

# November Seasonal Produce

---

## Vegetables

Artichokes (Jerusalem, Crosnes, French Globe Bunch Baby Artichokes), Aubergines (Italian Violet, Spanish), Baby veg (Carrots Yellow/White/Purple, Fennel, Pumpkins, Leek), Beans (Borlotti), Beetroot (English Candy, English Golden), Brussel Sprouts, Cabbage (Castelfranco, English Cavalo Nero, Hisp Savoy, Red, White), Calebrese, Cime de rapa (Italian bitter leaf brasica)), Celeriac, Celery, Chervil Root, Chestnuts, Chicoria, Chicory, Curly Kale, Fennel (Italian), Kohlrabi, Leeks, Lemon Balm.

Nuts (chestnuts, walnuts, pistachio), Onion (Cipollini, Roscoff, white, Ornamental gourds), Parsley Root, Parsnips, Potatoes (Early, main crop, purple, New Season Black Truffle, New Season Rattes, Pink fir, Yukon Gold, sweet orange flesh), Pumpkin (Iron Bark, Pottimarron), Salad (French Watercress, Tardivo (Wild Treviso), Treviso, claytonia, frissee winter), Salsify, Scorzonera, Squash (French Butternuts, Spaghetti, Butternut, Acorn), Swede, Swiss Chard.

Tomatoes (Coeur de Boeuf varitable (Fr), Verona (Fr), Rose de Berne (Fr)), Turnip (Cimi di Rappe (Turnip Tops)).

## Fruit

Apples (English Cox, Bramley, English Russet, Custard, English Braeburns, English Jonagold, English Spartan), Bananas baby, Clementine's (Spanish / Italian), Socculente.

Cranberries, Dates (Californian Medjool), Grapefruits (pink), Grapes (white, Muscat), Lemon (Spanish), Mangoes, Orange (Juicing Spain, Spanish).

Pear (English Conference, parsanne wax tip (fr), Pears William (fr), French Baby, Paris Select, The Dog (French)), Persimmons / Sharon Fruit (Spanish), Pineapples (Victoria), Plums (Angeleno), Pomegranates (Spanish), Puntarelle, Quince (French), Satsumas, Tangerine, Walnuts (Wet), Yuzu – Yellow & Green.

## Game & Meat

Deer (Fallow Does, Fallow Bucks, Roe Does, Red Stag), Goose (wild, farmed), Grouse,

Hares, Mallard, Partridge (English Grey Leg), Pheasant, Pigeon (Wood English), Rabbit, Snipe, Woodcock,

## Fish & Shellfish

Anchovy, Bream (Black), Brill, Cod, Coley, Dab, Gurnard (Grey, Yellow, Red), Haddock, Hake, Halibut (Greenland), Herring, John Dory, Mackerel, Pollock, Red Mullet, Sardines/Pilchard, Sea bass, Sole (Dover, Lemon, Megrim), Sprats, Squid, Thornback Ray (rocker), Turbot, Whiting.

Crab (Brown, Spider, King), Crayfish (freshwater), Langoustine, Lobster (native), Mussels, Oysters (Loch Fyne, rock native), Scallops (King), Sea Urchin.

### Foraging

Nettles, Bay, Borage, Calendula (pot marigold), Elderberries, Sea aster, Sea beet, Sea buckthorn, Sea purslane ,

### Wild Mushrooms

Bay boletus, Beefsteak fungus, Blewitt wood, Cep, Winter chanterelle, Oyster, Pied bleu, Pied de mouton, Trompette de mort, White alba Truffle, Chanterelle, Girolles.