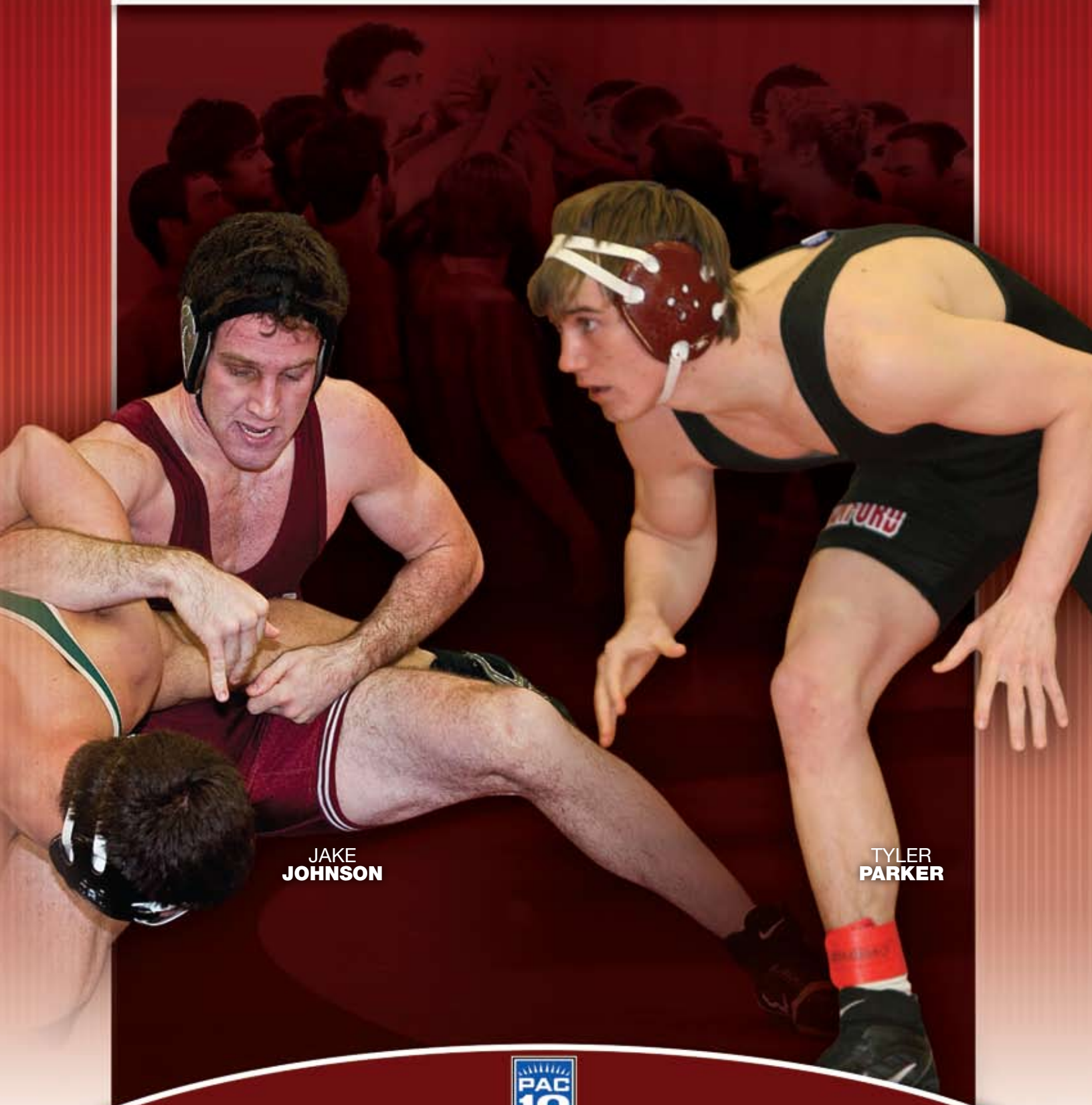


# STANFORD

2009-10 **WRESTLING** GUIDE



JAKE  
JOHNSON

TYLER  
PARKER

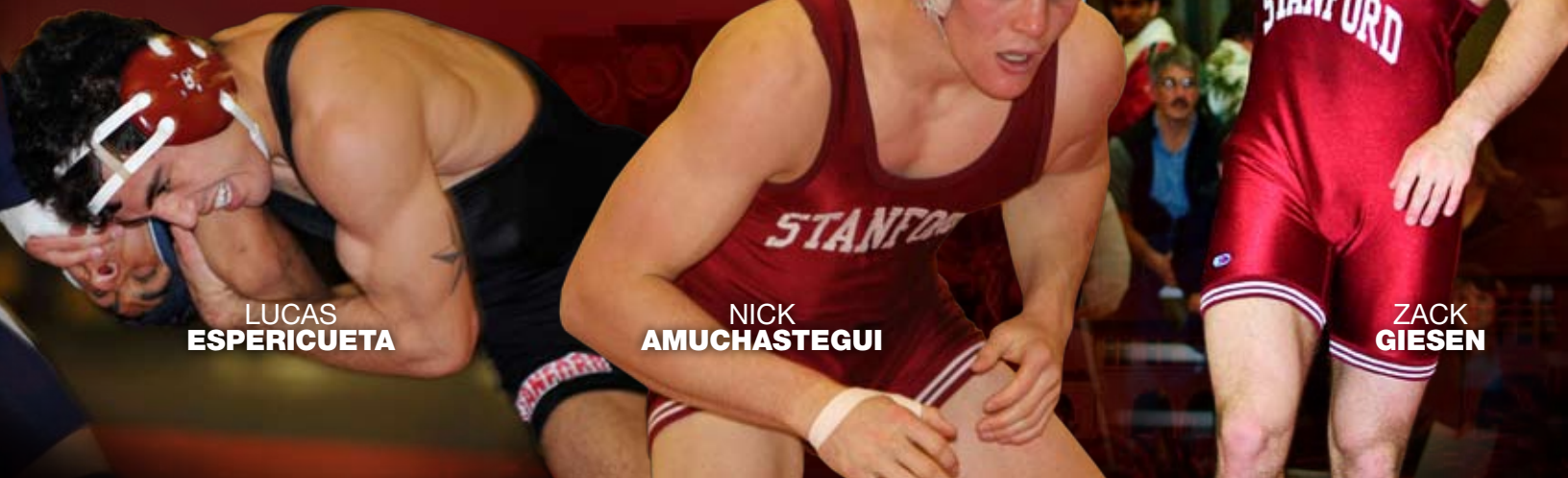




# STANFORD ATHLETICS

A Tradition of Excellence

- 121** NCAA Postgraduate Scholarship award winners, including five in 2008-09.
- 111** National Championships won by Stanford teams since 1926.
- 90** Stanford student-athletes who earned All-America status in 2008-09.
- 80** NCAA Championships won by Stanford teams since 1980.
- 48** Stanford-affiliated athletes and coaches who represented the United States and seven other countries at the 2008 Summer Olympics held in Beijing, China.
- 33** Consecutive years Stanford teams have won at least one national championship.
- 31** Stanford teams that advanced to postseason play in 2008-09.
- 20** Different Stanford teams that have won at least one national championship.
- 15** Consecutive Learfield Sports Directors' Cups.
- 14** Stanford teams that finished ranked in the Top 10 in their respective sports in 2008-09.
- 12** Stanford student-athletes who earned conference Athlete of the Year honors in 2008-09.
- 10** Stanford student-athletes who earned Academic All-America recognition in 2008-09.
- 6** Stanford teams that earned perfect scores of 1,000 in the NCAA's Academic Progress Report Rate in 2008-09.
- 6** Regular season conference championships won by Stanford teams in 2008-09.
- 4** Pac-10/Toyo Tires Scholar Athletes of the Year Awards in 2008-09.
- 3** National Freshman of the Year honors in 2008-09.
- 3** National Coach of the Year honors in 2008-09.
- 2** National Player of the Year honors in 2008-09.
- 2** National Championships won by Stanford teams in 2008-09 (men's gymnastics, women's rowing).



**LUCAS  
ESPERICUETA**

**NICK  
AMUCHASTEGUI**

**ZACK  
GIESEN**

2009-10

# STANFORD WRESTLING

HOME OF  
CHAMPIONS





# S **STANFORD UNIVERSITY**

## **THE NATION'S PREMIER UNIVERSITY**

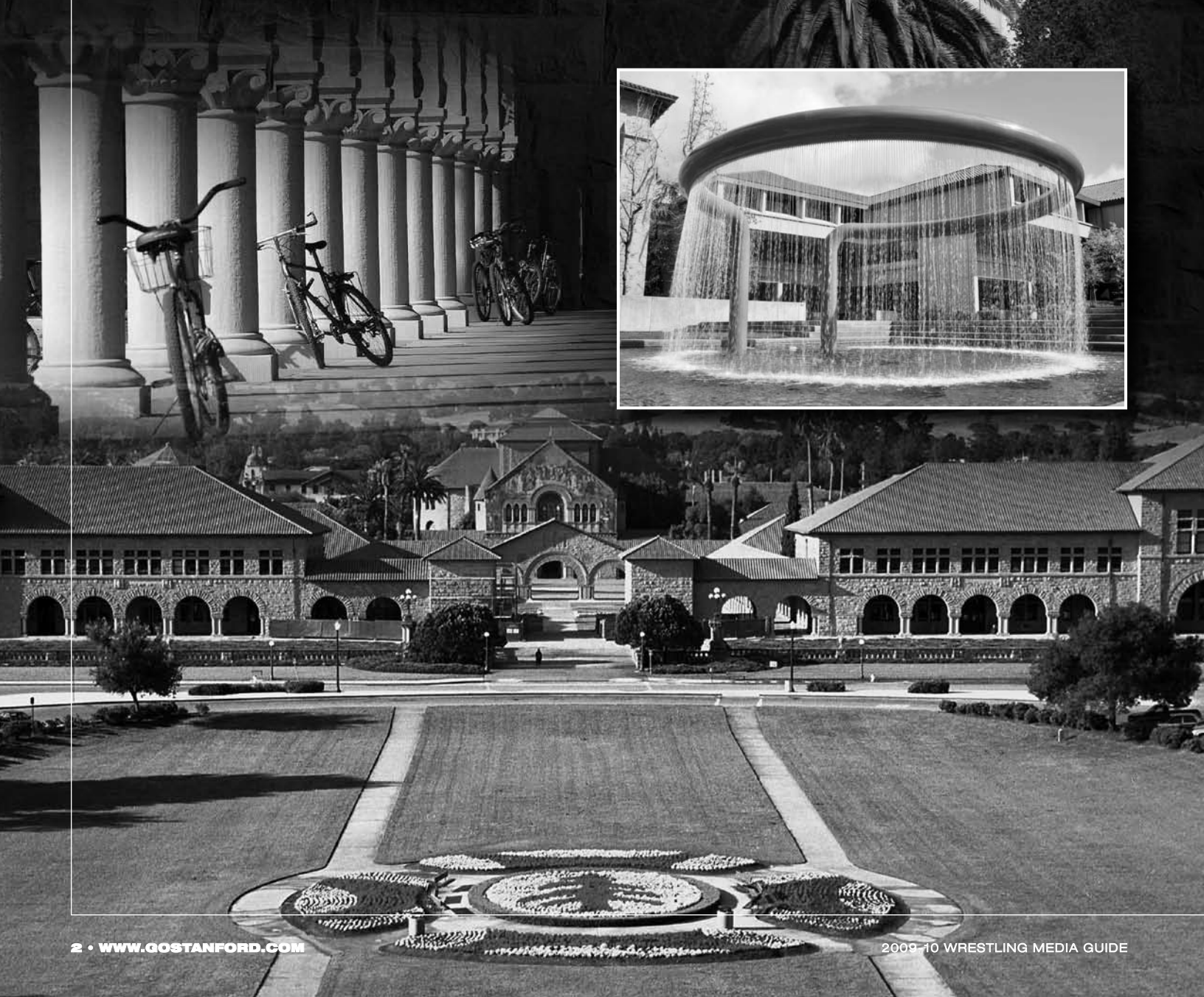
The world all at once: Limitless possibilities are at the heart of Stanford University.

Global positioning systems and gene splicing, *One Flew Over the Cuckoo's Nest* and *The Grapes of Wrath*, Yahoo! and Google—all bear the mark of a Stanford individual. At Stanford, you will find the entire universe of what humankind knows and is endeavoring to know. From your first days on campus, this universe will be yours to explore, yours to discover. Stanford will ask that intellectual curiosity be your compass, that excellence be your true north.

Along the way, you will have the guidance of extraordinary faculty mentors who are at the forefront of advancing the world's understanding of subjects ranging from geophysics to history to bioscience to musical composition. You will also have the friendship of fellow students who will awe and inspire you as much for their humanity as for their talents. As you pursue the questions that interest you most, your mentors and friends will give you the freedom to risk temporary failure as you push yourself both intellectually and personally—along with the freedom and encouragement to pursue what you love.

Your reward will be the exhilaration of discovery—the exhilaration of true excellence.

— *Courtesy of Stanford University*



# ACADEMIC EXCELLENCE



Stanford wrestlers are challenged to excel both in the classroom and on the mats. In 2008-09, the Cardinal was listed among the nation's best academic programs when the National Wrestling Coaches Association (NWCA) announced its annual Division I All-Academic Top 30 and individual all-academic wrestling teams. Stanford came in third among all Division I programs with a 3.257 GPA, and **Nick Amuchastegui** and **Jake Johnson** received individual NWCA Academic All-America honors. Amuchastegui boasted the highest GPA of all Division I wrestlers, sitting atop the all-academic list at 3.93. Stanford has finished among the top 10 in the national academic standings every year since the award was introduced more than a decade ago.

The Cardinal also had five wrestlers earn Pac-10 All-Academic honors last season, including three first-team selections. Stanford has had at least one first team pick in 18 of the 19 years that the conference academic awards have been given.

In the latest Academic Progress Report (APR) scores, which measure eligibility, retention and graduation over a four-year period, all 35 teams at Stanford exceeded the NCAA's standards.



# S STANFORD ALL-AMERICANS

Stanford has a history of producing All-American wrestlers that dates back more than four decades. In 1967, sophomore teammates Len Borchers '69 and Terry Crenshaw '69 finished fourth nationally in their respective weight classes and became the school's first All-Americans. Since then, 11 more Cardinal wrestlers have accomplished that feat, and the program now boasts 13 All-Americans with 17 combined awards.

Much of Stanford's success has come in recent years, as the program has racked up seven All-America finishes since 1999. In 2004, junior Matt Gentry completed a perfect 42-0 season and became the school's first NCAA Champion, claiming the 157-pound title in St. Louis, Mo. In 2007, juniors Tanner Gardner and Josh Zupancic became the first Stanford duo to earn All-America honors in the same season since Borchers and Crenshaw, and Gardner joined Chris Horpel '75 as the school's only two-time All-Americans.

In 2008, Gardner continued his run, becoming the first three-time All-American in school history with a fifth-place finish at 125 pounds. Zupancic finished sixth at 157 pounds, joining Gardner and Horpel as the only Stanford wrestlers to earn multiple All-America honors. In addition, for just the third time in program history and the second time in two years, Stanford produced two All-Americans in the same season.

## Stanford All-Americans

Len Borchers  
1967 (SO) – 4th place, 152 lbs.

Terry Crenshaw  
1967 (SO) – 4th place, 191 lbs.

Chris Horpel  
1973 (JR) – 5th place, 150 lbs.  
1975 (SR) – 7th place, 150 lbs.

Doug Perkins  
1983 (SR) – 7th place, 190 lbs.

Jeff Wilson  
1984 (SR) – 7th place, 177 lbs.

Scott Wiggen  
1985 (JR) – 8th place, 142 lbs.

Dave Lee  
1986 (SO) – 5th place, 167 lbs.

Steve Buddie  
1990 (JR) – 4th place, 167 lbs.

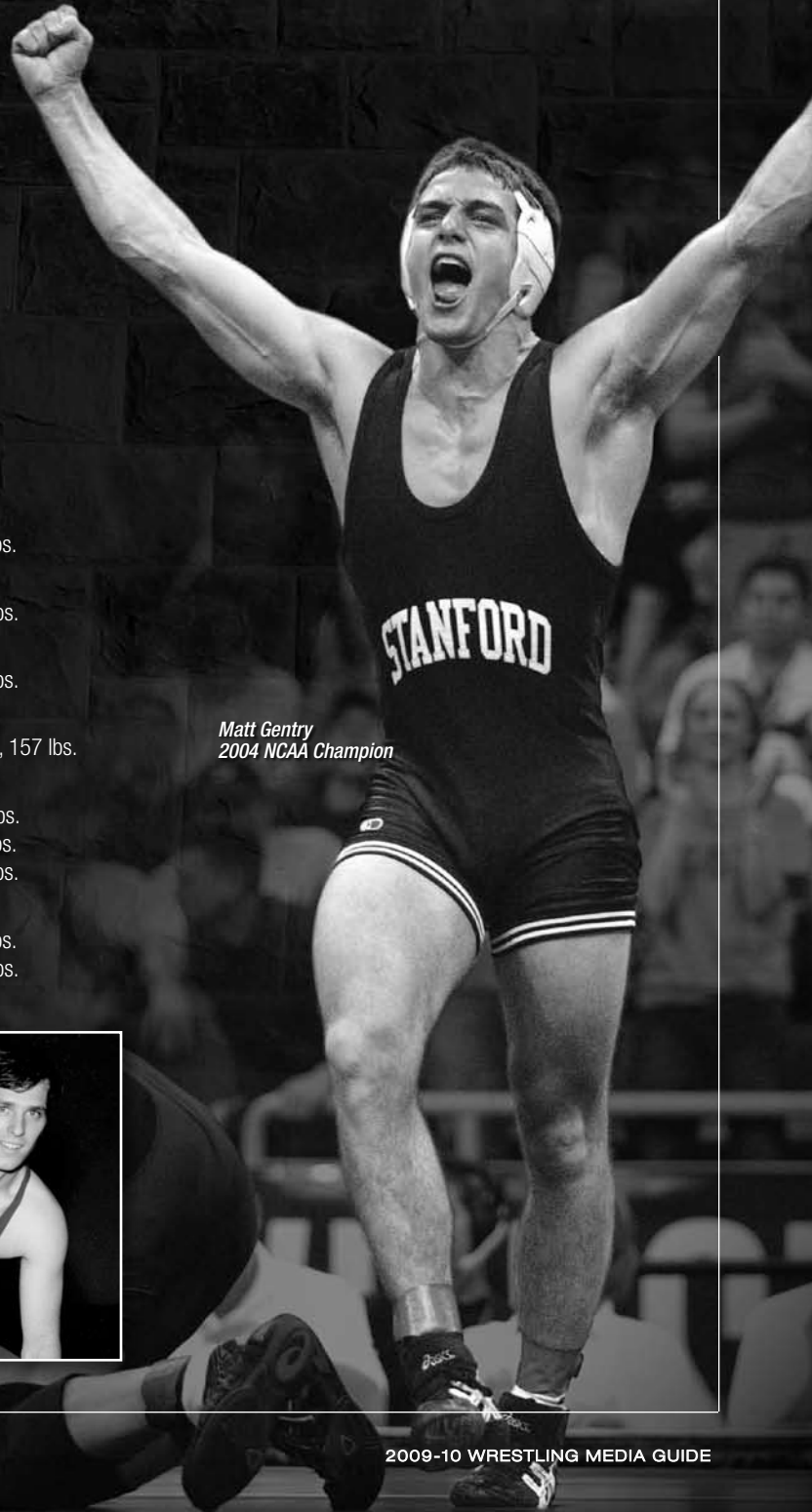
Tod Surmon  
1996 (SR) – 7th place, 142 lbs.

Beau Weiner  
1999 (SR) – 7th place, 157 lbs.

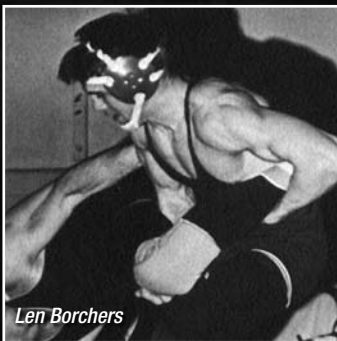
Matt Gentry  
2004 (JR) – NCAA Champion, 157 lbs.

Tanner Gardner  
2006 (SO) – 8th place, 125 lbs.  
2007 (JR) – 7th place, 125 lbs.  
2008 (SR) – 5th place, 125 lbs.

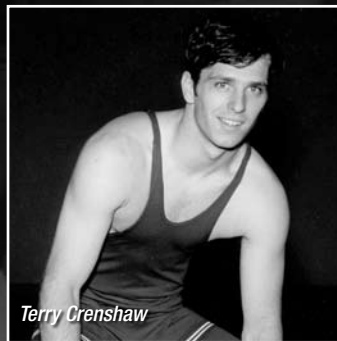
Josh Zupancic  
2007 (JR) – 7th place, 157 lbs.  
2008 (SR) – 6th place, 157 lbs.



*Matt Gentry  
2004 NCAA Champion*



*Len Borchers*



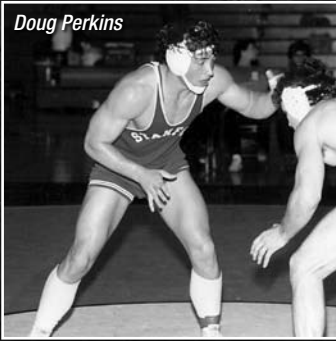
*Terry Crenshaw*



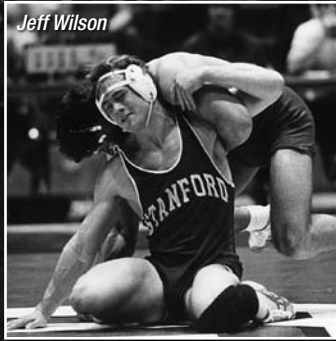
# NCAA® WRESTLING CHAMPIONSHIPS

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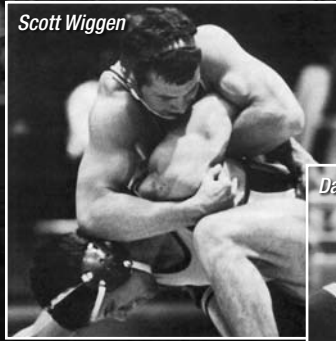
*Doug Perkins*



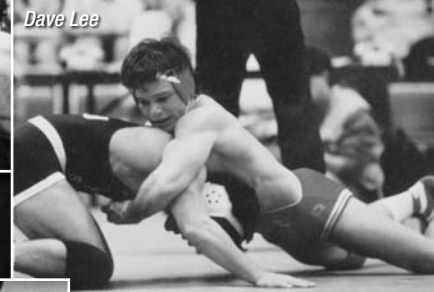
*Jeff Wilson*



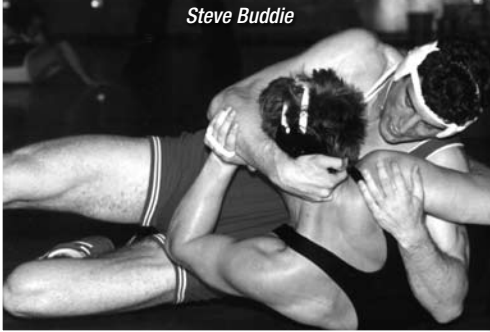
*Scott Wiggen*



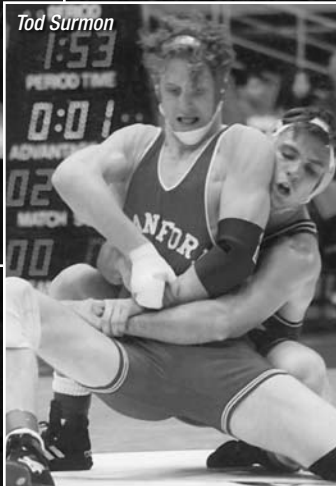
*Dave Lee*



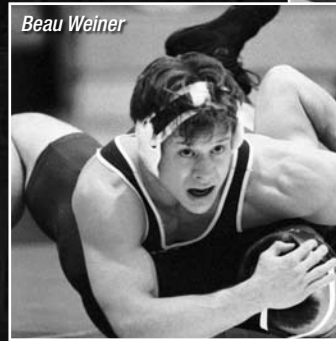
*Steve Buddie*



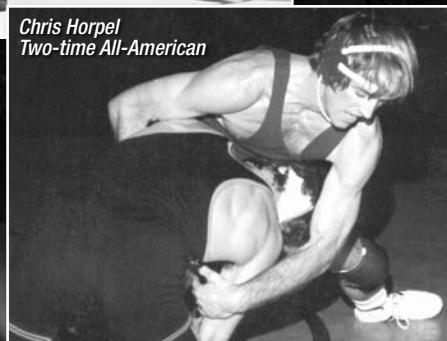
*Tod Surmon*



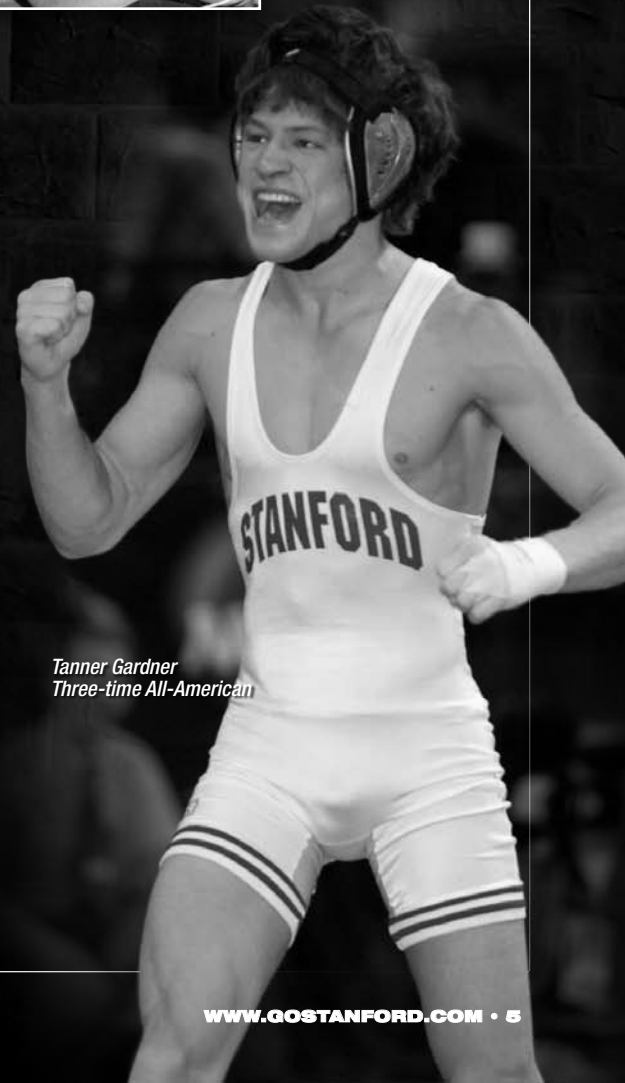
*Beau Weiner*



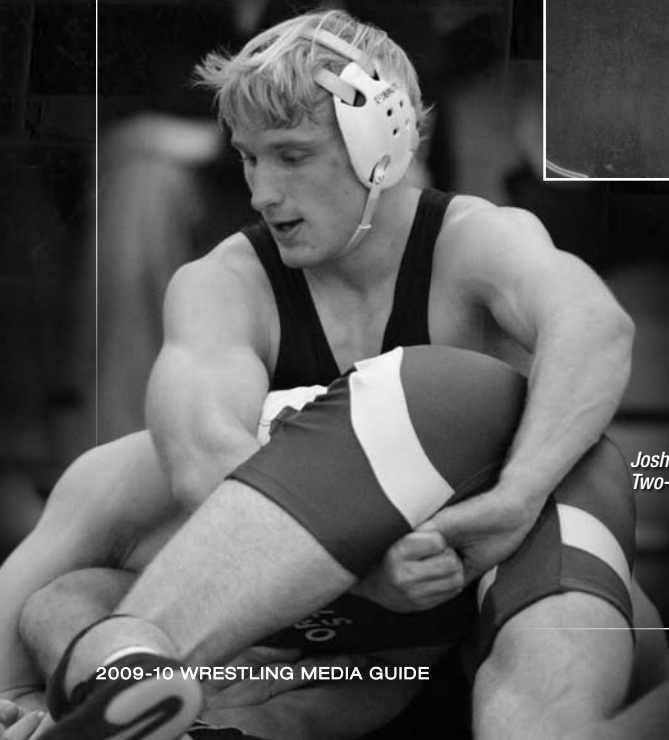
*Chris Horpel*  
*Two-time All-American*



*Tanner Gardner*  
*Three-time All-American*



*Josh Zupancic*  
*Two-time All-American*



# S STANFORD PAC-10 CHAMPIONS

Since the first Pacific-10 Conference Championships were held in 1978, Stanford has won 14 individual conference titles. Heavyweight Flint Pulskamp became the first Cardinal wrestler to win the Pac-10 in 1983, and three years later, Stanford had its first two-time Pac-10 Champions in Jeff Bradley and Dave Lee. Lee and Jimmy Aguirre are the only two Cardinal wrestlers to have taken home the title as freshmen. In 2008, Tanner Gardner became the third Cardinal wrestler to successfully defend a Pac-10 crown, taking home the 125-pound title for the second straight year.

Stanford has had one Pac-10 Wrestler of the Year, Matt Gentry in 2004, and two Pac-10 Newcomers of the Year, Gentry in 2002 and Zack Giesen in 2007. Steve Buddie became Stanford's first Pac-10 Coach of the Year in 2004.

Prior to the organization of the Pac-10, Stanford had seven Pacific Coast Conference Champions – Jake Butts (1933), Woodward Bohosky (1935), Reese Milner (1935), Vern Jones (1946, 1948, 1949), Dan Winston (1946), Oscar Thompson (1946) and George Russell (1952). The Cardinal also produced three champions in the Athletic Association of Western Universities - Tom Allen (1964), Don Beuhler (1964) and Bruce Wilhelm (1965) - along with two in the Pac-8 Conference, Len Borchers (1968, 1969) and Chris Horpel (1975).

## Stanford Pac-10 Champions

Flint Pulskamp 1983 (JR) - HWT	Tod Surmon 1996 (SR) – 142 lbs.
Jeff Bradley 1985 (JR) – 134 lbs. 1986 (SR) – 134 lbs.	Zach Zimmerer 2000 (SR) – 133 lbs.
Dave Lee 1985 (FR) – 167 lbs. 1986 (SO) – 167 lbs.	Matt Gentry 2004 (JR) – 157 lbs.
Steve Buddie 1991 (SR) – 167 lbs.	Imad Kharbush 2004 (SO) – 174 lbs.
Steve Yarbrough 1991 (SR) – 177 lbs.	Tanner Gardner 2007 (JR) – 125 lbs. 2008 (SR) – 125 lbs.
Jimmy Aguirre 1993 (FR) – 134 lbs.	

*Tod Surmon*

*Jeff Bradley*

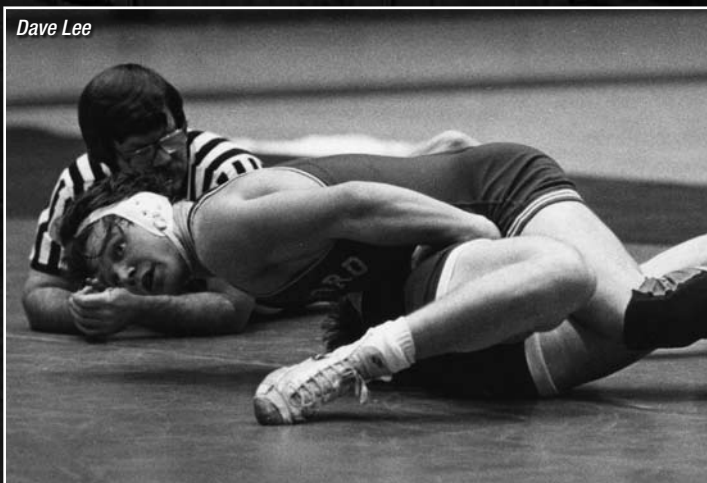
*Steve Yarbrough*

*Flint Pulskamp*

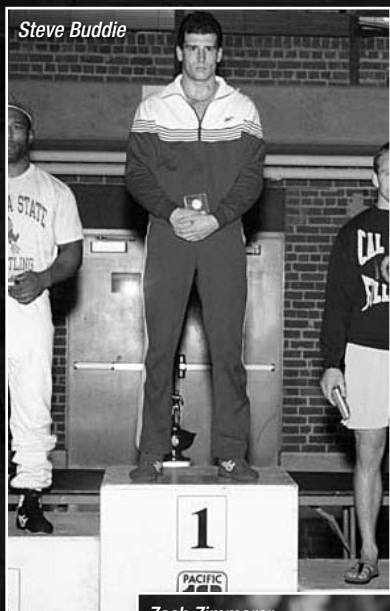
*Tanner Gardner*



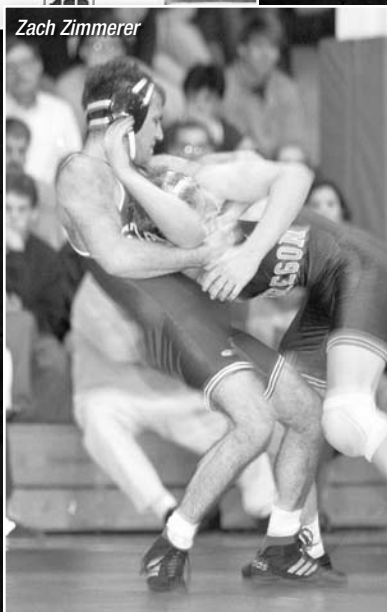
Dave Lee



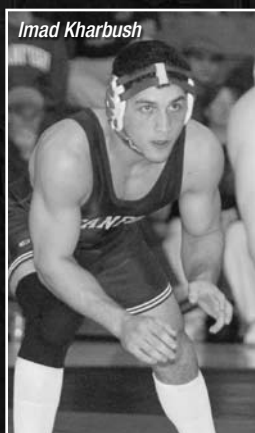
Steve Buddie



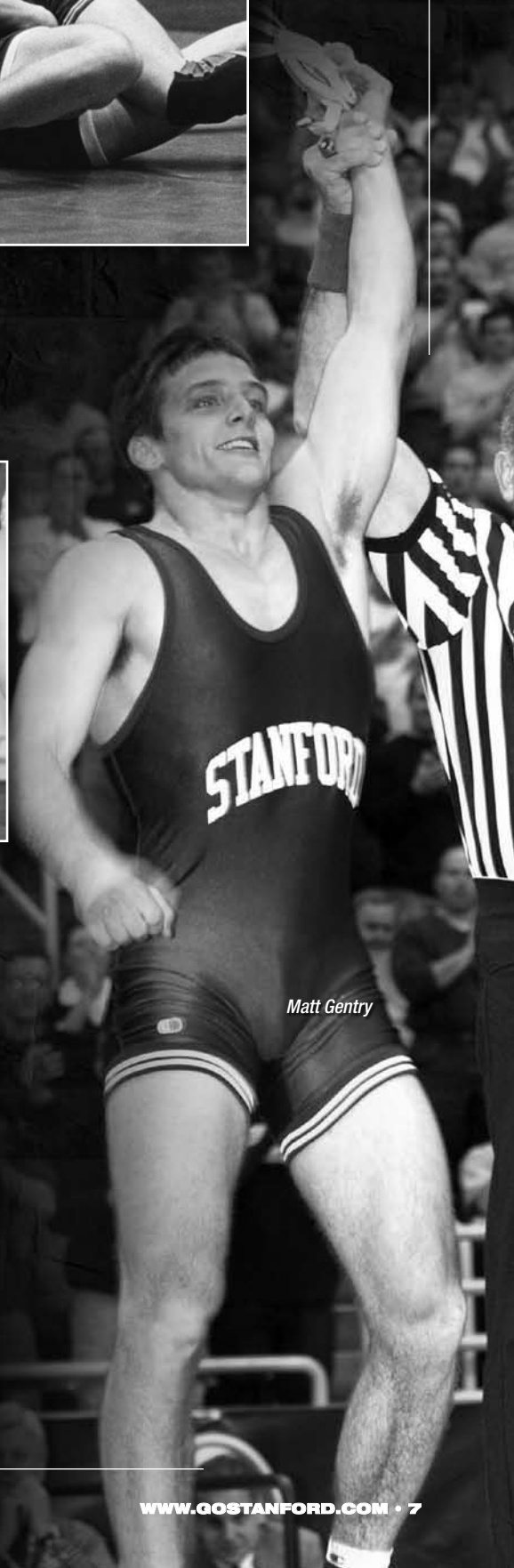
Zach Zimmerer



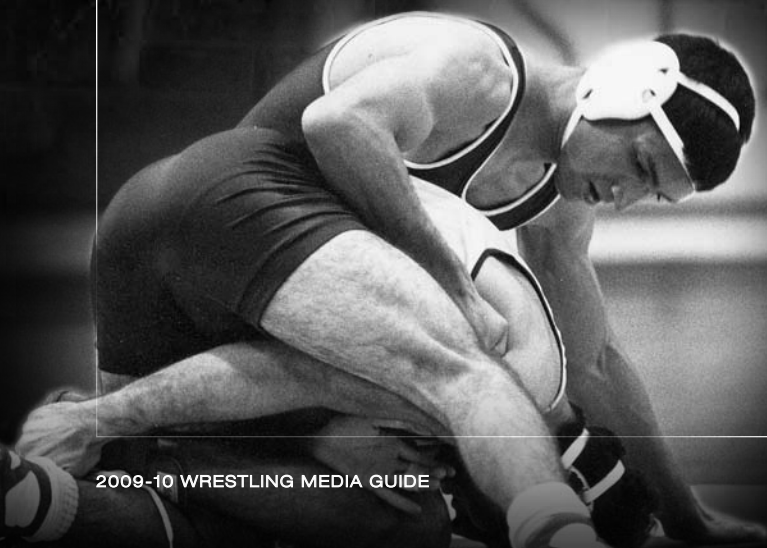
Imad Kharbush



Matt Gentry



Jimmy Aguirre



# S STANFORD WRESTLING FACILITIES

Stanford University boasts some of the best athletic facilities in the nation. The Cardinal wrestling practice facility is the Fred and Elizabeth Weintz Wrestling Room located on the lower level of the Arrillaga Family Sports Center. The 3,800 square foot room opened with the new building in January 1994, and went through a major upgrade in 2005. The room now features state-of-the-art training equipment, including a video recording system, two flat-panel television screens, four new Aerodyne exercise bikes, new pull-up bars and weight equipment and a recently replaced one-piece mat. The Cardinal also has a newly refurbished locker room, with recently replaced lockers and a flat screen TV, and access to the 16,000 square foot weight training facility in the building.

The Cardinal hosts home meets in Burnham Pavilion and the San Diego Sports Hall in the Ford Center. Burnham Pavilion, originally known as Stanford Pavilion, was first completed in 1922 and is currently home to both gymnastics teams, the men's volleyball team and the wrestling squad. It is named after Malin Burnham, a principal donor for the 1989 renovation project. Located behind and connected to Burnham, the Ford Center was added in the fall of 1989. The \$10 million structure, named after principal donor Tom Ford, includes the San Diego Sports Hall, where the Cardinal also hosts home meets. Fans can watch live webcasts of all Stanford home meets at [www.gostanford.com](http://www.gostanford.com).



Weintz Wrestling Room







Burnham Pavilion



Ford Center

