

Men's Long Course Continental* Records as of September 23, 2011

<u>CONTINENT</u>	<u>SWIMMER</u>	<u>NATION</u>	<u>TIME</u>	<u>DATE</u>	<u>LOCATION</u>
50 FREE					
Africa	Roland Schoeman	RSA	21.67	8/16/2008	Beijing, China
Americas	Cesar Cielo	BRA	20.91	12/18/2009	Sao Paulo, Brazil
Asia	Shi Runjiang	CHN	21.95	9/28/2009	Beijing, China
Europe	Fred Bousquet	FRA	20.94	4/26/2009	Montpellier, France
Oceania	Ashley Callus	AUS	21.19	11/26/2009	Canberra, Australia
100 FREE					
Africa	Lyndon Ferns	RSA	47.79	8/16/2008	Beijing, China
Americas	Cesar Cielo	BRA	46.91	12/18/2009	Sao Paulo, Brazil
Asia	Takuro Fujii	JPN	48.49	12/8/2009	Hong Kong
Europe	Alain Bernard	FRA	47.12	7/30/2009	Rome, Italy
Oceania	Eamon Sullivan	AUS	47.05	8/13/2008	Beijing, China
200 FREE					
Africa	Jean Basson	RSA	1:45.67	7/28/2009	Rome, Italy
Americas	Michael Phelps	USA	1:42.96	8/12/2008	Beijing, China
Asia	Tae Hwan Park	KOR	1:44.80	11/14/2010	Guangzhou, China
Europe	Paul Biedermann	GER	1:42.00	7/28/2009	Rome, Italy
Oceania	Ian Thorpe	AUS	1:44.06	7/25/2001	Fukuoka, Japan
400 FREE					
Africa	Ous Mellouli	TUN	3:41.11	7/26/2009	Rome, Italy
Americas	Larsen Jensen	USA	3:42.78	8/10/2008	Beijing, China
Asia	Sun Yang	CHN	3:40.29	9/23/2011	Rizhao, China
Europe	Paul Biedermann	GER	3:40.07	7/26/2009	Rome, Italy
Oceania	Ian Thorpe	AUS	3:40.08	7/30/2002	Manchester, England
800 FREE					
Africa	Ous Mellouli	TUN	7:35.27	7/29/2009	Rome, Italy
Americas	Ryan Cochrane	CAN	7:41.86	7/27/2011	Shanghai, China
Asia	Zhang Lin	CHN	7:32.12	7/29/2009	Rome, Italy
Europe	Federico Colbertaldo	ITA	7:43.84	7/29/2009	Rome, Italy
Oceania	Grant Hackett	AUS	7:38.65	7/27/2005	Montreal, Canada
1500 FREE					
Africa	Ous Mellouli	TUN	14:37.28	8/2/2009	Rome, Italy
Americas	Ryan Cochrane	CAN	14:40.84	8/15/2008	Beijing, China
Asia	Sun Yang	CHN	14:34.14	7/31/2011	Shanghai, China
Europe	Yuri Prilukov	RUS	14:41.13	8/15/2008	Beijing, China
Oceania	Grant Hackett	AUS	14:34.56	7/29/2001	Fukuoka, Japan
50 BACK					
Africa	Gerhard Zandberg	RSA	24.34	8/2/2009	Rome, Italy
Americas	Randall Bal	USA	24.33	12/5/2008	Eindhoven, The Netherlands
Asia	Junya Koga	JPN	24.24	8/2/2009	Rome, Italy
Europe	Liam Tancock	GBR	24.04	9/2/2009	Rome, Italy
Oceania	Ashley Delaney	AUS	24.81	3/18/2009	Sydney, Australia

100 BACK

Africa	Gerhard Zandberg	RSA	53.75	8/10/2008	Beijing, China
Americas	Aaron Peirsol	USA	51.94	7/8/2009	Indianapolis, United States
Asia	Ryosuke Irie	JPN	52.24	9/5/2009	Kumamoto, Japan
Europe	Camille Lacourt	FRA	52.11	8/10/2010	Budapest, Hungary
Oceania	Hayden Stoeckel	AUS	52.97	8/11/2008	Beijing, China

200 BACK

Africa	George du Rand	RSA	1:55.75	7/30/2009	Rome, Italy
Americas	Aaron Peirsol	USA	1:51.92	7/31/2009	Rome, Italy
Asia	Ryosuke Irie	JPN	1:52.51	7/31/2009	Rome, Italy
Europe	Arkady Vyatchanin	RUS	1:54.75	7/31/2009	Rome, Italy
Oceania	Ashley Delaney	AUS	1:55.82	3/19/2009	Sydney, Australia

50 BREAST

Africa	Cameron van der Burgh	RSA	26.67	7/29/2009	Rome, Italy
Americas	Felipe Silva	BRA	26.76	7/29/2009	Rome, Italy
Asia	Kosuke Kitajima	JPN	27.30sf	4/13/2010	Tokyo, Japan
Europe	Hendrik Feldwehr	GER	26.83	7/28/2009	Rome, Italy
Oceania	Brenton Rickard	AUS	26.95	7/29/2009	Rome, Italy

100 BREAST

Africa	Cameron van der Burgh	RSA	58.95	7/27/2009	Rome, Italy
Americas	Eric Shanteau	USA	58.96	7/26/2009	Rome, Italy
Asia	Kosuke Kitajima	JPN	58.91	8/11/2009	Beijing, China
Europe	Hugues Duboscq	FRA	58.64	7/21/2009	Rome, Italy
Oceania	Brenton Rickard	AUS	58.58	7/27/2009	Rome, Italy

200 BREAST

Africa	Neil Versfeld	RSA	2:09.61	7/30/2009	Rome, Italy
Americas	Eric Shanteau	USA	2:07.42	7/30/2009	Rome, Italy
Asia	Kosuke Kitajima	JPN	2:07.51	6/8/2008	Tokyo, Japan
Europe	Daniel Gyurta	HUN	2:07.64	7/31/2009	Rome, Italy
Oceania	Christian Sprenger	AUS	2:07.31sf	7/30/2009	Rome, Italy

50 FLY

Africa	Roland Schoeman	RSA	22.90	7/26/2009	Rome, Italy
Americas	Nicholas dos Santos	BRA	22.87	9/4/2009	Florianopolis, Brazil
Asia	Zhou Jiawei	CHN	23.43	4/5/2009	Shaoxing, China
Europe	Rafael Munoz	ESP	22.43	4/5/2009	Malaga, Spain
Oceania	Matt Targett	AUS	22.73	7/27/2009	Rome, Italy

100 FLY

Africa	Jason Dunford	KEN	50.78	7/31/2009	Rome, Italy
Americas	Michael Phelps	USA	49.82	8/1/2009	Rome, Italy
Asia	Kohei Kawamoto	JPN	51.00	9/12/2009	Nagaoka, Japan
Europe	Milorad Cavic	SRB	49.95	8/1/2009	Rome, Italy
Oceania	Andrew Lauterstein	AUS	50.85	8/1/2009	Rome, Italy

200 FLY

Africa	Sebastian Rousseau	RSA	1:54.51	7/28/2009	Rome, Italy
Americas	Michael Phelps	USA	1:51.51	7/29/2009	Rome, Italy
Asia	Takeshi Matsuda	JPN	1:52.97	8/13/2008	Beijing, China
Europe	Laszlo Cseh	HUN	1:52.70	8/13/2008	Beijing, China
Oceania	Moss Burmester	NZL	1:54.15	4/4/2009	Christchurch, New Zealand

200 IM

Africa	Darian Townsend	RSA	1:57.03	4/23/2009	Montpellier, France
Americas	Ryan Lochte	USA	1:54.00	7/28/2011	Shanghai, China
Asia	Ken Takakuwa	JPN	1:57.24	4/18/2009	Shizuoka, Japan
Europe	Laszlo Cseh	HUN	1:55.18	7/29/2009	Rome, Italy
Oceania	Leith Brodie	AUS	1:56.69	7/30/2009	Rome, Italy

400 IM

Africa	Ous Mellouli	TUN	4:10.53	7/29/2009	Pescara, Italy
Americas	Michael Phelps	USA	4:03.84	8/10/2008	Beijing, China
Asia	Wang Shun	CHN	4:11.61	9/22/2011	Rizhao, China
Europe	Laszlo Cseh	HUN	4:06.16	8/10/2008	Beijing, China
Oceania	Justin Norris	AUS	4:15.20	3/27/2004	Sydney, Australia

RELAYS

400 FREE RELAY

Africa	South Africa	RSA	3:11.93	7/26/2009	Rome, Italy
Americas	United States	USA	3:08.24	8/11/2008	Beijing, China
Asia	Japan	JPN	3:14.73	12/12/2009	Vientiane, Laos
Europe	France	FRA	3:08.32	8/11/2008	Beijing, China
Oceania	Australia	AUS	3:09.91	8/11/2008	Beijing, China

800 FREE RELAY

Africa	South Africa	RSA	7:08.01	7/31/2009	Rome, Italy
Americas	United States	USA	6:58.55	7/31/2009	Rome, Italy
Asia	Japan	JPN	7:02.26	7/31/2009	Rome, Italy
Europe	Russia	RUS	6:59.15	7/31/2009	Rome, Italy
Oceania	Australia	AUS	7:01.65	7/31/2009	Rome, Italy

400 MEDLEY RELAY

Africa	South Africa	RSA	3:31.53	8/2/2009	Rome, Italy
Americas	United States	USA	3:27.28	8/2/2009	Rome, Italy
Asia	Japan	JPN	3:30.74	8/2/2009	Rome, Italy
Europe	Germany	GER	3:28.58	8/2/2009	Rome, Italy
Oceania	Australia	AUS	3:28.64	8/2/2009	Rome, Italy

Women's Long Course Continental* Records as of September 23, 2011

<u>CONTINENT</u>	<u>SWIMMER</u>	<u>NATION</u>	<u>TIME</u>	<u>DATE</u>	<u>LOCATION</u>
50 FREE					
Africa	Lize-Marie Retief	RSA	25.24	4/1/2008	Durban, South Africa
Americas	Dara Torres	USA	53.02	8/17/2008	Beijing, China
Asia	Le Jingyi	CHN	24.51	9/11/1994	Rome, Italy
Europe	Britta Steffen	GER	23.73	8/2/2009	Rome, Italy
Oceania	Libby Trickett	AUS	23.97	3/29/2008	Sydney, Australia
100 FREE					
Africa	Lize-Marie Retief	RSA	44.17	8/13/2008	Beijing, China
Americas	Amanda Weir	USA	53.02	7/30/2009	Rome, Italy
Asia	Pang Jiaying	CHN	53.13	10/21/2009	Jinan, China
Europe	Britta Steffen	GER	52.07	7/31/2009	Rome, Italy
Oceania	Libby Trickett	AUS	52.62	7/26/2009	Rome, Italy
200 FREE					
Africa	Kirsty Coventry	ZIM	1:57.04	6/7/2008	Austin, United States
Americas	Allison Schmitt	USA	1:54.96	7/29/2009	Rome, Italy
Asia	Pang Jiaying	CHN	1:55.05	8/13/2008	Beijing, China
Europe	Federica Pellegrini	ITA	1:52.98	7/29/2009	Rome, Italy
Oceania	Kylie Palmer	AUS	1:55.73	4/4/2011	Sydney, Australia
400 FREE					
Africa	Wendy Trott	RSA	4:08.38	8/10/2008	Beijing, China
Americas	Katie Hoff	USA	4:02.20	2/15/2008	Columbia, United States
Asia	Chen Qian	CHN	4:02.35	10/18/2009	Jinan, China
Europe	Federica Pellegrini	ITA	3:59.15	7/26/2009	Rome, Italy
Oceania	Bronte Barratt	AUS	4:04.16	10/10/2008	Beijing, China
800 FREE					
Africa	Wendy Trott	RSA	8:26.21	8/14/2008	Beijing, China
Americas	Janet Evans	USA	8:16.22	8/20/1989	Tokyo, Japan
Asia	Chen Qian	CHN	8:20.36	10/23/2009	Jinan, China
Europe	Rebecca Adlington	GBR	8:14.10	8/16/2008	Beijing, China
Oceania	Kylie Palmer	AUS	8:22.81	8/14/2008	Beijing, China
1500 FREE					
Africa	Wendy Trott	RSA	16:05.63	7/25/2011	Shanghai, China
Americas	Kate Ziegler	USA	15:42.54	6/17/2007	Mission Viejo, United States
Asia	Xu Xuan	CHN	15:58.02	7/26/2011	Melbourne, Australia
Europe	Alessia Filippi	ITA	15:44.93	7/28/2009	Rome, Italy
Oceania	Melissa Gorman	AUS	16:01.53	8/21/2010	Irvine, United States
50 BACK					
Africa	Chanelle Van Wyk	RSA	28.55	4/14/2009	Durban, South Africa
Americas	Fabiola Molina	BRA	27.70	7/29/2009	Rome, Italy
Asia	Zhao Jing	CHN	27.06	7/30/2009	Rome, Italy
Europe	Daniela Samulski	GER	27.23	7/30/2009	Rome, Italy
Oceania	Sophie Edington	AUS	27.51	7/29/2009	Rome, Italy

100 BACK

Africa	Kirsty Coventry	ZIM	58.77	8/11/2008	Beijing, China
Americas	Natalie Coughlin	USA	58.94	8/17/2008	Beijing, China
Asia	Zhao Jing	CHN	58.94r	11/13/2010	Guangzhou, China
Europe	Gemma Spofforth	GBR	58.12	7/28/2009	Rome, Italy
Oceania	Emily Seebohm	AUS	58.88	7/28/2009	Rome, Italy

200 BACK

Africa	Kirsty Coventry	ZIM	2:04.81	8/1/2009	Rome, Italy
Americas	Missy Franklin	USA	2:05.10	7/30/2011	Shanghai, China
Asia	Zhao Jing	CHN	2:06.46	11/14/2010	Guangzhou, China
Europe	Anastasia Zueva	RUS	2:04.94	8/1/2009	Rome, Italy
Oceania	Belinda Hocking	AUS	2:06.06	7/30/2011	Shanghai, China

50 BREAST

Africa	Penelope Heyns	RSA	30.83	8/28/1999	Sydney, Australia
Americas	Jessica Hardy	USA	29.80	8/7/2009	Federal Way, United States
Asia	Chen Huijia	CHN	30.46	12/12/2009	Vientiane, Laos
Europe	Yuliya Efimova	RUS	30.09	8/2/2009	Rome, Italy
Oceania	Sarah Katsoulis	AUS	30.16	8/2/2009	Rome, Italy

100 BREAST

Africa	Penelope Heyns	RSA	1:06.52	8/23/1999	Sydney, Australia
Americas	Jessica Hardy	USA	1:04.45	8/7/2009	Federal Way, United States
Asia	Ji Liping	CHN	1:05.32	8/29/2009	Beijing, China
Europe	Yuliya Efimova	RUS	1:05.41	7/28/2009	Rome, Italy
Oceania	Leisel Jones	AUS	1:05.09	3/20/2006	Melbourne, Australia

200 BREAST

Africa	Penelope Heyns	RSA	2:23.64	8/27/1999	Sydney, Australia
Americas	Annamay Pierse	CAN	2:20.12	7/30/2009	Rome, Italy
Asia	Rie Kaneto	JPN	2:20.72	9/5/2009	Kumamoto, Japan
Europe	Nadja Higl	SRB	2:21.62	7/31/2009	Rome, Italy
Oceania	Leisel Jones	AUS	2:20.54	1/1/2006	Melbourne, Australia

50 FLY

Africa	Lize-Marie Retief	RSA	26.36	7/8/2009	Durban, South Africa
Americas	Dara Torres	USA	25.50	7/9/2009	Indianapolis, United States
Asia	Zhou Yafei	CHN	25.57	8/1/2009	Rome, Italy
Europe	Therese Alshammar	SWE	25.07	7/31/2009	Rome, Italy
Oceania	Marieke Guehrer	AUS	25.48	8/1/2009	Rome, Italy

100 FLY

Africa	Lize-Marie Retief	RSA	58.20	8/9/2008	Beijing, China
Americas	Dana Vollmer	USA	56.47	7/24/2011	Shanghai, China
Asia	Liu Zige	CHN	56.07	10/18/2009	Jinan, China
Europe	Sarah Sjostrom	SWE	56.06	7/27/2009	Rome, Italy
Oceania	Jessicah Schipper	AUS	56.23	7/27/2009	Rome, Italy

200 FLY

Africa	Kathryn Meaklim	RSA	2:09.41	8/12/2008	Beijing, China
Americas	Mary DeScenza	USA	2:04.14	7/29/2009	Rome, Italy
Asia	Liu Zige	CHN	2:01.81	10/21/2009	Jinan, China
Europe	Katinka Hosszu	HUN	2:04.27	7/29/2009	Rome, Italy
Oceania	Jessicah Schipper	AUS	2:03.41	7/30/2009	Rome, Italy

200 IM

Africa	Kirsty Coventry	ZIM	2:08.59	8/13/2008	Beijing, China
Americas	Ariana Kukors	USA	2:06.15	7/27/2009	Rome, Italy
Asia	Qi Hui	CHN	2:08.32	10/20/2009	Jinan, China
Europe	Katinka Hosszu	HUN	2:07.46	7/27/2009	Rome, Italy
Oceania	Stephanie Rice	AUS	2:07.03	7/27/2009	Rome, Italy

400 IM

Africa	Kirsty Coventry	ZIM	4:29.89	8/10/2008	Beijing, China
Americas	Katie Hoff	USA	4:31.12	6/29/2008	Omaha, United States
Asia	Li Xuanxu	CHN	4:30.43	10/17/2009	Jinan, China
Europe	Katinka Hosszu	HUN	4:30.31	8/2/2009	Rome, Italy
Oceania	Stephanie Rice	AUS	4:29.45	8/10/2008	Beijing, China

RELAYS

400 FREE RELAY

Africa	Tuks Northern Tigers	RSA	3:47.70	4/15/2011	Port Elizabeth, South Africa
Americas	United States	USA	3:34.33	8/10/2008	Beijing, China
Asia	China	CHN	3:35.63	7/26/2009	Rome, Italy
Europe	The Netherlands	NED	3:31.72	7/26/2009	Rome, Italy
Oceania	Australia	AUS	3:33.01	7/26/2009	Rome, Italy

800 FREE RELAY

Africa	South Africa	RSA	8:14.01	7/8/2009	Belgrade, Serbia
Americas	United States	USA	7:42.56	7/30/2009	Rome, Italy
Asia	China	CHN	7:42.08	7/30/2009	Rome, Italy
Europe	Great Britain	GBR	7:45.51	7/30/2009	Rome, Italy
Oceania	Australia	AUS	7:44.31	8/14/2008	Beijing, China

400 MEDLEY RELAY

Africa	South Africa	RSA	4:03.62	4/6/2008	Durban, South Africa
Americas	United States	USA	3:52.36	7/30/2011	Shanghai, China
Asia	China	CHN	3:52.19	8/1/2009	Rome, Italy
Europe	Germany	GER	3:55.79	8/1/2009	Rome, Italy
Oceania	Australia	AUS	3:52.58	8/1/2009	Rome, Italy