

Bibliotherapy Works from Gill Library  
The College of New Rochelle

Gill Library has accepted a gift of fiction and non-fiction juvenile literature from the personal collection of Dr. Richard E. Ellis Ed.D., Associate Professor Emeritus of Applied Psychology at New York University. These sensitive writings convey the emotional responses to grief and bereavement in children and young adults who are faced with loss, illness, dying and death of a pet, friend or family member. This collection of books and pamphlets are listed in our catalog.

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Balter, Lawrence. A Funeral for Whiskers : Understanding Death. New York : Barron's, 1991.

Sandy is very sad and upset when her cat Whiskers dies, but her parents help her understand and accept the loss.

Blackburn, Lynn Bennett. Timothy Duck : The Story of the Death of a Friend. Omaha, NE : Centering Corp., 1987. 24 p.

Timothy Duck experiences grief when his friend John, a little boy, dies. Timothy works through the grief process & learns to cope with his emotions about death.

Boulden, Jim. Saying Goodbye : Activity Book. Santa Rosa, CA. 1989. 32 p.

Coloring book. Children, and Death.

Brown, Cathy. Bouncy Bunny's Birthday: A Family Story about Bravery. Colchester, Vermont: Creative Expressions, 1985. 34 p.

This book is designed to provide an aid to adults who find themselves raising or working with young children facing chronic illness, even death. Psychological aspects of sick children, terminally ill children, diseases, and treatment.

Carrick, Carol. The Accident. New York : Seabury Press, 1976. 32 p.

After his dog is hit by a truck and killed, Christopher must deal with his own feelings of depression and guilt.

Clifton, Lucille. Everett Anderson's Goodbye. New York : Henry Holt, 1988, 1983. 28 p.

Grief, fathers and sons, fathers and psychological aspects.

Cohn, Janice. I Had a Friend Named Peter : Talking to Children about the Death of a Friend. New York : W. Morrow, 1987. 32 p.

When Betsy learns about the death of a friend, her parents and kindergarten teacher answer questions about dying, funerals, and the burial process.

De Paola, Tomie. Nana Upstairs & Nana Downstairs. New York : Puffin Books, 1978, 1973. 32 p.

Reprint of the ed. published by Putnam, New York. Four-year-old Tommy enjoys his relationship with both his grandmother and great-grandmother, but eventually learns to face their inevitable death.

De Paola, Tomie. Now One Foot, Now the Other. New York : Putnam, 1991, 1980. 48 p.

When his grandfather suffers a stroke, Bobby teaches him to walk, just as his grandfather had once taught him.

- Douglas, Eileen. Rachel and the Upside Down Heart : A True Story.  
Los Angeles : Price Stern Sloan, 1990. 32 p.  
The death of a little girl's father causes her to draw all her hearts upside down, but as she grows she finds joy in her father's memory and begins to draw her hearts right side up.
- Drescher, Joan E. Your Doctor, My Doctor. New York : Walker, 1987. 32 p.  
Explains ways different kinds of doctors can help us.
- Egger, Bettina. Marianne's Grandmother. New York : E.P. Dutton, 1987, 1986. 26 p.  
After her grandmother dies, a little girl remembers all the good times they had together.
- Fisher, Fred J. A Punkin in the Frost. San Francisco : Cammum Phate, 1992. 93p.  
Eddie Angler journeys to a cemetery to say goodbye to his best friend who was accidentally killed.
- Gould, Deborah. Grandpa's Slide Show. New York : Lothrop, Lee & Shepard Books, 1987. 32 p.  
Whenever they visit Grandpa, Sam and Douglas always watch a slide show. After Grandpa dies, they watch the show to remember him.
- Grollman, Earl A. How to Explain Death to Children. [New York?] Jewish Funeral Directors of America, 1979. 13 p.  
Children and death. Psychological aspects.of death and religious aspect - Judaism.
- Gryte, Marilyn. No New Baby : For Boys and Girls Whose Expected Sibling Dies.  
Omaha, NE : Centering Corp., 1988. 24 p.  
After her unborn sibling dies, a young child tells how she feels about the baby's death and how her grandmother explains it.
- Guthrie, Donna. Grandpa Doesn't Know It's Me. New York, N.Y. : Human Sciences Press, 1986. 32 p.  
Published in cooperation with Alzheimer's Disease and Related Disorders Association. Elizabeth observes her grandfather become a victim of Alzheimer's disease and describes its symptoms and effects.
- Hammond, Janice M. When My Dad Died: A Child's View of Death. Ann Arbor, Mich. : Cranbrook, 1981. 31 p.  
Views the many different feelings a child may have about the death of a parent in a positive light; includes advice for adults as well. Bibliography included. Note: Preface for adults.
- Hammond, Janice M. When My Mommy Died: A Child's View of Death. Ann Arbor, Mich. : Cranbrook, 1981. 31 p.  
Views the many different feelings a child may have about the death of a parent in a positive light; includes advice for adults as well. Bibliography included. Note: Preface for adults.

- Hazen, Barbara Shook. Why Did Grandpa Die? : A Book about Death. New York : Golden Book; Racine, Wis. : Western Pub. Co., 1985. 26 p.  
Death, and grandparent and child.
- Heegaard, Marge Eaton. Coping with Death & Grief. Minneapolis : Lerner Publications, 1990. 64 p.  
Includes bibliographical references and indexes. Summary Discusses death as a natural occurrence, what happens when someone dies, and how to deal with feelings of loss and grief.
- Hitchcock, Ruth Ann. Tim's Dad : A Story About a Boy whose Father Dies. Omaha, NE : Centering Corp., 1988. 24 p.  
Tim's dad has a brain tumor and is spending his last days at home. Tim finds it really hard to see his strong dad sick and is torn by emotions.
- Holden, L. Dwight. Gran-gran's Best Trick Publication info. New York : Magination Press, 1989. 48 p.  
A child recounts his special relationships with his grandfather and the difficulty of coping with his death from cancer.
- Holmes, Margaret M. A Terrible Thing Happened. Washington, DC : Magination Press, 2000. 31 p.  
After Sherman sees something terrible happen, he becomes anxious and then angry, but when a counselor helps him talk about these emotions he feels better. Includes bibliographical references.
- Johnson, Joy and Marv. Tell Me, Papa; A Family Book for Childrens' Questions about Death and Funerals. Council Bluffs, Iowa : Centering Corp., 1978. 20 p.  
Children and death, funeral rites and ceremonies
- Johnson, Patricia Polin Morgan's Baby Sister : A Read-Aloud Book for Families Who Have Experienced the Death of a Newborn. San Jose, Calif. : Resource Publications, 1993. 55 p.  
Morgan tries to sort out and understand her feelings when her family's excited preparations for a new baby end with unexpected tragedy.
- Ketchum, Liza. Good-bye, Sammy. New York : Holiday House, 1989. 32 p.  
A child misses his lost toy rabbit even though his mother buys him a new rabbit.
- Kidd, Ronald. That's What Friends Are For. 1st ed. Nashville: T. Nelson, 1978. 127 p.  
Two inseparable thirteen-year-old friends confront death when one's illness is diagnosed as leukemia. Psychological aspects of death, leukemia and friendship.
- Laufer, Judy Egett. Where Did Papa Go? Phoenix, Ariz. : Little Egg Pub. Co. : Scottsdale, AZ : [Distributed by] Five Star Publications, 1991.  
Psychological aspects of Death and Fathers. Note Cover title. Golden poet award

- Lichtman, Wendy. Blew and The Death of the Mag. Albion, CA. : Freestone Pub. Co., 1975. 66 p.  
Blew tries to cope with the death of her beloved mother, who always magnified everything and made it fantastic.
- Madenski, Melissa. Some of the Pieces. Boston : Little, Brown, 1991.  
A year after the death of the father, two children and their mother try to come to terms with their loss.
- Martin, Ann M. With You and Without You. New York : Scholastic, 1986. 179 p.  
A twelve-year-old faces the fact that her father is dying, and then his death, but dealing with the emptiness afterwards is hardest of all.
- Mellonie, Bryan. Lifetimes : A Beautiful Way to Explain Death to Children. Toronto ; New York : Bantam Books, 1983. 40 p.  
Death, and children and death.
- Miles, Miska. Annie and the Old One Boston:Joy Street Books, 1971. 44 p.  
A Navajo girl unravels a day's weaving on a rug whose completion, she believes, will mean the death of her grandmother.
- Mills, Joyce C. Gentle Willow : A Story for Children About Dying. New York : Magination Press, 1993.  
Amanda is upset that she is going to lose her friend Gentle Willow, but the Tree Wizards help her understand that her memories are gifts from her friend and that there are special ways of saying goodbye.
- Mundy, Michaelene. Sad Isn't Bad : a Good-Grief Guidebook for Kids Dealing with Loss. Meinrad, IN: One Caring Place, Abbey Press, 1998.  
Good-grief guidebook for kids dealing with loss.
- Munsch, Robert N. Love You Forever. Willowdale, Ont.: Firefly Books, 1986. 32 p.  
Parent and child, mothers and sons, death, psychological aspects of mothers and death.
- Nemiroff, Marc A.. A Child's First Book about Play Therapy. Washington, DC : American Psychological Association ; Hyattsville, MD : Copies may be ordered from APA Order Dept., 1990. 59 p.  
"This book is intended for young children, ages 4 to 7 or so". Readers learn about psychotherapy and the value of play as treatment for behavior problems in small children.
- O'Neal, Zibby. A Formal Feeling : A Novel. New York : Viking Press, 1982. 162 p.  
Sixteen-year-old Anne, home from boarding school for the holidays, has difficulty accepting her new stepmother's presence in the house that holds so many memories of her dead mother.

- O'Toole, Donna R. Aarvy Aardvark Finds Hope : A Read Aloud Story for People of All Ages About Loving and Losing, Friendship and Hope. Burnsville, N.C.: Mountain Rainbow Publications, 1989. 78 p.  
With the help of his friend Ralph Rabbit, Aarvy Aardvark comes to terms with the loss of his mother and brother.
- Padoan, Gianni. Remembering Granddad : Facing up to Death. Swindon : Child's Play, 1987. 24 p.  
Grandfathers, death, Grandparent and child, Children and death.
- Papenbrock, Patricia L. Children's Grief : How to Help the Child Whose Parent Has Died Redmond, WA : Medic, 1988. 12 p.  
Personal message to the surviving parent.
- Rogers, Fred. When a Pet Dies. New York : Putnam, 1988. 32 p.  
Explores the feelings of frustration, sadness, and loneliness that a youngster may feel when a pet dies.
- Sanford, Doris. It Must Hurt A Lot : A Book About Death, and Learning, and Growing. Hong Kong : Multnomah Press, 1986. 32 p.  
Describes a boy's reactions of anger, grief, and eventual acceptance when his dog dies. Includes suggestions to parents for helping a child deal with loss.
- Schein, J. (Jonah). Forget Me Not. Toronto : Annick Press, 1988. 24 p.  
Alzheimer's disease, grandmothers, older people, and diseases.
- Schulz, Charles M. Why, Charlie Brown, Why? : A Story About What Happens When a Friend is Very Ill. New York : Topper Books, 1990. 64 p.  
The members of the Peanuts gang have varying reactions when they learn that their friend Janice has leukemia and they follow her treatment and ultimate recovery.
- Shriver, Maria. What's Heaven? New York : Golden Books, 1999.  
After her great-grandmother's death, a young girl learns about heaven by asking her mother all kinds of questions. What's Heaven is the story of Kate, a little girl whose great-grandma has just died. She seeks answers, and her mother helps her learn about Heaven. The many questions in this book--childlike and thought-provoking--are real, coming from Maria Shriver's own children, nieces and nephews when her grandmother Rose Fitzgerald Kennedy passed away. With loving, confident, and ultimately uplifting answers, Shriver taught her family, and will teach yours, how to come together, feel closer to each other, and feel peace.
- Simon, Norma. The Saddest Time. Niles, Ill. : A. Whitman, 1986. 40 p.  
Explains death as the inevitable end of life and provides three situations in which children experience powerful emotions when someone close has died.
- Simmonds, Posy. Fred New York:Alfred A. Knopf, 1987. 22 p.  
The night Sophie and Nick bury their dearly beloved cat Fred, all Fred's cat friends arrive to reveal his nighttime self and give him a proper funeral and farewell.

- Smith, Doris Buchanan. A Taste of Blackberries. New York : Harper Collins, 1988, 1973.85 p.  
A young boy recounts his efforts to adjust to the accidental death of his friend.
- Stein, Sara Bonnett. About Dying : An Open Family Book for Parents and Children Together. New York : Walker, 1974. 47 p.
- Taha, Karen T. A Gift for Tía Rosa. New York : Bantam Books, 1991, 1986. 36 p.  
Little Carmela is close to her elderly neighbor and saddened by her illness and death, but she finds a way to express her love when Tía Rosa's grandchild is born.
- Thomas, Jane Resh. Saying Good-bye to Grandma. New York : Clarion Books, 1988. 48 p.  
Seven-year-old Suzie is curious and fearful about what Grandma's funeral will be like.
- Townsend, Maryann. Pop's Secret. Reading, Mass.:Addison-Wesley Pub. Co., 1980. 26 p.  
A young boy describes life with his grandfather and his feelings about the man's death.
- Vigna, Judith. Saying Goodbye to Daddy. Morton Grove, Ill. : A. Whitman, 1991. 32 p.  
Frightened, lonely, and angry after her father is killed in a car accident, Clare is helped through the grieving process by her mother and grandfather.
- Viorst, Judith. The Tenth Good Thing about Barney. New York: Trumpet Club, 1988, 1971. 25 p.  
In an attempt to overcome his grief, a boy tries to think of the ten best things about his dead cat. Honoring the death of a pet by remembering and celebrating its life.
- White, E. B. (Elwyn Brooks). Charlotte's Web. New York, Dell, 1952. 184 p.  
Death and. Animals.
- Wilhelm, Hans. I'll Always Love You. New York : Crown, 1985. 31 p.  
A child's sadness at the death of a beloved dog is tempered by the remembrance of saying to it every night, "I'll always love you."
- Winsch, Jane Loretta. After the Funeral. New York : Paulist Press, 1995.  
Discusses the various feelings accompanying the death of a loved one, including sadness, grief, and the fear of death itself.
- Wright, Betty Ren. The Cat Next Door. New York : Holiday House, 1991.  
After Grandma dies the annual visit to her summer cabin is not the same but the cat next door remembers how things used to be and cheers a grieving grandchild.

Compiled by Kathleen S. Mannino, MLIS  
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