MY ROO'S

MALVERN TO MANITOBA: YOUTH PARTICIPATE IN EXCHANGE

Hilori Kaloti **Community Reporter**

The Cree Reservation in northern Manitoba may sound like an unfamiliar place to most of us but not for twenty students from Malvern.

This April 20 – 27, students from the community of Malvern were chosen to participate in a one week exchange to northern Manitoba. Youth became familiar with their way of life and in May, the youth from Manitoba visited Toronto to experience a little bit of city life.

The exchange was organized by the YMCA and the Malvern Rouge Valley Youth Services in hopes of providing Canada.

"I first started volunteering chuckles Muskego. at the Rec centre and then I became Committee where I helped plan the Christmas party and the community picnic. It was through my volunteering at the Halloween party that I was chosen to participate in the exchange," says sixteen year old Jakanah Sambavalingam from Lester B. Pearson C.I. "It was a huge eye opener and a culture shock going to Manitoba since this is the province right next to us—you can see how some of the Natives are slowly becoming assimilated Canadian culture," she

Luke Muskego, a twelve-year-old boy from Oxford House, the partner



» EXCHANGE PARTICIPANTS FROM MANITOBA AND MALVERN GATHER INSIDE THE MALVERN RECREATION CENTRE

school in Manitoba, had a spectacular time in Toronto. "The population and size up a different avenue of learning for the of Toronto is so big! There are so many different kinds of religions and people. young people with the networks to start We got to visit the CN Tower and the big building long lasting relationships across Hindu temple in Etobicoke. I took so many pictures that my memory card is full,"

"When our buddies from Toronto a part of the Malvern Youth Advisory came to visit us, we took them ice fishing, we volunteered at the Seniors centre, we did some bead work and we taught them about the natural resources for fern traps," explains fifteen-year-old Evangeline Day, from Oxford House. "Most of our activities are surrounded by nature so we hope they learned a bit about Aboriginal culture," she the Natives; then the English and the Scots

> Tenus Grieves, a chaperone and one of the special support workers from Oxford House says "This was even my first time out of Manitoba. I was shocked at how interesting and educational the Science Centre was."

"This whole experience opens kids. It gives you different perspective of society and it enhances your scope of things," says Howard Grieves Sr, a guidance counsellor at Oxford House. "Our biggest facility in Cree is the school and the arena so coming to Toronto and seeing the Science Centre alone was a shock."

Rose Fox, coordinator of the exchange and secretary of the Malvern Rouge Valley Youth services says, "What we're trying to accomplish through this exchange is to look at it from a pioneer way in regard to immigration. Malvern village actually goes all the way back to came and look at where we are today."

"I wanted the kids to learn about where we came from...I wanted to begin to connect youth of Malvern to others who are similar and different to them in order for them to appreciate and respect one another," says Fox.

EMBRACE YOUR RACE

Natasha Rajaratnam **Community Reporter**

A part of a good community is a healthy one and what better way than to organize an athletic event. On Saturday, May 31, 2008 between 9:00a.m. and 3:30p.m. The community gathered outside of the Malvern Emmanuel Church to take part in The Malvern Bicycle Classic.

Through a partnership with the City of Toronto Community programs, Ontario Cycling Associaton, race director Rick Meloff and the 42 Division Toronto Police, youth were introduced to competitive cycling.

It consisted of several races which included the celebrity road race involving police officers, fire fighters,

politicians and the youth cup road series for children between the ages of 10-16.

"It's a great opportunity and I was happy to do it. It's a time killer and it helps promote a healthy lifestyle. We also got free bikes for doing it from 42 division so I was happy about that too," says Julian a participant of the youth cup series.

The children that participated were to train with police officers and prove their dedication to be entitled to their bicycles for the races. Surrounding the area were cheers from supporting parents and community members.

"There are school teams and rec teams that participate in time trials which are 500m and road races which are 2.7km. Overall it's a way to experience what road competitions are really like," says Marla Bailey, a summer student at the OCA (Ontario Cycling Association).



»WINNERS OF THE YOUTH CUP ROAD SERIES



» STUDENT PARTICIPANT AND HIS NEW BIKE



IY ROOTS- OUTSTANDING TUDENT OF THE SEASO

Devin Persaud Community Reporter

"Everybody has a passion, and they should pursue it no matter what."-Lilly Singh

Born and raised in Malvern, Lilly Singh has never taken NO for an answer. Now a third year Psychology major at York University and captain/ founder of her own Bhangra (Punjabi folk dance) team: "Nachde Tapde Punjabi", she has always worked hard to prove that even the seemingly impossible can be within grasp if you work hard enough.

Singh began her schooling career at Mary Shadd P.S. which she says has developed and shaped her most into the person she is today. "Some of the friends I made at Mary "LILLY SINGH IN THE TRADITIONAL BHANGRA COSTUME Shadd I am still close with today, and a business venture. "When we first the two teachers who inspired me most started NTP, I never intended it to be a to follow my strengths are there as well," says Singh. These two teachers: Mr. Ragoonath, and Ms. Hamid made great response we got from our peers a big impact on her, as they saw the we decided to carry it on... I was able potential in her and pushed her to to find and form a committed and very get more involved in extracurricular talented team." activities and to develop her leadership skills, which would end up coming in a plethora of different venues: handy later in life.

However, schooling is only part Asian festivals. of Singh's life. Her other great passion, and what drives her is dancing.

Pearson C.I. from grades 9 - 12 and sponsors, that we couldn't open our doors up to always remain my top priority." the community, because of issues that that the talent of Malvern deserved girl in a group with six guys. to be showcased and admired. In never thought that they would listen express yourself." order to make International night a to her, but she emphasizes how great reality I had to go to TDSB officials, her entire team is and how large an make petitions, talk to different Youth impact they've made on her life. Workers, and eventually after three months of struggling, the school finally Singh says that the two people who agreed," she says.

night that Nachde Tapde Punjabi "They are the strongest women I know, (NTP), first formed its roots. Singh and more than anything else they've her team performed to a great ovation always supported my dreams, no during these school events, and what matter how ridiculous. It's amazing was once a hobby soon blossomed into



long term thing. It was just myself and four other guys, but because of the she says.

Today, NTP performs at Weddings, cultural shows and South

started NTP it was her responsibility create choreography, her strongest, and pushed her into become much better with delegating be welcomed by schools and community trying different things. "In grades 11 responsibilities to the rest of the centres as well." and 12 I was the President of Pearson's team, and although it's tough I've

She draws her inspiration and

In addition to this, have inspired her most in life are her It was during international older sister, Tina, and her mother.

to have family members that support you, and I strive to be everything like them."

As for her future, she has plans to pursue a career in the field of occupational therapy and eventually she also plans to expand the team so that they will compete in competitions and hopefully open a school of dance for children.

"Most Bhangra dancers have learned from a dance academy, but I had to start off on my own, because they didn't really have an institution like that in this area. Hopefully we can open an academy that will teach the intricacies of Bhangra dancing: its structure, discipline, and creativity,"

Despite all of her success, She remains very humbled by her experiences in Malvern. "Malvern is my home town and I've lived most of my life there. I know it gets a bad reputation from some media, but some of the most valuable lessons I've learned about diversity and people, come from living in Malvern. I, Singh's job doesn't stop at myself, was motivated by this negative what she realized at a very young age, performing either. When she first reputation, especially at Pearson, and I did my best to try and change it. I Singh attended Lester B. to design outfits, do publicity, find think one of the best ways to do this is through positive expression. Events says that this experience is what made and deal with team finances. "I've that promote positive attitudes should

To close, Singh carries a message International Night and it was tough. also found a way to concentrate on for the other youth of Malvern, and that We were told by the administration my school work as well, as that will is to pursue your passion. "In life you'll always face adversity, but if you stick to what you want, and believe in yourself occurred in the past. However, I felt motivation from many places. When you can overcome it. The world will that we were doing a positive thing and she first started NTP she was the only always have ways of trying to keep you She quiet but you should never be afraid to



» LILLY SINGH AND NTP AT A PERFORMANCE

NALVERN ALUMN



MERELLA FERNANDEZ: "ANYTHING IS POSSIBLE

As a reporter and anchor for CityNews at 5 p.m. and CP24 Merella Fernandez is an accomplished journalist from Malvern. Hard work, dedication and a passion for her job have always been first nature for Merella. She knows what it means to "get your foot in the door" as she worked her way from behind the scenes as a writer for CTV and CityTV to anchoring the news. She has covered stories from the streets of Toronto to the mountain tops of Tanzania but still calls Malvern her home. Merella is an ideal model of how we can express ourselves in alternative ways. Her tool of expression: Journalism.

Q: What elementary and high school did Q: Were the people in your life supportive you attend?

A: St. Florence Elementary and Pope John A: At first, not really. There are no guarantees Paul II.

Q: What was it like for you growing up in Malvern?

A: When I was a kid, it was great. It was a safe, working class area. I think the problems began when I was in high school.

Q: Did you always want to become a reporter?

A: No – loved writing and kind of fell into it.

What sparked your interest journalism?

A: Honestly, I simply knew I wanted to write for a living. Journalism was my way of doing it.

Q: Tell us about how you pursued this passion?

A: I went to Carleton University to take their Journalism Program, and did a Combined Honors in English. I did an internship at CTV just before I graduated. Eventually that led to my first job.



»»» MERELLA FERNANDEZ WITH SINGER STING

of vour endeavors?

in this business. I think my family would have preferred that I pursued a more stable profession. But they let me choose, and supported me in school.

Q: Did you surpass any obstacles on your path to success?

A: There are always obstacles. I wasn't even sure I was going to finish university because it was such a financial strain to send me to Carleton. After graduating, I spent months looking for a job in my field. I sent out dozens of resumes, and received dozens of rejections. Once I got my foot in the door at CTV, I worked really hard to keep moving itself is inspiring, with its many treasures



»»» MERELLA FERNANDEZ REPORTING FROM THE SKY

Q: What was the most memorable story Q: At the end of the day what is your goal that you covered?

A:Therehavebeen a few. The disappearances of Cecilia Zhang and then Holly Jones both heartbreaking, both unforgettable.

Q: Have you had any opportunities to report from overseas?

A: I've had an opportunity to do some series work out of Egypt and Tanzania about two A: Home. years ago. It was awesome.



»» MERELLA FERNANDEZ REPORTING IN TORONTO

Both were unique, and wonderful. In Egypt we visited a local school. It was incredible to see how different the classroom setting is, and what the challenges are for students in Cairo. Egypt and amazing history.

Tanzania was rugged and beautiful. We built a school at the base of Mount Kilimanjaro and then hiked up. Mentally and physically it was tough. It was one of the most rewarding adventures I have ever had.

Q: Do you have any advice for the youth of Malvern?

A: You really do have to work hard to succeed. Harder than many others. But anything is possible if you are willing to do the work and commit.

as a journalist?

A: To give the viewer at home perspective, insight, understanding - They can't go where I can in a day, so I am their eyes and ears.

In one word describe what Malvern means to you?



DIASPORA DIALOGUES: YOUNG WRITERS FROM THE MALVERN EDGE

Hilori Kaloti **Community Reporter**

"Put it before them briefly so they will read it, clearly so they will appreciate it, picturesquely so they will remember it" said Joseph Pulitzer, originator of the Pulitzer Prize in literary achievement. With few organizations committed to fostering the growth of young writers in literature, Diaspora Dialogues Charitable Society continues to support the creation of new fiction, poetry and drama that reflect the diversity of its writers.

For three weeks, students at Lester B. Pearson C.I. worked hard learning from three professional writers/artists and on March 18, 2008 it all came together. Students shared short stories, poems and invoking literature at the Malvern Library with an audience of family, friends and community members.

Diaspora Dialogues aims "to provide an outlet for young writers and artists of under-represented minorities to help build their confidence and encourage them to write more," says Philip Adams, Manager of Public Events for Diaspora Dialogues. "Instead of bringing the people to us, we wanted to bring ourselves to the people" he says.

began back in 2005 holding their first event in Malvern. Now they have come back for the second time to host their Young Writers from the Malvern Edge series. With the booming success of Diaspora Dialogues, it has expanded to further communities such as Etobicoke with plans of stretching as far out to Vancouver and Halifax.

Some of the emerging writters included eighteen-year-old student Ewart Griffith who shared some of his poetry. "Initially I thought I wanted to pursue a career in law enforcement but this experience has given me confidence in my writing and it has showed me that I can put my work out there and get positive feedback on it," says Griffith.

Asma Rahman is a grade twelve student says "It was through my writers craft class that I learned about this opportunity and now I am a lot more aware of certain things in my writing that I didn't pay as much attention to before."

Ayesha Zafar also shared a short poem and she says "not only am I more confident in my writing skills but I feel like my writing can serve a greater purpose... Now I love to write and it has become

Diaspora Dialogues initially one of my favourite hobbies".

The event also featured pieces by professional writers such as Saghi Ghahraman, writer of several Persian poetry and short fiction readings and featured speaker of PEN Canada Readers and Writers events

Marcia Johnson, actor and playwright for Theatre Passe Muraille and Obsidian Theatre also shared a short drama piece. "In the first week we were trained on spoken word then we learnt the basics of playwriting and finally we learned about poetry writing," says Griffith. "I think this experience has really shaped me for what I would like to do in the future," he says.

Diaspora Dialogues is committed to creating an environment that supports and encourages creative exploration. "We don't watch these young people to shut up," laughs Adams. "We want to give confidence to these young writers to want to write more. We're focused on connecting, contacting and identifying the different needs of young writers in communities...we just hope that these new writers will be able to continue to develop their voice and craft in the future," says Adams.

TRUE COLOURS

Sharla Smith

Community Submission

Just when you think you know somebody... The same somebody you've defended And just like that, the friendship ended What is this really about? Are you jealous?

You want to be me, I'll sell it

Take my face, my looks. my traits, Your hooked.

Your annoving

It's boring

You do the same old things

Your lieing

I'm dieing because trust isn't what you sing

You think I'm perfect?

Your so not worth it

I make people feel low?

You're so slow

I was the only one that had your back

Now your friendless

How sad is that?

Have fun in the future

because I definitley won't know you

And my whole crew told me,

I'd out grow you

They were right...

SUMMER BEYOND THE BORDERS OF MALVERN

Natasha Rajanatnam

Community Reporter

This Summer explore beyond the boundaries of Malvern. We live in a huge city and should take advantage of these two months of free time to explore the city. There are so many oportunities out there and it's up to you to grasp and take them back home to Malvern and to help set off your adventures. Here's a few places to go to help kick off your summer!

Toronto Outdoor Art Exhibition

If you're one with crafty ideas then this is where you want to be! You'll be enjoying a variety of artistic pieces including glass, jewellery, paintings, photography, sculptures, watercolours and more!

When: Friday, July 11 at 10 a.m. - 8 p.m., Saturday, July 12 at 10 a.m. - 7 p.m.,

Sunday, July 13 at 10 a.m. – 6 p.m. Where: Nathan Phillips Square

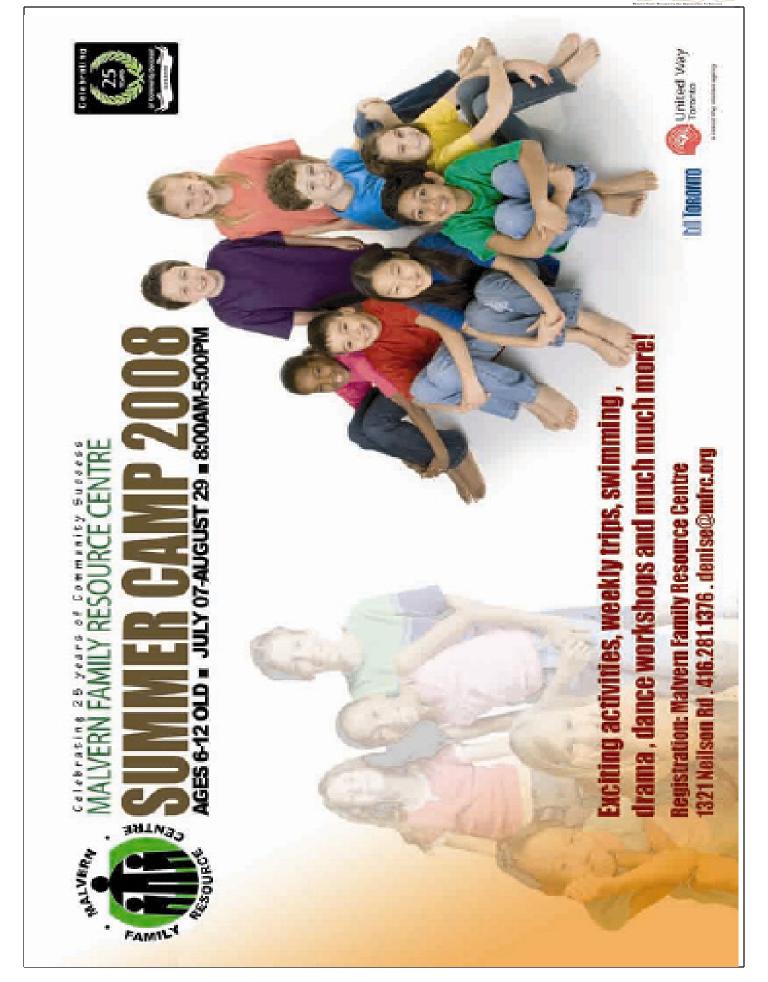
Toronto's annual summer play festival

You'll be able to experience plays along side with their scriptwriters. There will be plenty of plays and workshops of plays in development. It will definitely broaden your experience when it comes to the theatrics!

When: Thursday, August 7, Friday, August 8, Saturday, August 9 Visit: http://toronto.com/arts/event/372041 for more info

Volunteer

Many places that need a helping hand and more over, you'll be able to gain loads of experience from it! Take the time to do some research on www.volunteertoronto.ca. There are so many open opportunities!







Malvern Youth- Recognizing Our Opportunities To Succeed

EXPRESS YOURSELF!

Youth Express Their Culture

Laxmi Parthasarathy Editor

A little support and encouragement can go a long way.

On May 15th a group of dedicated young students headed by Co-Chair Zermeena Iqbal organized Lester B. Pearson C.I.'s annual International night.

What started out five years ago as a night to bring together the rich diversity of culture and heritage at Pearson, grew to draw in over 700 people from the entire Malvern community.

"We're so multicultural, I thought why not", are the words of George Chabrol a dedicated teacher at Pearson C.I. Chabrol is the support behind the enthusiastic group of students that organize International night yearly.

Chabrol shared that the students work very hard on this year-long project, their goal is to make the event as multicultural as possible. This can be a difficult task but "there is a very large South Asian population at Pearson and we want to represent everyone," said Chabrol.

The night is divided into two parts; a multicultural pavilion earlier in the evening and a lively and diverse show to follow

Pavilions included the United Kingdom, Sri Lanka, India and many others. Cultural music and the scent of ethnic food could be heard and smelt from the front entrance of the school. It was a colourful sight as students were dressed in a variety of ethnic clothing while representing their traditions with pride.

Visitors and students were then directed to the auditorium. Overflowing with support, cheers, chanting, and a buzz



»»» MC, POOJA BHAGAT INTERVIEWING THE AUDIENCE

of various languages, the show began. "I've been working on it more than a year...it's been in my head and I just hope everything goes well...We give it our best., said labal.

Performances included Gow's rap, a young Tamil student's positive rapping style, 3D a group of boys and girls dancing to popular Tamil music, the vocals of Lia Marinoiu, and much more.

Behind the scenes is a committed audio visual team led by Yogeeta Devi, a grade 12 student. "This is a great experience because you get to work with people you don't usually get to know in school," said Devi.

The show closed with a bhangra (Punjabi folk dance) performance by SGS which closed the show with a roar of cheering, cultural flags waving, excitement emanating from the audience and a look of relief from the organizers.

Darren Ashton a gr. 12 student says he comes back to help organize this event for the crowds, the noise, and the idea of organizing something fun.

WHAT'S INSIDE?

>WRITER'S WORKSHOP - PG. 2

>OUTSTANDING STUDENT OF THE SEASON: LILLY SINGH-PG. 3

>ALUMNI: MERELLA FERNANDEZ -PG. 4

>DIASPORA DIALOGUES- PG. 5

>MALVERN STUDENT EXCHANGE- PG. 6

>MALVERN SPELLING BEE-PG. 7

The International Night has yet another chapter to tuck away for the summer. "Mr. Chabrol we did it!" said Igbal before leaving for the night.

When the crowds began to leave Mr.Chabrol reflects on the past five years of the International night. "I do it because of the kids, it can be tiring, but to watch their energy and how emotional they get about it that is why I do it. If we [teachers] don't do it they'll miss out on things that they are capable of," said Chabrol.



»»» YOUNG DANCERS PERFORM FOR A FULL HOUSE

MY ROO

THE MY ROOTS **EXECUTIVE**



Left to Right: Sydney Elias, Natasha Rajaratnam, Laxmi Parthasarathy, Hilori Kaloti, Lindee Ballentine and Devin Persaud.

.AXMI PARTHASARATHY

FOUNDER/EDITOR

MALVERN.YOUTH.ROOTS@GMAIL.COM

HILORI KALOTI

MANAGING EDITOR/COMMUNITY REPORTER

HILORI.KALOTI@GMAIL.COM

DEVIN PERSAUD

SPONSORSHIP CO-ORDINATOR/ COMMUNITY REPORTER DEVINPERSAUD@GMAIL.COM

NATASHA RAJARATNAM

PUBLIC RELATIONS CO-ORDINATOR/ PUBLISHING ASSISTANT

NATASHA_RAJARATNAM@HOTMAIL.COM

REVEREND SYDNEY

ADVISOR/COMMUNITY OUTREACH ELIASSYD@YAHOO.COM

LINDEE BALLENTINE

MY ROOTS/TDSB LIASON LINDEE.BALLENTINE@TDSB.ON.CA

Contact Us!

WANT TO GET INVOLVED WITH MY ROOT

ARE YOU INTERESTED IN HAVING YOUR WORK **PUBLISHED?**

DO YOU WRITE ARTICLES, STORIES, OR POETRY? **ARE YOU ARTISTIC?**

ARE YOU INTERESTED IN PHOTOGRAPHY OR ART?

THEN WHAT ARE YOU WAITING FOR? GET INVOLVED WITH MY ROOTS TODAY



WE WANT TO HELP NURTURE YOUR CREATIVITY BY PROVIDING A POSITIVE OUTLET. THERE ARE ALSO MANY OTHER WAYS TO TAKE PART IN MY ROOTS **EVENTS AND UPCOMING PUBLICATIONS, JUST ASK!**

EMAIL US AT: MALVERN. YOUTH.ROOTS@GMAIL.COM

From the Editor's Desk

What a year! MY ROOTS has successfully brought four editions to the greater Malvern area in the past twelve months.

What do we mean by Express yourself? Everyone has a passion, an opinion or a talent that is waiting to be revealed and nurtured. We want you all to find that passion and express it however you can, to your friends, your family and your communitv.

Lilly Singh, our outstanding student of the season, always knew she had a passion for her Punjabi

heritage and decided to express her pride through dance.

For many, including myself, writing is a very powerful form of expression. When I am passionate about an issue, I like to express my thoughts through writing.

Similarly, I love helping others find their passion and guide them to pursue it. So, I hope this edition of MY ROOTS will be a source of inspiration and that you'll find just the right way to express yourself!

Cheers,

Laxmí Parthasarathy Founder/Editor -MY ROOTS



Malvern Branch 30 Sewells Rd. 416.396.8969

EXPRESS YOURSELF"



the writers of tomorrow.



FREE writers workshop for all students! Saturday, June 28, 9:15 am-12 pm at the Malvern Branch

Guest Speakers include:

Boonaa Mohammed (Award winning writer and Spoken Word Artisit) **Priya Ramanujam** (Co-founder & Editor-in-chief of Urbanology magazine) Julia Dow (Writer and former youth advice columnist at the Toronto Star) Paul Nguyen and Mark Simms (Producers of "Lost in the Struggle" a CBC documentary & co-founders of jane-finch.com)

For more information and to SIGN UP come to the Malvern Branch Information Desk or contact Malvern.youth.roots@gmail.com



Comic Drawing Workshops

Thursday, June 26, 3:30-5:00 p.m. Saturday, June 28, 3:30-5:00 p.m. Professional comic artist will teach you the art of comics.

Registration starts on June 2.

Youth Advisory Group

Tuesday, July 29, Aug. 26, 4-6 p.m.

- Earn volunteer hours
- Contribute ideas to the library's services
- Gain useful skills

Application form available at the circulation desk.

Computer Daze

Saturday, July 12-26, Aug. 9, 2-4 p.m. Sign up to chat and play in the Le@rning Centre for 2 hours.

COMMUNITY EVEN



Malvern Creative Writing Project

Thursdays, July -Aug. 7, 3:30-5:00 p.m. A co-partnership with Diaspora Dialogues.

Teen Movies

Mondays, Aug.11-25, 4-6 p.m. Enjoy movies selected by your own Youth Advisory Group. Everyone is welcome.

Online Homework Tips for Teens

Registration starts Aug. 1

Wednesday, Aug. 23, 4-6 p.m. Get a head start and lean to use Web based research databases from home and at the library. Grades 7-12.

> Malvern Branch 30 Sewells Rd. 416.396.8969

Teen Programs Summer 2008 (Ages 12-19)

MALVERN'S BUZZ

Marshalin Paryani

Spelling Bee of Canada **Chapter President**

students and their families. The third end successful. annual NE4 Regional Spelling Bee at spelling talents of the participants.

the region yied for the chance to win number of participants. cash prizes and trophies as well as to very difficult words.

ship with Spelling Bee of Canada,

Toronto District School Board and were Kristen M., Safia K., and Ariel L. Malvern Town Center. Volunteers worked for many months preparing tatives from the Malvern spelling The weekend of May 29 and the students for the event as well as co- bee put their spelling skills to the 30, 2008 was very special for over 500 ordinating services to make the week- test against other proficient spellers

In previous years, the spelling Malvern Town Center showcased the bee was held on a single day but due some very challenging words but to the high demand, an extra day was unfortunately did not finish in the Students from ten schools in added to accommodate the increased top three.

challenge themselves in spelling some in B. from Fleming P.S., Bravien A. from the spelling stars. Many of those who Mary Shadd P.S. and Shubham K. D. participated this year look forward to The event was a joint partner- from Emily Carr P.S. Intermediate win- it with great A-N-T-I-C-I-P-A-T-I-O-N! ners all attend Brookside P.S. and

On Sunday May 4 represenfrom across Ontario at Metro Hall.

The Malvern students spelled

Residents of Malvern should The primary winners were Kev- be proud of the wonderful effort of

Thank you for your support!





