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**DESIGNED BY:** Medical Education Resource Centre

## Inauguration Ceremony of the Postgraduate Diploma in Elderly Medicine

PGIM commenced a new Postgraduate diploma in

Medicine. The inauguration ceremony was held on 8<sup>th</sup> May 2013 at the PGIM auditorium. Consultant Rheumatologist Dr Lalith Wijeratne, Chairperson of the Specialty Board in Elderly Medicine welcomed the gathering. Consult-



ant Geriatrician Dr Raja Salgado addressed the ceremony as the Guest of Honour.

#### Five days course on "How to Get Your Research Published"

It was held for the second time for the year 2013 from the  $13^{\text{th}}$  to  $17^{\text{th}}$  of May. The aim was to develop the skills and interest of the Postgraduate trainees, other doctors and non medical graduates. It consisted of a series of lectures conducted by professionals from different fields related to research and practical sessions in SPSS and endnote. Thirty participants took part in the course .

The first workshop for the year 2013 was held in February and was a huge success. The recent workshop incorporated the feedback suggestions of the participants of previous workshops. Dates for future workshops will be scheduled according to the requests of the trainees. For further details, please contact Medical Education Resource Centre (MERC).

## 4th PGIM Academic Sessions

The PGIM proudly announces its 4<sup>th</sup> PGIM Academic Sessions which is to be held from 17<sup>th</sup> to 19<sup>th</sup> July 2013, at the PGIM premises.

**Pre-congress Symposia** on Genetics and e-Health will be held on 17<sup>th</sup> July from 9.00 am to 11.00 am.

**The Inauguration Ceremony** will be held in the evening of 17<sup>th</sup> July.

The scientific sessions which will stretch over the next two days will consist of following,

# PGIM Oration

## Dr. Gominda Ponnamperuma

#### Symposia

- 1. New trends in management of the critically ill.
- 2. Future trends in postgraduate surgical training.
- 3. Reflections on psychiatric education in Sri Lanka.
- 4. Ovarian Malignancies.
- 5. Ethics in Paediatric Practice.
- 6. Multidisciplinary approach to rehabilitation and elderly

## **Plenary Sessions**

- 1. Medical Education Prof. Lalitha Mendis
- 2. Chronic Kidney Disease of unknown aetiolog in Sri Lanka - Prof. Kamani Wanigasooriya
- 3. National policy of NCD prevention
- Dr. Palitha Maheepala
  - in the second

## **Guest Lectures**

1. Quality of Drugs - Prof. S. D. Jayaratne.

- 2. Sports Medicine Dr. Charitha Perera 3. Syncope and Falls management
- Dr. Mahilal Fonseka

## Theme Seminar on "Professionalism"

Prof. Narada Warnasooriya Prof. Uditha Liyanage Dr. Gominda Ponnamperuma

## )ebate

Sri Lanka is ready to revalida medical professionals.

Free Paper Sessions



## The roles and responsibilities of Professional Associations

#### By Professor Jayantha Jayawardana, Director PGIM

A professional college also called a professional body, professional association or professional society is usually a nonprofit organization seeking to further a particular profession, the interests of individuals engaged in that profession, and the public interests. The roles of professional associations could be many. However in summary the roles include:

- 1. providing quality medical care
- 2. supporting training, continuing education and research
- 3. acting as consultative body on matters concerning the specialty
- 4. promoting co-operation, co-ordination and fellowship among members
- 5. assuring ethical norms in all activities

The professional colleges generally strive to achieve a balance between these roles. However there is a perception among the public that in addition to above, they also function as a trade union and a controlling body which protects the privileges of the members and the powerful positions they hold. However this is commonly rejected by professional bodies. One may argue as to what is wrong if a professional body acts to safeguard the rights of its members? However, the concern is that this attitude will make professionals to disregard ones moral and ethical obligations. This may be interpreted as a reflection of what goes in the present day society and political arena which is flourishing with greed, dishonesty, injustice and selfishness? Should we as professionals too be branded same as the rest of the society which has scant respect for moral values? Hope not. Our duty as human beings is to serve humanity and as professionals we are more duty bound than any others in fulfilling these obligations.

The word "professionalism" has many definitions and different facets and it had been existence since 1856. The Merriam-Webster dictionary defines professionalism as "the conduct, aims, qualities that characterize or mark a profession or a professional"; in reality, professional responsibility is an integral part of the day to day practice though there is a perception that professional responsibility has been underemphasized in the practice of medicine and thus lacks compliance from the individual professional. The attributes of professionalism may include safety and welfare of the public and patients, professional ethics, legal liabilities of doctors, communication, honesty, integrity, self regulation, accountability and the image. The fees charged is another aspect that one needs to be concerned as the tendency is to refer to doctors not as saviors but as "mudalalis". However professionals are part and parcel of the society. Hence when day by day the ethical standards, values, respect to each other, law and order situation are deteriorating in the society should professionals ignore their responsibilities?

Despite the above, the education process and professional societies turn a blind eye to what is going on. Professionalism should be included in both undergraduate and postgraduate training programmes with dedicated teaching by experts/ role models. There should be adequate time allocated in the time tables for the students/trainees to realize the importance of it. Should we be only occupied and obsessed with teaching clinical skills? There is a need to lay out a road map with codes of professional conduct to promote co-ordination and co-operation in the delivery of clinical care, research, postgraduate training and conduct of examinations. As professionals, we need to internalize the codes and to realize that they have a personal stake in the application of codes as well as the process of developing the codes. These codes will promote goodwill and understanding among members of the profession which will enhance the different roles while minimizing the conflicts and legal implications. These are vital elements to further enhance the image of the profession within and outside the medical community. But unfortunately most view professional codes as static statements developed with little or no inputs. Questions of professionalism such as ethics are frequently viewed as topics outside normal discussions, attention and analysis. At present, the medical profession is also confronted by an explosion of technology, changing market forces, problems in health care delivery, bioterrorism, and globalization. As a result, physicians find it increasingly difficult to meet their responsibilities to patients and society. In these circumstances, reaffirming the fundamental and universal principles and values of medical professionalism, which to be pursued by all physicians, becomes all the more important. Hence all of us should rise to the occasion to be role models to maintain and foster professional responsibilities.

The inter-professional collaboration in the health care system and postgraduate training too may need close attention to promote team work to provide quality care for patients and to maintain standards in postgraduate training and credibility in postgraduate examinations. It is believed that Sri Lankans including doctors are weak in this area. Sri Lankans perform exceptionally well as individuals, but have limitations to perform as productive members in a team. Many have limitations and mistrust to work as effective members in a team with understanding each other with a give and take attitude. Why not develop a special tool or a mechanism in order to give healthcare learners and providers or postgraduate trainers and trainees a general understanding of other's roles and responsibilities. Inter-professional collaboration requires communication between professionals, common goal setting, problem solving skills, and a clear understanding of each member's role in the team while respecting each other. This is an essential ingredient to success and harmony. Healthcare professionals and postgraduate trainers need to understand the unique roles of each member on the team. They work in an ever-changing environment with limited resources which demands a team approach to provide optimal patient care and postgraduate training. Hence understanding the unique role of each member of the team and their unique contribution is vital to accomplish the set goals. In doing so there should be no room for personal interests, mistrust and animosity. As stated by Henry Ford, "coming together is a beginning; keeping together is progress; working together is success".

Much has been written about the nature of professional practice and the contribution of professionals to society. What is the degree of attention and effort made by the Colleges in the above areas such as codes of professional conduct, professionalism and inter-personal collaboration which are considered as vital for success in the private sector? Martin Luther King commented that "History will have to record that the greatest tragedy of this period of social transition was not the strident clamor of the bad people, but the appalling silence of the good people". Therefore there is a need for professional Colleges to pay more attention to these, if we were to fulfill the social contract between doctors and society, postgraduate trainers and trainees, Boards of Study and the PGIM, to market the medical profession as a civilized, responsible, accountable and exemplary profession to earn trust and admiration of the society. Employers and regulators too have an important role to play in supporting professionalism and enabling it to flourish and develop. The relevance and role of professionalism needs to be presented positively and proactively. More than any other soft skill, professionalism is the one that the society, patients, employers and trainees say "they know it when they see it".

(Based on the address by Director as the Chief Guest at the induction of the President of College of Ophthalmologists of Sri Lanka, held on 11th January 2013)

## Staff news—New Board of Management of Postgraduate Institute of Medicine

A new Board of Management was nominated for the PGIM in April this year.

*Chairman*—Professor H Janaka de Silva (UGC nominee)

Director/PGIM-Professor Jayantha Jayawardana

Deputy Director/PGIM—Professor Prasantha Wijesinghe

Immediate past director - Professor Rezvi Sheriff

Medical Faculty Deans— Professor Rohan Jayasekera, Colombo; Professor MD Lamawansa, Peradeniya;

Dr Sampath Gunawardena, Ruhuna; Professor Mohan de Silva, Sri J'pura; Professor NR de Silva, Kelaniya; Professor M Udupihilla, Rajarata; Dr S Balakumar, Jaffna; Dr KE Karunakaran, Eastern

Dental Sciences Dean— Professor Upul B Dissanayake, Peradeniya

*Faculty Representatives*—Dr TS Navaratnarajah, Jaffna; Professor PR Fernando, Colombo; Professor PVR Kumarasiri, Peradeniya; Professor SH Siribaddana, Rajarata; Professor Dulani Gunasekara, Sri J'pura; Professor TP Weeraratne, Ruhuna; Dr SS Williams, Kelaniya; and Dr AN Arulpragasam, Eastern; Professor S.L. Ekanayake, Peradeniya;

*UGC appointees*—Professor Abdul Hussain, Professor Nandadeva Samarasekera, Professor Malkanthi Chandrasekara, Professor S D Jayaratne, Dr Harsha Cabraal, Dr S Raviraj, Professor Ranjanie Gamage *Nominees of the university Council*—; Mr C Maliyadde, Mr Ranjan Asirwatham

Secretary/Ministry of Higher Education— Dr Sunil Jayantha Navaratne

*Ministry of Health*—Dr PG Mahipala, (DGHS); Dr Lakshmi Somathunga,(DDG, Medical Services-1); Dr Sunil De Alwis, (DDGHS, Education, Training & Research), Dr JMW Jayasundara Bandara,(DDGHS, Dental Services) *Nominee of the Secretary/Finance*—Mr RMP Ratnayake



#### **PGIM News** Letter

#### Scientific Program – 4<sup>th</sup> PGIM Academic Sessions 'Postgraduate Training Towards Enhancing Professionalism'

Day 2 - 19<sup>th</sup> July 2013 Hall A 17th July 2013 PGIM Auditorium Day 1 - 18<sup>th</sup> July 2013 Hall A Time 08.30 – 10.30 Hall B Hall B Time Time Pre-congress Symposium 08 00-08 30 08 00-08 30 Registration Registration 08.30-09.45 08.30-09.45 Symposium 1 Symposium 2 Symposium 5 Symposium 6 New trends in Future trends in Case based Multidisciplinary "Medical Genetic management of the discussion on postgraduate approach to Services in Sri critically ill surgical training **Ethical Practices** rehabilitation of elderly Lanka – How and where to access" on Paediatrics 09.45-10.15 09.45-10.15 ev note address Guest Lecture 3 A holistic Approach to Professionalism Syncope and falls management 10.30-11.00 11.00-13.00 Tea 10.15-10.30 10.30-11.30 10.15-10.30 10.30-11.30 Pre-congress Theme Semina ree papers in Medical Free papers in Surgical Disciplines Symposium Professionalism Disciplines 2 uriva, Prof. Uditha Livanage eHealth in Sri 11.30-12.45 Symposium 3 Symposium 4 11.30-12.45 Debate Sri Lanka is ready to revalidate the medical **Reflections on** Ovarian eHealth initiatives psychiatric Malignancies professionals (projects) education 12.45-13.30 13.30-14.00 12.45-13.30 ter Viewing Lunch and Poster Viewing Lunch and Pe eHealth Education 13.30-14.00 Quiz Guest Lecture 1 Quiz 3 Neurology Quality of drugs Pathology & Haematology Plenary 2- Chronic Kidney Disease of Unknown Aetiology in Sri Lanka 14.00-14.30 Inauguration 14.00-14.30 14.00-14.30 Plenary 4 National policy of NCD prevention 14.30-15.15 PGIM Oration 14.30-15.30 14.30-15.30 Free papers in Basic Sciences Free papers in Medical Free papers in Health Disciplines 1 Quiz 2 services mangement Guest Lecture 2 15.15-15.45 Titular Awards 15.30-16.10 15.30-16.00 Closing sessions Cardiology **Sports Medicine** Charitha Perera



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# **PGIM NEWSLEM**



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Feedback..... Please write to:

What would you like to read in future editions of our PGIM Newsletter Send your comments and suggestions to: Coordinator-In-charge Medical Education Resource Centre (MERC) 160, Prof. Nandadasa Kodagoda Mawatha, Colombo 07 Tel: 0112689266. 0112697758 Ext-62 email pgim.mercmail@gmail.com

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