

EYSTUROY

Embrace the Faroe Islands



Welcome to Eysturoy

Eysturoy is the second largest of the Faroe Islands with an area of 268 km² and a population of aprox. 11.000. Eysturoy is a transport hub with daily bus and ferry connections to the other islands. The island has a wide range of attractions for visitors: beautiful countryside, unique historical sites, enchanting villages and modern, thriving towns.

The landscape in the southern part of Eysturoy is flat and accessible. Overlooking the entrance to Skálafjørður, the idyllic lake of Toftavatn, is ideal for excursions and the heathercovered hills around the lake are most unique in the Faroes.

The terrain in the north of the island is characterised by steep mountains. Slættaratindur, the highest peak (882m) in the Faroe Islands, is to be found here. The landscape varies between deep chasms and green, fertile vallies. Visitors to this area are guaranteed a breathtaking experience as nature's wonders unfold at every turn in the road.

Accommodation is available in most towns and villages on Eysturoy with options ranging from hotels, to hostels, to camp sites. You will find restaurants and cafeterias all over the island.

Nature lovers will be truly fascinated by Eysturoy, not only by its impressive countryside, but also by its friendly, hospitable people.

The activities in this brochure are designed to afford visitors a special look at all that Eysturoy has to offer.

Welcome!

Emergency services 112
Police, tel 351448 Tórshavn, 471448 Runavík
Country code +298

Accommodation

Camp site, Eiði, tel 423456
Camp site, Kambsdalur, tel 444860
Camp site, Skála, tel 441850
Cottages / B&B tel 417060 / 444860
Gjáargarður, Guesthouse of Gjógv, tel 423171 / 211590
Hostel, Fjallsgarður in Oyndarfjørður,
tel 444848 / 213847
Hotel Eiði, tel 423456 / 226620
Hotel Runavík, tel 447420
Youth hostel, Kambsdalur, tel 444860
Youth hostel and Scout Centre, Selatrað, tel 212940
Toftir Stadion, tel 448068 / 226104
Camping is only permitted at approved camp sites

Food and drink

Bowling Hall, Leirvík, ☎ tel 443366
Café-In, við Streymin Norðskála, ☎ tel 422033
Cafeteria, Skála, tel 441850
Cafeteria, Statoi Leirvík, tel 443275
Cafeteria, Statoi, Skálabotnur, tel 441200
Home café, Elduvík, tel 444815 / 754815
Hotel Eiði, ☎ tel 423456 / 226620
Hotel Runavík, tel 447420
Pizza & Shawarma, Saltangará, tel 448237
Pizzeria Primavera, Kambsdalur, tel 444446
Restaurant Muntra, Fuglafjørður, ☎ tel 444081
Restaurant, Sjókaféin Runavík, tel 449181
The village hall in Strendur, tel 448160

Further information & tour bookings

The Tourist Information in Fuglafjørður
530 Fuglafjørður
tel 444860, fax 445180
infoey-f@post.olivant.fo
www.visiteysturoy.fo

The Tourist Information in Runavík
600 Saltangará
tel 417060, fax 417001
kunningarstovan@runavik.fo
www.visiteysturoy.fo



Information

The Faroe Islands offer a full range of events throughout the year. Of special interest are for instance Celebration Day in Selatrað at Whitesun, The Town Festival in Runavík mid June, The Town Festival in Fuglafjørður the first weekend in July, the G! Music Festival mid July, the Salmon and Marked day in Runavík mid July, and the Cultural week in Runavík in October. There are also other concerts and music festivals, including the annual Summer Tones, which hosts classical and modern concerts around the islands. Keep informed on upcoming events at www.kunning.fo

Difficulty of the tours



Easy



Medium



Hard

1 Canoeing in Eiði

A fun adventure, with or without a guide, where you paddle a canoe and game fish on one of the beautiful lakes in Eiði.

After canoeing it is possible to buy a meal at the local hotel, Hotel Eiði.

While enjoying your meal you have the opportunity to enjoy the fantastic view from the hotel's restaurant.

Booking:
Bernhard Jacobsen
Tel 222326

Good to know

We recommend a visit to the local museum and former farmstead, Látrið, where you will learn how the villagers of Eiði lived around 1850. Látrið is open Sun. and Fri. 14 p.m. - 16 p.m. or by appointment. Entrance fee 30 DKK.



Departure point:
By the lake in Eiði
Time:
By arrangement
Day:
By arrangement
Duration:
3 hours
Min./max.:
1/21 pers.
Cost:
DKK 220 per canoe
Availability:
15. May - 15. Sep.

Hotel Eiði

- A classic family hotel



FO 470 Eiði
Tel. +298 423456
Fax +298 423200
hoteleidi@email.fo
www.hoteleidi.fo

2 Slættaratindur, the roof of the Faroe Islands

Slættaratindur, the highest mountain in the Faroe Islands, is 882m above sea level. The climb to the summit is a magnificent experience. The tour starts at the highest point of the mountain pass between Eiði and Funningur. We follow the boundary line between the villages up to the mountain. From here the path up to the top and the mountain is more visible. It is important to stay on the path, as the vegetation at this altitude is sparse and vulnerable. The last stage of the tour is quite steep, and some rugged hiking experience is required to get to the top. Once we reach the summit, you will literally be standing on the roof of the Faroe Islands, where the view on a clear day simply is divine and like no other place on earth.



Departure point:
The highest point in the pass
Time:
By arrangement
Day:
By arrangement
Duration:
4 hours
Min./max.:
5/20 pers.
Cost:
DKK 185 incl. guide
Availability:
15. May - 15. Sep.

Good to know

Participants with severe vertigo might wish to consider exploring other less precipitous, areas of Eysturoy. Come prepared with a packed lunch and water.



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3 Gjógv Adventure



Do not miss this opportunity to see Gjógv, either hiking, fishing or simply enjoying the cosy atmosphere in the village. You can also visit Debesar shop, the old grocery with Faroese articles and souvenirs, or relax with a cup of coffee in the cosy street café.

Billa Star offers fishing trips and not far from the village you will find an excellent haddock fishing area. The catch is as good as guaranteed. You can also go for a sightseeing trip, where you will see the cliffs in the sea, the Giant and the Witch and Búgvín.

Gjógv Adventure also offers a hiking trip to Ambadal, a beautiful valley all covered in grass except for one single stone, Festirsteinur, which, of course, has its own story.

Maps indicating the routes are to be purchased in Debesar Shop. When you purchase a map, you support the landowners in their maintenance of fences and gates.

Good to know

Fishing equipment and warm clothing are provided.

Departure point:
Gjógv
Min./max.:
1/8 personer
Price and booking:
www.gjogvadventure.fo
or call:
Tel 28 00 60
Tel 28 00 61
Availability:
15. Mai - 15. Sep.



WELCOME TO GJÓGV

GJÁARGARDUR
Guesthouse of Gjógv

Tel. (+298) 423171
Cell. (+298) 211590
info@gjaargardur.fo
www.gjaargardur.fo

4 The Refuge "Uppi á Húsi"



The walk starts at the tourist office in the town centre. In the old days, the Faroes were often raided by pirates, who pillaged the local population, burnt their homes, slaughtered without mercy and captured others and sold them as slaves in faraway lands. In order to escape these unwelcome visitors, the villagers had to take refuge in the mountains as soon as they learned that pirates were on their way. Once such refuge was in the hills west of the village of Fuglafjørður. A small stone house was built on a ledge in the cliff-face, well hidden from view. The ruins of this house, known as Uppi á Húsi, remain to this day. The hike up to the refuge is easy at first, but the last stage is steep and some rough hiking skills are needed to reach this ancient mountain retreat.



Departure point:
The Tourist
Information Centre
in Fuglafjørður
Time:
By arrangement
Day:
By arrangement
Duration:
3 hours
Min./max.:
5/20 pers.
Cost:
DKK 115 the walk
DKK 25 coffee
Availability:
15. May - 15. Sep.



Good to know

The walk demands a good level of fitness and one should not be subject to vertigo. After the walk coffee will be served in Ribarhúsi, the local gallery and handicraft store. Ribarhúsi is open Mon. - Fri. from 3 p.m. - 5 p.m. and Sat. from 11 a.m. - 13 p.m., or by appointment.

Enjoy a good meal with a
good view over Fuglafjørður,
surrounded by high mountains

Restaurant
Muntra

FO-530 Fuglafjørður
Tel (+298) 444081 - (+298) 444954
Mobile (+298) 214081

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The old mountain path from Leirvík to Norðragøta



The villages of Leirvík and Gøta both have a history dating back to Viking times, and the path between the villages that crosses over the mountain is probably just as old. The tour departs from the Viking ruins near the ferry harbour in Leirvík. We visit the boat museum and a collection of paintings, which depicts Leirvík's history as a fishing community and which as well highlights the work of local artists. We then follow the path through scenic countryside, where every step reminds us of the ancient history of the area. The walk ends in the old part of the village of Norðragøta with a visit to the timber church built in 1833 and the home of the royal king's farmer. We also visit the local museum, Blásastova, which, together with Glyvra Hanusar house, represents the old Faroese village community in Norðragøta. The tour ends with coffee in Glyvra Hanusar house.



Good to know

The price inkl. guide, coffee, and museum entrance. The walk demands a good level of fitness and one should not be subject to vertigo. Blásastova is open from mid-May to mid September. Mon., Tue., Fri., Sat. and Sun. from 2 p.m. to 4 p.m. or by appointment.

Boat museum & Art Gallery in Leirvík

Exhibit of old Faroese boats and the work of local artists



FO-520 Leirvík
Faroe Islands
tel (+298) 313178
tel (+298) 443347
tel (+298) 213178
fax (+298) 443339
sjoborg@post.olivant.fo

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Busride Gjógv - Gøta

Departure point:

Pickup of each
tourmember
Date and time:
Each Tuesday
10.00 am. or by
appointment

Duration:
5 hours

Min./max.:
Min. 6 pers.

Cost:
DKK 500
all included
Availability:
15. May - 15. Sep.

Drift comfortably into a world of untouched, tameless clean nature. The ride upnorth reveals spectacular views at every corner we round. At the very end of the road lies Gjógv, a traditional Faroese village surrounded by nature's own beautiful paintings. Complete tranquility is found in Gjáargarður, the guesthouse of Gjógv. The beautiful wooden house with its romantic atmosphere and friendly service frames a delicious meal, containing Faroese specialities. The ride continues southeast to the village Gøta. First pit stop is the village church decorated with glass paintings made by the famous artist Tróndur Patursson. Heading on we visit the family firm Borgnýardóttir. The workshop manufactures high-quality handmade wool design. The household welcomes you with true warmth and true hospitality. Enjoy the harmony of modern life based on knowledge and tradition passed on for centuries. A light refreshener is shared with a view of royal worth. You will be able to run the spinning wheel the old fashioned way and see, feel, smell and sense how the oldest craft of the Faroes was and is practiced. Additionally the showrooms contain selected Faroese art.

Good to know

The workshop is open Mon. - Fri. 10 a.m. - 5 p.m. Sat. between 10 a.m. - 14 p.m. or by appointment.



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7 Lamba - Rituvík

Mountain hiking

The trip starts in the village of Lamba. We listen to the exiting true story of Norske Løve, which was shipwrecked in a storm on New Year's Eve 1707. After walking through the old part of the village Lamba we start hiking up the mountain. When we reach the top there is a panoramic view over Lambavík. Southwards you will see a long row of cairns leading towards Rituvík. you walk along old peat strips. The terrain is flat and easy to walk.

Faroese dry fish will be served in an old peat house in the mountain.

On the way to Rituvík we walk along a big stone called Hav Ólav Sterka. It is an old Faroese tradition to lift big heavy stones to prove manliness.

After the trip we visit the museum Forni in Glyrvár.



Good to know

The price is incl. bus/guide, food and entrance. The museum Forni is open from 1. July to 31. July. Monday, Wednesday and Sunday from 4 p.m. to 10 p.m. or by appointment.



Welcome to Hotel Runavík, Sjómansheimið, situated near the harbour and the shops.

- Nice rooms with a magnificent view
- Good restaurant with several options
- Fine conference facilities

Heiðavegur 6 · 620 Runavík · Faroe Islands
Tel +298 447420 · Fax +298 448830
info@hotel-runavik.fo · www.hotel-runavik.fo



Departure point:

Tourist office in Runavík

Time:

By arrangement

Day:

By arrangement

Duration:

4 hours

Min./max.:

5 pers.

Cost:

DKK 280

Children up to 14

years half price

Availability:

15. May - 15. Sep.

8 Cultural Evening

During the summer Faroese cultural evenings are held in different villages on Eysturoy depending on the size of the group.

The Culture House in Fuglafjørður
max. 150 pers.

The Scout Centre in Selatrað
max. 50 pers.

The Village Hall in Skála
max. 150 pers.

The Guesthouse Gjáargarður in Gjógv
max 80 pers.

Departure point:

See places listed in the text

Time:

By arrangement

Day:

By arrangement

Duration:

2,5 hours

Min./max.:

50/150 pers.

Cost:

DKK 300

Children up to 14

years half price

Availability:

15. May - 15. Aug.

You begin the evening with a buffet of Faroese food specialities. In some places the evening is being held the food will be served in a Faroese rowing boat. The programme usually features cultural entertainment, sing along, film and, of course, the Faroese chain dance. The guests are invited to join in the dancing so that they can experience the dance's rhythm and atmosphere and follow the movements of chain.



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9

Hiking around the lake of Toftavatn

Surrounded by heatherclad hills

The picturesque lake of Toftavatn sits above the town of Runavík on the eastern side of the historic fjord, Skálafjørður. The area ideal for relaxed excursions, and the heather-covered hills around the lake are truly unique in the Faroes. The guided tour starts from Hotel Runavík and lasts around 4 hours. After our walk around the enchanting lake, we continue over the hills to Svangaskarð, where Toftir stadium is situated. The stadium was built for international matches. After this, we pay a visit to Friðrikskirkjan, in Toftir, a modern Lutheran church built in 1994, which is an excellent example of contemporary Faroese architecture. The last stop on our tour is the village of Nes. Here, we savour the village's historic timber church, which was built in 1843 and old vicorage from 1863. From here the trip goes back to Hotel Runavík.



Departure point:

Hotel Runavík

Time:

10.00 a.m.

Day:

Tuesday or by arrangement:

Duration:

4 hours

Min./max.:

2/20 pers.

Cost:

DKK 350

Children up to 14

years half price

Availability:

15. May - 15. Aug.



Good to know

Sturdy, waterproof boots/shoes are recommended. The price incl. bus and guide.

Welcome to Toftir Stadium

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Mobil: +298 226104 • fax. +298 449050



10

Basalt columns and lava landscape

Mountain hiking with the farmer Rasmus from Selatrað

This exclusive excursion begins at the farmhouse in the tiny village of Selatrað and lasts approx. 4 hours. The farmer himself is our guide, as we explore this mysterious mountain domain. He leads us up to a most unique lava landscape, dominated by enigmatic basalt columns majestically towering towards the sky. During our trip, we pass alongside large rivers and other waterways and the view of the ocean is infinitely spectacular. We return via the same route while our guide shares with us interesting facts about the mountain's rich fauna and history. After our walk, there will be an opportunity to visit the farm home of our guide to sample traditional Faroese food and to gain a few more titbits of local history. On the return trip, it is possible for you to visit, independently, the oldest spinning mill in the Faroe Islands, known as Snældan, in the village of Strendur where you can buy woolwear



Departure point:

Selatrað farm

Time:

By arrangement

Day:

By arrangement

Duration:

4 hours

Min./max.:

10/35 pers.

Cost:

DKK 250

Children up to 14 years half price

Availability:

15. May - 15. Sep.



Good to know

Snældan is open Mon. - Fri. from 9 a.m. to 5:30 p.m.; Saturday between 10 and 12 a.m. or by appointment. The price incl. guide and lunch.

Let your connection to nature start here....

We can arrange group trips, incl. hiking, sightseeing, fishing and special tours in Faroese boats.



64 beds in 19 rooms
and 1 cottage

RESERVATIONS NECESSARY
Youth Hostel & Scout Center in Selatrað,
P.O. Boks 1080, FO-110 Tórshavn
Tel. 212940, kjartand@post.olivant.fo

11 Diving

Experience the magic Faroese Ocean

Experience the Faroe Islands from a different perspective when diving in the fantastic Faroese fjords. Faroe Dive wants to give you, our guest, the ultimate adventure in the North Atlantic Ocean.

We arrange guided divetours for both the seasoned- and novice- divers from all around the world. To present our guests to the ever changing underwaterworld around the islands, we strive to dive on different times of the day and various dive-sites.

The natural environment of the Faroe Islands is spectacular and awesome both under and above the ocean surface. Visitors quickly become aware of this. In the ocean there are great cliffs, huge rocks one can swim around, sandy slopes, deep gullies and the ever-present high standing seaweed which clings to the rocky bottom.

The dive day starts at the local tourist information offices. At the local office the Certified Divemaster responsible for the diving, will evaluate the weather and select the best suited divesite for the day.

Good to know

Equipment rental and divemaster is included in the price. Bring warm clothes. For further information see www.faroedive.fi



Departure point:
The Tourist Office
Time:
By arrangement
Day:
By arrangement
Duration:
3 to 5 hours
Min./max.:
2/8 pers.
Cost:
DKK 695
Availability:
All year around



faroedive@post.olivant.fo • www.faroedive.fo
Phone: +298 458939 & +298 218929

PADI

FAROE DIVE .fo

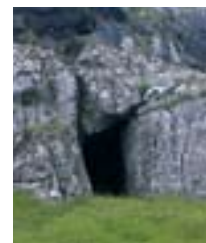
The adventure awaits you!
...on the Faroe Islands

12 Fuglafjørður - Hellur,

Mountain hiking

Sjúrður's path to Oyndarfjørður

Cairns guide you through the mountain pass of Skarð and the river of Skarðsá. On the way up you pass Malunar Hav, a 176 kg heavy lifting stone, which is said that a milkingmade lifted. Near by the path is a spring, Neytakonukeldan, where the wanderer can satisfy his thirst from the cup of Neytakonukrússið. It is said that trolls live in the Hulduheggjar, which you can see on the west side of the mountain. Another story tells about a landownership struggle between the farmer of Oyndarfjørður and Gullbrandur, a farmer from Fuglafjørður. Gullbrandur was killed and later hidden in a cave now called Gullbrandshellið. Every year there is a gathering between the big cairns on Skarð with speeches and singing. From this point it only takes 20 minutes to reach Altarið, where you can enjoy a view from a height of 483 m to the Northern Islands and the fertile valley of Góðadalur, where people through ages have been sailing peat home to Fuglafjørður.



Good to know

Sturdy, waterproof boots/shoes are recommended. The price incl. guide.



Departure point:
The Tourist
Information in
Fuglafjørður
Time:
By appointment
Day:
By appointment
Duration:
3 hours
Min./max.:
5/20
Cost:
DKK 150
Availability:
15. May - 15. Sep.

LANGGAARD'S BUSSAR ☎ 58 58 58

Busskoyring við Langgaards bussum, er alt frá einum stuttum túri við vininum, til virkis- ella hópfæðir yvir fleiri dagar.
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13 Boatrace



We meet down at the boathouse in Glyvrar where experienced rowers tell about the boats, boat racing and the safety on board.

When rowing out on the fjord, you really experience the extraordinary about being in a Faroese rowingboat; the feeling of the ocean, enjoying the beautiful nature while your thoughts travel back to the old days when the rowingboat was the only means of transport between the islands.

Out on the fjord you get to try your rowing abilities. A true experience of the old Faroese national rowing sport!



Good to know

Sturdy, waterproof boots/shoes are recommended. The price incl. guide.

Departure point:

The Boathouse

Time:

By arrangement

Day:

By arrangement

Duration:

1 hour

Min./max.:

8/30

Cost:

Min. DKK 3.000

Availability:

All the year

14

Æðuvík - Nes, mountain hiking



On the hike between Æðuvík and Nes you pass the hollow, Promsgil. In the old days people hurried along Promsgil because huldufólk lived there (grey elvish people of the outfield). Then you walk along the heather landscape, Amtsmansheiðar. Here they used to cut peat for the chief administrator.

You walk along the peat store, Fransakrógv, on your way to Nes. The place is named after a woman called Maria who was of french heritage. Maria worked as a servant at the Vicorage in Nes and went to cut peat at Fransakrógv. She was known for being a strong lady. You walk along old peat strips, the terrain is flat and easy to walk. A walk up to the highest point, Vørðan (160m), is recommended. When you approach Nes you walk through the gorge, Fornagiógv. Here there is a fine view over the lakes Starvatn and Kornvatn.

The walk will end with a visit in the old vicorage in Nes.



Good to know

Sturdy, waterproof boots/shoes are recommended. The price incl. guide.



Departure point:

Æðuvík

Time:

By arrangement

Day:

By arrangement

Duration:

2 hour

Min./max.:

Min. 4 pers.

Cost:

DKK 185

Availability:

15. May - 15. Sep.

SKÁLA CAMPING



Ítróttarhøllin

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Oyndarfjørður - Elduvík mountain hiking


Departure point:

Fjallsgarður

Time:

By arrangement

Day:

By arrangement

Duration:

2 hours

Min./max.:

5/20

Cost:

DKK 150

Availability:

15. May - 15. Sep.

From Oyndarfjørður you can walk up the village path passing Garðshorn, where there used to be a vicorage.

When arriving in the pass, Elduvíksskarð, you will see the very sharp rock, Skarðstein.

Right before the path turns in towards the hillside Elduvíkslíð, you should stop by the holy spring, Keldan Vígda.

Elduvík is the place where you can discover a typical old faroese village, a village which has done alot to maintain and restore the old settlements.

In Elduvík there is also a beautiful natural harbour which deffinetly is worth a visit.


Good to know

Sturdy, waterproof boots/shoes are recommended. The price incl. guide.

Fjallsgarður

Hostel


Kvíggjarvegur 18
FO-690 Oyndarfjørður
tel 444848 / 444847

Information about the projekt, Norðurslóð

The Tourist Association on Eysturoy is participating in a transatlantic project about coast culture named Northern Coastal Experience, supported by EU. In this connection the Tourist Association on Eysturoy has started a collaboration with most of the local museum on Eysturoy.

The goal/aim with this collaboration is to give the local museums the opportunity to better their exhibitions and thereby give the Tourist a good experience. There will also be published books / brochures in different languages about the local communities history.

Gøtu village museum



Nes village museum



The village museum Bygdasavnið "The old school" in Leirvík

Eiðis village museum



NORTHERN COASTAL EXPERIENCE

Useful information

Pharmacy, tel 449366, Runavík

Banks

Føroya Banki, Runavík, tel 447410,

Fuglafjørður, tel 444064

Føroya Sparikassi, Fuglafjørður, tel 444235,

Runavík, tel 447363

Norðoya Sparikassi, Leirvík, tel 443070

Bus and ferry information, tel 343030 eller www.ssl.fo

Car rental

BBR-SERVICE, Runavík, tel 449111 / 219111

Bus rental

AP Busskoyring, Sýðrugøta, tel 441720 / 505220

Christian Høgagarð, Toftir, tel 447290 / 287291

Høj Biler, Strendur, tel 284322 / 218327

Isaksen Busser, Søldarfjørður, tel 441687/211687/221687

Langgaards Busser, Søldarfjørður,

tel 585858 / 585822 / 585823

JPJ Bussar, Skála, tel 444450 / 228451

Internet café

Play-it, Toftir, tel 449554

Post offices

Fuglafjørður, tel 444361, Runavík, tel 447557

Service stations

Statoil, Leirvík, tel 443360

Shell, Gøtudalur, tel 441712

Statoil, Skálabotnur, tel 441200

Statoil, Strendur, tel 447859

Statoil, Saltangará, tel 449133

Statoil, Toftir, tel 449333

Shell, við Streymin, tel 422255

Statoil, Eiði, tel 423522

Taxi

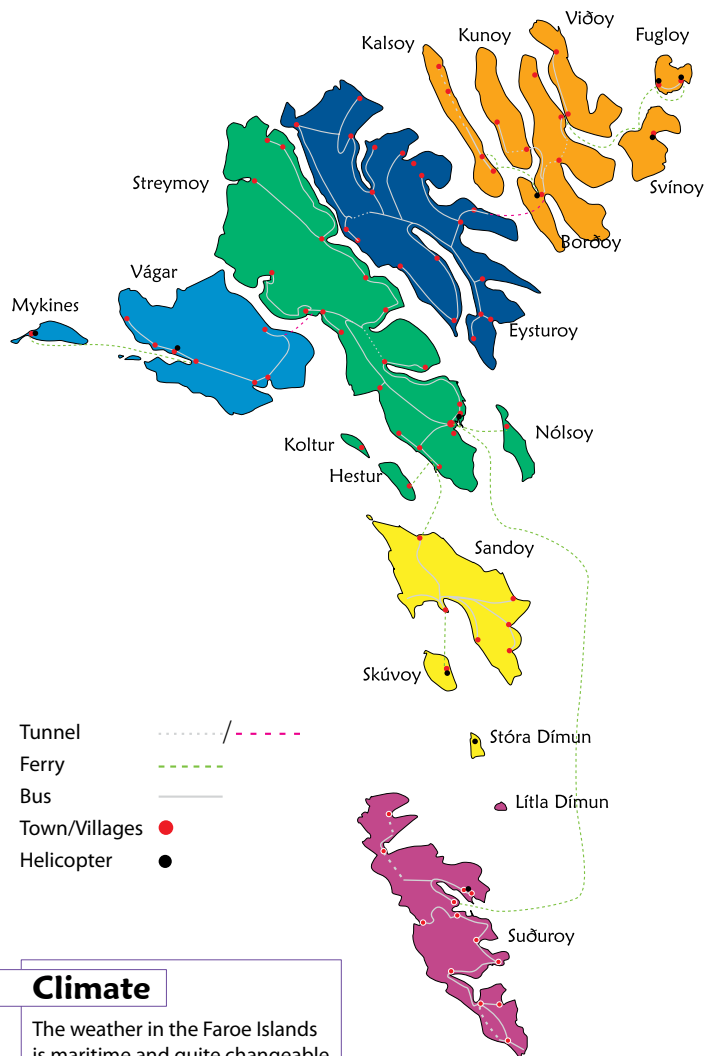
Andrias Danielsen, Runavík, tel 218614 / 748614

Eysturoyar TAXA, Saltangará, tel 215400

Joma taxa, Skála, tel 250793

M Taxi, Oyndarfjørður, tel 224106

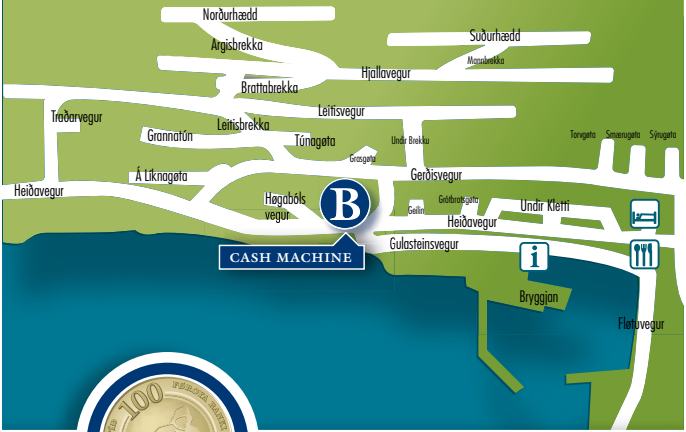
OC Taxa, Runavík, tel 213444



Climate

The weather in the Faroe Islands is maritime and quite changeable, from moments of brilliant sunshine to misty hill fog, to showers. The Gulf Stream encircling the islands tempers the climate. The harbours never freeze and the temperature in winter time is very moderate considering the high latitude. The average temperature ranges from 3°C in winter to 11°C in the summer. In sheltered areas, the temperature can be much higher, but the air is fresh and clean no matter what the season.

Runavík



FIND YOUR CASH MACHINE

We provide bank services during opening hours and our cash machines give you access to your funds from 6 am to 2 am, seven days a week. In addition to the Saltangará/Runavík branch, you will find cash machines in Fuglafjørður and Strendur.



FØROYA BANKI

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