

April Seasonal Produce

Vegetables

Artichokes (Jerusalem, Spanish Baby, Spanish Globe), Asparagus (English - Greenhouse, French White, Spanish Green), Aubergines (Italian Pale, Spanish), Avocados (Fuerte, Hass, South Africa), Beans (Bobby, Broad), British Spring Greens, Broccoli (English Purple, Purple Sprouting), Cabbage (Hispi, Spring), Castelfranco, Cauliflower, Celeriac, Chicory (White), Cimi di Rappe (Turnip Tops), Courgette flower (French), Courgettes (Round Green, Round Yellow),

Fennel (Italian), Garlic (New Season), Loveage, Monks Beard, Onions (Grillot, Spring, Roscoff), Peas (Italian, Spanish), Potatoes (Jersey mids, Maris piper, Jersey Royals, Belle De Fontenay, Black Truffle, Pink fir, Rattes), Pumpkin (Iron Bark), Salad (Frissee curly, Mesclun, Rocket, Watercress English, Sorrel, Baby Parsley Shoots, Baby Watercress, Escarole, French Watercress), Samphire, Sea Beet, Squash (American Butternuts), Summer Savoury, Swiss Chard (French), Turnip (New Season), Tomatoes (Coeur de Boeuf veritable, Verona, Rose de Berne)

Fruit

Apples (Granny smith, English Bramley), Baby Kiwi fruit, Frais du Bois (Spanish), Loquats, Mandarins (Moroccan), Mango (Alphonso, Palmers), Medlars, Melons (French Charentais), Oranges (Moroccan, Sicilian Blood Oranges), Pomegranates (Indian & American), Raspberries (Spanish), Rhubarb (Champagne, forced, Outdoor), Sharon Fruit, Strawberries (French Gariguettes, gaignelles)

Game & Meat

Deer (Red Stag, Fallow Bucks, Roe Bucks), Duckling, Goose (Farmed, Wild), Grouse, Guinea Fowl, Hare, Mallard (Finishes end of month), Pyrenean Lamb, Rabbit, Spring Lamb, Wild Rabbit, Wood Pigeon (English)

Fish

Coley, Gurnard (Red, Yellow), Hake (Cape), Halibut (Pacific), Herring, John Dory, Red Mullet, Salmon (Scottish Organic, Wild), Sea Trout (Welsh, Brown).

Fungi

Pied Bleu, Morels (2nd week), Mousserons (3rd week), Sparassis (Cauliflower Mushroom), St Georges mushroom (3rd week)

Foraged

Wild ransom or Wild Garlic (leaf and flower), Leeks (Wild), Samphire, Larch needles, Pennywort, Sheep sorrel, Primrose flowers, Dandelion leaves.