BULLETIN 1

June 2010







Lillehammer OK and Ringsaker OK in partnership with "Friends of Norwegian ski-orienteering" and the Norwegian Orienteering Federation invite you to European championship, Junior World championship, European youth championship, and World Masters championship in skiorienteering.

Organizers:

Event Director Lars Lystad
IOF Event Advicer Juraj Nemec
National controller Yngve Mobråten
Course setter Vidar Benjaminsen
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Venue

The event centre will be at the Sjusjøen Skisenter, Natrudstilen, in the Birkebeiner area. 20 km from Lillehammer, 143 km from Oslo airport Gardermoen.

Embargoed area

The competition area, limited by the orienteering map "Natrudstilen", is embargoed until february 2011 for competitors and teamleaders. The area is closed for all orienteering activity. Cross-country skiing and rollerskiing in open tracks is allowed until 1 January 2011. Participating in the orienteering event "Fjelldilten", organized by Lillehammer OK on 19–20 June 2010 is allowed.

Terrain

Ranging from mixed forest to mountain terrain with open marshes. Altitude 750-1000 m.

Program

Mon 31 Jan	Arrival
Tue 1 Feb	Model event
Wed 2 Feb	Long distance,
	EOC, JWOC, EYOC
Thu 3 Feb	Rest
Fre 4 Feb	Sprint EOC, JWOC, EYOC
Sat 5 Feb	Middel distance,
	EOC, JWOC, EYOC
	Long distance, WMOC
	O-treff (open competition)
Sun 6 Feb	Relay EOC, JWOC
	Long distance, WMOC
	Middel distance O-treff
	Departure
Mon 7 Feb	Departure

Accommodation

For EOC, JWOC and EYOC: Apartments and high standard cottages in Sjusjøen Skisenter/Natrudstilen. Walking distanse to the competitions. Different categories from full board to self-catering. Simpler standard with mattress on floor will be available on request. See www.sjusjoen.no for more info. For WMOC: Apartments/pension in Lillehammer. 20 km from competition center. Lillehammer is popular in winter season, so early booking is recommended. More info about booking in Bulletin 2. For O-treff open competition: The clubs must organize their own Accommodation. A lot of possibilities in the Nordseter/Sjusjøen-region.

Training possibilities

A pre-EOC/pre-JWOC-event with competitions and training will be organized in the same region 10–13 December 2010. More info in Bulletin 2.