



Training Camps

of
Leicester+
Leicestershire+



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Welcome



The city of Leicester offers visiting teams a unique welcome.

We are one of the most diverse cities outside London with vibrant and diverse communities from all continents and all corners of the world. Our short travel time from the capital and the 2012 competition venues, along with our multicultural and cosmopolitan city, offers a unique and attractive package for visiting nations.

We offer an impressive range of 2012 pre-games training camp accredited facilities and venues, including Braunstone Leisure Centre with top of the range facilities for badminton and tae-kwon-do and Saffron Lane Athletics stadium, which has the only eight lane 400m athletics track in the East Midlands region.

The citizens of Leicester are already excited about the 2012 Olympic and Paralympic Games. They are looking forward to 2012 and the celebrations we have planned in our city. This assures any visiting team of the warmest of welcomes.

As the host city for the 2009 Special Olympics, Leicester is ready to welcome athletes, coaches, support staff, and fans from the global Olympic family. We are a city with a proud sporting heritage. Leicester will welcome visiting nations in 2012 and will get behind them, cheering you on towards Olympic success.

Leicester would be an excellent choice as your base city for the greatest show on earth.

Councillor Rory Palmer
Leicester City Council Olympics Envoy

I am very proud, as Chief Executive of Leicester Grammar School Trust, to have the opportunity to invite potential Olympians to use our facilities as the training base for the 2012 Olympics. Leicester Grammar School occupies a 75 acre site on the southern outskirts of Leicester.

The campus has catering and conference facilities alongside the sporting complex. The site is hard cabled throughout to allow fast internet connection and the hardware is available to support all modern ICT requirements.

The location combines the quiet and attractiveness of a rural setting whilst being only an hour and a half away from London. The infrastructure and facilities are all combined on one site and in addition there is a full complement of support staff to make any sporting event run smoothly.

Visitors will be made very welcome and the organisation behind Leicester Grammar School has the flexibility and professionalism to meet all demands from elite Olympians.

I look forward to welcoming you in the build up to the London 2012 Olympic Games,

Mr CPM King MA
Headmaster & Chief Executive

The Commandant and Staff of the Defence Animal Centre looks forward to hosting an Equestrian team or individuals representing their countries at the 2012 Olympics. The Centre houses the Army School of Equestrian and Remount training and the Army School of Farriery, both recognised as world class training deliverers. The Defence Animal Centre will offer a warm welcome and provide full support to ensure you have the best preparation for all Olympic competitions.”

Colonel Douglas A MacDonald
BVM&S MSc MRCVS
Late Royal Army Veterinary Corps
Commandant
Defence Animal Centre



Welcome to Leicester and Leicestershire



At the heart of England, Leicester and Leicestershire combine the finest English rural traditions with the cosmopolitan buzz of city life. Perfectly located with excellent transport links, Leicester and Leicestershire provide the perfect base for visiting teams preparing for the 2012 Olympic and Paralympic Games.

Leicester is one of Britain's most diverse cities and is internationally known for its reputation for cultural and ethnic diversity, community cohesion and sporting heritage.



With a population of just under 300,000, over 80 different languages spoken, and a black and minority ethnic population of around 40%, it is estimated that by around 2011 Leicester will be the first city in the UK, outside London, where the majority of people have an ethnic minority background.

Over 30% of Leicester people have an Asian background, mainly Indians from East Africa or from the Gujarat in India, in addition to Pakistani and Bangladeshi communities.



Most of Leicester's African Caribbean population came to the city in the 1950's and 1960's, and around 10,000 people from Somalia have settled here in the last six years.

With 243 places of worship Leicester has large faith communities, predominantly Christian, Hindu, Muslim and Sikh.

The city has a younger than average population, particularly among the minority ethnic population and with a large student population in 2 universities.

This diversity enriches Leicester's vibrant cultural and sporting heritage. Leicester has four professional sporting clubs and one of the UK's leading women's hockey clubs, an exciting range of Cultural festivals including the second biggest Diwali outside India, and a large mix of community based events and facilities.

Leicester is currently in the middle of a multi-million pound regeneration programme, which is another positive step forward in its progression as a truly vibrant city in the East Midlands. The city is facing up to the challenges of poverty, unemployment, poor health and disadvantage.

Culture is at the heart of this regeneration programme with award winning new facilities and projects in neighbourhoods, as well as the Cultural Quarter, the base for a new £60 million performing arts centre set to open in 2008, in the heart of the city.

Leicester Grammar School is situated in the south of the City, just outside the City boundary in rural Great Glen. Its location makes it perfectly positioned to enjoy both the buzz of the City and the tranquillity of the countryside.

In addition, the Defence Animal Centre which offers an equestrian training camp is set in the heart of the English countryside, surrounded by stunning scenery, and is situated close to the bustling town of Melton Mowbray, Leicestershire. Melton Mowbray has a rich history and heritage, evident in the shop frontages and buildings such as the mid 16th century Anne of Cleves' House. Melton Mowbray has been a market town for over 1000 years and is recorded as Leicestershire's only market in the 1086 Domesday Survey.



Sporting Landscape



Leicester has for the past 30 years been using sport and culture to help build cohesive communities and break down barriers. Working with partner organizations the City has moved beyond providing special projects for disadvantaged groups - providing quality services for all our communities is at the heart of our business. Our innovative approach has received national recognition with Leicester awarded 'Beacon Status' by government for excellence in the provision of culture and sport services for hard to reach groups. In one year alone Leicester City Council had over 5 million visitors to events and facilities.



In recent years, the sporting landscape has been transformed with major improvements and re-investment in its local sports and leisure provision, including educational facilities.

One need look no further than to see the how a £10 million, state of the art Braunstone Leisure Centre has played a pivotal role in raising the educational, health and sporting aspirations of one of the most deprived areas in the UK.



The Council's partnership work with the Braunstone Community Association has introduced discounted admission for local residents, job training to encourage local residents to apply for jobs at the centre and sustainable transport links. Other examples include specialist sports coaching for local people to coach disabled groups at the centre.



Saffron Lane Sports Stadium now has a new athletics track and a brand new clubhouse and changing rooms.

In the City, sports have achieved year-on-year increases in usage 1.72m to 2.179m since 2004/05, which also reflects a significant rise in usage of local sport facilities by hard-to-reach groups including BME (black and minority ethnic) and disabled people.

The 60+ free swims and activities initiative launched in 2006 has already recorded a 40% increase in usage.

The annual Women's race for life event has grown from an initial 500 runners in 1998 to 7,000 participants in 2006 largely due to the council's sports marketing & promotional push to encourage more people to participate in physical activities programmes and sports events.

The use of sports facilities by disabled people has increased from 1.5% to 5.0 % in past two years. The current figure is the equivalent of 110,000 users in 2006, which is an increase of 84,000 on two years ago.

Our Sports Services have also played a key role in developing key internal and external relations with health and education including those with special learning disabilities and young people services to work on partnership initiatives and events including:

- Celebrating the (IOC) Olympic Day annual fun run in city schools.
- The annual Women in sport and physical Activity conference (WISPA) for secondary school girls.
- The award winning Sports Fest event (free festival of sport in the city centre).
- Introducing a Sports Passport incentive scheme for young people in city schools.
- Support for the city's looked after children and using sport as a tool to encourage children to read more.

These are just a few examples of how the City's 'sport for all' policy is delivering improvements across the city and beyond.



Key facilities

Braunstone Leisure Centre



This £10 million multi sports centre has been designed and built with high quality design features and practical application of sports in mind.

The centre is the focal point for community involvement in Sport and is situated on the west of the City with excellent transport links in mind.



It boasts a six-court badminton hall with wooden sprung floor, spectator seating for 400 people, two swimming pools, one 2.5 metre, eight lane and one 25 metre four lane. It also boasts a 70 station fitness suite.

The light and airy feeling of the centre reflects the welcome visiting teams will receive from the local community. Residents of Braunstone are rightly proud of their leisure centre and look forward to the opportunity of greeting athletes from visiting teams.



Everything will be done to accommodate visiting teams to the City of Leicester and we do hope that our offer has your interest. The management team will ensure security, hospitality and sporting opportunity are offered to the very highest standard.

Saffron Lane Sports Centre

Saffron Lane has, over the last thirty years, been synonymous with the world of athletics high performance. Some of the UK's finest athletes have competed at the stadium and Saffron Lane is very proud of its sporting heritage.

In July 2006 after a £2 million refurbishment, Saffron Lane was re-opened by Jonathan Edwards. The East Midlands only eight-lane athletics track once again played host to young aspiring athletes on a brand new UK Athletics accredited track with full field athletics facilities, a new club house and all IAAF certificated.

The stadium is situated just a mile away from the City Centre, 400 metres away from full medical facilities at the Leicester Royal Infirmary and 100 yards away its 'sister' centre Aylestone Leisure Centre offers a wide range of multi sport activity and full catering provision.



Defence Animal Centre



The Defence Animal Centre is located in the centre of England on the outskirts of the small market town of Melton Mowbray in Leicestershire. The town famed for its food and equine associations, is situated in the heart of the countryside. It is a 30-minute drive from East Midlands airport and two hours from London by road or rail. The DAC prides itself on its reputation as the UK military's leading equine training centre.



The DAC provides year round equine training for the military, and has recently upgraded its facilities to include a new indoor riding school (60m X 30m) and a sand surfaced ménage.



The Equine training facility includes a number of fixed obstacles, which can form part of a pre-novice/novice cross-country course, all weather canter track, outdoor ménage, jumping lanes and indoor riding school. The new riding school provides the perfect arena and surface in which to carry out dressage, or jumping training. The accompanying training ménages enable a number of training exercises to be carried out simultaneously. An eventing field is also available providing a range of challenging obstacles. Other services that are available include an equine weighbridge, horse walker, livery for Olympic teams and the support of grooms provided to care for horses in training at the DAC. The division adjoins the Army School of Farriery, the largest farriery school in the UK: with seven fires, the forge is capable of providing a bespoke shoeing facility for horses at the centre.

The DAC also has veterinary treatment facilities. There are 220 acres of grassland for rest and recuperation of all horses. Although numbers of spaces vary throughout the year, up to 140 horses can be stabled at the DAC, whilst a further 260 can be at grass.

A wide variety of equitation training is completed at the DAC, meaning all the support services an Olympic team could require are available. The centre can also provide the support needed for training such as relaxation rooms, an office for team management and a therapy room.

Access to sports massage and therapists are close by at Loughborough with a high standard of relevant experience in sports therapy to provide athletes with care and relaxation during their training. Classrooms and a conference facility including computer aids and film playback facilities are all part of the centre's package.

The accommodation is on-site, only a two-minute walk from the Equine Division. This comprises of three accommodation areas with an average of 50 rooms available between them. The rooms are equipped with single beds, private shower and toilet.

The Defence Animal Centre is a military base and therefore meets the highest security standards for your team. This also means that there are strict security procedures which are to be adhered to on site, potential applicants are asked to note that military training will take priority over Olympic team training although every effort will be made to accommodate both. The normal bio-security would be expected from visiting teams.





Leicester Grammar School

Leicester Grammar School is an independent, co-educational grammar school located in Great Glen, Leicester. The school has 1250 pupils and re-located to its present, purpose-built site in September 2008.



The sporting facilities are extensive and of an excellent standard. They include a six badminton court Sports Hall, 25m/6-lane Swimming Pool, Gymnasium/Dance Studio, Fitness Conditioning Room equipped with the Technogym 'Wellness' system, one water-based, floodlit Artificial Turf Pitch, one sand-filled, floodlit Artificial Turf Pitch, an eight Tennis Court sized, floodlit MUGA (Multi-Use Games Area) and 30 hectares of playing fields.



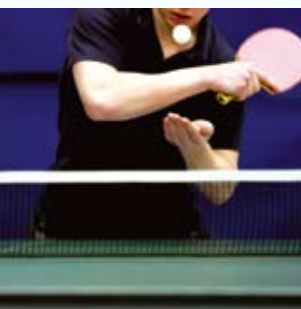
These state of the art facilities will easily accommodate Olympic athletes in the sports of fencing, basketball, hockey and table tennis as they embark upon the Olympic Games in London in 2012.

The campus has extensive catering facilities including two cafeterias which can accommodate up to 450 people with ease. There is also a separate function suite and lecture theatre.



The school is in a quiet, rural area and is only accessible to members of the school and authorised visitors. The site is monitored by CCTV and the school's own security systems.

The school has developed excellent links within the local sporting community, in particular Leicester Hockey Club, Leicester Tigers Rugby Club, De Montfort University and the University of Leicester. Specialist physiotherapy, rehabilitation and medical services are all accessible locally at both private and NHS hospitals.



Cultural Programme & Leisure Time

At the heart of England, Leicestershire combines the finest English rural traditions with the cosmopolitan buzz of city life in Leicester. Perfectly located, Leicester is easy to find, but almost impossible to leave without visitors savouring at least some of its many delights.

Leicester is undergoing some dramatic changes. Over the next few years over £3 billion is being spent on transforming the city centre, including a world class Performing Arts Centre, a new Shopping Quarter and an emerging Cultural Quarter.

Leicester's continuing renaissance has created one of the UK's most cultural, creative and progressive cities. Visitors can witness this first-hand at cutting-edge visitor attractions like the National Space Centre & New Walk Museum and at a wide range of world-renowned events including the Leicester Comedy Festival and the UK's most spectacular Diwali celebrations. Add to this, the city's fabulous shopping, sports, parks and nightlife, plus some of the UK's best curry houses along the famous Belgrave Road, and you have a truly culturally diverse and exciting city.

Leicester is blessed with the grooviest of music venues, from legendary rock gigs at The Charlotte, to De Montfort Hall where you can catch the best touring musicals, opera, orchestral, rock and world music. In the summer residents and visitors can chill out at the Hall's hugely popular, laid back outdoor festivals including Summer Sundae, voted the UK's best small festival, and The Big Session, a sell-out weekend of traditional, contemporary and alternative folk music.

If you're looking for a little peace and quiet after all that shopping, wander over to Castle Park, the ancient heart of Leicester and crammed with gardens, riverside walks and fascinating buildings. The half-timbered Guildhall, built in 1390 and reputedly home to five separate ghosts! Then there's the stunning Jain Centre, the first in the Western World, with its extraordinary carvings and understand the social history of Leicester at the Newarke Houses Museum. At the opposite side of town visit one of the many special events at the haunted' 18th century Belgrave Hall and Gardens.



Leicester truly is an international city of culture and cultures. Right at the heart of the UK, it's where north meets south, east meets west and world cultures meet and mix together, Fantastic foods, great shops, award-winning museums and vibrant festival events combine to feed the energy of a city that is always on the up and on the move.

Due to the location of the accommodation, coaches and friends will be within a 5 to 10 minutes bus ride of the city centre's cultural offering and close to all the main transport links via air, rail and road.

Transport

Access to Leicester – venues

Leicester's central location, at the heart of England's communication network, makes it extremely accessible and is a major strength of Leicester's inclusion in the 2012 Pre-Games Training Camp Guide. The M1 and M69 serve the city, giving easy access to the country's motorway system. Melton Mowbray is just 40 minutes away with excellent road links.

London is less than 70 minutes away by train, with services running every half hour at peak times. Regular direct services run to Leicester from Sheffield, Birmingham, Stansted and Peterborough, offering connections throughout the national rail network.

East Midlands Airport (Leicester – Derby – Nottingham) and Birmingham International airports are both well within 45-minute drive away, offering daily flights to other UK airports.

Leicester is also a key interchange in National Express's nationwide express coach service network.

Transport links to Great Glen are excellent and include easy access to the main A6 and M1/M69, Leicester Railway Station is 9 km to the north and Nottingham East Midlands Airport is within 30 minutes travelling time. The London 2012 site is approximately two hours travelling time from Great Glen.

Melton Mowbray is a 30-minute drive from East Midlands airport and two hours from London by road or rail.

Accommodation

Our partnership with the University of Leicester allows us to offer everything a visiting team will need when visiting Leicester. The Defence Animal Centre has full accommodation provision on site and full description of what is available is as follows.

University of Leicester – Accommodation Summary

The accommodation is located on two main sites in Leicester:

1. Oadby Student Village.

(Approximately 2 miles south-east of Leicester City). This site is approx. 40 acres and contains 4 halls of residence.

| | |
|---------------------------------------|---|
| New Hall | <ul style="list-style-type: none">• 570 en suite bedrooms (29 adapted rooms). A kitchen with social space area is provided for every 4/5 rooms• 61 en suite bedrooms. A kitchen and social space is provided for every 4-6 rooms• 12 en suite bed-sit rooms with integral kitchen area• Large dining room for catering and dining requirements• 5 meeting/social space rooms• Hospitality bar• Laundry facility |
| Beaumont Hall | <ul style="list-style-type: none">• 98 en suite bedrooms (12 adapted rooms). A kitchen is provided for every 14 rooms• 156 single bedrooms with washbasin. A kitchen is provided for every 23-36 rooms• Large dining room for catering and dining requirements• 5 meeting/social space rooms• Hospitality bar• Laundry facility• Botanic garden |
| Gilbert Murray / Stamford Hall | <ul style="list-style-type: none">• 198 en suite bedrooms (4 adapted rooms).• A kitchen is provided for every 6-14 rooms• 355 single bedrooms with washbasin. A kitchen is provided for every 6-14 rooms• 9 twin bedrooms with washbasin• Dining room for catering and dining requirements• 15 meeting/social space rooms• 2 Hospitality bars• Laundry facility |
| Digby Hall | <ul style="list-style-type: none">• 166 single bedrooms with washbasin.• 43 twin bedrooms with washbasin• Dining room for catering and dining requirements• Hospitality bar• Laundry facility• Common room |
| SUMMARY: | <ul style="list-style-type: none">• 939 en suite single rooms• 677 standard single rooms• 52 standard twin rooms• TOTAL ROOMS = 1668 |

PLEASE NOTE:

Total number of rooms is subject to availability. The maximum capacity period in the summer spans from the beginning of August to mid September.

2. City Campus.

The accommodation is located on 3 main sites within 5-10 minutes walking distance of the city campus. All accommodation is self-catering based with catering/dining, meeting rooms, social areas and hospitality bars provided at the city campus.

| | |
|-------------------------|--|
| Nixon Court | <ul style="list-style-type: none">• 700 single rooms with washbasin. A kitchen is provided for every 5-10 rooms• Laundry facility• Common room |
| Freemen's Common | <ul style="list-style-type: none">• 310 single rooms. A kitchen is provided for every 10 rooms• Laundry facility• Common room |
| Opal Court | <ul style="list-style-type: none">• 418 en suite bedrooms. A kitchen with social space area is provided for every 5/6 rooms• Common room• Laundry facility |
| SUMMARY: | <ul style="list-style-type: none">• 418 en suite single rooms• 1010 standard single rooms• TOTAL ROOMS = 1428 |

Defence Animal Centre – Accommodation Summary

183 bedrooms with single beds and en-suite shower rooms.

Contacts

Braunstone Leisure Centre and Saffron Lane Sports Centre

Paul Edwards
Head of Sports Services
Leicester City Council
A12 New Walk Centre
Welford Place
Leicester LE1 6ZG

Phone: +44 (0)116 252 7323
Fax: +44 (0)116 255 2451
Email: Paul.Edwards@leicester.gov.uk

Leicester Grammar School

Chris Howe
Director of Sport
Leicester Grammar School
London Road, Great Glen,
Leicester LE8 9DJ

Phone: +44 (0)116 2591900
Fax: +44 (0)116 2591901
Mobile: +44 (0)7970 699390
Email: HoweC@leicestergrammar.org.uk

Defence Animal Centre

Josie Bennett
Glendale Facilities Management Ltd
Defence Animal Centre
Asfordby Road
Melton Mowbray
Leicestershire LE13 0GX

Phone: +44 (0)1664 566381
Fax: +44 (0)1664 418684
Email: Josie.Bennett@glendale-services.co.uk

