## Face Care

Our spa treatments provide the answer to any skin or body care need, correcting imbalance while always respecting the delicate integrity of the skin. All treatments are performed in our luxury spa suites on warm tables by a professional spa therapist.

#### Zarja Signature Luxury Spa Facial

Begin your journey to complete relaxation and skin renewal with a hand and foot massage, followed by the application of a hydrating warm parrafin mask. A refreshing essential oil blend will be applied to your scalp as you begin your experience. A customized facial including a luxurious facial massage will follow for total renewal.

### Glorious Skin Lifting Facial

Truly luminous skin is unveiled, with instant vitality, youthfulness, and satiny texture -- may be customized for sensitive skins. Steaming, mild exfoliation, and massage is included.

#### 4-Layer FaceLift™

This revolutionary 4 layer renewing facial will change the image of the skin in just one application. Vitamin C, glycolic acid, and gentle but highly active enzymes speed up cellular turnover and brighten, tighten, and lighten your skin in just one treatment.

### **Essential Therapies Facial**

Customized to address your skin's specific needs, this European facial delivers therapeutic extracts and active ingredients to provide your skin with total renewal. In addition to targeting specific areas of concern, a complete skin analysis, gentle exfoliation, steam therapy, pore cleansing extractions, and a relaxing massage will be performed.

### **Facial Enhancement Masks**

- Absolute Pearl Brightening
- Anti- Aging Vitamin "C" Firming
- Propolis Calming
- Acne Solutions

#### Vitamin Enriched Ampoules

#### **Refresher Facial**

Enjoy this mini version of our Essential Therapies Facial to enhance tired skin. No steam or extractions will be performed.

Anti-Aging Exfoliating Solutions

Exceptional skin awaits! Your skin will be revitalized and renewed!

#### Skin Resurfacing Microdermabrasion

Revitalize, smooth, and reduce the signs of aging and brown spots with this gentle microdermabrasion treatment and hydrating mask.

### Peel Bar-Glow on the Go!

Exceptional skin awaits following one of our results driven peels. Allow your Esthetician to evaluate your skin, discuss your desired results, and recommend the appropriate treatment for you. Your skin will be bright, exfoliated, and refreshed. Add a lifting mask or vitamin serum for that extra boost!

#### Ageless Beauty Boot Camp

This amazing six week skin renewal program will leave your skin totally renewed and repaired. Your series begins with a complete consultation and includes an Essential Therapies Facial, two Microdermabrasion treatments and 3 peels. A homecare soothing kit is included to enhance your results.

#### **Peel Specifically For Him**

This skin renewing skin exfoliation treatment targets a gentleman's specific areas of concern. Your skin will look vibrant and smooth.

Face Enhancement Add Ins

Anti-Aging Eye Treatment Lip Smoothing Soothing Serum Oil Control Serum Intensive Hydration Serum Chrono Reverser Smoother Scalp Massage **Back Exfoliation Back Extractions** Warm Hand Repair

Warm Foot Repair **Neck Repair** Paraffin Hand/Foot Hand Peel Targeted Masks

Full Leg **Upper Leg** Lower Leg Toes Bikini

Underarm Full Arm Half Arm Chest Back

Eye Brows Chin or Lip Ear Cheeks Nose

# Body Massage and Treatments

Esteemed for its ability to relax mind and body, massage can help to reduce chronic pain, headaches, and improve overall health.

## Zarja Signature Massage

A true aromatherapy experience! Select the essential oil blend of your choice and begin with a welcoming inhalation of your selection. Warm stones will be utilized in specific areas for added therapeutic benefits and relaxation.

## Scalp Massage

Renew your spirit as essential oils are massaged into your scalp to restore energy and refresh your mind.

## **Foot Therapy**

Enjoy a warm foot soak and shoulder massage prior to this rejuvenating foot revitalizing treatment. Choose from true reflexology or customized foot massage.

## **Customized Foot Massage**

Reflexology

## **Massage Traditions**

Experience the skilled hands of our professional and well-trained massage therapists. Choose from a fifty or 80 minute treatment with either a female or male therapist. Your choice of massage includes:

Swedish Deep Tissue Warm Stone Aromatherapy

Exceptional treatments for the body provide the ultimate spa experience and are not to be missed! Enjoy choosing from our Custom Body Blend Bar. (Programs may be designed upon request for any body concern.)

## Zarja Signature Aroma Body Blend Experience

This exquisite body experience delivers complete renewal. First, choose the scent that inspires you. Next, allow us to blend the herbs with the exfoliation product of your choice based on skin type and needs. Your body will then be gently exfoliated with your customized smoothing blend of active ingredients. A warm Body Repair Wraps oil forty-five minute massage with your choice of scent will follow to deeply hydrate your skin. You will enjoy the benefits at home with a goodie bag of your special blend.

These warm irresistible body wraps begin with a gentle exfoliation to prepare the skin for exceptional treatment. Whether your skin needs hydration, detoxification, or smoothing, we can provide.

sweet treat without the calories! A gentle body polish will be

followed by a warm, hydrating, sweet body mask in the scent of

your choice. To complete this decadent treat, a warm soufflé

De-age repair\*: hydrate and renew. Monticelli mud wrap\*: detoxify and muscle relaxing.

\* Restrictions apply – consult your spa therapist.

body cream will be applied.

## Simply Irresistible Body Exfoliations

Silky smooth skin awaits! Choose from lightly scented salts or sugars to gently exfoliate and smooth your skin. A whipped soufflé body cream will then be applied leaving your skin polished and vibrant.

## Silky Sweet Body Treat

Choose your favorite scent from a variety of refreshing fruit or rays. floral fragrances, then sit back and let us renew your skin with this

## **Spray Tanning**

Have a radiant golden tan without the danger of damaging UV

# The Salon at Cosmo and Company Hair Studio

Our hair studio delivers exceptional service by highly skilled stylists. It is our mission to deliver exceptional results and unique style.

#### Ladies

Haircut
Haircut & Blowdry
Shampoo & Blowdry
Style - Flat Iron or Roller
Keratin Relaxer
Mini Keratin
Conditioning Treatment
Hair by Cosmo

Color Correction

Additional fee may apply for long hair.

#### Color

Single Process Base & Partial Highlight Partial Highlight Full Highlight

#### Men's Corner

Men's Haircut
Color Correction
Senior Men's Haircut

For those who are balding, price based on consult with stylist.

#### **Extensions**

Great Length Extensions. Consultation Required.

#### **Treatments**

Allow our professional team to recommend the appropriate treatment for your hair and scalp.

#### Child's Corner

(12 and under must be accompanied by an adult) Haircut Only

# Spa Packages

Treat yourself or your loved one to a spa and salon experience!

## Renew Your Senses

- Refresher Facial
- Soother Massage
- Body Exfoliation

#### A Sweet Escape

- Sugar Body Glow
- Honey Hydrating Facial
- Sweet Scents Massage

### Pamper Me Pretty

- Manicure
- Pedicure
- Essential Therapies Facial
- Swedish 50 min Massage
- Wash & Blowdry

#### All About Him

- Facial or 50 min Swedish Massage
- Sports Pedicure
- Sports Manicure
- Haircut

# The Spa at Cosmo and Company

The Spa is a sanctuary away from the world around us. Whether you wish to relax, rejuvenate, or simply refresh, The Spa is the answer. Our mission is to provide each guest with a sense of renewal and harmony by delivering exceptional and unique spa and salon services.

Zarja, A New Beginning, is the answer to stress relief and represents a new reason to "Spa".

## Nail Studio

Our salon delivers exceptional service, utilizing the latest technology of professional services as well as precise disinfecting procedures to ensure your complete satisfaction and safety.

## Hand Care

Zarja Signature Spa Manicure

Select the delicate scent of your choice from our exclusive blends of essential aromatherapy oils to be utilized throughout this manicure journey. Warm stones and your chosen blend will be utilized to massage, masque and hydrate your tired hands.

Manicure Refresher
Buff Manicure
Polish Change Hands
Gel Polish
Soak Off
Nail Repair

Nail Repair Hydrating Hand Treatment

## Foot Care

Zarja Signature Pedicure

Renew tired feet with this rejuvenating and hydrating spa pedicure. Select the delicate scent of your choice from our exclusive blends of essential aromatherapy oils to be utilized throughout this pedicure journey. Warm stones and your chosen blend will be utilized to massage, masque and hydrate your tired feet.

Pedicure Refresher
Hydrating & Smoothing Caviar Pedicure
On the Run Pedicure
(Soak, Clip, File, Paint Toe Nails)
Polish Change Toes

# For the most pleasurable spa experience,

## When should I arrive?

Arrive at least 15-30 minutes prior to your appointment to allow time to check in, take a shower, and change into your spa robe for ultimate comfort.

## What should I wear?

You may or may not chose to wear undergarments for your service. Appropriate draping techniques will be utilized.

## Should I alert someone if I have any health concerns, allergies, or disabilities?

Please explain any health concerns, allergies, or pregnancy with your spa therapist.

## Can I have a facial if I am using any type of skin peeling product?

Be sure to advise the therapist if your are taking any topical or internal skin renewal products prior to any facial or waxing service.

## Can I bring my cell phone?

For your comfort and that of other guests, we ask that all cell phones are turned off prior to entry into the spa. We are not responsible for any lost items.

## **Cancellation Policy**

No shows and cancellations less than 4 hours prior to your scheduled appointment may result in a \$40 charge to your

Treasure Every Moment...