

From the A1

- Exit the A1 at the Angel of the North junction (with the A167 & B1296).
- Join the B1296 (Long Bank Road).
- Continue for 1 mile and at the mini roundabout turn left.
- At the next mini roundabout turn right.
- At the traffic lights turn left onto the High Street which runs into Old Durham Road.
- Continue for 1 mile and turn right onto Queen Elizabeth Avenue (Ambulance Station on right).
- The Hospital's main entrance is on the right-hand side.

By Rail

- Take the Intercity service to Newcastle upon Tyne.
- A frequent service on the Metro light railway runs to Gateshead Interchange.

By Coach/Bus

- Disembark at Gateshead Interchange.
- Taxis are available outside the Interchange.
- The Hospital is served by a number of local buses from the town centre's Interchange.
- For information for all local bus, metro and train services throughout the North East contact Traveline North East telephone 0870 608 2608.

Car Parking

 Car Parking is available on site in pay and display car parks.

