

## Curriculum Vitae

Robert L. Van de Castle, PhD

Professor Emeritus, University of Virginia Health Sciences Center

### *Contact Information*

Address: [REDACTED], VA [REDACTED]  
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### *Personal Information*

Birthplace: [REDACTED], NY  
Birthdate: November [REDACTED], 1927

Marital Status: Legally Separated  
Children: 5 sons (3 deceased), 1 daughter

### *Military Service*

Corporal, US Army, 18 months (1946 – 1947), Fort Belvoir, VA

### *Education*

**Ph.D.** University of North Carolina, 1955 – 1959  
Clinical Psychology

**M.A.** University of Missouri, 1951 – 1953  
Clinical Psychology

**B.A.** Syracuse University, 1947 – 1951  
General Psychology

### *Academic Appointments*

**University of Virginia Health Sciences Center:** Professor of Behavioral Medicine and Psychiatry, 1967 – 1992; Professor Emeritus, January 1993

**Piedmont Virginia Community College:** Part-time Adjunct Faculty (Extended Learning Division), 1985 – 1994

**University of North Carolina Medical School:** Associate Professor of Psychology, 1965 - 1967

**Dade County Community College:** Part-time Instructor in Psychology, 1964 - 1965

**University of Denver:** Assistant Professor of Psychology, 1959 – 1963

**Idaho State College:** Instructor in Psychology, 1958-1959

### *Teaching Experience*

#### **University of Virginia**

Small group leader for psychopathology, interviewing techniques, and human sexuality with medical students. Taught psychology of adolescence in Education Department; abnormal psychology in Psychology Department; dream seminar at Institute of Clinical Psychology; co-taught Jungian psychology in Religion Department; co-taught altered states of consciousness in Anthropology Department.

#### **Piedmont Virginia Community College**

Introduction to the World of Dreams; Advanced Techniques of Dream Interpretation; Introduction to Parapsychology; Angels: A Psychological/Sociological Review.

#### **University of North Carolina, Chapel Hill**

Theories of Personality.

#### **Dade County Community College, Miami, FL**

Introduction to Psychology.

#### **University of Denver**

Graduate clinical courses in areas of assessment, abnormal psychology, professional problems. Directed practicum in testing courses. Supervised ten Ph.D. dissertations and thirteen M.A. theses.

#### **Idaho State College**

Undergraduate courses in introductory psychology, testing, abnormal psychology, personal adjustment and an extension course on classroom behavior problems.

### *Clinical Experience*

#### **University of Virginia Department of Behavioral Medicine and Psychiatry**

Chief Psychologist for Adult Outpatient Psychiatric Clinic (1986 – 1992), Individual and group psychotherapy, therapy supervision for psychology and psychiatry residents, administration and supervision of psychological testing.

#### **University of North Carolina Department of Psychiatry**

Chief Psychologist for Psychiatric Inpatient Services. Administered and interpreted individual and group tests, individual psychotherapy, supervised diagnostic and therapeutic activities of psychology interns.

#### **Veterans Administration Hospital, Durham, NC**

One year APA approved clinical psychology internship (1956 – 1957).

## ***Research Experience***

### **University of Virginia Department of Behavioral Medicine and Psychiatry**

Director of Sleep and Dream Laboratory (1967 – 1985). Project Director for NIMH grant, “Psychophysiology of sleep in depressed patients and children.” Pfizer Drug Co. grant, “Sleep studies of young depressed patients.” Principal Investigator for grant “Assessment of Sexual Dysfunction in Diabetic Women” from the Diabetes Research and Training Center (1980 – 1982). Five grants from the Parapsychology Foundation to study dream patterns and ESP scores of the Cuna Indians in Panama. Supervision of several dissertations and independent study projects for students from other UVA departments.

### **Association for Research and Enlightenment, Virginia Beach, VA (1976 – 1979)**

Member of Research Committee. Projects involved dreams and meditation.

### **Grant Reviewer (September 1974)**

National Institute of Mental Health #MH 26418-01, *Mystic experiences and their impact on mental health*. a grant proposal of \$395,025.

### **Grant Reviewer (March 1972)**

National Institute of Mental Health #MH 21628-01. *The influence of viewing presleep emotional stimuli upon subsequent dreaming behavior*.

### **University of North Carolina Medical School**

Received two medical school grants to study dream content during the menstrual cycle, and the relationship of dream content to projective test content.

### **Institute of Dream Research (1963 – 1965)**

Associate Director. Co-Principal Investigator with Calvin Hall on NIMH grant, “Contents of dreams at different stages of sleep.” Co-Principal Investigator on NIMH grant, MH10164-01, “A comparative study of dreams.”

### **University of Denver**

Received two grants from the University of Denver Faculty Research Council to develop a test of perceptual maturity; and a grant from the Parapsychology Foundation to investigate personality correlates of ESP.

### **Idaho State College**

Grant from the Parapsychology Foundation to investigate personality correlates of psychokinesis.

### **University of North Carolina**

Student Research Assistant on NIMH grant for objectification of Rorschach scoring and inquiry.

### **Duke Parapsychology Laboratory (1954 – 1955)**

Investigated personality correlates of PK performance and variance patterns of ESP test scores. Developed Projective Psi Belief Scale. Research Assistant for Office of Naval Research project involving homing behavior of pigeons.

### *Administrative Experience*

#### **University of Virginia Department of Behavioral Medicine and Psychiatry**

Head of Psychology Section (1967 - 1985). Director of APA approved Clinical Psychology Internship Program for 12 years (1980 – 1992). From an annual pool of approximately one hundred national applicants, oversaw the selection process which yielded six pre-doctoral psychology interns who rotated through various psychiatric and clinical settings.

### *Offices Held*

**Association for the Study of Dreams** -- President, 1985 - 1986; Board of Directors, 1985 – 1988.

**Parapsychological Association** – President, 1970; Vice President, 1969; Secretary, 1971, 1973; Treasurer, 1974; Public Information Officer, 1974 – 1983; Council member for 10 years.

**Virginia Psychological Association** – Executive Committee, 1972 – 1975.

**Colorado Psychological Association** – President, 1963; Board of Directors, 1960- 1963.

**Psi Chi** – President, University of North Carolina Chapter, 1958; Faculty Advisor, University of Denver Chapter, 1960 – 1963.

### *Committee Assignments*

**Promotions Committee**, University of Virginia, Department of Behavioral Medicine and Psychiatry, 1984 – 1992.

**Member of Human Investigation Research Committee**, University of Virginia Medical School, 1980 – 1988. This seven member committee of medical faculty met every two weeks to evaluate the risk/benefit ratio of possible outcomes from participating in various research studies involving human subjects.

### *Professional Licenses*

**Licensed Clinical Psychologist**, Commonwealth of Virginia Department of Health Professions, 1968 - 2004, Lic # 0810000759, current status: inactive (06/30/05).

**Diplomate in Clinical Psychology**, American Board of Examiners in Professional Psychology. Diploma #2096; granted, April 26, 1967..

### *Honors*

**2004 ASD Lifetime Achievement in Dreamwork Award; Lifetime Contribution to ASD Award** – first recipient of these awards, presented by the Board of Directors of the Association for the Study of Dreams in Copenhagen.

**1970 Milton H Erickson Award of Scientific Excellence for Writing in Hypnosis**

**US Office of Education Creativity Study** -- nominated as a psychologist producing “highly creative research.” Only 2% of 12,000 PhDs in Psychology from 1956-1970 were so nominated.

Listed in **American Men and Women of Science; Who’s Who in the South; the International Scholars Directory**

### *Editorial Activities*

**Editor**, SUNY Series in Dream Studies, State University of New York Press, 1987 – 2010. Thirteen books were published during my tenure as Editor.

**Senior Editor**, *Dream Network Bulletin*, 1985 – 1987, bi-monthly 24 page newsletter containing accounts of dream experiences and techniques for working with dreams.

**Editorial Consultant** on manuscripts involving sleep/dreams for numerous journals including, *Dreaming, Science, Archives of General Psychiatry, Journal of Nervous and Mental Diseases, Psychological Bulletin, Psychological Medicine, Sleep, Journal of Perceptual and Motor Skills, Journal of Cross-Cultural Psychology*; for book manuscripts, Prentice-Hall Publishing Co., Worth Publishing Co.

**Editorial Consultant** on manuscripts involving parapsychology for numerous journals including, *Science, Journal of Parapsychology, Journal of the American Society for Psychical Research*, for book manuscripts, Wiley Publishing, Harper and Row Co.

**Advisory Editor**, *Sundance Community Dream Journal*, 1977 – 1979; *Sleep Reviews* (UCLA Brain Information Service), 1973 – 1975.

**Newsletter Editor** for Virginia Psychological Association, 1969 – 1972.

## ***Publications***

### ***Books and Monographs***

- Van de Castle, R. L. (1994). *Our Dreaming Mind*. New York: Ballantine Books.
- Van de Castle, R. (1971). *The Psychology of Dreaming*. Morristown, NJ: General Learning Press.
- Hall, C., & Van de Castle, R. (1966). *The Content Analysis of Dreams*. NY: Appleton Century Crofts.
- Hall, C., & Van de Castle, R. (1966). *Studies of Dreams Reported in the Laboratory and at Home*. Monograph Series: No. 1, Institute of Dream Research. Felton, CA: Big Trees Press.

### ***Chapters in Books and \*Articles Reprinted in Books***

- Van de Castle, R. (2009). Dreams and ESP. In C. Roe, W. Kramer, & L. Coly (Eds.), *Utrecht II: Charting the Future of Parapsychology: Proceedings of an International Conference (2008)* (pp. 72 - 114). New York: Parapsychology Foundation, Inc.
- Owens, J. E., & Van de Castle, R. (2002). Gas Discharge Visualization (GDV) Technique. In K. Korotkov, *Human Energy Field Study with GDV Bioelectrography* (14 page introductory chapter). Fairlawn, NJ: Backbone Publishing.
- Van de Castle, R. (1993). Content of dreams. In M. Carskadon (Ed.), *Encyclopedia of Sleep and Dreaming* (pp. 136 - 139). New York: Macmillan.
- Van de Castle, R. (1993). Psi manifestations in multiple personality disorder. In L. Coly, & J. McMahon (Eds.), *Psi in Clinical Practice: Proceedings of an International Conference in London, 1989*. (pp. 84 - 114). New York: Parapsychology Foundation, Inc.
- Van de Castle, R. (1989). ESP in dreams: Comments on a replication "failure" by the failing subject. In M. Ullman, S. Krippner, & A. Vaughan, *Dream Telepathy: Explorations in Nocturnal ESP* (2nd Edition ed., Appendix C, pp. 209 - 216). Jefferson, NC: McFarland.
- Van de Castle, R. (1983). Animal figures in fantasy and dreams. In A. Katcher, & A. Beck (Eds.), *New Perspectives in Our Lives with Companion Animals* (pp. 148 - 173). Philadelphia: University of Pennsylvania Press.
- Van de Castle, R. (1978). Sleep and dreams. In G. Lindzey, C. Hall, & R. Thompson, *Psychology* (Second ed., pp. 325 - 350). New York: Worth Publishers.
- Van de Castle, R. (1977). Parapsychology and anthropology. In B. Wolman (Ed.), *Handbook of Parapsychology* (pp. 667 - 686). New York: Van Nostrand Reinhold.

- Van de Castle, R. (1977). Sleep and dreams. In B. Wolman (Ed.), *Handbook of Parapsychology* (pp. 473 - 499). New York: Van Nostrand Reinhold.
- Van de Castle, R. (1976). Some possible anthropological contributions to the study of parapsychology. In G. Schmeidler (Ed.), *Parapsychology: Its Relation to Physics, Biology, Psychology and Psychiatry* (pp. 151 - 161). Metuchen, NJ: Scarecrow Press.
- Van de Castle, R. (1974). Anthropology and psychic research. In E. Mitchell, & J. White (Eds.), *Psychic Exploration* (pp. 269 - 287). New York: Putnam Press.
- Van de Castle, R. (1974). An investigation of psi abilities among the Cuna Indians of Panama. In A. Angoff, & D. Barth (Eds.), *Parapsychology and Anthropology: Proceedings of an International Conference in London, 1973*. (pp. 80 - 97). New York: Parapsychology Foundation, Inc.
- Van de Castle, R. (1974). A chart of sleep and dream stages. In R. Woods, & H. Greenhouse (Eds.), *The New World of Dreams* (pp. 285 - 286). New York: Macmillan.
- Van de Castle, R. (1974). Falling asleep dreams. In R. Woods, & H. Greenhouse (Eds.), *The New World of Dreams* (pp. 313 - 314). New York: Macmillan.
- Van de Castle, R. (1974). Thinking during non-dreaming sleep. In R. Woods, & H. Greenhouse (Eds.), *The New World of Dreams* (p. 303). New York: Macmillan.
- Mendels, J., Hawkins, D., & Van de Castle, R. (1974). Electroconvulsive therapy and sleep. In M. Fink, S. Kety, & J. McGaugh (Eds.), *Psychobiology of ECT* (pp. 41 - 46). Washington DC: Winston.
- Van de Castle, R., Cartwright, R. D., & discussants. (1972). Dreams, dream content and their psychophysiological correlates. In M. H. Chase (Ed.), *The Sleeping Brain* (Vol. 1 of Perspectives in the Brain Sciences, pp. 239 - 276). Los Angeles: Brain Information Service/Brain Research Institute, UCLA.
- \*Van de Castle, R. (1971), Sexual dreams. *Sexual Behavior*, 1, 14 - 23.  
Reprint: (1974). Sexual dreams. In L. Gross (Ed.), *Archives of Sexual Behavior*. Flushing, NY: Spectrum Publications.
- Van de Castle, R. (1971). An introduction to the field of parapsychology. In D. Dean (Ed.), *Techniques and Status of Modern Parapsychology: AAAS Parapsychology Symposium*. Newark, NJ: Newark College of Engineering Press.
- Van de Castle, R. (1971). Is there a madness to our methods in psi research? *Proceedings of an International Conference*, 8, pp. 40 - 46. New York: Parapsychological Foundation

- \*Van de Castle, R. (1970). Psi abilities in primitive groups. In *The 1970 Parapsychological Association Convention Proceedings*. 7, pp. 97 - 122. New York: Parapsychological Association.  
Reprint: (1976) In R. White, *Surveys in Parapsychology: Reviews of the Literature with Updated Bibliographies*.(pp. 95 – 119). Metuchen, NJ: Scarecrow Press.
- Van de Castle, R. (1970). Temporal patterns of dreams. In E. Hartmann (Ed.), *Sleep and Dreaming* (pp. 171 - 181). Boston: Little-Brown & Company.
- Van de Castle, R. (1969). Some problems in applying the methodology of content analysis to dreams. In M. Kramer (Ed.), *Dream Psychology and the New Biology of Dreaming* (pp. 185 - 197). Springfield, Illinois: Charles Thomas.
- \*Hall, C., & Van de Castle, R. (1965). An empirical investigation of the castration complex in dreams. *Journal of Personality*, 33, 20 - 29.  
Reprint: (1965) In G. Lindzey & C. Hall (Eds.), *Theories of Personality: Primary Source and Research*. New York: John Wiley and Sons.  
Reprint: (1969) In E. Southwell and M. Merbaum (Eds.), *Personality: Readings in Theory and Research*. New York: Brooks and Cole.  
Reprint: (1978). In J. Bavelas (Ed.), *Current Issues in Personality Theory and Research*. New York: Wadsworth.
- \*Van de Castle, R., & Eichhorn, O. (1964). Length of graduate training for experimental and clinical psychologists. *American Psychologist*, 16, 178 - 180.  
Reprint: (1966). In J. B. Braun (Ed.), *Clinical Psychology in Transition*. Cleveland, OH: Howard Allen.
- \*Otten, M., & Van de Castle, R. (1963). A comparison of set A of the Holtzman Inkblots with the Rorschach by means of the semantic differential. *Journal of Projective Techniques*, 71, 452 - 460.  
Reprint: (1968). In J. Snider, & C. Osgood (Eds.), *Semantic Differential Technique: A Sourcebook*. Chicago: Aldine.

### ***Book Introductions, Forewords and Afterwords***

- Van de Castle, R. (2010). Foreword. In B. A. Pimm, *Notes From a Dreamer ... on Dreaming: A Personal Journey in Dream Interpretation*. CreateSpace.
- Van de Castle, R. (1989). Foreword. In F. Seligson, *Oriental Birth Dreams*. Elizabeth, NJ: Hollym International.
- Van de Castle, R. (1988). Introduction. In S. Krippner, & J. Dillard, *Dreamworking*. Buffalo, NY: Bearly Limited.
- Van de Castle, R. (1985). Introducing Henry Reed. In H. Reed, *Getting Help From Your Dreams*. Virginia Beach, VA: Inner Vision Publishing.



Van de Castle, R. (1985). Introduction. In E. Stukane, *Dream Worlds of Pregnancy* (pp. 5 - 8). New York: Quill.

Van de Castle, R. (1982). Introduction. In S. Krippner (Ed.), *Advances in Parapsychological Research* (Vol. 3, pp. 1 - 4). New York: Plenum Press.

Van de Castle, R. (1976). Afterword by a Parapsychologist. In D. Brain, *The Witnesses*. New York: Doubleday.

### *Articles in Journals and Newsletters*

Van de Castle, R., Pimm, B. A., Dwyer, R., & Morgan, A. (2010). 2010 Psi Dreaming Contest. *DreamTime*, 27 (3), 18 - 21, 44.

Dwyer, R., Van de Castle, R., & Pimm, B.A. (2010). Dreams as a multidimensional expression of psi. *Explore: The Journal of Science and Healing*, 6, 263 - 268.

Van de Castle, R. (2009). Remembering the first ASD conference. *DreamTime*, 26 (2), 15, 21 - 22.

Dwyer, R., Van de Castle, R. (2009). Entangled minds: Dream telepathy contest sends us into outer space. *DreamTime*, 26, (3), 16 - 19, 36.

Van de Castle, R. (2008). Lovely Rita: A tribute to Rita Dwyer. *Dream Network*, 27 (2), 21 - 23.

Van de Castle, R. (2008). Views of Barack as seen beneath closed eyelids: A review of 300+ dreams about the candidate. *DreamTime*, 25 (2), 4 - 7, 41 - 42.

Van de Castle, R. (2008). What does my nightmare mean? *Vice: The Horror Issue*. 12, (9), 40, 42, 44.

Van de Castle, R. (2007). Honoring 'Stan the man': A tribute to Dr. Stanley Krippner. *Dream Network*, 26 (1 & 2), 16.

Dwyer, R., & Van de Castle, R. (2006). Surprising results: Conference 2006 dream telepathy contest. *DreamTime*, 23 (2), 26 - 28.

Van de Castle, R. (2001). Pregnancy and possible paranormal events. *DreamTime*, 18 - 19.

Van de Castle, R. (1997). Angelic encounters in dreams. *DreamTime*, 14, 10 - 11.

Van de Castle, R. (1991). A brief perspective on Calvin Hall. *Dreaming*, 1, 99 - 102.

Van de Castle, R. (1991). Dreams as windows to the future. *Venture Inward*.

Van de Castle, R. (1990). Animal figures in dreams: Age, sex and cultural differences. *Association for the Study of Dreams Newsletter*, 7 (2), 1 - 3.

- Van de Castle, R. (1990). Only the dreamer knows the meaning. *Venture Inward*, July/August, 39.
- Reed, H., & Van de Castle, R. (1990). The dream helper ceremony: A small group paradigm for transcendent ESP. *Theta*, 6 (1), 12 - 20.
- Van de Castle, R. (1989). *Meeting Angels in Your Dreams*. BeliefNet.com:  
<http://www.beliefnet.com/Inspiration/Angels/1999/12/Meeting-Angels-In-Your-Dreams.aspx>
- Van de Castle, R. (1986). The D.N.B. Telepathy Project. *Dream Network Bulletin*, 5 (1), 4 - 7.
- Van de Castle, R. (1986). Animal figures in dreams. *Dream Network Bulletin*, 5, (6), 10 - 14.
- Van de Castle, R. (1986). A message from the ASD President. ASD Newsletter, 3, 18.
- Van de Castle, R. (1986). Phases of women's dreams. ASD Newsletter, 3, 6
- Seidel, R. & Van de Castle, R. (1986). Animals and aggression in the dreams of children. *ASD Newsletter*. 3, (4).
- Van de Castle, R. (1985). Dreams and the aging process. *Dream Network Bulletin*, 4, (4), 1 - 4.
- Van de Castle, R. (1985). A message from the ASD President. ASD Newsletter, 2, 4, 19.
- Van de Castle, R. & Gackenbach, J. (1985). 1985 Convention Report. ASD Newsletter, 2, 13 - 15.
- Rogers, G., Van de Castle, R., Evans, W., & Critell, J. (1985). Vaginal pulse amplitude response patterns during erotic conditions and sleep. *Archives of Sexual Behavior*, 14, 327 - 342.
- Taub, J., Hawkins, D., & Van de Castle, R. (1985). Extended Sleep (Hypersomnia) in Young Depressed Patients. *American Journal of Psychiatry*, 142 (8), 905 - 910.
- Van de Castle, R. (1984). Dreaming: A nocturnal odyssey. ASD Newsletter, 1, 5.
- Dane, J., & Van de Castle, R. (1984). A comparison of waking instruction and posthypnotic suggestion for lucid dream induction. *Lucidity Letter*, 3(4).  
 Reprint: (1991). *Lucidity: A Commemorative Issue 10th Anniversary Lucidity Letter*, 10 (1&2), 209 - 214.
- Van de Castle, R. (1979). Sex dreams and spirituality. *Sundance Community Dream Journal*, Vol. 3, No. 1, 51 - 55.
- Taub, J., Hawkins, D., & Van de Castle, R. (1978). Personality characteristics associated with sustained variations in the adult human sleep/wakefulness rhythm. *Waking and Sleeping*, 2, 7 - 15.
- Taub, J., Hawkins, D., & Van de Castle, R. (1978). Electrographic analysis of the sleep cycle in young depressed patients. *Biological Psychiatry*, 203 - 214.

- Van de Castle, R. (1978). Telepathy in dreaming. *Sundance Community Dream Journal, Vol. 2, No.1*, 87 - 105.
- Van de Castle, R. (1978). Precognitive dreaming. *Sundance Community Dream Journal, Vol. 2, No. 2*, 174 - 191.
- Van de Castle, R. (1975). Paranormal communication; the Cuna Indians of Panama. *Journal of Communication, 25*, 183 - 190.
- Abse, D., Wilkins, M., Buxton, W., Van de Castle, R., Demars, J., Brown, R. (1974). Personality and behavioral characteristics of lung cancer patients. *Journal of Psychosomatic Research, 18*, 101 - 113.
- Hauri, P., & Van de Castle, R. (1973). Psychophysiological parallels in dreams. *Psychosomatic Medicine, 35*, 297 - 308.
- Van de Castle, R. (1970). His, hers and the children's (dreams). *Psychology Today, 4*, 38 - 40.
- Jarrahi-Zadel, A., Kane, F., Van de Castle, R., & Ewing, J. (1969). Emotional and cognitive changes in pregnancy and early puerperium. *British Journal of Psychiatry, 115*, 797 - 805.
- Van de Castle, R. (1969). The facilitation of ESP through hypnosis. *American Journal of Clinical Hypnosis, 12*, 37 - 56.
- Van de Castle, R. (1967). The use of dreams to investigate psychological aspects of the menstrual cycle and pregnancy. *American Psychologist, 22*, 588.
- Van de Castle, R. (1965). Development and validation of a perceptual maturity scale using figure preferences. *Journal of Consulting Psychology, 29*, 314 - 319.
- Van de Castle, R. (1964). The effect of test order upon Rorschach human content. *Journal of Consulting Psychology, 28*, 286 - 288.
- Van de Castle, R. (1964). A semantic differential investigation of color in the Holtzman. *Journal of Projective Techniques, 28*, 491 - 498.
- Pruitt, W., & Van de Castle, R. (1962). Dependency measures and welfare chronicity. *Journal of Consulting Psychology, 26*, 167 - 171.
- Van de Castle, R. (1962). Perceptual immaturity and acquiescence among various developmental levels. *Journal of Consulting Psychology, 26*, 167 - 171.
- LeNoue, D., Spilka, B., Van de Castle, R., & Prince, A. (1961). Social desirability and the group Rorschach. *Journal of Clinical Psychology, 17*, 175 - 177.

- Schwartzberg, A., & Van de Castle, R. (1961). A controlled clinical study of chlordiazepoxide. *American Journal of Psychiatry*, *117*, 922 - 923.
- Van de Castle, R. (1960). Perceptual defense in a binocular rivalry situation. *Journal of Personality*, *28*, 448 - 452.
- Van de Castle, R. (1959). A review of ESP cases carried out in the classroom. *International Journal of Parapsychology*, *1*, 84 - 102.
- Van de Castle, R. (1958). An exploratory study of some personality correlates associated with PK performance. *Journal of the American Society of Psychical Research*, *2*, 134 - 150.
- Van de Castle, R. (1957). Differential patterns of ESP scoring as a function of differential attitudes towards ESP. *Journal of the American Society of Psychical Research*, *51*, 43 - 61.
- Van de Castle, R., & White, R. (1957). A report on a sentence completion form of sheep-goat attitude scale. *Journal of Parapsychology*, *19*, 171 - 179.
- Van de Castle, R. (1953). An exploratory study of some variables in individual ESP performance. *Journal of Parapsychology*, *17*, 61 - 73.
- Van de Castle, R. (1950, May 14). Honeymoon abroad: Cycling and Hitch-hiking help to stretch \$100 all the way across Europe. *The New York Times*.

### ***Abstracts***

- Van de Castle, R. (1986, February 13-15). ESP and dreams. *Southeastern Regional Parapsychology Association conference , Session V* , 10. Durham, NC.
- Hayden, F., Gwaltney, J., & Van de Castle, R. (1979). Comparative toxicity of anti-influenza drugs in healthy adults. *Clinical Research*, *27*, 751.
- Van de Castle, R. (1977). Dreams associated with nocturnal orgasms. *Medical Aspects of Human Sexuality*, *11*, 102.
- Hawkins, D., Van de Castle, R., Teja, J., Trinder, J., Greyson, B., & Bartels, S. (1975). Sleep patterns in young depressed patients. In M. Chase, W. Stern, & P. Walter (Eds.). *Sleep Research*, *4*, 198.
- Van de Castle, R. (1974). Manifest content of schizophrenic dreams. *Sleep Research*, *3*, p. 126.
- Trinder, J., Van de Castle, R., Wills, N., Barker, R., & Vassar, C. (1972). A further study of the recency effect in dream recall. In M. Chase, W. Stern, & P. Walter (Eds.), *Sleep Research* (Vol. 1, p. 115).

- Van de Castle, R. (1972). Dream content and birth order. In M. Chase, W. Stern, & P. Walter (Eds.), *Sleep Research* (Vol. 1, p. 126).
- Van de Castle, R., & Smith, T. (1972). Dream content and body build. In M. Chase, W. Stern, & P. Walter (Eds.), *Sleep Research* (Vol. 1, p. 115).
- Van de Castle, R. (1971). The study of GESP in a group setting by means of dreams. *Journal of Parapsychology*, 35, 312.
- Hauri, P., & Van de Castle, R. (1970). Dream content and physiological arousal during REMPs. *Psychophysiology*, 7, 330.
- Van de Castle, R., & Hauri, P. (1970). Psychophysiological correlates of NREM mentation. *Psychophysiology*, 7, 330.
- Van de Castle, R., & Holloway, J. (1970). Dreams of depressed patients, non-depressed patients and normals. *Psychophysiology*, 7, 326.
- Van de Castle, R., & Smith, B. (1970). Dream content during menstrual cycle. *Psychosomatic Medicine*, 22, 553 - 554.
- Hauri, P., & Van de Castle, R. (1969). Some relationships between dream content and autonomic functioning. *Psychophysiology*, 6, 215 - 216.
- Hauri, P., Van de Castle, R., & Kirschner, G. (1969). Sleep onset insomnia and ECT: A case study. *Psychophysiology*, 6, 256.
- Van de Castle, R., & Hawkins, D. (1969). The effect of electroconvulsive therapy upon sleep patterns of depressed patients. *Psychophysiology*, 6, 234
- Van de Castle, R. (1968). A contingency analysis of dreams containing animal figures. *Psychophysiology*, 4, 220.
- Van de Castle, R. (1968). Differences in dream content among psychiatric inpatients. *Psychophysiology*, 4, 374.
- Van de Castle, R. (1968). Dreams and menstruation. *Psychophysiology*, 4, 374 - 375.
- Van de Castle, R., & Kinder, P. (1968). Dream content during pregnancy. *Psychophysiology*, 4, 375.
- Van de Castle, R. (1966). Animal figures in dreams: Age, sex and cultural differences. *American Psychologist*, 21, 623.
- Van de Castle, R. (1959). The relationship of anxiety and repression to perceptual predominance of threatening stimuli. *Dissertation Abstract, UNC. LC Card No. Mic 59-5588.*

### ***Book Reviews***

The Nightmare: Psychological and biological foundations. (1988). *Contemporary Psychology*, 33, 438 - 439.

Dream Analysis: Notes of the Seminar given in 1928 - 1930 by C.G. Jung. (1985). *Religious Studies Review*, 11.

On dreaming: An encounter with Medard Boss. (1984). *Religious Studies Review*, 10.

Altered states of consciousness and psi: An historical survey and research prospectus. (1982). *American Society for Psychical Research*, 76, 388 - 389

The new world of dreams. (1975). *Contemporary Psychology*, 20, 971 - 972.

Dreams and demography. (1973). *Sleep Reviews*, Sleep Bulletin No. 98, 19.

Extrasensory Perception. (1972). *Contemporary Psychology*, 17, 122.

Dream studies and telepathy; an experimental approach. (1971). *American Journal of Clinical Hypnosis*, 14, 131 - 132.

Sleep stages, REM deprivation and electroconvulsive threshold in the cat. (1970). *Sleep Reviews*, Sleep Bulletin No. 60, 3 - 4.

Psychic discoveries behind the Iron Curtain. (1970). *Journal of Parapsychology*, 34, 296 - 299.

The psychoanalysis of dreams. (1967). *Contemporary Psychology*, 12, 325 - 326.

Problems of sleep and dreams in children. (1966). *Contemporary Psychology*, 11, 517 - 518.

ESP in relation to Rorschach Test evaluation. (1961). *Journal of the American Society for Psychical Research*, 55, 117 - 119.

### ***Lecturing Activities***

Guest Lecturer, Evergreen State College, *Psychology of Dreams*, with Professor Don Middendorf, Summer 2010.

Lecturer for *LifeLine* program at the Monroe Institute in Faber, VA (2003 - Present).

*Telepathic dreams*. (1988, March 4). Central Virginia Community College, Lynchburg, VA.

### *Invited Addresses*

- Dreams and ESP.* (2008, October). Utrecht II: Charting the Future of Parapsychology, Conference of the Parapsychology Foundation, Utrecht, The Netherlands.
- Dream research in sleep laboratories.* (2003, June 29 - July 4). *Dreams: God's Forgotten Language*. The Haden Institute, Kanuga Conference Center, Charlotte, NC.
- The role of somatic factors in dreams.* (2001, May). Ontario Institute of Bodywork Techniques, Psychotherapy and Emotional Bodywork, Toronto, Canada.
- Dreams through the ages.* (2000, August). Smithsonian Associates, Washington DC.
- Dreams: From 2000 BC to 2000 AD.* (1998, July). Smithsonian Associates, Washington DC.
- The history of an enigma: Dreaming down through the centuries.* (1998, April). *The Sphinx's Smile: Plumbing the Mystery of the Dream.* C.G. Jung Institute of Chicago. Audio Recording ISBN 0-7822-0564-x
- Dreams: Priceless treasures or fool's gold.* (1996, July). Smithsonian Associates. Washington, DC.
- Angelic encounters in dreams.* (1996, July). Association for the Study of Dreams, Berkeley, CA.
- The appearance of angels in spiritual dreams.* (1996). International Institute of Integral Human Sciences. Montreal, Canada.
- Dreams: Developing a neglected nocturnal resource.* (1994, July). Belgian Psychosynthesis Society, Leuven, Belgium.
- The dreaming imagination: A case demonstration of Multiple Personality Disorder.* (1991, August). Dreaming in Russia: An International Dream Study Meeting, Zwinigorod.
- Dreams: Their implications for mental health.* (1989, February). Adolph Meyer Society; University of Tennessee, Memphis, TN.
- A comparison of dreams in the laboratory and home setting.* (1988, April). Sleep Disorders Center, Eastern Virginia Medical School, Norfolk, VA.
- Use of the Hall-Van de Castle scales in dream research.* (1997, September). Clara Hill, Seminar on Dreams. University of Maryland College Park, College Park, MD
- The healing potential of dreams.* (1986, July 26). The Aesculapian Institute for Healing Arts, Inc., Lilburn, GA, at the Hyatt Regency-Ravinia, Atlanta, GA.
- Telepathic dreaming: Lecture and workshop.* (1984, August). 10th Anniversary Sociedad Mexicana de Parapsicologia, Mexico City.

### *Presentations/Talks/Workshops/Exhibits*

*Angelic Dream Encounters.* (2004). The Haden Institute, June/July. Kanuga Conference Center, Charlotte, NC.

*Our dreaming mind.* (2000, June 29). Women of the Judicial 4th Circuit @ The Greenbrier, White Sulphur Springs, WV.

*The fascinating world of women's dreams.* (1999, October). Bell South @ The Greenbrier, White Sulphur Springs, WV.

*Waking Dream Collage.* (1999). Project 1999: Jan Mensaert. Stedelijk Museum en Archief "het Toreke", Tienen, Belgium.

*Dreams: A neglected natural resource.* (1998, November). Chrysalis. Harrisonburg, VA.

*The fascinating world of women's dreams.* (1999, October). Bell South @ The Greenbrier, White Sulphur Springs, WV.

*Historical survey of world of dreams.* (1998, September). Connect with Spirit through Dreams - Sancta Sophia Seminary/ASD. Sparrow Hawk Village, Tahlequah, OK.

*Introduction to the world of dreams* (lecture). *Interpreting your dreams* (workshop). (1998, September 18-19). The MetaGroup. Appomattox, VA

*Our dreaming mind: A lecture and workshop.* (1995, March 17 - 18). Sponsored by the CG Jung Society of the Triangle area. Chapel Hill, NC.

*ESP Manifestations in Multiple Personality Disorder.* (1990, February). Atlantic University Parapsychology Symposium. Virginia Beach, VA

*The Healing Potential of Psychic Phenomena* (discussion panel with DeBenedetto, Paulin and Davis). Atlantic University Parapsychology Symposium. Virginia Beach, VA

*Discovering a new you through nocturnal imagery.* (1989, August). The Association for Research and Enlightenment, Virginia Beach, VA.

*Challenges in understanding the complexities of Multiple Personality Disorder.* (1988, November). Virginia Commonwealth University, Richmond, VA

*New age dreams (3 half-hour talks).* (1988, November). Virginia Counselors Association Convention, Charlottesville, VA.

*The psychic dimension of dreaming; Part 1 & Part 2.* (1988, Oct 6-7). The Association for Research and Enlightenment, Virginia Beach, VA.



*The use of nocturnal imagery for self-guidance.* (1988, September). The Association for Research and Enlightenment, Virginia Beach, VA.

*The fascinating world of dreams.* (1987, November). The Mental Health Association of Charlottesville. Charlottesville, VA.

*Dreams: Maps for personal self-discovery.* (1987, March 31). Virginia Council on Social Welfare, Richmond, VA.

*Dreams: Turning nocturnal ideas into waking reality.* (1987, February 26). Engineers Week Banquet, Waynesboro, VA.

*Stress management through dreams.* (1987, January 27). International Management Council at The Omni Hotel, Charlottesville, VA.

*Dreams of senior citizens.* (1986, October 25). The Association for Research and Enlightenment, Virginia Beach, VA.

*Dreaming: A nocturnal odyssey* (lecture); *Exploring the natural resources of your dreams.* (workshop). (1986, September 26-27). Spiritual Frontiers Fellowship. Oakton, VA

*Exploring the Symbolism in your dreams.* (1986, August 19). The Association for Research and Enlightenment, Virginia Beach, VA.

*Dreams in the Bible and other sacred books.* (1986, August 4). The Association for Research and Enlightenment, Virginia Beach, VA.

*Research techniques in working with dreams.* (1986, July 27). Georgia State University, Atlanta, GA.

*Dreams and life transitions.* (1986, June 2). The Association for Research and Enlightenment, Virginia Beach, VA.

*Dreaming: How to understand your personal late night show.* (1985, October). The Association of Management Consulting Firms. The Homestead, Hot Springs, VA.

*Dreaming: A Nocturnal Odyssey.* (1985, August) Showcase Speaker on Speaking Ladder, International Platform Association, Washington, DC,

*Exploring the symbolism of your dreams.* (1985). The Association for Research and Enlightenment, Virginia Beach, VA.

*The healing power of dreams.* (1983, February 24). Department of Physical and Occupational Therapy at UVA Medical Center, Charlottesville, VA.

*Lucid dreams.* (1982). Division I and Division of Humanistic Psychology, American Psychology Association. Boston.

*Prophecy, guidance and spiritual healing.* (1982, April). ARE, Washington , DC.

*Psychophysiology of lucid dreaming.* LaBerge, S. [Presenter], Van de Castle, R. [Discussant] (1981, June). *Pre-APSS meeting -- Day of Dreaming.* Hyannisport, MA.

*How to make friends with your dreams.* (1980, July). Governor's School, Mary Baldwin Center, Staunton, VA.

*Advances in dream research.* (1971, November). Phi Sigma Society, Dept of Biology, UVA, Charlottesville, VA.

*Dynamics of the sender-receiver relationship in telepathic dream studies.* (1970). Symposium on ESP at UCLA.

*The use of dreams to investigate psychological aspects of the menstrual cycle and pregnancy.* (1967, September 5). Division 22, American Psychological Association, Washington, DC.

Guest speaker at numerous local organizations and companies, including the Charlottesville Rotary Club, Hospice of the Piedmont and the UVA Hospital Auxillary.

Presenter and/or participant on numerous symposiums and panels at Annual conferences and online Psiberdreaming conferences of the International Association for the Study of Dreams, 1984 – 2010.

### ***Audio and Video Recordings***

*DreamTime* Radio Series, host Bob Hoss, *Spiritual and Cosmic Dream Connections*, with Rita Dwyer (Apr 4, 2007); *What the Contents of Our Dreams Can Tell Us* (Aug 1, 2007); available at [http://dreamscience.org/idx\\_radio](http://dreamscience.org/idx_radio).

Van de Castle, R., (1989). *Psychic Dreaming.* Audio Renaissance Tapes.

Van de Castle, R. (1983). *I must be dreaming.* [BetaMax, VHS]. Charlottesville, VA: Time Out Productions, Ltd.

### ***Media Presentations and Media Coverage***

Appeared on national TV talk shows with Phil Donahue, David Letterman, Barbara Walters, Tom Snyder, Mike Douglas, and numerous regional TV talk shows. Consultant for the three-hour Discovery Channel series on dreams. Presenter on the Voice of America international radio show (80,000,000 listeners) in July 2000. Interviewed on dozens of regional radio shows, such as WMAQ-Chicago, CJOR-British Columbia, internet radio shows, such as *Twin Talk* (<http://www.voiceamerica.com/worldtalkradio/vstation-directory-hosts.aspx?cid=0>), and DreamTalk

Radio (<http://annehill.org/dream-talk-radio/>) and television documentaries on WABC, PBS, CNN and others.

Articles about my research, and/or attributed quotes have appeared in dozens of popular publications such as: *Psychology Today*, *Omni*, *Ladies Home Journal*, *Playboy*, *Glamour*, *McCalls*, *Self*, *Parents*, *Family Circle*, *Men's Health*, *Bridal Guide*, *New Yorker*, *Redbook*, *Stern*, *Working Mother*, *New Age Journal*, *Gentlemen's Quarterly*, and in newspapers such as: *The Washington Post*, *USA Today*, and *American Weekly*.