



Making an Impact

Since 1841

171

171 years of EMMS International supporting health projects overseas



EMMS International began in 1841 when a group of Edinburgh doctors, ministers and lawyers came together with the aim of bringing health care to those in need overseas.

Edinburgh Medical Missionary Society (as it was then known) trained hundreds of doctors to work in healthcare missions overseas. Its rich and colourful membership led to the saving of thousands of lives in countries around the world.

The name Edinburgh Medical Missionary Society survived until 2002 when the organisation was split into two charities - EMMS International and the Nazareth Trust. Further change occurred with a merger with Emmanuel Hospital Association in the UK, bringing a network of hospitals in India into our partnership.

Today we work with partners in Malawi, Nepal and India to address the comprehensive health needs of some of the poorest people in the world.

The last 18 months has seen exciting times as EMMS International has reviewed its operations. This has culminated in a five year plan to invest in the organisation and to increase the work that we do and the impact that it has. We are focusing on four interlinked programmes - maternal and child health, palliative care, strengthening health systems and fighting disease and disability.

With your support, our renewed focus will increase our impact on the lives of others.

We hope that this Impact Report demonstrates this and inspires you, the reader, to play your part.

99%

99% of all maternal deaths occur in developing countries

Every child deserves a healthy and loving mother in their life. Maternal and child death rates are shockingly high in the areas of our work, with women dying from treatable conditions such as obstructed births and issues with blood pressure.

Every year 300,000 women die as result of childbirth, while 2.6 million babies are stillborn. Most of these deaths are preventable and would not occur with better healthcare.

EMMS International is committed to tackling this problem by working with our partners to provide maternal and child health services in the communities that need it the most.

International Nepal Fellowship

The mid-Western region of Nepal has some of the most poorly

developed maternal and child health services with women in the region 35 times more likely to die during child birth than in the UK.

With villages located eight hours from the nearest road, mothers are at great risk as they do not have access to the ante and post natal care that we take for granted.

In partnership with INF Surkhet, we are supporting a programme to improve child and maternal health through the development of health services and community based mothers groups.

With your support, we can continue to develop projects like this, enabling women to access ante-natal care and loan funds that can prepare them for child-birth and motherhood.



3.3 million

3.3 million people die in agonising pain every year.



Millions of adults and children are living with cancer, HIV & AIDS, and other life-limiting diseases without access to pain relief. Lack of medical help means that not only do people suffer without treatment that could prolong their lives, but that pain relief as simple as paracetamol is not available.

For most this means dying in agony.

EMMS International believes that it is wrong that the poorest and most vulnerable people in the world are forced to suffer when they fall ill. Palliative care is an approach that improves the quality of life for patients and families suffering from life-threatening illness.

Emmanuel Hospital Association

In India, 34 million people need palliative care, but only 1% of

people have access to it. EMMS International is supporting Emmanuel Hospital Association in setting up a palliative care service at Harriet Benson Memorial Hospital at Lalitpur.

During its first year, the pilot cared for 38 patients living with life limiting diseases and provided palliative care training for doctors, nurses and volunteers. It also raised awareness of the importance of palliative care amongst church leaders and 150 local women.

Looking forward, £212,000 is needed to extend the project at Lalitpur and develop services at Broadwell Hospital and GM Priya Hospital. We are seeking individuals, trusts, churches and groups who would be willing to help us to develop and invest in this programme.

2013

2013 is a big year as we return to Malawi for another memorable bike ride

It has been an exciting year in our events department with a promise of more to come in 2013.

Cycle Malawi

We are looking forward to returning to Malawi in May 2013 for a special bike ride to celebrate the 200th anniversary of David Livingstone's birth. This follows our successful bike ride to Malawi back in 2011. **The ride that ran north to Livingstonia attracted 24 riders and raised £42,495 for the projects at David Gordon Memorial Hospital.**

In 2013, we want even more riders to join us for a truly unforgettable experience as we raise money for the primary health care programme at Mulanje Mission Hospital. If you would like to find out more about this bike ride, contact us on 0131 313 3828.

Bike and Hike

After the success of our Bike and Hike event in 2011, where Dunfermline Presbytery joined Kirkcaldy in raising £2,549, this year has seen more churches sign up than ever before. Supporters were taking to their saddles again in Fife.

Visits Overseas

We are offering you the chance to see first hand the work of our partners overseas.

These potentially life changing trips will be to India in March 2013 and Malawi in September 2013.

If you are interested in joining us on one of these exciting adventures, please contact us.



Impact Tour

Want to hear more about the life-saving work of EMMS International? Come and join us at one of our special supporters meetings taking place across the UK.

Inverurie

Join us at The Acorn Centre, West High Street, Inverurie on Wednesday 21 November at 7pm.

Belfast

We are returning to All Saints Church, University Street in Belfast on Wednesday 28 November at 2.30pm. The meeting will be followed by teas/coffees and refreshments.

London

Our partners, the Princess Diana Memorial Fund have kindly agreed to host a meeting of our supporters on Monday 24 September from 10.30am at Riverside Buildings, County Hall, Westminster Bridge Road, London, SE1 7PB. Please RSVP.





Inverness

We will be at Inverness East Church, Academy Street, Inverness for an informal gathering on Thursday 22 November at 7pm.

Edinburgh

Join us at the Surgeons Hall, Nicholson Street in Edinburgh on Friday 23 November from 2.30pm. The meeting will be followed by a free tour of the historic Surgeons Hall museum. Please RSVP

Newcastle

Following the Sunday service at the Holy Trinity Church Jesmond, Churchill Gardens, Jesmond on Sunday 28 October we will be having an informal meeting from 12.15pm

Coming soon

In 2013, we are coming to York and Glasgow. If you are interested in coming along or would like us to visit your part of the country, please contact us

2.4 million

2.4 million shortage of trained healthcare workers in the poorest countries



The World Health Organisation estimates that there is a global shortage of 2.4 million healthcare workers, mostly in the poorest countries. Where there are trained staff, they are often forced to treat patients in poor conditions, hampering their ability to work successfully.

At the heart of what EMMS International does is the desire to give the poorest communities in the world the ability to meet their own health needs.

Training

Over the last five years, EMMS International has supported the training of 310 nurses, doctors, clinical officers and technicians.

This training has enabled our partners to increase the number of qualified staff needed to deliver essential health care services,

ultimately benefiting the communities our partners serve.

Developing Infrastructure

Chinchpada Hospital based in the Maharashtra state of India has fallen into a state of disrepair. Staff are forced to treat patients in deteriorating buildings making the spread of disease more difficult to control.

£250,000 is needed to build a new 50 bed community hospital that will provide the region with a life-saving hospital with infrastructure that the whole community can rely on.

The compassionate hearts of EMMS supporters have already contributed over £100,000 towards this target to date and our fundraising continues.

340 million

340 million people are infected with malaria and HIV & AIDS each year

A major health challenge facing the developing world is the increasing burden of disease and disability. In addition to high levels of better known communicable diseases, such as HIV & AIDS and malaria, we are now seeing an increase in non-communicable diseases such as cancer, heart failure and diabetes.

EMMS International is working to provide the resources necessary to prevent, treat and care for people suffering from disease and disability.

HIV & AIDS

In India today, HIV & AIDS is one of the major health problems. **The country has the third largest number of people living with HIV, affecting over 2.4 million people.**

Jeevan Sahara Kendra (JSK) and Shalom Delhi AIDS project offers specialist care to those who need it most. This includes providing patients suffering from HIV with in-patient care when they fall ill and offering counselling and HIV testing to the most high risk groups in the community.

These projects are a beacon of hope for those living with HIV & AIDS in the poorest parts of India.

With a proven track record of providing excellent care, plans are in place to extend JSK's 10-bed HIV & AIDS hospice and to extend the service at Shalom Delhi.

The only way that this can be achieved is with your continuing support. This will allow even more people to receive the compassionate care that they deserve.



86p

For every £1 donated, 86p was spent on life-saving projects



In 2011, the difficult economic climate has continued for us all, ourselves included. However, a proactive decision was taken to invest in the organisation. This has resulted in some one off costs to develop our abilities to generate funds.

Overall income decreased from £1,151,989 in 2010 to £818,394 in 2011, this was largely due to the 2010 figure being exceptionally high thanks to a large one-off gift to Duncan Hospital.

2011 saw an increase in Event income (£69,460 in 2010 - £171,702 in 2011), an increase in Legacy income (£12,307 in 2010 - £60,866 in 2011), a marginal difference in unrestricted gifts (£159,441 in 2010 - £157,436 in 2011) and a fall in restricted income due to the exceptionally

high gift in 2010 (£765,626 in 2010 - £157,436 in 2011)

Expenditure for the year 2011 fell from £1,141,611 to £945,327.

£704,996 was spent directly on overseas charitable activities. This included £516,255 for India, £101,800 for Malawi and £24,284 for Nepal. Expenditure included the monitoring and management of overseas programmes to ensure that money is spent wisely and appropriately. The remaining expenditure was spent on administration and fundraising costs.

In 2011, for every £1 donation, 86p was spent directly on life saving projects.

We would like to thank all our supporters who support us and enable us to provide resources for our partners overseas.

50

50 different ways that you can help make an impact

It would not be possible to carry out the work of EMMS International without our supporters.

Thank you to everyone who has supported our work, as your money, time and prayers make an incredible impact in the poorest communities.

In order for us to provide more support for our partners, we need your help more than ever.

Fundraising

Our fundraising guide '50 Small Things' offers 50 different ways in which you can fundraise for the lifesaving work of EMMS International. From coffee mornings to office Olympics there are options available for all ages.

'50 Small Things' is available to download from our website at

www.emms.org or to request a copy contact us on 0131 313 3828.

Leave a Legacy

Ever considered leaving a gift to EMMS International in your will?

Will Relief is a campaign that offers Scottish supporters the opportunity to have your will drawn up by a solicitor during the month of September. The solicitors donate their fee to the charities involved, one of which is EMMS International.

Talk about EMMS International

Spreading the word about our work is vital to ensuring that our mission continues for the next 170 years.

If you would be willing to deliver a talk in your local community we would love to hear from you.

Make an Impact

Name

Address

I would like to raise awareness and funds for EMMS International

I would be interested in leaving a legacy to EMMS International

I pledge to pray for EMMS International

I pledge to give financially (complete the box below)

I wish to make a gift of the sum of £ to the work of EMMS International

I enclose a cheque/postal order/charity voucher (payable to EMMS International)

VISA Mastercard CAF Card Maestro Delta Amex

Name of card holder

Card number and last three digits of security number (on reverse side of card)

Expiry date / Start date / Issue no (maestro only)

Signature

Date

I can confirm that I am UK taxpayer and would like EMMS International to claim back the tax on this donation, any donations I have made since 6 April 2008, and any donations I make in the future until I notify you otherwise. I understand that to qualify for Gift Aid, what I pay in income tax or capital gains must at least equal the amount EMMS International will claim in the tax year.

Signature

Date

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Completed forms should be returned to:
EMMS International, Freepost EH 1308, 7 Washington Lane, Edinburgh, EH11 ONU

emmsINTERNATIONAL

Health and Education for Today, Hope for Tomorrow

7 Washington Lane, Edinburgh, EH11 ONU

Tel: 0131 313 3828

E-mail: info@emms.org

www.emms.org

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