



About Coach Francis:

Born on the U.S. Virgin Island of St. Croix, Fitzroy 'Eric' Francis moved to the island of St. Kitts at an early age where he grew up in the village of sandy point and got his early education at the Sandy Point Secondary School. It was here that he first developed his passion for track and field. Throughout the years he has graduated from athlete to coach/athlete to coach/manager and finally to coach.

During his tenure as head coach of the Pace Setters Athletic Club in St. Kitts he lead his club to eight consecutive national championship performances. He has served St. Kitts as assistant coach and head coach of the country's junior and senior national teams. In particular was his role as assistant coach of the St. Kitts and Nevis 1996 Olympic Track & Field Team of which he was personal coach to two members of the Olympic squad. He was also named Head Coach to the C.A.C Games (CENTRAL AMERICAN AND CARIBBEAN) NATIONAL TEAM, which was held in Venezuela.

He first gained official accreditation as a coach from the International Olympic Committee and the IAAF International Amateur Athletic Federation in 1989. In 1997 Coach Francis passed the IAAF/IOC Level I Certificate in Coaching and qualified to advance to the Level 2 Program. He was awarded a pass in the IAAF/IOC Level II. In recognition of his achievements, Coach Francis was accepted as a member of the North America, Central America and Caribbean Track and Field Coaches Association (NACACTFCA) in the International Coaches Association in 1996. Even though, he has coached different area of specialty, Coach Francis specializes in Sprints and Jumps.

In 2002, coach Francis was selected as head coach for the world junior Championship in Jamaica and Central American and Caribbean games in El Salvador. He was later selected as head coach in 2003 for the Pan-American Games in Santo Domingo and in 2004 was selected as head coach to the Olympic Games in Greece.

It is his dedication to the furtherance of sports that propelled him into undertaking study in sports medicine/athletic training at Lindenwood University in 1999. In recognition of his capabilities and commitment to working for success, coach Francis in his three year stint as assistant coach at Lindenwood university lead his team to fifth place finish in 2001, 3rd place finish in 2002 and a National championship in the male category and second place finish in the women category in 2003.

In his two year stint at Mckendree College his team improved in 2005 to a second place finish on the female side and 8th place finish on the men .