

CONNECTICUT STATE DEPARTMENT OF EDUCATION
DIVISION OF EDUCATIONAL PROGRAMS & SERVICES
BUREAU OF SPECIAL EDUCATION & PUPIL SERVICES

**CHILDREN'S AND ADOLESCENTS' LITERATURE ON
DISABILITY AWARENESS, INTEGRATION AND
INCLUSION: AN ANNOTATED BIBLIOGRAPHY**

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Compiled by:

**Susan Chase Cohen, Steve Krasner,
Donna-Lee Rulli, Ginna Smyth, & Barbara Wallach
Special Education Resource Center
25 Industrial Park Road
Middletown, CT 06457
(860) 632-1485
www.ctserc.org**

Abbott, D., & Kisor, H. (1994). **One TV blasting and a pig outdoors.** Morton Grove, IL: Albert Whitman & Company. (YP 362.42 ABB)

Conan describes life with his father who lost his hearing at the age of three. Ages 5-10.

Abeel, S. (1994). **Reach for the moon.** Duluth, MN: Pfeifer-Hamilton Publishers. (YP 811.54 ABE)

A book of poetry and art written by a thirteen year old girl with learning disabilities. Reflections of her feelings and experiences will encourage anyone who has ever confronted their own limits and feared that they would never succeed. Offers guidance and support for all parents and teachers who are challenged by children with learning disabilities. Ages 11-Adult.

Agassi, M. (2000). **Hands are not for hitting.** Minneapolis, MN: Free Spirit Publishing, Inc. (YP 372.1782 AGA)

This 35-page illustrated, early childhood book illustrates that hands are for saying hello, and for playing, sharing, clapping, counting, helping, building, being kind, and staying safe. This gentle, encouraging book helps young children understand these important concepts. Ages 3-8.

Aiello, B. (1988). **The kids on the block book series.** Frederick, MD: Twenty-First Century Books. (YP 371.9 AIE)

A series of seven books that introduce individual children whose characteristics includes a disability. All seven books include a section of questions and answers about their topic. Areas addressed are divorce, learning disability, epilepsy, diabetes, AIDS, asthma, and cerebral palsy.

Book descriptions are provided below:

A portrait of me.

Eleven year old Christine copes successfully with her diabetes but finds it much more difficult to come to terms with the demands of her Greek-American heritage. Includes a section of questions and answers about diabetes and its treatment. Ages 6-13.

Business is looking up.

When a visually impaired eleven year old sets up a greeting card service for stepfamilies, he discovers there is a lot more to running a business than just making money. Includes a question-and-answer section about what it's like to be blind. Ages 6-13.

Friends for life.

When the members of the fifth grade video club find out their club sponsor has AIDS, they have a variety of reactions before learning more about the disease and deciding to stick by her. Ages 6-13.

Hometown hero.

Fifth grader Scott reveals in his diary how he copes with his asthma and the outcome of his encounter with a homeless person in the library. Includes questions and answers about asthma and its treatment. Ages 6-13.

It's your turn at bat.

While reluctantly doing research on sewing machines for a school report, Mark, a fifth grader with cerebral palsy, discovers that the money for his team's baseball jerseys that he was responsible for is missing, and he finds himself feeling more friendly towards sewing machines. Includes a question and answer section about what it's like to have cerebral palsy. Ages 6-13.

On with the show!

A fifth grader having trouble coming to grips with her parents' divorce directs a class show of music from "The Good Old Days". Includes a section of questions and answers about divorce. Ages 6-13.

Secrets aren't always for keeps.

After successfully hiding her learning disability problems from her Australian pen pal, Jennifer becomes very apprehensive when her friend announces she is coming for a visit and wants to spend a day at her school. Ages 6-13.

Trick or treat or trouble.

Just as friends sometimes misunderstand about his epilepsy, Brian's misconceptions about a funeral home are cleared up on Halloween night. Concludes with a question and answer section in which Brian discusses the causes and treatment of epilepsy. Ages 6-13.

Amenta, C.A. (1992). **Russell is extra special: A book about autism for children.** New York, NY: Magination Press. (YP 618.9289820092 AME)

Describes the daily life, likes and dislikes, and habits of Russell Amenta, who is a happy boy despite being severely autistic. Ages 4-8.

Anderson, R. (1992). **The bus people.** New York, NY: Henry Holt and Company. (YP 371.97 CRA)

The lives of the passengers on Bertram's "fruit-cake bus" are shaped by the experiences and problems each has faced because of different disabilities. Ages 14 and up.

Arnold, C. (1991). **A guide dog puppy grows up.** New York, NY: Harcourt Brace & Company (YP 362.4183 ARN)

This book follows the career of a guide dog from its raising as a puppy, through the training process, to placement with a blind person. Ages 4-10.

Aseltine, L., Mueller, E., & Tait, N. (1986). **I'm deaf and it's okay.** Morton Grove, IL: Albert Whitman & Company. (YP 362.42088054 ASE)

A young boy describes the frustrations caused by his deafness and the encouragement he receives from a deaf teenager that he can lead an active life. Ages 4-9.

Avery, C.E. (1992). **Everybody has feelings, Todos tenemos sentimientos: The moods of children.** Beltsville, MD. Gryphon House. (YP 152.40222 AVE)

Told in first person, with a Spanish translation, and minimal text, this book of black and white photographs of children helps them to recognize their feelings. Ages 3-8.

Avison, B. (1998). **I wonder why I blink.** New York, NY: Kingfisher. (YP 612. AVI)

In a question and answer format this book addresses basic physiology, such as why one needs food, and how the body grows. Ages 5-8.

Band, E.B. (2001). **Autism through a sister's eyes: A young girl's view of her brother's autism.** Arlington, TX: Future Horizons, Inc. (YP 618.928982 BAN)

This 67-page book provides a unique perspective of a 10-year-old sister's love, insights, and respect for her older brother with high-functioning autism.

Bandes, H. (1993). **Sleepy river.** New York, NY: Putnam & Grosset Group. (YP 741.642 BAN)

This is a bedtime story book for young children. A canoe ride at nightfall provides a mother and child glimpses of ducks, fireflies, bats, and other wonders of nature. Ages 5-7.

Beatty, M. D. (1996). **Blueberry eyes.** Santa Fe, NM: Health Press. (YP 155.451 BEA)

This 32-page picture book is the true story of a young child's eye treatment, including eyeglasses, bifocals, eye patches, and surgery. It focuses on the heroine's positive self-image throughout her treatment, the care and guidance she received from her ophthalmologist, and the love and support of her family. Ages 4-10.

Beatty, M. D. (1997). **My sister Rose has diabetes.** Santa Fe, NM: Health Press. (YP 616.462 BEA)

Thousands of children are diagnosed with Type I diabetes and many more have siblings with the illness. James and Rose, brother and sister, show how manageable the disease can be and reduce the sense of devastation a family feels when a child is first diagnosed. Written and drawn specifically for young readers, this 23-page book is endorsed by Juvenile Diabetes Foundation, American Diabetes Association, and the Joslin Diabetes Center. Ages 7-12.

Berenstain, S., & Berenstain, J. (1993). **The Berenstain Bears and the wheelchair commando.** New York, NY: Random House, Inc. (YP 362 BER)

Harry, a new student at Bear Country School who is disabled and uses a wheelchair, has trouble making friends until the others discover that he is really very much like them. Ages 5-8.

Bergman, T. (1989). **Finding a common language: Children living with deafness.** Milwaukee, WI: Gareth Stevens Children's Books. (YP 362.42088054 BER)

Follows the activities of a six-year old Swedish girl as she attends a nursery school for the deaf. Ages 6-13.

Bergman, T. (1991). **Going places: Children living with cerebral palsy.** Milwaukee, WI: Gareth Stevens Children's Books. (YP 362.19892836 BER)

Follows the daily events of a six-year old boy who has had cerebral palsy from birth. Daily events include activities at home, at school, and at his physical therapist's. Ages 6-13.

Bergman, T. (1989). **Seeing in special ways: Children living with blindness.** Milwaukee, WI: Gareth Stevens Children's Books. (YP 362.41088054 BER)

Interviews with a group of blind and partially sighted children in Sweden reveal their feelings about their disability and the ways they use their other senses to help them "see". Ages 6-13.

Bergman, T. (1989). **We laugh, we love, we cry: Children living with mental handicap.** London: Gareth Stevens Children's Books. (YP 362.3088054 BER)

Two children show that a disability should not be a cause for embarrassment, alienation or fear. Instead, it should be a reason for reaching out, sharing the joys, sorrows, and hopes of our lives. Ages 6-13.

Berkus, C.W. (1992). **Charlsie's chuckle**. Rockville, MD: Woodbine House Inc. (YP 616.858 BER)

Charlsie, a young boy with Down's syndrome, has an infectious chuckle that helps the members of the Town Council stop arguing long enough to solve some serious problems. Encourages youngsters with special needs to recognize their talents, while teaching all children that everyone has an important contribution to make. Ages 4-10.

Bernstein, J., & Fireside, B. (1991). **Special parents, special children**. Morton Grove, IL: Albert Whitman & Company. (YP 306.874 BER)

Young and old members of four families discuss what it is like when a parent has a physical disability. Disabilities discussed include blindness, dwarfism, deafness, and physical disabilities. Ages 7-11.

Betancourt, J. (1993). **My name is "Brain" Brian**. New York, NY: Scholastic Inc. (YP 371.914 BET)

Although he is helped by his new sixth-grade teacher after being diagnosed as dyslexic, Brian still has some problems with school and with people he thought were his friends. Ages 10-14.

Bornstein, H., & Saulnier, K.L. (1992). **Nursery rhymes from Mother Goose told in signed English**. Washington, D.C. Gallaudet University Press. (YP 398.8 BOR)

More than a dozen nursery rhymes are presented in this unique edition of Mother Goose. Drawings show the verses in Signed English. Ages 3-8.

Bradman, T. (1990). **Michael**. New York, NY: Macmillan Publishing Company. (YP 371.95 BRA)

A boy has abilities, interests, and aspirations that don't conform to the expectations of his teachers. Michael's characteristics and behavior will encourage other gifted children to identify with him. Ages 3-8.

Brandenberg, A. (1984). **Feelings**. New York, NY: William Morrow & Co. (YP 152.4 BRA)

Happy, sad, shy, excited – how do you feel? Sometimes it's hard to explain your feelings. Share this 32-page book with a friend and feel terrific. Ages 4-10.

Brearley, S. (1989). **Talk to me**. London: A & C Black Limited. (YP 371.914 BRE)

The stories of five children demonstrate how we can talk to each other in different ways: using pictures on a board, lip-reading or by using sign language. Ages 3-7.

Brown, M., & Krensky, S. (1983). **Perfect pigs: An introduction to manners**. Boston, MA: Little, Brown and Company. (YP 395.122 BRO)

A simple introduction to good manners to use with family, friends, at school, during meals, with pets, on the phone, during games, at parties, and in public places. Ages 5-12.

Brown, S.T. (1998). **A pony named Midnight**. Boise, ID: Writers Press. (YP 362.41 BRO)

Heather wants to ride Midnight in the horse show. Until she learns that Midnight is blind. After choosing another horse to ride Heather becomes disappointed, but when she overcomes her doubts about Midnight's blindness, she finds teamwork makes them unbeatable combination. Ages 3-10.

Brown, T. (1984). **Someone special, just like you**. New York: Henry Holt and Company. (YP 362.4088054 BRO)

Presents wonderful pictures that help children, parents, and teachers to understand that the differences that seem to separate some children from others are not important. Stresses the importance for a desire to love, learn and play, and to be accepted for themselves, as other children are. Touches on the topics of visual impairments, hearing impairments, physical handicaps, and mental handicaps. Ages 2-5.

Brown, S.T. (1998). **The very patient pony**. Boise, ID: Writers Press. (YP 362 BRO)

Eric is confined to a wheelchair. He is full of self doubt as he arrives at the horse camp, where he is sure won't fit in. However, he learns a little bit about self esteem from a most unlikely teacher-a pony named Joe. Eric learns that value of waiting to act until the time is right. Ages 3-10.

Bunnett, R. (1992). **Friends in the park**. New York, NY: Checkerboard Press, Inc. (YP 362 BUN)

In this book about a trip to the park, children with various disabilities make friends, learn, and play. The children featured in the book participated in the Friends In The Park Project, a special intervention service from the Whatcom Center for Early Learning located in Bellingham, Washington. Disabilities include Down syndrome, spina bifida, club feet, hydrocephalus, cerebral palsy, metabolic disorders, Apert's syndrome, Larsen's syndrome, and Epilepsy. Ages 2-6.

Bunnett, R. (1995). **Friends at school**. New York, NY: Star Bright Books. (YP 362 BUN)

This book illustrates through wonderful photographs the stories of young children with diverse abilities learning, playing, and growing together. Ages 5-8.

Bunting, E. (1988). **A sudden silence**. New York, NY: Fawcett Juniper/Ballantine Books. (YP 371.912 BUN)

A suspenseful novel that depicts the story of a teenage boy searching for the hit and run driver who killed his brother. The surviving brother is filled with grief and guilt because his brother, who was deaf, could not hear the approaching car nor the shouts that warned of danger. Ages 12-17.

Burke, C. & McDaniel, J.B. (1991) **A special kind of hero: Chris Burke's own story**. New York, NY: Dell Publishing. (YP 371.928 BUR)

Chris Burke, who has Down Syndrome and starred in the hit television series *Life Goes On* tells his story of hope, determination and the extraordinary power of love. Chris talks about his disability, his goals, his family, his career and love and marriage.

Buron, K.D. (2003). **When my autism gets too big!: A relaxation book for children with autism spectrum disorders**. Shawnee Mission, KS: Autism Asperger Publishing Company. (YP 616.8982 BUR)

Whether it is inappropriate touching, obsessions, yelling, hitting or making hurtful statements to classmates, this clearly illustrated 40-page book shows how to break down a given behavior and, with the student's active participation, develop a unique scale that identifies the problem and, just as important, suggests alternative, positive behaviors at each level of the scale. Ages 5-9.

Caffrey, J.A. (1997). **First star I see**. Fairport, NY : Verbal Images Press. (YP 618.928589 CAF)

Paige wants desperately to write an award-winning paper to earn an interview with Dr. Kelsey Strongheart, the actress from "Star Warrior." But the girl's mission almost fails because her wacky imagination takes her every place except where she's supposed to be. This entertaining and funny look at ADD without hyperactivity is a must-read for middle grade girls with ADD, their teachers and parents. Ages 8-13.

Cain, B.S. (1990). **Double-dip feelings: Stories to help children understand emotions**. Washington, DC: Magination Press. (YP 152.4 CAI)

This book highlights for children the experience of having two contrasting feelings at once. Important events are presented with two emotions each might elicit, such as feelings both proud and scared on the first day of school. Children will be able to explore their emotions, through this book, in a non-threatening way. Ages 3-8.

Cain, B. & Smith-Moore, J.J. (Illustrator) (2000). **I don't know why...I guess I'm shy.** (YP 155.232 CAI)

This 32-page book is the story of Sammy Samson who is so shy he's afraid to even speak to his neighbors. When Sammy's beloved dog Sparky gets lost, Sammy forgets his shyness and can only think of finding his missing pup. Soon, he's talking to everyone, trying to find Sparky. The book features a special section that explains what shyness is and offers parents an extensive list of practical tips on helping a child cope with and overcome shyness. Ages 4-8.

Cairo, S. (1991). **Our brother has Down syndrome: An introduction for children.** Toronto, Canada: Annick Press Ltd. (YP 649.152 CAI)

Two sisters tell of their love for their younger brother who has Downs syndrome. Downs syndrome is explained in a simple manner. The sisters explain that their brother can do the same things as other children. Ages 5-8.

Cannon, D.S. (1999). **A.D.D. or XYZ.** Longview, TX: Renaissance Publishing. (YP 618.928 CAN)

This book introduces the reader to the emotions and feelings a child experiences: the distress, anxiety, joy and optimism as he lives the life of the ADD child. These children are bombarded with the words of others about their misbehavior, their "stupidity", their hyperactivity and the noise of their motion and talking. This book shows children why they have problems and what they can do to help themselves. Ages 6-10.

Carle, E. (1995). **The very lonely firefly.** New York, NY: Philomel Books. (YP 741.642 CAR)

This 27-page picture book for children tells the story of a lonely firefly who goes into the night searching for other fireflies. Preschool – Grade 1.

Carlson, J. (1992). **Here comes Kate!** Austin, TX: Raintree Steck-Vaughn Publishers (YP 362 CAR)

A girl in a wheelchair learns when to go fast and when to slow down. Ages 2-6.

Carlson, N. (1997). **ABC, I like me!** New York, NY: Penguin Group. (YP 155.2 CAR)

This book introduces children to the alphabet, while friendly characters show them just how easy it is to feel good about themselves - letter by letter. Ages 2-5.

Carlson, N. (1990). **Arnie and the new kid.** New York: Viking Penguin. (YP 362. CAR)

Arnie the cat teases Philip the dog, who is new at school and uses a wheelchair. When Arnie is injured he begins to understand what Philip's life is like, and soon the two are friends. Ages 3-8.

Carpenter, P., Ford, M., & Horjus, P.(Illustrator) (2000). **Sparky's excellent misadventures: My A.D.D. Journal by Me (Sparky).** Washington, DC: Magination Press. (YP 618.928589 CAR)

In this 30-page book, written like a journal, "Sparky" shares what it is like to have A.D.D., which can make his life exciting, or a real pain. With a little help from his family and school, and by writing about his ups and downs in his journal, he's figuring out how to "manage his wiggles and keep all of his giggles." Told in a first-person diary format, Sparky's week-in-the-life tale is optimistic and fun, and includes many valuable insights and ideas that can help kids with ADD and ADHD gain more control of their lives. Ages 5-11.

Carris, J. (1990). **Aunt Morbelia and the screaming skulls.** Boston, MA: Little, Brown and Company. (YP 371.914 CAR)

The peaceful life of a boy with dyslexia is interrupted when his great-aunt, who has a morbid fascination with ghosts and death omens, moves in. Ages 9-14.

Carter, A. R. (1996). **I'm tougher than asthma!** Morton Grove, IL: Albert Whitman & Company. (YP 616.238 CAR)

In this 32-page book Siri learns to manage her asthma while participating in lots of fun activities. She describes what it is like to live with asthma, how asthma affects the body, some of the things that trigger an attack, and what can be done to avoid problems. It also includes questions and answers about asthma and its treatment.

Carter, A.R. (1997). **Big brother Dustin.** Morton Grove, IL: Albert Whitman & Company. (YP 616.462 CAR)

In this 29-page book, which includes photographs, Dustin, a young boy with Down Syndrome eagerly awaits the arrival of his baby sister. He wants to learn how to be the best big brother there is, and his parents and grandparents help him along the way. Ages 4-8.

Carter, D., Stevenson, H. (Illustrator), (ND). **Bye, Mis' Lela.** New York, NY: Frances Foster Books, Farrar, Straus and Giroux. (YP 155.937 CAR)

This 30-page picture book was written by a former teacher and is beautifully illustrated. A young girl's days are filled with hellos and goodbyes, most leave-takings are temporary but some are final. At first staying with Mis Lela while her mom goes to work is not a lot of fun, but soon Lil Sugar learns to love and enjoy staying with the older woman. When Mis Lela dies it is a difficult time for Lil Sugar but she soon learns that just because someone dies doesn't mean they don't live on in our memories. This tender, vibrant, life-affirming book shows that loving and remembering go hand in hand.

Caseley, J. (1991). **Harry and Willy and Carrothead.** New York, NY: Greenwillow Books. (YP 362.4 CAS)

Three boys overcome prejudicial ideas about appearances and become friends. Ages 4-8.

Cohen, L.H. (1994). **Train go sorry: Inside a deaf world.** New York, NY: Vintage Books/Random House, Inc. (YP 305.90872 COH)

In American Sign Language, 'train go sorry' means 'missing the boat'. The author uses the phrase as shorthand for the missed connections between the deaf and the hearing. Ages 15-Adult.

Coles, R. (1995). **The story of Ruby Bridges.** New York, NY: Scholastic. (YP 370.19342 COL)

This 26-page book is the extraordinary story of six year old Ruby Bridges, the first black child to attend an all-white elementary school. With courage and dignity beyond her years, she becomes an important part of history and an example for all Americans. Ages 5-8.

Conari Press, ed., (1994). **Kids' Random Acts of Kindness.** Berkeley, CA: Conari Press (YP 177.7083 CON)

This book has a foreword by Rosalynn Carter and contains inspirational stories of generosity, from whimsical and funny to moving and thoughtful. The book is written by children of all ages and reveals their surprisingly insightful feelings about kindness and compassion. Ages 4-8.

Couric, K. (2000). **The brand new kid.** New York, NY: Random House, Inc. (YP 303.32 COU)

This 32-page book teaches classmates an important lesson –one that isn't in their schoolbooks – about accepting people that are different. Ages 3-8.

Crary, E. (1996). **Pick up your socks: And other skills growing children need!** Seattle, WA: Parenting Press, Inc. (YP 370.154 CRA)

This workbook helps children of all ages learn self-motivated responsibility. The authors cite many examples and discuss issues such as setting limits, emotional independence, household and school duties, and decision-making. Throughout the book are exercises designed to help parents assess feelings and understand their children better. Ages 6-12.

Craymer, S. (1992). **There's a blue square on my brother's school bus.** Studley, VA: The Wishing Room, Inc. (YP 371.97 CRA)

This story tells a sibling's view of what a disability means. Helps children with disabilities feel better about themselves and also helps other children understand what it means to be disability. Ages 2-6.

Cummings, R., & Fisher, G. (1993). **The survival guide for teenagers with LD.** Minneapolis, MN: Free Spirit Publishing. (YP 362.380835 CUM)

This book provides information and advice to young people who have different learning styles on such topics as dating, driving, getting a job, and planning for the future. Ages 13 and up.

Day, S. (1995). **Luna and the big blur: A story for children who wear glasses.** Washington, DC: Magination Press. (YP 371.911 DAY)

For the thousands of children who need to wear corrective lenses, this book helps them to feel good about their glasses and themselves. Ages 4-8.

de Saint Phalle, N. (1987). **AIDS: You can't catch it holding hands.** San Francisco, CA: The Lapis Press. (YP 362.196 DES)

This remarkable and unique 52-page book not only provides a clear understanding of the latest information about AIDS, but also refocuses our attention on the positive aspects of human relationships. Ages adolescents to adults.

DeClements, B. (1985). **6th grade can really kill you.** New York, NY: Viking Penguin Co. (YP 371.97 DEC)

Helen fears that lack of improvement in her reading may leave her stuck in the sixth grade forever, until a good teacher recognizes her reading problem. Ages 10-14.

Denison, K., & Weinberger, T. (Illustrator). (1996) **I wish I could fly like a bird!** Albany, NY: Fort Orange Press. (YP 371.9 DEN)

Chic L. Dee's stories and songs are an educational and entertaining approach to issues faced by children with learning disabilities such as being misunderstood by family, friends, teachers and the larger community. Issues of self-image, emotional stability and friendships are addressed in this wonderfully illustrated book. Includes audiocassette.

dePaolo, T. (1980). **Now one foot, now the other.** New York, NY: G.P. Putnam's Sons. (YP 362.1968 DEP)

When his grandfather suffers a stroke, Bobby teaches him to walk, just as his grandfather once taught him. Ages 3-7.

dePaola, T. (1973, 1998). **Nana Upstairs & Nana Downstairs**. New York, NY: G.P. Putnam's Sons. (YP 155.937 DEP)

This 28-page book is a wonderful generational story first published in 1973 and based on the author's own personal experience. Four-year old Tommy visits his grandmother and great-grandmother every Sunday and enjoys a special relationship with both of them. Eventually his great-grandmother dies but he learns that she continues to live on in his memories of her. This is a beautifully written and illustrated story.

Dinneen, M.H. (1992). **If they can do it, we can too! Kids write about famous people who overcame learning differences similar to theirs**. Minneapolis, MN: Deaconess Press. (YP 371.9 DIN)

This book was written by eighteen elementary school students who have learning differences. They chose to write about famous people who, like them, needed to learn in different ways when they were growing up. Ages 3-12.

DiSalvo-Ryan, D. (1999). **A dog like Jack**. New York, NY: Holiday House. (YP 155.937 DIS)

This book is a young boy's look back at his family's adoption of an older dog, the different activities they share throughout the seasons and how Jack slows down as he ages and eventually dies. The book's beautiful watercolors illustrate the family's love for their pet and concludes with a note to adults about children's grieving for a pet. Ages 4-8.

Denison, K., & Weinberger, T. (Illustrator). (1996) **I wish I could fly like a bird!** Albany, NY: Fort Orange Press. (YP 371.9 DEN)

Chic L. Dee's stories and songs are an educational and entertaining approach to issues faced by children with learning disabilities such as being misunderstood by family, friends, teachers and the larger community. Issues of self-image, emotional stability and friendships are addressed in this wonderfully illustrated book. Includes audiocassette.

Dobkin, B. (1994). **Just a little different**. Danbury, CT: Children's Press. (YP 371.916 DOB)

In this 32-page book for children in grades 1-3, a child relates how she and her best friend, who is in a wheelchair, are both alike and different.

Dodds, B. (1993). **My sister Annie**. Honesdale, PA: Caroline House Boyds Mills Press. (YP 813.54 DOD)

Growing up, trying to be accepted, and having a sister with Down's syndrome make life a challenge for Charlie. Ages 11-15.

Drimmer, F. (1991). **Born different: Amazing stories of very special people**. New York, NY: Bantam Books. (YP 362.4083 DRI)

This book talks about three people who were born with birth defects who's stories give thrilling proof that with a courageous heart and lots of determination, people can overcome any limitation. Ages 16-Adult.

Dunn, K.B., & Dunn, A.B. (1993). **Trouble with school: A family story about learning disabilities**. Rockville, MD: Woodbine House. (YP 371.97 DUN)

Co-written by a mother and daughter and based on their own experiences with learning disabilities. This book follows Allison as a first grader from the onset of her learning problems, through the diagnostic process and the development of her successful treatment program. Ages 6-10.

Dwight, L. (1992). **We can do it!** New York, NY: Checkerboard Press, Inc. (YP 362 DWI)

This book introduces you to the accomplishments of five very special children. Colorful pictures will hold the attention of any child. Disabilities discussed include Spina Bifida, Down Syndrome, Cerebral Palsy, and Blindness. Ages 2-7.

Dwyer, K., & Beirne, B. (1991). **What do you mean I have a learning disability.** New York: Walker and Company. (YP 371.9 DWY)

Describes learning disabilities and what can be done to overcome them. Designed for children ages 8-12 who are learning disabled, and for their families and friends.

Edwards, B., & Amitage, D. (1999). **My brother Sammy.** Brookfield, CT: Millbrook Press. (YP 618.928 EDW)

Sammy has autism. This touching story begins by exploring the sadness, embarrassment, loneliness, frustration and anger felt by Sammy's older brother. But, Sammy's big brother comes to understand the important role that he, himself, plays in Sammy's life and discovers that he is able to move their relationship ahead with patience, understanding, and acceptance.

Emmert, M., & Owens, G. (1989). **I'm the big sister now.** Niles, IL: Albert Whitman & Company. (YP 618.92836 EMM)

The nine-year-old author describes life with her older sister who was born with severe cerebral palsy. The book provides detailed and sensible answers to questions a child might have about someone with cerebral palsy. Ages 5-10.

Evans, A. & Evans A. (1995). **Angel lady.** Del Mar, CA: Sea View Publishing. (YP 616.04 EVA)

This 24-page book is about Whitney Evans, a beautiful, lively, and affectionate child. Who is severely disabled with a condition known as Angelman syndrome. Due to her inability to speak, the family devises a unique way to communicate. Angel Lady offers many humorous and uplifting glimpses of life in the Evans' household as seen through the eyes of Whitney's older sister, Ashleigh. Its light-hearted and optimistic approach to the adjustments and resilience demanded by a family member's disability is truly inspirational..

Fassler, J. (1975). **Howie helps himself.** Chicago, IL: Albert Whitman & Company. (YP 362 FAS)

This is a story of a child who is physically handicapped. Howie, a child with cerebral palsy, enjoys life with his family and attends school. Howie wishes more than anything else to be able to move his wheelchair by himself. Ages 3-10.

Fellman, W.R. (1997). **The other me: Poetic thoughts on ADD for adults, kids and parents.** Plantation, FL: Specialty Press, Inc. (YP 811.54 FEL)

This book can help those who are coping with their attention deficit disorder alone, to feel less isolated, through the author's humor and sensitivity. For others, this collection of poems will help them identify with people with ADD.

Finch, J. (1995). **Miss Malarkey doesn't live in room 10.** New York, NY: Walker Publishing Company, Inc. (YP 741.642 FIN)

This illustrated book of fiction for children tells the story of a first grade boy who believes that his teacher resides in the classroom after hours until she moves into his apartment building. The young student is shocked to discover that his teacher has a life away from school. Preschool-Grade 2.

Fisher, G., & Woods-Cummings, R. (1990). **The survival guide for kids with LD*: *Learning differences.** Minneapolis, MN: Free Spirit Publishing Inc. (YP 371.9 FIS)

A handbook for kids with learning disabilities. Discusses different types of disorders, programs at school, coping with negative feelings, and making friends. Includes a section for parents and teachers. Ages 10-13.

Fleming, V. (1993). **Be good to Eddie Lee.** New York, NY: Philomel Books. (YP 616.858 FLE)

Although Christy considered him a pest, when Eddie Lee, a boy with Down syndrome, follows her into the woods, he shares several special discoveries with her. Ages 3-10.

Fort, P. (1988). **Redbird.** New York, NY: Orchard Books. (YP 362.410 FOR)

Redbird, a small airplane, encounters numerous hazards as it attempts to land at the airport. Text is in Braille and in clear black type and raised pictures can be both felt and seen. Ages 2-10.

Galbraith, J. (1984). **The gifted kids survival guide: For kids 10 and under.** Waco, TX: Prufrock Press. (YP 371.95 GAL)

For gifted students, this book may be their first chance to explore who they are and what being gifted means. The volumes in this series cover such topics as dealing with the label "gifted," managing unreasonable expectations, dealing with challenges at school with peers and teachers, handling complex social issues, and much more. Ages 6-10.

Galbraith, J. & Delisle, J. (1996). **The gifted kids survival guide: A teen handbook.** Waco, TX: Prufrock Press. (YP 371.95 GAL)

For gifted teenagers, this book is a chance to explore who they are and what being gifted means. The volumes in this series cover such topics as dealing with the label "gifted," managing unreasonable expectations, dealing with challenges at school with peers and teachers, handling complex social issues, and much more. Ages 11-18.

Gajewski, N., Hirn, P., & Mayo, P. (1996). **Social star.** Eau Claire, WI: Thinking Publications. (YP 372.83 GAJ)

The Social Star series teaches children to be stars in every social situation, using cognitive strategies, role-playing, and dozens of interactive activities. Each book targets a different set of skills for grades 2-5. Ages 6-12.

General interaction skills (Book 1)

This book teaches about eye contact, voice tone, conversations, and other basic communication skills.

Peer interaction skills (Book 2)

This book teaches 12 skills including being a friend, disagreeing politely, building a positive reputation and more.

Conflict resolution and community interaction skills (Book 3)

This book focuses on skills such as being responsible, making an apology, settling conflicts, and responding to criticism.

Galvin, M. (1987). **Ignatius finds help: A story about psychotherapy for children.** New York, NY : Magination Press. (YP 616.8916 GAL)

Ignatius, a bear who has trouble getting along with others at home and school, visits a psychotherapist whose innovative techniques help Ignatius to solve his problems. Ideal for parents to read with their children, the lively story and illustrations will help children with behavioral difficulties learn to solve their problems while establishing better relationships with family, friends, and peers. Ages 4-8.

Galvin, M. (1988). **Otto learns about his medicine: A story about medication for hyperactive children.** New York: Magination Press. (YP 618.928589 GAL)

Otto, a fidgety young car that has trouble paying attention in school, visits a special mechanic who prescribes a medicine to control his hyperactive behavior. The material may help a child with hyperactivity understand the need for medication and be comforted to know that many other children have "motor" that run too fast. Ages 5-9.

Gehret, J. (1990). **The don't give up kid and learning differences.** Fairport, NY: Verbal Images Press. (YP 808.899282 GEH)

As Alex becomes aware of his different learning style, he realizes his hero Thomas Edison had similar problems. Together they try new solutions until they succeed at their dream to create things that no one ever thought of before. This book gives children with reading problems and learning disabilities a clear understanding of their difficulties and the necessary courage to learn to live with them. Ages 6-9.

Gehret, J. (1991). **Eagle eyes: A child's guide to paying attention.** Fairport, NY: Verbal Images Press. (YP 153.1532 GEH)

Over time Ben learns to focus his attention like an eagle on the things that really count. This book helps readers of all ages understand ADD and gives practical suggestions for organization, social cues, and self-calming.

Gehret, J. (1992). **I'm somebody, too!** Fairport, NY: Verbal Images Press. (YP 618.928589 GEH)

This book is a full-length novel told by the sister of Ben, the hero of *Eagle Eyes*. Content shows how ADD affects the entire family. Because it is for an older, non-ADD audience, this book explains ADD in depth and explains methods to handle the feelings that often result from having a family member with ADD.

Gifaldi, D. (2001). **Ben, king of the river.** Morton Grove, IL: Albert Whitman & Company. (YP 362.404 GIF)

It's not easy for siblings of children with disabilities. This 32-page book appreciates that and shows that patience and understanding often win, even when it's least expected. A page of tips for living with a sibling with a disability is included.

Gilson, J. (1980). **Do bananas chew gum?** New York, NY: Lothrop, Lee & Shepard Books. (YP 371.97 GIL)

Able to read and write at only a second grade level, sixth grader Sam Mott considers himself dumb until he is prompted to cooperate with those who think something can be done about his problem. Ages 10-13.

Gleitzman, M. (1995). **Blabber mouth.** Harcourt Brace & Company. (YP 371.94 GLE)

An Australian schoolgirl uses sign language because she was born with "bits missing from her throat". Her problems in settling into a new school, making friends, and dealing with a lovable but embarrassing father complement the disability plot line that incorporates disability into everyday themes. Ages 8 and up.

Gordon, M. (1993). **I would if I could: A teenager's guide to ADHD/hyperactivity.** DeWitt, NY: GSI Publications. (YP 153.1532 GOR)

This book provides straightforward information about ADHD and explores its impact on family relationships, self-esteem, and friendships. The use of humor and candor help educate and encourage teenagers who, too often, find themselves confused and frustrated. Ages 10-17.

Gordon, M. (1991). **Jumpin' Johnny get back to work!: A child's guide to ADHD/hyperactivity.** DeWitt, GSI Publications. (YP 153.1532 GOR)

An informative book that will help children understand the essential concepts involved in evaluation and treatment of ADHD. This book tells the story of Johnny, what it's like for him to be inattentive and impulsive, and how his family and school help make life easier for him. Ages 6-15.

Gordon, M. (1992). **My brother's a world-class pain: A sibling's guide to ADHD/hyperactivity.** DeWitt, GSI Publications. (YP 153.1532 GOR)

A book for the siblings of those affected with ADHD. Siblings frequently bear the brunt of the ADHD child's impulsiveness and distractibility. This story shows siblings how to understand the nature of the problem and to have their own feelings and thoughts addressed. Demonstrates how they can play an important role in the family's quest for change. Ages 6-17.

Greenfeld, J. (1972). **A child called Noah: A family journey.** New York: Harcourt Brace Jovanovich. (YP 362.3 GRE)

A day by day account of how a family survives and continues to love under the pressures of caring for a brain-damaged child. Ages 12 and up.

Griffith, J. (1997). **How dyslexic Benny became a star: A story of hope for dyslexic children and their parents.** Dallas, TX: Yorktown Press. (YP 371.914 GRI).

This book is a touching account of one youngster's struggle in learning to read and the painful journey that he took to gain self-confidence, self-respect and tremendous success as a human being, as a student, and as an athlete.

Gross, R.B. (1991). **You don't need words!: A book about ways people talk without words.** New York: Scholastic Inc. (YP 302.22 GRO)

Describes sign language and other ways that people communicate without words, such as, gestures, facial expressions, and myriad signs and symbols. Ages 4-12.

Haines, S. (1995). **Becca and Sue make two.** Boise, ID: Writer's Press. (YP 362 HAI)

Becca wants to perform at the school talent show with her friend Sue who has Down syndrome. They discover that by working together they are better than when they practice alone. A fun story about friendship and cooperation. Ages 5-10.

Haines, S. (1994). **Donnie makes a difference.** Boise, ID: Writer's Press Service. (YP 616.462 HAI)

Donnie is a football fan. Actually, Donnie is a football nut and wants desperately to make a contribution to his team. Having diabetes can temporarily slow him down, but will it stop him from realizing his dream? A story about perseverance to inspire children of all ages. Includes teacher lesson plans and resource guide.

Hamilton, L. (1976). **Be careful: A what-will-happen-next book of safety.** Washington, D.C.: Gallaudet University Press. (YP 371.9127 HAM)

This book gives tips for safety. The text is also given in sign language.

Hamilton, L. (1975). **Little poems for little people.** Washington, D.C.: Gallaudet University Press. (YP 371.9127)

A collection of nine nursery rhymes told in text and illustrated sign language.

Haven, K. (1988). **Getting along**. San Francisco, CA: The Children's Television Resource & Education Center. (YP 177.6 HAV)

This audiocassette and book contains ten stories and ten songs addressing such issues as: Being bossy, playing too rough, and making fun of other children.
Ages 3-12.

Hayden, T. (1983). **Murphy's Boy**. New York, NY: Avon Books. (YP 813.54 HAY)

This book follows the trials of author Torey Hayden as she works with a fifteen-year-old boy who had not spoken in eight years. Torey Hayden discovered a violent past and a dreadful secret that bureaucracy has simply filed away and forgotten. Ages 14 and up.

Helfman, E. (1993). **On being Sarah**. Morton Grove, IL: Albert Whitman & Company. (YP 362 HEL)
Even though life with cerebral palsy isn't easy for twelve year old Sarah, she manages with the help of her loving family and several new friends. Ages 10-16.

Herx, M., (1975). **Jack and the beanstalk**. Washington, D.C. Gallaudet University Press. (YP 371.9127 HER)

This book tells the classic story of Jack in the Beanstalk with a text accompanied by illustrated sign language.

Hoffman, M. (1991). **Amazing Grace**. New York, NY: Dial Books. (YP 158.1 HOF)
Grace loves stories, whether they're in books or in the movies or the kind her grandmother tells. So when there is a chance to play in Peter Pan, Grace knows exactly who she wants to be. It's hard when her classmates are doubtful because Grace is black and a girl, but Grace has the support of her mother and wise grandmother to bolster her. Ages 5-8.

Holden, L.D., MD (1989). **Gran-Gran's Best Trick: A story for children who have lost someone they love**. Washington, DC: Magination Press. (YP 155.937 HOL)

This picturebook is designed to help parents help children deal with the loss of someone they love. Although parents naturally want to protect their children from pain, children should not be shielded from this common experience. But they can be helped with the grieving process. This story, based on a real situation, is about a young girl's experience with her grandfather's illness and death from cancer, and her struggle to gain something positive from the loss. The lessons she learns are easily applied to other forms of loss as well. While this story is about death and loss, it is also about learning and growing from experience and about how those we love never leave our hearts. Ages 4-8.

Holmes, M.M., Pillo, C Illustrator (2000). **A terrible thing happened**. Washington, DC: Magination Press. (YP 364.1555 HOL)

This book is about Sherman Smith who saw the most terrible thing happen. At first he tried to forget about it, but soon something inside him started to bother him. Sometimes his stomach hurts, or he had bad dreams. And he started to feel angry and do mean things, which got him into trouble. This book doesn't specify what kind of trauma Sherman witnesses, but tells how he finds himself feeling better when he can talk about "the terrible thing". A resource section for adults offers guidance on how to help children who have witnessed violence such as homicide, suicide, assault, accidents, or natural disasters, or any kind of abuse, including physical or substance abuse. Ages 4-8.

Hoopman, K. (2001). **Blue bottle mystery: An asperger adventure.** London, England: Jessica Kingsley Publishers, Ltd. (YP 616.898 HOO)

This 96-page book is a warm, fun-filled fantasy story for children age 8-13 with a difference: the hero, Ben, is a boy with Asperger syndrome. When Ben and his friend, Andy, find an old bottle in the schoolyard their lives suddenly become full of mysterious surprises. Bound up with this exciting story is the tale of how Ben is diagnosed with Asperger syndrome and how he and his family deal with the problems and joys that come along. This book highlights the problems for family and friends of Autistic children as well as for the children themselves. It provides advice and support, a good explanation of Autism Spectrum Disorder, and a heart-warming story.

Howe, J. (1984). **The day the teacher went bananas.** New York, NY: E.P. Dutton. (YP 741. 642 HOW)
Charming picture book for preschoolers through 2nd grade. A class's new teacher, who leads the children in a number of very popular activities, turns out to be a gorilla. Ages 4-8.

Hu, R. (1996). **The eyes of Raymond Hu.** Chicago, Il: Art Media Resources, Ltd. (YP 709.24 HU)
This 48-page book presents the brush paintings of animals by Raymond Hu, a young artist born with Down syndrome. He has studied with Lampo Leong, a master of brush painting and has been widely exhibited. The book includes 42 color plates of animal portraits.

Ingersoll, B.D. (1995). **Distant drums, different drummers: A guide for young people with ADHD.** Bethesda, MA: Cape Publications. (YP 618.928589 ING)

This 48-page book, designed for ages 8-14, presents a more positive perspective on people with ADHD, stressing the value of individual differences. Written for children and adolescents, this book helps readers to see themselves in a positive light and motivates them to face challenging problems.

Janover, C. (1990). **Josh: A boy with dyslexia.** Burlington, VT: Waterfront Books. (YP 616.8553 JAN)
Josh struggles to live down the stigma of his learning disability, dyslexia, and receives both respect and friendship from his peers. Includes information on the characteristics of dyslexia and a list of organizations that deal with learning disabilities. Ages 8-12.

Janover, C. (1995). **The worst speller in jr. high.** Minneapolis, MN: Free Spirit Publishing. (YP 371.914 JAN)

Starting out in the seventh grade, Katie Kelso finds herself trying to cope with her dyslexia and form a friendship with a very bright boy at school, while she and her family deal with her mother's cancer diagnosis. Ages 11 and up.

Johnson, A. (1990). **When I am old with you.** New York, NY: Orchard Books. (YP306.87 JOH)
The bond between grandparent and grandchild transcends time. In this book, a young African-American child imagines being old with Granddaddy and joining him in such activities as playing cards all day, visiting the ocean, and eating bacon on the porch. Ages 5-8.

Jordan, M. (1989). **Losing Uncle Tim.** Morton Grove, IL: Albert Whitman & Co. (YP 174.24 JOR)
When his beloved Uncle Tim dies of AIDS, Daniel struggles to find reassurance and understanding and finds that his favorite grown-up has left him a legacy of joy and courage. Ages 4-12.

Janover, C. (1997). **Zipper: The kid with ADHD.** Bethesda, MD: Woodbine House. (YP 618.928589 JAN)
Zach, a fifth-grader who has attention-deficit hyperactivity disorder, has trouble concentrating and controlling himself until a retired jazz musician who believes in him gives him the motivation to start trying to do better. Ages 9-12.

Jones, R. (1990). **The Acorn people.** New York: Bantam Books. (YP 371.91 JON)
A group of disabled children, the Acorn People, make their dreams come true at Camp Wiggin - swimming, staging a play, and hiking. The Acorn People prove to the world that with encouragement and determination, nothing is impossible. Ages 12-17.

Joose, B. (1991). **Mama, do you love me?** San Francisco, CA: Chronicle Books. (YP 741.642 JOO)
This fictional story for beginning readers tells of a child living in the Arctic who learns that a mother's love is unconditional. Ages 4-8.

Katz, I. & Ritvo, E. (1993). **Joey and Sam.** Northridge, CA: Real Life Storybooks. (YP 618.928982 KAT)
This heart warming storybook is about a family with an autistic child. Although it is sometimes hard to have a younger brother like Sam who is autistic, Joey is proud when Sam's special class performs at a school assembly. Ages 3-7.

Kaufman, B. N. (1994). **Son-rise: The miracle continues.** Tiburon, CA: H J Kramer, Inc. (818.9289820092 KAU)
A story of a family's struggle to overcome their son's withdrawal into the world of autism, and his awakening through a program based on unconditional love and total acceptance, which left no traces of their son's former condition.

Keyes, D. (1959, 1966). **Flowers for Algernon.** San Diego, CA: Harcourt Brace Jovanovich. (YP 371.928 KEY)
This book is the journal of Charlie Gordon, a mentally retarded adult who becomes a genius after undergoing a brain operation. Keyes gives Charlie a voice that conveys the full range of emotions Charlie experiences before and after the operation. An award winning novel that was the recipient of the Nebula Award for the best Novel of the Year by the Science Fiction Writers of America.

King, C. (1994). **The vegetables go to bed.** New York, NY: Crown Publishers, Inc. (YP 741.642 KIN)
This illustrated bedtime story tells the tale of tomatoes, carrots, spinach, plants and other vegetables in the garden as they prepare to go to bed, each in its own fashion. Ages 4-8

Kitchen, B. (1993). **And so they build.** Cambridge, MA: Candlewick Press. (YP 591.564 KIT)
In descriptive language and paintings as beautiful as they are precise, the author shows us how the homes or shelters of twelve animals suit their specific needs: Some build nests for protection from predators, others to capture food, and still others to attract a mate.

Kittredge, M. (1991). **Teens with AIDS speak out.** Englewood Cliffs, NJ: Silver Burdett Press, Inc. (YP 362.196979 KIT)
The teens with AIDS in this 120-page book have friends and families, hobbies and pets, schoolwork and part-time jobs. They tell in their own words how they get the disease, what it's like to live with it, and the facts you need to protect yourself from it. Adolescents.

Kneeland, L. (1989). **Cookie**. Hollidaysburg, PA : Jason & Nordic Publishers.
(YP 649.152 KNE)

When four-year-old Molly with Down syndrome learns to talk with her hands, she suffers fewer frustrations by being able to ask for what she wants. Ages 2-8.

Kohlenberg, S., & Crow, L. (Illustrator). (1993). **Sammy's Mommy has Cancer**. New York, New York: Magination Press. (YP 618.92 KOH)

The author wrote this book for her young son when she was diagnosed with breast cancer, to help him understand what has happened to her. Written in simple, spare language, this is a comforting guide through a difficult time. Includes a glossary and resources. Ages 3-7.

Krementz, J. (1991). **How it feels to fight for your life: The inspiring stories of fourteen children who are living with chronic illness**. New York: Fireside-Simon & Schuster Inc. (YP 362.198920092 KRE)

Interviews with children who provide compelling testimonies about how it feels to fight, every day of their lives, against chronic conditions. Ranging in age from seven to sixteen, the children share their feelings about the pain, the uncertainty, and the challenges brought about in their lives. Deals with the subjects of open heart surgery, diabetes, lupus, kidney disease, spinal cord injury, multiple burns, spina bifida, epilepsy, juvenile rheumatoid arthritis, cystic fibrosis, asthma, and three kinds of cancer. Ages 7 - Adult.

Krementz, J. (1992). **How it feels to live with a physical disability**. New York: Simon & Schuster Inc. (YP 362.4083 KRE)

Designed for children ages 10-15 who are physically disabled. Several children tell their own stories and speak about their lives, their accomplishments and disappointments, their hopes and fears, their goals and dreams. Physical disabilities include visual impairments, dwarfism, paralysis, birth anomalies, spasticity and cerebral palsy.

Kriegsman, K.H., Zaslow, E., & D'Zmura-Rechsteiner, J. (1992). **Taking charge: Teenagers talk about life & physical disabilities**. Rockville, MD: Woodbine House Inc. (YP 362.40835 KRI)

A self help book for teens with physical disabilities. Written by a team of three professionals in consultation with fifteen teenagers. Recognizes the unique challenges faced by teens with physical disabilities by discussing such topics as independence, self-esteem, relationships, and sexuality.
Ages 11-17.

Lamprecht, E. H. (2000). **Little star stories**. Mansfield, OH: BookMasters, Inc. (YP 371.9 LAM)

Little star stories is a parent-child storytelling adventure which was created by author/mother Edith Hertel Lamprecht and illustrator/son, Andrew (Age 4), to address the challenges of early childhood. These multi-faceted, stories encourage a child's creativity and uniqueness in the world, teach problem-solving strategies, address spirituality and friendships and are just plain fun! Some of the issues covered in the stories are; personal safety, conflict resolution, birth and death, changes (within and without), special needs, and differences. The heroine of the stories, Little Star, allows the readers to be objective in seeking solutions to typical childhood issues.

Landau, E. (1991). **Dyslexia**. New York, NY: A First Book-Franklin Watts. (YP 616.8553 LAN)

This book discusses the positive aspects of overcoming the barriers of dyslexia. Ages 5-8.

Lasker, J. (1974). **He's my brother**. Chicago, IL: A. Whitman. (YP 301.427 LAS)

A young boy describes the school and home experiences of his younger brother who has a learning disability.
Ages 3-10.

Lasker, J. (1980). **Nick joins in.** Chicago, IL: Albert Whitman & Company. (YP 362 LAS)

When Nick, confined to a wheelchair, enters a regular classroom for the first time as a result of U.S. Public Law 94-142, he and his new classmates must resolve their initial apprehensions about mainstreaming. Ages 3-8.

Lauren, J. (1997). **Succeeding with LD: 20 true stories about real people with LD.** Minneapolis, MN: Free Spirit Publishing. (YP 371.926 LAU)

This book inspires confidence, awareness, resiliency, and self-esteem through the stories of 26 people with LD* (*Learning Differences). This book also includes basic information and resources for students, parents, and teachers. Ages 11 and up.

Lears, L. (1998). **Ian's walk: A story about autism.** Morton Grove, IL: Albert Whitman & Company. (YP 618.928982 LEA)

This story focuses on the relationship between Ian, a child with autism, and his siblings. While on a walk one day, Ian wanders off from his sisters. They locate Ian by recalling his favorite activities and sights. This book helps illustrate how children with autism see the world through different eyes. Ages 4-8

Leghorn, L. (1995). **Proud of our feelings.** Washington, DC: Magination Press. (YP 155.4124 LEG)

This book provides children with an entertaining and constructive way to learn to accept and express their emotions. Ages 4-8.

Levi, D.H. (1992). **A very special sister.** Washington, D.C. : Gallaudet University Press. (YP 362.42 LEV)

At first, Laura, who is deaf, is excited that she will soon have a new sister or brother. Her friends suggest that her mother might love a hearing child more. Her mother's answer is perfect for Laura and all children who fear being displaced by a new sibling.

Levine, E. (1984). **Lisa and her soundless world.** New York, NY: Human Services Press, Inc. (YP 362.7842 LEV)

A little girl with impaired hearing learns through various methods to use and understand speech. Ages 4-7.

Levinson, H., & Sanders, A. (1991). **The upside-down kids: Helping dyslexic children understand themselves and their disorder: A children's book for both children and adults.** New York: M. Evans and Company, Inc. (YP 371.9 LEV)

Helps dyslexic children understand themselves and their disorder. A children's book for both children and adults.

Litchfield, A. (1976). **A button in her ear.** Morton Grove, IL: Concept Book-Albert Whitman & Company. (YP 617.89 LIT)

A little girl relates how her hearing deficiency is detected and corrected with the use of a hearing aide. Ages 3-9.

Litchfield, A. (1977). **A cane in her hand.** Chicago, IL: Albert Whitman & Company. (YP 155.451 LIT)

A young girl finds ways to cope with her failing vision. Ages 4-8.

Litchfield, A.B. (1980). **Words in our hands.** Morton Grove, IL: Albert Whitman & Company. (YP 419 LIT)

Nine-year old Michael explains the facts and feelings of family life with deaf parents. Ages 7-11.

Lite, L. (1998). **A boy and a bear: The children's relaxation book.** Plantation, FL: Specialty Press, Inc. **(YP 809.9 LIT)**

A Boy and a Bear teaches young children aged 3-10 how to calm themselves. It tells the story of a boy who encounters a polar bear while they are climbing a snowy mountain. They become friends and learn a lesson in relaxation together. Children will learn a self-calming technique to reduce stress, prepare for sleep and improve self-confidence. Ages 3-10.

Lite, L. (1997). **The affirmation web: A believe in yourself adventure.** Plantation, FL: Specialty Press, Inc. **(YP 158.1 LIT)**

"The affirmation web: A believe in yourself adventure" teaches young children ages 5-11 how to increase self-esteem and empower themselves to be the best they can be by telling the story of a child who encounters an enchanting group of forest animals. The animals show her "just how special life can be" as they weave a sparkling web of confidence and wellness.

Little, J. (1987). **Little by Little: A writer's education.** New York, NY: Puffin Books. **(YP 813.54 LIT)**

This book follows the life of Jean Little who was nearly blind from birth. Subjected to ridicule, rejection and bullying, she withdrew into a world of her own. Encouraged by her parents, she began to write poetry and stories. This is an account of the joys and pains of childhood and growing up. Ages 14 and up.

Little, J. (1962). **Mine for keeps.** New York, NY: Viking Penguin. **(YP 813.54 LIT)**

A girl with cerebral palsy comes home and begins to attend school. She learns how to dress herself, walk on crutches, and make friends. Ages 11-17.

Loomans, D. (1991). **The lovable in the kingdom of self-esteem.** Tiburon, CA: Starseed Press. **(YP 158.1 LOO)**

The lovable team helps children to feel unique, confident, enthusiastic, and loved, while at the same time the playful, rhyming text teaches the value of affirmation.

London, J. (1992). **The lion who had asthma.** Morton Grove, IL: Albert Whitman & Company. **(YP 616.238 LON)**

Sean's nebulizer mask and his imagination aid in his recovery following an asthma attack. Includes information on childhood asthma and how to control its symptoms. Ages 3-7.

Loski, D. (1994). **The boy on the bus.** Boise, ID: Writer's Press Service. **(YP 618.928589 LOS)**

Cory has trouble concentrating. Margo is worried about her neighbor after he falls and hurts himself. She discovers Cory has ADD and only needs a little extra attention to help him stay on track. Margo's friendship helps Cory feel better about himself. Ages 5-11. Includes teacher lesson plans and resource guide.

Loski, D. (1995). **Dinosaur hill.** Boise, ID: Writer's Press Service. **(YP 362 LOS)**

In the town of Maysville, Kentucky, a young girl named Sarah dreams of exploring the giant wooded hill she views daily from her bay window, where she sits in a wheelchair. When she finally gets the chance to climb it on horseback, she discovers a mystery in the form of a deserted mansion. An intriguing and heartwarming story. Ages 9-13.

Loski, D. (1995). **Zack attacks**. Boise, ID: Writer's Press Service. (YP 616.462 LOS)

Zack and his widowed mother have come to California to begin a new life. Zack excels at sports, which makes it easier for him to deal with the pressures of going to a new school. However, the emptiness he suffers from his father's death, his diabetes, and the constant torment from Dave, a jealous rival, threaten Zack's happiness. An uplifting story about overcoming odds in order to succeed. Ages 9-13.

Lutkenhoff, M., & Oppenheimer, S.G. (1997). **Spinabilities: A young person's guide to Spina Bifida**. Bethesda, MD: Woodbine House. (YP 616.83 LUT)

This book gives practical tips and suggestions for becoming independent and managing health care. It provides information you need to set goals and make them a reality. Also recommended for parents, siblings, friends, and teachers. Ages 12-18.

MacKinnon, C. (1993). **Silent observer**. Washington, D.C. Gauladet University Press. (YP 362.42092)

This book traces the early life of author Christy MacKinnon in Nova Scotia at the turn of the century. Born in 1889, the author lost her hearing from "the Winter fever" at the age of two. She tells of her life on the farm and in the schoolhouse where her father taught. Ages 4-10.

Maguire, A. (1999). **Special people, special ways**. Santa Monica, CA: Portunus Publishing Co. (YP 362.4 MAG)

This delightful rhyme combined with rich watercolor illustrations takes the reader on a journey of discovery. A positive image of persons with disabilities is presented in this 34-page book. It shares the messages that even though each of us may have something different about us, we all share many commonalities and although painful at times, being different can also be glorious.

Marcozzi, B.A. (1995). **My best friend is me!** King of Prussia, PA: The Center for Applied Psychology, Inc. (YP 155.2 MAR)

This funny, comic book style story tells the tale of Marty the Hippo who deals with social rejection by finding out about his own many good qualities. When Marty learns to feel better about himself, he finds that other children want to be his friend. Ages 3-8

Martin, B., & Archambault, J. (1987). **Knots on a counting rope**. New York, NY: Henry Holt and Company, Inc. (YP 362.41088054 MAR)

In this story of love, hope, and courage, the counting rope is a metaphor for the passage of time, and for the boy's emerging confidence in facing his greatest challenge-his blindness. Ages 5-10.

Mayer, M., & Mayer, G. (1992). **A very special critter**. Racine, WI: Western Publishing Company. (YP 362 MAY)

Alex, a child with a physical disability, goes to a new school. At first the other children are curious because Alex uses a wheelchair. The other children learn that Alex can do just about everything that they do. There are also times when he can do more. Ages 3-8.

McBratney, S. (1994). **Guess how much I love you**. Cambridge, MA: Candlestick Press. (YP 741.642 McB)

This is a bedtime story about the deep and tender bond between the two characters, a father and son hare. This story seeks to measure the immeasurable: the love between a parent and child. During a bedtime game, every time Little Nutbrown Hare demonstrates how much he loves his father, Big Nutbrown Hare gently shows him that the love is returned even more. Ages 2-8.

McCain, B. R. (2001). **Nobody knew what to do: A story about bullying.** Morton Grove, IL: Albert Whitman & Company. (YP 371.58 MCC)

When bullies pick on a boy at school, a classmate is afraid, but decides that he must do something. This 24-page book tells how one child found the courage to tell the teacher about the bullies who were picking on a boy at school. Included is "A note about bully prevention" from the author.

McMahon, P. (1995). **Listen for the bus: David's story.** Honesdale, PA: Boyds Mills Press, Inc. (YP 362.41 MCM)

A real-life look at David, who is blind, as he begins kindergarten. Follows David during his many activities, allowing the reader to observe how one child learns about the world without the benefit of vision. Ages 3-8.

Meyer, D. (1997). **Views from our shoes: Growing up with a brother or sister with special needs.** Bethesda, MD: Woodbine House. (YP 362.1968 MEY)

A collection of 45 essays written by children between the ages of four and eighteen. They share their experiences as the brother or sister of someone with a disability. The siblings have a variety of special needs, including autism, cerebral palsy, developmental delays, chronic health conditions, attention deficit disorder, hydrocephalus, visual and hearing impairments, Down and Tourette syndromes. Ages 9-13.

Meyer, D., & Vadasy, P. (1996). **Living with a brother or sister with special needs: A book for sibs** (2nd edition). Bethesda, MD: Woodbine House. (YP 362.4043 MEY)

This book is designed for siblings age nine and up and presents a balanced view of the positive and negative sides of living with a sibling with a disability, and offers suggestions for how to make life easier for everyone in the family. Includes new sections on attention deficit hyperactivity disorder, fetal alcohol syndrome, fragile X syndrome, traumatic brain injury, speech therapy, recent legislation on disabilities, and an extensive bibliography. Ages 10 and up.

Messner, A. W. (1996). **Captain Tommy.** Stratham, NH: Potential Unlimited Publishing (The PUP Foundation). (YP 618.928982 MES)

This book is a sensitive and realistic portrayal of a young boy who reluctantly agrees to separate from his best friend to play with someone new and different while at summer camp. Tommy learns how to befriend a peer who is challenged by autism. Ages 5 & up.

Meyers, C. & Morgan, C. (1999). **Rolling along with Goldilocks and the three bears.** Bethesda, MD: Woodbine House. (YP 362. MEY)

In this 32-page updated version of a familiar folktale, Baby Bear gets around in a wheelchair, goes to physical therapy, and has a motorized bed, which fascinates Goldilocks. They become the best of friends and live happily ever after. Young readers with a physical disability will be delighted to discover that Baby Bear is just like them. Physical therapists and teachers will find this a useful and empathetic story to read to children and recommend to families.

Miller, R.R. (1973). **I want to be a farmer.** Washington, D.C.: Gallaudet University Press. (YP 371.9127 MIL)

Daily activities on a farm are shown, and each sentence of the text is presented in illustrated sign language.

Mills, J.C. (1993). **Gentle willow: A story for children about dying.** New York, NY : Magination Press. (YP 174.24 GRO)

A story written for children who may not survive their illnesses, but it will also help all children deal with the death of friends, family, or even pets. A gentle story, which addresses emotions such as sadness, love, disbelief, and anger. It provides children and those who read the story with them a “transformational” way of viewing and experiencing emotions associated with death and dying. Ages 4-8

Mills, J.C. (1992). **Little tree: A story for children with serious medical problems.** New York, NY : Magination Press. (YP 618.92 MIL)

A spellbinding fable that tells the story of a beautiful little tree whose limbs have been damaged in a storm. Written for a young girl about to undergo amputation, the meaning of the story will touch any child who suffers from severe illness, physical trauma, or other serious life challenges: accident or burn victims, divorce, death in the family, etc. Ages 4-8.

Moran, G. (1995). **Imagine me on a sit-ski!** Morton Grove, IL : Albert Whitman & Company. (YP 362 MOR)

A child who has cerebral palsy and uses a wheelchair describes learning to ski with adaptive equipment. Ages 4-10.

Moser, A. (1995). **Don't despair on Thursdays.** Kansas City, MO: Landmark Editions, Inc. (YP 155.937083 MOS)

This book explains the grief process to children aged 4-10, and helps them understand that grieving is a normal response. It offers practical approaches that young children can use to cope with the emotional pain they feel. Ages 4-10.

Moser, A. (1991). **Don't feed the monster on Tuesdays!: The children's self-esteem book.** Kansas City, MO: Landmark Editions, Inc. (YP 158.1 MOS)

Provides information to children that will help them understand the importance of their self worth. Offers practical approaches to help children evaluate and strengthen their self-esteem. Ages 4-10.

Moser, A. (1988). **Don't pop your cork on Mondays!: The children's anti-stress book.** Kansas City, MO: Landmark Editions, Inc. (YP 155.9 MOS)

This book explores the causes and effects of stress and offers children techniques for dealing with everyday stress factors. Ages 4-10.

Moser, A. (1994). **Don't rant & rave on Wednesdays!: The children's anger-control book.** Kansas City, MS: Landmark Editions, Inc. (YP 155.9 MOS)

This third book in Dr. Moser's series explains the causes of anger and offers methods that help children reduce the amount of anger they feel. Dr. Moser also gives effective techniques to help children control their behaviors even when they are angry. Ages 4-12.

Moser, A. (1999). **Don't tell a whopper on Fridays!: The children's truth-control book.** Kansas City, MO: Landmarks Editions, Inc. (YP 155.9 MOS).

In this book, the author discusses the problems of lying and the importance of telling the truth in a very clear and understandable narrative. He suggests ways that can help children to choose to tell the truth, instead of lying. Includes informative text and colorful, funny illustrations. Ages 4-10.

Moss, D., & Schwartz, C. (1989). **Shelley, the hyperactive turtle.** Rockville, MD: Woodbine House. (YP 618.928589 MOS)

Shelley the turtle has a very hard time sitting still. He squirms and wiggles, and sometimes he gets into trouble at school. During a visit to the doctor, Shelley learns that he is hyperactive, and that he needs to take medicine every day to control his behavior. Ages 3-7.

Moss, D., & Schwartz, C. (1989). **Lee, the rabbit with epilepsy.** Rockville, MD: Woodbine House. (YP 616.853 MOS)

Lee, a young rabbit, has her first seizure during a fishing trip with her grandpa. Lee's doctor explains epilepsy in clear, reassuring terms and gives her special medicine. Once Lee's seizures are controlled, she and her family discover that she can do everything she used to do. Ages 4-8.

Moss, R., & Dunlap, H. (1990). **Why Johnny can't concentrate: Coping with attention deficit problems.** New York: Bantam Books. (YP 153.1523 MOS)

Explains in easy- to- understand terms the problems associated with ADHD. This book is designed for the general reader who is interested in learning more about the disorder and about children, adolescents and adults whose lives are affected by ADHD.

Mulder, L. (1992). **Sarah and Puffle: A story for children about diabetes.** New York, NY : Magination Press. (YP 616.462 MUL)

Diabetic children benefit from having their feelings recognized and validated in the context of this book's narrative. The text includes an informative introduction for parents and a diagram to familiarize kids with the components of the "diabetes care kit". Ages 4-8.

Muldoon, K. (1989). **Princess Pooh.** Niles, IL: Albert Whitman & Company. (YP 362 MUL)

A girl is jealous of the attention her older sister receives because she is physically disabled and uses a wheelchair. First-hand experience in the wheelchair reshapes Patty's opinion of her sister and of life in a wheelchair. Ages 4-9.

Murrell, D. (2001). **Tobin learns to make friends!** Arlington, TX: Future Horizons, Inc. (YP 152.4 MUR)

This 32-page colorful picture book for children age 3-8 is quite effective for teaching social skills to children with autism, Asperger syndrome, and other pervasive developmental disorders. Follow Tobin, a train, as he learns to make friends and engage in proper social activities. This book gently reminds children not to shout, interrupt, or crowd others' personal space. It encourages sharing, borrowing, taking turns, being kind, and the importance of rules.

Myles, H. M. (2002). **Practical solutions to everyday challenges for children with Asperger Syndrome.** (Shawnee Mission, KS: Autism Asperger Publishing Co. (YP 616.898 MYL)

This book was written by a nine year old author who presents a variety of challenges and suggested sets of solutions in short, easy-to-read paragraphs in a child-to-child format. The author has included sections on challenges at school, getting along with others, dealing with emotions, safety tips, first aid, and more. She covers a rich variety of topics, ranging from learning how to do something you don't enjoy doing, to what to do if you can't find something you are looking for. Some of the suggestions are tried-and-true solutions that our grandmothers taught us as children, while others are the author's originals. Although written for children with Asperger Syndrome, parents and teachers will find the book a good read for other youngsters as well. Ages 6-12.

Nadeau, K., & Dixon, E. (1993). **Learning to slow down and pay attention**. Annandale, VA:Chesapeake Psychological Publications. (YP 618.928589 NAD)

Written for children to read and illustrated with charming cartoons and activity pages. This book on ADHD helps children identify problems and explains how their parents, teachers, and doctor can help. Children will learn how to pay better attention in class, manage feelings, get more organized, and learn to solve problems. Ages 6-14.

Nadeau, K.G. (1998). **Help4ADD@highschool**. Bethesda, MD: Advantage Books. (YP 618.928589 NAD)

Written for teenagers with attention deficit hyperactivity disorder, this 119-page book was designed like a web site that you can “surf” and has short, easy-to-read, information-packed sections which tell you what you need to know about to get your life together. The book includes tips on: studying; ways high school can help you succeed; tips on getting along better at home; dating; exercise; sex education; treatment for ADHD; college preparation; etc.

Nada, K., & Dixon, E. (1997). **Learning to slow down and pay attention: A book for kids about ADD** 2nd edition. Washington, DC: Magination Press. (YP 618.928589 NAD)

Written for children to read and illustrated with charming cartoons and activity pages. This book on ADHD helps children identify problems and explains how their parents, teachers, and doctor can help. Children will learn how to pay better attention in class, manage feelings, get more organized, and learn to solve problems. Ages 6-14.

Newby, R. (1992). **Sleeping Beauty with selected sentences in American sign language**. Washington, D.C.: Gallaudet University Press. (YP 398.21 NEW)

The story of Sleeping Beauty is told with the addition of more than 30 sentences in American Sign Language. Ages 3-10.

O'Shaughnessy, E. (1992). **Somebody called me a retard today...and my heart felt sad**. New York, NY: Walker and Company. (YP 362.308 OSH)

A girl expresses her sadness at being called a “retard” by people who do not know how loving and self-reliant she is. Ages 2-8.

Osofsky, A. (1992). **My buddy**. New York, NY: Henry Holt and Company, Inc. (YP 362.4183 OSO)

A young boy with muscular dystrophy tells how he is teamed up with a dog trained to do things for him that he can't do for himself. Ages 3-10.

Ostrow, W., & Ostrow, V. (1989). **All about asthma**. Niles, IL: Albert Whitman & Company. (YP 616.238 OST)

The young narrator describes life as an asthmatic, explaining causes and symptoms of asthma, and discussing ways to control the disorder to lead a normal life. Ages 6-10.

Pace, B. (1987). **Chris gets ear tubes**. Washington, D.C. : Gallaudet University Press, (YP 617.8 PAC)

This book explains what happens before, during and after the surgery in language a child understands. It takes away the child's natural fear of the unknown.

Packer, A.J. (1997). **How rude!: The teenager's guide to good manners, proper behavior, and not grossing people out**. Minneapolis, MN: Free Spirit Publishing, Inc. (YP 395.123 PAC)

This 463-page book teaches teenagers the basics of polite behavior in all kinds of situations – at home, at school, in public, with friends, with strangers, at the mall, etc. Teenagers will find out how to: cope with cliques; handle Friendship problems; be a good host; offer someone their seat; fight fair; answer invitations; deal with rude adults; respond to bigoted remarks; write a letter; dress properly for any occasion; survive a formal dinner; etc.

Palmer, P. (1977). **The mouse, the monster and me.** San Luis Obispo, CA: Impact Publishers.
(YP 158.1 PAL)

This book explains how a child can become less a mouse or monster and more an assertive, responsible, free person in control of life. The book touches on topics such as; strength and power, rights and responsibilities, asking for what you want, saying no, criticism, and compliments. Ages 8-12.

Parker, R., & Parker, H. (1993). **Slam dunk: A young boy's struggle with attention deficit disorder, with commonly asked questions & answers about ADD.** Plantation, FL: Impact Publications, Inc.
(YP 618.928589 PAR)

A fifth grade student's home and school life are affected when he is diagnosed with ADD. Uses of classroom accommodations are discussed and behavioral and medical interventions are described so that children can understand them. The fictional story is followed by a factual question and answer section about ADD. Ages 8-12.

Parker, R. (1992). **Making the grade: An adolescent's struggle with ADD.** Plantation, FL: Impact Publication, Inc. (YP 618.928589 PAR)

A 47-page book, which includes a story of a 7th grade student's struggle to succeed in school. With the help of his parents, teachers and concerned health professionals, he learns about ADD and ways to help himself. Book also includes 20 commonly asked questions and answers about ADD. Ages 10-14.

Patel, Y. (1995). **Magic glasses.** Swindon/NewYork/Toronto/Bologna: Child's Play (International) Ltd.
(YP-371.911 PAT)

This 24-page book, charmingly illustrated, is the story of two children who find an abandoned, sight-impaired teddy bear and embark on a learning experience as they help it get glasses and see clearly. Their journey includes a trip to the opticians

Peckinpah, S.L. (1993). **Chester...the imperfect all-star.** Agoura Hills, CA. Dasan Publishing.
(YP 362 PEC)

In classic fairy tale tradition, Chester tells of a little angel's longing to play baseball in spite of the fact that one of his legs is much shorter than the other. His aspirations go far beyond his role of bat boy in The Land Called Above where crusty coach sees beyond Chester's imperfections. Chester triumphs and assumes his own place in The Land Called Below. Addresses the problems children with birth defects or traumatic injuries experiences; foretells a happy ending. Ages 8-12.

Peralta, S. (2002). **All about my brother.** Shawnee Mission, KS: Autism Asperger Publishing Co.
(YP 618.928982 PER)

In this charming picture book, eight-year-old Sarah demystifies autism by giving us insights into the world of her young brother, who is nonverbal. While Evan may not be interested in play dates like Sarah is, he loves to jump on his bed, twirl sticks, swim and munch potato chips. Through her simple depictions of Evan's everyday behavior, Sarah encourages others to approach autism without fear or pity. Ages 4-10.

Peterkin, A. (1992). **What about me? When brothers and sisters get sick.** New York, NY: Magination Press. (YP 618.92 PET)

Laura experiences conflicting emotions when her brother becomes seriously ill. Includes suggestions for parents to help their well children cope with a chronically ill sibling.
Ages 4-8

Peterson, J.W. (1984). **I have a sister my sister is deaf.** New York, NY. Harper Trophy.
(YP 362.7842 PET)

A young girl describes how her deaf sister experiences everyday things. Ages 4-8.

Pirner, C.W. (1991). **Even little kids get diabetes.** Morton Grove, IL: Albert Whitman & Company.
(YP 616.462 PIR)

A young girl who has had diabetes since she was two years old describes her adjustments to the disease. Ages 3-6.

Powers, M. (1986). **Our teacher's in a wheelchair.** Morton Grove, IL: Albert Whitman & Company.
(YP 372.1100924 POW)

Text and pictures depict the activities of Brian Hanson, who is able to lead an active existence as a nursery school teacher despite a partial paralysis requiring the use of a wheelchair. Ages 4-7.

Pridmore, S., & McGrath, M. (1991). **Julia, Mungo, and the earthquake: A story for young people with epilepsy.** New York, NY. Magination Press. (YP 616.853 PRI)

When an earthquake devastates her school, Julia escapes being trapped with her classmates because she is resting in the nurse's room after an epileptic seizure, and is able to rescue them.
Ages 7-11.

Quinn, P.O. (1994). **ADD and the college student: A guide for high school and college students with attention deficit disorder.** New York, NY : Magination Press. (YP 618.928589 QUI)

A guide for high school and college students with attention deficit hyperactivity disorder: This book was designed for use with students, ages 8 to 13, written from a pediatric and an educational perspective, it attempts to address the needs and questions of young people who have attention deficit hyperactivity disorder by focusing on understanding and gaining control over ADHD.

Quinn, P., & Stern, J. (1991). **Putting on the brakes: Young people's guide to understanding attention deficit hyperactivity disorder (ADHD).** New York, NY: Magination Press. (YP 618.928589 QUI)
See also Spanish Version Como ponerte los frenos

A 64-page book designed for use with students, ages 8 to 13. Written from a pediatric and an educational perspective, it attempts to address the needs and questions of young people who have attention deficit hyperactivity disorder by focusing on understanding and gaining control over ADHD.

Rabe, B. (1988). **Where's Chimpy?** Morton Grove, IL: Albert Whitman & Company. (YP 649.152 RAB)

A father helps his little daughter, who has Down's syndrome, find her beloved toy monkey. The child is shown responding to daily activities in a positive presentation. Ages 4-8.

Rasmussen, A. (2000). **The very lonely bathtub.** Washington, DC: Magination Press.
(YP 618.9289 RAS)

Sooner or later, most children refuse to do something. It might be going to bed, brushing their teeth or taking a bath. This wonderfully illustrated 32-page book can be used to help understand any source of obstinate behavior, when a child suddenly refuses to do something for no apparent reason. It includes a note from the authors on the psychology behind gentle humor in overcoming the obstinate behavior. Ages 3-7.

Rheingrover, J. S. (1996). **Veronica's first year**. Morton Grove, IL: Albert Whitman & Co.
(YP 649.152 RHE)

Learning that your child has Down Syndrome can be very difficult for a family, especially siblings, who wonder why people are distressed about an event that was anticipated with joy. This easy to read 26-page book can help families grow together as they deepen their understanding of themselves and each other.

Rickert, J.E., & McGahan, P. (2000). **Russ and the almost perfect day**. Bethesda, MD: Woodbine House.
(YP 628.925 RIC)

This 25-page story, captured in detail with vivid color photographs, follows Russ – a 5-year-old boy with Down syndrome as he goes through his excellent day. His mom makes his favorite breakfast; he gets ready for school in time to catch the end of his favorite TV show; and he finds a \$5 bill on the way to school. Soon Russ decides to keep the money and treat he and his friend Kevin to ice cream at lunch. But wait, Russ notices a classmate crying – she's lost her \$5 lunch money. Now Russ is faced with a difficult decision, return the \$5 to its rightful owner or enjoy ice cream with Kevin. Ages 5-8.

Rickert, J.E. & McGahan, P. (Photographer) (2000). **Russ and the firehouse** Bethesda, MD: Woodbine House, Inc. (YP 628.925 RIC)

This 24-page story, captured in detail with vivid color photographs, follows Russ – a 5-year-old boy with down syndrome – as he visits his Uncle's firehouse and gets to help with the daily chores. Ages 3-7.

Riski, M. (1994). Patrick gets hearing aids. Naperville, IL: Phonak Inc. (YP 617.89 RIS)

This 44-page book written for hearing impaired children will help reduce the anxiety felt when first diagnosed with hearing loss and being fitted with hearing aids. Patrick's trip to the audiologist is explained in easy to understand terms.

Roberts, W. (1987). **Sugar isn't everything**. New York: Aladdin Books, Macmillan Publishing Co.
(YP 362.4 ROB)

A detailed description of juvenile onset diabetes (Type I) using a fictional form in which eleven year old Amy discovers that she has the disease, learns to treat it, deals with her anger, and finally accepts that she can live with it. Ages 10-14.

Roby, C. (1994). **When learning is tough: Kids talk about their learning disabilities**. Morton Grove IL: Albert Whitman & Company. (YP 371.9 ROB)

Children describe their learning disabilities, talents, learning techniques, and misconceptions associated with learning disabilities. Ages 7-12.

Romain, T. (1997). **Bullies are a pain in the brain**. Minneapolis, MN: Free Spirit Publishing, Inc.
(YP 302.34 ROM)

This 112-page book is for children aged 8-16 who are sick of being picked on, threatened, or teased. Author Trevor Romain understands what a pain bullies are. And he knows how one can become bully-proof. Laugh along with Trevor's jokes and cartoons and learn tried-and-true ways to deal with bullies. Ages 8-16.

Romain, T. (1999). **Cliques, phonies, and other baloney**. Minneapolis, MN: Free Spirit Publishing, Inc.
(YP 158.25 ROM)

Written for every kid who has ever felt excluded or trapped by a clique, this book blends humor with practical advice as it tackles a serious subject. The author explores what cliques are, why they exist, and why they are so annoying. Then he explains how to make and keep friends, build positive self-esteem, and be popular...by yourself. Ages 8-13

Romain, T. (1997). **How to do homework without throwing up.** Minneapolis, MN : Free Spirit Publishing. (YP 371.30281 ROM)

Hilarious cartoons and witty insights in this 67-page book teach important truths about homework and strategies for getting it done. The reader learns how to make a homework schedule, when to do the hardest homework (first), where to do homework, the benefits of homework, and more. Ages 8-13.

Romain, T. (1999) **What on earth do you do when someone dies?** Minneapolis, MN: Free Spirit Publishing (YP 155.937 ROM)

This book is based on the author's own experience following the death of his father when he was only twelve year old. This book answers questions that children might have like, "Why do people have to die?", "Is the death my fault?", "How can I say good-bye?"—in simple honest words. Romain describes the strong, confusing feelings you might have and suggests ways to feel better. Written to and for kids, it's also recommended for parents and other relatives. Ages 5-10.

Root, A., & Gladden, L. (1995). **Charlie's challenge.** Temple, TX: U.S.A. Printmaster Press. (YP 808.899 ROO)

This book is an excellent tool for helping learning disabled children understand their learning differences. It provides them with an interesting means to make sense out of the diagnostic and treatment process while encouraging their self-esteem. Ages 3-7

Rosenberg, M.S. (2000). **Everything you need to know: When a brother or sister is autistic.** New York, NY: The Rosen Publishing Group, Inc. (YP 618.928 ROS)

This 64-page resource presents information on autism in a straightforward, nonfictionalized way, discussing what autism is, how it is diagnosed and treated, and ways that siblings of people with autism can find support. Aimed at the upper elementary/middle school level.

Rosenberg, M. (1988). **Finding a way: Living with exceptional brothers and sisters.** New York: Lothrop, Lee & Shepard Books. (YP 362.488 ROS)

Three children adjust to siblings with chronic illnesses and physical disabilities such as asthma, diabetes, and spina bifida. Discusses the positive and negative effects that a child with special needs can have on a sibling. Ages 5-9.

Rosenberg, M., & Ancona, G. (1983). **My friend Leslie: The story of a handicapped child.** New York: Lothrop, Lee & Shepard Books. (YP 362.4 ROS)

Presents a multi-handicapped kindergarten child, who is well accepted by her classmates, in various situations within the school setting. Addresses many of the questions and feelings that are likely to spring up when non-disabled children as well as adults meet someone with disabilities for the first time. Ages 4-7.

Roy, Howard, L. (1974). **We're going to the doctor.** Washington, D.C.: Gallaudet University Press. (YP 371.9127 ROY)

Andy visits Dr. Raccoon in this book, which introduces children to the experience of visiting the doctor. The text is accompanied by illustrated sign language. Ages 3-8.

Saulnier, K.L. (1973). **A book about me.** Washington, D.C. Gallaudet University Press. (YP 371.9127 SAU)
This book shows, in sign language and pictures, common objects in the daily lives of preschoolers. Preschool.

Saulnier, K.L. (1973). **Circus time.** Washington, D.C.: Gallaudet University Press. (YP 371.9127 SAU)
A description of the circus is presented-the clowns, the animals and the acrobats. The text is accompanied by illustrated sign language. Preschool

Saulnier, K.L. (1975). **The clock book.** Washington, D.C.: Gallaudet University Press. (YP 371.9127 SAU)
This book presents the vocabulary of time and describes the happenings of a day from beginning to end. Each sentence is shown in illustrated sign language. Ages 3-8.

Saulnier, K.L. (1973). **Count and color.** Washington, D.C.: Gallaudet University Press.
(YP 371.9127 SAU)
The numbers one to ten and the basic colors are presented in pictures, text and illustrated sign language for preschool children. Preschool.

Saulnier, K.L. (1974). **Mouse's Christmas Eve.** Washington, D.C.: Gallaudet University Press.
(YP 371.9127 SAU)
The adventures of a small mouse who admires Christmas decorations, and finds himself trapped in a Christmas stocking. Ages 3-8.

Saulnier, K.L. My animal book. Washington, D.C.: Gallaudet University Press. (YP 371.9127 SAU)
This book introduces preschoolers to the sign language for some animals, with pictures, text and illustrated sign language. Preschoolers.

Saulnier, K.L. My toy book. Washington, D.C.: Gallaudet University Press. (YP 371.9127 SAU)
This book introduces preschoolers to the sign language for toys, with pictures, text and illustrated sign language. Preschoolers.

Saulnier, K.L. (No date). **Oliver in the city.** Washington, D.C.: Gallaudet University Press.
(YP 371.9127 SAU)
A little farm dog's trip to the big city tells about what he sees and experiences. The text is presented with illustrated sign language. Ages 3-8.

Saulnier, K.L. (1976). **The pet shop.** Washington, D.C.: Gallaudet University Press.
(YP 371.9127 SAU)
David visits a pet shop and chooses a puppy. The text is accompanied by illustrated sign language.

Saulnier, K.L. (1976). **Police Officer Jones.** Washington, D.C.: Gallaudet University Press
(YP 371.9127 SAU)
Police Officer Jones and his exciting job are described in this book. The text is accompanied by illustrated sign language. Preschool.

Saulnier, K.L. (1972). **The three little pigs.** Washington, D.C.: Gallaudet University Press
(YP 371.9127 SAU)
A re-telling of the children's story of the three little pigs and the big bad wolf. The text is accompanied by illustrated sign language. Ages 3-8.

Saulnier, K.L. (1974). **The ugly duckling**. Washington, D.C.: Gallaudet University
(YP 371.9127 SAU)

An adaptation of the story by Hans Christian Anderson, told with the text shown in illustrated sign language. Ages 3-8.

Saulnier, K.L. (1975). **With my legs**. Washington, D.C.: Gallaudet University. (YP 371.9127 SAU)

This book gives words for the different parts of the body in the text and in illustrated sign language. Preschool.

Schaefer, C.E. (1993). **Cat's got your tongue?: A story for children afraid to speak**. New York, NY :
Magination Press. (YP 371.94 SCH)

This book follows the story of Anna who refuses to speak upon starting school. Through therapy, she communicates through the natural language of play, and learns to transfer this ability into the classroom. Young readers will find comfort in learning about a child with feelings similar to their own, and parents will find a welcome guide in the event that professional help is needed. Ages 3-7.

Schulz, C. (1990). **Why, Charlie Brown, why?: A story about what happens when a friend is very ill**.
Horsham, West Sussex: Ravette Books Limited. (YP 618.9299419 SCH)

When young Janice is diagnosed with leukemia, Linus becomes her protector, Lucy doesn't understand, Snoopy dons his "World's Greatest Surgeon" togs, and the whole gang does some soul searching. Ages 3-10.

Schwartz, L., & Armstrong, B. (1993). **What do you think? A kid's guide to dealing with daily dilemmas**.
Santa Barbara, CA: The Learning Works, Inc. (YP 155.413 SCH)

This book encourages kids (and the adults who care about them) to look at issues from more than one perspective and to clarify their thinking about choosing hairstyles, abusing drugs, sparing feelings, handling humiliation, setting priorities and much more. The book also helps kids develop the skills they need to resolve conflicts at school, at home, and within themselves. Ages 12-adult.

Seixas, J. (1991). **Allergies: What they are, what they do**. New York: Greenwillow Books.
(YP 616.97 SEI)

Outlines various types of allergy symptoms and describes diagnostic and treatment procedures in a clear easy to understand presentation. Ages 4-10.

Senisi, E. B. (1998). **Just kids: Visiting a class for children with special needs**. New York, NY: Dutton
Children's Books. (YP 371.926 SEN)

Based on a true incident at an upstate New York school, this 40-page book tells the experiences of a girl who visits a special-needs classroom and gets to know and understand the children there. Readers are introduced to an unforgettable group of kids and to have a wide range of handicapping conditions – epilepsy, Down syndrome, autism, ADHD, learning disabilities and more.

Shapiro, L.E. (1993). **Sometimes I drive my mom crazy, but I know she's crazy about me: A self-esteem book for ADHD children**. King of Prussia, PA : The Center for Applied Psychology, Inc. (YP 618.928589 SHA)

An amusing story of a boy who has developed a sense of self-worth by learning to deal with his problems through the help of the adults who care for and about him. It features behavior programs, educational management, medical information and more. Ages 4-9.

Sheindlin, J.J. (2000). **Win or lose by how you choose!** New York, NY: Harper Collins Children's Books. (YP 372.83 SHE)

In her first book for children, Judge Judy asks kids questions that reflect dilemmas they're faced with every day, such as what to do when you borrow a friend's bike and accidentally break it. But she doesn't tell kids what to do – she provides a series of multiple-choice answers and asks them to decide which is the right response. She encourages parents and children to talk through the answers together, exploring the choices and examining the consequences of each course of action. Ages 7-12.

Shipon-Blum, E. (2001). **Understanding Katie: "A day in the life of..." Book 1.** Lake Worth, FL: Childhood Anxiety Network, Inc. (YP 155.4 SHI)

This 24-page hands-on storybook is written especially for children and young teens that have Selective Mutism and social phobia. Selectively Mute children may feel afraid and uncomfortable and often cannot speak when they are in various social situations such as school and public places. One of the main goals for this book is to help Selectively Mute children identify with Katie's feelings by reading about or listening to her trials and tribulations. Ages 6-12.

Shreve, S. (1991). **The gift of the girl who couldn't hear.** New York, NY: Tambourine Books. (YP 362.7842 SHR)

Two friends, one of whom is deaf, help each other when tryouts are held for a seventh-grade production of "Annie". Ages 10-15.

Siegel, P. (1991). **Changes in you for boys.** Richmond, VA: Family Life Education Associates. (YP 612.661 SIE)

A clearly illustrated, simply worded explanation of the changes in puberty for boys. Includes a parent's guide. Ages 11-15.

Siegel, P. (1991). **Changes in you for girls.** Richmond, VA: Family Life Education Associates. (YP 612.661 SIE)

A beautifully illustrated, simply worded explanation of the changes of puberty in girls. Includes a parent's guide. Ages 11-15.

Simmons, K.L. (no date). **Little rainman.** Arlington, TX: Future Horizons, Inc. (YP 618.9289820092 SIM)

This 72-page book is written by the mother of Jonathon, a youngster with autism, from his point of view. It explains how and why Jonathon reacts in different situations and that he knows that others do often not understand his reactions. The book also stresses some of the strengths of some people with autism- excellent memory, heightened senses and early reading ability. Includes illustrations by an adult with autism. Ages 3-10.

Smith, M. (1997). **Pay attention, Slosh!** Morton Grove, IL: Albert Whitman & Company. (YP 618.928589 SMI)

This 52-page book is about a young boy named Josh who doesn't understand why he can't pay attention or sit still. He wishes someone would explain it. How does he get into so much trouble at school? Why do other kids call him "Slosh?" Learning he has ADHD is the first step toward the answers he needs.

Smith, S.L. (1994). **Different is not bad, different is the world: A book about disabilities.** Longmont, CO: Sopris West. (YP 371.9 SMI)

This book will help children with disabilities feel better about themselves. Children without disabilities will see that people who are different have different ways of accomplishing everyday tasks. Grades 2-6.

Spradley, T.S., & Spradley, J.P. (1993). **Deaf like me.** Washington, D.C.: Gallaudet University. (YP 362.42088054 SPR)

This book follows a family's desperate fight to teach their deaf daughter to speak so she will be considered 'normal'. A deaf girl breaks the chains of ignorance and prejudice that have held her mute for five years. Ages 15-Adult.

Sprecher, J. (1997). **Jeffrey and the despondent dragon.** Muskego, WI: The Special Kids Company, Inc. (YP 618.928 SPR)

When the author's son was two years old and newly diagnosed with autism, his father John made up a bedtime story for the young boy. Years later, while discussing the story at a national autism conference, John came to realize that he, perhaps far more than his son, was the one who really needed to hear the tale and the important lessons it held. This story weaves lessons of life and love that each of us, regardless of our strengths and challenges can enjoy, value, learn and benefit from.

Stanek, M. (1983). **Don't hurt me, Mama.** Morton Grove, IL: Albert Whitman & Co. (YP 364.1555 WHO)
A kind and sensitive school nurse sees that a young victim of child abuse and her abusing mother get help. Ages 5-8.

Starowitz, A. (1993). **Silent observer.** Washington, D.C.: Gallaudet University Press. (YP 362.42 MAC)
Illustrated by first grade students this book shows how they met Cindy, the hearing impaired aunt of one of their classmates.

Stefanik, A. (1982). **Copycat Sam: Developing ties with a special child.** New York, NY: Human Sciences Press, Inc. (YP 649.152 STE)

Freddie learns how to be a friend to Sam, the new boy next door, even though Sam is different from his other friends. Ages 6-9.

Steinbeck, J. (1937). **Of mice and men.** New York, NY: Penguin Group. (YP 371.928 STE)
The timeless classic is about the bond between two men who face alienation and loneliness. George, a small and intelligent man and Lennie a simple minded giant are migrant workers who have a dream to own their own piece of land and shack to call their own. The provocations of a flirtatious woman create dire consequences for these two men.

Stern, J., & Ben-Ami, U. (1996). **Many ways to learn: Young people's guide to learning disabilities.** New York, NY : Magination Press. (YP 371.9 STE)

This book defines learning disabilities, illustrates the different types, and explains where they come from without overwhelming a child. It describes the effects they have on young people's behavior, performance, and emotions. It offers suggestions for coping with the educational, psychological, and social problems that learning disabilities can cause. Includes tips and strategies for success at school, homework, and studying for and taking tests given for each type of disability. Ages 8-13

Stuve-Bodeen, S., & DeVito, P. (Illustrator). **We'll paint the octopus red.** Bethesda, MD: Woodbine House (YP 616.462 STU)

As six-year-old Emma anticipates the birth of her new baby brother, she imagines all of the things they can do together. She can't wait to be a big sister. When baby Isaac is born her dad tells Emma that he had Down syndrome. Emma wonders now if Isaac will be able to go on all of the adventures Emma had planned, and her dad reassures her that there isn't anything her baby brother can't do with a little help and patience. The beautiful color illustrations help make this book a wonderful, reassuring book for siblings of children with Down syndrome and their families. Ages 3-7.

Sullivan, C. & Sullivan, D. (2001). **I love my brother!: A preschooler's view of living with a brother who has autism.** Statham, NH: PHATArt4. (YP 618.928 CON)

In this long-awaited book designed especially for preschooler, 4 ½ year old Conner offers insights about himself, his family and his little brother – including many of his own “theories” about his brother's special needs and unusual behavior. This 22-page book is a welcome guide for helping preschool and kindergarten-age students better understand their peers with autism. Ages – Preschool – 8.

Sullivan, M.B., & Bourke, L. (1985). **A show of hands: Say it in sign language.** New York, NY: Harper Collins Publishers. (YP 419 SUL)

This book prepares people to speak with their hands. Teaches the expressive language used by many deaf and hearing-impaired people. Ages 8-12.

Swanson, S.M. (1994). **Lee's tough time rhyme.** Boise, ID: Writer's Press Service. (YP 616.238 SWA)

Lee's ambition is to win the big swim race at Camp Big Foot. Despite having asthma, Lee works harder than any one else to prepare for the race. Lee's enthusiasm and willingness to work hard are inspirational to children in any classroom. Ages 5-11. This book includes teacher lesson plans and resource guide.

Swanson, S.M. (1994). **My friend Emily: A story about epilepsy and friendship.** Boise, ID: Writer's Press Service. (YP 616.853 SWA)

Katy shows how much fun it is to be best friend with Emily. Their friendship takes on new meaning after Katy learns how to help Emily get through a seizure at school. Colorfully illustrated, this heart-warming story delivers a positive message to all young children. This book includes teacher lesson plans and resource guide.

Swanson, S.M. (1995). **The sandbox king.** Boise, ID: Writer's Press Service. (YP 362.1989 SWA)

Jace is afraid to be friends with Gordy, because Gordy has cancer. After Jace learns more about Gordy's disease they become best friends. Gordy loves to build sand castles in his sandbox, and dream about knights and dragons. It is his imagination, and Jace's friendship that help Gordy cope with his cancer treatments. Ages 5-11. This book includes teacher lesson plans and resource guide.

Testa, M. (1994). **Thumbs up, Rico!** Morton Grove, IL: Albert Whitman & Company. (YP 616.858842 TES)

In three separate stories, a boy with Down syndrome makes a new friend, helps his sister with a difficult decision, and finally draws a picture he likes. Ages 3-7.

Thompson, M. (1996). **Andy and his yellow frisbee.** Bethesda, MD: Woodbine House. (YP 371.94 THO)

A new girl at school tries to befriend Andy, an autistic boy who spends every recess by himself, spinning a yellow frisbee under the watchful eye of his older sister. Ages 6-10.

Thompson, M. (1992). **My brother, Matthew.** Rockville, MD: Woodbine House, Inc. (YP 362.82 THO)

A realistic story about how family life typically focuses on the needs of a child with a disability, and the effects that can have on the other kids in the family. Siblings often need help understanding and adjusting to their brother's or sister's special needs. Encourages siblings to share their emotions and reassure them that their role in the family is very important.

Tomita, J. (1998). **Choo choo trains and horses' manes.** Boise, ID: Writers Press. (YP 618.928589 TOM)

In this book a child with ADD explores digraphs. Using hidden picture puzzles to drive the lessons home, this interactive teaching device will be sure to interest the students in your school. Ages 3-10.

Tomita, J. (1998). **Jean Pauline: Shares everything.** Boise, ID: Writers Press. (YP 616.858 TOM)

Critters keep arriving at Jean Pauline's house to borrow things. As she obliges these friends, she teaches children to recognize vowels. Nobody leaves Jean Pauline, who has Down syndrome, empty-handed, particularly the youngsters that will benefit from this charming lesson. Ages 3-10.

Tomita, J. (1998). **Playful Pete: Cooks up a party!** Boise, ID: Writers Press. (YP 362 TOM)

Pete is cooking up a party. Through this menu, attire, and guest list, he has also cooked up an amusing way for young readers to learn blends. The engaging illustrations of Pete in his wheelchair help make this book a great adventure for all youngsters. Ages 3-10.

Twachtman-Cullen, D. (1998). **Trevor trevor: A metaphor for children.** Cromwell, CT: Starfish Press. (YP 590. TWA)

This book is about a child whose characteristics and problems in social relationships suggest a form of autism or other type of pervasive developmental disorder. Unfortunately it is not Trevor's strengths, which his classmates notice, but rather his differences. Change comes through the efforts of a caring and sensitive teacher.

Useman, S. & E, Pillo, C.(Illustrator) (1999). **Tibby tried it.** Washington, DC: Magination Press. (YP 362 USE)

In this 42-page illustrated book, we meet Tibby, a young swallow who can never fly as he was born with a broken wing. Some of the other birds make fun of Tibby, but undaunted, he travels cheerfully about his neighborhood meeting lots of new animal friends who teach him how to climb, hop, slither and more. This inspiring story will show children that physical disabilities don't have to slow anyone down, and that trying is what matters the most. Ages 4-10.

Vecere, J. (1992). **A story about courage.** Austin, TX: Raintree Steck-Vaughn Publishers. (YP 362 VEC)

This book follows the story of Jarrod, a new student who's confined to a wheelchair, who tries out for the school basketball team. Ages 3-7.

Verniero, J.C, (1995). **You can call me Willy: A story for children about AIDS.** Washington, DC: Magination Press. (YP 362.1989 VER)

Willy Jones is 8 years old. In this story, she talks about her illness (AIDS) and exhibits exceptional strength and courage as she learns to cope with its symptoms and the side effects of treatment, to put up with classroom taunts, and to find fun and friendship. Ages 4-8.

Watson, E. (1996). **Talking to angels.** New York, NY: Harcourt Brace & Company.

(YP 618.928982 WAT)

This book colorfully illustrates and explains autism in simple terms. The author has a sister with autism and the book is written as a tribute to her, in a loving attempt to try to explain how she sees the world around her. Ages 3-7.

Webster-Doyle, T. (1991). **Why is everybody always picking on me: A guide to handling bullies.** Middlebury, VT: Atrium Society Publications. **(YP 302.54 WEB)**

This book takes a nonviolent martial arts approach to dealing with bullies. It is filled with stories, role-playing games and activities that illustrate practical ways to resolve conflict without harm. This book shows students how to “win” without fighting. Ages 8-12.

Weiner, E. (1999). **Taking A.D.D. to school: A “school” story about attention deficit disorder and/or attention deficit hyperactivity disorder.** Calley Park, MO: JayJo Books LLC. **(YP 618.928589 WEI)**

This illustrated, colorful book tells the thoughts and feelings of an 8-year old child with attention deficit disorder who struggles in school. Ben recalls the difficulty he had in second and third grade and how treatment for his attention problems with medicine and help from his parents, teachers, and doctor led to his improvement in school. Ages 5-10

Weiner, M.B.& Niemark, J. (1995). **I want your moo: A story for children about self-esteem.** Washington, DC: Magination Press. **(YP 155.2 WEI)**

This book is a tale about self-esteem that will help reinforce a child’s feeling that all of his or her attributes are a valuable part of a unique and good self. Ages 4-8.

Weiss, J. (1994). **Breathe easy: Young people’s guide to asthma.** New York, NY: Magination Press. **(YP 618.92238 WEI)**

This practical, personal guide is for young people with asthma. In this book they will learn how to control their asthma so they can live their lives to their fullest potential. Filled with illustrations, diagrams, and self-quizzes. This book covers topics such as: how to recognize the triggers of asthma; how medication works; relaxation techniques; and many more. Ages 8-13.

Weiss, J. (1994). **Respira con facilidad: Guia sobre el asma para jovenes.** New York, NY : Magination Press. **(YP 618.92238 WEI)**

This practical, personal guide is for young people with asthma. In this book they will learn how to control their asthma so they can live their lives to their fullest potential. Filled with illustrations, diagrams, and self-quizzes. Covers topics such as: how to recognize the triggers of asthma; how medication works; relaxation techniques; and many more. Ages 8-13.

Weninger, B., & Tharlet, E. (Illustrator) (1999). **Why are you fighting, Davy?** New York/London: North-South Books. **(YP 152.4 WEN)**

This illustrated book tells the story of Davy and Eddie, two friends who get into a big fight one afternoon, but who soon discover that playing alone isn’t much fun. The story deals with the ups and downs of true friendship.

Westridge Young Writers Workshop. (1994). **Kids explore the gifts of children with special needs.**

Sante Fe, NM: John Muir Publications. **(YP 371.91 WES)**

Written by third and six graders, this book profiles ten courageous young people, answering children's questions about disabilities with candor and sensitivity. Disabilities covered include fetal alcohol syndrome, cerebral palsy, dyslexia, brittle bone disease, attention deficit hyperactivity disorder, Down syndrome, hemophilia, hearing impairment, blindness and dwarfism. Ages 7-12.

White Pellegrino, M. (1999). **I don't have an Uncle Phil anymore.** Washington, DC: Magination Press. **(YP 155.937 PEL)**

This 29-page book is told through the eyes of a child and describes some of the traditions and social rituals associated with death, and addresses many feelings and questions. As his mother attempts to explain death to the boy, he finds his own uplifting way to grieve for his Uncle Phil. Ages 4-10

Wiener, L.S., Best, A., & Pizzo, P.A. (1994). **Be a friend: Children who live with HIV speak.** Morton Grove, IL: Albert Whitman & Company. **(YP 362.1989 WIE)**

In their own words and pictures, children with HIV and AIDS tell how it feels to be different from other kids, and how they face rejection. Ages 6-12.

Williams, T.T. (1994). **Stars, wind and dreams: Poems, stories and essays by hearing impaired students.** Salt Lake City, UT: Alexander Graham Bell Association for the Deaf. **(YP 810.8 WIL)**

The Utah chapter of the Alexander Graham Bell Association for the Deaf sponsors a writing project for children and youth with hearing impairments. This book is a compilation of selections from these competitions.

Wirths, C.G., & Bowman-Kruhm, M. (1989). **Where's my other sock? How to get organized and drive your parents and teachers crazy.** New York, NY: Harper Collins Publishers. **(YP 305.235 WIR)**

A self-help manual for students, offering practical suggestions for becoming better organized. Ages 10-16.

Wolf, B. (1997). **HIV positive.** New York, NY: Dutton Children's Books. **(YP 362.196 WOL)**

Sara, a twenty-nine year old mother of two, was first diagnosed as HIV positive seven years ago. She now has the deadly disease AIDS. This 48-page book is a sensitive and informative portrait of Sara's life and that of her children. It includes valuable and straightforward information about AIDS and its causes. Ages 4-adult.

Yeatman, L. (1988). **Buttons: The dog who was more than a friend.** Hauppauge, NY: Barron's Educational Series, Inc. **(YP 362.4183 YEA)**

After becoming separated from his human family, a mother and little boy who are both deaf, a puppy is trained as a hearing ear dog and is eventually reunited with his owners. Ages 7-10.

Zimmet, D. (2001). **Eddie enough!** Bethesda, MD: Woodbine House. **(YP 618.928589 ZIM)**

Third grader Eddie Minetti talks non-stop, takes the stairs two at a time, and has the annoying habit of bumping into people. A series of mishaps lands him in the principal's office and earns him the new nickname "Eddie Enough." An understanding principal and therapist help put the pieces together, so Eddie learns to control his behavior and begin to feel better about himself. Ages 6-12.

