

The Basic Sock

Materials:

100 grams Fingering Weight Yarn
Size 1-3 US double pointed Needles

(whatever size you need to obtain the correct gauge)

Gauge:

7 sts. To the inch. Firm or tight gauge

Abbreviations:

Sts - Stitches

K - Knit

P - Purl

SSK - Slip, Slip, Knit the 2 slipped stitches together

K2tog - Knit the next 2 stitches together

P2tog - Purl the next 2 stitches together

Dpn - Double Pointed Needle

CO - Cast on

Tip:

To join, cast on one more stitch than the pattern calls for. Slip the extra stitch on the left hand needle. Knit that stitch and the first stitch of the first round together.

Generic Pattern:

CO 60 sts. Divide sts evenly on 3 dpns (20 sts each needle)

Begin K2, P2 ribbing.

Continue until ribbing

Measures 2".



Knit around until leg of sock measures approx. 6 to 7" from the top of the ribbing.

Heel Flap:

The heel is worked on half the stitches. Slip 5 sts from needle #1 and #3 to needle #2 (instep stitches). Place the instep sts on stitch holder or spare needle or scrap yarn. We'll use the common heel stitch.

Row 1: *Sl 1, K1* across.

Row 2: Sl 1 P across.

Repeat these 2 rows until heel flap measures 2 1/2 inches (or length that you need for fit) ending on a knit row.

Turning Heel:

Row 1: Sl 1 as if to P, P15, P2tog, P1, 11 sts unworked. Turn

Row 2: Sl 1 as if to P, K3, SSK, K1, 11 sts unworked. Turn.

Row 3: Sl 1 as if to P, P4, P2tog, P1, 9 sts unworked. Turn

Row 4: Sl 1 as if to P, K5, SSK, K1, 9 sts unworked. Turn

Row 5: Sl 1 as if to P, P6, P2tog, P1, 7 sts unworked. Turn

Row 6: Sl 1 as if to P, K7, SSK, K1, 7 sts unworked. Turn

Row 7: Sl 1 as if to P, P8, P2tog, P1, 5 sts unworked. Turn

Row 8: Sl 1 as if to P, K9, SSK, K1, 5 sts unworked. Turn

Row 9: Sl 1 as if to P, P10, P2tog, P1, 3 sts unworked. Turn

Row 10: Sl 1 as if to P, K11, SSK, K 1, 3 sts unworked. Turn

Row 11: Sl 1 as if to P, P12, P2tog, P1, 1 st unworked. Turn

Row 12: Sl 1 as if to P, K13, SSK, K1, 1 st unworked. Turn

Row 13: Sl 1 as if to P, P14, P2tog. Turn

Row 14: Sl 1 as if to P, K14, SSK. **DO NOT TURN**

GUSSETT

With a spare needle, pick up 1 st in every slipped st. (becomes needle #1) This equals 1 stitch for every 2 row. Put the sts from the instep back on needle #2, K across. With spare needle (now needle #3) pick up 1 st in every slipped st. Try to pick the same amount of sts as the first side of the heel. Knit half the sts (sts) from the heel onto needle #3. This is now the center of your heel. Slip the remaining 9 sts onto needle #1. Knit 1 round. Your now ready to being decreases for gusset.

Row 1: Knit to the last 3 sts of needle #1, K2tog,

K1. Needle #2: K across. Needle #3:

K1, SSK, K to end.

Row 2: Knit around

Repeat these 2 rows until you have 15 sts on Needles #1 and #3, for a total of 60 sts.

Knit around on 60 sts until the length of the sock is about 2" less that the final length of the sock.

Toe Shaping:

Row 1: Needle #1: K to last 3 sts, K2tog, K1. Needle #2: K1, SSK, K to last 3 sts, K2tog, K1. Needle #3: K1, SSK, K to end.

Row2: Knit around.

Repeat these 2 rows until you have a total of 16 sts. Slide the sts from needle #3 to needle #1 and graft the toe.

Grafting: (the dreaded Kitchener Stitch)

Hold the two needles side by side in the left hand.

1. Draw the yarn through the first stitch on the front needle as if to P and leave it on the needle.
2. Then through the first stitch on the back needle as if to knit and leave it on the needle.
3. Pull the yarn through the first stitch on the front needle as if to K, while slipping it of the end of the needle.
4. Pull the yarn through the next stitch on the front needle as if to P, but leaving it on the needle.
5. Pull the yarn through the first stitch on the back needle as if to P, while slipping it off the needle.
6. Pull the yarn through the second stitch on the back needle as if to K, leave on needle.
7. Repeat steps #3 through #6 until all stitches are used, pulling yarn through gently through last stitch.

Tighten the stitches using a tapestry needle by tugging each loose stitch from the start to the end. Thread yarn to inside of sock. Turn sock inside out and weave in toe and cuff ends.

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BLUEBERRY WAFFLE SOCKS

Materials:

100 grams fingering weight sock yarn

1 set US size 1 dpn or whatever size needle will give you the correct gauge

Gauge:

8 1/2 sts per inch

Waffle Pattern:

Row 1 & 2: Knit

Row 3 & 4: *k2, p2* to end

Cast on 72 sts. Divide sts evenly onto 4 needles, 18 sts each. Join, being careful not to twist stitches. Join is center back of sock.

Knit K2, P2 ribbing for 1 1/2 to 2".

Change to waffle pattern and knit until sock measures 6 inches or desired length.

Heel Flap:

K 18 sts to end of Needle 1. (You will not be knitting the sts on ndls 2 and 3 until after the heel is done. You will be knitting back and forth on ndls 1 and 4 only.)

Knit heel flap in heel stitch:

Row 1: (right side) *slp1, k1* across.

Row 2: slp2, p across

Turn Heel:

Row 1: Slip 1, knit to center of heel, k2, SSK, k1, turn

Row 2: Slip 1, P5, p2tog, p1, turn.

Row 3: *Slip 1, knit to within 1 st away from gap, SSK, k1, turn.

Row 4: Slip 1, purl to within 1 st away from gap, P2tog, P1, turn.*

Repeat from * to* until all stitches have been worked, always working together the 2 sts on each side of the gap. End after a purl row. Turn.

Gussets:

Now pick up for the gussets:

With needle 1, pick up one stitch through each slip stitch loop on edge of heel flap. Knit across the instep stitches continuing in waffle pattern. With the loose needle, pick up one stitch through each slip stitch loop on opposite side of heel flap then knit sts on needle 4 to center of heel.

You should now have:

Ndl 1: half the heel stitches and the first group of picked-up gusset stitches.

Ndl 2: half of the instep stitches

Ndl 3: second half of the instep stitches

Ndl 4: second group of gusset stitches and the second half of the heel stitches.

Now decrease for the gussets:

Next round:

Ndl 1: knit to last 3 sts from end, k2tog, k1.

Ndls 2 & 3: (instep) continue in waffle pattern

Ndl 4: K1, SSK, k to end (Center of Heel)

Knit even around.

Repeat these 2 rounds decreasing every other round until 72 sts remain.

Instep:

Continue in waffle st on ndls 2 & 3. Ndls 1 & 4 (sole) are in stockinette st. Knit until foot of sock is 2" less than wearers foot length or until it reaches to where the big toe is connected to your foot.

Toe:

Decrease round:

Ndl 1: K to 3 sts from end, K2tog, K1.

Ndl 2: K1, SSK, knit top end.

Ndl 3: K to 3 sts from end, K2tog, K1

Ndl 4: K1, SSK, knit to end.

Knit one round even.

Repeat the last 2 rows until 16 sts in all remain.

Place stitches on 2 needles, 8 on front, 8 on back. Graft together. Weave in any loose ends of yarn.

Adapted from Original Blueberry Waffle Socks by Sandy Turner © 1998. Adapted by Karen (Wren) Hoyle, further adapted by Alexandra Harvancik



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Horicon, WI 53032
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