

THE COMPETITION IS HERE!

INFORMATION PACKAGE

AUSTRALIAN ALL STAR CHEERLEADING FEDERATION

2014



INFORMATION PACKAGE

If you have any questions about information in this package, please feel free to contact us for assistance. We will be happy to help you.

AUSTRALIAN ALL STAR CHEERLEADING FEDERATION

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NOVICE CATEGORY FOR 2014

Novice: is offered in Pom, Jazz, Hip Hop and Cheer level 1 only, in all ages.

It is open for newbie All Star teams in their first year of competition, may that be brand new clubs or just beginner teams within an established program; a gentle way of easing into our sport and understanding how it all works.

Please note: if your dance team has majority (50%+) fouettes and double turns or your level 1 cheer team has mid to high end level 1 tumbling (i.e. round offs, walk overs) and stunting (i.e. duel base chest stands, single base thigh level) you may not compete in Novice. You cannot have crossover athletes in Cheer Novice teams from other Cheer team's level 2 and above.

Novice is not compulsory for new teams but an option. Once your team has competed Novice for the season, they must move into the All Star section the next season. Also, if you are competing in All Star during the season, you cannot move into Novice for Nationals.

Novice teams will not have points deducted (unless extreme circumstance of putting athletes at risk of injury); they will only have warnings so as to initiate them into the rules of our sport.

The teams in the new NOVICE sections will not be included in any Highest Scoring or Grand Champion awards. Novice also pays a slightly cheaper entry fee.

2014 HIGHEST SCORING BANNER CHANGES

From 2014 we will now be calling the HIGHEST SCORING banner "GRAND CHAMPION"!

Over the past few years with our massive growth, it is getting increasingly impossible to compare the different styles of Dance as well as measure up all of the different levels of Cheer for the over-all Grand Champion and it is creating much conflict.

As an example of the growth, at 2013 AASCF Nationals we had as many teams compete in the Pom category and in Level 2 Cheer category as the entire Nationals 5 years ago! We believe now the highest achievable awards need to go to the highest scoring teams in each separate category.

As such, from this point onwards, we will be awarding GRAND CHAMPION banners in each style of dance and level of cheer and have removed the over-all banner (excluding the Novice divisions).

Please note – we will not be presenting GRAND CHAMPION banners where there is less than 3 teams entered in the particular cheer level or dance style category.

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COMPETITION SERIES ACROSS THE COUNTRY

2014 AASCF ALL STAR CEER & DANCE WINTERFEST: *Season Starter*

- ★ **New South Wales, 13th evening Stunt, 14th & 15th June – (Sydney) at the:** SYDNEY OLYMPIC PARK SPORTS CENTRE, Olympic Boulevard, Sydney Olympic Park
- ★ **Queensland, 20th evening Stunt, 21st & 22nd June – (Brisbane) at the:** BRISBANE ENTERTAINMENT SPORTS CENTRE, Melaleuca Drive, Boondall, Brisbane
- ★ **Victoria, 27th evening Stunt, 28th & 29th June – (Melbourne) at the:** STATE BASKETBALL CENTRE, 291 George Street, Wantirna South
- ★ **South Australia, Sunday 6th July – (Adelaide) at the:** ADELAIDE ARENA, 44A Crittenden Rd Findon SA
- ★ **Victoria, 8th July 2014, in Wodonga - Southern University Games, please enquire by emailing** rosemary@aascf.com.au

2014 AASCF ALL STAR BATTLE: *Cheer Edition*

2014 ALL STAR BATTLE *Cheer Edition*, all Cheer teams compete both days to determine the conquerors.

- ★ **New South Wales, 25th evening Stunt, 26th & 27th July (Sydney) at the:** SYDNEY OLYMPIC PARK SPORTS CENTRE, Olympic Boulevard, Sydney Olympic Park
- ★ **Queensland, 1st evening Stunt, 2nd & 3rd August (Gold Coast) at the:** GOLD COAST CONVENTION CENTRE, Gold Coast Highway, Broadbeach
- ★ **Victoria, 8th evening Stunt, 9th & 10th August (Melbourne) at the:** STATE BASKETBALL CENTRE, 291 George Street, Wantirna South

2014 AASCF ALL STAR CHEER & DANCE STATE SERIES

- ★ **Australian Capital Territory, 31st August (Canberra) at the:** AIS ARENA, Leverrier Crescent, Bruce, ACT
- ★ **New South Wales, 5th evening Stunt, 6th & 7th September (Sydney) at the:** SYDNEY OLYMPIC PARK SPORTS CENTRE, Olympic Boulevard, Sydney Olympic Park
- ★ **Queensland, 12th evening Stunt, 13th & 14th September (Brisbane) at the:** BRISBANE ENTERTAINMENT SPORTS CENTRE, Melaleuca Drive, Boondall
- ★ **Victoria, 19th evening Stunt, 20th & 21st September (Melbourne) at the:** MELBOURNE SPORTS & AQUATIC CENTRE, Aughtie Drive, Albert Park - (Hall A cheer & Hall B dance, both running 2 days)
- ★ **South Australia, 28th September (Adelaide) at the:** ADELAIDE ARENA, 44A Crittenden Rd Findon SA
- ★ **Western Australia, 5th October (Belmont) at the:** CHALLENGE STADIUM, 100 Stephenson Ave, Mt Claremont WA

2014 AUSTRALIAN SCHOLASTIC CHEER & DANCE CHAMPIONSHIP NATIONALS

- ★ **New South Wales, Sunday 26th October (Sydney) at the:** SYDNEY OLYMPIC PARK SPORTS CENTRE, Olympic Boulevard, Sydney Olympic Park – Primary & High School and Universities.

2014 AUSTRALIAN ALL STAR CHEER & DANCE CHAMPIONSHIP NATIONALS

- ★ **Queensland, 28th- 30th November (Gold Coast) at the:** GOLD COAST CONVENTION CENTRE, Gold Coast Highway, Broadbeach - (Hall A cheer & Hall B dance, both running Saturday & Sunday)

2014 AASCF NATIONALS

Melbourne Nationals in 2013 had just on 6000 athletes, 2014 will be even bigger!

When: November 28th, 29th & 30th 2014

Where: Broadbeach, Gold Coast, QLD

At the: GOLD COAST CONVENTION CENTRE

Hall A Cheer & Hall B Dance, both running Saturday & Sunday

Offering 12+ potential Cheer & Dance bids to the IASF 2015 World Championships

PROPOSED AGENDA FOR NATIONALS 2014

- Friday November 28th, late afternoon, evening - all Dance Double State finalists and all partner & group stunt State finalists
- Saturday November 29th – Hall A Cheer teams & Hall B Dance teams
- Sunday November 30th - Hall A Cheer teams & Hall B Dance teams
- Monday 31st – Coaches Conferences and Athlete Clinics – optional, our annual conference offers the largest cast of biggest name presenters in our industry.



The graphic is a promotional poster for the AASCF National Championships 2014. It features a purple background on the left side with the AASCF logo, which is a star with 'ALL STAR' and 'CHEER & DANCE' text. Below the logo is the website 'www.aascf.com.au'. To the right of the logo, it lists '6500 competitors', '12 x USASF Worlds Judges from USA', and 'World Class lighting and audio systems'. Below this, it states 'True NATIONAL Championship where the best of the best from all over Australia compete'. The event schedule is listed: 'Friday 28th Nov - Dance Doubles & Group & Partner Stunt', 'Saturday 29th Nov - Hall A - Cheer, Hall B - Dance', and 'Sunday 30th Nov - Hall A - Cheer, Hall B - Dance'. The right side of the graphic shows an aerial view of the Gold Coast Convention & Exhibition Centre, a large arena with red seats, and a cityscape along the coast. Text on the right includes 'Great location in the heart of Australia's beach playground' and 'AASCF NATIONAL CHAMPIONSHIPS 2014 NOVEMBER'. At the bottom, it says 'GOLD COAST, QUEENSLAND'.

Accommodation – please contact out travel partners, HORIZON SPORTING EVENTS – www.horizons-sport.com.au / enquiry@horizons-sport.com.au

AASCF 2014 Nationals, falls within the 2014 Schoolies festival. Parents can rest assured that the Gold Coast Convention and Exhibition Centre is located in Broadbeach, which is not the precinct for Schoolies with the students staying and converging daily in Surfers Paradise. The suburb of Broadbeach does not hold any schoolie related activities; therefore there are minimal people within the precinct during this time.

Every year we receive emails of support from coaches and parents thanking us for providing their athletes/children with an excuse to not attend Schoolies by having Nationals on at the same time. PTO, cont.

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There are many hotels in Broadbeach and the wider GC area who do not welcome Schoolie bookings and in fact our travel partner, HORIZON SPORTS have a range of rooms at very reasonable rates at a choice of nearby hotels such as Mantra Broadbeach on the Park – 1, 2 & 3 bedroom apartments, Mantra Sierra Grand – 1, 2 & 3 bedroom apartments, Mantra Legends – Studio Hotel & Studio Twin rooms - These range from \$125 per night through to \$317 per night and the Watermark Hotel & Spa – Twin & triple rooms are \$135 per night. None of these require bonds, etc and they are adding new accommodation choices every day.

In fact, we know of many programs who have already booked their accommodation in anticipation of attending AASCF 2014 Nationals so we urge early planning and teams to make their flight and accommodation bookings ASAP.

We look forward to hosting you at what will be a fantastic 3 day Nationals at the awesome GCCEC.

Each year the Australian All Star Cheer & Dance Championship Nationals is in a different State – we have important news below. **2015 AASCF NATIONALS**

AASCF has every year since the inception of our National Championship 7 years ago, conducted the Australian All Star Cheer & Dance Championship NATIONALS in a different Eastern State. We have done this to ensure that everyone gets Nationals in their home state every 3 years and the other 2 years have to travel.

As the event is growing by 30-35% every year it is becoming increasingly difficult to secure venues which can cater for our size, dates and multiple halls (2 for Cheer & Dance + 2 for warm up room) requirements.

In 2015 the event is due to be held in Sydney but unfortunately the only venue capable of hosting us because of our need for size and multiple halls, is the Sydney Convention & Exhibition Centre, but it is closed for refurbishment until 2016.

As a consequence and due to the fantastic feedback we have received from competitors, coaches and parents at our 2013 Nationals we have been fortunate enough to again secure a booking at the Melbourne Convention & Exhibition Centre and look forward to hosting you all in November 2015 again in fantastic Melbourne.

When: Saturday 28th – Monday 30th November 2015

Where: Melbourne, Victoria

At the: MELBOURNE CONVENTION & EXHIBITION CENTRE, 1 Convention Centre Pl, South Wharf
Hall A Cheer & Hall B Dance, both running Saturday & Sunday

Offering 12+ potential Cheer & Dance bids to the IASF 2016 World Championships



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2014 AASCF NATIONAL CHAMPIONSHIP



Competition Highlights!

- ★ All of our championships All Star cheerleading will be performed on a sprung cheer floor.
- ★ All Star Cheerleaders perform on 7 or 9 run & fully sprung cheerleading floor; at the All Star Battles, the larger States & Nationals is a 9 run sprung 14 X 18 metre.
- ★ Dancers perform on an approx 13 x 14 metres Marley dance floor.
- ★ Great divisions and age ranges to meet the needs of EVERY team!
- ★ All Star as well as Scholastic & University divisions!
- ★ Emphasis on safety & proper progressions through the IASF Safety Guidelines!
- ★ Highly respected, qualified, impartial, experienced & reputable judges, both National & International.
- ★ Chance to win a **Partial Paid and At Large Bid** to the **2015 IASF Cheerleading & Dance Worlds!**
- ★ Every competing athlete goes home with a **beautiful medal**— you've earned it!
- ★ Two qualified & credentialed coach's per dance/cheer team attends **FREE!**
- ★ **Grand Champion Banners** for all Dance categories and Cheer levels at all Championships, bar Novice.
- ★ Beautifully crafted **1st, 2nd & 3rd trophies** for all competitions and up to **4th & 5th Division Champion Team Trophies** at States and Nationals!
- ★ 1st, 2nd & 3rd place individual athlete medallions at Nationals
- ★ Buy cheer & dance clothing, shoes and fun merchandise!
- ★ Professional & knowledgeable event staff who are ready and willing to assist you with every need!
- ★ All photos and videos are free to every athlete and coach!
- ★ Enjoy a highly professional, family friendly event that lets your team be the **STAR** of the show!



Safety First!

AASCF places the safety of our athletes before anything else. Our competition division structure follows the General and Level safety guidelines of the International All-Star Federation (IASF), the World IASF guidelines are the standard used for the vast majority of American All-Star competitions, as well as over 100 countries around the world.



Fun for the whole family!

AASCF actively promotes cheerleading and dance competitions as a wholesome family event. We know that the support of family and friends is important, so we aim to make our Championships great for EVERYONE. We use our 25+ years of experience in running dance, cheer & entertainment events to ensure that your experience with us is great. If you need anything at all, just ask! We're happy to help in any way we can.



Preparedness is Paramount!

We want your experience competing with us to be second-to-none, and that means allowing you time to prepare adequately. The warm-up schedule allows you time to warm-up tumbling and walk-through your routine elements with plenty of time to catch your breath before your actual compete time. After all, prepared athletes enjoy their competition experience more and they perform at their peak.



The best for last... HAVE FUN!!!

That's the most important part of all! When it's all said-and-done, we want you to have the time of your life while you are with us at AASCF. Competing at AASCF's events let you do just that!

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SOME ADDITIONS AND CHANGES TO MAKE SPECIAL NOTE OF:

SCHOLASTIC DIVISIONS

*NEW TO 2014 – As a reflection of our growth, we have added an AASCF Scholastic Nationals to our competition series on Sunday October 26th at the Sydney Homebush Stadium (NSW). While this event is now separated from the All Star Nationals, Scholastic teams are still welcome to compete at the All Star Nationals.

AASCF Winterfest and State Championships also offer Scholastic & University divisions which also have a highest scoring Scholastic & University banner. If a scholastic athlete competes in both All Star as well as Scholastic, the athlete must pay entry fee for both sections, i.e. \$20 for Scholastic + \$25 for All Star. The All Star Battle does not offer Scholastic sections, nevertheless Scholastic teams are welcome to compete but they will be on an All Star score card.

CHANGES IN THE STUNT DIVISIONS

PARTNER AND GROUP STUNT:

- Now changed to 4 age groups - 14yrs&U, 14yrs&over, 10–18yrs (12-18yrs level 5), 17yrs&over level 6 only.
- Athletes are not permitted to compete in more than 2 stunt routines; 1 partner stunt & 1 group stunt or 2 x group stunt routines (this is to cater for flyers that also need to base).
- 14yrs & 17yrs & over Coed Group Stunt rules have changed to only 3 athletes permitted in the stunt group (2 bases and 1 flyer. This can be 2 x male bases, or 1 x female & 1 x male base) – in the effort to eliminate 3 grown males all unnecessarily group stunting together. This is also known as DUAL Basing; all clubs wanting to learn more about this, please contact rosemary@aaascf.com.au and we will assist in helping coaches around the country with the techniques of dual basing.
- Basket tosses, tumbling, dance, jumps and pyramids are not on the score card for stunt and never have been – you are permitted to do them but are not necessary and do not add to your score.
- Only the top 3 in each State from the AASCF State series in each level and category of Partner and Group Stunt Teams go through to Nationals. These top 3 teams must score above 65 points before deductions in order to qualify; so in other words the 60 second Partner and Group Stunt Teams must qualify for Nationals at the AASCF States. All other cheer categories do not need to qualify.
- States that do not have an AASCF State Championship will need to send stunt routines in via video or similar to be judged, and will need to score above 65 points and top 3 in your state to qualify.
- In the instance where there are no competitors in your stunt section at your State Championship, you will need to score above 65 points before deductions to make Nationals.
- At the end of the State series, the event producer has the right to bring in very high scoring partner and group stunts that did not qualify top 3 in the situation where we have not reached our maximum quota of teams for Nationals.

CROSSOVERS

Crossovers of participants between level 5 teams or level 6 teams from the same gym are NOT permitted. In other words, a participant can only compete on one level 5 or level 6 team from a gym/program. Crossovers of participants from other gyms in level 5 or level 6 is also not permitted. If teams are found to have these crossovers, the teams may be disqualified. Crossovers between lower levels is permitted at your own risk as the championship will not change the running order for this reason and will not wait for athletes.

We only allow cross overs between 3 levels maximum. I.e. if you are a level 5 athlete you can only crossover as low as level 3, level 3 can only crossover to level 1. Please remember, we don't endorse crossovers and do not accommodate for this at our championships.

Team/squad routine athlete cross overs between 2 different all-star clubs is not permitted, however athlete cross overs is permitted between All Star & Scholastic/University.

To clarify further, if you cheer in a team with an all-star club, you cannot cheer with another team from another all-star club but you can cheer in a scholastic team in the Scholastic divisions.

If you dance in a team with an all-star club, you cannot dance with another team from another all-star club but you can dance in a scholastic team in the Scholastic divisions.

This rule is not for ages 16yrs+ athletes competing partner stunt and dance doubles as many coaches like to compete in stunt & doubles and work with various clubs.

However you can dance in a team from one all-star club and cheer in a team from another all-star club; please remember in this situation you will be paying 2 completely separate entry fees for each club.

Please also note that your entries fees from your all-star club are separate from your scholastic club.

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IASF WORLDS BID WINNING TEAMS

COACHES PLEASE NOTE: Carry over Worlds Bid winning teams cannot use their bid winning athletes in order to win a bid in a different section the following year. The athletes must honour the bid they have already won first. Worlds Bid team entrants at Nationals must follow the stated team sizes in order to win the bid; if the team is larger it will be moved out of the Worlds Bid category.

Do not enter into bid winning sections if you already know your team cannot go to worlds that upcoming year unless you have a pre-arrangement it with the event producer and they understand you will not be accepting any bids.

Please use the athletes that won the bid for Worlds unless there are circumstances out of your control. USA teams can only have 10 substitutes going into worlds and they all must be current ongoing members of their own gym, they cannot use athletes from other clubs. This would be unethical as it is a marketing advantage to promote being on a worlds team after the bid has already been won and unfair to the athletes who worked very hard to achieve the bid.

Coaches have only 72 hours to accept the IASF Worlds Bid; as such teams should have already put a basic plan in place leading into Nationals just in case they win.

The ages for 2014 level 5 & 6 teams competing for 2015 IASF Worlds bids is 6 months lower than the USASF rules because athletes will be competing at IASF Worlds the following year which then puts the athletes in the correct age group, i.e. a 14 year old in 2014 that turns 15 in 2015 before the 31st December will be the correct age for the 2015 Worlds.

UNIVERSITY TEAMS & UNIVERSITY BID WINNING TEAMS

AASCF have added a new section to their University categories at their Championships; we now have a University category of which teams must be 100% current University athletes, and we have an OPEN University category which is for teams with only 60% University athletes.

- **Division 1 University**, comprises of full 100% current University athletes (Bid to Uni Worlds & Uni Grand Champion Banners will be given)
 - **Division 2 Open University**, comprises of a mixture of current students, alumni and outside Uni athletes. 60% need to be current students and the other 40% can be made up of alumni and outside students. (This section will not be in the running for Uni Grand Champion or Uni Worlds).
- All team members must be 17yrs+ under the university category levelling and rules.

University teams wanting to compete at the Southern University Games (SUG), as well as go for bids to the 2014 World University Championship must have 100% team members current registered students of your University.

All teams competing in the AASCF University sections will need to present their University Student Card ID number on their official entry form and will be checked by the University officials.

All University Cheer routines need to add a 30 second cheer to the beginning of their routines at the AASCF competitions and the Southern Uni games. This 30 second cheer needs to display CROWD LEADING which requires crowd effective material, voice, pace & use of motions to lead the crowd; use of signs, poms or megaphones and practical use of stunts/pyramids to lead the crowd. You will be deducted if you go over this allocated time.

At AASCF Scholastic Nationals we give University Teams bids to the World University Championship. Teams must have 100% currently registered students to be eligible. The sections offered at the AASCF Scholastic Nationals for Uni teams, and World University Championship and amount of members permitted on the team is as per below.

DIVISIONS

All Girl Team Cheer (20 members)
Coed Team Cheer (16 members)
Dance Team Pom (16 members)
Dance Team Hip Hop (16 members)
Dance Team Jazz (16 members)

Doubles Divisions:

Dance Team Doubles Pom (2 members)
Dance Team Doubles Hip Hop (2 members)
Dance Team Doubles Jazz (2 members)

Stunt Divisions:

All Girl Group Stunt (up to 4 females)
Coed Partner Stunt (1 male, 1 female)

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AASCF GIVES BIDS AT THE 2014 AUSTRALIAN CHAMPIONSHIPS TO THE IASF CHEERLEADING & DANCE WORLDS, 12 BIDS FOR 2015 IN ORLANDO, FLORIDA AT DISNEY WORLD



AASCF BID WINNERS SINCE 2007

- **2007 AASCF Cheer Victoria's Australian Outlaws** competed at Cheer Worlds
- **2008 AASCF Queensland's John Paul College** competed at Dance Worlds
- **2009 AASCF Cheer Victoria's Australian Outlaws** competed at Cheer Worlds
- **2010 Phoenix All Stars** competed at Dance Worlds
- **2011 Bradshaw Dancers, East Coast All-stars (ECA) & MCA Wolfpack** competed at Dance Worlds and ECA, Australian Outlaws & Australian Dream Girls competed at Cheer Worlds
- **2012 Bradshaw Dancers, MCA, NRG & Starlets** competed at Dance Worlds and Australian DreamGirls competed at Cheer Worlds
- **2013 Bradshaw Dancers, Deakin Uni, Evolution of Dance** competed at Dance Worlds & ECA Eagles, ECA Ladybirds, Gymstars Angels, Outlaws Fugitives competed at Cheer Worlds
- **2014 Airborn Encore Elite, NRG All Stars Energize & Hurricane, EOD Senior Elite, Starlets, MCA Swifts** competing at Dance Worlds, Outlaws Kelly Girls, ECA Eagles, ZSA Southern Tigers, Gymstars All Star Devils, DreamTyme DreamGirls, SCC Legacy competing at Cheer Worlds.

Who will be on their Worlds journey in 2015? As our competition size is increasing and our level 5/6 teams are growing we are offering more bids in each section!!!!!!

WHAT DOES THIS MEAN AND HOW DOES THIS WORK?

The International All Star Federation (IASF) is the World Governing Authority for All Star Cheer & Dance standards in safety, education, competitions, & sportsmanship. A non-profit organisation made up of top industry leaders from around the world, the IASF aims to build the cheer & dance community by creating standardised safety rules, educating coaches & athletes, & hosting the ultimate athletic competition

The Cheerleading & Dance Worlds.

This competition is only open to teams who have been invited to attend as a "bid" winner. The IASF utilises member companies (including the AASCF) to select bid winners at their competitions and those athletes come together in April to really test the limits and see who the true World Champion is.

Each event producer, hosting a Worlds qualifying event, has the discretion to select the divisions and process the bids are awarded. AASCF bid winners of the "Partial Paid" bids will be awarded a **specified dollar amount** towards the team's travel package to Worlds.

As the first international member company in Australia of the USASF/IASF, AASCF will select **Partially Paid Bid** cheer & dance bid winners at the **Australian All Star Cheer & Dance Championship**, which will be held in a different State of Australia every year. If the bid winners should select to compete at the Worlds, AASCF will provide support options to help fund the trip.



All Australian cheer teams performing at level 5+ and elite dance teams are eligible to be selected for this prestigious honor. Selections of bid winners are based partly on score and partly on judge panel criteria. If they are the only team in their section it will be to the judge's discretion to give the bid. All decisions are final. AASCF will work closely with our Worlds bid winner(s) to support the process for everyone involved.

www.iasfworlds.org

★ **AASCF AASCF** ★

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ATHLETE REGISTRATION DEADLINES & FEES

AASCF has implemented a change to the registration fees and deadlines for 2014. These changes are paramount for the growth of our sport and the running of our events.

DEADLINES

The deadline will now be calculated by the number of teams entered initially and then by a closing date but only if the maximum team number is not reached. This will ensure our championships will not overflow with entries before the cut off date.

REGISTRATION FEES

We have had to make a very necessary change to our fee structure. In the past unlimited entry fee allowed many programs athletes to perform a minimum of 2 up to 10 routines at our championship for the one price. This now needs to change.

The new entry fee structure still allows athletes to compete in as many routines as they choose, but they will be paying for every additional Cheer / Dance routine or Partner Group Stunt routine or Dance Double

EG WINTERFEST
1 x Cheer Routine = \$40.00

1 x Cheer Routine (\$40.00) + 1 x Dance Routine (\$10.00) = \$50.00

1 x Cheer Routine (\$40.00) + 2 x Dance Routine (2 x \$10.00 = \$20.00) + 1 x Group Stunt (\$10.00) + 1 x Partner Stunt (\$10.00) = \$80.00

ATHLETES INDIVIDUAL ENTRY FEES FOR 2014				
	1 cheer routine or 1 dance routine	athletes only competing in partner & group stunt or dance doubles - 1 routine	every additional cheer routine, dance routine, stunt & dance double, please add	non member athlete accident insurance fee
WINTERFEST - Cheer & Dance				
ALL STAR TEAMS - Cheer & Dance	\$40	\$20	\$10	\$5
NOVICE & SCHOLASTIC	\$30		\$10	\$5
ALL STAR BATTLE - Cheer				
ALL STAR TEAMS - cheer	\$70	\$35	\$15	\$5
NOVICE	\$60		\$15	\$5
STATE SERIES - Cheer & Dance				
ALL STAR TEAMS	\$50	\$25	\$10	\$5
NOVICE & SCHOLASTIC	\$40		\$10	\$5
SCHOLASTIC NATIONALS - Cheer & Dance				
PRIMARY SCHOOL, HIGH SCHOOL & UNIVERSITY	\$50	\$25	\$10	\$5
ALL STAR NATIONALS - Cheer & Dance				
ALL STAR TEAMS	\$80	\$40	\$20	\$5
NOVICE	\$70			

2014 is the start of AASCF having to run 2 hall events at some of our championships to cater for the growth of our Cheer & Dance. Please note that even with 2 halls running side by side we will be catering for crossovers in Cheer & Dance, i.e.

DAY 1		HALL A CHEER	HALL B DANCE
	MORNING	youth	open
	MIDDAY	tiny, mini	senior
	EVENING	junior	open
DAY 2		HALL A CHEER	HALL B DANCE
	MORNING	open	youth
	MIDDAY	senior	tiny, mini
	EVENING	open	junior



DANCE SECTIONS OFFERED AT ALL AASCF EVENTS (except Battle)

Pom Pom Motions Routine - 2.30 minutes – must use poms

Minimum of 4 persons

Pom poms must be used for 80% of the routine. Important characteristics of a pom routine include synchronisation and visual effect, clean and precise motions, strong pom technique, and incorporate dance technical elements. Visual effect includes level changes, group work, formation changes, the use of different color poms, etc. Male dancers may or may not use poms.

Jazz Ballet Routine - 2.30 minutes

Minimum of 4 persons

Execution, style, control, transitions and creativity performed to high energy music. Routines must be age appropriate. A jazz routine incorporates stylised dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

Hip Hop Routine - 2.30 minutes

Minimum of 4 persons

Executions of contemporary style, hip-hop feel uniformity, high energy and creativity. The music must be typical to its style. Routines emphasise the street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

Lyrical – 2.30 minutes

Minimum of 4 persons

In keeping with the IASF Dance Rules, Lyrical routines combine the principles of jazz and ballet and emphasise proper technical execution, the use of flexibility, balance and mood. Routines are fluid in movement and focus on emotion that compliments the musical selection.

Modern/Contemporary – 2.30 minutes

Minimum of 4 persons

In keeping with the IASF Dance Rules, modern / contemporary routines implement the principles of classical technique, fall & recovery &/or contraction & release and weight sharing to express inner feeling as related to the musical or narrative piece.

Doubles Dance (Duo) - 1.30 minutes

Minimum & maximum of 2 persons

In keeping with the IASF Dance Rules, doubles dance can be Jazz, Hip Hop or Pom performed and can be executed with dance lifts or connected lines within routine, mirror image and tight team work. Comparable to "So You Think You Can Dance" duo routines.

CHEERLEADING SECTIONS OFFERED AT ALL AASCF EVENTS

Cheer Routine: Stunt/Dance/Tumble/Cheer - 2.30 minutes

Minimum of 5 persons

Strictly only practice stunts & tumbling under the USASF/IASF guidelines and the guidance of experienced & qualified coaches & spotters. Performed on a **7 or 9 run All Star Competition size cheerleading** floor, to high-energy music, your routine must display safety, technique & transition. Routines should include dance, tumbling, stunt, pyramids, jumps & motions, tosses - Exception: Level 1 routines cannot have tosses.

Group/Partner Stunt Routine - 60 seconds

2 persons in partner stunt section & 3 - 5 persons in group stunt section

Strictly only practice stunts & tumbling under the guidance of experienced & qualified coaches. Performed to high-energy music, your aim is to safely execute as many stunts as possible in 60 seconds. Your routine must display safety, technique & transition. You must follow the USASF/IASF guidelines. A stunt routine is a display of stunt to music. Please note that dance, jumps, baskets tosses, pyramids & independent tumbling is not on the Stunt score card.

ALL SECTIONS MUST FOLLOW THE USASF/IASF CHEER & DANCE GUIDELINES

www.usasf.net

2014 Australian All Star Cheer & Dance Championship Series Information Pack

AASCF 2014 **DANCE RULES** AGE DIVISIONS & LEVELS

DANCE GENERAL RULES

1. All teams must be supervised during all official functions by a director/coach.
2. Teams must have a minimum of 4 members. There is no maximum limit.
3. Substitutions may be made in the event of any injury or other serious circumstance. Substitutes must also abide by the age restrictions in all divisions and must be registered to compete for insurance reasons.
4. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
5. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The advisor and/or captain of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct are grounds for disqualification as explained in these rules.
6. All teams, gyms, coaches and advisors should have an emergency response plan in the event of an injury.
7. No changes can be made to your entries after 4 weeks before the event date! If you have changes after these 4 weeks, there will be a \$40 fee per change. I.e. Small to Large, Regular to Novice, Youth to Junior etc. This fee will not occur if it is a mistake entered by AASCF.

DANCE TIME LIMIT

Time limit is as per dance routine guidelines. Timing will begin with the first note of the music or the first choreographed dance movement. Timing will end with the last note of the music or the last movement.

DANCE TUMBLING, LIFTS & COSTUMING/CHOREOGRAPHY

Follow the USASF Dance guidelines - www.usasf.net

Please also refer to the "Image Policy" on page 24 for guidelines regarding costumes and choreography.

DANCE AGE DIVISIONS & TEAM SIZE

DIVISIONS	AGE*	SMALL	LARGE
Tiny Dance	6 years & younger	4 -14 dancers	15 & more dancers
Mini Dance	9 years & younger	4 -14 dancers	15 & more dancers
Youth or Primary School Dance	12 years & younger	4 -14 dancers	15 & more dancers
Junior Dance	15 years & younger	4 -14 dancers	15 & more dancers
Senior or High School Dance	18 years & younger	4 -14 dancers	15 & more dancers
Open Dance	14 years & older	4 -14 dancers	15 & more dancers
University Dance	17 years & older	4 -16 dancers 100%	4 - 24 dancers open
Special Needs Pom	N/A	N/A	N/A

*Scholastic ages may vary slightly from grid on proof of being a current student of the school.

***The age of the competitor must be in the year of the competition**

The age of the competitor must be in the year of the competition.

I.e. If you are entering in Dance "Tiny" in 2014 your athletes must be 6 years or younger in the year of competition being 2014, if they turn 7 it must be after 31st December 2014.

If you enter in "Open Dance" in 2014, 14 years & over, they must turn 14 by 31st December in the year of competition being 2014, they cannot turn 14 after the 31st December 2014.

COMBINING AND SPLITTING

Event producers will split a division into Small and Large if there are 10 or more teams in the division before the split occurs. There must be at least 3 teams in each division once the split occurs.

ALL SECTIONS MUST FOLLOW THE USASF/IASF DANCE RULES

www.usasf.net

Or email AASCF for a PDF of the guidelines - rosemary@aascf.com.au

2014 Australian All Star Cheer & Dance Championship Series Information Pack

AASCF 2014 **CHEER RULES** AGE DIVISIONS & LEVELS

CHEER GENERAL RULES

1. All teams must be supervised during all official functions by a director/coach.
2. All cheer teams coaches must be credentialed to the level of the squad.
3. Level 5 & 6 teams are not permitted to cross over into another level 5 & 6 team; lower level teams are permitted but only between 3 levels and at their own risk as the competition schedule will not cater for these cross overs.
4. Cheer Teams must have a minimum of 5 members.
5. Substitutions may be made in the event of any injury or other serious circumstance but must be in a 3 level range. Substitutes must also abide by the age restrictions in all divisions and must be registered to compete for insurance reasons.
6. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
7. All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The advisor and/or captain of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct are grounds for disqualification as explained in these rules.
8. All teams must follow the USASF/IASF & AASCF guidelines, rules & regulations.
9. All teams, gyms, coaches and advisors should have an emergency response plan in the event of an injury.
10. All athletes in teams/squads may only compete at one All Star club; nevertheless they are permitted to compete in an All Star and a Scholastic team.
11. No changes can be made to your entries after 4 weeks before the event date! If you have changes after these 4 weeks, there will be a \$40 fee per change. I.e. Small to Large, Regular to Novice, Youth to Junior etc. This fee will not occur if it is a mistake entered by AASCF.

CHEER TIME LIMIT

Time limit is as per cheer routine guidelines. Timing will begin with the first note of the music or choreographed movement. Timing will end with the last note of the music or the last movement.

CHEER COSTUMING/CHOREOGRAPHY

1. Cheer squad uniform is preferred.
2. Suggestive, offensive, or vulgar choreography is inappropriate for family audiences and therefore lacks audience appeal. Please also refer to the "Image Policy" on page 24 for guidelines regarding costumes and choreography.
3. In the cheer of cheer the only props allowed are signs, megaphone, pom poms, flags and banners. The competitors must carry all props onto the performance area. Signs, flags or banners **with poles** or similar supports may not be used in stunt, pyramids or tumbling.

The AASCF Australian All Star Cheer & Dance Championship level of competition, age groups & general safety guidelines are as per below. Please go to the USASF website for the Cheer & Dance official rules and regulations, www.usasf.net. If you are unsure what level to enter your team in please email your USASF/IASF International Regional Director Rosemary Sims on rosemary@asacf.com.au or call her on 0417346153 and she will answer all of your technical questions.

CHEERLEADING - Please note if entries are low in a section we will combine entries but strictly only within the allocated age group & level. e.g. If we had only 1 entry in Small Teen level 2 it would automatically be placed into either Large Teen level 2. We may also mix all girl and co-ed.

ALL SECTIONS MUST FOLLOW THE USASF/IASF CHEER RULES

The information on the next page is associated with the Cheer Age Chart. The list is a "menu" of divisions that may be offered by an individual event producer. An event producer does not have to offer every division listed. An IASF/USASF-member event producer may only offer divisions from the grid, unless prior written approval is granted from the IASF/USASF.

2014 Australian All Star Cheer & Dance Championship Series Information Pack

AASCF 2014 CHEER AGE DIVISIONS & LEVELS

Cheer Divisions	Age	Sex	No. in squads	IASF Level
<u>Tiny</u>	5 yrs & Under	N/A	5 – 32 members	1
<u>Mini</u>	8 yrs & Under	N/A	5 – 32 members	1 & 2
<u>Youth & Primary School</u>				
Small youth or primary	11 yrs & Under	N/A	5 – 20 members	1,2,3 & 4
Large youth or primary	11 yrs & Under	N/A	21 - 32 members	1,2,3 & 4
<u>Junior</u>				
Small junior	14 yrs & Under	N/A	5 – 20 members	1,2,3,4 & 5
Large junior	14 yrs & Under	N/A	21 - 32 members	1,2,3,4 & 5
<u>Senior & High School</u>				
Small senior or high school	10 - 18 yrs	All Girl	5 – 20 members	1,2,3,4, & 4.2
Large senior or high school	10 - 18 yrs	All Girl	21 - 32 members	1,2,3,4, & 4.2
Small senior or high school	10 - 18 yrs	Co-ed	5 – 20 members	1,2,3,4, & 4.2
Large senior or high school	10 - 18 yrs	Co-ed	21 - 32 members	1,2,3,4, & 4.2
Small senior or high school	12 - 18 yrs	All Girl	5 – 20 members	5
Large senior or high school	12 - 18 yrs	All Girl	21 - 36 members	5
Small senior or high school	12 - 18 yrs	Co-ed	5 – 20 members	5
Large senior or high school	12 - 18 yrs	Co-ed	21 - 36 members	5
<u>Open</u>				
Open	14 yrs & Over	All Girl	5 – 20 members	1,2,3,4 & 4.2
Open	14 yrs & Over	All Girl	21 - 32 members	1,2,3,4 & 4.2
Open	14 yrs & Over	Co-ed	5 – 20 members	1,2,3,4 & 4.2
Open	14 yrs & Over	Co-ed	21 - 32 members	1,2,3,4 & 4.2
Open	14 yrs & Over	All Girl	5 – 36 members	5
Open	14 yrs & Over	Co-ed	5 – 36 members	5
*NEW Open	17 yrs & Over	N/A	5 – 32 members	4
<u>International Open IASF Worlds bid</u>				
International Open	14 yrs & Over	All Girl	5 – 24 members	5
International Open	14 yrs & Over	Coed	5 – 24 members	5
International Open	16 yrs & Over	All Girl	5 – 24 members	6
International Open	16 yrs & Over	Coed	5 – 24 members	6
<u>University</u>				
<u>University</u>	17 yrs & Over	All Girl	5 – 20 100%, 5 - 24 open	1/2, 3/4, 5/6
<u>University</u>	17 yrs & Over	Coed	5 – 16 100%, 5 - 24 open	1/2, 3/4, 5/6
<u>Special Needs teams</u>	Any Age	N/A	Unlimited	1 & 2 (no baskets)

***The age of the competitor must be in the year of the competition**

*The age of the competitor must be in the year of the competition.

i.e. If you are entering in Cheer "Tiny" in 2014 your athletes must be 5 years or younger in the year of competition being 2014, if they turn 6 it must be after 31st December 2014. If you enter in Open in 2014, 14 years & over, they must turn 14 by 31st December in the year of competition being 2014, they cannot turn 14 after the 31st December 2014.

*The ages for 2014 level 5 & 6 teams competing for 2015 IASF Worlds bids is one year lower because athletes will be competing at worlds the following year which then puts the athletes in the correct age group.

*Scholastic ages may vary slightly from grid on proof of being a current student of the school.

*University levels are now combined; levels 1 & 2 will be competing together, level 3 & 4 and 5 & 6 now aligned with the Australian University Sport rules

GENERAL INFORMATION

★ Judging

AASCF bring highly respected, qualified, experienced & reputable judges to all of our championships. Our Nationals judging panel are always headed by the best Judges from the USA. You will never have coaches of teams in your State judging nor inexperienced people in the industry. Every one of our judges has an extensive resume and history in the style they are judging as a former athlete/dancer and successful coach and/or choreographer as well as judge. Decisions of the adjudicators are final.

★ How to handle procedural questions

Any question concerning the rules or procedures of the competition will be handled exclusively by one designated representative of the team (i.e. director, coach or captain) and will be directed only to a Competition Official. Such questions should be made prior to the team's competition performance. Any questions concerning the team's performance should be made to a Competition Official immediately after the team's performance.

★ Athletes procedure at AASCF championships

- Athletes must NOT walk around in midriff tops, exception being the warm-up room, performance floor and transition from warm-up room to performance floor. They must be covered in all public areas please.
- Athletes cannot sit on the floor in the foyer blocking public thoroughfares. Make up and costume changes cannot be performed in the foyers or public areas.
- You must instruct your athletes to always carry their bags with them. Competing team's bags will be left in the warm-up area as they go on to perform. Once competed they must collect their bags and immediately move out of the restricted area.
- Only the immediate teams and their coaches are permitted in the warm-up area, 4 teams abreast.
- Change rooms are not designated to any one program and bags are not to be left in the change rooms – they are available for teams to get changed, apply makeup etc. then strictly move out with their bags.
- It is advised that you find your own designated meeting area around the venue that will be your squads meeting area.

★ Warm-up area procedure

Attention to detail on warm-up procedure will make or break your athlete's warm-up opportunity. You must be organised as if you miss your time, your team misses out – NO QUESTIONS ASKED.

Please note that each team must be ready waiting at the warm-up room entrance ½ hour before their performance time. No teams will be allowed into the warm-up area before they are called in. PLEASE MAKE NOTE - we will not be chasing any teams or athletes; if your athletes or teams are not ready to go, we will not be waiting or holding up the competition for you.

★ AASCF advertising / solicitation policy

No advertising or soliciting of any type is allowed. If you are not a registered recognised vendor at AASCF Championships you are not allowed to hand out, distribute or make available any sales brochures, flyers, samples or other sales material to athletes, coaches or visitors at the competition. Sales brochures or flyers left about the championship will be thrown away and clear proof of advertising and soliciting. Visitors/coaches/event producers etc. trying to distribute sales material at the competition will be asked to leave the event, no exceptions. If any of these people are proven to be connected to a club, team or program, the program risks being disqualified.

★ Recruiting of athletes/promoting gym/promoting events

The recruiting of athletes and promoting your gym to explicitly recruit athletes, or advertising your events, merchandise etc. is strictly prohibited at all AASCF events. The following are examples of what is not allowed:

- ★ Flyers that are handed out detailing tryout information, gym location, contact numbers, web sites, events, merchandise etc. inside arena/competition area and/or parking lot is not permitted.
- ★ T-Shirts with tryout dates on them are not permitted. T-Shirts with gym name, logo, or website are acceptable as long as there is no reference to recruitment of athletes.
- ★ Coaches, owners, directors, etc. talking to other athletes about attending their gym. Recruiting of athletes/promoting gym at AASCF events can/may result in a 2.5 point deduction, removal of owners/directors/coaches, disqualification, etc.

Teams may report any issues to event management, but in order for us to assess a point deduction or disqualification, there must be multiple witness of such conduct and deem it unsportsmanlike. We cannot make a ruling based on hearsay alone.

★ Point review system

We will be using our new Point Review for cheer day at most of our championships (it will not be used for stunt or dance).

PLEASE NOTE – the point review system is not an excuse for not knowing your rules and cannot be blamed for rules that are missed at prior championships.

How AASCF Point Review System works:

1. Your team competes.
2. Directly after they have competed the coach heads to the Point Review Centre to pick up their safety and deductions sheets – strictly only one coach allowed at the Point Review Centre, please don't have multiple coaches approach the table as only one will be dealt with, the rest will be sent away.
3. Coach is then given a 15-30 minutes (this will vary) from when the safety and deductions sheets hit the table in the Point Review Centre to query anything they feel not to be correct; this is strictly timed so even 1 minute late you will not be able to contest your points.
4. In the case of finding something, coach then completes a "Deduction Assessment Form" which they acquire from the Point Review desk.
5. The point review expert will then assess the routine for the points being contested as per information provided on the form.
6. If the deduction was incorrect, the deducted points are removed, if the deduction was correct, coach will be completely satisfied by viewing the instant replay.

Safety & deduction judges have the hardest job of all as they have 2 ½ minutes to pick up errors, illegal skills, unsafe movements etc. With this in mind mistakes can be made, (often in the coaches favour when things are missed) as such we feel this new system will make it so much easier for the safety & deduction judges to do their job and will fully satisfy the coaches that we will do our very best to be fair to all.

★ Injury

1. The only people that may stop a routine for injury are: a) competition officials, b) the gym owner / head coach from the team performing or c) an injured individual.
2. The competition officials will determine if the team will be allowed to perform at a later time. If the competition officials allow a routine to be performed at a later time, the spot in the schedule where the re-performance is to take place is at the sole discretion of competition officials. The team may (pending the injury's impact on the routine) perform the routine again in its entirety, but will be evaluated ONLY from the point where the interruption occurred.
3. The injured participant that wishes to perform may not return to the competition floor unless the competition officials receive clearance from, first, the medical personnel attending to that participant, the parent/guardian (if present) AND THEN the head coach/advisor of the competing team.

★ Music problems

If there is a music issue for whatever reason, during your performance time, you must have your back up music on you and ready immediately. If you need to run up to the stands or out to the car – your team will miss out as we will not hold up the championship for your lack of organisation. Alternatively you will have to count your athletes through their routine – No exceptions. Have yourself or a designated music person ready and accessible to the sound desk for the entirety of each of your performances.

If a music problem is reported after the routine is completed it is too late and the team does not have the right to perform again.

★ Athletes wrist bands & athlete waivers

Coaches, you are to register your teams, but please make note of any of your team members are not wearing their wrist/ankle band or they will not be permitted to compete. The wrist bands will be checked in the warm-up room.

All athlete waivers must be submitted prior to the event. Your athletes will not be permitted to compete without having their waivers submitted. Please remember you don't need a new waiver for each competition, each athlete only needs one waiver presented to AASCF per year.

★ AASCF photography & dvds

We will be providing your clubs professional photos and professional videos for FREE – on 2 different discs, one with video files and one with images, FREE for EVERY competing athlete and coach.

★ Interruption of performance

A. If, in the opinion of the competition officials, a team's routine is interrupted because of failure of the competition equipment, facilities, or other factors attributable to the competition rather than the team, the team affected should stop the routine. The degree and effect of the interruption will be determined by competition officials, and the team will be allowed to present its routine from a place in the routine to be determined at the sole discretion of competition officials.

B. In the event a team's routine is interrupted because of failure of the team's own equipment, the team must either continue the routine or withdraw from the competition. The designated music person needs to be at the sound desk 2 items before your performance and **MUST** make themselves known to the audio operator.

C. In the event that an injury causes the team's routine to be interrupted, the team must either perform the routine again at a time allocated by the Head Judge or withdraw from the competition. Competition officials reserve the right to stop the routine if an injury occurs and have the sole discretion to determine where the routine will resume if the team is permitted to continue its performance.

★ Music instructions

. Please follow instructions below.

- You can play your music from iPod, iPad, any other music player or CD.
- Make sure your mobile phone is on Flight Mode.
- You must have only 1 track in your playlist. That means have separate playlists for each of your tracks. This is very important.
- Have the volume on your music player set to maximum.
- Have any casings off your iPod or iPad
- It will be your responsibility to press **play** and **stop** on your music player or CD.
- You must have music back-up on you at the sound desk, i.e. 1 x CD and 1 x iPod.
- Please make sure you have a designated person to play and stop your music – they cannot leave the sound desk until your routine is finished.
- Be ready waiting at the sound desk at least 2 items before yours and make yourself known to the audio operator.
- Then wait at designated seating until your item is next up on the program.

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- Music left at the sound desk will not be returned to you so please remember to take it with you when you are finished.
- If your music does not work and you have no form of back-up on you we will not wait for you to go and find back up music, and you will not be able to go again later in the day. Your team will either perform their routine to your counts or withdraw.
- If your designated music person is not at the sound desk ready for your routine we will not wait and you will not be able to go again later in the day. Your team will either perform their routine to your counts or withdraw.

★ Camera policy

All Videos and Photos of your team competing at the AASCF Championships are taken by our team of professional photographers/videographers and are FREE to every athlete and coach – a gift from us to you. PLEASE NOTE - strictly no flash photography; do not take photos or videos of any other teams other than your own and do not have your hands raised above your head taking photos or videos blocking other people's views.

★ Conduct

- Inappropriate dance moves will be subject to a violation.
- Inappropriate language or suggested language in music or by athletes, coaches or program owners will be subject to a deduction.
- Please support all teams during presentations, and in the situation of second place being announced, leaving your team as the only possible winner, please control your squad so as not to take away from the second place contenders moment.
- Unsportsmanlike, rude or disrespectful conduct by team members, coaches or supporters will be subject to a violation to your team.

★ Interpretations and Rulings

Any interpretation of any aspect of AASCF Rules and Regulations or any decision involving any other aspect of the competition will be rendered by the AASCF Competition Rules Committee. The AASCF Competition Rules Committee will render a judgment in an effort to insure that the competition proceeds in a manner consistent with the general spirit and goals of the competition. The Rules Committee consists of the Competition Director, Head Judge, and the AASCF Rules Head Judge. The Competition Director may appoint additional members to those listed above to be members of the AASCF Competition Rules Committee.

★ Finality of Decisions

By participating in this championship, each team agrees that the decisions by the judges will be final and will not be subject for review. Each team acknowledges the necessity for the judges to make prompt and fair decisions in this competition and each team therefore expressly waives any legal, equitable, administrative or procedural review of such decisions.

★ Sportsmanship

All participants agree to conduct themselves in a manner displaying good sportsmanship throughout and following the competition. The coach and/or gym owner of each team is responsible for seeing that team members, coaches, parents and any other persons affiliated with the team conduct themselves accordingly. Severe cases of unsportsmanlike conduct are grounds for disqualification.

★ Scores and Rankings

Individual judges score sheets are for the exclusive use of each particular judge. Each judge has the responsibility and authority to review and submit his or her final scores and rankings prior to the final tally of the scores for all teams. Scores and rankings will be available only to coaches or gym owners at the conclusion of the competition.

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★ Appearances, Endorsements and Publicity

All teams winning titles, awards or prizes agree to have all appearances, endorsements and publicity approved through the AASCF office.

★ Additional Information

We encourage and appreciate any questions or concerns you may have. Please send your questions, in writing, to the below address to expedite the response:

Australian All Star Cheerleading Federation
PO Box 7012 , Upper Ferntree Gully, Victoria, Australia 3156
Email: steve@aascf.com.au , rosemary@aascf.com.au & website www.aascf.com.au

ALL SECTIONS MUST FOLLOW THE USASF/IASF CHEER & DANCE GUIDELINES
www.usasf.net

GENERAL GUIDELINES

★ Scoring Process

Scores will be based on points per each Scoring Judge. These scores are transferred to the "Official Tally Average Score Sheet". The scores are taken to a percentage score of which the violation penalties are then deducted to arrive at the "Grand Total" score.

★ Routine Scoring Categories Breakdown

Please email us for the AASCF score card in order to fully understand the breakdown of your sections before you start choreography.

★ Technical Safety & Cheerleading Safety Spotters

- You must have proper training before attempting any skill.
- No team is permitted to stunt without a qualified coach equivalent to the level of skills they are practicing.
- Choose to perform only accomplished skills or your team will be subject to violations.
- In Cheerleading, you must have **Spotters** for all extended stunts apart from level 6. A spotter is a squad member. If you feel the need for an extra **Safety Spotter**, a person that may step onto the performing area during stunts to assist in the event of an unexpected fall. Safety Spotters that are not part of the routine **MUST** be dressed in black long pants and a black jersey and must not be wearing jewellery or watches etc. There should be **NO** verbal coaching by Safety Spotters during the routine. Any occurrence will be considered a violation and the team will incur a deduction. There will be a deduction to the team if the Safety Spotter does not adhere to these rules.

★ General & Safety Guidelines

Each General and Safety Guideline violation will be assessed and deducted accordingly.
All coaches are to read and study the IASF/USASF Guidelines as well as this package to make sure teams do not incur any of these violations. You can download these from www.usasf.net.

Jewellery and fingernails are deemed a SAFETY HAZARD, and as such every item of jewellery will cause an infraction on your team's scorecard. Plasters or adhesive tape covering jewelry and nails do not constitute a safety measure. All items of jewellery must be removed and nails cut short. There may be a jewellery & nail check in pre-holding.

★ Violations & Deductions

Cheer

General Rule Violations

These are found in the USASF/IASF Safety Rules document under the heading 'GENERAL SAFETY RULES AND ROUTINE REQUIREMENTS' as well as the AASCF Competition Package.

Anytime an athlete/team/club breaks any of the rules and regulations listed in this competition package or the IASF GENERAL SAFETY RULES AND ROUTINE REQUIREMENTS found in the USASF/IASF Safety Rules the team in question will be subject a General Rule Violation deduction if not otherwise specified. (Some cases may warrant disqualification).

Legality Violations

"All Cheer and Stunt routines must follow the 2014 IASF/USASF Level Rules and USASF Cheer Glossary. Clarifications and updates to these rules may be made throughout the season and can be found on www.usasfrules.net."

Anytime a team breaks a rule relevant to their competing level as listed in the IASF/USASF Level Rules or the USASF Cheer Glossary their team will receive a deduction.

Legality Violation deductions:

- * 6.0 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 2.0 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

At the All Star Battle series, any safety violation missed by the Safety Judges on Day 1 but performed again and confirmed to be illegal by the Safety Judges on Day 2 will result in a 1st day % deduction off of the Day 2 score. Before deduction is issued, Day 1 video must be reviewed to confirm safety violation on both days.

Bobbles & Falls

There are two types of Bobbles & Falls; those for Building (Stunts, Pyramids and Tosses) and those for Athletes (Tumbling and Jumps). The following is a list of what AASCF considers a Bobble and a Fall and the deduction it receives.

Building Bobbles

Examples:

- * Stunts and Pyramids that almost drop/fall, but are saved
- * Obvious incomplete twisting cradles (landing on stomach, etc.)
- * Knee or hand of base touching ground during cradle or dismount
- * Severe balance checks

Building Bobble Deductions:

- * 1.5 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 0.5 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

Building Falls

Examples:

- * Cradling, dismounting, or bringing down a stunt or pyramid early (not timing issues)
- * Base falling to the floor during a cradle or dismount

Building Fall Deductions:

- * 2.5 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 0.75 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

Major Building Falls

Examples:

- * Falls from individual stunt, pyramid, or tosses to the ground (top person lands on ground or multiple bases land on ground)

Major Building Fall Deductions:

- * 3.0 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 1.0 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

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Building Collapses

Examples:

* When multiple deductions are assessed during an individual stunt or toss (by a single group), or during a pyramid that if deducted separately would exceed more than the points allocated for a collapse.

Collapse Deductions:

- * 4.5 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 1.5 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

Athlete Bobbles

Examples:

- * Hands down in tumbling or jumps
- * Knees down in tumbling or jumps
- * Obvious incomplete tumbling twist(s)

Athlete Bobble Deductions:

- * 0.75 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 0.25 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

Athlete Falls

Examples:

- * Multiple body parts touch the floor in tumbling or jumps
- * Drops to the floor during individual skills (tumbling, jumps, etc.)

Athlete Fall Deductions:

- * 1.5 points for routines out of 300 points (Cheer Routines [excluding university divisions])
- * 0.5 points for routines out of 100 points (Stunt Routines + University Cheer Divisions)

Boundary Violations

Teams will be deducted points for exceeded the boundary of the performance surface. A deduction will be taken for each incident by each individual.

- * Both feet off the performance surface with at least 1 foot or other body part on the floor outside
- * Bottom or Thigh on the floor outside the performance surface
- * Torso on the floor outside the performance surface
- * 1.5 points for routines scored out of 300 points (Cheer Routines [excluding university divisions])
- * 0.5 points for routines scored out of 100 points (Stunt Routines + University Cheer Divisions)

Time Violations

Timing will begin with the first organised movement, voice or note of the music. Timing will end with the last note of the music, voice or organised movement.

The following deductions will apply to all routines that exceed the time limit.

Routines scored out of 300 points (Cheer Routines [excluding university divisions]):

- * 3-5 seconds - 1.5 points
- * 6-10 seconds - 4.5 points
- * 11+ seconds - 9 points

Routines scored out of 100 points (Stunt Routines + University Cheer Divisions):

- * 3-5 seconds - 0.5 points
- * 6-10 seconds - 1.5 points
- * 11+ seconds - 3 points

Safety Spotters

Safety Spotters should not touch, assist, or save skills being performed. They should only be used to prevent a fall to the competition floor. Any touch, assist, or saved skill will be given a major fall deduction. Safety Spotters not wearing all black and wearing jewellery will be subject to a General Rule Violation (for each routine) of 3 points for routines out of 300 points and 1 point for routines out of 100.

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Dance

General Rule Violations

These are found in the USASF/IASF Dance Rules document under the heading 'General Rules' as well as the AASCF Competition Package.

Anytime an athlete/team/club breaks any of the rules and regulations listed in this competition package or the General Rules found in the USASF Dance Rules the team in question will be subject a General Rule Violation deduction if not otherwise specified. (Some cases may warrant disqualification).

Legality Violations

All Dance routines should follow 2014 IASF/USASF Dance Rules. Dance doubles are to ignore the rule that routines must go for a minimum of 1 minute and 45 seconds and a maximum of 2 minutes and 30 seconds. The timing requirement for Dance Doubles can be found under the Dance Sections heading of the competition package.

Performance Errors

Judges may deduct for the following examples of performance errors:

- * Falling or stepping out of turns
- * Falling to floor during skill or dance move
- * Major stumble in skill, dance move or transition
- * Dropping a pom/prop (not part of intended choreography)
- * Costume problems
- * Major timing errors
- * Forgetting choreography

Boundary Violations

Teams will be deducted points for exceeded the boundary of the performance surface. A deduction will be taken for each incident by each individual.

- * Both feet off the performance surface with at least 1 foot or other body part on the floor outside
- * Bottom or Thigh on the floor outside the performance surface
- * Torso on the floor outside the performance surface
- * 0.5 points

Time Violations

Timing will begin with the first organised movement, voice or note of the music. Timing will end with the last note of the music, voice or organised movement.

The following deductions will apply to all routines that exceed the time limit. Note: Dance routines [excluding dance doubles] have a minimum time limit of 1 min and 45 seconds which will also be subject to a deduction if the time of the routine does not reach this minimum.

Dance routines (excluding Dance Doubles):

Overtime

- * 3-5 seconds - 0.5 points
- * 6-10 seconds - 1.5 points
- * 11+ seconds - 3 points

Undertime

- * 3+ seconds - 0.5 points

Dance Doubles

- * 3-5 seconds - 0.5 points
- * 6-10 seconds - 1.5 points
- * 11+ seconds - 3 points

Acknowledging the potential variance caused by human reaction speed and sound system time variations, judges will not issue a deduction until their stopwatches show a time at least 3 seconds over the limit (or 3 seconds under in the case of Dance [excluding dance doubles])

ATHLETE BEHAVIOUR

1. Athletes of teams are expected to exhibit the utmost of sportsmanship, respect and support throughout the entire event.
There are increasing concerns that a high standard of “decorum” is not being followed consistently by all teams in the performance venue at performance time, and also by some gym members/fans viewing the routine.
 - A. When teams are introduced, they are expected to take the floor within a 30 second window and assume the starting position for their routine. At the conclusion of the routine, competitors are expected to exit the performance floor immediately, again within a 30 second window of time.
 - B. From the time the team is announced the protocol to entering and leaving the competition floor is expected to reflect a “team” environment.
 - C. Actions that exhibit excessive boasting, a delay in competition, poor sportsmanship, unprofessional behavior, etc. may be penalised for by event judges. These actions may include, but are not limited to, things such as:
 - i. Taunting another team. Taunting may be defined as the use of baiting or taunting acts of words that engender ill will between teams.
 - ii. An athlete calling unnecessary attention to her/himself (i.e. high 5’s, chest bumps, etc.)
 - iii. Excessive pre or post competition team rituals (team bonding traditions must take place behind the stage area.)
 - iv. Displays of public affection.
 - v. Running the perimeter of the performance floor (like a “victory” lap.)
 - vi. Stepping outside of the floor bounds to approach coaching staff, crowd members and/or other members of the audience.
 - vii. Excessive celebration i.e. athletes wrapping their legs around coaches and/or each other, victory dances, etc. Any prolonged, excessive, or premeditated celebration by individual athletes or a group of athletes while on the competition floor.
 - viii. Coaching staff, parents, fans and/or other members of the performing gym taking the performance floor before, during or after a performance (unless in direct response to an obvious athlete injury). The only people allowed on the performance floor are the competitors and competition personnel.
 - ix. Athletes collapsing to the floor following a performance when an injury does not seem apparent.
2. It will be assumed that any athlete who is not able to maintain a standing position is in need of medical attention and will be treated as such.
3. Teams will be assessed a 2.0, 4.0 or 6.0 point penalty for exhibiting unsportsmanlike, unprofessional, disrespectful and/or unsupportive behavior. The amount of the penalty will be determined by the competition officials.

IMAGE POLICY

Judges reserve the right to assess warnings and/or deductions when a team's choreography, uniform, make up, bows etc. do not meet the standards of 'appropriate' as described in this policy.

★ APPROPRIATE CHOREOGRAPHY

APPROPRIATE CHOREOGRAPHY goes into effect with the 2013 season.

All facets of a performance/routine, including both choreography and music selection, should be appropriate and suitable for family viewing and listening.

Examples of inappropriate choreography may include, but are not limited to, movements such as hip thrusting and inappropriate touching, gestures, hand/arm movements and signals, slapping, positioning of body parts and positioning to one another. Music or words unsuitable for family listening, which includes, but is not limited, to swearwords and connotations of any type of sexual act or behavior, drugs, explicit mention of specific parts of the body torso, and/or violent acts or behavior are other examples of inappropriate choreography. Removing improper language or words from a song and replacing with sound effects or other words may still constitute 'inappropriate.'

Music or movement in which the appropriateness is questionable or with which uncertainty exists should be assumed by the coach to be inappropriate and removed as to not put their team in an unfortunate situation.

★ APPROPRIATE UNIFORM

APPROPRIATE UNIFORM goes into effect with the 2015 season.

General Uniform Guidelines

No risqué, sexually provocative or lingerie looking or inspired uniform or garments allowed. All uniform pieces should adequately cover an athlete and must be secured to eliminate any possible wardrobe malfunction. Appropriate undergarments must be worn.

In addition to the below specific guidelines, athletes must also consider that a combination of uniform pieces may also deem a uniform appropriate or inappropriate.

Uniform Skirts/Shorts Guidelines

When a skirt is worn as part of the uniform, briefs under the skirt are required. The skirt must fully cover the hips. The skirt must completely cover the briefs and must fall at least 1 inch below briefs (regular and boy cut briefs). When shorts are worn as part of the uniform, there must be a minimum of a 2" inseam.

Uniform Top Guidelines

Uniform tops may not include an exposed midriff except for Teens and above which may have a maximum of 10" between the skirt/short top and the uniform top bottom. Uniform tops must be secured by straps or material over at least one shoulder or around the neck (tube tops are not allowed).

★ COVER UP GUIDELINES

This requirement begins with the 2013 season.

Athletes with non-full top uniforms must wear a t-shirt or other suitable cover up over their uniforms unless they are in the warm-up area, travelling as a group directly to or from the warm up area, or on the performance stage.

★ MAKEUP AND OTHER

MAKE UP AND OTHER goes into effect with the 2013 season, but will not be enforceable by deduction until the 2014 season.

Makeup

Makeup should be uniform and appropriate for both the performance and the age of the athletes.

Face/Eyelid Rhinestones are not allowed. False eyelashes are allowed but may not be decorated in rhinestones or additional jewelry.

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Bows

Bows should not be excessive in size (acceptable bows are generally no more than 3 in/7.5 cm in width) and shouldn't be a distraction to the performance. Bows should be worn in a manner to minimise risk for the participants, should be adequately secured and should not fall over the forehead into the participants' eyes or block the view of the participant while performing.

Judges reserve the right to assess warnings and/or deductions when a team's choreography, uniform, make up, bows etc. do not meet the standards of 'appropriate' as described in this policy.

CHEER & DANCE ENTRY CONDITIONS AND ETIQUETTES

CONDITIONS OF ENTRY:

1. Minimum of 5 people to a cheer squad & 4 people to a dance team.
2. All competitors must fill out the official waivers & signed by self if over 18 or a parent or guardian.
3. All competitors must carry some sort of identification (i.e. Birth certificate, school id or licence).
4. Any team proven to be in violation of the age restrictions will be automatically disqualified from the event.
5. Substitutions may be made in the event of any injury or other serious circumstance. Substitutes must also abide by the age restrictions in all divisions and must have all paperwork completed before they can compete.
6. Disqualification of your squad WILL occur if an athlete's age. D.O.B is not correct on entry or membership forms and is competing in the incorrect age group.
7. There is an 80% refund 6 weeks before then strictly no refunds from 6 weeks leading up to the championship. In the case of individual withdrawals supported by a medical certificate, refunds will be given minus an administrative fee of 25%.
8. If entries are low in a section we will combine entries but strictly only with-in the allocated age group &/or level.
9. Crossovers of participants between level 5 or level 6 teams are NOT permitted. Crossover between lower levels is permitted at your own risk as the championship will not wait for athletes.
10. AASCF requires all cheer team coaches to be credentialed to the equivalent level of their squad with qualifications that are internationally recognised.
11. The same routine cannot be entered twice (i.e. in two different sections).
12. Each team is to compete only once per section.
13. Each athlete is only to compete once per section.
14. All competitors perform at own risk.
15. You must notify the AASCF of any changes to entries prior to the start of the competition. Please **block print** all information and make copies for your own records. **Failing to do this could end in disqualification.**
16. No changes can be made to your entries after 4 weeks before the event date! If you have changes after these 4 weeks, there will be a \$40 fee per change. I.e. Small to Large, Regular to Novice, Youth to Junior etc. This fee will not occur if it is a mistake entered by AASCF.
17. Only competitors and credentialed cheer coaches to the level of the squad are allowed in the back warm-up area on cheer and stunt days.
18. Teams please be dressed in the appropriate uniform/costume when collecting prizes.
19. Carry over Worlds Bid winning teams cannot use their bid winning athletes in order to win a bid in a different section the following year. The athletes must honour the bid they have already won first.
20. Worlds Bid team entrants at Nationals must follow the stated team sizes in order to win the bid; if the team is larger it will be moved out of the Worlds bid category.
21. You will be charged a \$40 administration fee if you do not use the official Entry Forms paperwork.

FINAL IMPORTANT ETIQUETTES

- Please have your athletes come to the championship in at least partial uniform and all hair and make-up done. Your athletes will need to keep their bags with them at all times apart from during their scheduled warm-up and performance time of which they will be kept in the warm-up room to be collected immediately after they have performed.
- As per AASCF and IASF/USASF rules - COVER UP GUIDELINES - Athletes with non-full top uniforms must wear a t-shirt or other suitable cover up over their uniforms unless they are in the warm-up area, travelling as a group directly to or from the warm up area, or on the performance stage.
- Please do not practice any of your stunting skills anywhere apart from the designated matted stunting area in your designated warm-up time. Doing this may end up in a **disqualification of your team**. We pride ourselves in growing our sport safely.
- If any of your team members are running late, we STRICTLY will not wait for them and will not re-arrange the running order for late arrivals – under any circumstance.

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- Please remind athletes and family and friends to stay seated during performances.
- Please keep your bags on you at all times.
- Please take any concerns on the day to AASCF Event Manager, Kerry Perry, not the MC or the judges.
- All teams must be supervised during all official functions by a director/coach.
- All participants agree to conduct themselves in a manner displaying good sportsmanship throughout the event. The advisor and/or captain of each team is responsible for seeing that team members, coaches, parents, and any other person affiliated with the team conduct themselves accordingly. Severe demonstrations of unsportsmanlike conduct are grounds for disqualification as explained in these rules.
- All teams, gyms, coaches and advisors should have an emergency response plan in the event of an injury and know where first aid is at each competition (there will be paramedics side stage to the competition floor and also in the warm up room).
- Please report any individuals at our Championships immediately that is trying to sell to you, i.e. camps, clinics, competitions etc. as we have not endorsed any company to do this at our Championships. In any instance of this please let us know immediately, as we will remove them from the premises.
- Please report any individuals that are trying to poach athletes also as we do not permit this at our championships, they will also be immediately removed from the venue. This includes athletes, parents and friends. We like to encourage great sportsmanship at our championships.

GOOD LUCK AND HAVE FUN WITH YOUR CHEER & DANCING

