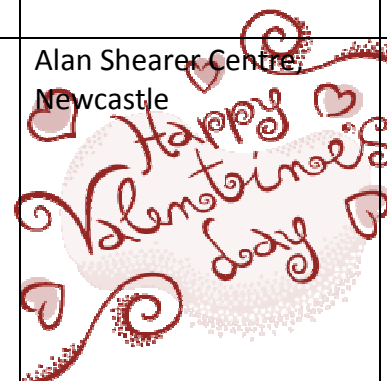


What's on for children and young people with additional needs in and around Gateshead

February - March '14



Activity	Date and Times	Where	For more information contact
<p>Dimensions Autism Friendly Film Screening Autism friendly film screenings with the lights on low, the volume turned down and no trailers. You can take your own food and drink and you can move around in the cinema if you like. COST – USUAL ADMISSION PRICES APPLY.</p>	<p>Sun 23rd Feb @ 10am Sunday 2nd March @ 11am</p>	<p>“Walking with Dinosaurs 2D” at Vue Cinema, Gateshead “The Lego Movie 2D” Cineworld, Boldon</p>	<p>For full details, including how to book tickets visit www.dimensions-uk.org</p>
<p>Disability Specific Swim Sessions at Silksworth, Sunderland These special swim sessions for disabled children and their families will take place throughout 2014 on the last or second last Saturday of every month from 3.45-4.45pm. A supervision policy applies. COST £2 per person Family ticket £5.25.</p>	<p>22nd Feb, 29th March, 26th April @ 3.45-4.45pm</p>	<p>Silksworth Community Pool, Tennis & Wellness Centre, Sunderland</p>	<p>Tel: 0191 5615900 or visit Sunderland Council website.</p>
<p>Swimming in Sunderland A special disability swim session for disabled children and their families. The exclusive use session is £2.20 per concessionary swim (accompanying adult/carer free of charge).</p>	<p>Wed 19th February 2014 @ 10.00-11.00am.</p>	<p>Silksworth Community Pool, Tennis and Wellness Centre, Sunderland</p>	<p>For more details please contact 0191 5615900.</p>
<p>National Autistic Society Newcastle Gateshead Branch Gym Club Gym club is for all ages and abilities and runs on Sundays from 4-5.30pm. Parents/carers must stay to supervise – siblings welcome. Suggested donation £2 PER CHILD.</p>	<p>16th Feb, 23rd March, 13th & 27th April @ 4 - 5.30pm</p>	<p>Benfield Centre for Sporting Excellence, Benfield Rd, Ncle, NE64NU.</p>	<p>To book places call 07920 086299 or email NewcastleGateshead@nas.org.uk</p>
<p>Alan Shearer Centre A wonderland of sensory stimulation is awakened as the Alan Shearer Centre opens the door on its latest facilities for disabled people. The new interactive space is packed with an array of equipment all offering a choice of different sensations, stimulation or relaxation for visitors to enjoy:- A waterbed with an integral amplifier to enable the user to feel vibrations of rhythm, tone and beat throughout the body; an aromatherapy system, sound beam generator, fibre optics and even a 'talking cube'.</p>		<p>Alan Shearer Centre, Newcastle</p>	<p>Use is free for disabled members. Contact us on 0191 267 8118 for more information and how to book your session.</p>



Fantastic Opportunity to Star in an Award Winning CBBC Children's Programme

Would your child/young person like a chance to star in "The Dumping Ground 3"? This is the 3rd series of this hugely popular and BAFTA winning CBBC series set in Jacqueline Wilson's fictional children's home familiar to millions of viewers from "Tracy Beaker".

This series of 20 episodes will film in Newcastle upon Tyne from 14 July 2014 to the week of 7 November 2014 (the actor/actress must be available for the entire 17 week filming period in Newcastle).

They are looking for a fab young actor or actress aged from 9 to 17 years old (but if you are 16 or 17 years old – you must look younger). You must live in Newcastle or within easy commutable distance. They are looking for a young disabled actor or actress (girl or boy) with any visible disability who has good acting skills who will be expected to learn lines and speak confidently. This new character will be a new regular so it's a great opportunity.

Useful Vision – Half Term Activities

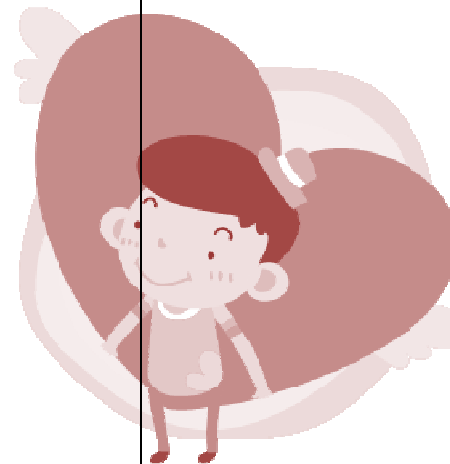
Useful Vision help families with blind or sight impaired children get the most out of life. Join them during half term for fun activities:-

Climbing Wall - Visit one of the North East's top climbing venues, with a height of up to 15 metres and 1200m of climbing walls. Min 7 yrs.

St James Park Stadium Tour - Join an exclusive tour of one of the UK's most impressive stadiums. Includes dressing rooms, dug out, media suite and standing on the pitch. Children will receive a souvenir.

Family Fun Day, Dolphin Centre - Get up close and personal with Jay's animals, sensory tent and activities, face painting, arts and crafts, decorating biscuits. Enjoy an exclusive family swim after.

All the activities are **free** to families registered with Useful Vision. Children (from 0 to 19) welcome whatever their level of ability or additional needs.



For more information or if you know of anyone who is interested, please contact Sue Needleman Casting on **020 8959 1550** or **077218 51785** or e-mail her at sue_needleman@yahoo.co.uk

Tues 18th Feb @ 3-4.30pm.

Wed 19th Feb @ 10am-12pm.

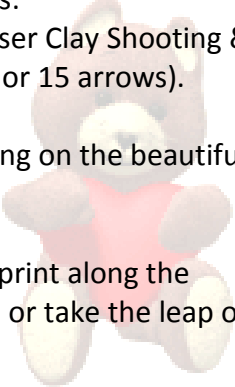
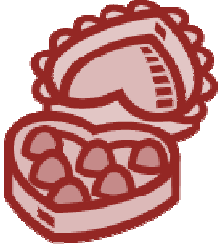
Sun 23rd Feb 1-5pm.

Newcastle Climbing Centre

St James Park Stadium Tour, Newcastle

Dolphin Centre, Darlington

To register for any of these events, be put on the mailing list for future activities or to find out more contact the office on 0845 6048491 or email office@usefulvision.org.uk

<p>National Deaf Children's Society – Light, Cameras & Action A Filmmaking & Animation Creative Event for deaf young people who would love to learn more about film making and animation is taking place. The event is for young people aged 10-18 who are deaf or have a hearing loss and attend a mainstream school in the North East region. No experience is necessary. The event is free but places are limited and need to be booked in advance by 21st Feb at the latest.</p>	<p>Sat 8th March @ 9.45am-5.30pm</p>	<p>BALTIC Centre for Contemporary Art, Gateshead</p>	<p>To book, please email Isabel at cyp@ndcs.org.uk</p>
<p>Calvert Trust Spring Activity Drop-in Days These drop in days are an ideal opportunity to try out new activities at Kielder Water & Forest Park. Details are as follows: Sharp Shooters Days - Test your aiming skill on Laser Clay Shooting & Archery ranges. <u>Cost £10</u> (includes either 30 clays or 15 arrows). Water Days - Try your hand at Canoeing or Kayaking on the beautiful Kielder Water. <u>£10 for a half hour session.</u> High Ropes Days - Tackle the hanging cargo net, sprint along the swinging logs, make it across the balancing beams or take the leap of faith. <u>£10 per circuit.</u> Swing and Climb Days - Fly through the air on the brilliant King-Swing or conquer our mighty Indoor Wall. 10am - 12:30pm King-Swing, 1pm - 3pm (4pm April) Indoor Wall. <u>£10 per activity for two goes.</u></p> 	<p>16th, 23rd Feb and 6th, 13th, 20th April. 17th Feb and 7th, 14th, 21st April 19th Feb and 9th, 16th April 21st Feb and 11th, 18th April</p>	<p>Calvert Trust Kielder, Kielder Water & Forest Park, Hexham, Northumberland NE48 1BS</p> 	<p>For any further information, please email enquiries@calvert-kielder.com or call 01434 250232</p> <p>All prices are per person. Turn up on the day, there's no need to book.</p> <p>February days run from 10-3pm. April days from 10-4pm.</p>
<p>North Tyneside Inclusive Sport A specific disability archery session is taking place at Hadrian Leisure Centre for children aged 8 years and over. Cost is £3.50. Multi-sport session being held at the Lakeside Centre, Killingworth for children aged 5 years and over. Disability Badminton - In partnership with Badminton England and the North Tyneside Badminton Partnership they are organising a 6 week taster block of Badminton sessions. Aged 8 years and over. You will be given the opportunity to play and be coached in badminton, with your families, in a fully inclusive environment. Monthly Athletics Sessions - Every 1st Sunday of the month, they run an Athletics session from 10.30am–12.00pm.</p>	<p>Tues 18th Feb @ 2.00-3.00pm Wed 19th Feb @ 4.00-5.00pm Starting Sun 2nd March @ 11.30-12.30pm Starting Sun 2nd Mar 14 @ 10.30- 12.</p>	<p>Hadrian Leisure Centre Lakeside Centre, Killingworth Hadrian Leisure Centre Burradon Recreation Centre</p>	<p>For more information/book places, contact Hadrian Leisure Centre on 0191 643 2025. Contact the Centre on 0191 643 4177 for more details</p> <p>For more information about the badminton or athletics sessions please contact Karen Lewis-Archer on 0191 643 7465</p>

<p>SNAPS (Special Needs Activities with Parents Support) – Tees Valley SNAPS organises activities for children and young people 0-25 years with disabilities, special or additional needs where all the family can join in as well. Great fun to spend Quality Family time together. They have a range of activities coming up over the half term holidays including Bowling, Cinema trips, Football, Swimming, Ice Skating, Arts and Crafts, Dancing and Family Games.</p>			<p>For a full programme of all dates, venues and costs, please contact Ruth Benson on 01642 530292 or 07745 969049 or you can email ruth@snapsteesvalley.co.uk</p>
<p>Go Kids Go Free Wheelchair Skills Workshop This Go Kids Go workshop is a great chance to meet other young wheelchair-users and to learn skills to help children/young people become more independent. Extra wheelchairs are provided for families to join in with the games. Please bring a packed lunch.</p>	<p>Sat 8th March 2014 @ 9.30am-3.00pm</p>	<p>St Leonard's Catholic School, North End, Durham, DH1 4NG</p>	<p>For more information/reserve a place, call 01482 887163 or email roy@go-kids-go.org.uk. Further info on website.</p>
<p>Face to Face North East Welcome children with disabilities or additional needs to join them at one of their half term activities. Children's Paint Party @The Baltic Including an indoor picnic lunch. Children will explore colours, textures and shapes, whilst they paint with brushes, rollers & stamps. Whitehouse Farm Centre Family Fun Day (Morpeth) Come to the farm and pet animals small and large, handle mini beasts and reptiles, watch birds of prey in action, feed the meerkats or new born lambs. Tickets for 10 families (2 adults, 2 children) which includes a £5 voucher for the café.</p>	<p>Sat 15th Feb @ 11-1pm Sun 23rd Feb @ 10.30am</p>		<p>For more information or to book a place, please contact: Helen King on 07435 966754 or email helen.king@scope.org.uk Places are limited so early booking is essential.</p>
<p>February Half Term Holiday Clubs – County Durham Barnardo's Disability and Inclusion Support Service are running holiday clubs in County Durham for disabled young people aged 13 and over during the February half term. Activities could include cookery, arts and crafts, indoor curling, boccia and possibly archery or rock climbing. The club is about building confidence, learning new skills, making friends and having fun. They will also be running taster/consultation sessions.</p>		<p>The holiday clubs will run 10am-3pm: on the following dates Consett Academy, Tues 18th Feb; Newton Aycliffe, Wed 19th Feb and Bishop Auckland on Thurs 20th Feb.</p>	<p>If anyone is interested in booking a place for their child, please contact Sarah Swanston from Barnardo's Disability and Inclusion Support Service on 0191 4784667 or email sarah.swanston@barnardos.org.uk</p>
<p>Wear Mencap Under 13's Football Sessions Weekly football sessions for children aged under 13. These sessions will be specifically focussed towards learning difficulties but will be inclusive. First session free - £1 per session thereafter.</p>	<p>Starting on Fri 7th Feb @ 6.00-7.00pm</p>	<p>Lumley Junior School, Chester-le-Street, County Durham</p>	<p>For more information, contact Wear Mencap on 0191 3883401 or email nicks@wearmencap.org.uk</p>