January Seasonal Produce

Vegetables

Artichoke – (Jerusalem, Crones), Aubergines – (Italian Pale, Spanish), Beetroot – (Candy, Golden), Brussel Sprouts, Cabbage – (Red, Savoy, Black, White, Cime de rapa (Italian bitter leaf brasica), Portuguese Hispi, January King, English Cavalo Nero), Cardoons, Celeriac, Celery, Chervil Root, Chestnuts, Chicory, Curly Kale, Leeks, Onion (Cipolline, Roscoff), Parsnips.

Potatoes (Early, Main crop, Purple, Rattes, Maris Piper, Black Truffle, Pink fir), Pumpkin (Iron Bark , Organic Pottimarron, Baby Punterella), Purple Broccoli, Salad – (Radiccihio and Trevisse, Tardivo- Wild Trevise), Claytonia, Salsify, Sea – Kale (Forced), Sea – Kale – (Scottish, 3rd week for 6 weeks only), Squash – (French Butternuts), Swede, Turnips.

Fruit

Apples**,** (English discovery, Bramley, Braeburns), Clementines, Cranberrys, Dates Medjool, Lemon (Spanish, Peak season), Lychee (Mauritian), Mangoes, Orange Blood, Seville Oranges (Limited Period), Pears - (Italian Baby, Passé Crassane, Comice, English Conference, Nashi), Persimmon, Pineapples, Pomegranates – (Indian & American), Quince – (Turkish), Rhubarb (forced, Yorkshire), Satsuma's, Tangerine, Sharon Fruit.

Game

Deer – (Red Stag, Red Hinds. Fallow Bucks, Fallow Does, Roe Does), Goose – (Farmed & Wild), Grouse, Hare, Mallard, Partridge (English grey leg), Woodcock, Snipe, Pheasant, Coot, Curlew, Moorhen.
The Season ends on 31st January for the following: Woodcock, Duck, Goose, Coot, Curlew, Moorhen, Partridge & Pheasant

Fish

Anchovy, Bream – (Black), Brill, Cod (Atlantic), Dab, Gurnard – (Grey, Red, Yellow), Haddock, Hake, Halibut – (Greenland), Herring, John Dory, Mackerel, Pollock, Red Mullet, Sardine, Sea bass, Sole – (Dover, Lemon), Turbot, Whiting, Clams, Crab – (Brown, Spider, King), Crayfish (freshwater), Langoustine, Lobster – (European & Canadian), Mussels,Oysters (rock native), Scallops, Sea Urchin.

Fungi

Pied de mouton, Perigord Black truffle, Winter truffle, White Truffle, Chanterelles – (Yellow/Grey), Girolles, Sparassis – (Cauliflower Mushroom),