



# Pittsburg State University

## Health, Human Performance, and Recreation

VOLUME 1, ISSUE 2

EDITED BY KELSEY GUIMOND

### FACULTY

- Dr. John Oppliger, Chair
- Dr. Sandy Bauchmoyer
- Mr. Chuck Broyles
- Dr. Tom Bryant
- Dr. Dan Ferguson
- Dr. Scott Gorman
- Ms. Shelly Grimes
- Dr. Rob Hefley
- Dr. Janice Jewett
- Dr. Chuck Killingsworth
- Dr. Mike Leiker
- Dr. Julia Spresser
- Dr. Bill Stobart

### GRADUATE ASSISTANTS

- Ms. Lauryn Berger
- Ms. Caitlin Demarest
- Mr. Seville Ko
- Mr. Jason Murphy
- Mr. Derek Neill
- Mr. Tyler Oestreicher

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## Gary E. Tredway

### Meritorious Achievement Award Recipient



Gary Tredway earned a Bachelor of Science Degree in Education from PSU in 1971 and a Master's Degree in Education from PSU in 1972. He worked as a high school business teacher and basketball coach until he joined American Fidelity Assurance Company in 1979 as a sales representative for the Wichita area.

Tredway rose steadily through the company ranks and was named regional vice president in 1991. In 1995, Tredway was selected to lead First Financial Capitol Corporation, a sister

company of American Fidelity Assurance. Three years later, he returned to American Fidelity as president of the Educational Services Division. In 2006, he was named president and chief executive officer of the company's Volunteer Worksite Group.

Tredway now serves as vice chairman of American Fidelity Assurance Company as he leads the development of American Fidelity's Voluntary Worksite Group (VWG). Currently, the Voluntary Worksite Group includes American Fidelity Educational Services (AFES) and the Association Worksite Division, (AWD) AFA's largest Strategic Business Units. Tredway continues to provide strategic direction to the First Financial team in Houston as chairman of the board.

Tredway has earned designations as a Chartered Life Underwriter and Chartered Financial Consultant. He is a member

of the Society of Financial Service Professionals and the National Association of Insurers and Financial Advisors.

Tredway has been active in his community and currently serves as a member of the Great Expectations Foundation and a trustee for the Foundation for Oklahoma City Public Schools. A native of Erie, Ks., Tredway said he grew up competing in sporting events at College High and at the PSU Relays.

"Pitt State was the logical choice," Tredway said. "My experience at Pitt State and education there has served me well in my teaching and coaching years and for the last 32 years in the business world. I am proud to be a Gorilla." Tredway and his wife, Sheila, live in Norman, Okla. They have two children: Chad Tredway of Owasso, Okla., and Courtney English, of Arlington, Va.



**Dr. Jewett & Dr. Gorman  
Outstanding Faculty Award**

**Upcoming Workshops**

- **Zumba for All Ages**  
June 3-4 & 10-11
- **Ropes Course/Sports  
Conditioning**  
June 6-7
- **Sports Nutrition \*Online**  
June 13-17



**Wheelchair Basketball  
Tournament**

# Faculty Recognition

- Governors Council on Fitness Appreciation of Service to Dr. John Oppliger
- Dr. Chuck Killingsworth co-authored "Introduction to Recreation Services for People With Disabilities"
- Vicki Worrell Service Award to Dr. Janice Jewett
- 2011 Outstanding Faculty to Dr. Scott Gorman & Dr. Janice Jewett
- Excellence in Teaching Award to Dr. Janice Jewett & Dr. Scott Gorman
- Central District AAHPERD Dance Division Merit Award to Dr. Janice Jewett
- 2010 KRPA Convention Dr. Chuck Killingsworth, Dr. Janice Jewett, & Dr. Bill Stobart all received the President's Citation Award

## An Active Spring

Many of you volunteered this spring to help with a multitude of service activities. Here are the estimated numbers of local children we all served! Kansas Kids Fitness Day 961 students, Outdoor Kansas Day 300 students, Middle School Fun Day at the Lake/Park 300 students, Kid's TRYathlon 84 students, Everybody Plays Playground Project 90 students, Elementary Track & Field Meet 2 schools, Elementary Crazy Kids Fitness Day 60 students. 1,500-1,600 + served.



**Kansas Kids Fitness Day**

## 3rd Gorilla Invitational Wheelchair Basketball

### Tourney draws 6 teams

Several HHPR students helped stage another successful wheelchair basketball tournament that drew six top teams from five states to the Student Recreation Center. Via Christi Home Medical has sponsored this event which is rapidly gaining a national reputation as one of the best tournaments in the

country for wheelchair basketball. Five of the six teams were nationally ranked with two all-American players from the Intercollegiate Division. Wheelchair basketball is a Paralympic sport and the tournament provides excellent exposure for HHPR students to high quality ath-

letic competition. Next year's tournament is already scheduled for the weekend following Fall finals, December 17-18, 2011 and teams from Minnesota, Missouri, Oklahoma and Kansas are already committed to participate.

## Global Positioning Systems in HHPR

The new Global Positioning System (GPS) units will be used in the Camping & Outdoor Education class. The GPS's will enhance our student's skill development and confidence in orienteering. When compared

with the more traditional compasses, GPS's can be used to navigate and find one's position within three meters anywhere on the planet. They will also be used to teach Geocaching. Geocaching is an outdoor, real-world treasure

hunting game where students locate hidden containers, called geocaches, using their GPS's. This information can then be shared online with other outdoor recreation enthusiasts.



**Global Positioning System**

## Shelly Grimes Joins HHPR Faculty

The Department of HHPR is pleased to have Ms. Shelly Grimes as a new faculty member. She teaches theory courses for the department, and serves as the Fitness/Aquatics Director. She joined our faculty after teaching and coaching for several years in an area school district. While an educator, she served as a coach for basketball, volleyball and track and field. Prior to

teaching, Ms. Grimes was the Health and Fitness/Aquatics Director for Freeman Hospital YMCA in Joplin, Missouri. Her duties included management and budget, the hiring and training of personnel as well as teaching. Hers was a familiar face in the region as she even had a regularly scheduled fitness show on KSNF-TV out of Joplin. Ms. Grimes is an asset to our profes-

sion. In addition to her various community service endeavors she holds a K-12 Kansas Teaching License, is a Certified Coach through the American Sports Education Program, and is a Red Cross Lifeguard Instructor Trainer. She has also been a Certified Personal Trainer and Certified Aerobics Instructor through AFAA.



**Ms. Shelly Grimes**

## Students Get Experience, Have Fun in Mexico

Seven students spent sixteen days last summer working in two Mexican schools for children with disabilities. Dr. Ferguson organized the group that went to southern Mexico to learn more about their major while working in a third world culture. The students were surprised to see how few materials the teachers had to work with, but they were shocked to learn that teachers had to use their meager salaries to buy their own supplies. The group learned a good deal about Mexican culture by living with Mexican families. They experienced the difficulty of working in a class of students with varying diagnoses from cerebral palsy to Down Syndrome to autism for several hours a day. To say the whole experience was challenging would be an understatement. On

weekends when not working with the children the group had the opportunity to explore the colonial city of Oaxaca. They travelled to the mountain top Mayan ruin known as Monte Alban and rode a zip line across canyons in the Zapotec village of Benito Juarez. Every day was a growth experience and every day the students grew both personally and professionally. One Therapeutic Recreation student made this entry in her daily journal: "This trip was more than just school to me. I showed myself I can do anything if I really wanted to. I have a drive to help people and to learn and challenge and experience. Not all of my family does. I'm the first to ever do anything like this. I can honestly say

these two weeks have done more for me than [anything]. I left the country, I lived where I didn't know their language, and...I survived, I did it. This whole experience has really made me think. The U.S. was all I've ever known, and now I know there are people all around the world who live a lot differently."



**Rachel Oswald plays a learning game with intellectually impaired children in Mexico**

## NEW SCHOLARSHIPS

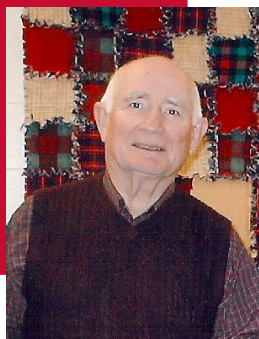
The HHPR Department is fortunate to have three new scholarships established for the 2012-2013 school year; namely the Jana Horchem Grant, the Wanda O. Weickert & Carol A. Cichowski Endowed Scholarship, and the Karl B. Larson & Rowena Sohosky Larson Scholarship. Recipients for the 2011-2012 scholarships are as follows:

- Scott Davis Memorial Scholarship-Katelynn Cline, Jenna Wendt, & Jason Ramirez
- Dr. Evelyn Triplett Scholarship – Rosalyn Nelson
- Tom & Koeta Bryant “Putting Students First” Scholarship – James Cameron
- Carol Sherman Recreation Therapy Scholarship-Elyssa Fox and Shela Webb
- Helen Messenger Scholarship – Sara Norris
- Nadine Sheffield Scholarship – Tiffany Sanders
- Larry Wilcox Scholarship – Robert Spies

## HHPR DEPARTMENT RECOGNITION

- PSU Dance Club, sponsored by Dr. Janice Jewett, received the Most Improved Student Organization
- PSU received the Student Participation Award for the most students attending the 2010 Kansas Association of Health, Physical Education, Recreation & Dance (KAHPERD) Convention held in Wichita
- Lexie Raitinger, PSU Senior, received the Undergraduate Student Award at the KAHPERD Convention
- Twenty HHPR majors, along with Dr. Mike Leiker, attended the Central States Chapter of the American College of Sports Medicine Conference in Lawrence in 2010.
- PSU received the Student Membership Award for having the most student members in KAHPERD.
- 2011 Graduate Award Nominees were Tyler Oestreicher, -Research, Lauryn Berger & Seville Ko- Teaching, Rob Spies & Corey Schrack- Scholarship, Derek Neil & Caitlin Demarest- Service

## RETIREMENT OF BILL SAMUELS



Mr. Bill  
Samuels

After over 40 years of being associated with Pittsburg State University, Mr. Bill Samuels retired following the Spring 2011 semester. He has been a valuable

member of not just the HHPR Department, but the PSU family. Mr. Samuels was a member of a PSU National Championship football team, an assistant football coach, the PSU

Athletic Director, and an instructor in HHPR. While it will be sad not seeing him on a daily basis, he will certainly be called on as a guest lecturer in between his fishing trips.



**Health, Human Performance & Recreation  
(101 Student Recreation Center)**

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**Visit Us on the Web!**  
[www.pittstate.edu/department/health](http://www.pittstate.edu/department/health)

### Academics

#### Undergraduate

- **Physical Education**
  - Emphases
    - Coaching**
    - Strength and Conditioning**
    - Group Fitness, Dance & Rhythms**
- **Recreation**
  - Emphases
    - Recreation Administration**
    - Therapeutic Recreation**
    - Community, Corporate & Hospital Wellness**
- **Exercise Science (New Fall of 2011)**

#### Graduate

- **Master of Science in Health, Human Performance and Recreation**
  - Emphases:
    - Human Performance and Wellness**
    - Sport and Leisure Service Management**

## HPR Alumni Spotlight



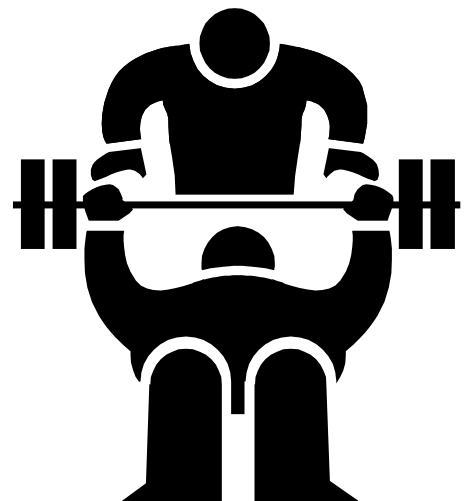
**“Anna is now the head Women’s Basketball Coach at Labette County Community College.”**



**Anna Nimz at the Grad Banquet.**

While attending Pittsburg State University Nimz was an outstanding student and received

many honors. Nimz was listed on the Dean’s Scholastic Honor Roll, named Graduate Student of the Year and received the Teacher of Promise and Outstanding Student Teacher Awards. Anna was an Assistant Basketball Coach at Pittsburg State University from 2008-2010. When Nimz left Pittsburg State University she became the head Women’s Basketball Coach at Labette County Community College and just completed her first season.



**A special THANKS to those who gifted the**

**HHPR Endowment in 2010**

Mr. Bob Ahrens

Mr. & Mrs. Andrew Albright

Mr. & Mrs. Ron Downing

Mr. Stephen Foster

Dr. & Mrs. Scott Gorman

Mr. & Mrs. Richard Grinage

Dr. Rob Hefley

Mr. & Mrs. Steve Kuplen

Ms. Deborah Newkirk

Dr. & Mrs. John Oppliger

Mr. Matt Osterthun

Dr. & Mrs. Guy Owings

Mr. Gary Thompson

Mrs. Madelyn Troutman