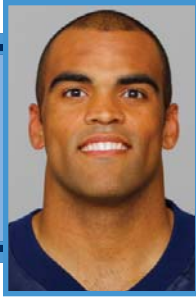


# 56



## COLIN ALLRED

LINEBACKER • 6'1" • 242 lbs • COLLEGE: BAYLOR  
ACQUIRED: FA - 2007 • NFL EXP. (NFL/TITANS): 3/3  
HOMETOWN: DALLAS, TEXAS  
GAMES PLAYED/GAMES STARTED: 32/2 (PLAYOFFS: 2/0)



### 2010 QUICK STATS

**GP/GS: 5/0 • 3 tackles, 0 sacks, 0 QBP, 0 INT, 0 PD, 0 FF, 0 FR, 4 SpT**

**PRO:** A tough and intelligent presence on special teams and as a reserve linebacker, Colin Allred has spent two full seasons on the 53-man roster (2008-09) after battling his way on to the field in 2007. After entering the NFL as a rookie free agent with the Titans in 2006, the former Baylor Bear spent most of the 2007 season on the practice squad before being promoted to the active roster for the final three regular season games and postseason.

### CAREER HIGHLIGHTS:

- In his first three NFL seasons (2007-09), played in 27 games (two starts) and totaled 23 tackles and 22 stops on special teams.
- In 2009, he recorded his first career starts in the final two weeks of the season (Dec. 25 vs. San Diego, Jan. 3 at Seattle) after starting linebacker Keith Bulluck was lost for the season with a knee injury.
- Recorded two special teams tackles in his NFL debut at Kansas City on Dec. 16, 2007.

### TITANS TIDBITS:

- After graduating from Baylor in December 2005, Allred was admitted to the University of California Berkeley School of Law. He deferred his enrollment to pursue his football career.
- In college, Allred made money by starting his own computer repair business. Although he no longer accepts clients, he still enjoys building computers for his personal use.
- An avid hiker, one of his preferred outdoor locations is the Redwood National Park in northern California.

### CAREER TRANSACTIONS:

- The Dallas, Texas, native was originally signed by the Titans as an undrafted free agent on May 4, 2006.
- Released following his first training camp with the club (waived Aug. 29, 2006) and was re-signed on Jan. 26, 2007.
- Waived on Sept. 1, 2007 but signed to the practice squad the following day.
- Elevated to the active roster on Dec. 15, 2007.

### SEASON RECAPS:

**2010 (5/0):** Appeared in five games and collected three tackles on defense and four special teams stops. Placed on injured reserve with a neck injury on Oct. 13, 2010.

- Against Oakland (9/12), played in a reserve role on special teams and notched a solo tackle.
- Against Pittsburgh (9/19), saw limited action at linebacker and posted a solo tackle. Registered a tackle on special teams coverage units. Kept the Titans chances alive by recovering an onside-kick with 56 seconds remaining in the fourth quarter.
- At N.Y. Giants (9/26), collected two solo special teams tackles on coverage units.
- Against Denver (10/3), saw action as a reserve on special teams and limited snaps at linebacker.
- At Dallas (10/10), saw limited action as a reserve at linebacker and posted two tackles.

**2009 (12/2):** Played 12 games and collected 15 tackles as an outside linebacker. Notched seven special teams tackles on coverage units.

- Saw limited action on defense in first two games (9/10 at Pittsburgh and 9/20 vs. Houston) and in each contest registered one tackle at linebacker and one stop on special teams.
- At Jacksonville (10/4), exited in the first half with a shoulder injury.

- Against Miami (12/20), saw action as a reserve at linebacker after Keith Bulluck left the game with an injury in the third quarter of a 27-24 overtime win.
- Against San Diego (12/25), made his first career start at linebacker and matched a career-best with eight tackles.
- At Seattle (1/3), started at outside linebacker and registered five tackles in the Titans' season-ending 17-13 victory.

**2008 (12/0, 1/0):** In his first full season on the 53-man roster, played primarily on special teams and also saw action as a reserve linebacker. Posted eight tackles at linebacker and finished fourth on team with 11 special teams tackles. Inactive in four games (9/21 against Houston, 10/27 against Indianapolis, 11/2 against Green Bay and 11/9 at Chicago).

- At Detroit (11/27), led team with three special teams tackles in 47-10 victory over Lions on Thanksgiving. Saw limited action at linebacker in the fourth quarter.
- Against Cleveland (12/7), led team with three solo special teams tackles in division-clinching 28-9 victory.
- At Indianapolis (12/28), saw significant action at linebacker and notched career-high eight tackles in regular season finale.
- Against Baltimore (1/10), saw action on special teams coverage units in Divisional Playoff.

**2007 (3/0, 1/0):** Spent the first 13 games on the practice squad before being elevated to the active roster. Posted four special teams tackles in three regular season games and one defensive stop in one postseason game.

- Made NFL debut at Kansas City (12/16), and saw limited action at linebacker after Keith Bulluck and Ryan Fowler briefly left game with injuries. Tallied two special teams tackles on coverage units.
- In Wild Card game at San Diego (1/6), collected one tackle in limited action as reserve linebacker.

### COLLEGE:

- In 37 career games at Baylor, posted 140 tackles, 15 tackles for loss, 5.5 sacks, one interception and two forced fumbles.
- As senior co-captain, started all 11 games, earned honorable mention All-Big 12 honors from Associated Press and league coaches, and named first-team Academic All-Big 12. Led Bears in sacks (5.5), ranked second in total tackles (73) and tackles for loss (nine), added two forced fumbles and returned interception for a score.
- Earned history degree in December 2005.

### PERSONAL:

- Married to Kristen, couple resides in Nashville.
- Earned three-time All-District honors at Hillcrest (Dallas, Texas) High School.
- Played baseball and basketball, member of National Honor Society and class president.
- List of favorites: (movie) "Avatar"; (TV show) "SportsCenter"; (actor) Will Smith; (music artist) Jay-Z; (vacation getaway) the Caribbean; (school subject) history; (car) Jaguar XF; (book) "The Lord of the Rings" by J.R.R. Tolkien; (video game) FIFA 2010; and (food) Italian food.
- Born Colin Zachary Allred on April 15, 1983 in Dallas, Texas.

## ALLRED'S GAME-BY-GAME

### 2007 Tennessee Titans

Date	Opp	W/L	P/S	Tot Solo Asst	Sk - Yds	QBP	TFL	Int- Yds -TD	PD	FF	FR - Yds	SpT
Dec 16	@ KC	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	2
Dec 23	NYJ	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Dec 30	@ Ind	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	2
<b>Totals</b>			<b>10-6</b>	<b>3/0</b>	<b>0 0 0</b>	<b>0.0 0</b>	<b>0 0</b>	<b>0 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>4</b>

#### Playoffs

Jan 6	@ SD	L	p	1 0 1	0.0 0	0	0	1 0 0	0	0	0	0
<b>Totals</b>			<b>0-1</b>	<b>1/0</b>	<b>1 0 1</b>	<b>0.0 0</b>	<b>0 0</b>	<b>1 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0</b>

\* On Titans' practice squad from Sept. 9 - Dec. 9

### 2008 Tennessee Titans

Date	Opp	W/L	P/S	Tot Solo Asst	Sk - Yds	QBP	TFL	Int- Yds -TD	PD	FF	FR - Yds	SpT
Sept 7	Jax	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	1
Sept 14	@ Cin	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Sept 21	Hou	W	IA									
Sept 28	Min	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	1
Oct 5	@ Bal	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Oct 19	@ KC	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	2
Oct 27	Ind	W	IA									
Nov 2	GB	W	IA									
Nov 9	@ Chi	W	IA									
Nov 16	@ Jax	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Nov 23	NYJ	L	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	1
Nov 27	@ Det	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	3
Dec 7	Cle	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	3
Dec 14	@ Hou	L	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Dec 21	Pit	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Dec 28	@ Ind	L	p	8 7 1	0.0 0	0	0	0 0 0	0	0	0	0
<b>Totals</b>			<b>13-3</b>	<b>12/0</b>	<b>8 7 1</b>	<b>0.0 0</b>	<b>0 0</b>	<b>0 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>11</b>

#### Playoffs

Jan 10	Bal	L	p	0 0 0	0.0 0	NA	0	0 0 0	0	0	0	0
<b>Totals</b>			<b>0-1</b>	<b>1/0</b>	<b>0 0 0</b>	<b>0.0 0</b>	<b>NA 0</b>	<b>0 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0</b>

### 2009 Tennessee Titans

Date	Opp	W/L	P/S	Tot Solo Asst	Sk - Yds	QBP	TFL	Int- Yds -TD	PD	FF	FR - Yds	SpT
Sept 10	@ Pit	L	p	1 1 0	0.0 0	0	0	0 0 0	0	0	0	1
Sept 20	Hou	L	p	1 1 0	0.0 0	0	0	0 0 0	0	0	0	1
Sept 27	@ NYJ	L	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0

Oct 4	@ Jax	L	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Oct 11	Ind	L	IA									
Oct 18	@ NE	L	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	1
Nov 1	Jax	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Nov 8	@ SF	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	2
Nov 15	Buf	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	2
Nov 23	@ Hou	W	IA									
Nov 29	Ari	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Dec 6	@ Ind	L	IA									
Dec 13	StL	W	IA									
Dec 20	Mia	W	p	0 0 0	0.0 0	0	0	0 0 0	0	0	0	0
Dec 25	SD	L	S	8 3 5	0.0 0	0	0	0 0 0	0	0	0	0
Jan 3	@ Sea	W	S	5 1 4	0.0 0	0	0	0 0 0	0	0	0	0
<b>Totals</b>			<b>8-8</b>	<b>12/2</b>	<b>15 6 9</b>	<b>0.0 0</b>	<b>0 0</b>	<b>0 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>7</b>

### 2010 Tennessee Titans

Date	Opp	W/L	P/S	Tot Solo Asst	Sk - Yds	QBP	TFL	Int- Yds -TD	PD	FF	FR - Yds	SpT
Sept 12	Oak	W	p	0 0 0	0.0 0.0	0	0	0 0 0	0	0	0	1
Sept 19	Pit	L	p	1 1 0	0.0 0.0	0	0	0 0 0	0	0	0	1
Sept 26	@ NYG	W	p	0 0 0	0.0 0.0	0	0	0 0 0	0	0	0	2
Oct 3	Den	L	p	0 0 0	0.0 0.0	0	0	0 0 0	0	0	0	0
Oct 10	@ Dal	W	p	2 1 1	0.0 0.0	0	0	0 0 0	0	0	0	0
Oct 18	@ Jax							Placed on injured reserve on 10/13/10				
Oct 24	Phi											
Oct 31	@ SD											
Nov 14	@ Mia											
Nov 21	Was											
Nov 28	@ Hou											
Dec 5	Jax											
Dec 9	Ind											
Dec 19	Hou											
Dec 26	@ KC											
Jan 2	@ Ind											
<b>Totals</b>			<b>3-2</b>	<b>5/0</b>	<b>3 2 1</b>	<b>0.0 0.0</b>	<b>0 0</b>	<b>0 0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>0 0</b>	<b>4</b>

## COLIN ALLRED'S NFL STATISTICS

### REGULAR SEASON

Year	Team	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES						
				Tot	Solo	Asst	Sk	Yds	QBP	TFL	No	Yds	Lg	TD	PD	FF	FR	Yds	SpT	
2007	Tennessee	3	0	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	4
2008	Tennessee	12	0	8	7	1	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	11
2009	Tennessee	12	2	15	6	9	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	7
2010	Tennessee	5	0	3	2	1	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	4
<b>NFL Totals</b>		<b>32</b>	<b>2</b>	<b>26</b>	<b>15</b>	<b>11</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>26</b>

### PLAYOFFS

Year	Team	GP	GS	TACKLES					INTERCEPTIONS					FUMBLES						
				Tot	Solo	Asst	Sk	Yds	QBP	TFL	No	Yds	Lg	TD	PD	FF	FR	Yds	SpT	
2007	Tennessee	1	0	1	0	1	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0
2008	Tennessee	1	0	0	0	0	0.0	0.0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Playoff Totals</b>		<b>2</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>1</b>	<b>0.0</b>	<b>0.0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>

### Single-Game Highs

Tackles - 8 (twice, last vs. San Diego 12/25/09)  
Special Teams Tackles - 3 (twice, last vs. Cleveland 12/7/08)

### Playoff Single-Game Highs

Tackles - 1 at San Diego (1/6/08)