



Australian Beer Product Nutritional Information

	Date of launch	Style	ABV	Standard Drinks	Total carbs g/100ml	Energy kj/100ml	Energy cal/100ml
Tooheys New	1931	Lager	4.6	1.4/375ml	3	160	38
Tooheys Extra Dry	1994	Dry Lager	4.6	1.5/375ml	2.5	161	38
Tooheys Extra Dry 5 Seeds	2009	Cider	5.0	1.4/345ml	4.8	205	49
Tooheys Old	1869	Dark, Top Fermented Ale	4.4	1.3/375ml	3	156	37
Tooheys New White Stag	2008	Lager	4.4	1.3/345ml	0.9	126	30
Tooheys Extra Dry Platinum	2006	Lager	5.2	1.8/345ml	3.2	208	50
Tooheys PILS	1998	European Style Pilsener	4.5	1.2/345ml	2.2	146	35
XXXX GOLD	1991	Mid Strength Lager	3.5	1.0/375ml	1.9	120	29
XXXX BITTER	1924	Well Hopped Lager	4.6	1.4/375ml	2.7	152	37
XXXX LIGHT BITTER	1991	Light Lager	2.3	0.7/375ml	2.6	99	25
XXXX Summer Bright Lager	2009	Bright Lager	4.2	1.1/330ml	1.2	125	30
Hahn Super Dry	2006	European Style Lager	4.6	1.2/330ml	0.9	126	30
Hahn Super Dry 3.5	2009	Mid Strength Lager	3.5	0.9/330ml	1.0	104	25
Hahn Premium	1988	Premium Lager	5.0	1.3/330ml	3.2	173	41
Hahn Premium Light	1998	Light Lager	2.6	0.8/375ml	2.9	114	27
James Boag's Premium	1994	Australian Premium Lager	5.0	1.5/375ml	2.7	166	40

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James Boag's Premium Light	2002	Light Lager	2.9	0.9/375ml	2.3	110	26
Boag's Draught	1933	Australian Lager	4.6	1.4/375ml	2.6	154	37
Boag's Draught Light	1990	Light Lager	2.7	0.8/375ml	2.4	107	26
James Boag's Classic Blonde	2007	Low Carbohydrate Lager	4.5	1.3/375ml	1	125	30
James Boag's Pure	2009	Lager	4.5	1.2/330ml	2.7	154	37
Boag's Wizard Smith's Ale	2007	English Pale Ale	5.0	1.5/375ml	4.3	191	46
Boag's XXX Ale	Late 1800's	Australian Lager	4.8	1.4/375ml	2.9	163	39
James Squire The Chancer	2004	English Style Summer Ale	4.5	1.2/345ml	3.5	166	40
James Squire Australian Lager	2008	Australian Craft Lager	4.4%	1.2/345ml	2.8g/100ml	158	38
James Squire Four Wives	1999	Bohemian Pilsener	5.0	1.4/345ml	4.3	191	46
James Squire Nine Tales	1998	Amber Ale	5.0	1.4/345ml	3.9	183	44
James Squire Stow Away	2001	India Pale Ale	5.6	1.5/345ml	5.0	215	51
James Squire Jack of Spades	2000	Brown Porter	5.0	1.4/345ml	4.6	196	47
West End Draught	1859	Australian Lager	4.5	1.3/375ml	2.7	153	37
Emu Bitter	1923	Lager	4.0	1.4/375ml	3.4	167	40
Emu Export	1954	Lager	4.4	1.3/375ml	2.6	151	36
Emu Draft	1992	Mid Strength Lager	3.0	0.9/375ml	3.2	127	30
Swan Draught	1857	Lager	4.5	1.3/375ml	2.6	152	36
Heineken	1873	Pilsener	5.0	1.3/330ml	3.3	175	42

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Beck's	1874	German Pilsener	5.0	1.3/330ml	3.2	173	41
Budweiser	1876	American Lager	4.9	1.4	165	39	2.9
Kirin	1990 (Japan) and 2003 (Australia)	Lager	5.0	1.3/330ml	3.0	169	40
Amstel	2006	Lager	4.7	1.3/330ml	1.6	132	31
Steinlager Classic	1958	Lager	5.0	1.3/330ml	3.2	173	41
Steinlager Pure	2007	Lager	5.0	1.3/330ml	3.3	174	42
Knapstein Reserve Lager	2006	Bavarian Lager	5.6	1.5/330ml	4.6	209	50
Bare Cove Radler	2008	Radler	4.2	1.1/330ml	2.2	139	33
Southwark Bitter	1951	Bitter Lager	4.5	1.3/375ml	3.1	159	38
Southwark Old Stout	1984	Stout	7.4	2.2/375ml	4.7	252	60
Blue Bitter	1990	Light Bitter	2.3	0.7/375ml	4.1	114	28
Gold Bitter	1993	Mid Strength Lager	3.0	0.9/375ml	2.6	117	28
Red Bitter	1990	Lager	4.0	1.2/375ml	3.4	150	36
Ice Beer	1993	Ice Brewed	4.0	1.1/345ml	1.9	129	31