

Table 1: Total Population and Land Area by Island, 1902-2011

Census Year	Cook Islands	Rarotonga	Aitutaki	Mangaia	Atiu	Mauke	Mitiaro	Manuae	Manihiki	Penrhyn	Rakahanga	Pukapuka	Nassau	Palmerston	Suvarrow
	236.7	67.1	18.3	51.8	26.9	18.4	22.3	6.2	5.4	9.8	4.1	1.3	1.3	2.1	0.4
	Land area in square kilometre														
	Population														
1902	8,213	2,060	1,170	1,541	918	370	165	10	484	445	400	505	-	115	30
1906	8,518	2,441	1,162	1,531	918	446	210	-	521	420	352	435	-	82	-
1911	8,655	2,759	1,237	1,471	812	457	199	29	444	335	315	490	-	107	-
1916	8,805	3,064	1,302	1,245	759	490	237	23	493	326	295	474	-	90	7
1921	9,459	3,503	1,373	1,230	837	578	207	-	432	376	310	530	-	83	-
1926	10,082	3,936	1,431	1,249	933	511	238	23	416	395	327	526	-	97	-
1936	12,246	5,054	1,719	1,459	1,086	652	265	8	487	467	290	651	18	90	-
1945	14,088	5,573	2,356	1,845	1,114	804	229	28	435	654	318	662	-	65	5
1951	15,079	6,048	2,396	1,830	1,270	836	305	20	816	527	261	559	124	87	-
1956	16,680	7,212	2,565	1,970	1,307	815	275	32	661	619	341	638	110	77	58
1961	18,378	8,676	2,582	1,877	1,266	785	307	18	1,006	628	319	718	109	86	1
1966	19,247	9,971	2,579	2,002	1,327	671	293	15	584	545	323	684	167	86	-
1971	21,322	11,478	2,855	2,081	1,455	763	331	2	452	612	339	732	160	62	-
1976	18,126	9,802	2,423	1,530	1,312	710	305	-	266	531	283	785	123	56	-
1981	17,743	9,530	2,335	1,364	1,225	681	256	-	405	608	269	797	137	51	-
1986	17,614	9,826	2,390	1,229	957	692	273	-	508	497	282	761	119	66	6
1991	18,617	10,886	2,357	1,214	1,006	639	247	-	663	503	262	670	102	49	10
1996	19,103	11,225	2,389	1,108	956	652	319	-	668	606	249	779	99	49	4
2001	18,027	12,188	1,946	744	623	470	230	-	515	357	169	664	72	48	1
2006	19,342	13,890	2,235	640	570	391	219	-	356	255	141	507	75	63	-
2011 ^P	17,791	13,097	2,035	573	481	307	189	-	243	203	77	453	73	60	-

NOTE: ⁽¹⁾ Preliminary results and is likely to change

Table 4: Total Population and Male/Female Ratio

Census Year	<u>Cook Islands</u>				<u>Rarotonga</u>			
	Male	Female	Total	Male/Female Ratio	Male	Female	Total	Male/Female Ratio
1936	6,376	5,870	12,246	1.09	2,649	2,405	5,054	1.10
1945	7,185	6,903	14,088	1.04	2,879	2,694	5,573	1.07
1951	7,827	7,252	15,079	1.08	3,211	2,837	6,048	1.13
1956	8,695	7,985	16,680	1.09	3,805	3,407	7,212	1.12
1961	9,454	8,924	18,378	1.06	4,470	4,206	8,676	1.06
1966	9,749	9,498	19,247	1.03	5,047	4,924	9,971	1.02
1971	10,910	10,413	21,323	1.05	5,917	5,561	11,478	1.06
1976	9,292	8,834	18,126	1.05	5,080	4,722	9,802	1.08
1981	9,109	8,564	17,673	1.06	4,933	4,597	9,530	1.07
1986	9,188	8,426	17,614	1.09	5,143	4,683	9,826	1.10
1991	9,697	8,920	18,617	1.09	5,619	5,267	10,886	1.07
1996	9,842	9,261	19,103	1.06	5,730	5,495	11,225	1.04
2001	9,302	8,725	18,027	1.07	6,259	5,929	12,188	1.06
2006	9,816	9,526	19,342	1.03	7,030	6,860	13,890	1.02
2011 ⁽¹⁾	8,901	8,890	17,791	1.00	6,550	6,547	13,097	1.00

Table 3: Total Population by Island and Age Groups and Sex

Region and Island	Total	Total		0-14		15-44		45-59		60 & over	
	Persons	Male	Female	Male	Female	Male	Female	Male	Female	Male	Female
COOK ISLANDS	17,791	8,901	8,890	2,362	2,276	3,729	3,898	1,660	1,612	1,150	1,104
RAROTONGA	13,097	6,550	6,547	1,586	1,521	2,898	3,064	1,249	1,211	817	751
SOUTHERN GROUP excluding Rarotonga	3,585	1,775	1,810	564	537	613	651	315	322	283	300
Aitutaki	2,035	990	1,045	305	308	381	418	164	178	140	141
Mangaia	573	289	284	103	89	75	82	49	49	62	64
Atiu	481	233	248	77	78	68	83	49	42	39	45
Mauke	307	162	145	48	32	54	44	30	38	30	31
Mitiaro	189	101	88	31	30	35	24	23	15	12	19
NORTHERN GROUP	1,109	576	533	212	218	218	183	96	79	50	53
Manihiki	243	138	105	44	30	44	37	39	25	11	13
Penrhyn	203	113	90	48	36	44	34	11	12	10	8
Rakahanga	77	38	39	6	13	17	14	9	6	6	6
Pukapuka	453	222	231	84	109	89	73	30	30	19	19
Nassau	73	36	37	18	17	12	15	5	3	1	2
Palmerston	60	29	31	12	13	12	10	2	3	3	5
Suvarrow	0	0	0	0	0	0	0	0	0	0	0