



2012-2013

Buck Hill Ski Racing Team Update

Another ski season is almost upon us! Hopefully, everyone's in good health, and ready to start! The staff is anxious to maintain the level of excellence that enabled the team to be awarded the *2008 Ski Team of the Year*. The team is proud of the Award and is determined to build on the recognition with more success in the upcoming year. We've included important information for the 2012/2013 ski season in this packet. If you have further questions after reviewing this information, or if you're a new member unfamiliar with the program, we encourage you to call Erich Sailer, *Program Director*, Colby Lund, *Assistant Program Director*, or Tasha McCrank, *Head Coach/Club Administrator*. (See Contact Information on Page 8)

Buck Hill Ski Racing Team Objectives

1. Provide a structured program so that each individual athlete can reach his or her own potential.
2. Provide the opportunity to grow physically and emotionally as young men and women.
3. Upgrade ski racing in our community, our division and on our hill, and put racers on the US Ski Team.
4. Provide the best coaching possible and still not discriminate against the less privileged. In fact, the team is a non-profit undertaking for the Buck Hill Ski Area.
5. Provide all this for the racers while they are still able to live at home, with the guidance of parents and without the need to change schools.
6. Keep our racers' futures and education in mind. We will work with universities and colleges to give our racers the opportunity of a ski scholarship.

The Team and the Club

Buck Hill, Inc. and the Buck Hill Ski Racing Club are two different entities. **Buck Hill, Inc.** owns the ski area, pays the coaching staff payroll and handles the bookkeeping for the Racing Team. The **Buck Hill Ski Racing Club** is a 501 (c) non-profit organization that consists of all parents and other people interested in helping our young athletes. The Club raises money to bring the program to its very best level. This is only possible if we have coaches at the FIS races with our top racers, who will then return to Buck Hill with lower points and a higher level of performance. This benefits every young member of our team. The Club also provides money to support out-of-division expenses such as car rental, airline tickets, hotels and special equipment needs. These expenses far exceed the fees paid by team members. All of this, along with hill improvements, gates, radios and equipment upkeep requires between \$50,000 and \$60,000 per year. In the past few years, fundraising also enabled us to build a new starting ramp at the top of the training hill.

Dryland Training

Regular training will start on Saturday, October 6, at 9:00 am at Buck Hill. At this time, we'll have a short Orientation Meeting for parents and racers. The workout will end at 11:00 am that day. Dryland practice will start on October 6 and will end around Thanksgiving, followed by training on snow as soon as possible. We'll start with our midweek workouts at the Bloomington Kennedy High School the week of October 8, 2012. Exact days and times and location for midweek dryland training will be announced at the Orientation Meeting on October 6, 2012.

USSA Fees

Application forms for US Ski Association membership will be available at an Orientation Meeting to be held on October 6, 2012. Racers entering FIS races must pay the fee for the FIS Blue Book and reserve listing ASAP. Tasha McCrank, *Head Coach*, has all pertinent USSA/FIS forms. Contact her at (612) 963-8310 or by e-mail at info@beashininglight.org.

Buck Hill Season Pass

The Buck Hill Ski Racing Team Fees as outlined on the Registration Form on Page 9 do not include a Buck Hill Season Pass. All Team members must purchase a Season Pass. Season Passes go on sale in August each year at a discounted price. Be sure to visit www.buckhill.com to take advantage of the discounted prices.

Buck Hill Ski Racing Club Fees

All members of the Buck Hill Ski Racing Team must also be a member of the Buck Hill Ski Racing Club, and pay the Club Dues as outlined on Page 8.

Fall Camps

The Ski Racing Club is currently looking into conducting two one-week fall camps in Winter Park Colorado this year. For more details, call Erich at (952) 431-4477. The camps are scheduled to take place on Nov. 18 through Nov. 23, 2012 and Nov. 25 through Nov. 30, 2012. Brochures for these 2 camps will be mailed out in late August.

Christmas Camp

The Christmas Camp will be held at Buck Hill from December 26 through December 31. Each day's practice will begin at 9:30 am. This fabulous training opportunity is included in the team fees. There is also limited enrollment available for non-team members for a fee.

Practice Schedules

The routine practice schedule during the season is as follows:

Monday	5:00pm to 7:00pm & 7:00 pm to 9:00 pm
Tuesday & Wednesday	7:00 pm to 9:00 pm
Thursday	5:00 pm to 7:00 pm
Saturday	9:00 am to 3:00 pm

Each practice will offer slalom and/or giant slalom training. The practice schedule may change due to weather or other developments. The Team often will also hold an optional practice on Wednesdays from 4:00 pm to 6:00 pm at Welch Village. These practices will not start until after the New Year. The Team also anticipates 1 or 2 training sessions at Mt. LaCrosse during the season. These opportunities typically precede a race that is scheduled at Mt. LaCrosse, and will be held on Thursday & Friday of the same week. *Racers should consult the Website or the Bulletin Board in the club room at the ski area for up-to-date information.*

Out-of-Division Racing

A portion of the club's fundraising goes toward paying for expenses incurred in traveling to and entering out-of-division races for FIS level racers, as well as many Smartwool Races for J3 level racers in Colorado, and several races for J4 and J5 level racers. Participation in these races requires planning ahead. There are very specific rules that must be followed in order to be eligible to participate in out-of-division races. We will closely review the out-of-division opportunities and we'll meet with anyone interested in racing out-of-division this season. The meetings will likely take the place with Erich Sailer, Colby Lund or Tasha McCrank in late October. Anyone interested in participating in the meetings should contact Tasha McCrank in September or early October.

In-Division Racing

The schedule for all races within the division will be published in the Region 1 literature. Coaches will be in attendance at each race within the Region as well as selected division races (Mid-Am's, Age Class Championships, etc.)

Ski Equipment

All members of the Buck Hill Ski Racing Team receive a 15% discount at Pierce Skate & Ski. Additionally, ski equipment ordered in the fall "flex session" can be ordered at even further discounted prices. Bart and Terry Pierce have been strong supporters of the Buck Hill team for many years. Bart and his staff are very knowledgeable and are a good source for all your equipment needs. Call the shop at (952) 884-1990 with any questions or to arrange for an appointment.

Fundraisers

Ski & Snowboard Sale

This year, the sale will be held at Buck Hill from September 28 through September 30. This is an important fundraiser for the Club, and we need all racers and parents to participate in order to make it a success. Proceeds from this fund raiser will benefit every racer directly or indirectly. It is essential to have this ski swap for our total program, which competes with Ski Academies in the mountains. The Chairmen of this year's swap are Tony Steel & Dan Donovan. They will be calling you for your help. Please volunteer your services.

The Chuck Stone Memorial USSA Invitational Slalom Race

The 38th Annual Buck Hill Invitational (the Charles W. Stone Memorial Ski Race) will be held at Buck Hill on December 23rd, 2012. The invitational has a long tradition of hosting the best USSA slalom race in CUSSA and depends strongly on club member's support. For the 7th year Dave Tengdin will be our race chair. For information or ways to support this great race event please contact Dave Tengdin.

Coaching Staff



Erich Sailer, *Program Director*

Erich was born and raised in Austria. A former Austrian National Class racer, he placed in the top three in the National Championships and in the top ten in what are now World Cup Races. As a pro racer, Erich placed several times in the top 10 at the Pro World Championships. Erich is a US Ski Coaches Association Level IV Master Coach and is a fully certified ski instructor and former ski examiner. Erich has coached more than 15,000 young racers in the United States. Erich has also run the Erich Sailer Ski Racing Camps in Colorado, Oregon and Austria for the past 20 years. Some of his protégés have won Olympic medals, National championships, college and Junior Olympic titles. Erich has coached many National team members. Erich has been named “USSA Domestic Coach of the Year,” and has also been named “USSA Development Coach of the Year” 3 times. In 2006, Erich was inducted into the U.S. National Ski Hall of Fame.



Colby Lund, *Assistant Program Director*

Colby was a member of the Central Division A Team, as well as a member of the University of Colorado Ski Team. Colby has over 32 years in coaching experience, and is a certified Level I Coach. Colby is also an attorney in private practice in Minneapolis.



Tasha Nelson, *Head Coach*

Tasha returns to Buck Hill where she was a member of the Team for 8 years. Tasha is a former US Ski Team member (7 years) and a 2-time Olympian, representing the United States in Alpine Skiing. She was also a member of the 1999 US World Championship Ski Team. Tasha is proof that you can make it to the top of the sport from Buck Hill. Tasha returns to our coaching staff at Buck Hill this year as the head coach.



Brad Kastner, *Age Class Director*

Brad was a member of the Junior National Team, as well as a member of the Central Division A Team. Brad won 2 FIS races and many Age Group titles. Brad has over 25 years coaching experience and returns to the team as the head Age Class coach.



Uros Pavlovic, *FIS Coach*

Uros Pavlovic was a member of the Slovenian National team from 1987-1994 and then from 1999-2003. Especially in the last four years with the Slovenian Team he had many outstanding accomplishments. Those include 8 top 15 finishes in the World Cup races. He represented Slovenia at the World Championships in 2001 in St. Anton and Winter Olympic Games in Salt Lake City 2002, finished third at the World Cup race in Kranjska Gora, and had three times the fastest second run time at the World Cup races.

Coaching Staff (continued)

Uros Pavlovic, *FIS Coach (continued)*

From 1995-1999 Uros was a student athlete at Sierra Nevada College. During his college years in the United States he competed at domestic competition against the U.S. Ski Team members many times. He earned three medals at the U.S. National Championships, won giant slalom at World University Games in Korea, was United States Collegiate Ski Association individual champion all 4 years, and had four victories at Continental Cup events.



Pat Abbe, *Coach*

Pat is a former Buck Hill Ski team member who will be joining the coaching staff for his 10th season this year. Pat is a former Captain of the team, and was a regular Mid-Am skier and qualifier for the Junior Olympics.



Martina Sailer, *Coach*

Martina returns to the Buck Hill Team where her ski racing career began. Martina is a former US Ski Team member and more recently was a member of the NCAA National Champion *Denver Pioneers*. Martina will be returning to coach her 11th season at Buck Hill this year. Martina also is an attorney working for Honeywell Corporation in Minneapolis.



Maria Schilling, *Coach*

Maria is a graduate of St. Olaf College and received a teaching degree. Maria teaches physical education at Bloomington Jefferson High School, specializing in Exercise Science. Maria was a top-ranked skier in both the Central Division and Collegiate National levels. Maria has 17 years of coaching experience, and is in charge of our Dryland training program.



Jacob Olsen, *Coach*

Jacob will be returning to Buck Hill for his 7th year of coaching with the team. Jacob is a graduate of St. Olaf, where he skied for the St. Olaf team. Jacob was a member of Team Central while racing as a junior. He has worked with all age groups since joining the Buck Hill coaching staff. Jacob has been a regular coach at Erich Sailer's Summer Ski Camps.



Hilary Lund, *Coach*

Hilary is a former Buck Hill Ski Team Member where she was a member of the Central Development Team. She returns to Buck Hill from Colorado where she skied for the University of Colorado. Hilary coached for Lake Eldora Ski Team after graduating from CU while working as a writer for Ski Racing Magazine. Hilary returns to Buck Hill as a 5th year Coach.

Coaching Staff (continued)



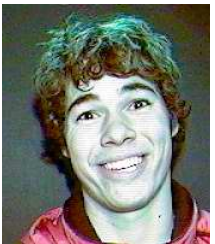
John Peterson, *Coach*

John Peterson is also a former Buck Hill team member. John returns as a 6th year coach focusing largely on J3-J5. John is also training to become a fireman in the Twin Cities.



Connor Lund, *Coach*

Connor joins the Buck Hill coaching staff as a recent St. Olaf graduate where he was a two time All America Captain of the Ski Team. This will be Connor's 4th year coaching at Buck Hill. Connor is the former Captain of the Buck Hill Ski Team where he was a regular top mid am skier.



Robbie Massie, *Coach*

Robbie joins the Buck Hill coaching staff this season. Robbie is a former Buck Hill Ski Team member who was a top Central Division skier & Team Central member. He skied for Montana State University from 2003 to 2007. Robbie has coached for Steamboat Springs Winter Sports Club & Bridger Ski Foundation. He is a Level 2-certified ski racing coach as well as a PSIA-certified ski instructor. This will be Robbie's 1st year coaching at Buck Hill.

Miscellaneous Items

1. If there is a need for disciplining a racer, the Head Coach will inform the parents.
2. It is expected of each racer to keep his/her emotions under control at all times, to conduct themselves as good sports on and off the hill, and to represent the Buck Hill Racing Team and themselves appropriately at all races.
3. Prospective racers must be able to ride a high-speed rope tow.
4. At least two of our coaches will be at each race within the division.

Latest Accomplishments

1. Lindsey Vonn was a Buck Hill Team member for a number of years until she moved to Colorado as a J3. Lindsey was a Gold and Bronze medal winner at the 2012 Olympics held in Vancouver, British Columbia. She has been on the National Team for 11 years and a two time Olympian. Lindsey won 2 silver medals at the 2007 World Championships, two gold medals in the 2009 World Championship, and a silver medal in the 2011 World Championships. She won the overall World Cup title in 2009, 2010 & 2012. Lindsey is coming off an historic year where she won the World Cup downhill Super-G titles, and she has now won more World Cup races than any other American woman!

Latest Accomplishments, (continued)

2. Tasha McCrank, a former 8- year member of the Buck Hill Team, was a regular member of the US World Cup team over the past five years. She was on the US Ski Team for 7 years. Tasha represented the United States in Nagano, Japan in 1998, as well as Salt Lake City, USA in 2002, and was a member of the 1999 US World Championship Team. Tasha retired from ski racing following the 2002 Winter Olympics.
3. Sterling Grant was a member of the U.S. Ski Team from 2006-2011. She was the NCAA Slalom Champion in 2010. Sterling won the 2006 and 2011 Nor-AM slalom titles and raced in many World Cup races! Sterling was a member of the 2007 U.S. World Junior team.
4. Michael Ankeny was named to the U.S. Development Team in 2008. He is a U.S. Junior National Slalom Champion and a member of the 2011 U.S. World Junior Team. Michael was 3rd in last year's National Slalom race at Winter Park. Michael continues to strive toward his ski racing goals as a member of the U.S. Ski Team while attending Dartmouth College.
5. Ryan Wilson was named to the U.S. Development Team in 2011. Ryan elected to accept a scholarship from the University of Utah where he skis as a key member of Utah's Ski Team.
6. Matthew Strand is the latest Buck Hill Ski team member to be named to the U.S. Development Team. Matthew will remain a Buck Hill Ski Team member during the 2011/2012 season as he pursues his dream to be World Champion.
7. Kristina Koznick has regularly placed in the top ten overall World Cup Slalom standings since 1997. Kristina has five World Cup wins to her credit! She had her best year in 2001-2002, finishing 2nd overall in the World Cup Slalom rankings. She's also a four-time US National Championship Slalom champion! Kristina skied in the Olympics in 1998, 2002, and 2006, and was a member of the World Championship Team in 1997, 1999 and 2001. Kristina retired from ski racing following the 2006 Olympics as one of our country's most successful ski racers.
8. In the 2011 season, over twenty Buck Hill racers qualified for various Junior Olympics! This was a dominant force in championship races at all levels.

Past Accomplishments

Over the years, dozens of college scholarships have been awarded to Buck Hill Ski racers to major colleges and universities in the United States. Hundreds of local and national races have been won by Buck Hill racers. At the Junior Olympics and previous Junior Nationals, a total of 68 gold medals, 47 silver medals, and 32 bronze medals have been won by our racers. Cory Carlson, Lori Greeley, Susan Holes, Mike Meleski, Biere Marceau, Joe Levins, Tim Hanson, Kristina Koznick, Martina Sailer, Tasha McCrank, Lindsey Vonn, Sterling Grant, Michael Ankeny and Matthew Strand were or currently are on the US Ski Team. Over 100 FIS races were won by Buck Hill team members over the last 30 years.

The success of the team over the years is due in large part to the efforts of the Program Director, Erich Sailer. There is no one better in the country at developing junior ski racers. Buck Hill was recognized as the Ski Team of the Year by USSA in 2008. The system that Erich has installed over the years is also very important. Each coach with the team has participated and benefited from this system as a junior racer. The coaches know the system well, believe in the system and are dedicated to giving something back to the sport of ski racing. In recognition of Erich's dedication, he was inducted into the U.S. National Ski Hall of Fame in 2006. Congratulations, Erich!

Contact information and important dates for the 2012/2013 season

Program Contacts:

Erich Sailer, *Program Director* (952) 431-4477
Colby Lund, *Assistant Program Director* (952) 926-8659
Tasha Nelson, *Head Coach & Club Administrator*..... (612) 963-8310
Ski Area phone number (952) 435-7174
Ski Club website www.buckhillskiracingteam.com
Ski Area website www.buckhill.com

Program Dates:

Ski & Snowboard Swap fundraiser September 28—September 30, 2012
Orientation Meeting, current & prospective members 9:00 am on October 6, 2012
Dryland Training starts (exact dates & times to follow) 9:00 am October 6, 2012
Fall Camp #1 @ Winter Park November 18 —November 23, 2012
Fall Camp #2 @ Winter Park November 25—November 30, 2012
Charles W. Stone Memorial Ski Race December 23, 2012
Christmas Camp @ Buck Hill December 26—31, 2012

On-snow Practice (Once snow permits):

Mondays 5:00pm to 7:00pm & 7:00 pm to 9:00 pm
Tuesdays & Wednesdays 7:00 pm to 9:00 pm
Thursdays 5:00 pm to 7:00 pm
Saturdays 9:00 am to 3:00 pm

Buck Hill Ski Racing Club Membership

- The Buck Hill Ski Racing Club is the fund-raising arm of the Buck Hill Ski Racing Team. The Club provides funding for supplemental activities not covered by the Ski Team fees.
- Buck Hill Ski Racing Club Dues are \$300 per family (there will be no raffle this year).
- **Club Dues are due by October 31, 2012.** (Price will increase \$100 after October 31st.)
- Register for the Buck Hill Ski Racing Club online. Visit www.buckhillskiracingteam.com for details. (The online registration is for Club Dues only, Team fees and registration must be filled out below.)

Racer Registration & Information

Take advantage of the discount offered if payment in full is made by October 31st, 2012.

Sign and return attached *Release of Liability* form (on the back of this page) along with registration form

Mail this form and payment to: **Buck Hill CUSSA Registration, 15400 Buck Hill Rd, Burnsville, MN 55306**

You can also fax the form to (952) 435-7511, or e-mail it to ski@buckhill.com

Family Last Name _____ Home Phone (_____) _____

Mailing Address _____

City _____ State _____ Zip Code _____

Racer 1 Name _____ Date of Birth _____ Age on 12/31/12 _____

Racer 2 Name _____ Date of Birth _____ Age on 12/31/12 _____

Racer 3 Name _____ Date of Birth _____ Age on 12/31/12 _____

Racer 4 Name _____ Date of Birth _____ Age on 12/31/12 _____

Racer 5 Name _____ Date of Birth _____ Age on 12/31/12 _____

Racer Fees Only* (Does not include a Season Pass or Club Dues, which must be paid for separately)

	Paid by 10/31/12	Paid after 10/31/12	Quantity	Amount enclosed
U12 racers (11 & under)	\$1,095.00	\$1,245.00	_____	_____
U14 racers (ages 12 & 13)	1,650.00	1,800.00	_____	_____
U16 racers (ages 14 & 15)	1,900.00	2,050.00	_____	_____
U18 racers (ages 16 & up)	2,000.00	2,150.00	_____	_____
Training Only (Non-USSA skiers)	975.00	975.00	_____	_____

* All Training Only registrations are subject to approval based on eligibility.

* All racers must purchase a Season Pass each season. Visit www.buckhill.com for details.

* **Payment of Racer Fees is due by October 31st in order to receive the above discount.**

* All Racers are required to be members of the Buck Hill Ski Racing Club (see Page 9). Doesn't apply to "Training Only" racers

Information to go into the annual Ski Team Roster:

Mother's Name _____ Father's Name _____

Home Phone _____ Home Phone _____

Work Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____

e-mail _____ e-mail _____

Please have all racers & a parent or guardian sign the Assumption of Risks and Release of Liability page on back of this form (page 12).

Enclose Credit Card number or a check made payable to: **Buck Hill, Inc.**

Payment: MC/Visa Discover American Express Check (Check # _____)

Credit Card # _____ Exp. Date _____ CVV2# _____

(3-digit number located on back of (or 4-digit code located on front for American Express) card

Cardholder Name _____ Signature _____

Assumption of Risks and Release of Liability

Sign and return form (one per racer) along with Racer Registration.

Mail to: **Buck Hill CUSSA Registration, 15400 Buck Hill Rd, Burnsville, MN 55306**

1. Inherent Risks of Injury: The sports of Alpine Skiing or Snowboarding and their related competitions and training will cause the participant to encounter inherent risks and hazards that may result in serious injury or death. These risks and hazards include natural and man-made objects, ice, uneven terrain, bare spots, ungroomed trails, towers, padded and unpadded posts, obstacles, bumps, moguls, loading and unloading areas, jumps, halfpipes, other skiers or snowboarders, snowmaking equipment, sign posts, changing weather conditions, and other risks and hazards.
2. Assumption of Risks and Release of Liability: I acknowledge for myself and/or for my minor child that I understand, agree and accept the inherent risks, hazards and dangers associated with the sports of Alpine Skiing or Snowboarding and their related competitions and training, and I understand that my participation and/or that of my minor child may result in serious injury or death. I hereby release Buck Hill Inc and Buck Hill Ski Racing Club for myself and/or my minor child from any and all liability for personal injury as a result of participating in the sports of Alpine Skiing or Snowboarding and their related competitions and training. This release includes a release of all negligent acts of Buck Hill Inc or Buck Hill Ski Racing Club and any of their employees, agents, and all persons associated with them. This Assumption of Risk and Release of Liability is given in return for the privilege of using the facilities and premises of Buck Hill Inc, which is agreed to be adequate consideration.
3. Hold Harmless and Indemnification Agreement: Each parent or guardian signing this agreement on behalf of any minor child in his/her charge agrees to indemnify and hold harmless Buck Hill Inc and Buck Hill Ski Racing Club for any claims made or damages awarded against Buck Hill Inc or Buck Hill Ski Racing Club in favor of the minor child, including attorney’s fees and costs relating to the claims asserted by the minor child.
4. Purchase or use of an admission ticket or Season Pass constitutes your consent for Buck Hill, Inc. to use your image in pictures or films resulting from commercial photography and filming activities conducted at Buck Hill, Inc.

I have carefully read this agreement, understand it, and voluntarily sign it. I acknowledge it to be legally binding on myself and my heirs. In signing for a minor child, I represent that I have the authority to do so.

Date

Date

Racer 1’s Printed Name & Signature

Parent/Guardian’s Name
(If participant is under 18 years old)

Racer 2’s Printed Name & Signature

Racer 3’s Printed Name & Signature

Parent/Guardian’s Signature

Racer 4’s Printed Name & Signature

Racer 5’s Printed Name & Signature