

The Origins of Fruit and Vegetables

RHS Campaign for School Gardening



Supported by Waitrose

The symbols show the areas in the world from where these important fruit and vegetable crops originated. In modern times they are more widely cultivated.

Vegetables

- | | |
|-------------------|-----------------------|
| 1. Asparagus | Europe |
| 2. Bean, broad | Europe |
| 3. Bean, runner | South America |
| 4. Broccoli | Western Europe |
| 5. Brussel sprout | Western Europe |
| 6. Cabbage | Western Europe |
| 7. Carrot | Europe |
| 8. Cauliflower | Eastern Mediterranean |
| 9. Cucumber | India |
| 10. Garlic | Central Asia |
| 11. Lettuce | Mediterranean |
| 12. Marrow | Central America |
| 13. Onion | Asia, Southern Russia |
| 14. Pea | Eastern Europe |
| 15. Pepper, sweet | South America |
| 16. Potato | South America |
| 17. Pumpkin | South America |
| 18. Swede | Southern Germany |
| 19. Sweet corn | South America |
| 20. Tomato | South America |
| 21. Turnip | Europe |

Fruits

- | | |
|-----------------------------|----------------------|
| 22. Apple | Central Asia |
| 23. Apricot | China |
| 24. Blackberry | Europe |
| 25. Black/Red/White currant | Europe, Asia |
| 26. Fig | Turkey, Afghanistan |
| 27. Gooseberry | China, Mediterranean |
| 28. Kiwi fruit | S.W. China |
| 29. Loganberry | California |
| 30. Medlar | Asia Minor |
| 31. Peach | Tibet, China |
| 32. Pear | Asia, Western China |
| 33. Plum | Asia |
| 34. Quince | Northern Italy |
| 35. Rhubarb | Eastern Russia |
| 36. Strawberry | Europe |
| 37. Sweet cherry | Europe, Turkey |
| 38. Wineberry | China, Japan |

The terms fruit and vegetable are used here to denote how the plants are commonly used in the UK, not in a true botanical sense.

Photos: Sarah Chesters, Mike Sleigh, Jim Arbury, Suttons Seeds, Thompson and Morgan and Ken Muir Ltd
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