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Cheyenne & Arapaho

TRIBAL TRIBUNE



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Oct. 15, 2012

Keeping Cheyenne language alive

By Rebecka Lyman, Reporter

In a small town in Oklahoma, teachers address their students in Cheyenne and teach them about the world in the Cheyenne language.

"At one time Native American education in native language was forbidden, but today children are studying the culture and language that their grandparents and their ancestors before them knew," Hollie Youngbear, Cheyenne language class, assistant teacher said. "I am proud to be part of this class. Seeing the students learn Cheyenne and share the words that they are learning with their friends is a great accomplishment. When I hear them speaking Cheyenne as they walk down the hallways and at the high school games it makes me feel good."

The Cheyenne language class is taught at Watonga High School in Watonga, Okla. and is divided into two components, Cheyenne language and Cheyenne culture. Joyce Twins, Cheyenne and Arapaho, language program is the lead teacher from Concho, Okla, and teaches the class.

"We use a television and web cam so we can conference her into the classroom," Youngbear said. "The children do not have to be Native American to take this class. It is for all students who want to learn Cheyenne."

The language class offers oral language, reading and writing.

"Every year I have the students participate in the Native American language fair held in Norman. It is a requirement and grade for each student to submit two projects in any category whether it be in poster art, book and literature or film and video," Youngbear said. "When Native American children were forced to go to boarding schools they were immersed in American culture through appearance changes with haircuts and the clothing they wore. They were encouraged to not speak their language and their names were replaced with new American names. They were forced to abandon their Native American identities and cultures. If our youth is not taught their language it will be lost."

Cheyenne is predominantly spoken in southeastern Montana and in central Oklahoma.

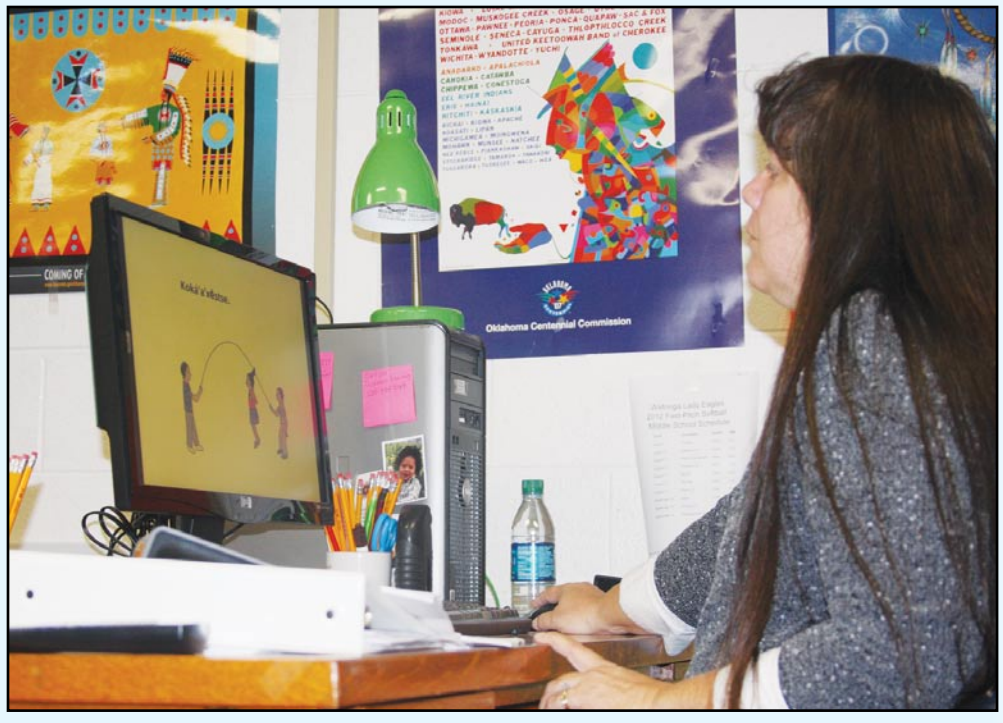


Photo by Rebecka Lyman

Hollie Youngbear, assistant teacher for the Cheyenne Language class at Watonga High School, prepares a lesson plan for the day's class.

"It is spoken by very few people, mostly adults and elders. Cheyenne is a musical language that has complicated verbs with many parts," Youngbear said. "Most Cheyenne words are very long and have vowels that are difficult to pronounce. One easy word that the kids like to learn is Epeva'e, pronounced similar to eh-peh-va, which means, it is good."

The United Nations Educa-

tional, Scientific and Cultural Organization (UNESCO) define the Cheyenne language as definitely endangered in Montana and critically endangered in Oklahoma.

"The class is a federally funded two-year, two-credit course and satisfies foreign language requirements of a pre-college curriculum," Youngbear said.

For more information contact Youngbear at (580) 623-7362.

C&A Tribal Council addresses 13 resolutions at annual meeting

By Rosemary Stephens, Editor-in-Chief

The annual Cheyenne and Arapaho Tribal Council meeting convened at 10:03 a.m., Saturday, Oct. 6, 2012, after establishing a 75-member quorum, at the Concho Community Center in Concho, Okla.

Eddie Hamilton was nominated for chairman by Ida Hoffman and seconded by Vera Franklin. Hamilton won by acclamation.

Diane Willis was nominated for secretary by Ida Hoffman and seconded by Vera Franklin. Willis also won by acclamation.

After reading the original agenda items 1 through 17, a motion was made by Vera Franklin to amend the order of agenda items and seconded by Amber Big Horse. The order of agenda items were amended with a vote of 40 for, 34 against and 2 abstaining. The new agenda order for the meeting was:

1. Selection of Tribal Council Coordinator and Terms and Conditions of Employment.
2. A Tribal Council Resolution authorizing the Submission of 2013 Tribal Transit Program

Grant Application to Federal Transit Administrations.

3. To approve the Submission of the Cheyenne and Arapaho Tribes FY2013 Transportation improvement Plan (FY2013TIP) Pursuant to 23 USC Section 204(j) to the Federal Highway Administration.

4. A Resolution to Adopt a Policy to Temporarily Suspend the Cheyenne & Arapaho Election Commission and its Rules for the Duration of and Until a Resolution has been reached on the Dispute involving the Existence of Two Separate, Distinct Election Commissions that both purport to be the valid Election Authority of the Tribes and Authorizing the Governor of the Tribes to Contract with the Secretary of the Interior or Its Representatives to Conduct the 2013 Tribal General Election.

5. Resolution in Support of Constructing Convenience Stores on Tribal Trust Lands in Concho, Oklahoma and Hammon, Oklahoma.

6. A Resolution to Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year

(2013-2015) Contracts with the Bureau of Indian Affairs for Aid to Tribal Government, Adult Education, and Emergency Youth Shelter Programs.

7. A Resolution to Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2013-2017) Grant with the Bureau of Indian Affairs for the Indian Child Welfare Program.

8. Confirming, Approving and Adopting the Cheyenne & Arapaho Wind Energy Project.

9. A Resolution Authorizing and Approving only Governor Janice Prairie Chief-Boswell to Negotiate and Sign all Oil and Gas Leases including but Not Limited to Leases with Maverick Brothers Resources LLC, Reagen Smith Energy Solutions Inc., Cimarex Energy Company, Devon Energy Production Company LP, and Nichols Land Services, Inc.

10. Accounting Policies and Procedures.

11. Terminating the Native American Rights Fund as the Cheyenne and Arapaho tribes' Attorney in Nez Perce Tribe, et al. v. Kenneth L. Salazar, Secretary of the

See Tribal Council, page 6

Cheyenne and Arapaho Tribal Tribune
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Look Inside...

Journey from illegal alien to United States citizen
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AARP Oklahoma honors Indian Elders
pg. 3

SPORTS SPOTLIGHT

Jamie Highwalker
pg. 12

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NAJA

Journey from illegal alien to United States citizen

By Rosemary Stephens, Editor-in-Chief

A story of courage, sacrifice, love and triumph

"I pledge allegiance to the flag of the United States of America and to the Republic for which it stands: One nation under God, individual, with liberty and justice for all."

One hundred and twenty five men and women recite the Pledge of Allegiance, in unison, at their Naturalization Ceremony Sept. 28, 2012 at the University of Central Oklahoma (UCO) in Edmond, Okla.

Among the 125 being naturalized to the status of U.S. citizenship sat 28 year-old, Sixto Estrada Brambila with wife Dionne (Willis), his daughter Lexy, son Matthew and a host of family looking on with tears in their eyes.

On April 30, 1984, Sixto was born in Guadalajara Jalisco, Mexico. Almost one month later, on May 21, 1984, Dionne, Cheyenne and Arapaho, was born in Lawton, Okla. Neither realized that years later, they would happen to meet and forever change their lives. Though separated by continents, customs and communication barriers, the two did meet, did fall in love and began an unknown journey into the process of Sixto becoming a U.S. citizen.

"We were very very poor, it was very hard to live over there (Mexico) ... we were broke all the time. I have one brother and three sisters and my mom," Sixto said. "My dad decided one day to come to the United States to look for work as a mason, where he stayed for almost eight years."

Growing up Sixto said he never thought about coming to the United States, he always just dreamed of living in Mexico with his family and never really thought about it until his dad went away.

"After a while my dad brought my mom over here and then my brother ... my three sisters and I stayed in Mexico by ourselves. I was in high school then and I remember I started to have some problems ... you know I think it was because I was missing my dad so much. So one day my dad called and asked me if I wanted to come over here and visit for a couple of months, then go back," Sixto laughed. "At least that was the plan anyway ... not to stay ... but then I met the woman who is now my wife ... that was like 11 years ago."

Sixto said Dionne's sister and husband used to live in the same house that his mom and dad were staying in. Dionne's sister was showing him pictures one day of her family,

her mom and then a picture of Dionne came up, "I looked at that picture and I said she is beautiful ... she is going to be my wife. Dionne's sister just shook her head laughing and said uh-nope-uh-uh!"

Shortly after Dionne and Sixto met for the first time and he said, "I am going to tell you what I told her the first time I seen her I fell in love with her. Said to myself I am going to marry that girl! I knew it was love and I didn't care about having any papers to stay in the U.S. or even thought about staying until I met her ... I knew eventually I would have to leave because I was over here illegally."

Dionne laughed along with Sixto as he shared this story and said, "I am glad he couldn't speak English then because I would have been scared."

The couple began dating four months later. The communication barrier didn't stop their love from growing and flourishing until two years later they were wed on July 25, 2003.

"We laugh a lot about those days now because neither one of us really knew what the other was saying, but somehow we managed to communicate with one another and our love just grew," Dionne said, her eyes glowing as she looked at Sixto.

Marrying, they soon found out that Sixto wasn't automatically declared eligible to become a citizen through marriage ... they didn't realize their journey toward that goal was just beginning and it would turn out to be a very long process, a test of their faith and love in each other and sacrifices they never dreamed of having to make.

"First of all after you do get married you have to file an application to become a permanent resident, which means you have a green card, to be able to work and live in the U.S., but it is temporary, has to be continuously renewed and can be revoked at any time. Actually Sixto didn't want to file for his papers because he didn't want people to think he was with me because of becoming a resident. I was the one pushing for it because there for awhile, while living in Watonga, the cops had him pulled over all the time driving to or from work," Dionne said. "They knew he didn't have a driver's license and they pulled him over constantly. It almost seemed like he was getting into more trouble than the people known for driving under the influence, doing or selling drugs ... and all he was doing was driving to work and back. For me, I stressed



Photos by Rebecka Lyman



Above: Sixto Estrada Brambila with his wife Dionne and children Lexy and Matthew.

Left: Sixto Estrada Brambila proudly holds up his Certificate of Citizenship awarded to him during the Naturalization Ceremonies Sept. 28, 2012 at the University of Central Oklahoma.

so much because if he was five or ten minutes late, I was already worried he had been pulled over and thrown in jail ... I was really pushing for fixing Sixto's papers and to try to get him a license and all that."

Sixto and Dionne began to file the papers for Sixto to become a resident, basically a green card to show he was in the United States legally.

"This process takes years and years and cost thousands of dollars. You are always filing applications with application fees, interviews and lots and lots of studying ... U.S. history. We hired an attorney who had represented other clients trying to become citizens and finally got an 'in-person' interview at the Mexican Consulate in Mexico. We kept hearing from Sixto's cousin, who had already gone through this, that we needed to take a letter of forgiveness with us to present. Basically it's a letter stating you were sorry for coming to the United States illegally, that you were trying to fix everything and why you needed to stay in the United States," Dionne said.

The attorney, not ever needing such a letter for her other clients, told Sixto and Dionne, "not to worry about the letter, to just go".

Sixto, Dionne, their two children, Lexy and Matthew headed to Mexico for the interview, both of them believing they would go

in, be interviewed and then get to leave.

What happened was unexpected. Sixto was remanded to Mexico and not allowed to leave. He would remain there for over a year.

"They wouldn't let me go in with him and then I found out that Mexico wouldn't let him cross back over into the United States with me and I began crying uncontrollably. We had no idea this was going to happen ... it was such a shock. Neither one of us knew that once we stepped into that building we would be forced to separate and not see each other, or him see his children or anything for over a year," Dionne said as tears welled up in her eyes.

With their 2-year-old son Matthew and 4-year-old daughter, Lexy, Dionne forced herself back into their car, without Sixto, and headed for the border to cross back over into the United States.

"My heart was breaking so much to watch my wife and my children leave and go back home. I was crying and feeling like I may never see them again as they were leaving ... I couldn't bear to watch them go ... I remember I prayed ... I prayed a whole lot during that time," Sixto said.

Sixto flew back to his home in Guadala-

See *Journey to U.S. citizenship*, page 11

ANNUAL CHEYENNE & ARAPAHO VETERANS TRIBUTE
NOV. 15, 2012 ISSUE OF THE CHEYENNE AND ARAPAHO TRIBAL
TRIBUNE-Deadline for Photos Oct. 15, 2012

Submit all photos of Veterans you wish to have included in this publication to rmstephens@c-a-tribes.org or rlyman@c-a-tribes.org. To mail photo send to C&A Tribal Tribune, P.O. Box 38, Concho, Okla. 73022
NOTE: We currently have over 70 photos in our archives, so if you have submitted a photo in previous years you do not have to resend another one. Thank you.

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If you are interested in telling your story, please contact us for more information and to schedule a time to meet.

Jane Van Dorn at 580-331-3373
 Kala Rodgers at 580-331-3477

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Photo by Rosemary Stephens

Cornell Sankey accepts the Indian Elder award on behalf of Robert Wilson.



Photo by Rebecka Lyman

Cheyenne and Arapaho tribal member, Robert Wilson, was among those honored at the 2012 AARP Indian Elders awards in Oklahoma City.

AARP Oklahoma honors Indian elders

By Rosemary Stephens, Editor-in-Chief

Indian elders representing thirty-five Oklahoma tribes accept honors at the fourth annual AARP Oklahoma Indian Elder Honors event Oct. 2, 2012 at the National Cowboy and Western Heritage Museum in Oklahoma City.

Among the honorees recognized were language preservationists, artists, dancers, ministers, authors, patriarchs and matriarchs that have impacted their tribes and communities throughout their lives.

"We started honoring Indian elders four years ago as part of our ongoing outreach efforts to build relationships with the Native Tribes and Nations. It's a vital part of Oklahoma's fabric and recognizing the Indian elders is a key component to our outreach efforts to build these relationships with Indian tribes," Craig Davis, American Association of Retired Persons (AARP), associate state director communications said. "We try to make an effort every year to have at least one elder from each tribe represented. We hear over and over again that this has turned into a

very unique event where the Tribes come together in the spirit of harmony, altogether in one place like no other because everyone can agree about honoring elders and paying respect to the elders and it's a beautiful night. This is our fourth year and that brings us to a total of almost 200 elders that have been honored. A lot of those elders from the first years have passed away and it's very moving to see so many elders being recognized. A lot of them are being recognized for the first time and that's very heartwarming because these are people with quiet, gentle souls that don't get the spotlight ... they have made a tremendous impact on their tribes and their families."

Tribal elders were presented with medallions one by one and included, Gladys Yackeyonny, Delaware, Robert Wilson, Cheyenne and Arapaho, Stell Wilson, Sac and Fox and Iowa tribes, Stratford Williams, Wichita and Affiliated tribes, Matthew Whitehorse, Kiowa, Dr. Linda Sue Warner, Comanche, Josephine Myers Wapp, Comanche,

Pauline White Wahpepah, Absentee Shawnee, Nathan Tselee, Apache, William Bill Thorpe, Sac and Fox, Doyle Morton Thompson, Citizen Potawatomi, Baptist Shunatona, Otoe-Missouria, Jack Shadwick, Modoc, Jim Schreen, Tonkawa, Gayle Cuassen Satepauhoodle, Caddo, Lucinda Robbins, Cherokee, Dr. Steven B. Pratt, Osage, Lyndreth Palmer, Kiowa, Choctaw, Emma Murdock, Kickapoo, Guy Munroe, Kaw, JoAnn Big Soldier Mays, Iowa, Otoe-Missouria, Rebecca Lindsey, Muscogee Creek, Alice Roberta Hedges Lindley, Peoria, Mongraine Lookout, Osage, Annette Ketchum, Delaware, Dee Ketchum, Delaware, Doyle Barry Kerr, Shawnee, Leroy Howard, Seneca Cayuga, Sharon Den Hoed, Ottawa, Louis Headman, Ponce, John Hair, United Keetowah, Joe Grayson Jr., Cherokee, Glenda Galvan, Chickasaw, Georgia Gallegos, Delaware, Leland Michael Darrow, Ft. Sill Apache, Judy Deer-Coser, Kickapoo, George Coser, Muscogee Creek, Ella M. Colman, Seminole, Royce

Carter, Miami, Grace Bunner, Thlophlocco, Lloyd Perry Buffalo, Quapaw, Mary Ann Brittan, Choctaw, Neill Bayhille, Pawnee, Buel Anglen, Cherokee, Fredo Anderson, Muscogee Creek and Peggy Acoya, Sac and Fox.

"I am so blessed and so humbled to be in your company, especially when I read the program about all that you have contributed to your tribes and communities. I have been blessed to talk with many of you and to see the respect, service and dignity towards your fellow man. Tonight we add your names to the distinguished list of past honorees. We say thank you and we say thank you for the ways you have touched the lives of many people in your communities and your tribes," Marjorie Lyons, AARP, state president said.

A buffet style dinner was served at the event followed with a dance presentation by the Oklahoma Fancy Dancers.

For resources and information for Oklahoma Indian Elders visit www.aarp.org/okindiannavigator.org.

Teams sought for the Relay For Life of Custer County

(Clinton, OK) Teams are being sought for the 2013 Relay For Life of Custer County, to be held April 19-20, 2013. Teams are encouraged to sign up early, as this gives them more time to raise money.

Relay For Life is a fun-filled, overnight event that mobilizes communities throughout the country to celebrate cancer survivors, remember loved ones and raise money for the fight against cancer.

"Relay For Life raises awareness about the progress against cancer while also raising funds to fight the disease," Krishna Shantz, American Cancer Society, community manager said. "Individuals who are willing to give their time and energy to this exciting event as a volunteer or participant have made a commitment to fight back against cancer and let the community know that cancer can be beat."

Teams gather at the Southwestern Oklahoma State University (SWOSU) Wellness Center to participate in Relay For Life, the largest fundraising walk in the nation. Teams are asked to have at least one team member on the walking track throughout the overnight event, which symbolizes the life of a cancer patient, from diagnosis (as the sun sets) to the end of treatment (as the sun rises).

Teams do much of their fundraising prior to the event, but many teams also hold creative fundraisers at their campsites during the event. Additionally, games, entertainment, and auctions take place throughout the evening, making it a fun event that people of all ages can enjoy.

Relay For Life unites people from all walks of life. Teams may be formed by any-



one, businesses, organizations, co-workers, families or even friends. Because the event spans the entirety of Custer County, teams from Clinton, Arapaho, Weatherford, Custer City, Butler and Thomas are sought.

For more information on the Custer County Relay for Life, please contact Carissa King at (580) 323-3964. For more information on the services that the American Cancer Society provides, call the American Cancer Society's 24-hour help line at (800) 227-2345 or visit cancer.org.

NOTICE 2012 Oil and Gas December PER CAPITA Attention: All Tribal Members:

Nov. 19, 2012 at the close of business will be the DEADLINE to update your address with ENROLLMENT for the December Oil and Gas per capita payments.

If you have moved please submit a CHANGE OF ADDRESS form and a completed W-9. If your forms are not filled out completely please keep in mind that your address will NOT be updated.

Should you have any questions please feel free to contact the Per Capita Department at ext. (405) 422-7725.



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Breast Cancer awareness at CSU

Submitted article

Pink, Pink, Pink. Why is there so much pink in the month of October? This color and the pink ribbon are universal symbols for the on-going fight against breast cancer and October is designated as Breast Cancer Awareness Month.

Here are a few facts from the American Cancer Society.

Excluding cancers of the skin, breast cancer is the most common cancer among women, accounting for nearly one in three cancers diagnosed in US women.

Breast cancer incidence and death rates generally increase with age. Ninety-five percent of new cases and 97 percent of breast cancer deaths occurred in women 40 years of age and older.

What are the signs of Breast Cancer?

According to the American Cancer Society, "Breast cancer typically produces no symptoms when the tumor is small and most treatable. Therefore, it is very important for women to follow recommended screening guidelines for detecting breast cancer at an early stage, before symptoms develop. When breast cancer has grown to a size that can be felt, the most common physical sign is a painless lump. Sometimes breast cancer can spread to underarm lymph nodes and cause a lump or swelling, even before the original breast tumor is large enough to be felt. Less common signs and symptoms include breast pain or heaviness; persistent changes to the breast, such as swelling, thickening, or redness of the breast's skin; and nipple abnormalities such as spontaneous discharge (especially if bloody), erosion, inversion, or tenderness. It is important to note that pain (or lack thereof) does not indicate the presence or the absence of breast cancer. Any persistent abnormality in the breast should be evaluated by a physician as soon as possible."

The American Cancer Society recommends the following guidelines for early detection of breast cancer:

- Yearly mammograms are recommended starting at age 40 and continuing for as long as a woman is in good health,
- Clinical breast exam (CBE) about every three years for women in their 20s and 30s and every year for women 40 and over,
- Women should know how their breasts normally look and feel and report any breast change promptly to their health care provider. Breast self-exam (BSE) is an option for women starting in their 20s.

Some women, because of their family history, a genetic tendency, or certain other factors, should be screened with MRI in addition to mammograms. (The number of women who fall into this category is small, less than 2 percent of all the women in the US). Talk with your doctor about your history and whether you should have additional tests at an earlier age.

Mammograms are available at each of our facilities.

- The Clinton Indian Health Center now has a state of the art mammography unit to help provide this very important screening every day. To schedule your appointment, please call (580) 331-3372.
- The Watonga Indian Health Center will be providing mammograms on Friday Oct. 19, 2012 from 8 a.m. - 2 p.m. To schedule an appointment call (580) 623-4991.
- The El Reno Indian Health Center will be providing mammograms on Friday Nov. 16, 2012 from 8 a.m. - 4 p.m. To schedule an appointment call (405) 262-7631.

Is Elder Abuse happening to someone you know or love

By Brenda Austi
Indian Country Today Media Network

Elders in Indian Country are revered and respected for their knowledge and leadership skills. We transport them, offer elder services, care for their needs and love them. The words "abuse" and "elder" don't generally enter our minds in the same context. Elder abuse is not traditional, however, it is happening in your community and throughout Indian Country. Maybe even to someone you know or love.

The National Indigenous Elder Justice Initiative (NIEJI) was funded in 2011 by the National Center on Elder Abuse and the Administration on Aging (AOA) to offer community education and prevention of elder abuse and research on abuse rates in Indian Country.

"I think awareness of elder abuse is a big thing, we would like to get the word out that NIEJI is here, and we are doing what we can to help. We are trying to get people to start talking about elder abuse and stop sweeping it under the rug," Twyla Baker-Demaray, NIEJI's principal investigator and director of the National Resource Center on Native American Aging said.

According to the AOA, in 2007 American Indian and Alaskan Native elders made up 0.6 percent of the older population age 65 and over in the U.S. By 2050 that percentage is expected to account for 1 percent of the elder population. A National Elder Abuse Incidence Study (1998) that was requested by Congress found that for every reported incident of elder abuse, neglect, and exploitation or self-neglect, about five others go unreported.

NIEJI Research Director Dr. Paula Carter, said they are in the process of contacting and working with over 560 federally recognized tribes throughout the country, including Alaskan Villages and Hawaiian Homesteads, to see if anything is written in their tribal constitutions about elder abuse.

"We would like to write a model code the tribes can use to base their own codes on," Carter said.

Demaray added that of the 560 plus tribes they are working with, they have only found between 40-50 codes in tribal constitutions that address elder abuse.

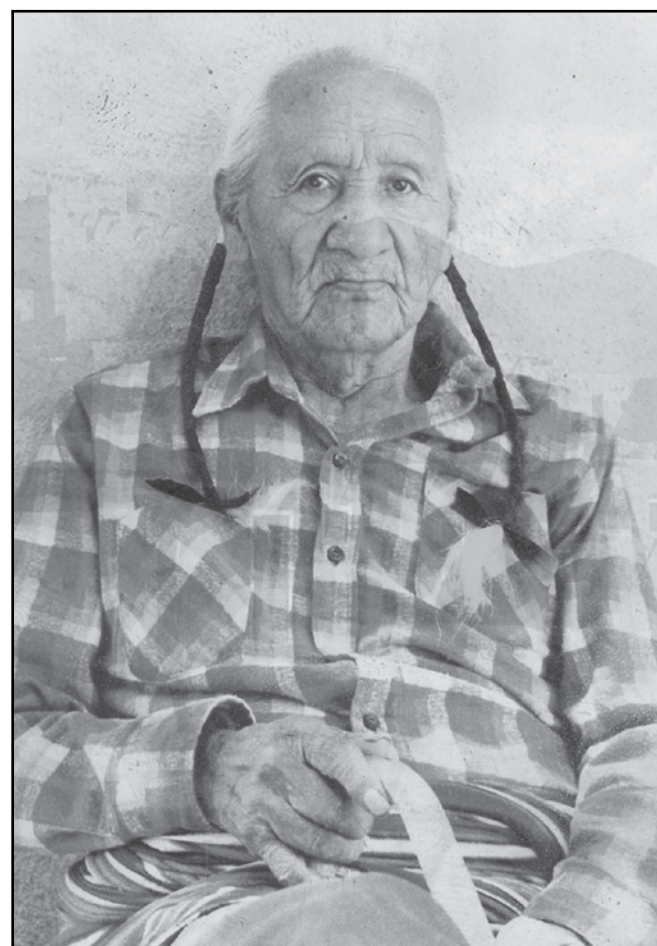
"Clearly the need is there," Demaray said. "Even prior to our becoming NIEJI, we were getting calls on how to address elder abuse and asking for model codes. Tribes like to talk to each other; they like to share resources and ideas. We are trying to facilitate that cooperation that has already been happening."

NIEJI is working to establish a resource center on elder abuse, housed at the Center for Rural Health at the University of North Dakota School of Medicine and Health Sciences in Grand Forks, to assist tribes in their efforts to address elder abuse, neglect and exploitation. The initiative is also working to develop and disseminate culturally appropriate resources for communities and stakeholders to use, including literature and access to existing tribal codes addressing indigenous elder abuse.

Carter said that NIEJI is just opening the door to looking at elder abuse in Indian Country and that they are building some infrastructure so they can plot and define statistics they gather.

"We are also planning on looking at a restorative component to elder abuse so that communities can set up ways to restore the family at the end of the process. For instance, the abuser may be someone in the family or a relative caregiver. We want to help restore that family and offer non-punitive interventions," she said.

Demaray said it has been an ongoing struggle getting rates of elder abuse in Indian Country, "Part of the reason NIEJI was started is because of the lack of understanding and statistics, just numbers, we don't have a real good handle on how widespread elder abuse is in Indian Country. There is a whole lot of disparity in just about everything else in Indian Country, violent crime, suicide, domestic abuse. But as far as elder abuse, there just isn't any good data sets or anything that you can point to and say, 'This is what the rate is in Indian Country, and this is what's going on. I think part of it goes back to the definition of elder abuse itself. A lot of the time you run into folks who, when you say elder abuse, they immediately



Courtesy photo

think of physical abuse. That is just one facet of abuse; there is also financial exploitation, emotional and spiritual abuse, neglect, abandonment, it can take many forms."

For more information about NIEJI, visit their website at www.nieji.org. They can also be contacted by calling toll-free (855) 834-1572 or by email at: nieji@med.und.edu.

Wings of America

Submitted article



Wings of America Announces the 2013 USA XC Championships Team Selection Process



The next USA Cross Country Championships will be held on Feb. 2, 2013 at Forest Park in Saint Louis, MO. As in years past, Wings of America will sponsor a men and women's team to represent Native America in the junior race. The organization will cover travel expenses and room and board for the twelve young men and women selected to race in Wings uniforms. Aside from competing, the group will get the opportunity to absorb the culture of St. Louis and the surrounding area through a number of site visits and activities planned and paid for by Wings.

Wings created this opportunity in order to showcase the talents and positive achievements of American Indian youth and provide them with a cross-cultural learning experience. The program brings Native youth together from across the nation to compete as a team in an elite field of both high school and college runners. Many program alumni have earned the attention of college coaches with their performance in this race. Wings runners have captured 22 national junior team titles since 1988.

Junior Eligibility Requirements: Athletes must be 14 years or older on the day of competition (Feb. 2, 2013) and cannot become 20 years of age during 2013.

Selections for the 2013 Wings Team will be based on performances at the Nike Cross Nationals regional races. All high-school-aged athletes looking to earn a spot on the team must compete in one of the following races to be eligible for selection:

Northwest: Nov. 10, 2012- Eagle Island XC Course, Boise, Idaho.

States Included: WY, WA, ID, OR, MT, AK, HI

Registration Deadlines: Early-11/1, Midnight. Late-11/8, 6 p.m. (PST)

Heartland: Nov. 11, 2012- Yankton Trails Park, Sioux

Falls, South Dakota

States Included: IA, KS, MN, NE, ND, SD, WI

Registration Deadlines: Early-11/1, Midnight, Late-11/6, 6 p.m.

Midwest: Nov. 11, 2012- LaVern Gibson XC Course, Terre Haute, Indiana

States Included: IN, IL, OH, MI, MO

Registration Deadlines: Early-11/2, Midnight. Late-11/9, 6 p.m. (PST)

Southwest: Nov. 17, 2012- Toka Sticks Golf Course, Mesa, Ariz.

States Included: CO, UT, NM, AZ, NV

Registration Deadlines: Early-11/8, Midnight. Late-11/15, 6 p.m. (PST)

South: Nov. 17, 2012- Bear Branch Park, The Woodlands, Texas

States Included: AR, LA, OK, TX, MS

Registration Deadlines: Early-11/8, Midnight. Late-11/15, 6 p.m. (PST)

Southeast: Nov. 24, 2012-WakeMed Soccer Park, Cary, North Carolina

States Included: DE, MD, VA, NC, SC, GA, FL, AL, TN, KY, WV, DC

Registration Deadlines: Early-11/18, Midnight, Late-11/21, Midnight

Northeast & New York: Nov. 24, 2012-Bowdoin Park, Wappingers Falls, NY

States Included: NJ, NY, PA, CT, MA, ME, VT, RI, NH

Registration Deadlines: Early-11/13, Midnight. Late-11/18, 9 p.m.

California: Dec. 1, 2012- Mt. SAC, Walnut, California

Footlocker regional race. Only the performance of athletes from California will be considered for Wings selec-

tion. Athletes from other states in the footlocker West region must run their NXN regional qualifying race.

States Included: CA

Registration Deadlines: Early-11/17, Late-11/25, 11:59pm (PST)

Native athletes who are not in high school and meet USATF "Junior" eligibility requirements can compete in the NXN Regional citizens races for the same consideration or contact Wings' Program Director, Dustin Martin to request the organization consider college-season race times as qualifying criteria.

Registration Information

NXN/ FLWest Race Registration:

NXN: \$25 individual, \$125 team (7 members)

\$30 individual, \$150 team (Late Registration)

Visit www.runnerspace.com/nxn for more information and to register online.

FL West: \$15 until Nov. 17, 2012; \$40 thereafter (Registration Closes Nov. 25-11:59 pm (PST))

Online Registration: www.active.com/running/walnut-ca/foot-locker-cross-country-championships---west-regional-2012

Wings Selection Process Registration:

Registration free. Please register by visiting www.wingsofamerica.org/2013-usatf-championships.

Once all the NXN Regional and Footlocker West races have been run, Wings will choose the top six girls and boys from around the country.

For more information, contact: Dustin Martin, Program Director at (505) 977-5057 or by email at dustin@wingsofamerica.org.

LIST OF ALL 2012 GAMING PER CAPITA RETURNED CHECKS AS OF OCT. 9, 2012-PLEASE CONTACT THE PER CAPITA OFFICE AT 405/422-7559 OR 405/422-7614

ROSS ANDERSON
TONYA BARKER
BRANDY BARROW
KYLE BARROW
AHINAWAKE BERARD
CLAIRESSA BIRDSHEAD
BUDDY BLEIKER
PAULA BOREN
SHELDON BOWLIN
LINDSAY BOYD
WILLIAM BRUCH
TYRONE BUCKLEY
LOWELL BUNCH
GARY BURGETT
DENNIS BUSHYHEAD
HEATHER CHEBAHTAH
SHANE CHILDERS
BRIAN CHRISTY
GARY CHRISTY
CHAD CLARK
CECELIA COBB
DANIEL COX
TYSON DAVIS
DONALD VAN DEVENTER JR
PRICE DUNHAM
ANTHONY ELIZONDO
JOSEPH ELLIS
LAWRENCE EMBRY
KENNETH EVERETT
CARMON FALLS JR
EDWINA FIRE
LESLIE FLINT
PAUL FLORES
LAWRENCE FRANCIS JR
KEVIN FULLER JR
PATRICK GARCIA
RAYMOND GARCIA
MICHAEL GAWHEGA
PAUL GILBERT
JENNIFER GILLIS
ROBERT GODFREY JR
ERIC GOODBEAR
KIMBERLY GRANT
KENDRA GRIMES
VIVIAN HALL
BILL HAMILTON
NORMA HARDIE
JULIA HARE
AUTUMN HARRINGTON
SHELBY HAWK
EDWARD HAWKINS
CODY HOLLINGSHEAD
THOMAS HOOR JR
KURTIS HOOVER
CARRIE HOWLING BUFFALO
VERNON JAMES
JENNY JONES
LARRY JONES
CECELIA JUNKER
BILLIE KING
JASON KINSLOW
LEONARD KNIGHT
LINDA LANGLINAIS
PATRICK LE FLORE
GEORGE LONEBEAR
RAYNA LIMPY
TIMOTHY LIMPY
EDWARD LONEMAN
CHARLES MAGPIE
JEFFREY MARTIN
DEBORAH MCCRAE

RIVERS MCKENZIE
RANDELL MCNABB
SHELIA MICHAEL
STEPHANIE
MICHAEL
JAMES MILLER
VANNESSA
MITCHELL
MICHAEL MIZE
DELANA MOLEN
JANE MORRIS
TRUDI MOSES
RICHARD
NAHWOOKSY JR
DAREN NEWSOME
ERIC NEWSOME
JEFFERY NEWSOME
RODNEY NICHOLLS
DELBERT NOWLIN
GABRIELLE
NUCKOLLS
CARMERON
PARKER
MARVIN PATTON
RICHARD PATTON
JAMES PEKAH JR
TINA POLLOCK
ATALOA PRATT
JACOB RECKLING
NICOLE REDNOSE
BILL REED
JOHN REED JR
DUWAYNE
REYNOLDS
BARNEY
REYNOLDS
MICHAEL
REYNOLDS
DEREK RICE
MATTHEW RICE
MICHAEL RICE
BRANDON
RICHARD
ALYCIA ROMAN
LADESSA ROMERO
MARTHA SALAZAR
ANGELINA
SCHULTZ
PATRICIA SEGER
WILFORD
SHAWNEE JR
J CARL SMITH
ASHLEY SMOKER
TRICIA SNEED
ERICA STANDING
WATER
KAYLA STANDING
WATER
CHRISTIAN STARR
REBECCA STARR
ROBERT STARR
HUGH STAVER
JENNIFER STEELE
GAYLA STRAIGHT
SUSAN TALLBEAR
DIANE TALLBEAR-
KERN
TYLER TODD
DULCIE TOWNSEND
PATRICIA TREVINO
EDITH TURNER

MARION TWINS
MIRANDA VARDELL
LEE WALKER
SUSAN WARNER
LISA WELBOURNE
THAMAR WHITE
CARLOTTA WHITE CRANE
JIMMY WHITE EAGLE
ALFRED WHITECROW
DERRY WHITECROW
BERTA WILLIAMS
JOSHUA WILLIAMS
NANCY WOLFMULE
WISDOM
STACEY WOLFCHIEF
THOMAS WOOLWORTH JR
CARLA YELLOWEYES
CHARLES YELLOWEYES
QUINN YELLOW EYES
WANDA YORK
WILLIAM YORK
MATTHEW YOUNGBIRD
WILLIAM YOUNGBIRD
LOLA ZIPPERER

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~~~~~  
**18 YEAR OLDS
NEED INFORMATION-
PLEASE COMPLETE W-9
AND A CHANGE OF
ADDRESS IF YOUR
ADDRESS HAS CHANGED**

LEWIS BLACKFOX
HANNAH CLABAUGH
KARL LEHR
DYLAN OLBRICHT
ROBERT WILCOXSON JR
PATRICIA STEBENS
ASPEN GAMBREL
ANDREW WILLIAMS
SAMUEL EVERETT
ASHLEY LETTKEMAN
GABRIEL SHIMIZU
STACIA GERHARD
DEREK GOULD
NANCY HADLEY
CHEYENNE LOGAN
MATTHEW PEDRO
WILLIAM JARRELL
SHANE ANDERSON
MARTIN WILLIAMS
MEGAN BLACK
AMBER GOULD
SHAYLA SCOTT
TRISTAN WALLACE
LAURA CAPERTON
RICHARD VENDIOLA
CHRISTOPHER CARTER
JOSIAH DECKER
BYRON WATKINS
MALLORY BALDWIN-COYOTE
SHAWN ISLAND
CLARISSA PETERS
SHAWNA HOLMES
JUSTIN CROSKEY
MILEENA HORSE

Tribal Council

continued from page 1

Interior, et al., Case No. 06-cv-2239-TFH.

12. A Resolution Calling for a Special Election to Amend the Constitution.

13. A Resolution Reaffirming Special Tribal Council Resolution 050711STC-001, Finally Resolving the Purely Intra-Tribal Dispute as to Tribal Leadership.

14. A Resolution to Initiate the Process to Amend the Constitution by Calling a Special Election.

15. A Resolution to Repeal Tribal Council Resolution No.: 021911STC-01

16. A Resolution to Repeal Tribal Council Resolution No.:021911STC-02

17. A Resolution to Repeal Tribal Council Resolution No.: 021911STC-03.

Agenda item 1-Selection of Tribal Council Coordinator and Terms and Conditions of Employment. There were three candidates running the two-year term of Tribal Council Coordinator, Lisa Martin (elected in 2010), Christopher Roman Nose and Donald Yellow Eagle. Martin was voted in for a second two-year term with a vote of 96, Roman Nose, 87 and Yellow Eagle, 5.

Agenda item 2- A Tribal Council Resolution authorizing the Submission of 2013 Tribal Transit Program Grant Application to Federal Transit Administrations passed with a vote of 170 for, 0 against and 2 abstaining.

Agenda item 3- To approve the Submission of the Cheyenne and Arapaho Tribes FY2013 Transportation improvement Plan (FY2013TIP) Pursuant to 23 USC Section 204(j) to the Federal Highway Administration passed with a vote of 165 for, 0 against and 2 abstaining.

Agenda item 4- A Resolution to Adopt a Policy to Temporarily Suspend the Cheyenne & Arapaho Election Commission and its Rules for the Duration of and Until a Resolution has been reached on the Dispute involving the Existence of Two Separate, Distinct Election Commissions that both purport to be the valid Election Authority of the Tribes and Authorizing the Governor of the Tribes to Contract with the Secretary of the Interior or Its Representatives to Conduct the 2013 Tribal General Election passed with a vote of 82 for, 61 against and 11 abstaining.

Agenda item 5- Resolution in Support of Constructing Convenience Stores on Tribal Trust Lands in Concho, Oklahoma and Hammon, Oklahoma passed with a final vote of 132 for, 6 against and 16 abstaining.

A motion was made on the floor by Edwin Mosqueda to exclude Hammon, Oklahoma from the resolution.

The motion failed with a vote of 13 for, 159 against and 14 abstaining. Hammon, Oklahoma remained part of agenda item 5.

Agenda item 6-A Resolution to Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2013-2015) Contracts with the Bureau of Indian Affairs for Aid to Tribal Government, Adult Education, and Emergency Youth Shelter Programs passed with a vote of 180 for, 0 against and 4 abstaining.

Agenda item 7- A Resolution to Authorize the Governor to Renew Existing Public Law 93-638 Multi-Year (2013-2017) Grant with the Bureau of Indian Affairs for the Indian Child Welfare Program passed with a vote of 212 for, 0 against and 1 abstaining.

Agenda item 8- Confirming, Approving and Adopting

the Cheyenne & Arapaho Wind Energy Project was tabled. A motion to table the resolution for more information was made by Joyce Woods and seconded by Gloria Smith. The motion to table agenda item 8 passed with a vote of 155 for, 25 against and 3 abstaining.

Agenda item 9- A Resolution Authorizing and Approving only Governor Janice Prairie Chief-Boswell to Negotiate and Sign all Oil and Gas Leases including but Not Limited to Leases with Maverick Brothers Resources LLC, Reagen Smith Energy Solutions Inc., Cimarex Energy Company, Devon Energy Production Company LP, and Nichols Land Services, Inc passed with a vote of 194 for, 4 against and 15 abstaining.

Agenda item 10- Accounting Policies and Procedures passed with a vote of 159 for, 1 against and 8 abstaining.

Agenda item 11- Terminating the Native American Rights Fund as the Cheyenne and Arapaho tribes' Attorney in Nez Perce Tribe, et al. v. Kenneth L. Salazar, Secretary of the Interior, et al., Case No. 06-cv-2239-TFH passed with a vote of 138 for, 8 against and 25 abstaining.

Agenda item 12- A Resolution Calling for a Special Election to Amend the Constitution passed with a vote of 130 for, 3 against and 0 abstaining.

Agenda item 13- A Resolution Reaffirming Special Tribal Council Resolution 050711STC-001, Finally Resolving the Purely Intra-Tribal Dispute as to Tribal Leadership passed with a vote of 148 for, 5 against and 8 abstaining.

The meeting was adjourned at 12:53 p.m. with items number 14-17 being carried over.

Ranching with wolves

By Andrew Gunther, Huff Post



The U.S. Fish and Wildlife Service (FWS)'s recent decision to lift the federal regulation protecting wolves in Wyoming and allow hunters and ranchers to shoot wolves on sight across 90 percent of the state has reignited the decades-old conflict between wildlife conservation objectives and the ranching industry.

Native predator species, such as coyotes, bears, wolves and mountain lions, are critical to the functioning of ecosystems, helping to keep nature in balance. But as livestock farms and ranches have expanded, problems have often occurred where large predators come into direct contact with farmed animals, such as sheep and cattle. The FWS's decision will allow anyone to shoot wolves on sight across most of Wyoming, although wolves will still remain off-limits inside the state's national wildlife refuges and national parks, such as the Yellowstone and Grand Teton national parks and the Wind River Indian Reservation.

But therein lays the crux of the problem: Most people still see "conservation" and "ranching" as two very separate, and often

incompatible, objectives. In the pursuit of maximizing food production, we have done our utmost to eradicate the threat posed by nature to modern farming systems. At the same time, growing recognition of the damage that human activity is inflicting on the environment has fueled campaigns to protect and conserve threatened species and wildlife habitats.

The political solution has always been to ring fence dedicated to "conservation areas," which we then protect and do our best to conserve. But the problem is that nature sees no such boundaries and the result of this cognitive separation between modern food production and nature conservation is that conflict inevitably arises wherever "nature" and "ranch" subsequently meet.

Which is precisely why Animal Welfare Approved (AWA) is promoting the "Certified Wildlife Friendly" program, the only audited certification program in the U.S. for farms and ranches that are working to coexist with some of our most important native predator species.

The Certified Wildlife Friendly program,

which is the result of a three-year partnership between AWA, Predator Friendly®, and the Wildlife Friendly Enterprise Network, was developed to meet growing consumer demand for food and other products from farms and ranches that are committed to coexisting with our native predators. By adopting mixes of non-lethal strategies and commonsense management techniques, such as scheduling pasture use when predation pressure is low and using guardian dogs to deter predators, farmers and ranchers can keep livestock safe and wildlife alive without resorting to lethal control measures. Using these techniques is a way to minimize the risk of conflict between farming and conservation objectives.

Farmers and ranchers who undergo a third-party audit and demonstrate compliance with strict standards on wildlife conservation can market their products -- including wool, meats, eggs, honey, leather good, and more -- using the Certified Wildlife Friendly™ logo. Using this approach, we can encourage farmers and ranchers to help protect some of the most important habitats and species across the United States, while opening up new business opportunities for sustainable farms and ranches.

Last year I traveled to north-central Wyoming to visit a living example of how farms and ranches can work in harmony with nature, rather than trying to control it.

At 580,000 acres, the Arapaho Ranch is the largest USDA certified organic ranch in the United States. As I drove across the ranch with the ranch manager, I noticed significant numbers of non-farmed animals, with moose, elk and deer grazing the pastures. This was in complete contrast to other ranches that I had visited before. The ranch manager explained that the Arapaho approach to ranching recognizes these fellow "users" of the range as equal inhabitants, rather than as competitors. I knew that wolves lived on the ranch and had heard that wolves would readily prey on domesticated animals. So how did the ranch deal with this threat to their livestock?

I was quickly put straight. First, the Arapaho ranchers aren't convinced that the threat

is nearly as significant as some might think. Second, the beliefs of the Arapaho tribe mean that the ranchers can only address the challenge using non-lethal management. Indeed, the ranch operates a unique wolf management plan, which has been approved by the federal government and gives the tribe full control over decisions concerning the local wolf population.

The Arapaho Ranch wolf management plan is as fascinating as it is common sense. The ranch manager explained that the ranchers know the whereabouts and hunting patterns of the wolves very well, so they ensure that any cattle grazing in the areas patrolled by wolves "are cattle that the wolves do not consider as prey."

I must have looked a little confused. He went on to explain that wolves generally take the injured, sick and young cattle. By ensuring that any injured, sick or young cattle are not grazed in the range of the wolves, the issue of predation is avoided. Similarly, the very presence of the wolves discourages wild moose, elk and deer from staying too long in the grassland, which helps to prevent the potential spread of diseases like brucellosis from wildlife to the cattle, which can cause abortion of calves. It's a simple and symbiotic solution to the challenge of native predators, which is reflected elsewhere on the ranch. The ranch team is made up of cowboys who grew up with the philosophy of respect for and knowledge of their surroundings, and who know how to interact with the other non-farmed inhabitants of the ranch.

Some people might argue that ranching in this way could not possibly make a bottom line profit without some complicated argument about the "value" of habitat conservation or external funding. So I was a little taken aback to find out that the ranch is making an operating profit. Here was a living, breathing, working example of how to ranch in a truly sustainable way, in harmony with the surrounding environment, and still make a living. And many other ranches and farms across the United States are doing just the same

Bullies kill

I have tried to write this message for three days and have not been able to complete it, maybe today. I have a lot to say and this is a very painful and emotional subject for me. While my heart goes out to the victims of school shootings, my life has been devastated by a different type of crime ... that is happening in our schools.

Although rarely labeled as such, 'bullying' is a crime. This other crime of bullying injures, maims, destroys and kills, as effectively as a gun. Until a proactive approach is taken with the crime of bullying, a reactive approach to the crime of school shootings is futile.

Bullying is a crime in which the perpetrators are rarely punished and the victims rarely receive justice. This crime is usually repetitive; a victim is injured and traumatized over and over. Yet, bullying is rarely acknowledged as a crime. When bullying claims yet another victim, few notice and few care. Oftentimes, the victims themselves are blamed by being told that they must be doing something to 'deserve' it.

These victims are isolated and usually suffer in silence. The media doesn't broadcast the injuries or deaths of these silenced victims. Our great Nation doesn't share in their pain or extend sympathies to the survivors. Communities aren't outraged by these senseless, (and equally) devastating crimes being committed in our schools. The only outrage in our nation, in our communities, is when the psychiatric injuries caused by the bullying are externalized, and we have another

school shooting.

In the adult world, we have laws against bullying crimes. We do not tolerate these crimes in our workplace. Yet, our children are told they must tolerate this in their workplace, our public schools. Society, in general, has the mindset that it is all right or a rite of passage for bullies to deliberately and systematically destroy their victims, our children. Why, but why, would anyone ask our children to endure more than we as adults could?

How could anyone expect our children to make it through humiliation, torment, isolation, assaults or a brutal beating unscathed? We shouldn't and they don't.

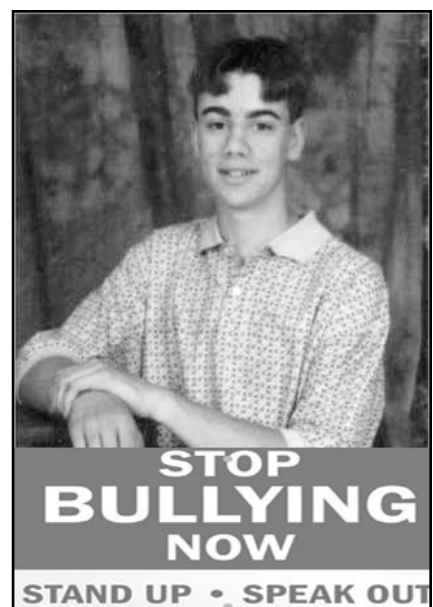
In the adult world these offenses and crimes have names. Society uses different terms for these offenses and crimes when our children are the victims. I must pose the question to law enforcement, to school administrators and to our society. At what age does teasing become harassment, taunting become tormenting, following-stalking, punching-assaulting, or a fight become a battery or a beating?

As long as this mindset prevails, our most vulnerable will continue to be our least protected. Oh, some kids will survive the bullies just like some adults survive being victimized. However, in both instances, the injuries and the recovery depends largely on the number, frequency, severity and duration of the crime or crimes.

Some children will leave school to escape the victimiza-

tion. They might only be deprived of their education, a small price to pay to escape the torment and humiliation. Some children will leave their hometowns to get away from the harassment and torture. Some children will turn to substance abuse and self-medicate in an attempt to escape their pain and suffering. Some will lose all self-confidence and always believe that there must be something wrong with them, that they did deserve it like everyone said. (If not, why would those in a position to help, to save them from a living hell, have condoned these crimes against them?) Some children will leave this world to escape their living hell on this earth, as their pain is with them

By the mother of Brandon Swartwood,
Cathy Swartwood



See *Bullies kill*, page 8

EATING

well for **DIABETES**

By Tara Conway, MS, RD/LD, CDE
C&A Diabetes Wellness Program

All women are vulnerable to breast cancer but some have higher risk than others.

Risk factors include family history of breast cancer, menstruation before age 12, menopause after age 55, having your first child at age 35 or later, older age and being overweight as weight is tied to breast cancer and many other cancers.

Eating smarter can reduce the risk of getting breast cancer as well as other types of cancer. Foods high in dietary fiber, vitamins, minerals & phytonutrients can help fight against some cancers. Examples of those foods include:

Cruciferous and dark leafy green vegetables, such as spinach, broccoli, cauliflower, Brussels sprouts, cabbage, collards and kale.

October is National Breast Cancer Awareness Month



Fruits include citrus, berries and cherries
Whole Grains like oats, berry, bulgur, whole-grain pastas, breads, cereals and crackers.

Legumes such as dried beans and peas, lentils and soybean.

Engaging in regular physical activity can help reduce your risk and maintain your weight. Regular physical activity and healthy eating can also help with weight loss. Aim for 30 minutes a day on most days of the week.

For more information on weight loss and exercise contact the Diabetes Wellness Program (800) 247-4612 Ext. 27685.

Source: *Academy of Nutrition and Dietetics "It's all about Eating Right"*

ATTENTION HIGHER EDUCATION APPLICANTS

The **DEADLINE** for submission of **BIA-Higher Education applications** is **QUICKLY** approaching:

NOVEMBER 1, 2012 for Spring'2013 term

With the rising costs of tuition, more students are meeting deadlines. There is no longer an appeal process for late applicants. Applicants are encouraged to apply on time and send documents to complete their application, to ensure they will receive a scholarship.

Applications can be copied from our tribal website www.c-a-tribes.org/higher_education application requirements. There are five pages to be copied. Applicants may send

the one-page application, statement of privacy form and any documents they have by November 1 then send remaining documents as they receive them.

Applications must be sent by U.S. mail to: Higher Education Program, PO Box 167, Concho, OK 73022 or hand delivered to 200 Wolf Robe Circle, Concho (the old boarding school). Please do not fax the applications or send as email attachments.

The Domestic Violence program services Canadian, Kingfisher, Blaine, Dewey, Custer, Washita, Beckham and Roger Mills counties.

Women Are Sacred



The Cheyenne and Arapaho tribes Domestic Violence Program provides **Counseling** for Native American women, including the elderly, who have been involved in domestic abuse, sexual assault or stalking.

Advocacy in obtaining victim's protective orders and referrals to agencies that may be of assistance to them.

Support for clients and their families while in crisis.

For more information or help call
(405) 422-7692-office or toll free
(800) 247-0345 ext. 27692

This project is supported by Grant No.2209-TW-AX-0039 awarded by the Office on Violence Against Women, U.S. Department of Justice

Watonga Indian Health Center dental department scheduling for October

Submitted article

The Watonga Indian Health Center would like to remind patients that the Dental department's regular office hours are Monday- Friday and they are open from 8 a.m. - 5 p.m. daily. The Dental department provides a wide array of dental services to meet your needs.

Patients are reminded that it is always best to schedule an appointment, but that walk-ins will be accepted and are seen in between scheduled appointments.

If you have an appointment and need to cancel or reschedule, 48 hours advance notice is appreciated. Notifying us in advance allows us to re-use that time slot for other patients who are waiting for

appointments.

During the month of October, the Watonga Dental clinic will have no dentist on Oct 17, 2012. There will be a dental assistant available to help you schedule an appointment or answer any questions you may have. During this time, patients may seek services at the El Reno Indian Health Center or Clinton Indian Health Center dental clinics or request to be seen in the Medical Clinic if they are experiencing severe pain or discomfort.

As always, the mission of the Clinton Service Unit is to promote a culture that supports and develops caring, compassionate and competent healthcare.



Healthy Bites Cooking Class Fall Recipes

Contact Kristie Purdy (580) 331-3458

FREE class-promotes healthy eating habits and cooking techniques. Nutritional and wellness information. Have fun learning to cook and eat healthy

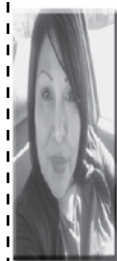
Noon-1 p.m. Tuesday-Oct. 16
Clinton Indian Health Center Large Conference Room and
Noon-1p.m. Friday, Oct. 19
Native American Church building
Concho, Okla.



Central Hair & Nail Salon

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3518 N. MacArthur Blvd.
Oklahoma City
Tues-Fri 10:30-6:30
Sat. 10-6

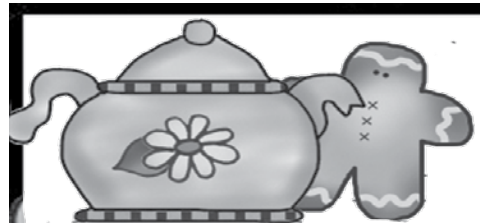


Georgia Moore McGee
Cell 405.738.8419
Salon 405.943.1819

September/October Special
Ladies Color & Cut \$45.
Mens Hair Cuts \$8
CLIP THIS COUPON!!!



Subscribe NOW to the Cheyenne & Arapaho Tribal Tribune \$35/Year 405/422-7608



Spicy Buffalo Phyllo Rolls Cooking with USDA Foods

Recipes furnished by the Cheyenne & Arapaho Food Distribution Program

- 1 tblsp. Canola oil
- 1-1/4 pounds ground buffalo meat
- 1 Vidalia onion, finely chopped
- 1 (4 oz) can chopped mild green chilies
- 1 (1-oz) package salt free taco seasoning
- 2 garlic cloves, minced
- 1 cup reduced fat shredded sharp cheddar cheese
- 2 tblsp. Reduced fat sour cream
- 1/4 cup fresh Cilantro, chopped
- 4 scallions, finely chopped
- 16 (9x14) sheets frozen phyllo dough, thawed
- 1 cup low-sodium mild green salsa

Preheat oven to 375 degrees F. Spray two baking sheets with nonstick spray.

Heat oil in a large nonstick skillet over medium high heat. Add buffalo, onion, chilies, taco seasoning and garlic. Cook stirring occasionally over medium heat, until the buffalo meat is browned and any liquid has completely evaporated, about 8 minutes. Remove from heat. Stir in cheese, sour cream, cilantro and scallions, mixing with a fork until well blended.

Place one sheet of phyllo with the short side facing you on a work surface. (Cover remaining phyllo with plastic wrap to keep from drying out.) Lightly spray the phyllo sheet with nonstick spray, then fold it in half lengthwise. Place about 2 tablespoons of filling in the center of the bottom end of the phyllo. Roll up jelly-roll fashion. Place the roll, seam side down, on the baking sheet. Lightly spray the roll with nonstick spray.

Repeat with remaining phyllo sheets, filling and cooking spray to make a total of 16 rolls.

Bake until the filling is hot and the rolls are lightly golden, 20-25 minutes. Let cook 5 minutes, then cut each roll in half. Serve with salsa.



BRIEFS

The 43rd annual Native American Indian Education Tradeshow and Conference

Oct. 18-21, 2012 at the Cox Convention Center in Oklahoma City. For more information visit www.niea.org.

The 69th annual National Congress of American Indians Convention

Oct. 21-26, 2012 at the Sacramento Convention Center in Sacramento, Calif. For more information or to register visit www.ncai.org.

Introduction to Indian Housing Management

Oct. 25-26, 2012 at the Hampton Inn Tropicana in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Leadership Skills for Native Women

Nov. 1-2, 2012 at the Holiday Inn and Suites in Albuquerque, N.M. For more information or to register visit www.falmouthinstitute.com.

Wills and Probate in Indian Country

Nov. 1-2, 2012 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

The 13th annual Technology Conference for the Native American Industry

Nov. 5-8, 2012 at the Town and Country Hotel in San Diego, Calif. For more information or to register visit www.tribalnetonline.com.

The 21st annual National

Native American Emergency Management Services (EMS) Educational Conference

Nov. 5-9, 2012 in Las Vegas, Nev. For more information or to register visit www.nnaemsa.org.

Developing Tribal Travel Policies Using IRS and OMB Guidelines

Nov. 5-6, 2012 at the Embassy Suites in Las Vegas, Nev. For more information or to register visit www.falmouthinstitute.com.

Federal Grants and Contracts Accounting

Nov. 6-7, 2012 at the Embassy Suites in Las Vegas, Nev. For more information visit www.falmouthinstitute.com.

The second annual Native American 8(A) Conference-Government Contracting and Small Business Development

Nov. 8-9, 2012 at the Morongo Casino Resort and Spa in Cabazon, Calif. For more information visit www.nativenationevents.org.

The New annual Native Leadership Conference

Nov. 12-13, 2012 at the Scottsdale Cottonwood Resort in Scottsdale, Ariz. For more information or to register visit www.dciamerica.com.

The National Center for American Indian Enterprise Development RES 2012

Nov. 14-15, 2012 at the Hard Rock Hotel and Casino in Tulsa, Okla. For more information or to register visit www.ncaied.org.



It's not a Tootsie Roll

Submitted by John Blackowl
Indian Alcohol Substance Abuse Project

Cheeba Chew, looks and feels like a Tootsie Roll and if eaten is the same as smoking a joint.

Television station NECN anchor, Elleen Curran, reported, "It's called Cheeba Chew. It looks and feels like a tootsie roll, but it's a far cry from a piece of candy."

"One cheeba chew is like smoking a joint," Shane Bowles, Massachusetts police officer said. "That's because it contains THC a component of marijuana. The chews are produced and sold as medical marijuana in California and Colorado, where it's legal. In Massachusetts it is not."

During a routine traffic stop in December Wayland police pulled over a 17 year old high school student and found four Cheeba Chews on him. At first, they were not exactly sure what they were, but after a little research, they realized it was pot.

"Rather than smoking a marijuana joint or using a marijuana pipe, they're chewing this and using it as another way to get high," Detective Sgt. Jamie Berger said.

Most students at Wayland High School that NECN talked with were not aware of Cheeba Chews, but some were.

"The name sounds familiar," Liana Nierenberg said a se-

nior. "But I'm not really sure what it is."

Another student, Riley Starr, a senior, said, "I've just seen kids holding them never really actually touched it or seen it up close."

Other students interviewed at Wayland High School said they had never heard of it before.

The chews have a chocolate additive, but there's still a strong smell of marijuana. Police are concerned little kids will get a hold of it and eat it.

"It looks like candy, kids want to eat candy," Bowles said, who is the school youth officer in town. "That is why police are warning parents to be vigilant about their teens and their little ones."

Mike Cerone has a four year old son and is concerned with the availability of Cheeba Chews.

"He sees candy, that's something he's going to want to eat," Cerone said. "It's definitely scary."

Wayland Police say they've been in touch with other communities that have reported the same thing. They say it isn't a widespread problem right now, but fear it could turn into one.

Powwows & Events CALENDAR

Cheyenne and Arapaho tribes R.E.Sp.E.C.T. Fall Campout

Oct. 17-19, 2012 at the Concho powwow grounds in Concho, Okla. Check in by 6 p.m. on Oct. 17. Check out by 10 p.m. on Oct. 19. Call (800) 247-4612 ext. 27570 or ext 27723 for more information.

The 43rd annual National Indian Education Association (NIEA) Convention and Tradeshow

Oct. 18-21, 2012 at the Cox Convention Center in Oklahoma City. A social powwow will take place starting at 5 p.m. Saturday, Oct. 20, 2012, also at the Cox Convention Center. For more information visit www.niea.org.

The Trail of Tears - 2 nights only

Thursday, Oct. 18 and Thursday, Oct. 25, 2012 from dusk to 10:30 p.m. in Calumet, Okla. Take I-40 W to exit 115 (Calumet). Turn north (right) for 1/2 mile to Paved Route 66 sign. Turn west (left) 5 miles to Mayberry Road. Turn south (left) four miles to Trail of Terror. Signs will be posted.

Indian Taco Sale hosted by the Oklahoma City Powwow Club

11 a.m. - 3 p.m. Oct. 19, 2012 at the Billy Hooten Church, 2444 N.W. 1st Terrace in Oklahoma City. For deliveries call (405) 235-4777.

Red Earth Oklahoma Classics

5 p.m., Oct. 19, 2012 at the Remington Park Horse Track in Oklahoma City. Remington Park and Red Earth, Inc. will present Oklahoma Classics, an evening filled with Indian dancers, Native American storytelling and more than \$1 million in purses during live Oklahoma-bred horse racing. All activities free and open to the public. Racing begins at 6:30 p.m. For information: (405) 427-5228 or visit www.redearth.org.

El Reno's Haunted Barn

Dusk-10:30 p.m., Oct. 19-20. Oct. 26-27 and Oct. 31, 2012 at 2701 W. 10th Street (E1060 Road) in El Reno, Okla. Adults \$10, children 12 and under \$8. For more information visit www.okc.about.com/HauntedBarn.

The second annual Honoring Their Spirits

3 p.m.-6 p.m., Oct. 19, 2012 at the Concho Community Center in Concho, Okla. Hosted by the Cheyenne and Arapaho Domestic Violence Program. An invitation to come and share your loved one's story, light a candle in their memory, enjoy a meal and release a balloon to the heavens, is being extended to all individuals who have lost someone to domestic violence. RSVP to Karen Hinton at (405) 422-7692 or Augustine Red Hat at (405) 422-7639 by Oct. 19, 2012.

Emmett RedBird Sr. Honor Dance

Oct. 20, 2012 at the Concho Community Center in Concho, Okla. Gourd dance starts at 2 p.m. Supper at 5 p.m. Vendors are welcomed. For more information contact Vivian Geimausaddle at (405) 708-3975.

Pryor Contest Powwow

Oct. 20, 2012 at the MidAmerica Expo Center, 526 Airport Road in Pryor, Okla. Men's Fancy Dance, 16 years and up, Men's Traditional, 16 years and up, Senior Ladies Southern Cloth, 55 years and up, Tiny Tots, 6 years and under. Contestants must in Grand Entry. For more information call (918) 698-0583.

Haunt the Zoo for Halloween

6:30 p.m.-8:30 p.m. nightly from Oct. 26-Oct. 31, 2012 at the Oklahoma City Zoo. Cost of admission is \$7 per child, accompanying adults, 18 and over, admitted free. For more information visit www.info.com/Oklahoma-City-Zoo.

Haskell Alumni Association of Oklahoma's annual Reunion

Oct. 26-28, 2012 at the Park Inn Hotel in Tulsa, Okla. Honoring the 50th year anniversary of the 1962 graduating class. For more information contact Flo Tanner SpottedBear at (918) 948-2505, Loretta Burgess at (918) 633-7030 or Carmen McKosato Ketcher at (918) 333-7483.

Benefit Gourd Dance

Oct. 27, 2012 at the Concho Community Center in Concho, Okla. Gourd dance at 2 p.m. Chili supper at 5 p.m. For more information contact Berdina Kodaseet at (405) 201-1283.

Masquerade Fundraising Dance for the Clinton Playground project

Oct. 28, 2012 beginning at 3 p.m. All proceeds will go towards the purchase of new playground equipment to be located near the new Clinton Community Center in Clinton, Okla. For more information contact Kim R. at (580) 309-7633 or Sammarrah G. at (580) 214-0954.

Talking Leaves Job Corps annual powwow

Nov. 3, 2012, at the Talking Leaves campus, 5700 Bald Hill Road in Tahlequah, Okla. Gourd dancing from 2 p.m. - 5 p.m. Grand Entry at 7 p.m. Free admission. For more information contact David Gourd (918) 207-3340 or (918) 207-3425 or gourd.david@jobcorps.org.

Honoring the Beat of Life powwow

Nov. 3, 2012 at the Concho Community Center in Concho, Okla. Honoring all heart attack and stroke survivors and their families. Gourd dancing at 3 p.m. Supper at 5:30 p.m. Grand Entry at 7 p.m. Free activities from 3 p.m.-5 p.m., free health screenings, adult flu shots, healthy cooking demonstrations, zumba and much more. For more information contact Rachel Crawford at (405) 591-6931.

Two plead guilty in case involving methamphetamine lab in Indian Country

Oklahoma City, Oklahoma – Today, JOHN PETER McDONALD, 35, of Elgin, Oklahoma, pled guilty to manufacturing methamphetamine and VERNA MARIE MIHECOBY, 29, from Fletcher, Oklahoma, pled guilty to maintaining a premises for manufacturing methamphetamine in Comanche County, within Indian country, announced Sanford C. Coats, United States Attorney for the Western District of Oklahoma.

McDonald and Mihecoby were indicted on July 10, 2012. Today, at their plea hearings, McDonald admitted that he manufactured methamphetamine on April 25, 2012, in Comanche County. Mihecoby admitted that

she allowed McDonald to engage in the manufacture of methamphetamine on the property where she resided. At sentencing, McDonald faces up to forty years in federal prison and a 5 million dollar fine. Mihecoby faces up to twenty years in federal prison and a \$500,000 fine. A sentencing date will be set by the Court in approximately 90 days.

The case is the result of an investigation conducted by the Bureau of Indian Affairs and the Comanche Nation Tribal Police and is being prosecuted by Assistant U.S. Attorney Arvo Q. Mikkanen.

Bullies kill

continued from page 6

wherever they go.

Other children will learn to accept the physical and/or psychological injuries inflicted upon them, "just for fun." They will go to the doctors and take their medications and accept the fact that life isn't fair. They won't question the system or why they were not allowed to get a public education just because someone didn't like the way they dressed, or perhaps the way they looked. Or maybe it was the music they listened to, or the vehicle they drove. Could have been that they were really intelligent or perhaps that they really struggled to learn. Or maybe the bullies used even better excuses like they thought they were a Christian or they thought they were a Satanist, they thought they were gay or they thought they were straight, they thought they were rich or they thought they were poor, etc.

At any rate, surely, we shouldn't think that these victims would have a problem with some bullies setting themselves up as judge, jury and executioner, thus depriving their victims of their education, their health and their happiness. Surely, we should expect the victims to be okay, to come through this uninjured and unscathed?

When we don't acknowledge bullying as a real crime, we dismiss the very

real injuries that are inflicted upon its victims. Although the psychological injuries and the extent can be varied, they are real injuries. Sometimes, the symptoms are internalized and sometimes they are externalized, sometimes both. In either case bullying kills. In both cases children die.

I speak from experience, my beloved son, Brandon, was a victim of bullying. Brandon developed Post Traumatic Stress Disorder (PTSD) and depression after being harassed, tormented, isolated, assaulted and brutally beaten in our public school system. When we took out a protective order against the bullies, he, the bully decided to send a friend into the principal's office to claim that Brandon had made a bomb threat. It was absurd, along with the way that the school handled the allegation. The damage done to Brandon over this incident, alone, was beyond measure ... victimize the victim. Later on the assistant principal told me was not convinced Brandon had not made a bomb threat, unfortunately, the damage to Brandon could not be undone. Brandon had to live with the stigma of the 'would-be bomber. This is just one of the incidents. There were many.

On Dec. 16 Brandon put a loaded gun to his head, pulled the trigger and ended

his pain. Some of the bullies have said, (through their crocodile tears), that they didn't realize what they were doing, that they were, "just having fun."

Those years that I watched my son die a slow and painful death. Those years that I saw the sparkling light of joy, love, and hope in his big, beautiful, brown eyes slowly replaced with the darkness of pain, devastation, and hopelessness. The night that Brandon stood by me and told me that he felt, "dead inside," ... then the morning, three weeks later, that I stood over his dead body, knowing, that despite all my efforts to save my beloved son, the bullies job had been too well done. Their mission had been accomplished. Suffice to say that through all this, Brandon and all of us who love him were not having fun. Where was any justice for Brandon? Where is justice for us? Our light, our hope, our joy has been replaced with darkness, hopelessness, and an unrelenting sorrow. We feel "dead inside."

As tragic as all of these deaths are, the greater tragedy is if society doesn't stop to look at the reasons, and pause for a moment to see all the victims.

We as parents, teachers, communities, must stop BULLYING.

NEEDED: Foster Homes for our Cheyenne & Arapaho children!
You may be the one to change a child's life!

Preserve Their Future
Become a Foster Parent or Adoptive Parent TODAY!



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"Art by Sammy Lee"

Happy Birthday



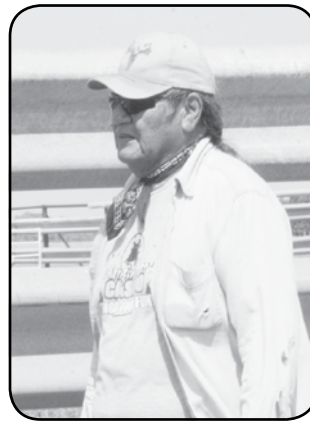
Happy 5th Birthday to our Princess
Araceli Mireya Martinez
Oct. 25

Celi you are growing up so fast! We look forward to spending everyday with you. Love the laughter and joy you bring us each day. Even when you're a teenager you're always going to be our baby. Love you, mama Gracie, daddy Silvino, Marisol, grandpa Francis, grandma Lydia, aunts, uncles, cousins and Rowdy too!



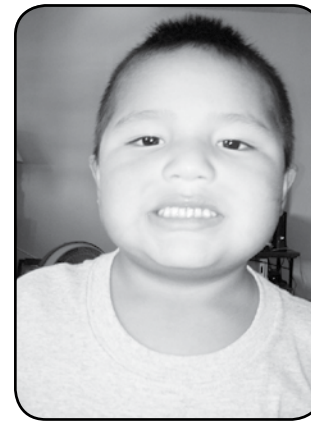
Happy Birthday To my little brother Deforest "De" Tallbear
Oct. 20

My support, my brother a pillar of strength I have always known. Your presence has always dwarfed mine. Younger you are to me, but your love is deeper so I can see. My little brother, your birthday is a special one to be celebrated in every glorious way. Happy Birthday brother! Love Margaret, TM, Blaine, Brandy, Baylee and Tori



Happy Birthday to our dad Francis Keith Hamilton Sr.
Oct. 7

Wish nothing but the best for you and wish you many more Birthdays!! Love you dad, Gracie, Desiree, Leah, Carrie, Will, Justin and Sean. Love all your grandbabies too and Rowdy!



Happy Birthday Gabriel Thomas, we love you!!! Grandma, mom, Jules, Sarah, uncle Josh, uncle Mark, aunt Amanda, Haley, Daniel, Dylan, Rachel and momma Janet!!!



Joseph Roman Nose
Oct. 5
Happy Belated Birthday papa!
From your first grandson Brandon James Wermey Jr.



Happy 8th Birthday Keilani Nicole Tahah
Nov. 5
Love, from your mom, brother, Ni shii gii, papa, uncle and auntie.



Happy 4th Birthday to our beautiful little girl Kynadee Sue!
Oct. 23

We love you so much and hope you have the best day ever! May you be blessed with many, many more! Love mom, dad, Dylan, Caleb, Kyle, Ryan and Lauren.

Happy Birthday to my brothers and sister JoJo Bigmedicine Oct. 27 Sarah Oldbear Oct. 30 and Albert RedHat Jr. Nov. 2
Love your sister



Happy Birthday Levi!!
Love you!
From auntie Coli

Happy Birthday Cori Yellowhorse in Kilroy, Ca
Oct. 29
Love auntie-MBM



Happy Birthday Oct. 1

Lexi Jo Hamilton, 13 and her grandmother Josephine Whiteskunk who will be ??? and many more to come. Lexi is in the 7th grade at Waetherford Middle School and is a straight A student and is also in the Honor Society. Her grandmother is very proud of her. For Lexi and Josephine "I can do all things through Christ Jesus which strengthens me." Phil 4:13 Love from all your friends and family



Silas Frederick Woods
Happy Belated 1st Birthday
Sept. 16
Son of Fritz and Nina Woods
Brother of Marcus, Marcella Sankey and Anissa Woods

Emo'ohane Youngbull



Wishing our beautiful granddaughter in Utah a Happy 5th Birthday!! Emo'ohane Youngbull We love you very much! From grandpa and grandma in Okla.

Happy Belated Birthday grandma Pam!
We love you with all our hearts!
Love, Marley and Cruz

Happy Belated Birthday to my little sis Irene Redbird Deer, even though we argue and get mad at each other I just want to say thanks for being there for me when I need you. Love you, your sis Chick



Happy Birthday to my nephews Theodore and Corlett Blindwoman
Oct. 6 and Oct. 11



Happy Birthday to my brother-in-law Vernell Oct. 28

Irene Frances Whitetail Mendivil and Nate Martin



HAPPILY Engaged

Spencer and Winnie White Tail-Mendivil would like to announce the engagement of their daughter, Irene-Frances White Tail-Mendivil, Cheyenne tribal member to Nate Martin, Oneida tribal member from Oneida, WI. Father of the groom is John Martin. Parents of the groom are Sherry and Bruce King of Oneida, WI. Irene and Nate will wed on Nov. 18, 2012 in Gilbert, Ariz. and will make their home in west Phoenix. Irene is a Registered Nurse with the Mayo Clinic and is a U.S. Air Force veteran. Nate is employed with a local university. Irene is the granddaughter of Hailman White Tail, Sr and Beverly K. Wilson. She is the great granddaughter of Arapaho Chief Ralph White Tail and Pauline Howling Crane White Tail. Irene is also the great-granddaughter of Susie Wilson and Manuel Atenci and granddaughter of Charles and Betty Mendivil. The family of Irene and Nate wish them well and many blessings in beginning their new life together.

Thomascine and Vernell Whitewoman



Happy 33rd Anniversary Oct. 8
When you two found each other, you gained the finest prize: a companion to share life's joys, a friend who lightens burdens, whose company is always a comfort. When you found each other, you embraced the love you had dreamed of, the source of endless pleasure and memories to treasure. May your anniversary remind you of how precious that day was, when you found each other. From all the family in Oklahoma, Montana, Wyoming and South Dakota

Thomas Varsity Football Schedule

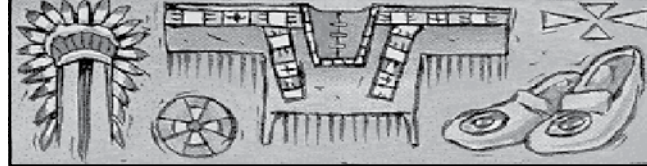
Oct. 12 Hollis Home 7:00 p.m.
Oct. 18 Cordell Away 7:00 p.m.
Oct. 26 Synder Home 7:00 p.m.
Nov. 2 Playoffs

Thomas is undefeated 6-0
Go Temers !!!!
We are proud of you!!!
Teresa Rice



Memorial Dance for Paul Harvey Rhoads

Saturday, Oct. 20, 2012
Clinton Community Hall
Clinton, Okla.
Gourd dancing to start at 3 p.m.
Supper at 6 p.m. followed by Gourd dancing and Intertribal dancing.
Head Staff: TBA
\$500 dollar winner take all Men's Grass Dance Contest
All Tiny Tots are invited.
For more information please call Isaac Rhoads (580) 309-4119 or Toby Rhoads (580) 323-2055



J O B S find your Career



Submit tribal application, resume, diploma, transcripts, valid Oklahoma state driver's license and CDIB to:
Personnel Department P.O. Box 38 Concho, OK 73022 or e-mail: whaag@c-a-tribes.org.

Teacher Aides-Head Start Concho, Clinton, Canton Closing Date:Continuous

Qualifications:

High school diploma or G.E.D. certification and minimum of one year experience working in an early childhood education classroom; or an equivalent combination of training and experience with willingness to obtain additional training and/or obtain additional training/or CDA or state certificate as requested. Ability to work effectively with low-income and special needs children. Ability to function effectively in cross-cultural situations. Ability to use positive approach in directing and redirecting child behavior, and work cooperatively as a member of a team. Current Childhood Emergency/CPA or First Aide/CPR certification or the ability to obtain one and CDL. Obtain and hold current food handler's card or the ability to obtain one. Maintain compliance with Criminal History Registry and agrees to random drug testing. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.

SALARY: Negotiable

Education Specialist, State Tribal Education Pilot (STEP) Program (2 positions) Concho and Canton Closing Date: Oct. 23, 2012

Qualifications:

Bachelor's degree in education or related field preferred or an equivalent combination of education and experience substituting one year of experience in teaching for each year of the required education. Must be able to pass background check. Valid driver's license required. Cheyenne and Arapaho preference.

SALARY: Negotiable

Systems Support Technician, (2 Full-time positions) Communications/IT Closing Date: Nov. 9, 2012

Qualifications:

Associate's degree in IT, or a related field, or any equivalent combination of experience, education and training which provides the desired knowledge, skills and abilities. Two years experience as an IT Technician or related field preferred. A+ or MCP desired. Currently 32 hour work week with potential of 40 hours in the future. Cheyenne and Arapaho preference.

SALARY: Negotiable

Food & Beverage Managers Clinton Open until filled

Qualifications:

The Cheyenne and Arapaho tribes, Lucky Star Casino is seeking a qualified Food and Beverage Manager.

Applicants must submit a CDIB, proof of social security number, photo identification and be able to obtain a gaming license.

Send your resume and application to Lucky Star Casino, Clinton, 101 N. Indian Hospital Road, Clinton, Okla. 73601. For more information contact the Human Resources office at (580) 323-6599.

SALARY: Negotiable

Caseworker Indian Child Welfare Closing Date:Until filled

Qualifications:

Prefer bachelor's degree in social work or related field or an equivalent combination of education and experience. Requires one year of experience in professional related experience. Ability to work flexible hours and willing to work other hours including after 5 p.m. Must have knowledge of crisis theory and interventions. Possess communication skills, written or oral, to relate to Indian and non-Indian communities, other agencies and the general public. Must have basic knowledge of early childhood education and child welfare casework and child abuse and neglect indicators. Ability to maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as to the confidentiality regulations. OSBI and criminal background check required and be adjudicated appropriately. Must possess a current Oklahoma driver's license to operate a government owned vehicle. Prefer knowledge of Cheyenne and Arapaho/American Indian cultures and values. Cheyenne and Arapaho preference.

SALARY: Negotiable

Food & Beverage Supervisors Clinton Open until filled

Qualifications:

The Cheyenne and Arapaho tribes, Lucky Star Casino is seeking qualified Food and Beverage Supervisor's we are looking to fill two positions.

Applicants must submit a CDIB, proof of social security number, photo identification and be able to obtain a gaming license.

Send your resume and application to Lucky Star Casino, Clinton, 101 N. Indian Hospital Road, Clinton, Okla. 73601. For more information contact the Human Resources office at (580) 323-6599.

Current Lucky Star Casino employees who are interested in the position should submit their resume and letter of interest to Lucky Star Casino, Human Resources Department.

SALARY: Negotiable

Teachers-Head Start Canton, Concho, Clinton Closing Date:Continuous

Qualifications:

CDA, AA, BA Degree in Early Childhood education and a minimum of two years experience working in an early childhood education classroom or an equivalent combination of training and experience. Early childhood education formal training and able to receive a CDA or an AA degree within 180 days of employment. Must pass drug and alcohol test. Must complete supplemental application. Must complete OKDHS Criminal Review Application. Must pass background investigation.

SALARY: Negotiable

TRIBAL TRIBUNE DEADLINES

At 3 p.m. every 8th and 23rd of the month. Unless the 8th or 23rd falls on a weekend, it will be the Friday preceding.

Dietitian - RD/LD Wellness Center, Concho Closing Date: Until Filled

Qualifications:

Bachelor's degree in nutrition from an accredited institution preferred. One to two years experience in diabetes education preferred. Must possess current registration through the Commission of Dietetic Registration and current licensure through the Oklahoma State Board of Medical Licensure and Supervision. Ability to work independently and ability to be reliable. Must possess a valid Oklahoma driver's license and meet requirements for the use of a GSA vehicle. Familiar with Cheyenne and Arapaho tribal culture. Must submit writing sample if successfully selected for an interview. Cheyenne and Arapaho tribal preference. Must be able to work flexible hours including but not limited to evenings and weekends. Must pass OSBI background check.

SALARY: Negotiable

Education Outreach Counselors Clinton Closing Date: Oct. 24, 2012

Qualifications:

Bachelor's degree in education or related field preferred or an equivalent combination of education and experience, substituting one year of experience in teaching for each year of the required education. Cheyenne and Arapaho preference

SALARY: Negotiable

Payroll/Travel Supervisor Treasury Department Closing Date: Oct. 23, 2012

Qualifications:

BA or BS in finance or accounting experience preferred. Ten years finance or accounting experience required. MIS software experience preferred. Cheyenne and Arapaho preference.

SALARY: Negotiable

Child Development Teacher Clinton Center Closing Date:Until Filled

Qualifications:

Teachers hired after July 1, 1995 are required to be at least 18 years of age, have a high school diploma or G.E.D. certification or have completed the 10th grade and be in the process of obtaining a G.E.D. for a period not to exceed 12 months. Must sign employee contract stating employee will attain CDA or mastery certification to maintain employment. Must have a valid Oklahoma driver's license. Must pass a physical exam. Must be able to lift 50lbs. Must be physically fit to work daily with children. Must demonstrate basic knowledge of early childhood development. Must attend staff meetings as well as parent meetings when required. Must submit monthly reports. Must attend workshops. Must have adequate transportation and have skills to relate to the community in general. Must pass a criminal background check, mandatory drug and alcohol tests and be willing to work flexible hours. Cheyenne and Arapaho preference.

SALARY: Negotiable

Site Manager R.E.Sp.E.C.T.-Clinton Closing Date:Until filled

Qualifications:

Must possess a high school diploma or G.E.D. certification. Associate's degree preferred or two years of work experience in related field or its equivalent. Must be willing to further education and must receive and maintain CPR/First Aid Certifications. Knowledgeable about the Cheyenne and Arapaho people, communities, traditions, culture and customs. Possess a valid Oklahoma driver's license. Cheyenne and Arapaho tribal preference and must pass a background check.

SALARY: Negotiable

Program Coordinator, State Tribal Education Pilot (STEP) Program Department of Education, Concho Closing Date: Oct. 23, 2012

Qualifications:

Bachelor's degree or higher in an education or related field with at least five years work experience working with children and families. Experience working with the Native population. Must be able to pass background check. Valid driver's license required. Cheyenne and Arapaho preference.

SALARY: Negotiable

Information Assistant, State Tribal Education Pilot (STEP) Program Department of Education Closing Date: Oct. 23, 2012

Qualifications:

Bachelor's degree in educational leadership or information technology or related field preferred or an equivalent combination of education and experience, substituting one year of experience for one year of education. Valid driver's license required. Must be able to pass background check. Cheyenne and Arapaho preference.

SALARY: Negotiable

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED SEP 04 2012
IN THE TRIAL COURT OF THE CHEYENNE AND ARAPAHO TRIBES IN THE TRIAL COURT OF CONCHO, OKLAHOMA
CHICKASAW NATION CHILD SUPPORT SERVICES, EX. REL., BERNADETTE LITTLESUN, PLAINTIFF,
VS. WYLAN BUFFALOEMAT, OBLIGOR
WYLAN BUFFALOEMAT, DEFENDANT. BERNADETTE LITTLESUN, CUSTODIAN

NOTICE BY PUBLICATION
TRIAL COURT OF THE CHEYENNE & ARAPAHO TRIBES: WYLAN BUFFALOEMAT

TAKE NOTICE that a Petition to Register District Court Order and a Petition to Determine Arrears to Judgment in the Court listed above by the Plaintiff. You must appear in the Trial Court of the Cheyenne and Arapaho Tribes, Concho, Oklahoma the 4th day of December, 2012, at 9:00 a.m., or an Order Registering District Court Order and an Order Reducing Arrears to Judgment will be entered and all other relief sought will be granted to the Plaintiff.

Given under my hand and seal this 4th day of September, 2012.

Robert W. Gray, Clerk
P.O. Box 1809
Ada, Oklahoma 74820
580436-3419
Attorney for Chickasaw Nation Child Support Services

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED SEP 26 2012
IN THE TRIAL COURT OF THE CHEYENNE AND ARAPAHO TRIBES IN THE TRIAL COURT OF CONCHO, OKLAHOMA 73022
ANDREANA DANIEL-SMITH, Plaintiff
To Change Her Name

NOTICE BY PUBLICATION
TAKE NOTICE, that Andreana Daniel-Smith has filed in this Court a Petition For Name Change, as follows, to wit: from Andreana Daniel-Smith to Andreana Daniel and that the same will be heard by the Cheyenne and Arapaho Trial Court of Concho, Oklahoma in the Courthouse located at 700 Black Kettle Boulevard, P.O. Box 102, Concho, Oklahoma, 73022, on the 24th day OCTOBER, 2012 at 10:00 A.M., and any written protest may be filed in the case, prior to the date set for the hearing.

Issued this 26th day of SEPTEMBER, 2012.

Rebekah Martin, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED OCT 04 2012
IN THE TRIAL COURT OF THE CHEYENNE AND ARAPAHO TRIBES IN THE TRIAL COURT OF CONCHO, OKLAHOMA 73022
H.G. III, DOB: 6/20/ L.G., DOB: 12/24/

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: MACY LIMPY HARRY GARCIA JR.

You are hereby notified that FRANCES GARCIA has filed in this Court a Petition For Appointment Of Custody of the child, H.G. III AND L.G., minor children, and that on 3RD day of October, 2012 the petitioner, FRANCES GARCIA has filed a Petition for Custody, and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 14th day of NOVEMBER, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Permanent Custody should not be granted.

Dated this 4th day of OCTOBER, 2012.

Ricardo Richardson, Deputy Court Clerk
Cheyenne and Arapaho Trial Court

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED OCT 09 2012
IN THE DISTRICT COURT OF THE CHEYENNE AND ARAPAHO TRIBES IN THE TRIAL COURT OF CONCHO, OKLAHOMA 73022
CASANDRA FAY SHARP, Plaintiff
vs. RICHARD ALLEN HERRERA, Defendant.

NOTICE BY PUBLICATION
The Cheyenne-Arapaho Tribes to: RICHARD ALLEN HERRERA

You are hereby notified that Casandra Fay Sharp has filed in this Court a Petition For Custody regarding, Ruben Alexander Praser-Herrera, a minor child, and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne-Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 29th day of NOVEMBER, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said relief should not be granted.

Dated this 9th day of October, 2012.

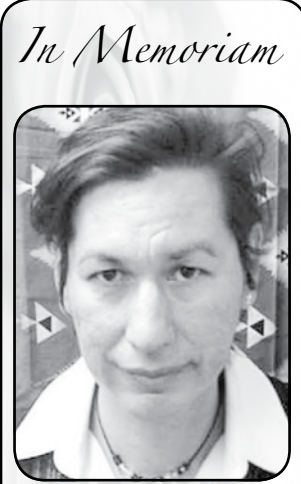
Fran Wilson, Deputy Court Clerk
Cheyenne-Arapaho Trial Court



Geraldine "Sherry" Wells Jan. 20, 1940 Oct. 4, 2012

Wakes services were held on Oct. 8, 2012 at the Huber-Benson Funeral Home Chapel in El Reno, Okla.

Graveside service was held on Oct. 9, 2012 at the Concho Cemetery in Concho, Okla.



John David Stoneroad Feb. 3, 1967 Oct. 9, 2012

Wake services were held on Oct. 12, 2012 at the Geary Community Building in Geary Okla.

Funeral services were held on Oct. 13, 2012 at the Geary First Baptist Church in Geary, Okla.

CHEYENNE & ARAPAHO TRIBES OF OKLAHOMA
FILED OCT 09 2012
IN THE TRIAL COURT OF THE CHEYENNE AND ARAPAHO TRIBES IN THE TRIAL COURT OF CONCHO, OKLAHOMA 73022
CHARLES LAFYOY WOOD, Plaintiff
vs. GEORGIA CALLSHIM WOOD, Defendant.

NOTICE BY PUBLICATION
The Cheyenne and Arapaho Tribes to: GEORGIA CALLSHIM WOOD

You are hereby notified that Charles Lafoy Wood has filed in this Court a Petition For Dissolution of Marriage and that said Petition is hereby set for a Hearing to be heard in the Courtroom of said Trial Court of the Cheyenne and Arapaho Tribes, 700 Black Kettle Boulevard, Concho, Oklahoma, on the 11th day of NOVEMBER, 2012 at 10:00 A.M., at which time you may appear and show cause, if any you have, why said Divorce should not be granted.

Dated this 9th day of October, 2012.

Edwina Whiteman, Court Clerk
Cheyenne and Arapaho Trial Court

Journey to U.S. citizenship

continued from page 2



From l-r: Dionne's mother, Diane Willis, Dionne Brambila, Sixto Brambila and Dionne's father, Del Ray Thomas.

jara Jalisco. He spent the next year working, playing soccer and praying for the day he could be reunited with his wife and children. During this time Dionne returned home, continued to work for Lucky Star Casino and to call Sixto on a daily basis.

"Its so different over there, its so hard to call and to get phone cards ... when you get one, you know their money isn't worth what our money here is worth and the phone cards wouldn't last very long ... it was so difficult and so very hard on both of us," Dionne said. "I know that day was the hardest day of my life ... the kids were so little and I was crying so hard. The first stop I made was to call my mom and she met me halfway. You know even though I knew Sixto didn't go out and party, he wasn't like that, in my mind I still had those fears of what if he meets someone and doesn't want to come back and I am pretty sure he thought the same thing. It was scary and it was extremely hard."

Sixto would remain in Mexico for over a

year, until March 2008 when he was finally granted residency (green card) and was allowed to return to the United States, though his green card would expire and he would have to once again reapply.

"I remember asking Sixto if he wanted to go all the way and become a citizen and he really didn't have an interest in doing that, but you know time goes by and when we would travel to Mexico to visit his mom, dad and family, Sixto began to want to fix their papers so they could freely come to the United States ... but in order to help them, he had to become a citizen himself ... I believe that is what really motivated him ... knowing he could help his family," Dionne said.

After all they had walked through, Dionne and Sixto pushed forward and took it upon themselves to complete Sixto's journey to full citizenship.

"Basically you have to be a resident (green card) for three years, which I was, you couldn't have any kind of legal trouble,

felonies, drug or alcohol charges, which I didn't and I had to study ... a lot," Sixto said. "They test you on the history of the United States by giving you 100 questions you have to study for. Out of that 100 questions they pick ten questions to give you and you have to get six out of the ten completely right to pass."

After years of determination, Sixto and Dionne received word that Sixto would be included in the Naturalization Ceremony at UCO.

"I was so excited to be recognized as a citizen after so many years. I don't have to worry about having my papers taken away or that I am going to be sent back to Mexico and be separated from my family ... now I belong. Now I can help my parents and my family. My whole family is still in Mexico and I miss them very much," Sixto said. "It was harder back then because I had to go six years without seeing my mom ... that was very hard ... if I had tried to go see her I wouldn't be able to get back into the United States and I couldn't take that chance."

Today Sixto speaks English fluently and said he learned from his wife Dionne. Dionne's Spanish has also improved from when they first met 11 years ago, but they laughingly said they mostly speak English.

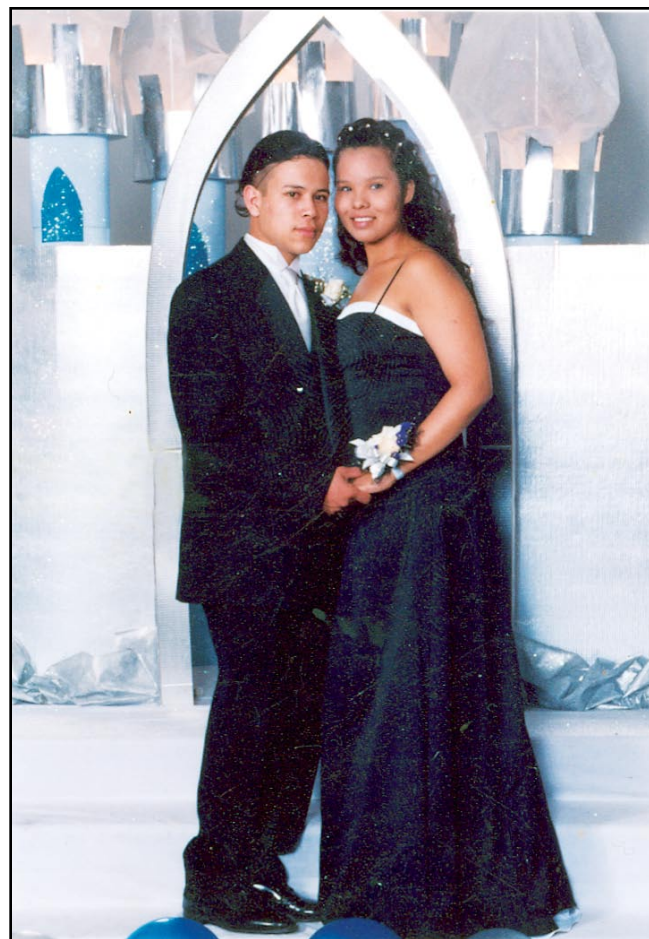
"I can speak Spanish but I really don't like to ... I don't want an accent," Dionne said. "It's all been worth it and we would not trade anything that has happened because of where we are today."

Sixto said he hopes more people will push forward and not be afraid to become a citi-

zen. "Don't be scared to become a citizen, just keep going forward. You know I was scared because I never knew what was going to happen. Just don't be scared, it's a long process, lots of money, but it's worth it in the end," Sixto said.

Dionne and Sixto have known others who have had to endure losing someone they love because their residency (green card) was revoked or they had gotten into trouble and sent back to Mexico.

"We have known others who had to go back, but with us they can't ever touch Sixto, no one can every make him leave again."



Sixto Brambila and Dionne at Dionne's high school prom.

Award winning movie, The Unrest



Courtesy photo

Mark Williams, Native Boy Productions holds up his award for Best Feature film from his movie, The Unrest.

The talents of Native American filmmakers showcase their work at the first annual Muscogee Creek, Mvskoke Film Festival, hosted by Mvskoke Media on Sept. 27, 2012 at the Riverwalk Movies in Jenks, Okla.

Winner of Best Feature Film was Director and Producer, Mark Williams for his film titled, *The Unrest*.

"I get my inspiration from the satisfaction of having the ability to touch people's lives. Whether it be through a funny scene, a scary story, an emotional ending or just the concept of eliciting an emotion from a person out of an idea or a scene that I wrote months ago on a piece of paper ... is just a magical feeling. To entertain in some way using my creativity makes me happy and I just want to do more of it," Williams said.

The night of the banquet was a red-carpet style event with six categories for Native American filmmakers to showcase their talent. The categories were documentary, feature, animation, comedy, short and student film.

Williams said one of his biggest challenges when writing a script for his films was his patience level.

"I am my worst critic and sometimes I lose track that the first draft is just that, a first draft. I constantly

want to knock it out of the park the first time around and that just doesn't happen," Williams laughed. "So I have to keep reminding myself that the first draft won't be a homerun and that I'm just going to have to be patient and that I will go through a lot of drafts before I'm ready to show someone or cast for it. Sometimes I'm just impatient and want to hurry and tell my story sometimes."

Williams said *The Unrest* is the biggest project he has taken on so far.

"One of the most memorable moments during the shooting of *The Unrest* was a scene that took four months to create. The scene involved the young character of Madison Gray, played by Rebecka Lyman, confronting an intimidating elder character of James Francis, played by Jeff Anderson. Jeff in real life is a great guy, very friendly and professional but at this point Rebecka had never met him. I never allowed Rebecka to speak

to him or see what he looked like until we actually shot the scene because I wanted her to be truly intimidated by him when she delivered her lines," Williams said. "So for four months I fed her untrue horror stories of Jeff as a person. So the day of the scene came and I was a bit nervous because it was important we get the shot on the first take. I knew she was already scared to meet him. When she turned around and saw him for the first time ever during filming the scene, she nailed the look and line delivery I was hoping for. We had indeed got it on the first take and I couldn't have been happier."

Williams has produced and directed the movie, *Her last text*, a television mini series, *The Adventures of Josie, the frybread kid* and the documentary, *Native American Paranormal Project*.

"One of my greatest learning experiences was when I was working on *Her Last Text* back in 2009. It was the first project that I cast outside of my friends and family. I discovered a lot about working with different personalities on set and drawing on their best performance. Because of that, *Her last text* will always be one of my favorites," Williams smiled. "*The Adventures of Josie, the frybread kid* is actually an

ongoing project, I have shot the first episode last summer and the second episode this summer. This project is my first time taking on a comedy film and working with children other than my nephews and nieces in earlier movies. Having a lot of children on the set can be difficult so this was challenging, but the kids are so upbeat and refreshing that they bring a different energy than the other projects. My first stab at a documentary is called *Native American Paranormal Project (N.A.P.P.)* and I'm really proud of these projects, because of how it relates to so many Native Americans or that so many want to see things like paranormal activity on video. For the first screening of N.A.P.P. we had to turn people away at the door because the venue was over crowded."

Williams said that being a filmmaker is not easy.

"This industry is not easy, but thanks to watching my dad never give up, I won't either. I look up to my dad," Williams humbly said. "My dad taught me a lot of lessons growing up about being a good man, but I don't know if he realizes I learned my greatest lesson by observing him. My dad is a preacher and he started his own church in 1988. It began in the garage of our house. I remember getting up early on Sundays and putting out the folding chairs and sometimes no one came. It was just my family in the chairs and our pets walking around. My dad was determined, the church got bigger, sometimes the obstacles got bigger but he stayed passionate about keeping his calling alive and he never gave up."

A green action figure can always be seen when watching Williams's movies, documentaries and television episodes.

"As a kid the Incredible Hulk was my favorite show and one of the first to capture my imagination, so as a little tribute the little green guy has made the trip with me in all my projects and is always in the background somewhere. I also got the idea from the *Seinfeld* show, when I read that Jerry has a Superman somewhere in all the shows," Williams laughed.

The film screening of *The Unrest* was featured, Sept. 28-29 at the Riverwalk Movie Theater. For more information about Williams' movies and upcoming projects visit his Website www.nativeboyproductions.com.

If you are not a U.S. citizen, then you may seek to become one by naturalization, an administrative process that requires you to take some action and which is strictly governed by the Immigration and Nationality Act (INA).

Generally, very generally, you may not become a naturalized U.S. citizen unless you:

1. Are at least 18 years old and a lawful permanent resident ("green card" holder),
2. Have resided continuously in the United States, having been lawfully admitted for permanent residence, for five years immediately preceding the date you filed your application for naturalization, or
3. Have, after having been removed from conditional permanent resident status, based upon your marriage to a U.S. citizen, having resided in the United States for one year after the date the condition was removed;
4. Have resided continuously in the United States at all times after your application to the time and date of your admission for citizenship;
5. Have, during all periods of time referred to above, been and still are a person of good moral character;
6. Have no outstanding deportation or removal order and no pending deportation or removal proceeding;
7. Have the ability to read, write, speak, and understand simple words and phrases in English;
8. Have knowledge and understanding of the fundamentals of U.S. history and government;
9. Are attached to, and can support, the principles of the U.S. Constitution and can swear allegiance to the United States.



Cheyenne and Arapaho Tribes Governor Janice Prairie-Chief Boswell would like to Invite you to a Thanksgiving Meal.

All Meals will begin at 6pm

Hammon	Hammon Community Center, Hammon, Okla.	Nov. 1
Elk City	Hammon Community Center, Hammon, Okla.	Nov. 1
Canton	Native American Community Ctr. Canton, Okla.	Nov. 5
Seiling	Seiling Community Center, Seiling, Okla.	Nov. 5
Clinton	Clinton Community Center, Clinton, Okla.	Nov. 6
Weatherford	Pioneer Center, Weatherford, Okla.	Nov. 6
Watonga	Multi-Purpose Center, Watonga, Okla.	Nov. 7
Thomas	Thomas School Cafeteria, Thomas, Okla.	Nov. 7
Geary	Geary Community Center, Geary, Okla.	Nov. 8
	Kingfisher, Snider's Catering, Kingfisher, Okla.	Nov. 8
Concho/El Reno	Concho Comm. Ctr, Concho, Okla.	Nov.12
Oklahoma City	Church of the Nazarene, NW 10 th and Penn	Nov. 13

SPORTS SPOTLIGHT



By Rebecka Lyman, Reporter

Jamie Highwalker, 17, is a junior at Hammon High School plays third base for the school's Lady Warriors softball team and guard for the basketball team.

Highwalker and her team participated in the ASA state championships on Oct. 4-6, 2012 at the ASA Hall of Fame Stadium in Oklahoma City, Okla.

With a win, 10-3 against Maud in the quarterfinals Highwalker said she thinks they have a chance of taking state.

"I think we have a real good chance at winning state. We won last year," Highwalker smiled. "Last spring I did not get to play softball with the team because I was pregnant with my son, but my coach and team-mates still made me feel like

I was a part of the team by allowing me to attend our games and help out with the team as much as I could."

Highwalker said the most challenging thing with playing softball and basketball is being a mother.

"My son is six months old and I don't have a lot of time at home with him, because I have to be at school and practices. People have tried to put me down because I had a baby and have tried to tell me I could not go back to school or even play my sports ... especially last year when I was playing basketball while I was pregnant," Highwalker said as tears flowed down her face. "I am proving them wrong."

Highwalker made the final play of the game by landing a girl out at third.

"I practice really hard. I practice even more this year to prove to those who say I can't play or I shouldn't play," Highwalker said as she wiped away her smudged eye make-up.

"I also exercise and try to eat right especially since basketball is coming up."

Highwalker said she is inspired by her teammate who plays shortstop and her best friend.

"Sadie is my best friend, she graduated last year and has always been there for me. Shania and I have grown up together and have played softball together since we were little. Neither one of them want to ever see me quit sports." Highwalker humbly said. "They encourage me and stand behind me as a mother, student and athlete."

Highwalker is Cheyenne and Arapaho, lives with her mom Mary Miles and has two younger brothers and two younger sisters.



Photos by Rebecka Lyman



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