

Gianna Featured Services

- Infertility
- Natural family planning education
- **NaProTechnology™** medical and surgical consultations
- General gynecological care
- Prenatal care (New Jersey practice only)
- Women's general medical care (New York practice only)

Kyle Beiter, M.D.



Dr. Kyle Beiter is an obstetrician and gynecologist. He is one of only a handful of fellowship-trained **NaProTechnology** surgeons in the United States with special training in pelvic reconstructive surgery which forms the cornerstone of the **NaPro** approach to infertility. He completed his OB/Gyn training in 2008 and his **NaProTechnology** Fellowship in 2009. Dr. Beiter will provide general gynecological services, as well as **NaProTechnology** medical and surgical consultations.

Anne Nolte, M.D.



Dr. Anne Nolte (nee Mielnik) is a family physician with an area of concentration in women's health and infertility. She completed her family medicine training in 2009 and is trained in **NaProTechnology**. She offers **NaProTechnology** medical consultations and general medical care for women of all ages.

Dear Patient,

Thank you for considering The National Gianna Center for Women's Health and Fertility.

As a Catholic healthcare center, we are committed to delivering high quality, scientifically based, ethically sound health care for all women regardless of their faith tradition.

We are also committed to providing medical services in a way that is consistent with and supportive of the Ethical and Religious Directives for Catholic Healthcare Services ("Directives") which specifically articulate a commitment to human dignity and inspire an abiding concern for the sanctity of human life from its very beginning.

Our Center only utilizes those medical practices that are consistent with the Directives, which underline the dignity of marriage as the source of all human life. More specific details can be found at: www.usccb.org/about/doctrine/ethical-and-religious-directives/.

We will be happy to answer any questions you may have about our care and services. We hope you will choose us for all of your healthcare needs.

Kyle Beiter, M.D., and Anne Nolte, M.D.
The Gianna Center



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Women's Health and Fertility

Featuring **NaProTechnology**





Learn more about us.
www.saintpetershcs.com/giannacenter

Comprehensive. Cooperative. A unique new approach to women's health and wellness.

At The Gianna Center, we are delighted to offer a new, exciting approach to women's health care.

We provide primary care and specialized obstetrical and gynecologic care and serve women with a deep commitment to honoring their dignity and the sanctity of human life. With this as our promise, we are uniquely qualified to care for women of all ages and at all stages of life.

We are pleased to feature two new women's health services – the **Creighton Model FertilityCare™ System** and **NaProTechnology**, both of which allow us to provide you with a natural, restorative, scientifically based approach to monitoring your health and managing your fertility.

Our mission is simple – to acknowledge your dignity as a woman and to provide you, our patient, with exceptional medical care. Our goal is to be of genuine service to you – and we look forward to serving your healthcare needs.

Creighton Model FertilityCare™ System

The **Creighton Model FertilityCare™ System** (CrMS) is a modern approach to natural family planning.

- By simply learning to identify the signs of a woman's fertility, a couple can successfully space their children according to their unique needs.

- As a true method of family planning, it can be used to both achieve and avoid a pregnancy.
 - Fertility-focused intercourse allows 98.5% of couples of normal fertility to achieve a pregnancy within six months.*
 - When used to avoid pregnancy, the method is 99.5% effective.*
- The **Creighton Model** Chart also serves as a diagnostic tool, allowing Gianna physicians to diagnose and treat underlying reproductive and gynecologic disorders using **NaProTechnology**.
- Education in the CrMS is available at The Gianna Center. Please contact our **FertilityCare™** Center for an introductory session.

NaProTechnology and Infertility

One of the most exciting applications of **NaProTechnology** is in the area of infertility. More than 30 years of research into correcting the underlying causes of infertility have made it possible for **NaProTechnology** physicians to help as many as 70% of infertile couples conceive a pregnancy, depending on the underlying cause.*

NaProTechnology

- Does not create or destroy embryos; thus, is acceptable to people of all faiths.
- Our unique approach allows married couples to conceive through a natural act of intercourse.

NaProTechnology

NaProTechnology is a new approach to managing women's reproductive and gynecologic disorders. It works cooperatively with a woman's reproductive system to correct a variety of underlying disorders.

All medical interventions seek to identify the underlying cause of a woman's reproductive health difficulties and to correct underlying abnormalities, restoring her health and reproductive function.

This approach differs from other approaches to managing women's gynecologic and reproductive health disorders, which often attempt to bypass the problem using an artificial technology or "cover up" the disorder using hormonal contraceptives.

The **NaProTechnology** approach is unique in that it does not suppress or destroy fertility; instead, it respects the dignity of women and marriage, restores the natural ecology of a woman's body and is morally acceptable to people of all faiths.

Conditions treated by NaProTechnology:

- Infertility
- Recurrent miscarriage
- Menstrual cramps
- Premenstrual syndrome (PMS)
- Ovarian cysts
- Irregular or abnormal bleeding
- Polycystic ovarian disease
- Postpartum depression
- Hormonal abnormalities
- Chronic discharges
- Other health problems

*Hilgers, TW. *The Medical and Surgical Practice of NaProTechnology*.
Pope Paul VI Institute Press. Omaha, NE. 2004.