



Pinnacle

Washoe County School District's Employee Newsletter • Volume 5, Issue 9 • April 4, 2005

Successes & Acknowledgments

★ Home Depot Folks Help Piccolo

A small army of Home Depot employees invaded a Reno school recently to give it a little TLC. About 20 volunteers spruced up Marvin Picollo School in south Reno with new paint and landscaping. The school serves mentally and physically disabled children in our area. The makeover is the latest project in what company officials call Home Depot's plan to support the community through service and volunteerism.

★ McQueen's *Excalibur* Takes "Gold Crown"

McQueen High School's student newspaper *Excalibur* won a prestigious Gold Crown Award in the 81st annual Columbia Scholastic Press Association Crown Awards held March 18 at Columbia University in New York City.

Excalibur was one of twenty-four student newspapers to receive the recognition. Publications were judged on writing/editing, design, concept, photography, art and graphics and 1,238 magazines, newspapers and yearbooks were submitted.

★ Wooster's *Tales Literary Magazine* Receives Excellence Award

Wooster Colt's *Tales literary magazine* has been recommended for the highest award in the 2004 "Program To Recognize Excellence in Student Literary Magazines" sponsored by the National Council of Teachers of English. Only 96 school magazines of the 461 that entered are recipients of this honor.

★ RTI Students Earn ADDYs

Regional Technical Institute students, Therese Genio, a senior from Spanish Springs HS and Jake Johannessen, a senior at Reno HS received prestigious ADDY Awards from the Advertising Association of Northern Nevada. Theresa Genio received a Gold ADDY for Elements of Advertising Logo for her promotional materials for Radius Reeds, while Jake Johannessen received the Bronze ADDY for Television with an animated commercial for Reno Roofing that aired locally. The RTI 3D Digital Arts instructor, Jim Burke, noted that these pieces will be forwarded along with TMCC and UNR winners to national judging sponsored by the American Advertising Federation.

★ Mega "HOO-AHS" To School ROTCs!

"These are the finest schools our ROTC team has ever inspected in over 136 schools in four Western states California, Nevada, Utah and Arizona," chief inspector M/S Rea said of WCSD school teams at the annual inspection and audit of high school ROTC that took place the first two weeks of March. Rea de-briefed WCSD superintendent Paul Dugan; assistant superintendent for secondary ed Debbie Cylke, and assistant superintendent for high schools, Kendyl Depoali. Congratulations to all of the schools who took part.

Wellness Works At WCSD

Promoting health in the workplace can positively affect the bottom line for companies and the waistline for employees, according to Brigham Young University researchers. Their new study, published in the latest issue of the journal "Preventive Medicine," examined the health claims costs and absenteeism of 6,246 employees and retirees from the WCSD over a period of six years.

The results reveal that employees who participate in workplace health promotion programs miss fewer workdays than those who do not participate. The reduction in absenteeism translates into a cost savings of nearly \$16 for each dollar spent on the program – a savings of \$3 million.

"This is just another reason companies should offer and encourage participation in wellness programs," said Steven Aldana, director of the research team and professor of exercise science at BYU. Depending on a company's size, between 2.5 and 4.5 percent of the money spent on salaries goes to absent employees. By implementing wellness programs, Aldana estimates companies can also save millions of dollars annually.

Aldana's co-authors on the study include BYU professors Ray Merrill and Ron Hager, graduate student Kristine Price and Aaron Hardy, coordinator of the WCSD Wellness Program.

"The findings are important because, although investment in health promotion is not large, it has a large pay-back for organizations," said Nico Pronk, vice president of the HealthPartners Center for Health Promotion in Minneapolis. "Perhaps more importantly, it shows that such programs are able to keep people more functional and on-the-job. Although this is certainly important from an employer's perspective, the ultimate winner is the individual who enjoys better health on a daily basis."

This new information provides additional evidence why companies should help their employees have healthy lifestyles. "Properly structured wellness programs can be the most powerful catalyst in improving morale and productivity," said Hardy. WCSD employees seem to agree. Total enrollment in seven different wellness programs since school started last fall has passed 18,000. For more information on the WCSD Wellness Program, contact Aaron Hardy at 348-3858 or email him, ahardy@washoe.k12.nv.us.

Before



After



Darcy Burton of the WCSD Business Office is proof positive that wellness is working. Darcy lost weight and quit smoking through the WCSD Wellness Program.

Tune In To Kids And On The FUN!!!

TUNE IN TO KIDS FAIR CELEBRATES LIFE BEYOND THE SCREEN

Saturday, April 16, 2005
Northeast Community Center
and Dick Taylor Park
10 a.m. to 5 p.m.

The "Tune In To Kids" Fair is a celebration of learning and life beyond the "screen." The Fair will show families and children how to use media in positive ways and how much life there is outside of screen media (television, movies, computer games, video games, etc). Our themes this year are family involvement, reading and literacy, cooking and nutrition, arts and culture, recreation and hobbies, and media awareness.

TEN REASONS TO COME TO THE TUNE IN TO KIDS FAIR:

10. It's free – but worth a lot!
9. It's fun for the whole family!
8. To win great prizes!
7. To see great entertainment by our local youth!
6. To get information on how to use media in positive ways – so you can control it and it doesn't control you!
5. To learn about the activities available in our community!
4. To register for summer learning and enrichment activities!
3. To get tips on how to help my child succeed in school!
2. To get tips on fun things to do with your kids!
1. *Because kids should live a real life, not a virtual life!*

For more information about the Fair, contact Jody Ruggiero, 772-2711.

“I’M RIGHT HERE...” ...words of hope for troubled kids

The Join Together Northern Nevada (JTNN) Youth Coalition Advisory Board (Youth CAB) is comprised of students representing five area high schools and meets monthly to discuss substance abuse concerns and other related issues important to adolescents. The group has a prevention program to implement in your HS school classroom. The group identifies issues and develops ideas. They have chosen youth suicide for this year.

In 2001, 54 youth under the age of 18 committed suicide. In 2003, 31.6% of high school students admitted to being so sad or hopeless for two or more weeks that they had stopped doing normal activities; 19.3% of high school students had thought about suicide; 16% of high schools students had developed a plan for their suicide; and 9.8% of high school students had attempted their suicide.

The project is called, “I’m Right Here.” “I’m Right Here” can mean many things:

- I’m right here, right now.
- I’m right here, not living a pretend life.
- I’m right here – completely, not impaired.
- I’m right here to help.
- I’m right here. Please don’t ignore me.

Please contact Lisa at JTNN, 324-7557, to discuss this project and how you can be involved. When caring adults support and encourage the positive vision and efforts of their youth, the whole community benefits. Call Katherine Loudon, Safe and Drug Free Schools at 850-8016 if you are interested in this project visiting your high school class.

Thank You For Your Interest!

We received 206 responses to our recent PINNACLE reader survey. We appreciate all of you who took the time from your busy schedules to answer our questions. Your thoughtful responses will be invaluable in our efforts to make PINNACLE better for all WUSD employees.

We received many good suggestions which we will try to incorporate in the coming months. We hope that those changes will make PINNACLE more informative and interesting for you – a “must-read” every month.

And now for the part you’ve been waiting for – the food! The Communications & Community Outreach staff chose Silvia Sisto from Smithridge ES as the employee who gave us the best single suggestion. She wins a dinner for two at Orosko Restaurant in John Ascuaga’s Nugget, whom we thank for generously donating all four of our survey prizes.

The three “free lunch” winners, based on a blind drawing, are: Heather Bowman from Melton ES; Lorraine Henson from Mitchell ES; and Susie Olano from Swope MS.

April 7th Is Alcohol Screening Day

Adults can participate and discover how much is too much. Receive information and personal feedback about drinking and health for yourself and others at <http://www.alcoholscreening.org>. For more on the event check out this website and use the alcohol facts: <http://nationalalcoholscreeningday.org>.

Charlie Walsh Wins 3A Athletic Director of the Year Award

The Nevada Athletic Directors Association selects and recognizes athletic directors, administrators and secretaries each year for their contributions to their athletic programs, schools, communities and the State of Nevada. Those selected are presented with the respective award each year at the annual Nevada Athletic Directors Association Conference held in conjunction with the state basketball tournament.

Recipients are selected from nominations submitted by their colleagues in the field. Qualifications considered include length of service, demonstrated leadership, completion of professional development classes, organizational communication and interpersonal skills, their integrity, responsibility and commitment.

In addition, consideration is given to their involvement with school, league and state athletic programs and their efforts to role model behavior for others. The Nevada Athletic Directors Association has been in existence for 18 years. During that time they have grown to include in their membership over 90% of all the athletic directors and administrators in the State.



Charlie Walsh, Sparks HS, receives 3A Athletic Director of the Year award presented by Rod Adams from Moapa Valley HS.

Toot Your Own Horn!

Because our district leads in parent involvement, every issue of “Pinnacle” highlights a Parent Involvement “Best Practice.” Don’t be shy, toot your horn, share your success and remember, it’s the simple practices that are most easily replicated.

PARENT INVOLVEMENT BEST PRACTICE – Smithridge Elementary School, Shirley Woods, Principal

CHALLENGE

Many of our families learned mathematics in foreign countries and were not familiar with the instruction of mathematics in Washoe County. Our challenge was to orient parents to “Everyday Mathematics” and teach them how to help their children with their math homework.

DESCRIPTION OF SUCCESSFUL PRACTICE

Once a month our staff, which included certified and classified employees, held a parent math night in which parents were invited into the classroom where and mathematic fundamentals and games were taught to parents. We also provided interpreters and the class was taught in Spanish and English. Parents were given hands-on materials such as games and manipulatives to take home to work with their children on mathematics.

There were two sessions, a primary session for parents with students in K-3 and a second session for parents with students in grades 4-6. We also provided childcare in an adjoining room so parents could have uninterrupted time with the instructors.

Flyers were sent home two weeks ahead of time and a reminder was sent a couple of days before the event. It was also advertised on the message board and posters hung around school.

OBSERVED OUTCOMES

We had great positive feedback from the parents about knowing how their students were learning mathematics and many more parents started helping their students with their homework.

To submit a Parent Involvement best practice for a Pinnacle issue: identify the Parent Involvement challenge; list the school; list contact, name, title and contact information; describe the successful practice; list the observable outcomes.

Send to: Lisa Marie Lightfoot, Parent Involvement Coordinator, Communications and Community Outreach, Fax: 348-0397, llightfoot@washoe.k12.nv.us.

Northern Nevada Literacy Council’s “Spellbinder”

Attend an extraterrestrial evening with parrots, bees, and green cheese, and other worthy creatures, April 20th, 5:30-9:30 p.m. at the Siena Hotel Spa and Casino Ballroom, Mill and South Lake Street on the River. Admission is \$15 and a reservation is required. For information or reservations, call 356-1007.

The “Adventures” Continue

The second book in “The Adventures of One Feather” series by Marvin Moss Elementary teacher Tracy Fisher and Daniel Farside has just been published. “The Race up Rattlesnake Mountain” continues with characters from the first book, “One Feather Makes a Friend.” The series combines lessons in life with entertaining stories. The first book tried to show the importance of making good decisions in the face of peer pressure. The second book offers examples of good sportsmanship as well as poor sportsmanship while emphasizing the importance of participation in group activities.

Nationally Acclaimed Speaker Addresses Bullying and Violence

Michael Pritchard, nationally acclaimed speaker, comedian, and facilitator will bring his unique approach to the subjects of bullying and violence to the theater of Reno High School on April 11 at 7 pm. Admission is free.

Pritchard’s focus is empowerment, self-esteem, and conflict resolution. He relies on humor and anecdotes as useful tools in educating his audiences on improving their communication skills. He was recently awarded a Doctorate of Humane Letters for a lifetime of work inspiring, motivating, and profoundly touching the minds and hearts of thousands of children across the country.

The *Wall Street Journal* has praised what it called “the humanity and authenticity of his material.” Pritchard is the 2002 winner of the prestigious Beryl Buck Award for achievements in promoting non-violence. This event is sponsored by WUSD Safe and Drug Free Schools program and the Neighborhood Mediation Center.

For more information on Michael Pritchard, go to www.michaelpritchard.com.

Waste Warriors Teach Kids Value of Recycling

Waste Warriors, a free presentation sponsored by Keep Truckee Meadows Beautiful (KTMB), teaches students to reduce, reuse, and recycle whenever they can. Following the retirement of Beth Isaef as KTMB's own "The Trash Lady," Waste Warriors has taken on the task of training the next generation of recyclers. This 45-minute workshop is geared toward elementary school classrooms to educate and inspire youngsters about litter reduction, the waste stream, and recycling.

Through examining their own role in preserving the health and beauty of our planet, students will be given the tools necessary to become Waste Warriors themselves. KTMB's presentation is an excellent supplement to science curricula, and is a wonderful tie-in with Earth Day celebrations and discussions.

In addition to the Waste Warriors presentation, KTMB offers paper-making workshops as a fun, active way for students to see recycling in action. Waste Warriors and paper-making workshops are offered for free as part of Keep Truckee Meadows Beautiful's mission to create a cleaner, more beautiful region through education and active community involvement, and are funded by the Nevada Division of Environmental Protection.

Please contact Dave Reckess at 851-5185 or dave@beautiful.reno.nv.us to set up a presentation in your class.



Summer Reading is Cool!

For our final *PARENTS* newsletter of the school year, we are compiling a list of books that kids (K-12) can read this summer. If you can recommend any titles to us for this feature, please send them to the *Pinnacle* mailbox with an indication of grade/age appropriateness. Thank you!

Alice Maxwell Kids Help Integration Pioneer

Third and fourth grade reading students at Alice Maxwell Elementary in Sparks recently donated money that they raised themselves to the Ruby Bridges Foundation, which combats bigotry through education and inspiration. The children read the book *Through My Eyes*, Ruby Bridges's personal account of being a child at the center of the school desegregation storm in the 1960s.

Bridges was the first African-American student to attend William Frantz Public School in New Orleans in the fall of 1960. Her experience was captured in a famous painting by Norman Rockwell, showing the six-year old first-grader walking to school accompanied by U.S. Marshals.

Moved by Bridges's courageous story, the Alice Maxwell students raised \$80 through the sale of doughnuts supplied by Albertson's, the school's partner in education.

"The children were truly inspired by the book and by the incredible courage that Ruby Bridges showed," said Maxwell principal Richard Swanberg. "And it is inspiring to us that the children of Maxwell can show this kind of caring spirit. We're proud of them, and we know that Ruby Bridges is too."

Recognizing Our Classified Best

WCSD will continue the Classified Recognition Awards for the 2005-06 school year.

To submit nominations for this award, schools and/or departments are asked that the following criteria be considered:

- The employee nominated has completed 10 or more years of service with the district.
- The employee has demonstrated excellence in the performance of duties.
- The employee has exhibited initiative and ingenuity in the performance of duties.
- The employee has been cooperative with students, faculty, administration and fellow workers.
- The employee has made a significant contribution to the school district and, in this way, to the community the district serves.

Please submit your nomination(s) to **Human Resources** by **Friday, May 13, 2005**. Nominations must be in writing and should include your rationale. Feel free to submit your nomination(s) via e-mail to Mike Jess.

If you have any questions regarding this program, or need any assistance in determining the length of employment of an employee, please call Mike Jess at 348-0330.

education collaborative of washoe county inc.

AGC Sponsors Construction Career Day

The Nevada Chapter Associated General Contractors has been a Partner in Education with Mt. Rose ES for eleven years. Once again, on April 28th, AGC will sponsor their annual Mt. Rose Construction Career Day. Special hands-on activities are planned to introduce students and faculty to the world of construction. They will design a future city, construct birdhouses, work with UNR ME2L students on engineering experiments, and learn about the ReTRAC project on field trips. AGC member firms and the Academy for Career Education students will volunteer their time and talents to make the career day a success. AGC is proud to be a Partner in Education with Mt. Rose Elementary School. It's all about "Building a Better Nevada."



"They're not rules they're more like guidelines."

We want your information and your items. Here are a few simple-to-follow guidelines for you when you're submitting items for the *PINNACLE* or *PARENTS* newsletters:

1. Please be aware of our deadlines, especially with reference to *PINNACLE*. We try to accommodate every item you send us, but sometimes we run out of space. So the sooner you can get it to us, the better!

2. Make sure all information is correct and complete: check that you have supplied the Who, What, When, Where, and Why for each item. This will save us time in chasing down the facts, and save you time in having to answer our pesky queries.

Check that you have supplied:

- ✓ Which publication(s) this item is intended for
- ✓ Event name (the who or what)
- ✓ Day, date, and time (the when)
- ✓ Location where it will be held (the where)
- ✓ Who's sponsoring or putting it on (other who)
- ✓ Its purpose/function (the why)
- ✓ Contact name, phone number, email and web address for more info.

3. We prefer to receive items via email. That way they can be edited more easily. If at all possible, please send your submissions in 14 point type size or above. This saves time and the editor's failing eyesight. You may submit items in the body of the email or "as attachments." Please submit photos, logos or graphics in jpg, eps, tiff or pdf formats.

4. If you send "attachments," please provide a subject title so we can easily retrieve it for editing purposes. E.g., "Pinnacle article" is a little vague and can be applied to practically everything submitted. Specificity is much appreciated!

5. Submissions can be sent to the following email addresses:

PINNACLE articles: pinnacle@washoe.k12.nv.us

PARENTS articles: rcooney@washoe.k12.nv.us

Graphics, logos and digital photos can be sent as attachments with the articles.

Thank you for your cooperation and support! *Your* contributions make our WCSD publications informative and enjoyable. Keep those items coming!

— Ron Cooney, WCSD Communications Specialist

OPPORTUNITIES

✓ EVERY CHILD DESERVES A HOME.

As a foster or adoptive parent, you can give a child something they all deserve – a home. Right now, foster and adoptive parents are needed in our community.

If you are at least 21 years old, can pass a rigorous background check, and complete 27 hours of pre-service training, you can be a foster or an adoptive parent.

Orientations are held twice monthly. Please call 337-4470 for information.

✓ STRENGTHENING FAMILIES.

The Strengthening Families Program will begin a new session April 4th at Alice Smith ES from 6-8 p.m. These classes teach problem solving skills, effective communication techniques, stress management, goal setting, and set the foundation for building positive family relationships. Classes are FREE and childcare is provided. For more information, please contact Kerry Salazar at 677-5437.

✓ LEARN ABOUT READING RECOVERY.

Reading Recovery is a highly effective intervention that teaches struggling first graders to read. If you are a teacher and have students who need help in reading, you are invited to attend an introductory session to learn more about Reading Recovery methods, training, and how to enroll in this valuable course on April 21st from 4:30-5:30 p.m. at Caughlin Ranch ES, Room A6-8. For information contact Lynn Jasmine at 848-7332 or Kay Hackbarth at 530-4344.

✓ PROJECT WILD WORKSHOP.

WILD is an award winning K-12, interdisciplinary, conservation and environmental education program emphasizing wildlife. Nevada teachers receive 1/2 state recertification credit. Participants will receive Project WILD K-12 and Project WILD Aquatic Activity Guides, Taking Action or High School Science and Civics: Sustaining Wildlife Guide.

Date: Saturday, April 9, 2005

Location: Donald W. Reynolds Community Non-Profit Center, 948 Incline Way, Incline Village

Time: 8:30 a.m. to 5:00 p.m.

Cost: Workshop and materials are provided free. (Lunch is the responsibility of each participant.)

Limit: 30 participants

To reserve your space contact Adrienne Forbes at aforbes@ndow.org, phone 334-3808.

✓ ON-LINE MASTER'S DEGREES

AVAILABLE AT GCU. Earn a Masters in Education online from a regionally accredited school, Grand Canyon University in Phoenix, AZ (GCU). Each of the courses in the program address one or more of the national standards set by the Inter-State School Leaders Licensure Consortium. GCU has programs that are "True Master Degrees."

GCU is offering teachers who start classes on May 12, 2005 a \$1000 scholarship. These scholarships will be awarded on a first-come, first served basis. Students teaching at Title I schools can also waive \$5000 in student loans. There are additional loan forgiveness funds available

for secondary teachers of science or math and elementary or secondary school special education teachers.

Teachers can complete their master's degrees for \$4,720 (MAT, Reading, Technology) or \$6880 (Administration, Special Education).

The following are programs offered online: Master of Education Special Education with certification; Master of Education in Administration with certification; Master of Education in Instructional Technology; Master of Education in Reading Specialization; Master of Arts in Teaching.

Contact Britt Chandler at 866-829-6875 or email her at britt.chandler@mastersonline.com. If you want to take advantage of the scholarship, apply immediately.

✓ ADMINISTRATIVE PROFESSIONALS CONFERENCE.

TMCC's 15th annual conference will be held on April 27 at the Atlantis Hotel. The conference includes breakfast and lunch, shoulder massage and motivational speakers who will present real-life solutions to help manage conflict, build teamwork and achieve goals.

For details and questions call 829-9010. The cost is \$79.

Call Truckee Meadows Community College Workforce Development and Continuing Education, (775) 824-8656.

✓ "BEAUTY AND THE BEAST."

Reed HS is excited to be producing Disney's Broadway production of "Beauty and the Beast" for their 2005 spring musical. Performance are at 7 p.m. on April 27, 28, 29, 30, and May 4, 5, 6, and 7 plus 1 p.m. matinee performances on April 30 and May 7. Tickets are on sale at Reed from 2:15-6:00 p.m. on school days. We always sell out, so get your tickets early!

✓ STUDENT ART EXHIBITED AT NMA

The Scholastic Art Awards of 2005 will be on exhibit from April 2 through May 8, at the Nevada Museum of Art in Reno. The exhibition features work created by northern Nevada middle and high school students and is part of a national competition that recognizes student excellence in the arts.

The program serves fourteen counties in northern Nevada, inviting students to compete for awards and scholarships through a variety of media. This year the NMA received over 660 entries from students in grades 7-12.

The awards ceremony is scheduled for Saturday, April 9, 2005 at 10 am in the Donald W. Reynolds Hall of the NMA.

✓ TRUCKEE MEADOWS WATER AUTHORITY PROVIDES EDUCATIONAL RESOURCES.

Truckee Meadows Water Authority (TMWA) and Washoe County School District have partnered to assist with the education of water and conservation in the Truckee Meadows. TMWA offers assistance in a variety of forms including: online lesson plans, educational interactive videos, guest speakers and other programs, such as the annual poster art contest.

TMWA has recently developed educational materials about water supply,

the treatment process and responsible water use. The educational, interactive videodisks were produced and distributed this month to use in classrooms along with comprehensive lesson plans. Educators can find the interactive video, as well as a cohesive selection of resources, activities, and material on water-related topics, as well as additional lesson plans on the TMWA website, at www.tmh2o.com/conservation/teachers.

In addition to these educational tools, TMWA offers guest speakers to visit Washoe County classrooms educating students on a variety of water conservation topics. If you would like to request a speaker or for more information, please contact Andy Gebhardt at 834-8007.

✓ TMCC MULTICULTURAL FESTIVAL WITH STUDENT ART EXHIBIT AWARDS SATURDAY, APRIL 16.

Plan to attend a celebration of a variety of cultures with music and dance, crafts, artwork, foods to purchase and cultural exhibits at Truckee Meadows Community College on Saturday, April 16 from 10 a.m. to 4 p.m.

As part of the event, enjoy TMCC's 31st Annual Student Art Exhibition, which will be displayed in three galleries, and prizes will be awarded at 3:15 p.m. during the event. Both events are free and open to the public and will be held at the college's Dandini Campus in the Eardley Student Services Center. Parking is free.

Entertainment will include the Silver State Scottish country dancers, the Daughters of Norway Pony Express, La Estrellitas Mexican dancers and Pyramid Lake High School Washoe dancers. Dance styles and music include Salsa, the Brazilian Samba, Native American drummers and Scottish bagpipes.

For more information on TMCC's Multicultural Festival, contact the college's equity and diversity office at 673-7105.

✓ NORTHERN NEVADA WRITING PROJECT.

Congratulations to WritingFix.com, a locally-grown website sponsored by grant monies given to the Northern Nevada Writing Project. Thanks to this website's interactive writing prompts for K-12 students, its alignment to 6-trait writing instruction methods, its grammar-based components, and its commitment to the philosophies of differentiated instruction, this website now hosts close to 5000 users daily from an international audience. Are your students using it yet?

✓ CONTINUING EDUCATION

CLASSES WITH GRADUATE LEVEL CREDITS.

For information or to register, call Carol Moore at 323-3737 or email cmoore@washoe.k12.nv.us.

Boredom to Breakthrough EDC 569.

Saturday and Sunday, April 23rd and 24th, 9 a.m. – 3 p.m. Learn how to inspire motivation in the classroom with hands-on activities across the curriculum. 2 credits \$260, materials \$10. Instructor: Barbara Surritte. Location: TBA

Coaching for Success ETC 562.

Saturday and Sunday, April 30th and May 1st 9 a.m. – 3 p.m. Physical activities that carry lifelong lessons. 2 credits \$260. Instructor: Jon Vial Location: Van Gorder Library.

Developing Capable Students TED 7921.

Saturday, May 14th 9 a.m. – 3 p.m. Graduate self-reliant students by helping students prioritize and set goals and build healthy self-esteem. 1 credit \$155 total. Instructor: Kay McNeill. Location: Grace Warner Library.

How To Talk So Kids Will Listen

TED7926. Sunday, May 15th, 9 a.m. – 3 p.m. Learn to communicate with students effectively and create a win-win environment. 1 credit \$155 total. Instructor: Kay McNeill. Location: Grace Warner Library.

Practically Speaking Spanish ETC 632.

Wednesday through Sunday, May 18th, 19th, 20th 5 p.m. – 9 p.m., May 21st, May 22nd 9 a.m. – 3 p.m. Survival Spanish II in school situations. Explore cultural differences throughout Spanish speaking countries. 3 credits \$390 Materials \$20 Instructor: Margarita Griggs. Location: Old Brown Center (formerly C & I).

Wellness & Promoting Fitness and Nutrition for Educators and Students – An Interactive Approach ETC 537.

Friday, June 24th, 5 p.m. – 9 p.m. and Saturday, June 25th, 9 a.m. – 3 p.m. 2 credits \$260. Instructor: Aaron Hardy. Location: Grace Warner Library.

✓ LESLEY UNIVERSITY of Cambridge will hold information sessions about off-campus programs in the Reno area. Classes are scheduled to start this spring.

The degree programs, held locally at Huffaker ES, include M.Ed. Technology in Education, M.Ed. Literacy: Language, Reading, and Writing, and M.Ed. Creative Arts in Learning.

Contact Lisa Jaureguito for additional information at 348-1630 or by email at ljaureguito@washoe.k12.nv.us. Check out our meeting website at www.lesley.edu/education for meeting times and locations.

Only TWO more issues of Pinnacle for this school year

The Communications & Community Outreach Office publishes 11 issues of *Pinnacle* during the traditional calendar school year. Articles can be submitted via email to pinnacle@washoe.k12.nv.us or faxed to 348-0397, attention *Pinnacle*.

The deadlines for copy are as follows:

Thursday, April 7 for April 25, 2005 issue

Wednesday, April 27 for May 16, 2005 issue

