

Suquamish News

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A monthly publication of the Suquamish Tribe



Inside...



Harvest Festival Foods pg. 8

VOLUME 12

OCTOBER 2012

No. 10

New Museum Showcases Suquamish Art

Contemporary artist pieces now on display

When the new Suquamish Museum opened its doors to the public in September, visitors were given a glimpse into the culture and traditions of the Puget Sound's first peoples.

Those who walk through the doors before February 2013 are also being given the rare opportunity to see how contemporary Suquamish artists incorporate these key components of life into works of today.

Located next to the main gallery, the Suquamish Art exhibit features works by Suquamish Tribal Members. A celebration of knowledge and talent, the exhibit displays work from more than 20 artists, including wood carvings, bentwood, wool regalia, cedar baskets, carved bone jewelry, wool weavings, two and three

dimensional fine art pieces.

"Many of the pieces are a mixture of traditional Salish elements, created in a very contemporary way," said

Suquamish Tribal Artist and Museum Intern Kate Ahvakana, whose watercolor and acrylic paintings are showcased in the exhibit along with works by other Suquamish artists. Those who have toured the exhibit have shared how amazed they are at the beauty of the pieces on display. "Visitors are choosing their favorite pieces, which tells me they are really spending time with the art," said Suquamish Museum Director Janet Smoak.

The Museum Board of Directors chose to showcase Suquamish artists for the opening of the exhibit. The decision, according to Smoak, was very deliberate. "The Board of Directors decided that, for the opening, we were going to showcase Suquamish artists. It was their gift to the community," added Smoak. Suquamish Art will be on display through February 2013, when it will rotate out of the exhibit hall. The hall is slated to feature three to four different



The Suquamish Art exhibit is on display through February 2013.

exhibits each year. History, Art and Science topics are all scheduled for future exhibits to help explore other aspects of the Suquamish story and how it relates to others around the world. For more information on the Suquamish Museum visit them online at www.suquamismuseum.org



Modern mediums, including this ceramic sculpture by Peg Deam are displayed alongside traditional art forms.

Tribe Seeks Board Applicants Nine executive board seats to be appointed in 2013

by Windy Anderson

The Suquamish Tribal Council is seeking applications from Tribal Members for positions on several executive boards that are up for appointment in 2013, including two seats on the Port Madison Enterprises Board of Directors held by Wayne George and Greg George. On average, PME Board Members spend 30 hours a month attending and preparing for board activities including board meetings. Meetings typically take place on the Suquamish reservation during regular business hours. Attendance to regional and national conferences and trainings may also be necessary for those appointed to these seats.

Other board positions up for appointment in 2013 include one Tribal Gaming Commission seat held by Roger Contraro, one Seafood Enterprise seat also held by Roger Contraro, one Housing Board seat held by Mary Alexander, two seats on the Higher Education Board held by Brenda Guerrero and Charles Deam Jr. and two Suquamish Museum Board seats. One of the Suquamish Museum Board seats is vacant. The other is currently held by Pat Baillargeon.

Each appointment is for a three year term, with stipends as allowed by charters and, or ordinance.

see Executive Boards page 2

Elders Honoring at Kiana Lodge Houses a Wealth of Knowledge

Annual event brings more than 3-hundred elders to Suquamish

Each year, the Suquamish Tribe invites Elders from neighboring tribes and beyond to a day of celebrations and recognition for the vital contributions elders make to their communities. This year's event was held at Kiana Lodge in September.

"There is a lot of knowledge in this room," said Suquamish Tribal Chairman Leonard Forsman during opening ceremonies. Forsman encouraged all Elders in attendance to record their stories and traditional ways, so that they may be shared with younger generations.

A total of 356 elders from 33 tribes were honored during the event. Elders from the Blackfoot, Pueblo, Apache, Lakota, Sioux, Poarch Creek and Chippewa Nations were among those who traveled the farthest to attend.

The honoring, coordinated by the Suquamish Tribe Human Services Department, is spearheaded by Elder Liaison Ivy Cheyney and a group of volunteers.

"Lots of Elders assist in putting together the event. We are in our fifteenth year," said Cheyney.

Attendees are welcomed with gifts, treated to a luncheon and a raffle that organizers say has grown considerably over the years.

"There are 137 raffle items for the



Suquamish Elders were joined by those from 32 other tribes during the 15th Elders Honoring.

event today," said Human Services Director Steve Weaver. Themed baskets for the raffle are a mainstay at the honoring and included everything from baked goods to movie nights this year. There were even baskets themed for home improvement and emergency preparedness. Suquamish Community Health Nurses, along with Intern Kah-Ty-Ah Lawrence, promoted healthy living for elders by creating dozens of

baskets with fresh fruits, vegetables and grains. Suquamish Tribal Government departments also created raffle baskets for the event, competing with one another for the best raffle basket title. This year, the award went to the Indian Child Welfare Department for their Disaster Preparedness basket. Proceeds from the raffle support elders various elder programs. This year, the raffle raised \$1,182 for services.

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Community Calendar

Yoga Classes

Oct. 1, 8, 15 & 29, 4:45-6:15pm

Every Monday at the Suquamish Tribe Education Department, located at 15838 Sandy Hook Road, Poulsbo WA, 98370. Classes are free for Suquamish Tribal Members, their families and Suquamish Tribal Government employees. Classes will be cancelled if attendance is less than 5 per week. For more information contact Kathy Kinsey (360) 394-8535 kkinsey@suquamish.nsn.us

Zumba Classes

Oct. 1-30, 5:30-6:30pm

Every Monday, Tuesday and Thursday each week in the Gym at the Suquamish Tribe Education Department, located at 15838 Sandy Hook Road, Poulsbo WA, 98370. Classes are free for Suquamish Tribal Members, their families and Suquamish Tribal Government employees. For more information contact Priscilla Preuit (360) 271-8708 zumbapricilla@gmail.com

Suquamish Warriors Meeting

Oct. 2, 5:30pm

The regular meeting for Suquamish Veterans occurs the first Tuesday of every month. All veterans and their guests are welcome at the Suquamish Warrior Veterans Center, 6353 Middle Street, Suquamish WA, 98392. For more information contact Chuck Wagner (360) 633-6236 or the Veterans Center Office at (360) 626-1080.

Suquamish Farmers Market

Oct. 3, 10 & 17, 3-6:30pm

The public is invited to help support local goods and producers in food and crafts. With seven miles distance to any full service grocery stores, this is a walkable way to pick up great food, flowers, handmade clothing, gifts, and art. Located at Suquamish Way NE, directly across the street from Suquamish Village. For more information visit Suquamish Farmers Market online at www.suquamishfarmersmarket.org

Lushootseed Language Classes

Oct. 4, 11, 18 & 25, 5:30-8pm

Suquamish Tribe and Community members of all ages are invited to learn the traditional language of the Suquamish People. Language classes meet every Thursday at the Suquamish Tribe Education Department, 15838 Sandy Hook Road, Poulsbo WA, 98370. Dinner will be served to all who attend class. For more information contact Stephanie Reite (360) 394-8644 sreite@suquamish.nsn.us

Suquamish Oral History Project

Oct. 5 & 19, 12pm

Suquamish Tribal Members are invited to the Elders Lunchroom at the Tribal Administration Offices to share family histories of living in and around Suquamish. Stories will be recorded for compilation and archiving. For more information contact Rich Demain at (360) 860-0960 or Lisa Rey Thomas at (206) 617-9332.

Community Honoring

Oct. 5 6-8:30pm

Celebrate a Year of Equality with a Community Honoring at the House of Awakened Culture, 7235 NE Parkway, Suquamish WA, 98392. Events include prizes; a youth essay contest and giveaway. Snacks and dinner will be provided- attendees are encouraged to bring side dishes for the meal. For details contact Heather Purser at (360) 204-9041 purserh@gmail.com

Tribal Council Meeting

Oct. 8 & 29

Suquamish Tribal Council meetings occur every other Monday throughout the in the Suquamish Tribal Council Chambers at 18490 Suquamish Way NE, Suquamish WA, 98392, are open to Suquamish Tribal Members and Employees of the Suquamish Government. Special reports and guest presentations are open to Tribal Members only. For more information on Tribal Council meetings, please contact Windy Anderson wanderson@suquamish.nsn.us

Kitsap Regional Library

Suquamish Book Mobile Visit

Oct. 8 & 22, 3-4:30pm

Kitsap Regional Library's Bookmobile serves the Suquamish community every other Monday in the parking lot at Suquamish Village. Browse the shelves of the Bookmobile or go online before the Bookmobile's visit to search the KRL catalog for a book, place it on hold and have it brought to the Suquamish Bookmobile stop. You can also return anything you've borrowed from any KRL branch library. Other Bookmobile offerings include: books for readers of all ages, audio books and DVDs and current magazines. If you have a question about your library account or wish to obtain a library card, you can talk to KRL staff when the Bookmobile is present.

Suquamish Cultural Co-Op Meeting

Oct. 10, 3-5pm

Tribal Members and Suquamish Government Employees are encouraged to attend in the Tribal Council Chambers, 18490 Suquamish Way NE, Suquamish WA, 98392. For more information contact Tina Jackson (360) 394-8455 tjackson@suquamish.nsn.us

Suquamish Community Health Fair

Oct. 11, 9am-1pm

Members of the Suquamish Tribe and Community are invited to attend at the House of Awakened Culture in Downtown Suquamish. The fair features free health screening, raffles, gifts and free flu shots for Tribal Members and Suquamish Government employees. For more information contact Kathy Kinsey at (360) 394-8535

Suquamish Gardens Work Day

Oct. 13, 10am-4pm

Suquamish Tribe and Community members are invited to assist in preparing the four Suquamish community gardens for fall season. Volunteers will meet at the Pathways to Healing Traditional Plant Garden, located behind the Suquamish Tribal Administrative Center at 10am. For more information contact Julia Bennett-Gladstone at (360) 394-8564 jgladstone@suquamish.nsn.us

Executive Boards continued...

Interested parties should submit letters of interest to Suquamish Tribal Council Executive Assistant Windy Anderson.

Letters will be accepted by mail at PO Box 498, Suquamish WA 98392, by fax at (360) 394-3686 or hand delivery to the Administration Front Desk at

Suquamish Village. Letters must be received by December 5, 2012 in order to be considered.

Tribal Members who signed up at the 2012 General Council meeting for these boards will automatically be submitted to Tribal Council for consideration.

Halloween Party

Suquamish Tribal Members & Families

**SUNDAY
OCTOBER 28**

5-8PM

Suquamish Tribe
Education Department Gym
15838 Sandy Hook RD
Poulsbo, WA

**GAMES
GOODY BAGS
PRIZES
DINNER**

For more information contact
Clae Williams
(360) 394-88413

Bring your carved Jack-o-Lantern to the party for a chance at some great prizes!



HOC Student Honoring

Oct. 16, 5:30pm

Suquamish Tribal and Community Members are invited to the Education Room at the Suquamish Museum where Healing of the Canoe program facilitators will be honoring students who have completed milestones within the program. For more information contact Robin Sigo (360) 394-8554.

GED Orientation

Oct. 17, 2pm

Tribal Members seeking to obtain their GED are encouraged to attend. GED Orientation meetings occur the third Wednesday of every month at the Suquamish Tribe Education Department, 15838 Sandy Hook Road, Poulsbo WA, 98370. For more information, contact Jennifer Oreiro at (360) 394-8460 joreiro@suquamish.nsn.us

Traditional Foods Cooking Class

Oct. 27 11am-4pm

Suquamish Tribe and Community members are invited to learn about traditional foods and cooking techniques. Food and drinks will be provided with a raffle to follow. Class will be held at the House of Awakened Culture, 7235 NE Parkway, Suquamish, WA 98392. For more information contact Julia Bennett-Gladstone at (360) 394-8564 jgladstone@suquamish.nsn.us

Community Halloween Party

Oct. 28, 5-8pm

Bring your costumed kids for a night of spooky fun in the Gym at the Tribal Education Department, located at 15838 Sandy Hook Road, Poulsbo WA, 98370. A haunted house, games, prizes, goody bags, dinner and a pumpkin carving contest are all part of the event. There will be no pumpkin carving on site- bring your finished pumpkin by 5pm in order to be judged. For more information contact Clae Williams at (360) 394-8413 kwilliams@suquamish.nsn.us

Elders Social Gathering

Oct. 28, 3pm

Suquamish Elders are invited for conversation and potluck dinner. The Elders Social usually occurs the last Sunday of every month at the Elders Lodge, 18660 Augusta Ave., Suquamish WA, 98392. For details on Elders events, contact Ivy Cheney (360) 394-8469.

Holiday Bazaar

Nov 3 & 4, 9am-4pm

Shop for the holidays at the House of Awakened Culture in Downtown Suquamish. The house will be filled with art, craft and food vendors for this annual 2-day event. Located at 7235 NE Parkway, Suquamish, WA 98392. For more information contact Renee Peleti (360) 394-8480 rpeleti@suquamish.nsn.us

Suquamish News

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- Our email address is aleigh@suquamish.nsn.us.
- Send letters to: Suquamish Newsletter Editor, PO Box 498, Suquamish, Washington 98392-0498
- Letters should include the writer's full name address and home telephone and may be edited for clarity and space.
- All photo submissions must be made in electronic JPG or PDF form, with a resolution of 300dpi or higher.

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Suquamish Tribal Council

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Luther Mills, Jr *Member*

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April Leigh, Layout/Design/Distribution
Leonard Forsman, Contributor

Editorial Policy

Publishers of the Suquamish Newsletter reserve the right to refuse the publication of letters to the editor and guest editorials. While the publishers of the Suquamish Newsletter encourage the submission of editorials and letters, they represent the opinion of the author and not necessarily that of the Suquamish Tribe. As such, we reserve the right to refuse to print any letter, for any reason.

Preserving Haleets: A Suquamish Treasure

Volunteers needed to help protect famous Suquamish figurehead rock

Haleets (x̄alilc), also known as Figurehead Rock, is an important Suquamish Tribe petroglyph on the beach at Agate Point, Bainbridge Island. The petroglyph, a design pecked into the surface of a large glacial boulder, has been described and speculated about for more than 120 years. Photographs of the petroglyph date back to the 1890s. Anthropologist Thomas T. Waterman obtained information about the petroglyph from Suquamish informants around 1920. He also photographed and made a rubbing of the petroglyph. Waterman noted the Lushootseed name x̄alilc referred to rock designs and that x̄al was the Lushootseed word for a basket design or handwriting. Ethnographer Warren Snyder interviewed Suquamish elders in 1952 who called the petroglyph x̄w'aləlos, meaning "marked face."

People have interpreted the age and meaning of the designs in a number of ways. Dan Leen, an archaeologist specializing in Northwest Coast petroglyphs, suggests the designs are more than 1,600 years old and include a face image with some kind of headgear, possibly representing a headband or hat of cedar bark; a star-like design representing a starfish, the sun, or possibly some abstract concept; and a face that may represent a woman wearing a labret or lip plug. Others suggest the petroglyphs represent a boundary marker or a guide for canoe travelers. Amateur astronomers have

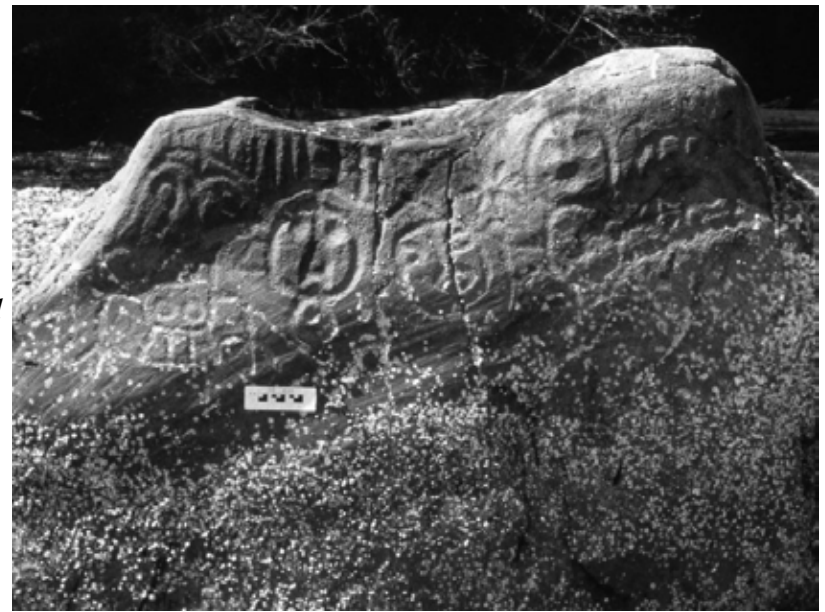
speculated the designs are calendric markers, demarcating the sunrise during the vernal equinox, or are associated with a lunar calendar.

Regardless of meaning, the designs are an important part of Suquamish patrimony and are gradually being destroyed by barnacles. Individuals have cleaned barnacles off the rock face over the years, and small pieces of the rock surface have been removed with each cleaning. Local residents note that there were few barnacles obscuring the designs prior to the 1960s, and that barnacle growth has increased dramatically over the past 50 years. Residents suggest that one or more Suquamish families once took care of the rock and kept barnacles off the designs.

I am asking Tribal members to contact me with information on the history of the designs and possible caretaking by Suquamish families. I am working with conservation specialists and the property owner to develop a program to carefully remove the barnacles and to apply a coating to protect the rock face and keep off marine growth, thus saving this important Suquamish treasure for future generations.

Dennis Lewarch is the Tribal Historic Preservation Officer for the Suquamish Tribe. He can be reached at (360) 394-8529 or by e-mail at dlewarch@suquamish.nsn.us.

The Dan Leen photograph of Figurehead Rock from the 1970s shows the designs on the rock clearly marked and free of debris from barnacles and other shore creatures.



The Dennis Lewarch photograph from today demonstrates the deterioration of the petroglyphs on the rock and the increasing amount of the design that is covered by barnacles.

October Sports & Recreation Calendar

| SUN | MON | TUE | WED | THU | FRI | SAT |
|---|--|--|--|--|---|---|
| | 1 Youth Girls Basketball practice 4-5:15pm | 2 Youth Boys Basketball practice 4-5:15pm  | 3 Youth Girls Basketball practice 4-5:15pm/Prevention group: Breast cancer awareness330p/Inter-Tribal BB HOME 6 & 7p | 4 Youth Boys Basketball practice 4-5:15pm | 5 Little Kids Group: Piggy Bank Activity 4pm | 6 Swimming at Bainbridge Is Pool 1p-3p |
| 7 Youth Flag Football at Nisqually Noon & 1pm | 8 Youth Girls Basketball practice 4-5:15pm | 9 Youth Boys Basketball practice 4-5:15pm | 10 Youth Girls Basketball practice 4-5:15pm Inter-Tribal Basketball AWAY at Skok 6 & 7pm | 11 Youth Boys Basketball practice 4-5:15pm | 12 Teen Late Night 7pm-12am | 13 Beginning Wool Weaving 2pm-5pm |
| 14 Youth Flag Football at Nisqually Noon & 1pm | 15 Youth Girls Basketball practice 4-5:15pm | 16 Youth Boys Basketball practice 4-5:15pm Education Grp 4:15p "The Truth about Bottled Water"  | 17 Youth Girls Basketball practice 4-5:15pm Inter-Tribal Basketball AWAY at Skok 6 & 7pm | 18 Youth Boys Basketball practice 4-5:15pm Cultural Grp: 4:15p "Museum Tour" | 19 Little Kids Group: Sparks Activity 4pm | 20 Pumpkin Patch Limit 20 (all ages) 10am-4pm |
| 21 Youth Flag Football at Nisqually Noon & 1pm | 22 Youth Girls Basketball practice 4-5:15pm | 23 Youth Boys Basketball practice 4-5:15pm  | 24 Youth Girls Basketball practice 4-5:15pm Inter-Tribal Basketball AWAY Chehalis 6 & 7pm | 25 Boys BB 4-5pm | 26 Teen Group: Haunted House Visit | 27 Beginning Weaving (all ages) 2:00pm-5:00pm / Suq. Championship Wrestling @ gym 7pm (free) |
| 28 Youth Flag Football at Nisqually Noon & 1pm | 29 Youth Girls Basketball practice 4-5:15pm | 30 Youth Boys Basketball practice 4-5:15pm  | 31 Trick or Treating | For more details, contact any staff member: Barb Santos, Director 360-394-7107 Trisha Price, Manager 360-394-8573 Craig Miller, Asst. Manager 360-394-8574 Chris Sullivan, Youth Worker 360-394-8575 Denita Santos, Youth Worker 360-394-8618 Magdalena Turrieta, Youth Worker 360-394-8634 | | |

Education

Suquamish Babies Born in 2012

Mothers begin photo project to record annual Suquamish births

by Heather Zaiss

The Suquamish Tribal Community has been blessed with many new babies born this year. During softball season, at every game on the Suquamish field, I would look around and see new babies or pregnant bellies, including mine. As far as I know, there have been 11 Suquamish Tribal babies in our community born between March 2, 2012 and August 15, 2012. I thought it would be an excellent idea to get all the new babies together and take a picture of them and submit that into the archives at the Museum, as well as share with the community. Thanks to the wonders of the internet I was able to coordinate all the mothers to meet on September 17, in front of the Suquamish House of Awakened Culture. It was quite enjoyable trying to get all those adorable, some still very tiny, little



From left, Elijah Ancheta 3/2/12, Devany Dutton 3/10/12, Charlotte Ives 5/25/12, Zachariah Mabe 5/17/12, Kayo Zaiss 6/8/12, Vanessa Beckwith 6/8/12, Jace Joe 6/14/12, Akira McNew 6/22/12, Baylee Mills 7/26/12, Amaya Lawrence 7/30/12 and Corynn Witcher 8/15/12.



Mothers with babies from left, Karen Milmine and Jace, Marisol McNew and Akira, Mickayla Beckwith and Vanessa, Barb Santos and Charlotte, Heather Zaiss and Kayo, Albie Lawrence and Amaya, Stacy Mills and Baylee, Lorna Ancheta and Elijah, Brittany Bakken and Devany, Tara Anderson and Corynn.

babies to all lay very close together on one blanket, without crying!

At the end we decided it would be great to do another photo at this year's Tribal Community Christmas party. I believe there are two more babies due to arrive in October. We would love everyone that was present in this photo, any others born in 2012 who I was unaware of, as

well as the new babies born between now and then to please plan on attending the 2012 Suquamish Tribal Community Christmas party. I am planning on capturing another picture at that time. I will be sure to come prepared with a large enough blanket, pillows to prop those babies unable to sit on their own yet and a camera! I can't wait to see everyone at the party in December!

A big Thank you to all the families that participated and Barb Santos for her photography expertise as well.

For more information on the 2012 Suquamish Babies Photo Project, contact Heather Zaiss at (360) 990-2158 or by e-mail hzaiss@suquamish.nsn.us

Early Learning Center Begins A New School Year

Head Start and Tribal Pre-school programs open their doors to 95 students

by Lisa Horn & Karen Denton

A few tears and a lot of smiles opened the 2012-2013 school year at the Early Learning Center. On the first day, the Sacred Water Cahoe Family helped welcome new students with songs and encouraging words, enjoyed by all stu-



dents and staff.

The Early Learning Center is a place for growing, learning, understanding, curiosity, discovery and fun—all in a safe and loving environment. At the heart of The Marion Forsman-Boushie Early Learning Center program is a desire to offer an environment where the whole child can grow emotionally, socially, physically, intellectually and culturally. Our vision is to promote a stimulating, safe, and healthy environment that encourages learning through creative play. Our caring staff value and recognize the vital partnership shared with our families. Parent and community participation reflects the cultural strengths, diversity and support for a successful program.

Because young children are active learners, our classrooms are set up to provide ideal time and space conducive for children to make choices, explore with their whole bodies and learn through play. Students of the ELC are also learning about patience, kindness, and friendship. The infant, toddler and pre-school years

hold great possibilities for learning. Each day offers something new and surprising. We always love to have community volunteers come and join us to read, play or just be an extra pair of hands.

The ELC school calendar and classroom information is available on the Suquamish Tribal website at www.suquamish.org

Interested in volunteering at the Early Learning Center? Contact Kari Denton at (360) 394-8676 or by e-mail at kdenton@suquamish.nsn.us

Photo left: Early Learning Center students enjoy the playground on their first day back to school.

Photo Upper Right: Sarah George with her daughter Lilly Pondelick and friend Aalyah Roberts.

Photo Lower Right: Joey Holmes brings Joseph Jr to classes for the first time at the Early Learning Center.



HOMWORK CLUB



For Suquamish Tribal Student Who Attend Kingston or Poulsbo Middle Schools

Contact Megan Feeney for more information at (360) 394-8617 or mfeeney@suquamish.nsn.us



**Winter Quarter 2013
&
Spring Semester 2013
Due Date November 14, 2012**

Suquamish Higher Education

If you are interested in attending a college or university during **Winter Quarter 2013**

or

Spring Semester 2013

please submit an application for funding by:

November 14, 2012

Applications & due dates are available @ www.suquamish.org

Applications postmarked or received after the due date will not be considered.



Jennifer Oreiro
Higher Education Manager
PO Box 498
Suquamish, WA 98392
Phone: 360.394.8460
joreiro@suquamish.nsn.us

Suquamish Lushootseed Classes In Full Swing

Weekly evening classes available to Suquamish Tribe and Community Members

On Thursday nights, the halls of the Tribal Education Department are filled with the sounds of Lushootseed letters, words and phrases. The Sandy Hook Road Tribal Education Department building that houses the new Chief Kitsap Academy and several other Suquamish learning programs is also home to a new weekly class for all interested in learning the traditional Suquamish language.

“We’ve only had one class so far, but our turnout was pretty good. Thirty people showed up,” said Language Coordinator Stephanie Reite.

Reite, along with five other instructors, start each night by breaking into classes according to age. Each class works on learning the letters in the Lushootseed alphabet and their corresponding sounds in different ways.

“When the students demonstrate

proficiency in the sounds and letters, then we’ll start moving on to words and phrases,” said Reite.

Instructors emphasize that the classes are for all ages and that all levels of Lushootseed speakers are welcome, from beginners to more proficient students. Traditional techniques are used in the classes including flash cards, audio recordings and group activities. Reite, along with instructors Lena Maloney, Randi Purser, Christy Roberts and Jillian George also hope to use new technologies to teach classes in the future.

The Puyallup Tribe recently created two iTunes applications designed to teach Twulshootseed, the official Puyallup dialect of Southern Lushootseed. Reite says the applications, available on iPods, iPads and iPhones, have potential to teach the fundamentals of Lushootseed to Suquamish students.

“We used the iTunes Twulshootseed Alphabet application in the High School classes for Lushootseed. It worked very well,” added Reite.

Classes last for two hours and thirty minutes each Thursday, begin at 5:30pm and include dinner for all attendees. For more information on language classes and programs, contact Language Coordinator Stephanie Reite at (360) 394-8644 or by e-mail at sreite@suquamish.nsn.us

A New Way to Learn >>>

Mobile applications, like the one created by the Puyallup Tribe shown here, include the Lushootseed alphabet on screen.

Students who download the iTunes application to can press any one of the letters to hear the corresponding sounds in Lushootseed.

Education



Healing of the Canoe News

Facilitators review successes and prepare for Phase III of the program

by Robin Sigo

Autumn is such a nice time of year. The cool nights and shorter days provide an opportunity to move closer to those we cherish and we have time to think of all that we have accomplished and what we are still looking forward to finishing this year.

Our Healing of the Canoe Team has been thinking of our accomplishments recently as we work diligently with our research partners, the University of Washington and Port Gamble S’Klallam Tribe, preparing to apply for Phase III of our research grant. We have sorted through forms, data, event records, curriculum sheets and all the paperwork necessary to do the work we do; it’s not bad work but it can be tedious. The work allows us to discover more insights into our community and research work.

Some of our accomplishments include;

Proving statistically that our curriculum works! We have been told many times by Tribal Members that they have seen changes in the youth who have taken our classes and that was all the proof we needed to know the *Holding Up Our Youth* curriculum is effective. But, to apply for our Phase 3 grant to the National Institute of Health we had to show, through the data we collected, that it made a statistically significant difference. After some in-depth data analysis by our partners at the Alcohol and Drug Abuse Institute at the University of Washington, we are able to report that after completing our classes our students had:

- Higher levels of participation in cultural practices

- Increased levels of hopefulness and efficacy (the belief in one’s capabilities to achieve a goal or an outcome)
- Increase knowledge of the negative consequences of substance abuse
- Reduction in substance use

We document every meeting that we hold and attend.

We are developing a curriculum that can be adapted for daily use in schools, intensive workshops and/or afterschool programs; and can be adapted to meet the personalized needs of a specific community.

Community work is the best part of our jobs. Community meetings, Youth Workshops, working at community events, helping to make digital stories

and tribal member interviews are just a few of the fun features of our research work. Here are a few high points:

- Monthly workshops with tribal youth in Port Townsend from January – June 2012.
- Volunteering at the Suquamish Canoe Hosting to make late night snacks with our UW partners, Lisa Rey Thomas and Dennis Donovan – 724 tuna sandwiches!
- Helping youth discover hidden talents by teaching them to make personal digital stories, cedar thimble baskets, drums, necklaces and weaving projects.
- Hosting an HOC orientation for the Chief Kitsap Academy teachers.

GED Orientation KACE

Kitsap Adult Center for Education

Wednesday

October 17, 2012



Where: Tribal Education Department, Sandy Hook RD

Time: 2:00pm

GED Orientation

Third Wednesday of the Month

Classes are held Mondays & Wednesdays

3:00pm ~ 5:00pm, 15838 Sandy Hook Rd, Poulsbo WA

Questions ~ Please contact Jennifer Oreiro

@ 360.394.8460 or joreiro@suquamish.nsn.us

Weaving 101

October 13th 2012

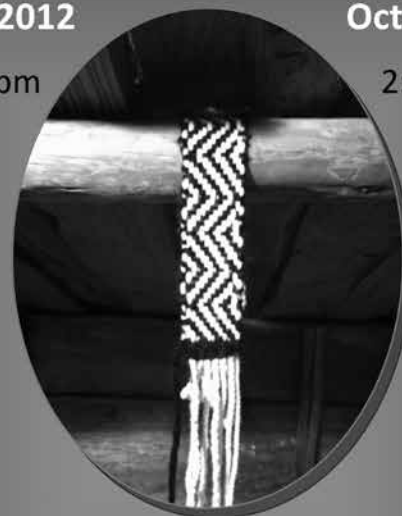
2:00pm-5:00pm

All Ages

October 27th 2012

2:00pm-5:00pm

All Ages



Wool Headbands

Instructor: Denita Santos

Please call to reserve your loom!

(360) 394-8618

Chairman's Report

by Leonard Forsman

Tribal Council-Seafood Board Joint Meeting

The Tribal Council met with the Seafood Board to discuss the current status of the enterprise and plans for the future. The enterprise is still seeking a new General Manager and working well with acting GM George Hill. The Board continues to plan for diversification of their product line and is working hard on diver and tender safety.

Public Meeting

Constitution Revisions

Tribal Council held a public meeting on proposed constitutional changes. The Bureau of Indian Affairs joined legal staff in presenting the proposed changes and the election process required to amend the constitution.

Carpenter Creek Dedication

Kitsap County Commissioners held a ribbon cutting for the new Carpenter Creek Bridge in Kingston next to Arness Park, the area commonly referred to as the slough. State legislators and community members attended the event, which has greatly improved salmon habitat on this important creek. Stillwaters, a local environmental group, was instrumental in the success of the project.

Museum Opening Ceremonies

The Museum Board and staff held two opening ceremonies for the new Suquamish Museum facility. The first ceremony was for tribal members and was very exciting and fun. Thanks to all of the elders and families that attended the event- and to Town & Country Markets for catering the event free of charge. The second opening ceremony was for the public including our donors, local governments and state representatives. Thanks to everyone that honored us with their presence including Kitsap County, the State Legislature, the City of Bremerton, the City of Poulsbo and



Suquamish Tribal Chairman Leonard Forsman with Suquamish Museum General Contractors Dan Ryan and Tim Ryan of Tim Ryan Construction during the VIP Opening Ceremonies at Suquamish Museum on Sept. 14.

the City of Bainbridge Island. Thanks to Mayor Lent, Mayor Lester and Mayor Erickson for the gifts. The quilt donated by the City of Poulsbo depicts our shared history and will be on display soon. Thank you to Sacred Water for the songs. Thanks to Mary Ann Youngblood, Robin Sigo, Marilyn Wandrey, Nigel Lawrence and Pat Baillargeon for their help in planning both events. Congratulations to museum staffers Janet Smoak, Lydia Sigo, Joey Holmes, Katie Ahvakana, Stephanie Alexander, Virginia Adams, and Amie Gallagher for a great exhibit and Museum Store. Thanks to Scott Crowell and DCD staff for overseeing the project and all the great capital projects over the years- for this completes our capital campaign. And thank you to Tribal Council and General Council for your support of these projects over the years. We have laid down a legacy for the future.

National Park Service Traditional Cultural Property Consultation

The NPS held a consultation with Tribes

at the Clearwater Casino resort on strengthening TCP regulations to help protect sacred sites. Many Tribes from across the US were present to discuss this important and often controversial issue.

National Association of Tribal Historic Preservation Officers

The Suquamish Tribe hosted the annual NATHPO meeting in Suquamish. Preservation officers help protect archaeological sites on their respective homelands for Tribes with support from the National Park Service. Presentations on trends in the industry and government efforts to support their mission were given. Thanks to Marilyn Jones and Dennis Lewarch for all their work on this great conference.

Department of Natural Resources Tribal Leaders Summit

The annual DNR-Tribal Leaders summit was held at the House of Awakened Culture this year. Commissioner of Public Lands Peter Goldmark hosted the event along with the Suquamish Tribe. Tribal

leaders and agency staff discussed issues regarding geoduck harvests and access to forest lands for hunting and gathering. A tremendous traditional meal featuring native foods was served at Kiana Lodge during the summit. Thanks to Jay Mills and Julia Bennett-Gladstone for their work on the meal. Thanks to Nigel Lawrence and Rob Purser for skippering the canoes that carried our guests from Suquamish to Kiana Lodge, and thanks to Michelle Hansen for her logistical help. Also, a big thanks goes to DNR for their tremendous efforts at making this event a success.

Puget Sound Partnership Meeting

Tony Wright, Puget Sound Partnership Executive Director traveled to the Suquamish Tribal Offices to outline his vision for the future of Puget Sound Restoration. Mr. Wright emphasized his focus on completing tangible clean-up projects rather than more studies. As a former US Army Corps of Engineers Commander and combat veteran, Mr. Wright brings valuable skills to the organization.

Democratic National Convention

Suquamish Tribal Chairman's Notes On Being A Washington State Delegate

As a Washington State Delegate to the 2012 Democratic National Convention in Charlotte, North Carolina, I was able to experience the political process firsthand. President Obama has demonstrated a historic commitment to Indian Tribes in his first term and the Suquamish Tribe is committed to honoring his work by supporting him for a second term as President.

Washington was fortunate to have a strong representation of Indian delegates and we remained close through the week. This was my first convention, so they helped me understand all the ins and outs of credentials, getting event tickets and attending the caucuses.

Pledged delegates work hard within the party to get elected to their seats. As a result, the convention creates an opportunity for delegates to celebrate years of hard work within their party, as well as formal nomination of the presidential candidate. The first party was hosted by the DNC and was a four-state party on Sunday night with Washington, Arizona, Colorado and Oregon held at the Levine Museum with a band and lots of good food; especially the grits. They were the best I've ever had.

Labor Day started out with our delegation breakfast, where we had speakers, picked up our credentials and received our directions for the day.

Then we headed out for the Native American Caucus, taking the very crowded light rail from the delegation hotel to the convention center. Lona Wilbur of Swinomish, who is member of the Democratic National Committee, co-chaired the meeting and introduced Debbie Wasserman-Schultz, Chairman of the DNC and Congresswoman from Florida, who spoke to the caucus, one of the largest of the whole convention.

The rest of the day was devoted to Carolinafest, which was a public outdoor celebration in Downtown Charlotte; the locals there call it Uptown. The event featured entertainment, lots of food and information booths- all part of the DNC efforts to make the celebration more open. James Taylor and Jeff Bridges were the headliner entertainment. I went to the James Taylor concert and got completely soaked by torrential rain that eventually shortened the concert. This was followed by a Washington State Delegation dinner at Macs Speed Shop, a famous barbecue restaurant. We then went to a get out the vote event hosted by the Asian and Pacific Islander Alliance at the Epicenter.

Tuesday began with an early delegation breakfast, featuring Senator Patty Murray followed by a campaign strategy meeting with Jim Messina, the Campaign Manager for Obama



View of the podium for Washington State Delegates at the Democratic National Convention.

for America. We heard a lot about the undecided voters and the battleground states. The next event was hosted by Planned Parenthood outside of the NASCAR Museum. Then it was on to the Time Warner Center, where the Charlotte Bobcats play basketball, for the first night of the convention which featured Michelle Obama and her moving speech.

Wednesday also began with an early morning delegation breakfast featuring Congressman Rick Larsen of Washington State followed by the second Native American Caucus of the week. We had lots of speakers including; Jill Biden, wife of Vice President Joe Biden, Senator Amy Klobuchar (D) Minnesota, Congresswoman Gwen Moore (D)

.. see Convention page 7

Suquamish Police Welcome New Officers

by Chief Mike Lasnier

The Suquamish Police Department responded to 422 calls for service in August. By comparison, Bainbridge Island responded to 358, Port Orchard responded to 602, Poulsbo 314 and Port Gamble 89. There is an increase in total activity of 28.4 percent over this time last year. However, much of the increase is due to improved first-level supervision and being closer to full staffing levels, including a new Fisheries Patrol Officer and Detective. This increase is not a result of more crimes or criminal activity in the community.

Our Crime Prevention Unit has also been very active this summer, supporting Canoe Journey festivities and Chief Seattle Days. Prevention Unit officers also helped seven Elders sign up for "Operation I.D." In addition to providing the elders with basic crime prevention information, Officer White assisted these elders by completing an audit of all of their valuables, ensuring that serial numbers were recorded and that photos of all of their valuables were taken, including Tribal heirlooms and artwork. If any of those Elders fall

Richard Christopher Suquamish Police Detective

Experience: 13 years as a Reserve and Full-time Officer for Bainbridge Island Police Department.

Hobbies: Equestrian- I have horses! Coaching High School Cross Country.

Music: Anything!

Fun Fact: Participated in an online competition to see who could get 50,000 Kettle bell snatches first and I won! It took about seven months.



victim to theft or burglary, police will be able to instantly enter the serial numbers and photos into databases, making it harder for thieves to profit by preying on our elders. Officer White is available to assist with crime prevention efforts Tribal and Community Members. He can be reached at (360) 394-8624.

Justin Bedford Suquamish Police Officer

Experience: 3.5 years at the Washington State Department of Fish and Wildlife as well as 9 months at the Soap Lake Police Department.

Hobbies: Fishing; Snowboarding, any outdoor activity!

Sports Team: Oregon Ducks

Music: No favorite type, likes all kinds of music

Fun Fact: Met and shook hands with Mike Tyson in Las Vegas, he was eating lunch in our hotel!



Government

Tribal Council Overview

August 13 & 27 Meetings

WA State Referendum 74

A motion to endorse Referendum 74, which if passed, will approve a February 2012 bill legalizing same-sex marriage in Washington State.

VOTE: Approved 5-0-0

Budget Modifications

CY 2012-079, 080, 082, 084, 085 and 088

Finance Director Steve Garwood presented the following for approval; Budget Modification 2012-079 which if approved would carry over and appropriate the 2011 I.H.S. Diabetes Grant balance of \$9,241 to the 2012 Human Services budget for the same use. Budget Modification 2012-080 which if approved would appropriate \$199,914 of Department of Interior Assessment and Preparations for Impacts of Ocean Acidification and Hypoxia on Dungeness Crab grant funds. Mr. Garwood added that the \$41,092 match requirement will be satisfied with existing budgeted expenditures in 100.310 General Fund – Shellfish. Budget Modification 2012-082 which if approved would appropriate PME's donation of \$5,000 to the museum opening budget. Budget Modification 2012-084 which if approved would increase Suquamish Seafoods Enterprise's (SSE) geoduck diver and tender contract budget by \$40,000 necessitated by an increase in geoduck sales revenue. This proposed budget modification if approved would also increase SSE's depreciation expense budget by \$53,000. Budget Modification 2012-085 which if approved would appropriate an additional \$3,241 of Self Governance Indirect funds. Budget Modification 2012-088 which if approved would transfer \$30,000 from the 2012 ELC Administration budget membership services program, \$14,000 previously budgeted for improving air circulation in the IT department, \$28,000 from the Police Department Marine Division salary and wages budget and \$6,800 previously budgeted for tree removal along Suquamish Way to the Legal Department budget to fund costs and expenses related to processing additional fee to trust applications.

VOTE: Approved 4-0-0

2013 LIHEAP Continuing RES #2012-095

A resolution authorizing the submission

of an application to the Administration on Children and Families to renew the Low Income Home Energy Assistance Program (LIHEAP) grant for 2013. This grant provides heating, weatherization and crisis assistance to Tribal Members.

VOTE: Approved 4-0-0

Automatic Enrollment of P Smith

RES #2012-093
A resolution acknowledging the automatic enrollment of P. Smith as a Suquamish Tribal Member.

VOTE: Approved 4-0-0

Automatic Enrollment of A Saldivar

RES #2012-094
A resolution acknowledging the automatic enrollment of A Saldivar as a Suquamish Tribal Member.

VOTE: Approved 4-0-0

Washington State Tourism Alliance

A motion to approve payment of the 2012-2013 dues for the Washington State Tourism Alliance.

VOTE: Approved 4-0-0

DNR Summit Sponsorship

A motion to approve a \$8,000 donation, using \$4,000 from Appendix X Tribal funds and \$4,000 from Tribal Council budget to sponsor the DNR Tribal Summit, held in Suquamish on September 13, 2012.

VOTE: Approved 5-0-0

Political Contributions

A motion to approve the following proposed political contribution requests: Linda Ring-Erickson 35th Legislative District, \$500; Kathy Haigh 35th Legislative District, \$500; 23rd Legislative District Local Government Effort Support, \$1,000; David Sawyer 29th Legislative District, \$500; Jay Inslee Washington State Governor Campaign, \$1,800; Kathleen Drew Secretary of State, \$1,000; Suzan Del Bene Congressional 1st District, \$1,000; Denny Heck Congressional 10th District, \$1,000; Derek Kilmer Congressional 6th District, \$2,500; Jon Tester Senator (Montana), \$1,000; DCC/DSCC Donation, \$5,000.

VOTE: Approved 4-1-0

Chief Seattle Days Golf Tournament Sponsorship

A motion to sponsor a foursome golf team for \$400 in the Chief Seattle Days Golf Tournament.

VOTE: Approved 5-0-0

Diabetes Grant

RES#2012-098

A resolution if approved would authorize the Tribe to submit a grant application requesting renewal of the 2012 Diabetes Grant to the Indian Health Service.

VOTE: Approved 4-0-0

Forest Inventory Contract

A motion allowing the Tribe to enter into a grant-funded contract with Atterbury Consultants to take inventory of the Tribe's forest land using GIS Technology.

VOTE: Approved 4-0-0

Suquamish Shores Lease Transfer

A motion to approve the sublease transfer of Suquamish Shores Lot 37 with the understanding that the sublease ends in 2018 and will not be renewed.

VOTE: Approved 4-0-0

Washington State University Contract

A motion allowing the Tribe to enter into a contract with Washington State University for 1 ten-hour non-income nursing internship.

VOTE: Approved 4-0-0

Sadis Filmworks Contract

RES #2012-096

A resolution authorizing the Tribe to enter into a guaranteed lump sum

contract with Sadis Filmworks Inc., in the amount of \$15,000 to produce, edit and install the audio/visual content for the permanent gallery of the Suquamish Museum.

VOTE: Approved 4-0-0

Mountaineers Foundation Land

Acquisition Agreement

RES# 2012-097

A resolution authorizing the contracted purchase of the 69.7 acre Ueland Tree property, which adjoins the Mountaineers Foundation's 316 acre Rhododendron Preserve using up to \$255,405 of the Tribe USEPA FY2011 Puget Sound Partnership Implementation Grant.

VOTE: Approved 4-0-0

NCAI Membership

A motion to approve \$15,000 to renew membership in the National Congress of American Indians.

VOTE: Approved 4-0-0

Tim Young Donation

A motion to approve a \$500 donation to the Tim Young fund.

VOTE: Approved 4-0-0

Heather Purser Donation

A motion to approve a \$500 Appendix X Fund grant to assist in travel costs for Tribal Member Heather Purser to attend an event at the White House.

VOTE: Approved 4-0-0

Convention continued...

Wisconsin who is a strong advocate for reauthorizing the Violence Against Women Act with the pro-tribal provisions, Congressman Ben Ray Lujan (D) New Mexico who has ten Tribes in his district and spoke of the cuts Congressman Ryan proposed to the IHS-BIA and his strong support of Sacred Sites protection; Senator Dan Inouye (D) Hawaii, a longtime Indian supporter and Secretary of the Interior Ken Salazar. After the caucus there was an event for the Senate campaign that Patty Murray attended.

The second night of the convention featured Bill Clinton, who gave a powerful speech in support of Barack Obama. A few of us stayed after the convention for an event featuring an appearance by former President Clinton.

On Thursday, though I was starting to tire, I made it to our last early morning breakfast event featuring Michelle Obama. The breakfast fired everyone up for Barack Obama's speech at the convention that evening. I got to sit on the main floor with the Washington delegation on the final night of the convention, which was right next to the stage.

The entertainment included James Taylor, Mary J. Blige and the Foo Fighters. Vice President Joe Biden introduced the President, who gave a passionate speech. I would like to thank the Suquamish Tribe for supporting me on the trip and for all the interest in the convention. Thanks also to David Bean of the Puyallup Tribe, Keith Harper, the Washington State Democratic Party and Rion Ramirez.

Community Events

Harvest Festival

Photos by Barbara Hoffman

Contest Winners

Smoke Salmon

- 1st Tino Peletí
- 2nd Vicki Doyle

Berry Jam

- 1st Linda Goodall
- 2nd Kaylee Hawkins

BERRY BAKED GOODS

- 1st Vicki Doyle
- 2nd Gilda Corpuz
- 3rd Vicki Smith

BEST SCARECROW

- 1st Marie Sanders
- 2nd Youth Council
- 3rd Azure Boure
- Honorable Mention,
ELC Eagles Class

Plant Identification

- Tie for First
Barbara Hoffman
Sandy Walker



Suquamish Summer Youth Garden Interns assist in hosting the Harvest Festival each year. Vicki Doyle announced the honoring with cedar basket gifts for Interns Jocelyn Jones, Kassia Smith and Bryce Bradwell with Program Coordinator Julia Bennet-Gladston.



Sequoia Chargualaf and Hailey Crow race for the finish line in the gunny-sack races. There were also wheel barrel and 3-leg races for kids.



Ethno-Botanist Heidi Bohan, who works for the Snoqualmie Tribe, demonstrates the different types of twine, line and cords that can be produced from plant fibers.



Azure Boure whips up Indian Ice Cream, made from Soapberries, sugar and water with Intern Kassia Smith.



David Mills, Jay Mills, Tom Cordero and Brian Gladstone prepared traditional salmon sticks for dinner during the festival.



Top: Randi Purser carving a bentwood box. Shown here demonstrating "Kurfing", a carving technique that creates the notches in the box corners.

Left: Duane Pasco bends the steaming bentwood box into shape. The entire process, from carving to steaming, was undertaken during the festival. After completion, the box was used to steam potatoes for the traditional foods meal served to attendees at the end of the day.

Thank You

We hold our hands up in thanks to everyone that worked so hard to make the 2nd Harvest Festival so much fun!

Bryce Bradwell, Jocelyn Jones, Kassia Smith, everyone else that lent a hand when needed and to everyone that attended!

- Julia Bennet Gladstone

Seattle Art Museum

by Magdalena Turrieta



On September 8, Youth Services brought some younger youth to the Seattle Art Museum. They enjoyed learning about all the various types of art displayed by the many cultural groups and especially liked the cards hanging from the ceiling and the large mouse and coat made of military dog tags.

Inter-Tribal Basketball Kicks Off

by Craig Miller

On Sunday, September 9, we kicked off the beginning of our basketball season by hosting the South Sound Inter-Tribal Basketball Jamboree.

Teams from Nisqually and Skokomish Tribes traveled with their High and Junior High teams to play Suquamish. The day was a success for both of our Suquamish teams. Both moved the ball well up and down the court, playing competitive and with excellent teamwork. With good offense and defense, both Suquamish teams wone their games for the day. The Inter-Tribal league games are played every Wednesday.

We began league games with a win over Chehalis in both the High and Junior High games. Both teams played pretty well after the long ride to Chehalis.

Flag Football

by Magdalena Turrieta & Chris Sullivan



The Youth Services Department is participating in flag football through the Inter-Tribal Sports League. We began with a jamboree on Sunday, September 16, at Wah He Lut School in Nisqually. Eight Suquamish youth showed up to play for the Junior High and Elementary games. The Junior High team played very well and won their game. The younger kids played well too, but came up short- losing by just one touchdown. Youth who participated in the flag football jamboree include Popeh Chiquiti, Jerald Delafuente, Shawn Jones, Alijah Sipai, Kynoa Sipai, Bobby Ray Pondelick, Topher Old Coyote, Noelani Old Coyote and Josh Bagley. Flag football games are scheduled to be played on Sundays in Nisqually through October.

Two Suquamish Men's Teams are playing in the Bremerton's Parks & Rec Fall Basketball League. Also, Suquamish Mens & Womens Basketball Leagues Sundays at the Tribal Gym. Game times to be announced.

A Day at Olympic Game Farm

by Magdalena Turrieta



On August 22, twelve Tribal Youth spent a day visiting the Olympic Game Farm in Sequim, WA. It was an exciting day! Everyone enjoyed feeding the Yaks, Zebras, Deer, Peacocks and Bears. Their favorite was feeding the Elk and Buffalo. The most memorable moment occured when the Buffalo gave chase, wanting more bread and trying to put their big heads in the car windows. A great time was had by all.

Fall League JR High Basketball

by Craig Miller



Suquamish Youth Center is playing in the Poulsbo Parks and Recreation Fall Basketball League. Games are played on Sunday afternoon throughout the months of October and November at Poulsbo Middle School. A schedule will be posted on the Poulsbo Parks & Recreation website. Come and root for our kids on Sundays!

Suquamish Youth Council Basketball Tournament

All Indian +1

| | |
|-----------------------------------|-------------------------------|
| Limit 6 Teams: High School | Limit 6 Teams: JR High |
| Co-ED | Co-ED |
| Double Elimination | Double Elimination |
| Winner Take ALL Championship | Winner Take ALL Championship |

All Tournament Rules: (1) Girl on court at all times, NO CO-ED RULES, High School Rules

AWARDS: **November 3rd-4th 2012**

1st Place: Jackets **ENTRY FEE: \$125**

2nd Place: Hooded Sweatshirts **Must be paid (1) week prior to**

3rd Place: Crewneck Sweatshirts **Tournament. Non Refundable**

(1st and 2nd place MVP/All-Stars)

All-Stars (1st-3rd place) Award Prizes limited to 10 player rosters

Contact Denita Santos: (360) 394-8618 or Magdalena Turrieta: (360) 394-8634

Location: 18538 Sandy Hook Rd, Poulsbo Wa. 98370

Late Season Cedar Gathering

Three generations of one Suquamish family turn out for the harvest

by Tiffany Royal

With a small ax and carving knife, Port Gamble elder and master carver Gene Jones Sr. deftly removes a 1-foot by 3-foot section of bark from a felled cedar log. He shaves off a small section of the rough bark, revealing a smooth tan inner layer. About an hour later, after more scoring, cutting and carving, he has a bucket for bailing water out of canoes.



Shoshyne Jones, 6, helps take the bark off a cedar log.

Ancestors of Western Washington tribes relied on cedar bark as a resource for making items for everyday use. Today, tribal members continue harvesting and teaching the handicraft to the next generation by making traditional items such as baskets, hats, regalia and tools. “Typically you harvest when the dogwoods bloom in May and June - when it’s hot but not too hot,” said Marilyn Jones, the Suquamish Tribe Traditional Heritage Specialist. “It’s when the pitch is good so the outer bark comes off easily, exposing the inner bark, which is used for weaving.”

After harvest, the cedar strips are laid out to dry for a year before being made into baskets and hats or used in regalia.

Suquamish Tribe Forestry Manager David Mills coordinates the cedar harvestings. Cedar gathering is important to all tribal members, no matter what tribe they are from, he said.

“It provides an opportunity for tribal members to gather materials for traditional means that can be hard to come by otherwise,” he said. “We only get a few times a year to harvest. Any time I have a chance to help the Elders or Tribal Members help gather traditional items, I like to help them out.”

Tribal elder Earlene Abler brought her son, his partner and their kids to the most recent cedar gathering outing near Indianola. The three generations were all new to the harvesting process.

“I want to expose my kids to this part of our culture,” said James Abler. “This is my first experience gathering cedar and I want them to be more involved than I was at their age.”



Suquamish Tribal Member Earlene Abler scrapes the rough side off a piece of cedar bark. Weavers use the inner bark for their projects, after letting it dry for a year.

Earlene Abler’s grandmother was a basket weaver and tried to teach her grandchildren how to weave. “I was too busy playing when I was a little girl,” Earlene said. “But my younger sister started weaving and she got me

started about four years ago but this is my second time out harvesting. I think my grandmother would be proud of me today.”

Tiffany Royal is the Information Officer for Northwest Indian Fisheries Commission.

Suquamish Hosts National Tribal Historic Preservation Officers Annual Event

September conference brought together 140 people from 44 tribes across the nation

by Marilyn Jones

September is gone and we have to say it went fast, with so many events and meetings I can hardly catch my breath. The Suquamish Tribe and the Archaeology and Historic Preservation Program, Fisheries Department, hosted the National Association of Tribal Historic Preservation Officers (NATHPO) 14th Annual Meeting, with 140 guests from across the United States.

Many people were making their first visit to the Pacific Northwest. Sessions were at the Suquamish Clearwater Casino Resort in the Chief Kitsap Room on Monday, September 10, and in the House of Awakened Culture on Tuesday and Wednesday, September 11 and 12.

Chairman Leonard Forsman welcomed our guests, participated in a National Park Service panel on Tribal consultation and traditional cultural landscapes, and helped out the Suquamish Song and Dance group Wednesday evening. We had songs and sharing of stories by Gene Jones Sr. on Tuesday evening in the Chief Kitsap Room. On Wednesday afternoon, Marilyn Jones led a tour of the Port Madison Indian Reservation and Joshua Wisniewski, Port Gamble S’Klallam Tribal Historic Preservation Officer, and Gene Jones Sr. showed folks the Port Gamble S’Klallam Reservation.

All sessions were well attended and discussions were great! I think this was one of the best meetings I have ever



Members of the National Association of Tribal Historic Preservation Officers during opening ceremonies at the House of Awakened Culture.

been able to attend. I would like to thank Dennis Lewarch for sponsoring and organizing the meetings, D. Bambi Kraus the Executive Director of NATHPO for her confidence and support and the Tribal Historic Preservation Officers from 44 Tribes, ranging from Maine to California, Oklahoma to Wisconsin, and Arizona to Montana.

Many thanks also goes to Fisheries Department gurus Janis Marquez, Fran Nichols and Janis Contraro helped with gift bags, purchase orders, phones, and much more. Volunteers managing

the registration desk included Barbara Lawrence Picuch, and Andrea Hills. Elders and staff stopped in to listen to sessions and to see what Tribal historic preservation is all about.

Janet Smoak and the Suquamish Museum staff provided a private tour for conference attendees on Wednesday evening. Vendors included Bryna Lawrence, Chebon Tiger, Jerry Monson, Ted Moran, Celia Williams and Kippie Joe. Kiana Lodge catered lunches and the professional Kiana wait-staff made everyone feel welcome.

Earlene Abler, Michelle Brown, Bill Alexander, Kevin Alexander, Robert Alexander III, James Anderson, Bob Alexander Sr. and Luther Mills III cooked a traditional salmon and clam dinner for everyone on Wednesday evening. Suquamish Song and Dance and Port Gamble Song and Dance Children shared Salish culture songs and dances on Wednesday evening. Our hands are raised to you all!

Marilyn Jones is the Traditional Heritage Specialist for the Suquamish Tribe. She can be reached at (360) 394-8526 or by e-mail at mjones@suquamish.nsn.us

Suquamish Fisheries Builds FLUPSY

New shellfish nursery helps grow seed clams for tribal beaches

by Tiffany Royal

The Suquamish Tribe is one of the few tribes in Western Washington to build its own floating upwelling system (FLUPSY), a type of shellfish nursery that is becoming more common for raising clams to seed on beaches.

“Larger seed clams have better survival rates.”

- Viviane Barry

The tribe constructed a 15-foot by 30-foot floating dock that holds eight bins for baby clam seed. In mid-June, for the inaugural load of seed, two million clams were placed throughout four of the bins. A constant flow of water



Suquamish Shellfish Management Biologist Viviane Barry pours in seed clams.

is forced through the bins, providing nutrient-rich water for the clams, promoting growth.

“Typically, we purchase clams ready to seed on beaches,” said Viviane Barry, the tribe’s shellfish management biologist. “But we can save money by purchasing smaller seeds and raising them ourselves in the FLUPSY.” After being in the bins for several weeks, the tribe will pick out the largest ones ready for planting on beaches. “We’ll plant at lower densities on the beach because larger seed have better

survival rates,” Barry said.

The tribe would eventually like to establish a hatchery that allows the tribe to be involved with the entire lifecycle of the clams, she said.

For more information on the FLUPSY, contact Viviane Barry, Suquamish Tribe Shellfish Biologist, at (360) 394-8448 or vbarry@suquamish.nsn.us

Tiffany Royal is the Information Officer for the Northwest Indian Fisheries Commission, she can be reached at (360) 297-6546 or troyal@nwifc.org

Environment



Creating the FLUPSY allows Suquamish Fisheries to purchase much younger seed clams, resulting in a cost savings for the program.



Suquamish Natural Resource Technician Ron Harrell and Suquamish Shellfish Biologist Luke Kelly discuss how to best evenly divide 2 million clam seeds into the eight containers that make up the FLUPSY.

Path of the Water

Summer observations of the path of a reservation stream, from Keokuk wetland to the bay

by Gene DiPietro

The Suquamish Tribe Department of Natural Resources, Water Resources Program technicians worked hard to complete their routine summer monitoring for surface waters of the reservation, by the end of September. Three of our 15 monitoring stations are located within a system comprised of Keokuk wetland and its associated outlet, Snyder Creek. It is located along the extreme Western boundary of the reservation, and eventually empties into Port Orchard Bay (Nesika Bay).

The path of the water in this system follows a characteristic not unusual for waters of the reservation, but that might elude the casual observer. For example, according to Dave Mills, our Department’s Forest Manager, streams of the Doe-Kag-Wats (Jefferson Head) complex reside on the surface at certain points, and resemble normal streams, and then become totally subsurface further downstream, only to once again resurface at some point even further downstream. At this point they may or may not resemble a rocky bottomed stream.

During summer, Snyder Creek definitely maintains a well-defined rocky channel until it reaches the bay, but the stream bed becomes completely dry in the middle of the drainage near



Photo by Gene DiPietro

Highway 305. Then, downstream it once again flows above ground, albeit very shallow at this time of year. The property owner cooperating with our program allows us to access the stream (just off reservation), and has indicated that the stream normally remains above ground on their property year round, below Lemolo Shore Drive.

What we’ve found most interesting this past summer about this system is

that at its headwaters the wetland has an unusually high level of water in it. Chest waders were required for us to get to the center of the wetland, where we collect our samples. The water levels at the beginning of September were even a little higher than the most recent high water event, which resulted from the 2011 Thanksgiving deluge of short intense rain, experienced by the region. Our Department Director, Dee Williams commented that she has not

seen Keokuk so full at this time of the year. We suspect that a persistent cool and wet spring is responsible, which carried over well into summer, and possibly some kind of blockage created a damming effect, such as from tree fall or beaver activity in the wetland.

Gene DiPietro is a Water Resources Technician for the Suquamish Tribe. He can be reached via email at dipietro@suquamish.nsn.

Wellness

Use MyPlate To Be Portion Wise

Easy to follow guidelines for maintaining a healthy diet

by Fran Miller

Are you working to maintain a healthy weight? Most of us know that fad diets or gimmicks are not the key to successful long term weight loss. Instead, we should look at what we eat as long term lifestyle choices that can either promote a healthy weight or unwanted weight gain, depending on the daily choices that we make. MyPlate can be a helpful tool to plan healthy, balanced meals while controlling the extra calories that can contribute to weight gain.



One key message from MyPlate is to **fill half of your plate with fruits and vegetables**. To keep calories low, avoid added fats such as cream sauces and butter on vegetables. You can eat as many fruits and non-starchy vegetables as you want to satisfy your appetite without worrying about calories, as long as you are avoiding added fats and sugars. Diabetics should limit fruit to one-half cup or one medium sized piece

of fruit, and choose more non-starchy vegetables.

Next, **keep your protein portion smaller, about one-fourth of your plate**. For most adults, a reasonable portion of meat, chicken, or fish is about the size of the palm of your hand. Choose baked, broiled, and roasted preparation methods to lower calories and unhealthy fats.

About **one-fourth of your plate should be filled with grains**, preferably whole grains such as brown rice, whole grain breads, and whole wheat pasta. Sometimes you can use potatoes or another starchy vegetable instead of the grain. A portion size for most adults is one-half cup of rice, cooked cereal or pasta, or one slice of bread.

Don't forget a calcium source—this could be **one cup of milk or yogurt or an ounce of cheese**. This could be regular, soy, rice, or almond or other nut milks. If using a dairy alternate, read the label to make sure it is calcium fortified and shake the container before pouring milk, as the calcium will settle to the bottom of the container.

It is possible to eat healthfully anywhere using MyPlate as your guide. Fill half your plate with fruits and vegetables, one fourth with a lean protein source, and the rest with a grain or starch, and you will be on your way to good health!

Fran Miller is the Suquamish Tribe Nutritionist. She can be reached at (360) 394-8476 or fmiller@suquamish.nsn.us

October Lunch & Learn: Healthy Halloween Fun

Thursday, Oct. 18, 2012
Noon to 1 pm in
Tribal Council Chambers



Is it possible to have a fun-filled Halloween without throwing healthy eating out the window? Yes! Come get new Halloween ideas for you & your family; we will also make a fun Halloween craft to bring home.

Participants are welcome to bring a lunch. Healthy snacks will be available.

This class is free and open to tribal families, tribal employees, and community members.

Sponsored by Suquamish Tribe Community Health Programs
"Healthy Living is Our Tradition"
Questions? Contact Fran Miller 360-394-8476

SUQUAMISH TRIBE COMMUNITY HEALTH PROGRAM PRESENTS

MyPlate in Practice...

"We made a healthy plate at the Clearwater Casino Buffet, based on the MyPlate guidelines. It is possible to eat healthfully anywhere using MyPlate as your guide."

- Fran Miller

The Suquamish Plate, created by Nutritionist Fran Miller at the Suquamish Clearwater Casino Resort Buffet includes steamed vegetables, fresh fruit, baked salmon and potatoes.



YOGA CLASSES

WITH
KERRY ALLEN

Free for Tribal Members
Family & Employees

MONDAYS
4:45-6:15PM

Suquamish Tribe
Education Department
HOC Classroom
15838 Sandy Hook RD
Poulsbo, WA

For more information contact
Kathy Kinsey, RN
(360) 394-8535

Class will be cancelled if
attendance is less than 5 per week.



Where?? Old Suquamish Tribal Center
15838 Sandy Hook Rd

When?? Monday & Thursday Zumba 5-6 PM
Tuesday Zumba Toning 5-6 PM

How Much?? Free to Tribal Members &
Family, Govt. Employees,
General Public \$5

Who's Invited?? Everyone, Kids Welcome

Taught By Priscilla Preuit
zumbapriscilla@gmail.com 360-271-8708

5:30 PM

Elder's Notes

Museum opening, Chief Seattle Days and Elders Council happenings

by Marilyn Wandrey

The Suquamish Tribal Museum opening for Tribal Members was well attended on the beautiful sunny day of September 8, 2012. The founding Tribal Council for the first Suquamish Museum was honored along with introductions and recognition of the new Museum Board Members and staff. Marilyn Wandrey and Shawn Boushie both received beautiful woven wool shawls on behalf of the late Lawrence Webster and Marion Boushie, in recognition of their part in building of the first museum. Marilyn donned her late father's hat to bring back the spirit of his work and love for the people.

Suquamish Tribal Elders were the first through the doors following the cutting of the cedar rope. The museum main exhibit offers insight into the earliest recorded history of the Suquamish People that transcends time to the people of today. The very first rotating exhibit in the gallery displays a wide variety of Suquamish Tribal Members' art including woven wool regalia, woven cedar dolls, carved bone jewelry, paintings and carved masks and more. It made many elders smile and proud of the talented artists that presented their beautiful pieces to be displayed. Elder Rich Demain expressed how happy and proud he felt to walk through the museum

that he and other tribal members helped design.

In other news, the Suquamish Elders Council met with tribal administration Executive Director Wayne George, Finance Director Steve Garwood, Human Services Director Steve Weaver and Tribal Attorney Michelle Hansen. Steve Garwood provided a financial report along with answers to elder questions regarding the Appendix X Fund, Elders first checks and options for traveling with other tribal elder groups. Steve Weaver will work along with Marilyn to develop a package of information for new elders to assist them in understanding what benefits they are eligible for as tribal elders.

Bill Stroud presented the Elder Trips Protocol draft that he has been working on with Elders Council and Steve Weaver. Michelle Hansen began previewing and editing the draft. Upon completion of the draft protocols by the Elder Board, the draft will be mailed out by the Human Services Department along with a stamped return envelope for the Tribal Elders to make comments.

A report by Chairman Marilyn Wandrey was given regarding an incident during



Suquamish Elder Marilyn Wandrey.

the Chief Seattle Days celebration that left one elder getting emergency treatment caused by a fall as her walker hit a stone and threw her off balance. The Elders Chairman relayed information to the Tribal Council, Tribal Administration, Chief of Police and Human Resources on this unfortunate incident. There were many positive responses and from this time on the handicapped elders in

Elders



Shawn Boushie during Museum opening.

wheelchairs, using walkers and just needing some help will benefit from a new system being put into place for special elder parking, transportation from and to the tribal events at the designated elder parking spaces.

Wayne was also thanked by the elders for the tickets to a recent Mariners game. Carrie reported that everyone who attended had a very good time.

Elder's Lunch Menu

| MON | TUE | WED | THU | FRI |
|--|--|---|--|--|
| 1 Birthday Celebration Meatloaf Mashed Potatoes w/Gravy Capri Veggie Blend Apple-Carrot Salad Birthday Cake & Ice Cream | 2 Chicken Vegetable Soup Egg Salad Sandwich Cucumber Tomato Salad Cottage Cheese Fruit Cocktail | 3 Sweet & Sour Pork Brown Rice Asian Veggies Tossed Salad Wheat Roll Fresh Fruit | 4 Tuna Noodle Casserole Brussell Sprouts Tossed Salad Applesauce Muffin Fresh Fruit | 5 Salmon Boiled Potatoes Mixed Vegetables Light Pineapple Cole Slaw Pachado Bread Peach Crisp |
| 8 Chicken Fajitas *Chicken, Peppers, Onions & Whole Wheat Tortillas Spanish Rice Tossed Salad Fresh Fruit | 9 Turkey Sloppy Joes *Over a Multigrain Bun Mixed Veggies Cranberry Cole Slaw Spiced Fruit Cup | 10 Macaroni & Cheese Stewed Tomatoes Tossed Salad Corn Bread Fresh Fruit | 11 Health Fair Day Baked Ham Sweet Potatoes Capri Veggie Blend Tossed Salad Wheat Roll Fresh Fruit | 12 Geoduck Chowder Chef Salad *Ham, Chopped Egg, Sunflower Seeds Blueberry Bran Muffin Yogurt Parfait *With Fruit & Granola |
| 15 Macaroni-Beef Casserole Steamed Baby Carrots Tossed Salad Angel Food Cake w/Berries | 16 French Dip Sandwich Tossed Salad Waldorf Salad Italian Ice | 17 Shepherds Pie Tossed Salad Oat Bran Raisin Muffin Fresh Fruit | 18 Sliced Turkey w/Gravy Mashed Potatoes Winter Squash Tossed Salad Wheat Roll Fresh Fruit | 19 Elk Stew Tossed Salad *Sunflower Seeds & Cranberries Irish Soda Bread Cottage Cheese & Peaches |
| 22 Chicken Adobo Brown Rice Broccoli Tossed Salad Corn Bread Fresh Fruit | 23 Calico Bean & Spinach Soup Turkey & Cheese Sandwich Apple, Celery, Pineapple Salad Yogurt Parfait *With Fruit & Granola | 24 Baked Fish Sweet Potatoes Tossed Salad * With Sunflower Seeds Wheat Roll SF Jello & Fruit | 25 Breakfast for Lunch Egg, Veggie & Cheese Frittata Roasted Potatoe Medley Applesauce Muffin Fresh Fruit | 26 Indian Tacos *With Ground Beef, Lettuce, Tomato, Salsa, Cheese & Sour Cream Broccoli Slaw Fresh Fruit |
| 29 Baked Chicken Baked Sweet Potato Fries Broccoli Tossed Salad w/Cranberries Wheat Roll | 30 Hamburger Soup Turkey Sandwich on 9 Grain Cole Slaw Fresh Fruit | 31 Baked Potato Bar *With Chili, Broccoli & Cheese Sauce Tossed Salad Blueberry Bran Muffin Fresh Fruit | | |

Emergency Preparedness

What steps can you take to prepare for a winter power outage?

by *Cherrie May*

Winter is fast approaching and as we all know we will most likely have several power outages in our area. Power outages can cause a number of safety concerns. However, knowing the following information can help.

Before a Power Outage

Consider buying a generator. When installing a generator, follow the instructions carefully. Keep your generator outside and run a cord inside. Don't connect your generator to main service panels- it's dangerous!

Make sure your disaster preparedness kit contains light sticks, flashlights, a battery powered radio with extra batteries and a wind-up clock. Have a corded telephone available. Cordless phones will not work when the power is out. Have an alternative heat source and supply of fuel and, if you own an electric garage door opener, know how to open the door without power.

During a Power Outage

Turn off lights and electrical appliances except for the refrigerator and freezer. Even if it is dark, turn light switches and buttons on lamps or appliances to the off position. Unplug computers and other sensitive equipment to protect them from possible surges when the power is restored. Leave one lamp on so you will know when power is restored. Wait at least 15 minutes after power is restored before turning on other appliances. Conserve water, especially if you use well water.

Never use gas ovens, gas ranges, barbecues or portable or propane heaters for indoor heating- they use oxygen and create carbon monoxide that can cause suffocation.

Candles can cause a fire. It's far better to use battery-operated flashlights or glow sticks for lighting. **Using a kerosene heater, gas lantern or stove inside the house can be dangerous.** Maintain proper ventilation at all times to avoid a buildup of toxic fumes. And finally, stay away from downed power lines and sagging trees with broken limbs.

Keep Food Safe

Use and store food carefully to prevent food-borne illness when power outages make refrigeration unavailable. Use foods first that can spoil most rapidly. Keep doors to refrigerators and freezers closed. Your refrigerator's freezer will keep food frozen for up to a day. A separate fully-loaded freezer will keep food frozen for two days.

Use an ice chest packed with ice or snow to keep food cold and use caution if storing food outside during winter to keep it cold. The outside temperature varies, especially in the sun. Frozen food may thaw and refrigerator food may become warm enough to grow bacteria. Food stored outside must be secured from contamination by animals.

A good rule to follow is- **If in doubt, throw it out.** Throw out meat, seafood, dairy products and cooked food that does not feel cold. Never taste suspect food. Even if food looks and smells fine, illness-causing bacteria may be present.

Cherrie May is the Emergency Management Coordinator for the Suquamish Tribe. She can be reached at (360) 394-8507 or ccrowell@suquamish.nsn.us

Protect Your Home Against Mold and Mildew

Where to spot mold in your house and what you can do to prevent it

by *Peg Deam*

As fall wet weather approaches, the chances for mold and mildew accumulations in your home increase. It's important to fix any moisture problem in your home right away. Mold can grow fast, so it's best not to wait. To stop mold from growing, quickly dry or throw away anything that has gotten wet. Typical places you may have moisture buildup in your home include:

- In bathrooms, especially around the shower or tub, and on the walls, ceiling, or floor.
- In wet or damp basements or crawl spaces
- Around leaky bathroom and kitchen sinks
- In attics under leaking roofs
- On wet clothes that are not dried quickly
- On windows and walls where condensation collects
- In closets
- Under wallpaper or carpet
- In your air conditioner

Preventative steps you can take to reduce the chances of mold and moisture accumulation are:

- Use downspouts to direct rainwater away from the house. Make sure your gutters are working.
- Slope the dirt away from your house's foundation. Make sure the dirt is lower 6 feet away from the house than it is next to it.
- Repair leaking roofs, walls, doors, or windows.
- Keep surfaces clean and dry- wipe up spills and overflows right away.
- Store clothes and towels clean and dry- do not let them stay wet in the laundry basket or washing machine.
- Don't leave water in drip pans, basements, and air conditioners.
- Wipe down shower walls with a squeegee or towel after bathing or showering.
- Cut down on steam in the bathroom



A leaky faucet is the likely cause of the mold growing on the back wall of this cabinet.

while bathing or showering. Run a fan that is vented to the outside, or open a window.

- Throw away wet carpeting, cardboard boxes, insulation, and other things that have been very wet for more than 2 days.
- Increase airflow in problem areas- open closet doors and move furniture away from outside walls where mold is growing. Move our furniture around once in a while.

If you do find mold in your home, make sure to protect yourself when cleaning it up. Cleaning up mold puts the spores in the air, so, it's a good idea to wear a respirator. Keep small children, Elderly and sick people and anyone with allergies or asthma away during cleaning. Wear long sleeves and pants, shoes and socks, rubber gloves and goggles to protect your eyes. Open a window to let in fresh air while you're working.

Clean hard surfaces with a mix of laundry detergent or dishwashing soap and water. You may have to scrub with a brush. Rinse the area with clean water and dry quickly by wiping away the water and using a fan. Chlorine bleach will kill mold growing on surfaces. It does not kill mold spores in the air, and dead mold can still cause allergic reactions.

You do not need to use chlorine bleach in most cases to clean up mold. If you use bleach, follow these steps:

- Scrub the surface first with water and detergent.
- Water down the chlorine bleach- use about 1 cup of bleach to 10 cups of water.
- Spray or sponge the bleach on the moldy area. Leave it on about 15 minutes, then rinse the area and dry quickly.
- Never mix chlorine bleach with products that contain ammonia or acids because you will make a deadly gas.
- Keep chlorine bleach out of the reach of pets and children.
- Remember, chlorine bleach takes the color out of most fabrics and rugs. Be careful not to spill or splash.

Information from the Help Yourself to a Healthy Home Booklet.

Peg Deam is a Housing Counselor at the Suquamish Tribe Department of Community Development. She can be reached at (360) 394-8418 or pdeam@suquamish.nsn.us

SEE SOMETHING?



SAY SOMETHING!

For Emergencies or to Report a Crime Call 911

Get to know your police officers; we want to continue working with you as a team to keep everyone living on the Port Madison Indian Reservation safe, happy and comfortable. Contact us at: 360 598 4334

If you See Something, Say Something! Call 911, contact an adult you trust, call a crisis hot-line, just don't let a situation get worse, and your call might be the only one to get someone the help they need.

CIVIL LEGAL



FRIDAY
OCTOBER 12
1:30-4PM

ASSISTANCE

Limited legal assistance is available for Suquamish Tribal Members with questions about the Suquamish Tribal Court's civil legal process and general questions about family law including dissolution and parenting plans, domestic violence and ICW. **This clinic is not appropriate for those with questions about criminal law.**

Come in and fill out a short questionnaire and an attorney will spend some time with you discussing the legal process.

No appointment needed

Suquamish Council Chambers at the Tribal Administration Building
18490 Suquamish Way in Suquamish, WA.

October

Birthdays

OCT 2

Alicia Eaton
Damian Lawrence
Alice Pondelick

OCT 3

Ah-nika-leesh Chiquiti

OCT 4

Jefferey Elevado
Chelsea Forsman
Kenneth Hagen
William Stroud

OCT 5

Margaret Duggan
Cheryl Mabe
Clarence Ross Jr
Jeffrey Vandenberg

OCT 6

Molly Middleton

OCT 7

Harvey Adams Jr
Ashton Purser
Denita Santos
Tracy Tabafunda

OCT 9

Gordon Hawk III
Kassia Smith

OCT 10

Ronald Purser Jr
Ibrahim Trawally
Patrice Wilcox

OCT 11

Aaron Lawrence
Robin Sigo

OCT 12

Douglas George
Joely Purser
Blain Wolten

OCT 13

Frank Cordero
Nigel Lawrence

OCT 14

Dale Ahvakana
Gaylon Vaught

OCT 15

Sherry Calo
A-lish-tassen Chiquiti
Shawn Gainer
Shelly Immken
Darlene Melrose
Jana Mills
Lillian Pondelick
Rose Sigo
Charles Vollenweider
Melita Ziass

OCT 16

Charles Deam Jr
John Jones

OCT 17

Lawrence Elevado
Robert Forsman

OCT 18

Dolores Bakken
Bryce Bradwell
Kirt Napoleon

OCT 19

Thomas Adams
Danielle Palomino
Martha Valois

OCT 20

Cheyenne Castaneda-Sigo
Jean Loughrey
Daniel Pratt
Heather Purser

OCT 22

Pierce Peterson

OCT 23

Shanel Greer
Lawrence Hawk
Destiny Mabe
Martha Mabe
Aaron Napoleon
Shelley Wood

OCT 24

James Clark
Ian Lawrence
Nancy McPherson

OCT 25

Jordan Joe
Regina Rambo
Janet Surratt
Shery Werbelo

OCT 26

Emily Castaneda-Sigo
Robert George Sr
Karen Villanueva

OCT 27

Gloria Viray
Aiden Willis

OCT 28

Irene Carper

OCT 30

Robert Alexander Jr
Brittany Bakken
Aubrey Collier
Erika Cordero
Raymond Pondelick
Destiny Pool
Celia Williams

OCT 31

William Forsman
Timothy Midkiff
Rebekah Stewart
Cindy Webster

Happy Birthday Denita!



Love, Joey & Joey Jr



HAPPY BIRTHDAY!



HAPPY BIRTHDAY DALE!



LOVE, LOVE, LOVE... KATE & PEG

Happy Birthday!

*William Stroud, Robert George & Regina Rambo
Love, All of Us*

Holiday Bazaar

Food, Fun & Gifts

Open to the Public

House of Awakened Culture
7235 NE Parkway
Suquamish, WA

**Nov 3 & 4
9am-4pm**

Interested in becoming a vendor?
Application Deadline
October 20th

For more information on vendor applications contact

Renee Peleti
(360) 394-8480
rpeleti@suquamish.nsn.us

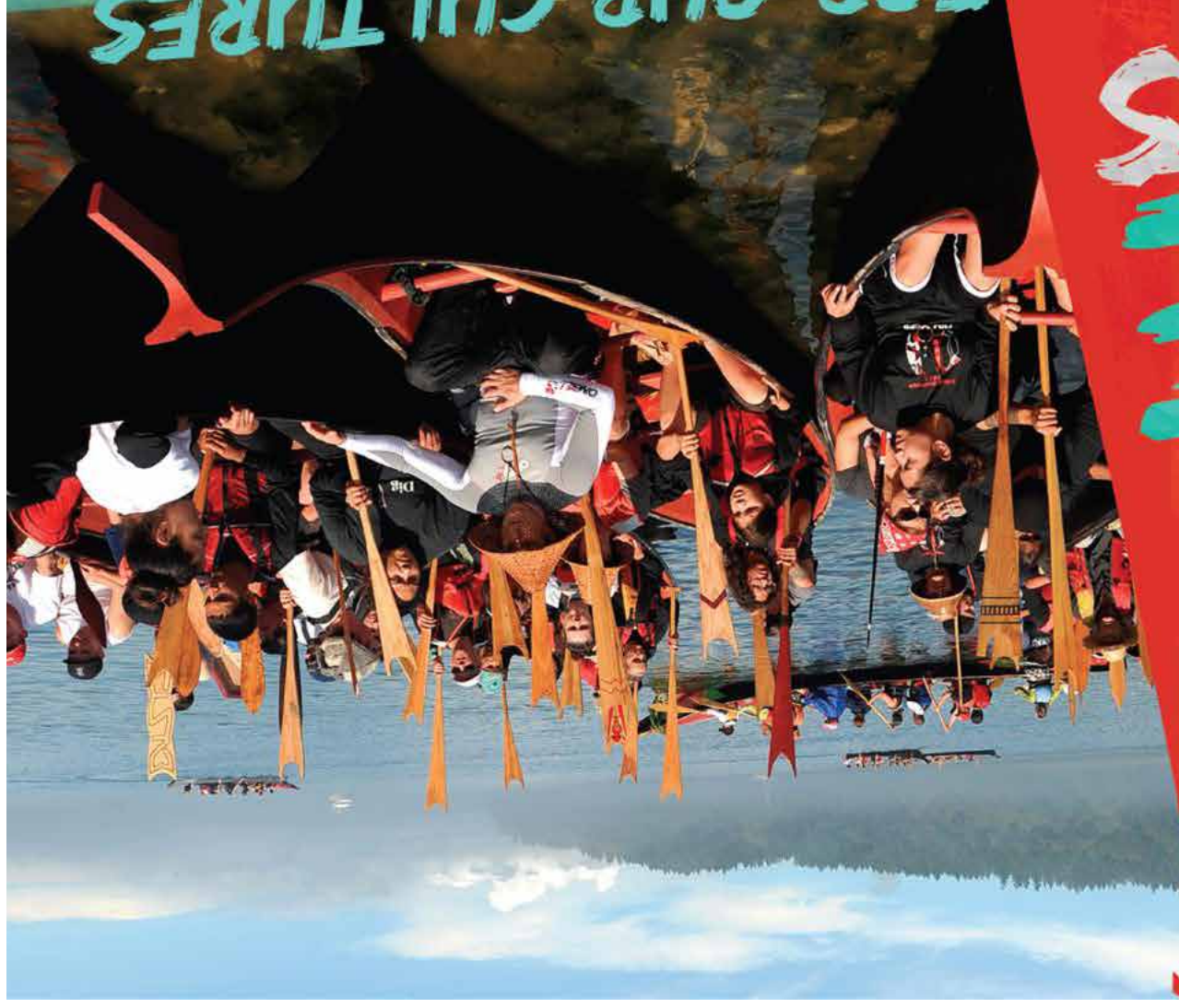




Native Vote

EVERY TRIBAL NATION HAS A UNIQUE CULTURE AND WAY OF LIFE. PROTECT OUR TRADITIONAL CULTURES. REGISTER TO VOTE AT NATIVEVOTE.ORG

FOR OUR CULTURES



EVERY
NATIVE
VOTE
COUNTS

PRSR STD
US POSTAGE
PAID
Suquamish, WA
Permit No. 7



THE SUQUAMISH TRIBE
PO BOX 498
SUQUAMISH, WA 98392-0498