

NatWest Island Games

Triathlon Schedule

Friday July 12		
5:30 PM	Ruth Seaton James Auditorium, Cedarbridge	Athletes Briefing
Saturday July 13		
12:00 to 3:00 PM	Clearwater	Course Familiarisation
Sunday July 14		
6:00 AM	Clearwater	Athlete Check In
6:15 AM		Transition Opens
7:15 AM		Transition Closes
7:20 AM		All athletes to the beach
7:30 AM		Men's Triathlon Start
7:45 AM		Women's Triathlon Start
11:00 AM	Clearwater	Medal Ceremony