64	35-39	10	0:51:13.5
7	RICHARD	FOGARTY	1229	M	7	25-29	2	0:39:49.7
200	TRACEY	FRAZER	1144	F	76	40-44	10	1:04:02.5
139	LOUISE	FROST	1029	F	39	20-24	2	0:56:40.2
243	ADAM	FURNESS	1272	M	141	16-19	8	1:13:33.8
229	SCOTT	GALLAGHER	1242	M	134	30-34	28	1:09:02.8
196	JODI	GATES	1030	F	73	30-34	17	1:03:29.2
81	BRETON	GIBBS	1031	M	69	55-59	9	0:51:58.6
156	ROGER	GIFKINS	1172	M	107	55-59	14	0:58:10.1
91	DANIEL	GILBERT	1228	M	77	16-19	6	0:52:40.1
225	SUSAN	GOODISON	1032	F	92	50-54	4	1:08:16.8
234	LAURELLE	GORDON	1033	F	100	55-59	2	1:10:44.3
108	RAYLENE	GORDON	1034	F	22	35-39	8	0:54:24.7
219	MICHAEL	GOSLING	1036	M	131	40-44	9	1:07:47.2
218	STEPHANIE	GOSLING	1035	F	88	40-44	12	1:07:46.4
54	MURRAY	GRAHAM	1168	M	49	45-49	6	0:48:40.6
206	SUE	GRAHAM	1212	F	78	50-54	3	1:06:23.1
212	JESSICA	GRANT	1037	F	82	25-29	15	1:07:08.3
73	STEVEN	GRAY	1038	M	62	55-59	8	0:51:10.6
168	ROD	GREEN	1258	M	112	20-24	9	0:59:43.4
150	PRISCILLA	GREENWOOD	1039	F	45	25-29	10	0:57:30.6
122	NATALIE	GREIVE	1240	F	29	20-24	1	0:55:21.2
37	STEVE	GUEST	1254	M	35	40-44	2	0:46:47.2
92	JOHN	HAIG	1238	M	78	30-34	21	0:52:47.6
98	NATALIE	HAIN	1223	F	17	35-39	6	0:53:17.4
190	ANNETTE	HALL	1041	F	69	50-54	2	1:02:38.2
101	ROHAN	HALL	1123	M	83	30-34	22	0:53:38.8
24	CRAIG	HAMILTON	1042	M	23	35-39	3	0:44:32.4
144	TONY	HANLY	1043	M	101	45-49	13	0:56:50.2
69	PETER	HANSEN	1196	M	59	40-44	3	0:50:46.3
68	SHARON	HARRISON	1044	F	10	35-39	1	0:50:40.1
223	ELISABETH	HAWKINS	1262	F	90	35-39	17	1:08:00.7
42	DAVID	HENRY	1045	M	40	45-49	4	0:47:09.1
155	BARRY	HOUGHTON	1260	M	106	45-49	15	0:57:59.1
127	TRISH	HOWARD	1046	F	32	30-34	6	0:55:46.4
162	LETITIA	HUARD	1047	F	52	30-34	8	0:58:45.8
109	TAMMY	HUMBY	1231	F	23	30-34	3	0:54:25.3
221	NOEL	HURRELL	1129	M	133	55-59	16	1:07:57.4
10	GARRY	HUTCHINSON	1048	M	10	50-54	1	0:40:52.2
193	CALLUM	JACKSON	1138	M	122	u/16	11	1:03:09.9
166	DAVID	JACKSON	1127	M	111	25-29	11	0:58:56.7
194	JEFF	JACKSON	1139	M	123	35-39	16	1:03:11.3
57	MYLES	JACKSON	1151	M	51	u/16	5	0:49:18.9
88	PETER	JACKSON	1255	M	75	45-49	9	0:52:24.3
80	STEVE	JAMES	1176	M	68	45-49	8	0:51:47.0
203	LIAM	JENSZ	1179	M	126	u/16	12	1:04:40.9

182	JANINE	JOHNSON	1263	F	64	40-44	8	1:01:33.4
143	ALECIA	JONES	1222	F	43	25-29	8	0:56:49.8
130	AIMEE	KATZN	1253	F	34	u/16	2	0:56:08.8
15	LUKE	KEARNEY	1266	M	14	30-34	2	0:42:00.1
250	DEBBIE	KEEN	1210	F	107	35-39	18	1:21:27.9
245	MICHELLE	KINKADE	1131	F	104	30-34	27	1:15:08.4
6	MATTHEW	KIRKMAN	1207	M	6	30-34	1	0:39:36.7
5	DAVID	KITCHING	1225	M	5	16-19	1	0:38:58.6
195	JOCELYN	KNIGHT	1116	F	72	25-29	12	1:03:18.1
77	GARY	KORN	1264	M	66	30-34	17	0:51:21.4
242	RICK	KORN	1265	M	140	u/16	13	1:13:12.3
244	KIM	KRAMER	1257	F	103	20-24	8	1:13:38.9
214	MONICA	KUSSE	1213	F	84	45-49	6	1:07:10.7
167	MARIA	LANTZ	1267	F	56	30-34	10	0:59:23.5
84	MARY	LARKIN	1220	F	13	35-39	3	0:52:09.2
178	AMY	LEGGE	1199	F	62	35-39	15	1:01:22.3
53	JUSTIN	LENNON	1050	M	48	35-39	7	0:48:36.6
120	REBECCA	LIACKMAN	1218	F	28	30-34	5	0:55:03.6
210	JACLYN	LINDSTROM	1052	F	80	25-29	14	1:06:47.0
112	JAMES	LITHGOW	1111	M	88	20-24	7	0:54:32.5
142	BIRGIT	LITTLE	1053	F	42	35-39	12	0:56:42.4
64	BEN	LLOYD	1107	M	56	20-24	4	0:50:14.1
25	WINSTON	LO	1054	M	24	30-34	7	0:44:34.7
43	JONO	LORD	1173	M	41	u/16	4	0:47:09.4
153	HANNAH	LOW	1203	F	48	20-24	3	0:57:50.9
50	BRETT	LUSCOMBE	1055	M	46	35-39	6	0:48:04.1
76	ALLAN	LUXFORD	1183	M	65	20-24	5	0:51:20.6
171	NATALIE	LYNN	1227	F	57	30-34	11	0:59:57.2
238	ROGER	LYON	1146	M	137	50-54	6	1:11:04.1
157	PETER	MACINTYRE	1154	M	108	45-49	16	0:58:26.0
45	GRACE	MACPHERSON	1057	F	3	u/16	3rd F	0:47:21.4
228	SHARON	MAHER	1271	F	95	25-29	17	1:09:01.0
179	DARRYL	MALLAM	1189	M	117	40-44	6	1:01:25.7
176	LAUREN	MANKOWITZ	1058	F	60	40-44	6	1:00:44.7
71	CAROLYN	MANWARRING	1133	F	11	35-39	2	0:51:03.5
180	ALEX	MARSHALL	1177	M	118	u/16	10	1:01:29.0
185	DAVID	MARSHALL	1178	M	120	35-39	15	1:01:43.7
205	KEVIN	MARTIN	1248	M	128	40-44	7	1:05:27.2
254	MELISSA	MARTIN	1249	F	111	16-19	3	1:30:18.3
252	SUSAN	MATANO	1059	F	109	45-49	10	1:24:07.8
173	KATHY	MATRI	1060	F	59	40-44	5	0:59:59.5
61	SARAH	McCABE	1056	F	7	25-29	1	0:49:58.8
27	MURRAY	McGRATH	1164	M	26	25-29	5	0:44:42.7
199	TREVOR	McINTYRE	1237	M	124	30-34	27	1:03:51.4
138	KIERAN	McKENNA	1236	M	100	35-39	12	0:56:35.8
90	NICOLE	McKINNON	1198	F	14	35-39	4	0:52:34.9
191	REBECCA	McMILLAN	1110	F	70	30-34	16	1:02:47.0
107	STEPHEN	McMULLAN	1174	M	86	35-39	11	0:54:15.4
201	PETER	MEDI	1250	M	125	55-59	15	1:04:08.8
99	SARAH	MEHAFFEY	1061	F	18	25-29	3	0:53:23.1
148	JEROEN	MEIDAM	1169	M	105	35-39	13	0:57:21.8
32	RAY	MILLER	1062	M	31	25-29	6	0:45:43.6
44	PHILL	MONAHAN	1115	M	42	45-49	5	0:47:09.8
141	MARGARET	MOORE	1114	F	41	40-44	3	0:56:42.2
52	KATE	MORLEY	1216	F	5	16-19	1	0:48:22.5

59	BRYCE	MORRISON	1063	M	53	30-34	15	0:49:34.9
95	ANN-MARIE	MURAS	1152	F	16	30-34	2	0:53:03.4
65	LUKE	MURAS	1153	M	57	35-39	8	0:50:19.1
146	NICHOLAS	MURIE	1064	M	103	u/16	8	0:57:14.8
174	GARRY	MURTAGH	1180	M	115	45-49	17	1:00:28.1
28	RICHARD	NANKERVIS	1065	M	27	30-34	9	0:44:44.2
93	MATTHEW	NEVILLE	1246	M	79	u/16	6	0:52:53.5
105	MARK	NEWHAM	1118	M	85	50-54	5	0:54:07.8
241	HEONG	NG	1194	M	139	30-34	29	1:12:14.6
152	LINDA	NG	1217	F	47	35-39	13	0:57:45.6
230	KYLIE	NOWALINSKI	1109	F	96	30-34	25	1:09:48.5
164	NICOLE	O'FARRELL	1226	F	54	30-34	9	0:58:54.2
82	TIM	O'HEARN	1066	M	70	50-54	4	0:52:04.0
97	DANIEL	ORR	1067	M	81	16-19	7	0:53:09.6
126	RICHARD	PARBERY	1068	M	95	55-59	13	0:55:37.6
96	DAVID	PARKE	1069	M	80	55-59	10	0:53:03.9
72	DAVID	PERRY	1270	M	61	40-44	4	0:51:06.6
11	MARC	PERSON	1259	M	11	25-29	3	0:40:53.2
115	CHARLENE	PHILLIS	1167	F	26	35-39	10	0:54:50.6
240	KAREN	PRITCHARD	1247	F	102	30-34	26	1:12:12.4
128	MAL	PURVIS	1219	M	96	45-49	10	0:55:52.2
129	MELISSA	QUINTRELL	1204	F	33	25-29	6	0:56:02.4
231	AMY	RADFORD	1072	F	97	20-24	6	1:10:09.0
100	BLAKE	RAINEY	1160	M	82	20-24	6	0:53:33.6
248	JAMES	RAMPLIN	1073	M	143	60+	5	1:18:09.1
18	MATTHEW	RAY	1136	M	17	16-19	2	0:43:32.2
62	WAYNE	RENEHAN	1200	M	55	50-54	3	0:50:00.9
46	SIMON	RESCH	1163	M	43	35-39	5	0:47:34.8
189	VICKI	RESCH	1162	F	68	35-39	16	1:02:20.7
198	CATHERINE	REYNOLDS	1074	F	75	25-29	13	1:03:51.2
116	SHEREE	ROARTY	1244	F	27	30-34	4	0:54:51.0
1	MATTHEW	ROBBIE	1205	M	1	20-24	1st M	0:33:26.9
74	JOSHUA	ROBERTS	1269	M	63	16-19	3	0:51:11.6
8	MALCOLM	ROBERTS	1268	M	8	45-49	1	0:40:14.3
29	ADAM	ROBERTSON	1075	M	28	30-34	10	0:44:45.7
177	DEBBIE	ROBERTSON	1128	F	61	40-44	7	1:01:06.7
133	NITA	ROBERTSON	1137	F	36	35-39	11	0:56:13.0
169	DANIEL	ROBINS	1193	M	113	u/16	9	0:59:43.7
137	GREG	ROCHOW	1215	M	99	40-44	5	0:56:29.0
85	MIKE	ROSE	1076	M	72	30-34	19	0:52:10.2
67	MARK	ROTHERY	1078	M	58	30-34	16	0:50:33.3
183	MICHELLE	ROTHERY	1077	F	65	30-34	14	1:01:34.5
47	PHIL	ROWBOTTOM	1187	M	44	30-34	12	0:47:36.6
227	SUE	SAMS	1165	F	94	45-49	8	1:08:58.4
78	KIM	SCHNEEWEISS	1079	F	12	40-44	1	0:51:31.3
202	AMANDA	SCHUMACHER	1113	F	77	30-34	19	1:04:30.7
256	SALLY	SEIDLER	1080	F	112	55-59	3	1:43:58.4
66	VANESSA	SEWELL	1081	F	9	25-29	2	0:50:26.2
31	TONY	SHEPHERD	1195	M	30	55-59	7	0:45:35.2
211	CANDICE	SHIPLEY	1241	F	81	20-24	5	1:06:57.0
13	TOMMY	SLOMKA	1082	M	12	25-29	4	0:41:26.7
17	CHAD	SMITH	1085	M	16	30-34	4	0:43:18.0
160	DARREN	SMITH	1126	M	110	30-34	25	0:58:35.2
20	WARREN	SPOONER	1087	M	19	35-39	2	0:43:56.7
135	ASHLEIGH	STEELE	1089	F	38	16-19	2	0:56:21.7

136	GREG	STEELE	1088	M	98	45-49	12	0:56:22.3
38	JOHN	STEVENS	1090	M	36	45-49	3	0:46:56.6
23	JAMES	SULZBORGER	1251	M	22	30-34	6	0:44:22.7
140	CAROLYN	SWANSON	1091	F	40	45-49	2	0:56:41.0
239	MICHAEL	SWANSON	1158	M	138	45-49	19	1:11:04.6
114	MARGARET	TERRY	1147	F	25	50-54	1	0:54:44.7
246	AMY	THEODORE	1092	F	105	u/16	3	1:15:38.0
247	COLIN	THEODORE	1093	M	142	40-44	10	1:15:38.5
3	MATTHEW	THOMAS	1209	M	3	35-39	3rd M	0:36:05.7
222	AMANDA	THRELFALL	1261	F	89	30-34	23	1:08:00.4
79	DAMON	TINDALL	1233	M	67	30-34	18	0:51:39.7
163	DAWN	TINDALL	1221	F	53	25-29	11	0:58:52.3
224	FAY	TREWHELLA	1094	F	91	45-49	7	1:08:06.3
226	CLAIRE	TRIMMER	1256	F	93	30-34	24	1:08:22.1
60	PETER	TRINDER	1095	M	54	45-49	7	0:49:39.3
232	MELANIE	TURLEY	1132	F	98	20-24	7	1:10:11.0
70	MARK	TURNBULL	1252	M	60	35-39	9	0:50:50.2
161	MANON	VAN-ZUNDERT	1170	F	51	35-39	14	0:58:40.8
181	KATHRYNE	VUGRINEC	1096	F	63	30-34	13	1:01:29.6
12	AMY	WALKER	1197	F	1	25-29	1st F	0:41:17.2
87	GRANT	WALKER	1097	M	74	25-29	8	0:52:18.6
165	AMY	WALLACE	1156	F	55	20-24	4	0:58:54.9
236	PHIL	WALLACE	1098	M	136	35-39	18	1:10:45.9
154	VICKI	WALLACE	1155	F	49	45-49	4	0:57:53.1
51	MICHAEL	WALLIS	1202	M	47	30-34	14	0:48:06.1
118	REUBAN	WALSH	1161	M	91	30-34	23	0:54:56.8
187	MEGAN	WARMAN	1239	F	66	40-44	9	1:02:03.2
2	MARK	WARREN	1206	M	2	20-24	2nd M	0:35:20.9
255	RICHARD	WEBB	1099	M	144	55-59	17	1:43:28.2
30	OWEN	WELSH	1201	M	29	u/16	2	0:45:13.4
21	TIMOTHY	WEULE	1100	M	20	40-44	1	0:43:58.6
172	DONNA	WHITE	1101	F	58	30-34	12	0:59:59.2
26	MICHAEL	WILLIAMS	1102	M	25	30-34	8	0:44:35.3
216	KATRINA	WILLIS	1103	F	86	30-34	22	1:07:35.0
151	DEBBIE	WOODEN	1184	F	46	45-49	3	0:57:31.5
55	KIRSTEN	WOODFORTH	1104	F	6	30-34	1	0:49:05.8
9	KYLE	WORMINGTON	1135	M	9	u/16	1	0:40:47.7
111	DEB	WORRALL	1105	F	24	35-39	9	0:54:30.7