

NATIONAL GIRLS U17 RECORD LONG COURSE METERS



Event	Time	Record Holder	Date	Competition
Freestyle				
50m Freestyle	0:25.38	LIM Xiang Qi Amanda	04 Jul 2009	1 st Asian Youth Games2009 SINGAPORE
	<i>0:25.65</i>	<i>QUAH Ting Wen</i>	<i>14 Jun 2009</i>	<i>5th S'pore Nat Swim C'ships 2009 SINGAPORE</i>
	<i>0:25.80</i>	<i>QUAH Ting Wen</i>	<i>14 Mar 2009</i>	<i>40th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE</i>
	<i>0:26.26</i>	<i>LIM Xiang Qi Amanda</i>	<i>13 Mar 2009</i>	<i>40th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE</i>
	<i>0:26.39</i>	<i>QUAH Ting Wen</i>	<i>08 Jun 2008</i>	<i>4th S'pore Nat Swim C'ships2008 SINGAPORE</i>
100m Freestyle	0:55.57	QUAH Ting Wen	06 Jul 2009	1 st Asian Youth Games2009 SINGAPORE
	<i>0:55.65</i>	<i>QUAH Ting Wen</i>	<i>10 Jun 2009</i>	<i>5th S'pore Nat Swim C'ships 2009 SINGAPORE</i>
	<i>0:55.80</i>	<i>QUAH Ting Wen</i>	<i>16 Mar 2009</i>	<i>40th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE</i>
	<i>0:56.14</i>	<i>QUAH Ting Wen</i>	<i>13 Aug 2008</i>	<i>29th Olympic Games 2008 Beijing, CHINA</i>
200m Freestyle	1:59.21	QUAH Ting Wen	03 Jul 2009	1 st Asian Youth Games2009 SINGAPORE
	<i>2:00.14</i>	<i>QUAH Ting Wen</i>	<i>13 Jun 2009</i>	<i>5th S'pore Nat Swim C'ships 2009 SINGAPORE</i>
	<i>2:01.18</i>	<i>QUAH Ting Wen</i>	<i>15 Mar 2009</i>	<i>40th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE</i>
	<i>2:02.16</i>	<i>LIM Shu-En Lynette</i>	<i>07 Jun 2008</i>	<i>Janet Evans Invitational2008 California, USA</i>
400m Freestyle	4:13.70	QUAH Ting Wen	26 Jul 2009	13 th FINA World Swimming Championships 2009 Rome, ITALY

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	4:16.42	LIM Shu-En Lynette	05 Jun 2008	Janet Evans Invitational2008 California, USA
800m Freestyle	8:45.56	LIM Shu-En Lynette	14 Aug 2008	29 th Olympic Games 2008 Beijing, CHINA
1500m Freestyle	17:02.07	LIM Shu-En Lynette	10 Aug 2007	2007 Speedo Junior Championships, Southern California, USA

Backstroke

50m Backstroke	0:28.58	LIM Jia Yi Shana	18 Mar 2010	41 st S'pore Nat Age Gp (Sr) Swim C'ships 2010 SINGAPORE
	0:29.20	TAO Li	04 Dec 2006	15 th Asian Games 2006 Doha, QATAR
		LIM Jia Yi Shana	15 Mar 2009	40 th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE
		LIM Jia Yi Shana	13 Jun 2009	5 th S'pore Nat Swim C'ships 2009 SINGAPORE
		LIM Jia Yi Shana	29 Jul 2009	13 th FINA World Swimming Championships 2009 Rome, ITALY
100m Backstroke	1:03.25	LIM Jia Yi Shana	01 Aug 2009	13 th FINA World Swimming Championships 2009 Rome, ITALY
	1:03.42	LIM Jia Yi Shana	14 Mar 2009	40 th S'pore Nat Age Gp Swim C'ships 2009 SINGAPORE
	1:03.71	TAO Li	22 Jun 2006	2 nd S'pore Nat Swim C'ships 2006 SINGAPORE
200m Backstroke	2:17.55	TAO Li	29 Nov 2005	23 rd SEA Games 2005 Los Banos Laguna, PHILIPPINES

Breaststroke

50m Breaststroke	0:32.44	HO Ru'En Roanne	03 Jul 2009	1 st Asian Youth Games 2009 SINGAPORE
	0:33.01	HO Ru'En Roanne	15 Oct 2008	3 rd Commonwealth Youth Games 2008 Pune, INDIA

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100m Breaststroke	1:10.49	Samantha Louisa YEO	27 Jun 2013	9th Singapore National Swimming C'ships 2013 SINGAPORE
	1:11.37	YEO Wei Ling Joscelin	13 Dec 1995	18 th SEA Games 1995 ChiangMai, THAILAND
200m Breaststroke	2:32.34	Samantha Louisa YEO	29 Jun 2013	9th Singapore National Swimming C'ships 2013 SINGAPORE
	2:34.07	Samantha Louisa YEO	23 April 2013	54th National School Swimming C'ships 2013 SINGAPORE
	2:34.29	TEO Wei Min Nicolette	01 Aug 2002	2002 Speedo Champion Series, California-Nevada Summer Championships, USA

Butterfly

50m Butterfly	0:26.73	TAO Li	07 Dec 2006	15 th Asian Games 2006 Doha, QATAR
100m Butterfly	0:58.96	TAO Li	02 Dec 2006	15 th Asian Games 2006 Doha, QATAR
200m Butterfly	2:14.11	TAO Li	03 Dec 2005	23 rd SEA Games 2005 Los Banos Laguna, PHILIPPINES

Individual Medley

200m Individual Medley	2:17.48	YEO Wei Ling Joscelin	13 Jun 1993	17 th SEA Games 1993 SINGAPORE
400m Individual Medley	4:51.25	QUAH Ting Wen	09 Aug 2008	29 th Olympic Games 2008 Beijing, CHINA

Freestyle Relay

4x100m Freestyle Relay	3:54.66	Chue Christie Tseng, Rachel Marjorie Chan Shi Min Marina Quek Hannah	06 Jun 2014	Mizuno 38th SEA Age Group Swimming Championships 2014
4x100m Freestyle Relay	3:54.67	YEO Ginn Samantha Tseng, Rachel Marjorie Chan Shi Min Marina	19 August 2013	Asian Youth Games 2011, Nanjing, CHINA

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Hoong En Qi

	3:56.55	SINGAPORE SCHOOLS :CHAN Shi Min Marina :TEO Jing Wen :YEO Ginn Samantha Louisa :Tseng, Rachel Marjorie	02 Jul 2012	4th ASEAN Schools Games 2012, Surabaya, INDONESIA
	3:57.24	SINGAPORE SCHOOLS :CHAN Shi Min Marina :YEO Ginn Samantha Louisa :YEO Xiu Wen :KOH Hui Yu	05 Jul 2011	3 rd ASEAN Schools Games 2011 SINGAPORE
	3:57.68	SINGAPORE SCHOOLS :HO RuYu Ruth :ONG Chui Bin Mylene :PANG Si Jia :HO Shu Yong	08 Apr 2005	SSA Time Trials SINGAPORE
4x200m Freestyle Relay	8:26.23	SINGAPORE :LIM Xiang Yi Amanda :ONG Chui Bin Mylene :LIM Shu-En Lynette :QUAH Ting Wen	07 Dec 2007	24 th SEA Games 2007 Nakhon Ratchasima, THAILAND

Medley Relay

4x100m Medley Relay	4:20.25	Chue Christie Tseng, Rachel Marjorie Chan Shi Min Marina Tan Jing-E	06 Jun 2014	Mizuno 38th SEA Age Group Swimming Championships 2014
4x100m Medley Relay	4:20.37	SINGAPORE SCHOOLS :LIM Shen Hui Meagan :YEO Ginn Samantha Louisa :TIANG Zerlynn :KOH Hui Yu	03 Jul 2011	3 rd ASEAN Schools Games 2011 SINGAPORE
	4:24.78	SINGAPORE :TAO Li :HO Ru'En Roanne :KOH Ting Ting :ONG Chui Bin Mylene	02 Sep 2006	2 nd Hong Kong Open Swim C'ships 2006 HONG KONG, CHINA