ALUMNI TIES





December 2004 • Volume II • Issue 1

Rutgers Preparatory School

The Guaranteed Dividend

By Girls soccer coach Heidi Kearnan

All teams set goals at the beginning of the season. Sometimes those goals are not achieved because teams don't work hard enough during practice. The one defining factor that separated this year's Girls Soccer team from all the rest was their work ethic and effort at practices. Our team leadership was excellent as well. We all had a common goal, and that was to get better everyday. We knew if we did this we would go a long way in achieving our goals. Our team motto for the season was "The Guaranteed Dividend" as written below.

I believe one of the big lessons of sports for dedicated individuals and teams is that it shows us how hard work, and I mean hard work, does pay dividends.

The dividend is not necessarily in outscoring an

opponent. The guaranteed dividend is the complete peace of mind gained in knowing you did everything

within your power, physically, mentally, and emotionally, to bring forth your full potential.



The great satisfaction that comes from trying to do your best is the guaranteed dividend.

Our season began on August 16th and ended on November 7th when we competed for the State Prep "B" Championship. The result was a 1-1 tie after 80 minutes of regulation play and 2 golden goal 10 minute overtime periods. The State has adopted that no

championship game shall be determined by penalty kicks so we were named Co-Champions with Morristown Beard. This is Prep's first ever Soccer State Title since the program began in 1980.



