



AL GHARAF A SPORTS CLUB



FIFA®

For the Game. For the World.

A.F.C. INSPECTION September 2011 Youth Development Programme Season 2011-2012





AL GHARAF A SPORTS CLUB



INTRODUCTION

AL GHARAF A is one of the best club in **Qatar**, has been developing for some years is academy :

- The club has set a clear **technical strategy**, based on specified criteria with a **ambitious philosophy of play**.
- For this, the club based on **planning for the training** according to the age of the players and their level of evolution.
- A close relationship with the **first team staff** enables young talents to join the **professional group**.

NEXT STEPS:

- Improvement in the organization and training between academy and first team,
- Creation of a structure dedicated to the **athletic preparation** (fitness room + equipment)
- Development of **talent identification** in partnership with schools.
- Go on a pre-season camp to gain international experience.





AL GHARAFHA SPORTS CLUB



Aim of AL GHARAFHA

AL GHARAFHA'S aim is to produce elite players capable of playing professionally both in **AL GHARAFHA** and **QATAR National team** and who will make a significant difference to the quality of the national team.

AL GHARAFHA coaching programme has to reflect this aim.

Form mostly men imbued with the values that are ours: **respect, solidarity**, but also **intelligence** and **humility**.

For now, we grow, we build an identity, play our role in society and unite around this project the skills and goodwill to achieve our goals.



Stéphane SAILLANT
Technical Director AL GHARAFHA SPORTS CLUB



AL GHARAF A SPORTS CLUB



Index:

2. Introduction
3. Aim of AL GHARAF A
4. Index
5. The values of the club
6. Organization charte academy
7. Elite players
8. Organization by category 11 players
9. Organisation Grass rude
10. Physical planning 11 players
11. Physical planning Grass rude
12. Technical Tests
13. Physicals tests
14. Biometrics tests
15. Biometrics tests
16. Medical
17. Match analysis
18. Developing youth players
19. Program 1st Semester (U19)
20. Program 2d Semester (U19)
21. Weekly technical plan (U19)
22. Program 1st Semester (U11 & U12)
23. Program 2d Semester (U11 & U12)
24. Weekly technical plan (U11 & U12)
25. Developing youth Goalkeepers
26. Weekly technical plan Grass rude Goalkeepers
27. Activities with schools
28. Fields Organization
29. Players list U19/U17
30. Players list U15/U14
31. Players list 99/00
32. Players list 01/02
33. Players list 03/04
34. Epilogue





AL GHARAF A SPORTS CLUB



Friendly Atmosphere



Proud member to AL GHARAF A

Sport Spirit



Be a Exemple



Respect

Pleasure

Intelligence

Humility



Solidarity

Give Confidence





ORGANIZATION CHART ACADEMY

SEASON 2011/2012

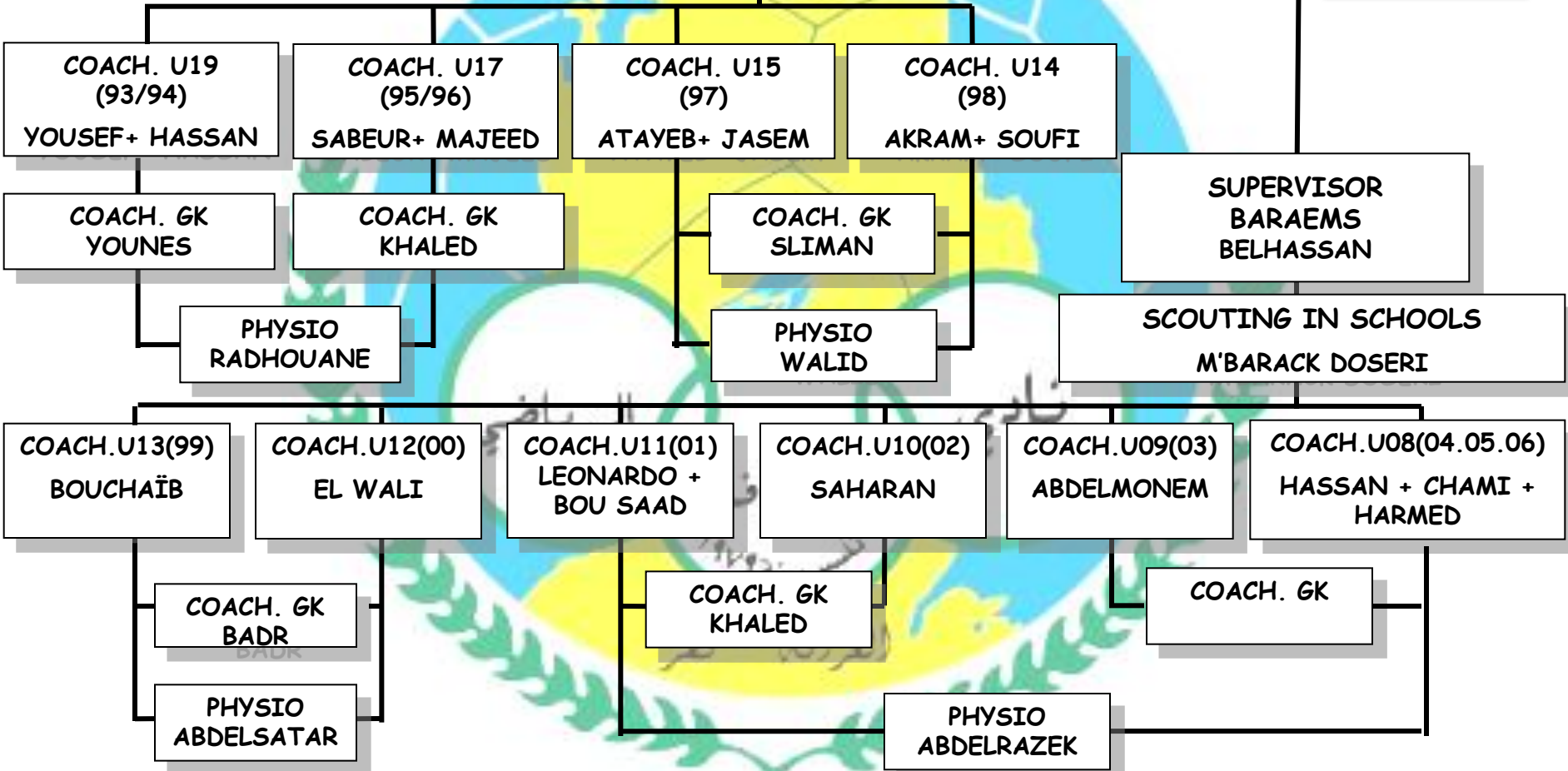
TECHNICAL DIRECTOR
STEPHANE SAILLANT

FITNESS COACH
ANIS CHAOUACHI

ADMINISTRATIVE DIRECTOR



Nasser QHATANI





AL GHARAF A SPORTS CLUB



AL GHARAF A ACADEMY
IS
ABOUT
350 PLAYERS

45 PLAYERS

35 PLAYERS



ASPIRE ACADEMY



NATIONAL TEAMS





AL GHARAF A SPORTS CLUB



SEASON 2011-2012

ACADEMY 100 PLAYERS SHARING IN 4 CATEGORIES

U19 & U17

SHABAB 93-94

25 PLAYERS

COACH

+

ASSISTANT COACH

+

GOAL KEEPER COACH

+

2 MANAGERS

+

1 THERAPIST

5 SESSIONS + MATCH

Hourly volume: 7h30

NACHEEN 95-96

25 PLAYERS

COACH

+

ASSISTANT COACH

+

GOAL KEEPER COACH

+

2 MANAGERS

+

1 THERAPIST

5 SESSIONS + MATCH

Hourly volume: 7h30

U15 & U14

ACHBAL 97

25 PLAYERS

COACH

+

ASSISTANT COACH

+

GOAL KEEPER COACH

+

2 MANAGERS

+

1 THERAPIST

4 SESSIONS + MATCH

Hourly volume: 6h30

AMAL 98

25 PLAYERS

COACH

+

ASSISTANT COACH

+

GOAL KEEPER COACH

+

2 MANAGERS

+

1 THERAPIST

4 SESSIONS + MATCH

Hourly volume: 6h

CHAMPIONSHIP MATCH = 21 + CUP MATCH = 5 + PRE SEASON COMPETITION MATCHES = 5

TOTAL MATCHES 30

APPROXIMATELY 220 TRAININGS

GRASS RUDE 240 PLAYERS SHARING IN 8 CATEGORIES

9v9 FOOTBALL

1999
30 PLAYERS
+
COACH
+
ASSISTANT COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

2000
30 PLAYERS
+
COACH
+
ASSISTANT COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

7v7 FOOTBALL

2001
30 PLAYERS
+
COACH
+
ASSISTANT COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

2002
30 PLAYERS
+
COACH
+
ASSISTANT COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

5v5 MINI FOOTBALL

2003
30 PLAYERS
+
COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

2004
30 PLAYERS
+
COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

5v5 FOOTBALL WITHOUT FESTIVALS

2005
30 PLAYERS
+
COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

2006
20 PLAYERS
+
COACH
+
GOAL KEEPER COACH
+
1 MANAGER
+
1 THERAPIST

CHAMPIONSHIP MATCH =9 + CUP MATCH =6 + FRIENDLY MATCH =3
TOTAL MATCHES =18

APPROXIMATELY 150 TRAININGS



PHYSICAL PROGRAM

U14 to U19

SEASON 11/12

46 Weeks

Approximately 220 sessions & 34 Matches 4 Period

Preparation		Competition				Transition	Competition			
8 weeks		16 weeks				6 weeks	16 weeks			
35 Sessions		85 Sessions				30 Sessions	85 Sessions			
2 Phases		4 Phases				1 Cycles	3 Phases			
July	August	September	October	November	Décember	January	February	March	April	May
Cat.		Sessions to maintain or development					Sessions to maintain or development			
U19 U17	TEST				TEST					TEST
	MUSCULAR EDUCATION (PITCH)		STRENGTH TRAINING (INDOOR)		STRENGTH TRAINING (INDOOR)		STRENGTH TRAINING (INDOOR)		STRENGTH TRAINING (INDOOR)	
	AEROBIC DVPT.	SPEED DVPT.	AEROBIC DVPT.	JUMP DVPT. + SPEED		AEROBIC DVPT	SPEED DVPT.	AEROBIC DVPT.	JUMP DVPT. + SPEED	
	COORDINATION		COORDINATION			COORDINATION		COORDINATION		
	STRENGTH ABDOMINALS	STRENGTH ABDOMINALS				STRENGTH ABDOMINALS	STRENGTH ABDOMINALS			
U15 U14	FLEXIBILITY	FLEXIBILITY				FLEXIBILITY	FLEXIBILITY			
	TEST				TEST					TEST
	MUSCULAR EDUCATION (PITCH)		MUSCULAR EDUCATION (PITCH)		MUSCULAR EDUCATION (PITCH))		MUSCULAR EDUCATION (PITCH)		MUSCULAR EDUCATION (PITCH)	
		SPEED DVPT.		JUMP DVPT. + SPEED			SPEED DVPT.		JUMP DVPT. + SPEED	
	COORDINATION		COORDINATION			COORDINATION		COORDINATION		
	STRENGTH ABDOMINALS	STRENGTH ABDOMINALS				STRENGTH ABDOMINALS	STRENGTH ABDOMINALS			
	FLEXIBILITY	FLEXIBILITY				FLEXIBILITY	FLEXIBILITY			

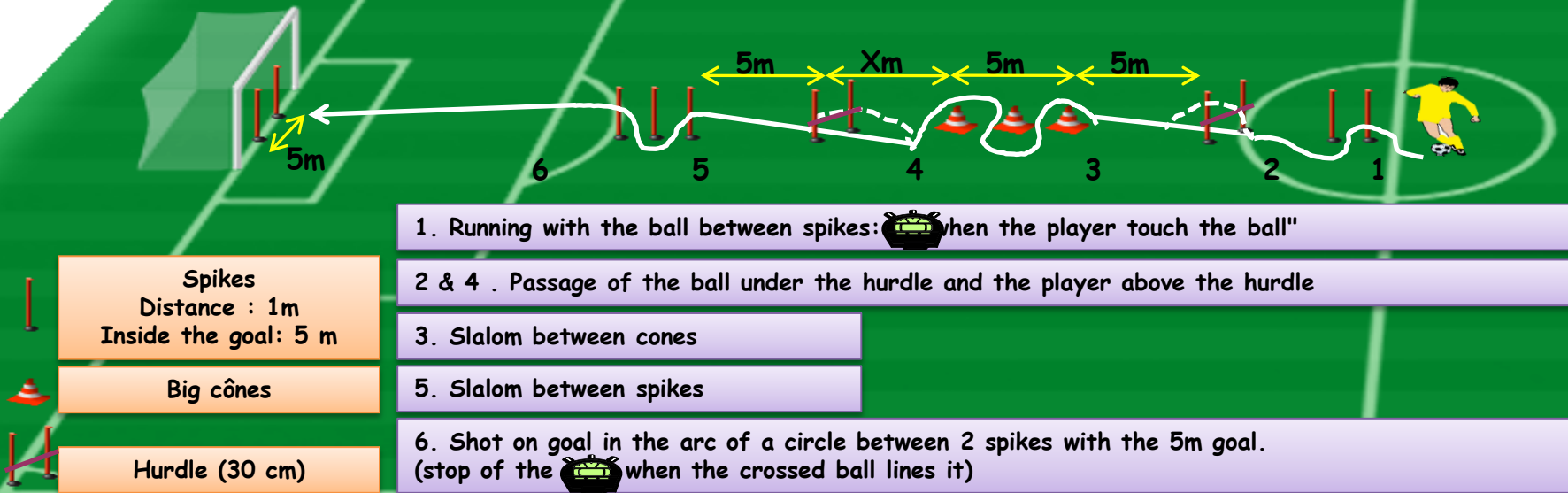
TECHNICAL TESTS

TECHNICAL PATH

Shooting outside the goal
(2 pickets)

Skipped obstacle

Penalty : +1"



TECHNICAL TEST:

BALL CONTROL 4x50 CONTACTS

•FEETS

Rightx 50, Leftx 50, Alternate x 50 (No surface of catching up) HEAD: (50 contacts , Start with the hand).

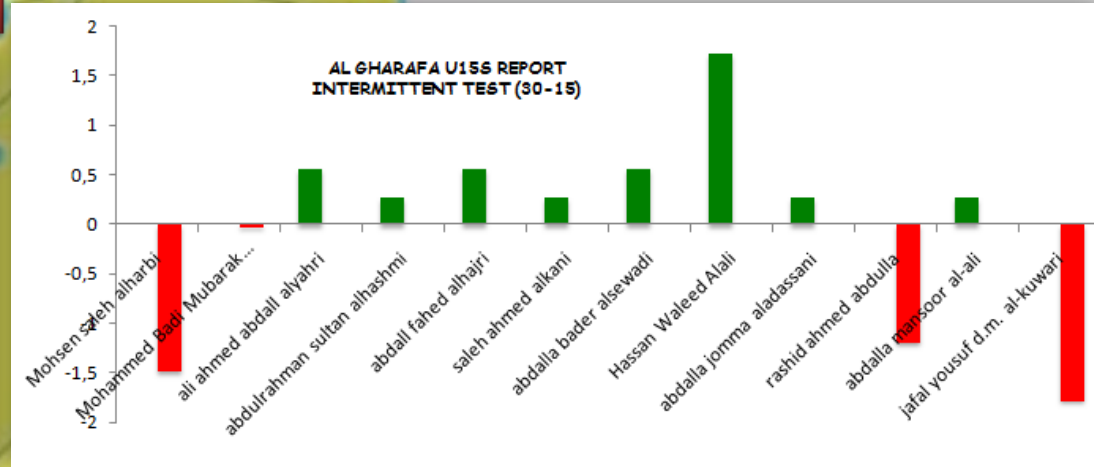


AL GHARAF A SPORTS CLUB



PHYSICALS TEST

AEROBIC TEST & RESULTS



SPEED (2 tests) 5m, 10m, 20m & 40m

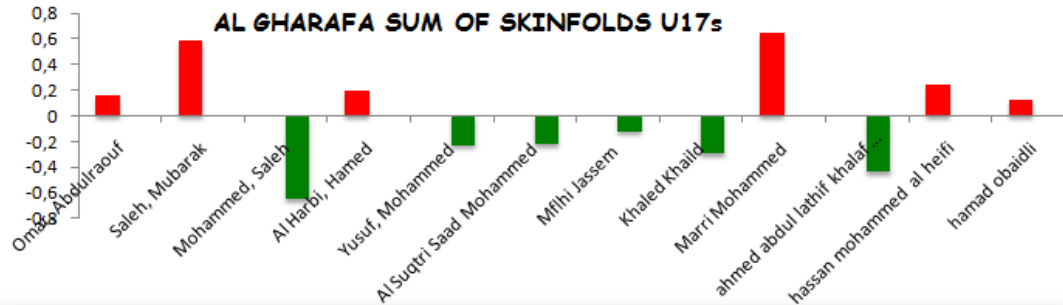


DRILLS STRENGTH TRAINING



JUMP (2 tests) OPTOJUMP







AL GHARAF A SPORTS CLUB



	Tester(s)		Conditions/Temp		Age group	Other	
	Surname		First name	I.D.	D.O.B	Age	Other
1	Ahmed Salem	Al-Askari		29488600443	06.01.94	17	14694
2	Faycal	Fahed		29304800052	20.04.93	18	14242
3	Ghanem	Al Benali		29363404133	17.06.93	18	9950
4	Ali	Al Kubaisi		29363402765	11.04.93	18	14945
5	Tariq	Saleh		29599900220	11.06.95	16	12131
6	Mohamed Salmeen	Al Baraidi		29488600514	21.09.94	17	12566
7	Abdullah Rashid chammi	Souwaid		29463401343	23.04.94	17	11073
8	Naser	Al Kaabi		29365403917	05.05.93	18	13201
9	Ahmed Mahjoub	Sulaiman		29473600223	20.01.94	17	11433
10	Abdul Rehman	Al Rachidi		29463403145	09.10.94	17	12429
11	Muhammad Mahjoub	Sulaiman		29473600222	20.01.94	17	11432
12	Hassan	Al Amin		29304600059	23.03.93	18	15912
13	Ali Mohammad	Bazmandegan		29336400054	15.03.93	18	13509
14	Saoud	Al Khallagi		29363400221	05.08.93	18	9982
15	Jassim	Matar Hassen		29363405326	13.09.93	18	
16	Ali Abdullah	Aloub		29373660075	01.01.93	18	14979
17	Ahmed Saleh	Anbar		29363405052	05.06.93	18	9607
18	Youssef	Mahmoud		29481800715	04.12.94	17	10903
19	Mondher Houssemeddine	Talib		29401200026	04.02.94	17	11486
20	Abdul Aziz	Al Souwaidi		29433400957	23.03.94	17	10771
21	Bathi	Al Souhouti		29463401125	03.04.94	17	10487
22	Khalid	Al Fahidi		29463401137	04.10.94	17	16044
23	Mohamed Ezzedine	Al Sada		29463401211	19.04.94	17	10239
24	Jassem	Al-Kuwari		29463404590	17.11.94	17	15304
25	Abdullah	Al-Dousari		29463404930	05.11.94	17	10673

	6,635030999	4,530121411	8,304609892	2,372761226	#VALUE!		
Position	Height (cm)	Sitting height (cm)	Weight (kg)		Maturation	Bicep	Tricep
Centre midfielder	0	-0,4042	0	0,55186	0	-0,6579	
Striker	0,635744	0	0	1,2141	1,66611	0	
Centre defender	0	-0,7358	-0,2428	0	0	-0,7422	
Wide midfielder	0	-0,5248	0	0,33112	0	-0,5014	
Centre midfielder	1,042675	0	0	1,43484	1,13628	0	
Centre midfielder	0	-0,9769	0	0,33112	0	-0,7422	
Wide defender	0	-25,363	-25,055	0	0	-7,0881	
Striker	0,168527	0	-1,0816	0	0	-0,8987	
Wide midfielder	0	-25,363	-25,055	0	0	-7,0881	
Wide defender	0	-25,363	-25,055	0	0	-7,0881	
Wide midfielder	0	-25,363	-25,055	0	0	-7,0881	
Wide midfielder	0	0	0	0	0	0	
Centre defender	0	0	0	0	0	0	
Striker	0	-25,363	-25,055	0	0	-7,0881	
Goalkeeper	1,012532	0	0	0,0883	1,67815	0	
Wide defender	0	-1,9867	-2,1412	0	0	-0,2726	
Centre defender	0,952246	0	-0,287	0	0	-0,6699	
Centre midfielder	0,816602	0	-0,1987	0	0,00438	0	
Wide midfielder	0	-25,363	-25,055	0	0	-7,0881	
Goalkeeper	0	-25,363	-25,055	0	0	-7,0881	
Centre defender	0	-25,363	-25,055	0	0	-7,0881	
	0	0	-25,363	-25,055	0	0	-7,0881
Goalkeeper	0	-25,363	-25,055	0	0	-7,0881	
Goalkeeper	0	-25,363	-25,055	0	0	-7,0881	





AL GHARAF A SPORTS CLUB



MEDICAL

Under 17 injuries for season 2010/ 2011

Name	Date of Injury	Injury	Type of Injury	Treatment Period
<u>Youssef Al-Hobabi</u>	09/08/2010	Right quadriceps Tear Grade1	Over use	10days
<u>Mbarek Rachidi</u>	20/09/2010	Low back spine contusion	Trauma	1 week
<u>Mohamed Al-Sada</u>	24/12/2010	Left Biceps Tear Grade1	Overuse	2 weeks
<u>Abdelraouf Omar</u>	28/12/2010	Acute right trochanteric pain syndrome(TPS)	Overuse	3 weeks
<u>Salah Al-Yahri</u>	03/01/2011	Osgood <u>Schlatter</u> Disease bilateral	Overuse	2 months
<u>Mohamed Al-Buraidi</u>	04/01/2011	Right Medial Ankle Sprain	Trauma	2 weeks
<u>Selmin Al-Merri</u>	21/02/2011	Right Anterior Tibialis strain Grade1	Overuse	12 days
<u>Abdelraouf Omar</u>	09/03/2011	Contusion of the right vastus <u>Lateralis</u>	Trauma	1week
<u>Selmin Al-Merri</u>	21/03/2011	Left Rectus <u>Femoris</u> Tear Grade1	Overuse	22 days
<u>Abdelraouf Omar</u>	22/03/2011	Referred pain rectus femoris right related to SIJ dysfunction	Disfunction	10 days

PLAYERS INJURY (1996-1997) 2010-2011

PLAYERS	INJURY	REST	CAUSES OF INJURY
<u>Abdullah Al Qutaiti(1996)</u>	Hip(ASIS) Avulsion	8Weeks	Trauma
<u>Abdullah Al Sada(1996)</u>	ITB tear	2Weeks	Training load
<u>Abderrahmen Hechmi(1997)</u>	Periostite	2weeks	Training load
<u>Abdelaziz Hatab(1997)</u>	Hamstring tear	2Weeks	Training load
<u>Soltan Anbar(1997)</u>	Sprain Ankle	6Weeks	Trauma
<u>Ahmed Mhanedy(1997)</u>	<u>Osgoodshlater</u>	6Weeks	Overload
<u>Rachid Yahri(1997)</u>	<u>Osgoodshlater</u>	12Weeks	Overload
<u>Hassan Walid(1997)</u>	Adductor tear	2Weeks	Training load
<u>Soltan Manaii(1997)</u>	<u>Cardiopathy</u>	3Weeks	Physiologic
<u>Khalid Al Hitmi(1998)</u>	Knee pain(pes anserine tendonitis)	2Weeks	Trauma





AL GHARAF A SPORTS CLUB



MATCH ANALYSIS

Training Session Report Naser Al Kaabi

08/08/2011 - Football 22:03-23:20

			HR			Time in sport zones					Above threshold	Training load	Kcal
			Minimum	Average	Maximum	50-59	60-69	70-79	80-89	90-100			
25	Player 25	01:17:07	0	130	182	00:29:17	00:09:44	00:11:48	00:19:40	00:06:37	00:08:38	123	814
	Max HR: 189		0.0%	68.0%	96.0%	38.0%	12.6%	15.3%	25.5%	8.6%	11.2%	100.0%	100.0%



POLAR.





AL GHARAFa SPORTS CLUB



DEVELOPING YOUTH PLAYERS

The best preparation for tomorrow is doing an optimal job today, the final victory results from a series of small daily successes.

The process of continuous improvement never finishes

Ensure that players fall in love with the ball:
80% of success is playing and training

PROGRAMS FOR IMPROVING UNDERSTANDING OF DEFENSE & ATTACK, INDIVIDUALIZED TRAINING, COLLECTIVE TRAINING, STRATEGY & MANAGING THE COMPETITION, LEADERSHIP...

GAMES FOR FOOTBALL 11v11 «Competition»

U17 to U19
FOOTBALL
11v11

IMPROVEMENT



U14 & U15
FOOTBALL
11v11

IMPROVEMENT



PROGRAMS FOR IMPROVING INDIVIDUAL TECHNIQUE UNDERSTANDING OF DEFENSE & ATTACK, INDIVIDUALIZED TRAINING, COLLECTIVE TRAINING, INDEED TO BE, CONFIDENCE...

GAMES FOR FOOTBALL 11v11 «Transition»

BASIC TOPICS, PRINCIPLES OF THE GAME OF DEFENSE & ATTACK, INDIVIDUALIZED TRAINING, COLLECTIVE TRAINING, WELLNESS, CONFIDENCE...

U12 & U13
FOOTBALL
9v9

INITIATION



GAMES FOR FOOTBALL 9v9

BASIC TOPICS, PRINCIPLES OF THE GAME, STIMULATE THE CREATIVE CAPACITIES, INTUITION, AND SPACE - AND TIME ORIENTATION

U10 & U11
FOOTBALL
7v7

INITIATION



GAMES FOR FOOTBALL 7v7

Pleasure, vary the exercises and games, repetition, laws of the game, respect...

STIMULATE THE CREATIVE CAPACITIES, INTUITION, AND SPACE - AND TIME ORIENTATION



U5 to U9
FOOTBALL
5v5

EARLY LEARNING

U7 & U9: GAMES FOR MINI-FOOTBALL

Pleasure, vary the exercises and games, repetition, laws of the game, respect...

U5 & U6: FUNNY GAMES FOR BASIC ABILITIES AND CAPACITIES

MONTH	JULY				AUGUST (RAMADAN)					
WEEK	<div>VACATION</div>				1	2	3	4	5	6
PHYSICAL					AEROBIC DVPT. - MUSCULAR EDUCATION (PITCH) - COORDINATION - FLEXIBILITY					
TECHNICAL					KICK UP, RUNNING WITH THE BALL, PASSING, GROUND CONTROL, HEADING					
TACTICAL					IMPROVEMENT: DUALS - PLAY WITH 2 & 3 - SUPPORT PLAYER WITH THE BALL - CALLING FOR THE BALL					
ORGANIZATION					PRINCIPLES OF THE GAME - GAME ORGANISATION (PRACTICES DEF/OFF) - MASTER THE MOVEMENTS AROUND THE PLAYER WITH THE BALL					
TE-GK					IMPROVEMENT: CATCHING TECHNIQUE, DIVING, PLAY WITH FEET, QUICK FEET AND MOVEMENT, HIGH BALL'S					
TA-GK					POSITION IN THE GOAL - CLOSING THE ANGLE, SET PIECES / PHASE OF PLAY					
MENTAL					PLEASURE, KNOW LAWS OF THE GAME, RESPECT, CONSISTENCY IN TRAINING, DISCIPLINE...					
MATCH							AEROBIC TEST	GAME	GAME	GAME
MONTH	SEPTEMBER				OCTOBER					
WEEK	7	8	9	10	11	12	13	14		
PHYSICAL	SPEED DEVELOPMENT- HORIZONTAL JUMP - FLEXIBILITY				AEROBIC DVPT. - MUSCULAR EDUC. (INDOOR) - COORDINATION - FLEXIBILITY					
TECHNICAL	IMPROVEMENT: GROUND CONTROL - RUNNING WITH THE BALL- SHOOTING				IMPROVEMENT: RINNING WITH THE BALL - HEADING - GROUND & AIR CONTROL					
TACTICAL	GAME ORGANIZATION - CALLING FOR THE BALL - DUALS AND FINISHING				PASS & MOVE - PLAY BETWEEN 2 , BETWEEN 2 LINES					
ORGANIZATION	DEFENDING PRACTICE (ZONE)		ATT PRATICE (ORGANISED ATTACK)		DEFENDING PRACTICE (PRESS)		ATTACKING PRACTICE (COUNTER ATT.)			
TE-GK	CATCHING TECHNIQUE, DIVING, BALL DISTRIBUTION, AIREAL BALLS				CATCHING TE, DIVING AT THE PLAYER FEET, BALL DISTRIBUTION, AIREAL BALLS					
TA-GK	CLOSING THE ANGLES, AIR BALLS, QUICK RELEASE OF THE BALL (ON THE GROUND)				LOCATION WITH REGARD TO THE BLOCK EQUIPS, TAKEN OUT IN FEET, IN AIR ...					
MENTAL	COMMUNICATION - LEADERSHIP - RESPECT, OTHER & HIMSELF - CONFIDENCE - KNOW LOWS OF THE GAME ...									
MATCH	GAME	GAME	FRIENDLY	LEAGUE J1	LEAGUE J:2	LEAGUE J:3	LEAGUE J:4	LEAGUE J:5		
MONTH	NOVEMBER				DECEMBER					
WEEK	15	16	17	18	19	20	21	22		
PHYSICAL	SPEED DEVELOPMENT- VERTICAL JUMP - FLEXIBILITY				SPEED DEVELOPMENT - VERTICAL JUMP - MUSCULAR EDUCATION (INDOOR)					
TECHNICAL	IMPROVEMENT: INDIVIDUAL SKILL. + FEINT «SPEED OF EXECUTION» SPECIFIC SKILLS				IMPROVEMENT: DRIBBLING + DUALS ON THE GROUND IN THE AIR + HEADING					
TACTICAL	PLAY BETWEEN 2 - OVERLAPPING - SCREENING - CHANGE OF RYTHM				PLAY FOWARD - SWITCH THE GAME- ANTICIPATION					
ORGANIZATION	DEFENDING PRACTICE (PLACED - IMBALANCE)				ATTACKING PRACTICE (ORGANISED / COUNTER ATTACK)					
TE-GK	CATCHING TE, MOVEMENTS, STAKE HAS GROUND , PLAY WHITH FEET, AIR BALLS				CATCHING TECHNIQUE, INTERVENTION IN FEET, RELAUNCHINGS, AIR BALLS					
TA-GK	CLOSING THE ANGLE, PHASE OF PLAY, STRATEGY				CLOSING THE ANGLE, AIREAL BALLS, QUICK RELEASE OF THE BALL					
MENTAL	INDED TO BE - CONSISTENCY IN TRAINING - THE RESISTANCE IN THE STRESS - MANAGEMENT OF THE MATCH , THE RESULT...									
MATCH	LEAGUE J:6	LEAGUE J:7	LEAGUE J:8	LEAGUE J:9	LEAGUE J:10	LEAGUE J:11	LEAGUE J:12	LEAGUE J:13		

MONTH	JANUARY				FEBRUARY					
WEEK	EXAMINATION PERIOD				27	28	29	30	31	32
PHYSICAL					AEROBIC DVPT. - MUSCULAR EDUCATION (PITCH) - COORDINATION - FLEXIBILITY					
TECHNICAL					KICK UP, RUNNING WITH THE BALL, PASSING, GROUND CONTROL, HEADING					
TACTICAL					IMPROVEMENT: DUALS - PLAY WITH 2 & 3 - SUPPORT PLAYER WITH THE BALL - CALLING FOR THE BALL					
ORGANIZATION					PRINCIPLES OF THE GAME - GAME ORGANISATION (PRACTICES DEF/OFF) - MASTER THE MOVEMENTS AROUND THE PLAYER WITH THE BALL					
TE-GK					IMPROVEMENT: CATCHING TECHNIQUE, DIVING, PLAY WITH FEET, QUICK FEET AND MOVEMENT, HIGH BALL'S					
TA-GK					POSITION IN THE GOAL - CLOSING THE ANGLE, SET PIECES / PHASE OF PLAY					
MENTAL					PLEASURE, KNOW LAWS OF THE GAME, RESPECT, CONSISTENCY IN TRAINING, DISCIPLINE...					
MATCH							AEROBIC TEST		FRIENDLY GAME	FRIENDLY GAME
MONTH	MARCH				APRIL					
WEEK	33	34	35	36	37	38	38	40		
PHYSICAL	SPEED DEVELOPMENT - VERTICAL JUMP - MUSCULAR EDUCATION (INDOOR)				SPEED DEVELOPMENT- VERTICAL JUMP - FLEXIBILITY					
TECHNICAL	IMPROVEMENT: GROUND CONTROL - RUNNING WITH THE BALL- SHOOTING				IMPROVEMENT: RINNING WITH THE BALL - HEADING - GROUND & AIR CONTROL					
TACTICAL	GAME ORGANIZATION - CALLING FOR THE BALL - DUALS AND FINISHING				PASS & MOVE - PLAY BETWEEN 2 , BETWEEN 2 LINES					
ORGANIZATION	DEFENDING PRACTICE (ZONE)		ATT PRATICE (ORGANISED ATTACK)		DEFENDING PRACTICE (PRESS)		ATTACKING PRACTICE (COUNTER ATT.)			
TE-GK	CATCHING TECHNIQUE, DIVING, BALL DISTRIBUTION, AIREAL BALLS				CATCHING TE, DIVING AT THE PLAYER FEET, BALL DISTRIBUTION, AIREAL BALLS					
TA-GK	CLOSING THE ANGLES, AIR BALLS, QUICK RELEASE OF THE BALL (ON THE GROUND)				LOCATION WITH REGARD TO THE BLOCK EQUIPS, TAKEN OUT IN FEET, IN AIR ...					
MENTAL	COMMUNICATION - LEADERSHIP - RESPECT, OTHER & HIMSELF - CONFIDENCE - KNOW LOWS OF THE GAME ...									
MATCH										
MONTH	MAY				JUNE					
WEEK	41	42	43	44	SUMMER VACATION					
PHYSICAL	SPEED DEVELOPMENT - VERTICAL JUMP - MUSCULAR EDUCATION (INDOOR)									
TECHNICAL	IMPROVEMENT: DRIBBLING + DUALS ON THE GROUND IN THE AIR + HEADING									
TACTICAL	PLAY FOWARD - SWITCH THE GAME- ANTICIPATION									
ORGANIZATION	ATTACKING PRACTICE (ORGANISED / COUNTER ATTACK)									
TE-GK	CATCHING TECHNIQUE, INTERVENTION IN FEET, RELAUNCHINGS, AIR BALLS									
TA-GK	CLOSING THE ANGLE, AIREAL BALLS, QUICK RELEASE OF THE BALL									
MENTAL	INDEED TO BE - CONSISTENCY IN TRAINING - STRESS RESISTANCE - MANAGEMENT OF THE MATCH , THE RESULT...									
MATCH										

	Session 1 : Saturday	Session 2: Sunday	Session 3: Monday	Session 4: Tuesday	Session 5: Wednesday
TOPIC	RETENTION OF THE BALL IN POSSESSION	UNBALANCE THE OPPOSITION	ATTACKING PRACTICE	DEFENDING PRACTICE	FINISHING
WARM UP + ATHLETIC DEVELOPMENT	Foot work, Coordination +	W1 & 2: Aerobic development +++ W3 to 6: strenght training « legs » ++	W1 & 2: strenght training « upper body » + W3 to 6: Aerobic development +++	W1 & 2: Aerobic development +++ W3 to 6: strenght training « upper body » +	W1 & 2: Speed & Vivacity + W3 to 6: Speed & Vivacity ++
TECHNIQUE DEVELOPMENT	Running with the ball, Passing & ground control	Medium Pass, Ground & Aerials control	S1 & 2: Play to 2 players S3 & 4: Play to 3 players S5: Play to 4 players S6: Play to 2 players	Educativ movement to defend	W1 & 2: Running with the ball & shoot W3 & 4: dribbling & shooting W5: Crossing & finishing W6: Heading
INDIVIDUAL TACTIC « Small sides game » 4x4-5x5-6x6	W1 & 2: Ask for the ball W3 & 4: Play foward W5: Support the player on the ball W6: Play Between 2 players	W1 & 2: Pass & moves W3 & 4: Fix & give W5: Fix & switch W6: Fix & Overflowing	W1 & 2: Overlapping W3 & 4: 1,2,3 W5: To change the play W6: the 1/2	W1 & 2: Duals 1x1 W3 & 4: Duals 2x1 W5: Duals 2x2 W6: Duals 3x2	W1 & 2: Efficiency & précision W3 & 4: Chain W5: Moves efficiency W6: Anticipation
GROUP TACTIC	Game 7x7 ou 8x8 With: Pads-goals, Target players	Games with multi pad goals, or scoring on the line Zonal areas	W1 & 2: Exit the ball W3 & 4: Placed offensive W5: Fast offensive W6: Exit the ball « + Off Strategy. »	W1 & 2: Défense in balance W3 & 4: Out number when defending W5: Recovery runs to defend W6: Défense in balance « + Strategy Def. »	<u>SMALL SIDED GAME</u> <u>4v4-5v5</u> W1 & 2: Non stop W3 & 4: With target players W5: Non stop W6: With target players
COLL DOWN	Stamina + Stretching	Stamina + Stretching	Stamina + Stretching	Stamina + Stretching	Stamina + Stretching

MONTH	AUGUST (RAMADAN)							
WEEK	1		2		3		4	
PHYSICAL	AEROBIC DVPT. WITH THE BALL - COORDINATION - MOTRICITY - QUICKNESS - BALANCE - FLEXIBILITY							
TECHNICAL	IMPROVEMENT: KICK UP - RUNNING WITH THE BALL - PASSING - GROUND CONTROL							
TACTICAL	DUALS WITH FINISHING - PLAY WITH 2 - SUPPORT THE PLAYER ON THE BALL - ASK FOR THE BALL							
ORGANIZATION	PRINCIPLES OF THE GAME - GAME ORGANISATION (PRACTICES DEF/OFF) - MASTER THE MOVEMENTS AROUND THE PLAYER WITH THE BALL							
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	PLEASURE - RESPECT - CONFIDENCE - MEMBERSHIP CLUB - KNOW LAWS OF THE GAME - SPORT SPIRIT							
MATCH								
MONTH	SEPTEMBER				OCTOBER			
WEEK	5	6	7	8	9	10	11	12
PHYSICAL	AEROBIC DVPT. WITH THE BALL - FOOT WORK (FREQUENCY) - COORDINATION - SPEED (DUALS WITH THE BALL) - FLEXIBILITY							
TECHNICAL	RUNNING WITH THE BALL - SHORT PASS & GROUND CONTROL - SHOOTING AFTER DUALS				DUALS - HEADING - KICK UP - GROUND & AIR PASSING & CONTROL			
TACTICAL	TEAM DISPERSAL - CALLING FOR THE BALL - PLAY BETWEEN 2 - PRINCIPLES OF PRESS				BLOC TEAM - PASS & MOVE - PLAY BETWEEN 2 PLAYERS, 2 LINES			
ORGANIZATION	DEFENDING PRACTICE (ZONE)		OFF PRACTICE (ANIM. IN THE WINGS)		DEF PRACTICE (BLOC TEAM)		OFF PRACTICE - STRATEGY	
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - DIVING - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	COMMUNICATION - MANAGEMENT - RESPECT - CONFIDENCE - KNOW LAWS OF THE GAME							
MATCH	AïD							
MONTH	NOVEMBER				DECEMBER			
WEEK	13	14	15	16	17	18	19	20
PHYSICAL	AEROBIC DVPT. WITH THE BALL - FOOT WORK (FREQUENCY) - COORDINATION - SPEED (DUALS WITH THE BALL) - FLEXIBILITY							
TECHNICAL	RUNNING WITH THE BALL - SHORT PASS & GROUND CONTROL - SHOOTING AFTER DUALS				DUALS - HEADING - KICK UP - GROUND & AIR PASSING & CONTROL			
TACTICAL	TEAM DISPERSAL - CALLING FOR THE BALL - PLAY BETWEEN 2 - PRINCIPLES OF PRESS				PLAY FOWARD - MOVEMENTON THE BALL & OFF THE BALL - ANTICIPATION			
ORGANIZATION	DEF PRACTICE (PLACED)		OFF PRACTICE . (PLACED)		DEF PRACTICE (IMBALANCE)		OFF PRACTICE (COUNTER ATTACK)	
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - DIVING - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	INDE TO BE - CONSISTENCY IN TRAINING - THE RESISTANCE IN THE STRESS - MANAGEMENT OF THE MATCH, THE RESULT							
MATCH								

MONTH	FEBRUARY							
WEEK	21		22		23		24	
PHYSICAL	AEROBIC DVPT. WITH THE BALL - COORDINATION - MOTRICITY - QUICKNESS - BALANCE - FLEXIBILITY							
TECHNICAL	IMPROVEMENT: KICK UP - RUNNING WITH THE BALL - PASSING - GROUND CONTROL							
TACTICAL	DUALS WITH FINISHING - PLAY WITH 2 - SUPPORT THE PLAYER ON THE BALL - ASK FOR THE BALL							
ORGANIZATION	PRINCIPLES OF THE GAME - GAME ORGANISATION (PRACTICES DEF/OFF) - MASTER THE MOVEMENTS AROUND THE PLAYER WITH THE BALL							
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	PLESURE - RESPECT - CONFIDENCE - MEMBERSHIP CLUB - KNOW LAWS OF THE GAME - SPORT SPIRIT							
MATCH								
MONTH	MARCH				APRIL			
WEEK	25	26	27	28	29	30	31	32
PHYSICAL	AEROBIC DVPT. WITH THE BALL - FOOT WORK (FREQUENCY) - COORDINATION - SPEED (DUALS WITH THE BALL) - FLEXIBILITY							
TECHNICAL	RUNNING WITH THE BALL - SHORT PASS & GROUND CONTROL - SHOOTING AFTER DUALS				DUALS - HEADING - KICK UP - GROUND & AIR PASSING & CONTROL			
TACTICAL	TEAM DISPERSAL - CALLING FOR THE BALL - PLAY BETWEEN 2 - PRINCIPLES OF PRESS				BLOC TEAM - PASS & MOVE - PLAY BETWEEN 2 PLAYERS, 2 LINES			
ORGANIZATION	DEFENDING PRACTICE (ZONE)		OFF PRACTICE (ANIM. IN THE WINGS)		DEF PRACTICE (BLOC TEAM)		OFF PRACTICE - STRATEGY	
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - DIVING - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	COMMUNICATION - MANAGEMENT - RESPECT - CONFIDENCE - KNOW LAWS OF THE GAME							
MATCH								
MONTH	MAY				JUNE			
WEEK	33	34	35	36	SUMMER VACATION			
PHYSICAL	AEROBIC DVPT. WITH THE BALL - FOOT WORK (FREQUENCY) - COORDINATION - SPEED (DUALS WITH THE BALL) - FLEXIBILITY							
TECHNICAL	RUNNING WITH THE BALL - SHORT PASS & GROUND CONTROL - SHOOTING AFTER DUALS							
TACTICAL	TEAM DISPERSAL - CALLING FOR THE BALL - PLAY BETWEEN 2 - PRINCIPLES OF PRESS							
ORGANIZATION	DEF PRACTICE (PLACED)		OFF PRACTICE . (PLACED)					
TE-GK	IMPROVEMENT: CATCHING TECHNIQUE - TECHNIQUE ON THE AIR AND ON LINE - DIVING - PLAY WITH FEET - QUICK FEET AND MOVEMENT							
TA-GK	POSITION IN THE GOAL - CLOSING THE ANGLE - BALL DISTRIBUTION							
MENTAL	INDEED TO BE - CONSISTENCY IN TRAINING - THE RESISTANCE IN THE STRESS - MANAGEMENT OF THE MATCH, THE RESULT							
MATCH								

Session 1 : SATURDAY	Session 2 : SUNDAY	Session 3 : MONDAY	Session 4 : TUESDAY	Friday	Saturday	Sunday
Time:1h15'	Time:1h15'	Time:1h15'	Time:1h15'	OFF	FESTIVAL	OFF
1 st Part: 15' Warm up	1 st Part: 15' Warm up	1 st Part: 15' Warm up	1 st Part: 15' Warm up			
Small sided game: 4x4-5x5	Technical exercises: symmetric w1&2: technical Route w3&4: Ball control + passing w5&6: technical Route w7&8: Ball control + passing	Small sided game: 4x4-5x5	Technical exercises: symmetric w1&2: technical Route w3&4: Ball control + passing w5&6: technical Route w7&8: Ball control + passing			
Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up			
2d Part: 10' Develop the motricity	2d Part: 10' Athletic improvement with the ball	2d Part: 10' Develop the motricity	2d Part: 10' Athletic improvement with the ball			
w1&2: Coordination (dissociation) w3&4: Foot work (Frequency) w5&6: Latéralisation w7&8: Motricity (Technical route)	w1&2: Reaction speed with ball w3&4: Relay with ball (ballon) w5&6: Shooting after dual -15m w7&8: Dual & cross -15m	w1&2: Coordination (dissociation) w3&4: Foot work (Frequency) w5&6: Latéralisation w7&8: Motricity (Technical route)	w1&2: Reaction speed with ball w3&4: Relay with ball (ballon) w5&6: Shooting after dual -15m w7&8: Dual & cross -15m			
3d Part: 20 ' Individual technique: Technical learning	3d Part: 20 ' Tactical discovery Individual tactical learning	3d Part: 20 ' Individual technique: Technical learning	3d Part: 20 ' Tactical discovery Individual tactical learning			
w1&2: Running with the ball (in/out/sole), dribbling & fake w3&4: Shooting (Placed, Shot) w5&6: Chaining control (Ins/out/Sole)& pass (all surfaces) w7&8: Heading(Touch,Placed)	w1&2: Duals 1v1 w3&4: Duals 2v1 w5&6: Duals 2v2 w7&8: Duals 3v2	w1&2: Running with the ball (in/out/sole), dribbling & fake w3&4: Shooting (Placed, Shot) w5&6: Chaining control (Ins/out/Sole)& pass (all surfaces) w7&8: Heading(Touch,Placed)	w1&2: Duals 1v1 w3&4: Duals 2v1 w5&6: Duals 2v2 w7&8: Duals 3v2			
Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up	Recovery 5' Drink + Kick up			
4th Part: 2x10 ' Collective tactics: game	4th Part: 2x10 ' Collective tactics: game	4th Part: 2x10 ' Collective tactics: game	4th Part: 2x10 ' Collective tactics: game			
My team has the ball: Activity of the ground « Team dispersal, The first pass »	My team lost the ball: activity of the ground « Regaining the ball, Zone press »	My team has the ball: Progress of the ball Structuring an attack placed using the width of the field "	My team lost the ball: We try to get back it Ball regain, high press and finishing			
5th Part: 5' Cool Down	5th Part: 5' Cool Down	5th Part: 5' Cool Down	5th Part: 5' Cool Down			
Drink + Relaxation	Drink + Relaxation	Drink + Relaxation	Drink + Relaxation			

***For all exercises:**

In the choice of the exercises, to facilitate those or there is *most contact with the ball*. The child has to touch the ball all *10 " to 15 "*.

Avoid lines, *make several stations* so too many children.

Be requiring in the respect for the orders. Maximum of amusements and pleasure.

***Strategy offensive and defensive:**

Throw in, corner kick, free kick all year long

***Rules:** knowledge of the laws of the game all year.



AL GHARAFa SPORTS CLUB



DEVELOPING YOUTH GOALKEEPERS

The best preparation for tomorrow is doing an optimal job today, the final victory results from a series of small daily successes.



U17 to U19
FOOTBALL
11v11



U14 & U15
FOOTBALL
11v11



U10 & U11
FOOTBALL
7v7



U5 to U9
FOOTBALL
5v5

EARLY LEARNING

GAMES FOR FOOTBALL 11v11 «Competition»

CONTINUE IMPROVING GESTURES, PLAY WITH THE FEET, INCREASING THE DIFFICULTY OF THE EXERCISES, BE RESPONSIBLE, HEALTHY LIFESTYLE, BE AMBITIOUS "HUNGRY BALLS" (THE GOALKEEPER REQUEST ADDITIONAL TRAININGS)...

GAMES FOR FOOTBALL 11v11 «Transition»

IMPROVEMENT ACTIONS, PLAY WITH THE FEET, BASIC TACTICS, INCREASING THE DIFFICULTY OF THE EXERCISES, BE ATTENTIVE AND MAKE THEIR OWN RESPONSIBILITY, LEADER...

GAMES FOR FOOTBALL 9v9

FIRST CONTACT WITH THE BALL, FIRST STEPS "IN THE GOAL", THE GRADUAL LEARNING OF GESTURES GOALKEEPER, LEARNING THE RULES OF THE GAME...

GAMES FOR FOOTBALL 7v7

PLEASURE, VARY THE EXERCISES AND GAMES, REPETITION, RESPECT...

U7 & U9: GAMES FOR MINI-FOOTBALL



U5 & U6: FUNNY GAMES FOR BASIC ABILITIES AND CAPACITIES



INITIATION

IMPROVEMENT

U12 & U13
FOOTBALL
9v9

INITIATION



AL GHARAF A SPORTS CLUB



SEASON 2011-2012

PLANNING THE TRAINING RAMADAN PERIOD From July 01 to August 31, 2011

GRASS RUDES GK

	Session 1 : Saturday	Session 2: Sunday	Session 3: Monday	Session 4: Tuesday	Session 5: Wednesday
TIME	35'	35'	35'	25'	25'
WARM UP	CATCHING THE BALL + FUNNY GAMES	CATCHING THE BALL + FUNNY GAMES	CATCHING THE BALL + FUNNY GAMES	CATCHING THE BALL + FUNNY GAMES	CATCHING THE BALL + FUNNY GAMES
TECHNIC & ATHLETIC DEVELOPEMENT	FLEXIBILITIES WITH THE BALL				
	FOOT WORK & MOTRICITY	FOOT WORK & MOTRICITY AS A COURSE MOTRICITY	FOOT WORK & MOTRICITY	FOOT WORK & MOTRICITY AS A COURSE MOTRICITY	FOOT WORK & MOTRICITY
GROUP TACTIC	GAME 4v4 ou 5v5	GAME 4v4 ou 5v5	GAME 4v4 ou 5v5	GAME 4v4 ou 5v5	GAME 4v4 ou 5v5
COOL DOWN	FLEXIBILITIES	FLEXIBILITIES	FLEXIBILITIES	FLEXIBILITIES	FLEXIBILITIES



AL GHARAF A SPORTS CLUB



ACTIVITIES WITH SCHOOLS



8 Schools visited during the season. **1905 players** have been observed. **82 players** selected for test

Tournement with 8 schools



Partnership with schools





AL GHARAF A SPORTS CLUB



FIELDS ORGANIZATION



SCHEDULE OF TRAINING : SCHOOL PERIOD

BARAEMS:
4.45 PM to 6 PM

AMAL/ACHBAL:
5 PM to 7 PM

NACHEEN/SHABAB:
6.30 PM to 8.30 PM



AL GHARAF A FACILITIES





AL GHARAF A SPORTS CLUB



LIST OF AL GHARAF A FOOTBALL PLAYERS

LIST OF FOOTBALL PLAYERS SHABAAB UNDER 19 YEARS FOR THE SEASON 2011-2012

S. No.	Names	Date of Birth	Nationality	ID Number
1	Faisal Adel Fahed Ahmed Fahed	20-04-1993	Bahraini	29304800052
2	Hassan Muhammad Mattar Rashid Al-Amiri	23-03-1993	Qatari	29304600059
3	Ali Muhammad Abdullah Barmandikan	15-03-1993	Qatari	29336400054
4	Soud Muhammad Saleh Ahmed Al-Khalaqi	05-08-93	Qatari	29363400221
5	Ali Matab Ali Matab Al-Kubaisi	11-04-93	Qatari	29363402765
6	Naser Rashid Ahmed Saud Al-Kaabi	05-05-93	Qatari	29365403917
7	Ganem Muhammad Ali Faris Al-Binali	17-06-1993	Qatari	29363404133
8	Ahmed Saleh Ahmed Muhammad	05-06-93	Qatari	29363405052
9	Jassim Matar Hassan	13-09-1993	Qatari	29363405326
10	Ali Abdullah Abdul Rehman Alob	01-01-93	Qatari	29373660075
11	Mundar Hasahi Din Ahmed Talab	04-02-94	Aljeria	29401200026
12	Abdul Aziz Farj Salem Farj Al-Suwaiddi	23-03-1994	Qatari	29433400957
13	Bathi Mubarak Bathi Aziz Al-Sahooti	03-04-94	Qatari	29463401125
14	Khalid Shalbubij Ibrahim	04-10-94	Qatari	29463401137
15	Muhammad Azaldin Abdul Latif Al-Sada	19-04-1994	Qatari	29463401211
16	Abdullah Rashid Shahai Hassan Suwaid	23-04-1994	Qatari	29463401343
17	Abdul Rehman Faiza Zabi Al-Khayar Al-Rashidi	09-10-94	Qatari	29463403145
18	Jasim Ahlan Khalfan Ali Al-Kuwari	17-11-1994	Qatari	29463404590
19	Abdullah Muhammad Fahed Hadi Al-Dousari	05-11-94	Qatari	29463404930
20	Muhammad Mahjud Hassan Muhammad	20-01-1994	Qatari	29473600222
21	Ahmed Mahjud Hassan Muhammad Sulaiman	20-01-1994	Qatari	29473600223
22	Yusuf Mohsin Ali Mahmoud	04-12-94	Qatari	29481800715
23	Ahmed Salem Saleh Fasam Al-Askari	06-01-94	Qatari	29488600443
24	Muhammad Sulaiman Awad Afbil Baridi	21-09-1994	Qatari	29488600514
25	Tariq Hamad Abdul Latif Mustafa Saleh	11-06-95	Palastini	29599900220

LIST OF FOOTBALL PLAYERS NASHIEEN UNDER 17 YEARS FOR THE SEASON 2011-2012

S. No.	Names	Date of Birth	Nationality	ID Number
1	Khalifa Rashid Khalifa Rashid Al-Bufalasa	13-01-1995	Qatari	29504800015
2	Saud Muhammad Saud Salem Abdullah	01-05-95	Qatari	29563400039
3	Hamad Muhammad Salem Barkan Al-Mirri	20-5-1995	Qatari	29563401634
4	Hamad Muhsin Saleh Ahmed Al-Harbi	30-1-1995	Qatari	29563402401
5	Muhammad Salman Juhar Marruq Al-Musalmani	27-7-1995	Qatari	29563402769
6	Hamad Abdul Hamid Muhsin Manie Muhammad	31-7-1995	Qatari	29563402947
7	Mubarak Saleh Marzi Alkhayari Al-Rashidi	24-8-1995	Qatari	29563403077
8	Khalid Sufiyan Muhammad Ali Al-Zufri	22-8-1996	Qatari	29563403142
9	Hassan Muhsin Raid Hassan Al-Aneebi	17-8-1995	Qatari	29563403155
10	Saeed Nasser Ajlan Saeed Al-Kaabi	09-01-95	Qatari	29563403251
11	Hamad Saeed Hamad Al Abdul Qadir Al-Qahtani	20-5-1995	Qatari	29563405287
12	Abdul Rauf Hussain Muhammad Amer	01-05-95	British	29582600007
13	Saleh Muhammad Ali nZaina Badr Al-Yahri	30-5-1995	Yamani	29588600046
14	Jassim Muhammad Ahmed Al-Muflahi	23-9-1995	Qatari	29588600496
15	Ahmed Abdul Lathif Khalaf Albinali Al-Muhammad	26-7-1996	Qatari	29663402862
16	Assama Bassam Khilar Abdul Raziq Al-Safdi	21-2-1996	Palastini	29699900098
17	Tamim Muhammad Eisa Saleh Al-Muhaizie	21-7-1996	Qatari	29663402722
18	Khalid Jaber Khamis Al-kdadi Al-Hajiri	28-6-1996	Qatari	29663402469
19	Yusuf Hassan Muhammad Ali	05-04-96	Egyptian	29658600234
20	Abdul Rehman Amer A.R. Aldarimih Al-Kaabi	09-06-96	Qatari	29663403540
21	Abdullah Juma Salbin Almansuri Al-Qatiti	04-03-96	Qatari	29663401308
22	Ali Alavi Ali Amer Al-Balgees	06-03-96	Qatari	29663402145
23	Muhammad Saleh Muhsin Saleh Al-Harebi	15-4-1996	Qatari	29663401380
24	Muhammad Yusuf Dasmal Mubarak Al-Kuwari	07-06-96	Qatari	29663403032
25	Maaz Yahya Nasser Ali Al-Salme	15-8-1996	Bahraini	29604800072



AL GHARAF A SPORTS CLUB



LIST OF AL GHARAF A FOOTBALL PLAYERS

LIST OF FOOTBALL PLAYERS ASHBAL UNDER 15 YEARS FOR THE SEASON 2011-2012

S. No.	Names	Date of Birth	Nationality	ID Number
1	Ahmed Abdullah Ahmed Rashid Al-Mohannadi	10-07-97	Qatari	29763403789
2	Jassim Sami Muhammad Jassim Al-Mannai	06-02-97	Qatari	29763401786
3	Hassan Waleed Bakheeth Maajid Al-Ali	11-06-97	Qatari	29763404930
4	Khalifa Muhammad Abdullah Muhammad Al-Manasir	25-3-1998	Qatari	29804800041
5	Saud Muhamad Saud Zayed Saeed	04-12-97	Qatari	29763402287
6	Sultan Khalid Amber Alruwe Al-Nuaimi	05-11-97	Qatari	29763401564
7	Sultan Saeed Abdullah Zayed Al-Mannai	01-03-97	Qatari	29763403043
8	Sultan Maajid Darwaish Haaji	11-05-97	Qatari	29763404083
9	Saleh Ahmed Saleh Al-Kaani	10-05-97	Qatari	29788400467
10	Abdul Rehman Sultan Ibrahim S. Al-Hashimi	20-1-1997	Qatari	29763400206
11	Abdul Rehman Msalman Jawhar Mazug Al-Musalmani	30-9-1998	Qatari	29863403624
12	Abdul Aziz Khthab Saud Alrumaili Al-Shammari	05-10-97	Qatari	29768200074
13	Abdullah Bader Abdullah Saad Al-Suwaidi	28-1-1997	Qatari	29763400280
14	Abdullah Juma Khamis Salem Al-Adsani	01-06-97	Qatari	29763400863
15	Abdullah Fahed Abdul Hadi Almafai Al-Hajiri	04-11-97	Qatari	29763401175
16	Abdullah Mansur Nadir Jumaan Al-Ali	03-05-97	Qatari	29763400704
17	Ali Ahmed Abdullah Nasir Al-Yahri	15-12-1997	Qatari	29763404770
18	Fahed Nasir Fahjed Muhammad Al-Musallam	07-12-97	Qatari	29763402553
19	Muhammad Badi Mubarak Hassan Al-Bareek	23-10-1997	Qatari	29763404062
20	Munqaz Muhammad Jhad Musthafa Adeed	22-1-1997	Syrian	29776000003
21	Noufel Naif Abdul Aziz Saleh	20-9-1997	Qatari	29763403520
22	Ibrahim Hilal Hassan Khalaf Al-Amaash	16-4-1998	Qatari	29863401203
23	Muhsin Saleh Muhsin Al-Harbi	31-12-1997	Qatari	29763404987
24	Hamad Muhina Abdul Rehman Saleh Al-Qasimi	29-8-1998	Qatari	29863404561
25	Melvyn Jean Claud	29-04-94	Frensh	29725000098

LIST OF FOOTBALL PLAYERS AL-AMAL UNDER 13 YEARS FOR THE SEASON 2011-2012

S. No.	Names	Date of Birth	Nationality	ID Number
1	Ahmed Salem Khalid Saleh Al-Jaber	28-4-1998	Qatari	29863401381
2	Khalid Idris Waleed Bakheeth Al-Hatmi	04-02-98	Qatari	29863401441
3	Khalid Fahed Saeed Mubarak Al-Mansoori	10-07-98	Qatari	29863403766
4	Khalid Mubarak Amber Alrumee Al-Nuaimi	22-10-1998	Qatari	29863404093
5	Khalid Muneer Ali Abubacker Mazeed	24-2-1998	Qatari	29863400638
6	Khamis Rashid Shamee Hassan Suwaid	03-03-98	Qatari	29863400808
7	Salem Ahmed Salem Khamis Al-Ali	22-11-1998	Qatari	29863404416
8	Saud Ahmed Bakheeth Al-Mazeel	28-3-1998	Qatari	29863401374
9	Abdul Rehman Jamal Abdul Rehman Al-Darimih	05-07-98	Qatari	29863402238
10	Abdul Rehman Adel Dashn Alarjani Al-Ajmeed	16-8-1998	Qatari	29863402997
11	Abdul Rehman Mubarak Yaqoob Mubarak Al-Ali	04-04-98	Qatari	29863401167
12	Abdul Aziz Khalid Abdullah Muhammad Al-Mulla	17-3-1998	Qatari	29863401218
13	Abdul Aziz Falah Shanaan Al-Muzyafee	29-3-1998	Qatari	29863400969
14	Abdullah Ali Abdullah AL-Saadee	17-3-1999	Iranian	29936400029
15	Abdullah Falah Muhammad Al-Dousari	18-2-1998	Qatari	29863401244
16	Ali Shaheen Ali Ibrahim Al-Sabeeie	06-08-98	Qatari	29863401965
17	Ali Muhammd Zaidee Basheer Yaqooth	17-7-1998	Qatari	29863402600
18	Fahed Hansh Abdurrahah Sabith Al-Sadee	07-12-98	Qatari	2,98886E+11
19	Muhammad Jasim Khalaf Saad Al-Kubaisi	28-3-1998	Qatari	29863401362
20	Muhammad Amer Abdullah Amer Halaabi	25-3-1998	Yamani	29888600042
21	Muhammad Faiz Muhsin Al-Harebi	22-4-1998	Qatari	29888600479
22	Muhammad Mubarak Bathi Aziz Al-Shahunee	01-02-98	Qatari	29863400248
23	Muhammad Ismail Hamaad Ismail Abushanb	28-5-1998	Jordanian	29840000471
24	Jafaal Yusuf Dasmaal Mubaarak Al-Kuwari	23-8-1998	Qatari	29863403057
25	Abdullah Zakki Jadooa	23-3-1998	Palastinian	29899900137



AL GHARAF A SPORTS CLUB



LIST OF AL GHARAF A FOOTBALL PLAYERS

LIST OF NAMES OF AL-BARAAM TEAM UNDER 1999 FOR THE SEASON 2011 - 2012

S. No.	N a m e	Nationality	ID No.	D.O.B	Personal ID No.	Remarks
1	Rashid Hassan Rashid Al-Khalifa	Qatari	14090	20/01/1999	29963400122	
2	Askar Salem Askar Salem AlKarbi	Qatari	19217	13/04/199	29963401252	
3	Nasir Saeed Ajjan Al-Kaabi	Qatari	14186	24/02/1999	29963400634	
4	Thamer Abdullah Jasim Al-Murakhi	Qatari	14310	2/3/1999	29963400919	
5	Abdullah Ali Muhammad Alawi	Qatari	14118	4/4/1999	29963401113	
6	Khalifa Saeed Salem Al-Khalifa	Qatari	16415	14/02/199	29963400525	
7	Abdullah Abdul Whab Sulaimain	Qatari	14135	28/9/1999	29963403755	
8	Rakaan Adil Dshan Al-Ajmaa	Qatari	14109	11/9/1999	29963404289	
9	Hamam Al-Ameen Muhammad Ahmed	Sudani	18321	25/08/199	2997600341	
10	Nasir Saleh Muhsin Al-Harbi	Qatari	14110	22/09/1999	29963405239	
11	Nasir Abdul Salam Ahmed Al-Ahraq	Yamani	14136	5/1/1999	29988600128	
12	Hamad Abdullah Saad Ismail	Qatari	14795	20/01/1999	29963404963	
13	Qahtan Saad Qahtan Al-Sulaity	Qatari	14388	27/01/1999	29963400309	
14	Jassim Abdul Wahim Muhammad Al-Obaidaly	Qatari	14357	10/11/1999	29963404823	
15	Fahed Marshad Shaheen Al-Kuwari	Qatari	14473	14/01/1999	29963400200	
16	Abdul Rehman Waleed Jumaan Khamis	Qatari	14407	24/08/1999	29963403277	
17	Muhammad Saleh Abdul Rehman Masood	Qatari	15458	25/04/1999	29988600070	
18	Ali Ahmed Muhammad Al-Amiri	Yamani	14091	8/3/1999	29988600040	
19	Khalid Amer Abdul Rehman Al-Kaabi	Qatari	18453	20/12/1999	29963405030	
20	Muhammad Zaman Eissa Al-Kuwari	Qatari	15076	29/09/1999	29963403890	
21	Saad Muhammad Saad Ibrahim Al-Dousari	Qatari	14525	21/02/1999	29963405598	
22	Andréw Ajjos Sadermanthu	Indianasian	18724	29/06/1999	29936000102	
23	Abdul Rehman Saleh Muhammad Al-Ansi	Qatari	16787	16/07/1999	29988600159	
24	Yousuf Yaqoob Darwaish Haji	Qatari	16724	5/7/1999	29963402503	
25	Khalid Abdul Wahid Muhammad Al-Obaidly	Qatari	14069	16/02/1999	29963400605	
26	Muhammad Yousuf Muhammad S.Ai-Muhalizia	Qatari	18656	13/07/1999	29963402660	
27	Ganem Muhammad Ismail Al-Hamad	Qatari	16477	7/8/1999	29963403156	
28	Sagr Nahdan Sar Al-Hassan Al-Mohannadi	Qatari	17788	23/11/1999	29963404587	
29	Abdul Rehman Khalid Khaloof Al-Bathal	Qatari	15844	26/10/1999	29963404671	
30	Abdul Razak Muhammad Sheikh Addin	Somalian	15332	1/1/1999	29970600199	

LIST OF NAMES OF AL-BARAAM TEAM UNDER 2000 FOR THE SEASON 2010 - 2011

S. No.	N a m e	Nationality	ID No.	D.O.B	Personal ID No.	Remarks
1	Khalid Muhammad Hussain Muhammad	Yamani	15456	2/12/2000	30088600023	
2	Mubarak Eissa Ismail Al-Abdullah	Qatari	17576	7/3/2000	30063400802	
3	Saoud Mansoor Nadir Jumaan	Qatari	15239	26/1/2000	30063400189	
4	Abdul Rehman Saad Qahtan Mubarak	Qatari	15362	13/5/2000	30063401710	
5	Faisal Ibrahim Saleh Khalifa Al-Nuaimi	Qatari	17803	24/2/2000	30063400718	
6	Faisal Mubarak Yaqoob Mubarak	Qatari	15268	12/11/2000	30063404316	
7	Sultan Bader Sultan Qahus Al-Kuwari	Qatari	19291	30/04/2000	30063401552	
8	Rashid Muhammad Laifullah Saleh	Qatari	15266	21/04/2000	30088600111	
9	Abdullah Saad Qahtan Mubarak	Qatari	15363	13/5/2000	30063401709	
10	Hassan Nasir Abdul Majeed	Iranian	16160	21/7/2000	28036400403	
11	Abdullah Khalid Mahmoud Abdul Hadi Moosa	Iranian	18522	27/04/2000	30040000120	
12	Naif Abdul Kareem Muhammad A.K.	Qatari	17577	9/1/2000	30063400082	
13	Muhammad Ibrahim Muhammad Gais Al-Kuwari	Qatari	15920	7/12/2000	30063405000	
14	Muhammad Jasim Muhammad Hassan Galum	Qatari	15847	15/5/2000	3006340074	
15	Nasir Eissa Numani Al-Shamalni Al-Anzi	Qatari	18517	17/01/2000	30063400144	
16	Abdul Rehman Rasad Khalifa Al-Bufalasath	Qatari	17159	4/3/2000	30078400002	
17	Abdul Rehman Muhammad A.R.Al-Dousari	Qatari	17575	30/12/2000	30063404826	
18	Jaber Abdullah Rashid Al-Kubaisi	Qatari	16826	14/2/2000	30063400877	
19	Ahmed Muhammad Hussain Al-Janahi	Qatari	17099	22/9/2000	30088600320	
20	Amer Nasir Hassan Al-Jaffali AL-Nuaimi	Qatari	18721	2/5/2000	30063401508	
21	Khalid Salem Farj Al-Shareem	Qatari	17329	25/5/2000	30063401794	
22	Saif Jaber Fhed Muhammad Al-Mussallam	Qatari	18469	12/10/2000	30063403871	
23	Salman Jassim Saliman Al-Buanaian	Qatari	16528	18/9/2000	30063404693	
24	Ali Jamal Abdul Rehman Al-Kaabi	Qatari	16577	15/12/2000	30063405207	
25	Abdullah Mahir Rajab Salem Abu Ajuth	Qatari	16576	23/3/2000	30099900076	
26	Jarah Abdul Lathif Khalaf Al-Binali Al-Mohannadi	Qatari	16615	3/12/2000	30063404671	
27	Rahsid Ali Rashid Al-Kubaisi	Qatari	16616	13/7/2000	30063402544	
28	Abdullah Yousuf Dasmal Al-Kuwari	Qatari	17393	13/9/2000	30063403474	
29	Abdullah Saeed Abdullah Amer Al-Kaabi	Qatari	18259	23/06/2000	30063402427	
30	Abdullah Khalid Ali Al-Sheikh Al-Kuwari	Qatari	18078	7/5/2000	30063401611	



AL GHARAF A SPORTS CLUB



LIST OF AL GHARAF A FOOTBALL PLAYERS

LIST OF NAMES OF AL-BARAAM TEAM UNDER 2001 FOR THE SEASON 2011 - 2012

S. No.	Name	Nationality	ID No.	D.O.B	Personal ID No.	Remarks
1	Muhammad Muhina Hassan Al-Ajmi	Qatari	18166	25/06/2001	30163402414	
2	Hassan Saeed Jumran Al-Kaabi	Qatari	16253	10/7/2001	30163402719	
3	Shahin Ahmed Ali Faris Al-Bunaali	Qatari	16238	24/7/2001	30163402914	
4	Khalid Muslim Mazhooz Al-Shammari	Qatari	16228	11/10/2001	30168200085	
5	Turki Usman Awad Muhammad Abdul Qawi	Qatari	16855	3/1/2001	30163400018	
6	Muhammad Sayyar Mubarak Al-Mannai	Qatari	16295	24/3/2001	30163401348	
7	Abdullah Muhammad Obaid Al-Yahmadi	Qatari	17318	21/5/2001	30151200029	
8	Abdullah Muhammad Awad J. Al-Naabi	Qatari	17809	15/11/2001	30163404838	
9	Mustafa Assam Shouqi Qadruith	Egyptian	17440	20/12/2001	30181801231	
10	Abdullah Shaheen Ali Ibrahim	Qatari	16504	17/1/2001	30163400163	
11	Sultan Khalid Askar Salem Al-Karbi	Qatari	17890	2/7/2001	30163405780	
12	Sultan Walid Sultan Mubarak Al-Mannai	Qatari	18033	22/01/2001	30163400190	
13	Rahshid Hassan Salem Al-Kuwari	Qatari	16554	12/5/2001	30163402015	
14	Ali Hassan Khalaf Al-Mohannadi	Qatari	16556	5/3/2001	30163400700	
15	Mushari Ahmed Bakheeth Al-Muzbil	Qatari	16581	26/2/2001	30163404595	
16	Sabith Mehmoud Sabith Mehmoud Nasir	Qatari	17653	13/3/2001	30163401914	
17	Shaheen Moosa Shaheen Al-Murshad	Qatari	16590	20/5/2001	30163401828	
18	Khalifa Mubark Mthq Al-Ganami Al-Otaibi	Qatari	16586	27/4/2001	30163401596	
19	Khalifa Mubark Mthq Al-Ganami Al-Otaibi	Qatari	16586	27/4/2001	30163401596	
20	Jaber Rashid Muhammad Ali Al-Kubaisi	Qatari	17700	28/6/2001	30163402884	
21	Sulaiman Davood Sulaiman Nader Al-Abdullah	Qatari	16621	2/4/2001	30163404923	
22	Abdullah Abdul Aziz Abdullah Al-Dousari	Qatari	16633	28/2/2001	30104800043	
23	Sulatan Hassan Abdullah Al-Sulaiti	Qatari	17664	9/6/2001	30163402155	
24	Magir Awad Farhan Falih Al-Shammari	Qatari	17810	4/2/2001	30163400633	
25	Rakan Sultan Ali Ahmed Nasir	Qatari	16642	17/8/2001	30163403226	
26	Saoud Yousuf Ahmed Al-Bakr	Qatari	17508	20/11/2001	30163403926	
27	Muhammad Khalid Ahmed Y. Al-Obaidly	UAE	16723	2/7/2001	30104800007	
28	Hussamuddin Muhammad Brahmi	Algerian	16989	15/4/2001	301011200009	
29	Muhammad Hassan Ahmed Al-Mahmoud AL-Husain	Syrian	19371	30/03/2001	3.0176E+11	
30	Muhammad Ali Muhammad Yousuf Al-Hammadi	Qatari	16896	16/10/2001	30163404040	

LIST OF NAMES OF AL-BARAAM TEAM UNDER 2002 FOR THE SEASON 2011 - 2012

S. No.	Name	Nationality	ID No.	D.O.B	Personal ID No.	Remarks
1	Muhammad Abdul Rahman S. Al-Harebi	Qatari	16384	25/3/2002	30263401282	
2	Abdul Rehman Hassan A.R. Sbeelath	Qatari	16478	5/5/2002	30263401673	
3	Hamad Jassim Muhammad Ismail Al-Malki	Qatari	19283	21/10/2002	30263405643	
4	Faraj Masood Faraj Salem Al-Sahooti	Qatari	18621	20/3/2002	32063400962	
5	Abdul Rehman Samir Ibrahim Al-Basyuni	Egyptian	16550	23/10/2002	30281801005	
6	Hamad Saleh Muhammad Muhsin Al-Labbi	Qatari	19353	24/8/2002	30263403392	
7	Hamad Jassim Hamad B. Al-Sulaiti	Qatari	16580	14/3/2002	30263402070	
8	Abdul Aziz Saleh Muhammad Al-Ansi	Qatari	16582	13/3/2002	30288600123	
9	Muhammad Mahar Rajab S. Abu Ajuth	Qatari	16578	11/3/2002	30299900047	
10	Ahmed Usman Awad Muhammad Abdul Qawi	Qatari	16854	16/10/2002	30263404146	
11	Sultan Juman Basheer Ali Al-Ahmed	Qatari	19149	27/2/2002	30263400697	
12	Tamim Khalid Ibrahim Abdul Majid Al-Tamimi	Qatari	18659	4/2/2002	3.02634E+11	
13	Shaheen Rashid Abdullah Al-Kuwari	Qatari	16606	30/8/2002	30263403474	
14	Mohsin Yaqoob Darwaish Haji	Qatari	16643	10/9/2002	30263403837	
15	Jassim Fahed Abdullah Thani Al-Zaraa	Qatari	16895	29/6/2002	302634052436	
16	Hamad Saleh Hamood H. Al-Yahri	Qatari	18922	10/4/2002	30263402173	
17	Rashid Zaman Eisa Nasir Al-Kuwari	Qatari	17022	13/6/2002	302634012294	
18	Abdullah Saleh Mohsin Saleh Al-Hareb	Qatari	17023	21/9/2002	30263404230	
19	Abdul Rehman Rashid A.R. Al-Kaabi	Qatari	17163	28/8/2002	30263403419	
20	Musaad Hamoud M.D.M. Al-Shammari	Qatari	17392	23/12/2002	30268200050	
21	Abdul Rehman Muhammad Mansur	Qatari	17404	7/10/2002	30288600371	
22	Abdullah Sarikhathm A. Yousuf Al-Haj	Sudani	17701	10/4/2002	30273600158	
23	Naif Muhammad Abdullah Al-Amri	Qatari	18320	6/5/2002	30263401632	
24	Saoud Abdul Rub Muhammad A.K. Atif	Qatari	18524	20/1/2002	30263400457	
25	Abdullah Ahmed Abdullah Muhammad Ali	Qatari	19319	12/1/2002	30264300096	
26	Abdul Aziz Hakeem Nawaz Baik Sultan	Pakistani	18719	3/8/2002	30258600520	
27	Jassim Muhammad Ibrahim J. Al-Kuwari	Qatari	17828	17/4/2002	30263405901	
28	Mashal Ali Abdullah Jaloos Al-Shammari	Qatari	18720	2/12/2002	30263404869	
29	Khalifa Waleed Sultan Mubarak Al-Mannai	Qatari	17958	21/11/2002	30263404753	
30	Eissa Ali Eissa Ibrahim Al-Baloushi	Qatari	18970	11/3/2002	30263402200	



AL GHARAF A SPORTS CLUB



LIST OF AL GHARAF A FOOTBALL PLAYERS

LIST OF NAMES OF AL-BARAAM TEAM UNDER 2003 FOR THE SEASON 2011 - 2012

S. No.	N a m e	Nationality	ID No.	D.O.B	Personal ID No.	Remarks
1	Abdul Rehman Musalim Al-Shammari	Qatari	17665	10/4/2003	30368200031	
2	Abdullah Khalid A.Al-Sheikh Al-Kuwari	Qatari	17726	27/4/2003	30363401733	
3	Ali Fahed Ali Khalifa Al-Kaabi	Qatari	17802	13/7/2003	30363403178	
4	Rahsid Khalid Ali Ibrahim Al-Manlihi	Qatari	17873	25/12/2003	30363405753	
5	Juman Walid Juman Khamis Haamad	Qatari	17875	25/5/2003	30363402216	
6	Mashal Abdul Lathif Khalaf Al-Mohannadi	Qatari	17876	18/11/2003	30363405646	
7	Turkey Khalid Askar Salem Al-Karbi	Qatari	17874	7/7/2003	30363403513	
8	Ali Abdul Aziz Abdul Saadi	Qatari	18070	18/10/2003	30388600573	
9	Ibrahim Majid Ali Ibrahim Al-Sabee	Qatari	19314	16/2/2003	30363400825	
10	Abdul Aziz Fahed Fazal Obaid Al-Shammari	Qatari	18011	27/1/2003	30368200076	
11	Rashid Jamal Rashid Mubarak Al-Kuwari	Qatari	19250	26/3/2003	30336401518	
12	Eissa Rashid Khalifa Rashid Al-Bufalasa	Qatari	18220	21/9/2003	30378400005	
13	Tamim Saleh Muhammad Al-Ansi	Qatari	18289	9/7/2003	30388600256	
14	Jassim Muhammad Saad Abdul Qadir	Egyptian	19356	21/1/2003	30381801251	
15	Muslim Ahmed Muslim Auwl Al-Kasri	Qatari	18339	15/06/2003	30363402716	
16	Tamim Jassim Hamad Bunajum Al-Sulaiti	Qatari	18382	26/08/2003	30363406165	
17	Jaber Eissa Nsir Khalifa Al-Nuaimi	Qatari	18401	13/02/2003	30363400462	
18	Izzuddin Saleh Saleh Al-Jarmoozi	Qatari	18519	19/4/2003	30363406339	
19	Muhammad Saoud Fatheh Jumaan Al-Kathiri	Qatari	18518	26/5/2003	30363402304	
20	Ganem Bader Juma Salmayn Al-Mansoori	Qatari	18520	29/3/2003	30363401308	
21	Abdul Rehman Sultan A.R. Al-Nawash	Saudi	18532	18/3/2003	30368200140	
22	Jassim Abdul Qadir Jassim Ali Al-Jasman	Qatari	19108	3/12/2003	30363405255	
23	Yousuf Moosa Sarhan Al-Khalifa	Syrian	18531	3/6/2003	30376000048	
24	Nasir Talal Saad Muhammad Al-Rmihee	Qatari	18541	3/6/2003	30363402327	
25	Saoud Khalid Ibrahim Abdul Majid Al-Tamimi	Qatari	18660	22/7/2003	30363403107	
26	Ahmed Fahed Abdul Aziz Jassim Janhee	Qatari	18872	16/6/2003	30363402906	
27	Abdul Aziz Nasir Alavi Nasir Al-Saadi	Qatari	18873	19/9/2003	30363404265	
28	Nsir Saleh Hamood Hassan Al-yahri	Qatari	18923	17/5/2003	30363402354	
29	Nasir Saad Qahtan Mubarak Al-Sulaiti	Qatari	18932	13/4/2003	30363401462	
30	Saoud Saad Qahtan Mubarak Al-Sulaiti	Qatari	18931	13/4/2003	30363401463	

كشف باسما لاعبي فريق البراعم 2004 للموسم الرياضي 2011 / 2012

رقم بطاقة اللاعب	الاسم (ثلاثي)	الرقم الشخصي	تاريخ الميلاد	الجنسية	صفة اللاعب (محترف/مقيم)
18793	محمد غانم محمد خميس الكبيسي	30463403526	11/08/2004	قطري	
18801	تركي مقل مظهر مسلم الشمري	30463400155	10/01/2004	قطري	
18810	مشعل بن سلطان عبدالرحمن النواش	30468200106	30/03/2004	سعودي	مقيم
18874	عبدالرحمن جمعة عيسى الكواري	30463401445	13/04/2004	قطري	
18987	يوسف محمد عوض جمعة التوبس	30463403026	15/01/2004	قطري	
19109	هاتم صالح صالح محمد الجرموزي	30463403669	27/03/2004	قطري	
19219	طلال مظهر مسلم منير الشمري	30463400765	02/03/2004	قطري	
19288	جاسم يوسف محمد صالح المهيزع	30463401936	16/04/2004	قطري	
19289	شاهين ابراهيم محمد غيث الكواري	30463402777	27/06/2004	قطري	
19290	عبدالله خميس احمد زامل الكواري	30463400800	28/02/2004	قطري	
19315	علي مسفر عوض ال معيض القحطاني	30468200012	28/04/2004	قطري	
19344	راشد محمد احمد علي الجلهم	30463401909	13/04/2004	قطري	
19354	منصور مهدي محمد ناصر القحطاني	30463404332	17/09/2004	قطري	
19355	يعقوب عثمان عوض ثابت علي	30488600440	14/12/2004	يمني	مقيم مواليد النوبة
19369	مبارك محمد مبارك الحرقان الكبيسي	30463400657	26/02/2004	قطري	
16					
17					
18					
19					
20					
21					
22					
23					
24					
25					
26					
27					
28					
29					
30					



AL GHARAFa SPORTS CLUB



EPILOGUE



The football of the past we have to respect, the football of today we must study, and the game of the future we should anticipate.

Bora Milutinovic

THANK YOU