

1. ANNUAL GENERAL MEETING 2009

The Annual General Meeting of the Sri Lanka Medical Association was held on the 19th December 2009 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 7. Prof Rezvi Sheriff chaired the meeting. He thanked the Council, members and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr Ruvaiz Haniffa tabled the Annual Report 2010 and the minutes of the previous Annual General Meeting held in December 2009. The minutes were unanimously confirmed by the membership. Dr Ruvaiz Haniffa thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2009.

ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

President	Dr Narada Warnasuriya
President Elect	Prof S P Lamabadusuriya
Vice Presidents	Dr Lalith Wijeyaratne Prof Jayantha Jayawardena
Secretary	Dr Indika Karunathilake
Asst. Secretaries	Dr Shyamalee Samaranayake Dr Samanmali Sumanasena Dr Pubudu de Silva Dr Ashwini de Abrew
Treasurer	Dr Vajira HW Dissanayake
Asst. Treasurer	Dr T R Chinniah
Public Relations Officer	Dr S Sivapriyan
Social Secretaries	Dr Gamini Walgampaya Dr Suriyakanthie Amarasekera
Past President Representative	Dr Dennis J Aloysius

ELECTED COUNCIL MEMBERS

Dr S D Dharmaratne, Prof Gita Fernando, Dr Malik Fernando, Dr A M Jameel, Dr Lucian Jayasuriya, Prof Saroj Jayasinghe, Dr N Jeyakumaran, Dr B Kumarendran, Dr I P Kahawita, Prof Lalitha Mendis, Dr V Murali, Dr Praneeth Nishad, Prof Jennifer Perera, Dr B J C Perera, Dr Gominda Ponnampereuma, Dr K Sri Ranjan, Dr Pandula Siribaddana, Dr Sunil Seneviratne Epa, Dr Nimali Vidanapathirana, Dr M C Weerasinghe

EX-OFFICIO COUNCIL MEMBERS

Prof Rezvi Sheriff (Immediate Past President), Dr Ruvaiz Haniffa (Out – going Secretary), Dr Anuruddha Abeygunasekera (Co-editor, CMJ), Prof Janaka de Silva (Co-editor, CMJ).

2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr Narada Warnasuriya, the new President of Sri Lanka Medical Association for the year 2010, was held on 16th January 2010, at HNB Towers, Colombo 10. The induction took place amidst a large and distinguished gathering which packed the hall to capacity.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lankan health sector and went on to emphasise the pressing need for equity in health. The presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue.



Prof. Rezvi Sheriff inducting Dr. Narada Warnasuriya as President SLMA 2010



Dr. Narada Warnasuriya delivering the Presidential Address on Equity in Healthcare

3. COUNCIL MEETINGS

There were 12 Council meetings held in 2010. The attendance of members at the Council meetings is given below:

Name	No.	Excuses	Name	No.	Excuses
Dr Narada Warnasuriya	12	(-)	Dr Chrisantha Abeysena	08	(1)
Prof S P Lamabadusuriya	07	(5)	Dr K Chandrasekher	07	(5)
Prof Rezvi Sheriff	05	(4)	Dr S D Dharmaratne	04	(3)
Prof Jayantha Jayawardena	07	(3)	Prof Gita Fernando	09	(2)
Dr Lalith Wijeyaratne	05	(5)	Dr Malik Fernando	09	(1)
Dr Indika Karunathilake	11	(1)	Dr Ruvaiz Haniffa	05	(4)
Dr Samanali Sumanasena	10	(2)	Dr A M Jameel	03	(2)
Dr Shymalee Samaranayake	09	(3)	Dr Lucian Jayasuriya	07	(5)
Dr Pubudu de Silva	07	(3)	Prof Saroj Jayasinghe	07	(1)
Dr Ashwini de Abrew	09	(3)	Dr N Jeyakumaran	04	(2)
Dr Vajira HW Dissanayake	07	(4)	Dr B Kumarendran	11	(1)
Dr T R Chinniah	08	(2)	Dr I P Kahawita	02	(2)
Dr S Sivapriyan	08	(1)	Prof Lalitha Mendis	04	(6)
Dr Gamini Walgampaya	10	(1)	Dr V Murali	10	(1)
Dr Suriyakanthie Amarasekera	11	(-)	Dr Praneeth Nishad	06	(5)
Dr Dennis J Aloysius	11	(1)	Prof Jennifer Perera	08	(2)
Prof Janaka de Silva	-	(2)	Dr B J C Perera	11	(1)
Dr A Abeygunasekera	05	(4)	Dr Gominda Ponnampereuma	09	(1)
Dr K Sri Ranjan	03	(3)	Dr Pandula Siribaddana	07	(3)
Dr Sunil Seneviratne Epa	09	(3)	Dr Nimali Vidanapathirana	06	(6)
Dr M C Weerasinghe	07	(3)			

4. 123RD ANNUAL SCIENTIFIC SESSIONS

The 123rd Annual Scientific Sessions were held at the Cinnamon Grand Hotel, from 31st May – 4th June. The Chief Guest was Professor Sir Michael Marmot, Chairman, WHO commission on Social Determinants of Health and President Elect, British Medical Association. The Guest of Honour was Hon. Maithripala Sirisena, Minister of Health.

The theme pre-congress seminar on “Equity in Health, the Sri Lankan Experience” brought together a number of key stakeholders and led to a very productive discussion. There were 5 post-congress sessions which were “Health Issues in Elderly Women”, “Meeting the Challenges in Environmental Health”, “Sexual Health”, a satellite meeting on Genetics and a hands on training workshop on Rehabilitation. All were well attended.

The Main Scientific Sessions recorded a good attendance. There were 197 full registrants and 134 who registered for the day or for an event. There were 94 guest speakers including 30 from overseas. From the large number of papers submitted, 63 were selected for oral presentation and 40 were displayed as posters. The detailed programme is given in annex 1.

During the Sessions, the SLMA Oration, “Ergonomic factors of educational environments and influence on school going early adolescents” was delivered by Dr Kapila Jayaratne MBBS, DCH, MSc, MD (Community Medicine) Consultant Community Physician, Family Health Bureau. The S. C. Paul Oration “Use of stable isotopes in human nutrition research: Sri Lankan experiences” was delivered by Dr Manjula Hettiarachchi MBBS, PhD Senior Lecturer in Nuclear Medicine, Faculty of Medicine, University of Ruhuna.



Welcoming the Chief Guest and the Guest of Honour



Address by the Chief Guest



Post congress session on Rehabilitation



Fellowship at the conference dinner

5. SLMA ORATIONS AND AWARDS

ORATIONS

All SLMA Orations was advertised, except the E M Wijerama Endowment Lecture. The E M Wijerama Endowment Lecture is awarded to a person who has contributed to the SLMA and the topic of the oration is decided by the Orator. Other Orations were selected by a panel of appropriate experts who constituted the Orations Committee.

The following orations were awarded and delivered in 2010.

THE SLMA ORATION

Monday 31st May 2010

“Ergonomic factors of educational environments and influence on school going early adolescents”

Dr Kapila Jayaratne MBBS, DCH, MSc, MD (Community Medicine)
Consultant Community Physician, Family Health Bureau

S C PAUL ORATION

Wednesday 2nd June 2010

“Use of stable isotopes in human nutrition research: Sri Lankan experiences”

Dr Manjula Hettiarachchi MBBS, PhD
Senior Lecturer in Nuclear Medicine, Faculty of Medicine, University of Ruhuna

E M WIJERAMA ENDOWMENT LECTURE

Friday 22nd October 2010

“Light Reflections of a Peripatetic Medical Professor”

Vidyajyothi Professir Colvin Goonaratna MBBS (Ceylon), FRCP (London & Edin), PhD (Dundee), FCCP, FNAS, Hon DSc (Colombo)
Emeritus Professor of Physiology, Faculty of Medicine, University of Colombo

SIR MARCUS FERNANDO ORATION

Saturday 23rd October 2010

“Sniffing Dementia Early”

Dr Shehan Williams MBBS, MD, MRCPsych, MPhil.
Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya

SIR NICHOLAS ATTYGALLE ORATION

Friday 29th October 2010

“Stroke in Sri Lankan women – are they different?”

Dr Udaya K Ranawaka MBBS MD FRCP (Lond) FCCP
Consultant Neurologist & Senior Lecturer, Faculty of Medicine, University of Kelaniya

MURUGESAR SINNETAMBY ORATION

Saturday 4th December 2010

“Does lack of estrogen have an effect on postural balance and cognitive functions in menopausal women?”

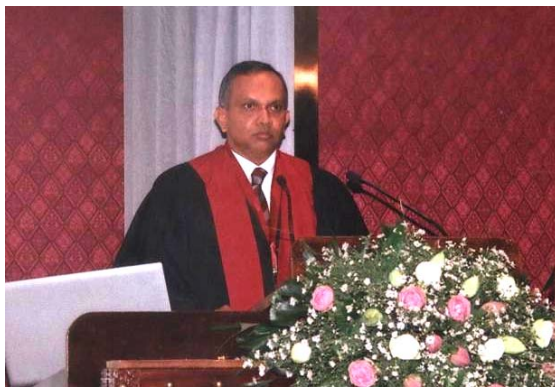
Dr Himansu Waidyasekera MBBS, PhD
Senior Lecturer, Dept. of Physiology, Faculty of Medical Sciences, University of Sri Jayawardenepura



Awarding the medal to the SLMA Orator, Dr Kapila Jayaratne



Awarding the medal to the S C Paul Orator, Dr Manjula Hettiarachchi



Dr Udaya Ranawaka delivering the Sir Nicholas Attygalle Oration



Dr Himansu Waidyasekera delivering the Murugesar Sinnatamby Oration



Prof Colvin Goonaratna delivering the E.M. Wijerama Endowment Lecture



Dr Shehan Williams delivering the Sir Marcus Fernando Oration

AWARDS & PRIZES 2010

E M Wijerama Prize

The prone 12 o'clock position reduces ileal intubation time during colonoscopy compared to the left lateral 6 o'clock (standard) position

De Silva AP¹, Kumarasena RS², Keragala BSDP¹, Kalubowila KVV², Niriella MA², Dassanayake AS³, Pathmeswaran A⁴, De Silva HJ¹

Departments of ¹Medicine, ³Pharmacology and ⁴Public Health, Faculty of Medicine, University of Kelaniya

²North Colombo Teaching Hospital, Ragama

S E Seneviratna Prize

Development of bacterial cellulose for wound dressing

Chinniah TR¹, Ismail M², De Alwis A³, Gamage N²

¹Faculty of Medicine, University of Colombo

²University of Moratuwa

³Sri Lanka Institute of Nanotechnology (Pvt) Ltd

H K T Fernando Prize

Immunophenotype and genetic abnormalities in childhood lymphoblastic leukemias

Gooneratne LV¹, Kanchana WPL¹, Seneviratne DUJ², Opanayaka BJS², Wanigatunga K², Pedurupillai CRJ², Hidellage NT², Abeyasinghe PM³, Pieris DC³, Dissanayake VHW²

¹Department of Pathology, Faculty of Medicine, University of Colombo

²Asiri Centre for Genomic and Regenerative Medicine

³Cancer Institute, Maharagama

Sir Nicholas Attygalle Prize

Wound infection survey in a population where wound dressing is not practised

De Silva GDK, Herath WSB

General Surgical Unit, Teaching Hospital, Karapitiya

Wilson Peiris Prize

Validation of a parent-administered screening tool to detect developmental delay

Bandusena ASL¹, Fonseka PHG², Sonnander K³

¹Health Education Bureau, Ministry of Health

²Department of Community Medicine, University of Sri Jayawardenapura

³Department of Clinical Psychology, Uppsala University, Sweden

Daphne Attygalle Prize for the best paper in Cancer

Immunophenotype and genetic abnormalities in childhood lymphoblastic leukemias

Gooneratne LV¹, Kanchana WPL¹, Seneviratne DUJ², Opanayaka BJS², Wanigatunga K², Pedurupillai CRJ², Hidellage NT², Abeyasinghe PM³, Pieris DC³, Dissanayake VHW²

¹Department of Pathology, Faculty of Medicine, University of Colombo

²Asiri Centre for Genomic and Regenerative Medicine

³Cancer Institute, Maharagama

Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis

Completeness of reporting of cancer cases by cancer unit Jaffna to the national cancer registry

Surenthirakumaran R¹, Pathmeswaran A², Jeyakumaran N³

¹Faculty of Medicine, University of Jaffna

²Faculty of Medicine, University of Kelaniya

³Teaching Hospital, Jaffna

Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine

Liver dysfunction and its outcome in patients with dengue infection

Kumarasena RS, De Silva AP, Keragala BSDP, Premarathna BAH, Thilakarathne PMYI, Premawardena AP, De Silva ST, Jayamanna SF, De Silva HJ

Department of Medicine, Faculty of Medicine, University of Kelaniya

Special Prize in Cardiology

Glutathione peroxidase and severity of ischaemic heart disease in a cohort of Sri Lankan patients

Perera PPR¹, Chandrasena LG², Indrakumar J³, Peiris H¹

Departments of ¹Biochemistry and ³Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

²Department of Biochemistry and Clinical Chemistry, Faculty of Medicine, University of Kelaniya

S Ramachandran Prize for the best paper in Nephrology

Snake bite causing chronic kidney disease: analysis of 42 cases in the Nephrology Unit, Kandy, Sri Lanka

Herath HMNJ¹, Wazil AWM¹, Abeysekara DTDJ¹, Jeewanie NDC¹, Weerakoon KGAD², Ratnathunga NVI³, Bandara EHCK¹, Kularathna SAM²

¹Nephrology and Transplant Unit, Teaching Hospital, Kandy

Departments of ²Medicine and ³Pathology, Faculty of Medicine, University of Peradeniya

SLMA prize for the best poster

Availability of key paediatric essential medicines in Sri Lanka

Balasubramaniam R¹, Beneragama BVSH², Sri Ranganathan S¹

¹Department of Pharmacology, Faculty of Medicine, University of Colombo

²Division of Medical Technology and Supplies, Ministry of Healthcare and Nutrition

CNAPT Award

“The spectrum of Intermediate Syndrome following acute organophosphate poisoning: a prospective cohort study from Sri Lanka”.

Jayawardane P^{1,2}, Dawson AH^{1,3}, Weerasinghe V¹, Karalliedde L^{1,4,5}, Buckley NA^{1,6}, Senanayake N¹

South Asian Clinical Toxicology Research Collaboration (SACTRC), Faculty of Medicine, University of Peradeniya, Peradeniya

¹Dept. of Pharmacology, Faculty of Medical Sciences, University of Sri Jayawardenepura

²School of Population Health, University of Newcastle, Newcastle, New South Wales, Australia

³King's College London, Dept. of Public Health Sciences, School of Medicine, London, UK

⁴Chemical Hazards and Poisons Division, Health Protection Agency, London UK

⁵Australian National University, Canberra, Australian Capital Territory, Australia

Glaxo Wellcome Research Award for the year 2009

Not Awarded

G R Handy Award for the best paper in Cardiology published in the year 2009

Not Awarded

Research Promotion Award 2009 /2010

Premenstrual syndrome: prevalence, associated factors and its influence on daily life in adolescents aged 13-16 years schooling in Colombo Educational Zone.

Dr Nadeeka Kumudini Chandraratne

Post Graduate Institute of Medicine

Randomized clinical trial comparing oral prednisolone and intramuscular adrenocortitropine for treatemetn of infantile spasms

Dr Jithangi Wanigasinghe

Faculty of Medicine, University of Colombo

6. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 12 monthly clinical meetings this year on every 3rd Tuesday of the month. We are grateful to Dr Samanmali Sumanasena, Assistant Secretary who organized this programme and to Dr Lalith Wijeyaratne, Vice President who chaired most of them.

A wide range of topics in all specialties was covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the attendees. The detailed programme is given in the Annex 2.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly at registrars in training. The CPD committee and the Council have approved their recognition for award of CDP points under the category designated teaching activities.

7. REGIONAL MEETINGS

Nine meetings were held with clinical societies and medical associations in outstations in 2010. These meetings were well attended by the regional members. The participation from the SLMA however needs to be improved. The academic programmes of these meetings are given in Annex 3.

Joint Academic Session with Monaragala Clinical Society

Monday 15th March 2010, at Base Hospital, Monaragala

Joint Academic Session with Trincomalee Clinical Society

Sunday 4th and Monday 5th April 2010, at Auditorium, General Hospital, Trincomalee

Joint Pre Congress Session with Kalutara Clinical Society

Wednesday 7th July 2010 at Hotel Panorama, Kalutara

Joint Academic Session with Chilaw Clinical Society

Wednesday 4th August 2010, at Auditorium, Base Hospital, Chilaw

Joint Academic Sessions with the Rathnapura Clinical Society

Wednesday 15th September 2010 at Silver Ray Restaurant, Lellopitiya, Rathnapura

Joint Academic Sessions with the Galle Medical Association

Tuesday 21st September 2010 at Clinical Lecture Theatre, Faculty of Medicine, Galle

Joint Academic Sessions with the Avissawella Clinical Society

Saturday 2nd October 2010 at Kolonna Riverside Garden Hotel, Thalduwa, Avissawella

Joint Academic Sessions with the Polonnaruwa Clinical Society

Saturday 27th November 2010 at Hotel Sudu Araliya, Polonnaruwa

Joint Academic Sessions with the Kurunegala Clinical Society

Wednesday 8th December 2010 at Hotel Blue Sky, Kurunegala

8. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2010 of the SLMA was jointly organised together with the Jaffna Medical Association and took place from 22nd – 24th October 2010 in the Northern Capital of Jaffna. The Sessions were a great success with enthusiastic participation by doctors from all parts of the island.

The Sessions were ceremoniously inaugurated on the 22nd at the auditorium of the Jaffna Public Library. Dr. Firdosi Rustom Mehta, Resident Representative of the WHO graced the occasion as Chief Guest. The Academic programme was wide and varied, and included the E.M. Wijerama Endowment Lecture which was delivered by Prof. Colvin Goonaratna, Emeritus Professor of Physiology, University of Colombo. The Sir Marcus Fernando Oration was delivered by Dr. Shehan Williams, Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya.

SLMA awards and the media awards were presented during the ceremonial inauguration. Dr. Wijaya Godakumbura was awarded an Honorary Life Membership for his contributions towards accident prevention and the development of the “safe bottle lamps”. **The detailed programme of the Foundation Sessions is given in Annex 4.**



The inauguration ceremony



Address by the Chief Guest



Award of Honorary Life Membership



The distinguished gathering

9. GUEST LECTURES

Several Guest lectures were held during the year 2010.

26th October, 2010 at 3.00 p.m. at the Lionel Memorial Auditorium, SLMA

“Medical Tourism and role of IWHTA”

Mr Naresh Jadeja

President, Asia Pacific International Wellness and Healthcare Travel Association (IWHTA)

10th November, 2010 at 12.15 – 1.15 p.m. at the Lionel Memorial Auditorium, SLMA

“Dementia 2010”

Dr B Lynn Beattie

Director - Alzheimer Clinic, University of British Columbia Hospital and Scientific Director, Providence Health Care Centre for Healthy Aging.

10. SEMINARS AND WORKSHOPS

SLMA organized several seminars and workshops during the year 2010. **The detailed programmes are given in Annex 5.**

SEMINAR ON “RABIES”

12th March 2010, at 12.00 noon at the Lionel Memorial Auditorium

SEMINAR ON “DENGUE HEMORRHAGIC FEVER”

13th August 2010, at 2.30 p.m. at the Lionel Memorial Auditorium

CAREER GUIDANCE SEMINAR

15th August 2010, at 8.30 a.m. at the Lionel Memorial Auditorium



The President/SLMA addressing the gathering
Seminar on “Dengue Hemorrhagic Fever”



A section of the crowd

11. REPORTS OF SLMA COMMITTEES

COMMUNICABLE DISEASES

Chairperson Dr Neelamani Punchihewa
Convenor Dr Sriyakanthi Beneragama

Members:

Dr Kalyani Guruge	Dr Lucian Jayasuriya	Dr. Dennis Aloysius
Dr Ananda Wijewickarma	Dr. Maxie Fernandopulle	Dr. Sarath de Silva
Dr Chandra Sarukkali	Dr. N.P.S. Gunaratne	Dr. Rsintha Premaratne
Dr N K Gunawardena	Dr Prasanna Siriwardene	Dr B Kumarendran
Dr Indu Waidyathilaka	Dr Sunil de Alwis	Dr PAC de Silva
Dr R R Abeysinghe	Prof Jennifer Perera	

Report

(Presented by Dr. Neelamanie Punchihewa)

Seminars/Symposia:

The following seminars were organized by the committee.

- Seminar on "Rabies" in collaboration with Sri Lanka College of Microbiologists at SLMA
- Seminar on "Leptospirosis" Jointly organized with the section A of the Sri Lanka Association for the Advancement of Science at SLMA
- Symposium on "Dengue" organized jointly with the Sri Lanka Society for Microbiology at SLMA
- TB Seminar with the Panadura Clinical Society in March 2010 at Ketumathi Hospital, Panadura
- Two Seminars on paediatric TB with the paediatric respiratory diseases study circle in April 2010 at Kalutata, and November 2009 at Excel world
- TB seminar with Sri Lanka College of Venereologists in November 2009 at Hotel Taj Samudra
- Session at the International Epidemiological Conference in a collaboration with the College of Community Physicians, 2010

Other activities:

1. Global fund for AIDS, TB and malaria (GFATM) - TB round 6 grant to SLMA

The phase one of the above project concluded in March 2010. A grant of USD 37500 received by the SLMA to conduct 14 seminars to sensitize medical officers in the private sector on management of TB. 13 seminars were conducted, at leading private hospitals in Colombo and suburbs, and in collaboration with the academic colleges SLMA, Sri Lanka College of Venereologists, Association of Paediatric respiratory diseases study circle and clinical societies. A target of over 550 doctors was reached. Resource persons were chest physicians, epidemiologist, Director and microbiologist from the National TB programme. SLMA appreciates the support extended by the Director, TB campaign in providing educational material and resource persons. The activity was rated highly by the private hospital administration and the participants as well as officials of the TB programme and facilitated the establishment of a strong link with the government and private sector.

In response to the request by the chairperson, Sarvodaya purchased a multimedia projector and a laptop computer for the SLMA.

Phase 2 of the project could not commence as the principal recipient for NGOs (PR2) Sarvodaya did not get approval for continuing the project as the global fund has announced a "no go" for PR2. The chairperson represented SLMA at the progress review meeting with Global fund review team from Geneva.

2. Meeting with the secretary of Health

The Chairperson represented CDC at the above meeting. Remedial action to control the stray dog menace in health institutions and schools, problem of killing of rabid dogs due to no killing policy and setting up a separate unit /vertical programme for dengue control, was discussed.

3. Country Coordinating Mechanism (CCM) of GFATM

The Chairperson represented the SLMA at the meetings of the CCM.

4. National Advisory committee of Tuberculosis

The Chairperson represented the SLMA at the meetings of National Advisory Committee of TB.

5. Ministry of Health Advisory committee of Communicable diseases

The Chairperson represented the SLMA at the meetings

6. New Members

WHO National Professional Officer was recruited to the committee with concurrence of the Council of the SLMA.

7. Hand book on National Expanded Programme for Immunisation (EPI) vaccines

The committee decided to update/ revise the 2008 SLMA guidelines on vaccines. Work has commenced in November 2010, and the new guidelines should be available by end 2011.

MEDICINAL DRUGS

Chairperson

Prof Gita Fernando

Secretary

Dr Chandanie Wanigatunge

Members

Prof Tuley de Silva

Dr M C Weerasinghe

Dr A Wijewickrama

Dr Maxie Fernandopulle

Dr Sarath Gamini de Silva

Dr Lucian Jayasuriya

Dr P Galappatthy

Dr S R Ratnapala

Dr P R Siriwardene

Dr S A Jayaratne

Mr Ananda Samarasinghe

Mr G Karunapala

Ms Chintha Abeywardene

Dr Pradeepa Jayawardene

Ms Ganga Senaratne

REPORT

(Presented by Dr Chandanie Wanigatunge)

Patient information leaflets

The committee members commenced translating the patient information articles on commonly used drugs into Sinhala and Tamil.

Other activities

The drugs committee was involved in preparing the recommendations to be made at the meeting with Secretary, Ministry of Health on **National Medicinal Policy on Procurement, Storage, Distribution and use of Medicinal Drugs (Generic Medicines)**.

Members of the committee were also involved in revision of the Essential Medicines List for Non Communicable Diseases and other medicinal drugs related activities of the Ministry of Health.

The committee undertook to seek measures to implement the following

- o A standard prescription form for state sector hospitals
- o Writing the names of medicines on the envelopes/ bags when they are dispensed at hospitals, private dispensaries, pharmacies etc.

ETHICS

Chairperson

Dr Malik Fernando

Secretary

Dr Anuja Abayadeera

Members

Dr. Suriyakanthie Amarasekera

Dr Sarath Gamini de Silva

Dr Enoka Corea

Dr Preethi Wijegoonewardene

Dr. Ajith Amarasinghe

Dr N P S Gunaratne

Mr Upali Gooneratne

Prof Lalitha Mendis

Prof Eugene Wickramanayake

Prof S D Jayaratne

Prof. Anoja Fernando

Ms Fathima Razik Cader

Prof Prashantha Wijesinghe

(appointed in January 2010)

(appointed in January 2010)

REPORT

(Presented by Dr Anuja Abayadeera)

The committee met regularly. Attendance was fair and with enthusiasm.

Clinical Ethics Committees

A workshop on Clinical Ethics Committees was successfully held on 8th May 2010 at the SLMA auditorium. The objective was to create awareness on the role of a clinical ethics committee in a hospital. The attendance was by invitation and committee members, council members, representatives from professional colleges, representatives from the universities, Ministry of Health and the private sector hospitals were the invitees. The role of the clinical ethics committees was introduced by the chairperson followed by the results of a survey on ethical dilemmas faced by doctors which was presented by Dr Vajira Dissanayaka. Real cases were presented by Dr Ajith Amarasinghe which were discussed by Prof Anoja Fernando, Prof SD Jayaratne and Dr Sarath Gamini De Silva. The vote of thanks was delivered by Dr Enoka Corea.

The committee at a later date decided to change the name of the proposed committees to Hospital Ethics Committees as the functions envisioned would include professional and administrative ethical matters as well as clinical ethics. All invitees have been sent a summary report of the proceedings of the workshop.

Guidelines on Diagnosis of Brain Death

The EC was preparing for drafting a guideline. This issue was taken up by the Ministry of Health and the Secretary, Health has now issued a circular to all hospitals with the relevant details.

Guideline on Informed Consent

An island wide survey is planned on consent for operative and other procedures. Following the data available a guideline would be drawn up.

Ethics Presentations at Regional Meetings

Following a decision, based on the SLMA Corporate Plan, that whenever possible a presentation on an ethics topic would be delivered by an EC member during regional meetings, Dr. Malik Fernando spoke on the subject *Ethics for a clinician* at a joint meeting with the Moneragala Clinical Society.

ETHICAL REVIEW

Chairperson

Prof Anoja Fernando

Convenor

Dr Chandanie Wanigatunge

Members

Dr Malik Fernando

Mr N Y Cassie Chetty

Dr S D Jayaratne

Dr Udaya Ranawaka

Prof D W Ratnasooriya

Mr G C B Wijesinghe

Dr Shalini Sri Ranganathan

Prof Lalini Rajapakse

Dr Vathsala Jayasuriya

REPORT

(Presented by Dr Chandanie Wanigatunge)

Nine meetings were held from January to November 2009 and fifteen research proposals were submitted to the committee during this period. Seven proposals submitted in 2009 and requiring amendments, were also reviewed during the period. The following were given ethical clearance by the committee in 2010.

1. DNA genotyping of a case of distal renal tubular acidosis and Southeast Asian Ovalocytosis
- Dr J P Vithanage, Registrar in Medicine, National Hospital of Sri Lanka
2. Evaluation of school based interventions to improve health and wellbeing of children, staff and families
- Dr Nalika Gunawardena, Senior Lecturer in Community Medicine, University of Colombo
3. Pilot project to improve the quality of leprosy care in the Polonnaruwa district
- Dr I P Kahawita, Consultant Dermatologist, General Hospital, Polonnaruwa

4. Influence of birth characteristics, feeding practices on nutritional status, body composition and motor development in term infants
 - Dr. D K R R Silva, Senior Lecturer in Human Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka
5. National antimicrobial resistance surveillance
 - Dr N S Chandrasiri, Consultant Microbiologist, Colombo South Teaching Hospital
6. Health status of people who have been resettled after being exposed to ethnic conflict in Sri Lanka
 - Dr Neil Thalagala, Consultant Community Physician, National Child Health, Programme Manager, Family Health Bureau, Colombo 10
7. The role of private practitioner in strengthening malaria surveillance in Sri Lanka: A pilot study in a Post Conflict district of Sri Lanka
 - Dr S D Fernando, 23B, De Fonseka Road, Colombo 5
8. Design, manufacture and implantation of custom made bio-prosthesis for needy patients
 - Dr H J Suraweera, No 47/2B, Wickramaratne Avenue, Kohuwela
9. Exploratory study on the impact of HIV positivity on psychosocial aspects of People Living with HIV (PLHIV) and their families
 - Dr M J S Perera, Director Research and Programmes of AIDS Foundation of Sri Lanka, 6, Wijerama Mawatha, Colombo 7
10. Premenstrual syndrome: Prevalence, associated factors and its influence on daily life in adolescents aged 13-16 years schooling in Colombo Educational Zone
 - Dr M A N K Chandraratne, 1/53, Farm Road, Mattakkuliya, Colombo 15
11. Factors associated with academic performance of grade 7 students in schools of MOH area Homagama
 - Dr M P P U Chandrasiri, 57/4, Nirmana Pedesa, Galwaladeniya Road, Mattegoda.
12. Assessing the community prevalence of malaria parasites in previously highly malaria endemic areas of Sri Lanka
 - Dr R Abeysinghe, National Antimalaria Campaign, 555/5, Elvitigala Mawatha, Colombo 5
13. Accidental poisoning in childhood and its prevention: Knowledge and practices of principal caretakers of 1-4 year old children in Maharagama MOH area
 - Dr P D Ranasinghe, 1/101, Kalalgoda Road, Pannipitiya
14. Genotyping of malaria parasites in Sri Lanka
 - Dr R Abeysinghe, National Antimalaria Campaign, 555/5, Elvitigala Mawatha, Colombo 5
15. Prevalence, characteristics and associated factors of school violence among grade ten students in Kesbewa educational division – self reported perspectives
 - Dr (Mrs) A P Hewamalalage, No 10. Rukmalegedara, Kudamaduwa Road, Mattegoda

Requested amendments were approved for the following proposals

1. Evaluation of risk factors in Development of Type 2 Diabetes and Cardiovascular disease in a Young Urban Population in Sri Lanka
 - Dr Mahen Wijesuriya
2. Evaluation and investigation of chronic kidney disease of unknown aetiology in selected areas of Sri Lanka - Part 2 (Post-mortem samples)
 - Dr Paba Palihawadana, Ministry of Health

HEALTH MANAGEMENT

Chairperson
Convenor

Dr Lucian Jayasuriya
Dr Ruvaiz Haniffa

Members

Dr Lakshman Senanayake
Dr K Dudley P Perera
Dr K C Shanty Dalpatadu

Dr B Kumarendran
Dr Palitha Abeykoon
Dr G A Ranatunga

Dr Sarath Samarasiri
Dr N W Vidyasagara
Dr V Murali

REPORT

(Presented by Dr Ruvaiz Haniffa)

1. The Committee reviewed the following documents/issues referred to it by the Council and made recommendations where applicable;
 - a) *Professionalism and accountability of doctors in Sri Lanka*
 - b) *Establishing Patient Safety*
 - c) *Award of Diplomas for R/AMOs*
 - d) *National Policy and strategic plan for prevention and management of injuries*
 - e) *Opening of private medical colleges in Sri Lanka.*
2. Annual Career Guidance Seminar
Above seminar was held on Sunday, 15th August 2010 at the Lionel Memorial Auditorium of the SLMA. The seminar was attended by 207 pre intern and junior medical officers. The seminar was inaugurated by Dr Narada Warnasuriya, President SLMA. The Committee places on record its appreciation to all respective Colleges for their support in providing the resource persons for the seminar. The Committee extends its thanks to the following resource persons for making presentations at the seminar: Dr Narada Warnasuriya, President SLMA, Dr Lucian Jayasuriya, Chairman Health Management Committee SLMA, Dr Pandula Siribaddana-PGIM, Dr Geethika Patabendige-Microbiology, Prof Ranil Fernando-Surgery, Dr Vajira H W Dissanayaka-Universities, Dr I P Kahawita-Dermatology, Dr Deepthi Samarage-Paediatrics, Dr Jayan Mendis -Psychiatry, Dr Muditha Vidanapathirana- Forensic Medicine, Prof A R Wickramasinghe- Community Medicine, Dr Terrance de Silva - Medical Administration, Surgeon Rear Admiral N E L W Jayasekera- Armed Forces, Dr Jerrad Fernando- Radiology, Dr Dulani Beneragama-Pathology, Dr Madahava Karunaratne- Obstetrics and Gynaecology, Dr Jayantha Jayasuriya-Anaesthesiology, Dr Jayantha Thambar- General Practice, Dr Manel Pasqual - Ophthalmology, Dr R P Dayasena- Otorhinolaryngology and Prof Rifdy Mohideen- Medicine and finer specialties.

The Committee acknowledges the contribution made by *GlaxoSmithKline* in the organization of the seminar.
3. The Committee coordinated and convened a meeting between the SLMA and the Secretary Ministry on 6th August 2010. The following issues were discussed -SLMA projects supported by the Ministry of Health-CPD, SLCTR, CMJ, functioning of OPDs, Process of registration of foreign doctors for employment in the private sector of Sri Lanka, Comprehensive Economic Partnership Agreement with India, Improving care of persons with disability in Sri Lanka and Recommendations for control of Rabies and Dengue.

MEDIA

Chairperson & Convenor Dr Ruvaiz Haniffa

Members

Dr Waruna Gunathilake

REPORT

(Presented by Dr Ruvaiz Haniffa)

The Annual SLMA Awards for Excellence in Health Journalism 2010 was successfully conducted for the seventh consecutive year. The Committee received 15 articles in Sinhala, 9 articles in Tamil and 6 articles in English for evaluation. The following awards were made at the SLMA foundation Sessions on 22nd October 2010 at the Public Library Auditorium, Jaffna.

1. SLMA Award of Excellence in Health Journalism 2010 – Sinhala medium to Ms Champika Deepani of “*Tharuni*” newspaper. Her article focused on creating awareness on the issue of immunization in Sri Lanka.
2. SLMA Award of Excellence in Health Journalism 2010 – Tamil medium to Mr. T Kirubakaran of the “*Thinakurala*” newspaper. His article focused on creating awareness on snake bites in Sri Lanka.
3. SLMA Award of Excellence in Health Journalism 2010 – English medium to Ms Randima Attygala of the “*Nation*” newspaper. Her article focused on exercise during pregnancy.

The Committee thanks Drs Wasantha Gunathunge, Palitha Karunaperma (Sinhala article judges), G R Constantine and Shalini Sri Ranganthan (Tamil article judges) and Prof Saroj Jatasinge and Prof Ranjan Dias (English article judges) for their contribution by agreeing to serve as judges of the awards.

RESEARCH PROMOTION

Chairperson Prof M M Ismail
Convenor Dr M C Weerasinghe

REPORT

(Presented by Dr MC Weerasinghe)

Members

Prof Lalitha Mendis	Dr A S Dissanayake	Dr Ruvaiz Haniffa
Dr M P Seneviratne	Dr B Kumarendran	Prof E R Wickramanayake
Dr I Karunathilaka	Dr S Prathapan	Dr T Kumanan
Dr W U Perera		

The objective of the committee is to harness its activities in the direction of promoting a research culture among the members.

Following activities were carried out during the year 2010.

1. The research fund was initiated to provide seed money to help young researchers to start their projects. The preparation of guidelines for the grant scheme was done by the committee.
2. The fund stands at Rs one million with a contribution from Dr Asoka Dissanayake and SLMA general fund. The committee initiated discussions with
3. The interest of the one million rupees deposit was utilized for awarding the research grants.
4. The applications received for the research grants were reviewed by a panel of experts before selecting the awardees' for the third round.
5. The grant value was increased from Rs 50,000 to 100,000 to attract more proposals. For the year 2010 two proposals were awarded for the best proposals.
6. The committee hopes to expand its activities during the next year.

NON COMMUNICABLE DISEASES

Chairperson of NCD and DPTF Prof Ravindra Fernando / Prof Chandrika Wijeyaratne
Convenor Dr Carukshi Arambepola

Members

Dr Noel Somasunderam	Dr Chandanie Vithana	Dr K D R R Silva
Prof. Diyanath Samarasinghe	Dr Damayanthi Perera	Dr H A Priyankara Jayawardene
Dr Ruvan Ekanayake	Dr G S N Perera	Dr PHIU Waidyatilaka
Dr Neelamani Paranagama	Dr Shantha de Silva	Dr N Lokunarangoda
Dr M P Seneviratne	Dr B Kumarendran	Dr Vindya Kumarapeli
Dr Mahen Wijesuriya	Dr M M Dissanayake	Dr R R Abeysinghe
Dr Kanishka Karunaratne	Dr Sulochana yoganathan	Dr K Chandrasekher
Dr K R D de Silva	Dr P Katulanda	Dr Surenthirakumaran
Dr Uditha Bulugahapitiya	Dr K Sri Ranjan	Dr Anil Dissanayake
Dr Kapila Ranasinghe	Dr Palitha Karunapema	Dr Champa Aluthweera

REPORT

(Presented by Dr Carukshi Arambepola)

Prof. Chandrika Wijeyaratne functioned in the capacity of chairperson of the NCD committee during 2010.

The following activities were carried out with the assistance of WHO, Ministry of Health and other stake holder groups

New membership was extended to represent different geographical regions of Sri Lanka including the North and East, colleges of the SLMA, University of Jaffna, Sri Lanka Nutrition Society, Cancer Institute Maharagama and, Youth, Elderly and Disabled Unit (YEDD).

- Initiated hosting an educational programme on important issues relating to NCDs (e.g. health promotion in diabetes, tobacco consumption, eye care in diabetics) on a regular basis on ITN, Prime TV, MTV and

- Shakthi television channels in all three languages. A list of themes with uniform messages along with the appropriate resource persons was identified.
- An outreach programme was conducted by the NIROGI Lanka Project in February 2010 in Jaffna in collaboration with the departments of Community Medicine of the Faculties of Medicine of the Universities of Colombo and Jaffna, and the NCD Unit of the Ministry of Health. The programme consisted of three main segments:
 - An exhibition on the prevention of diabetes mellitus and other non-communicable diseases
 - A workshop on establishment of health promotion settings
 - A training programme on prevention of non communicable diseases
 - Assisted in reviewing the Essential Drug List (NCD related) at primary health care level by nominating a representative on behalf of the SLMA.

Diabetes:

- Conducted a joint seminar with SLAAS on “Research Updates on Diabetes” under the topics of research updates on Epidemiology, Clinical aspects and Service delivery by Drs. P Katulanda, V Kumarpeli and P Karunapema on the 10th of June. The outcome of this meeting was to convene a stakeholder meeting to identify and promote research priorities in diabetes.
- Two exhibition kits on prevention and control of diabetes (in Sinhala and Tamil languages) were developed to be used in public health educational exhibitions consisting of interactive material and displays that focused on the themes of, “I want to Know”, “Am I at risk?” and “I need to change”.
- During the SLMA Annual Scientific Sessions 2010, the NCD committee together with the NIROGI Lanka project conducted a seminar/workshop with three interactive case presentations related to diabetes followed up by a short presentation of activities of the NIROGI project.
- The NIROGI Lanka Project undertook the following main activities during this period,
 - A national programme for capacity building in diabetes care by establishing a pioneer cohort of 110 ‘Diabetes Educator Nursing Officers’ in Sri Lanka via 2 week training programmes for nurses selected from hospitals all over the Island.
 - A programme to provide quality diabetes care in the community through a partnership between the specialized tertiary care services and the primary care services in the Colombo City limits and the nearby suburbs. In order to accomplish this, the infrastructure, equipment and clinical skills were developed in 6 provincial clinics in the Western Province to create “Diabetes and Cardiovascular Community Risk Clinics”. The selected clinics of Maligawatte, Sedawatte, Wellampitiya, Piliyandala and Thalangama will be formally inaugurated by the end of December 2010.
 - A central laboratory established at the Maligawatte district hospital with a fully automated bio chemistry analyser to be used for screening and diagnosing diabetes and other non-communicable diseases.
 - A General Practitioner training course conducted with the assistance of the College of General Practitioners for capacity building at primary care level. Under this programme, 105 GPs will be trained by 2012.
 - Based on the Health Promotion approach to empower the community and family, leading to the development of healthy behaviours among communities in prevention of Type 2 diabetes, 59 community health promotion settings in the MOH divisions of Kotte and Kolonnawa have been developed with the continued participation of over 3000 people. This programme has succeeded in empowering the community to promote their health as evidenced by objective measures related to their lifestyle and weight reduction.
- Activities to commemorate the World Diabetes Day
 - Satellite programmes for World Diabetes Day organized by the Diabetes Educator Nursing Officers (trained by the NIROGI Lanka Project) in their hospitals and area of work
 - The ‘Health Promotion Day’ to portray health promotional activities of the NIROGI Lanka Project and the achievements of the participants at the Battaramulla Jana Kala Kendraya on the 9th of November with the participation of the SLMA president, WHO country representative, other dignitaries and around 600 participants
 - A Diabetes exhibition stall at the Global Diabetes Walk on the 14th of November at BMICH organized by the Diabetes Prevention Task Force and the NIROGI Lanka Project
 - Participation of the NIROGI Lanka Project in a diabetes and other non-communicable disease screening programme exclusively for media personnel at the Health Education Bureau on the 1^{5th} of November
 - Participation of the DPTF in a screening programme at the presidential secretariat conducted by the Western Provincial Health Secretariat on the 30th of November

Cardiovascular Diseases:

- NCD committee has taken leadership to 1). initiate revision of the national clinical guidelines pertaining to cardiovascular diseases, diabetes and hypertension especially with regard to new evidence and the multiple risk factor approach and 2). incorporate the revised guidelines to the CVD risk prediction charts developed by the WHO. An initial step was taken by obtaining funds to review these guidelines via a series of workshops with representation from the Colleges of Physicians and General Practitioners together with other stake holder groups.

Toxicology:

- A nominee was appointed to represent the NCD committee at the working/expert group on preventive strategies related to poisoning
- A WHO funding grant was confirmed for providing an in-service clinical update training on prevention and management of acute poisoning in view of capacity building of health care providers including medical practitioners and nurses working in the peripheral hospitals of Western, North-Western and Southern provinces.
- A revised version of the "Management of Poisoning" book, is currently being drafted in all three languages. Funds for compilation and printing were received by the committee from the WHO.

Cancer:

- A representative from the NCD subcommittee was appointed to the working group for developing policies on prevention and palliative care for cancers.
- The committee acted as a catalyst in developing a draft proposal on primary preventive strategies of cancer based on nutrition, physical activity, obesity, alcohol and smoking for conducting health education. This is currently being developed with collaboration from the Ceylon College of Physicians.
- A media program was held with the collaboration of the cancer control programme on 31st May 2010 to commemorate the world tobacco day.

Geriatrics:

- A concept paper was developed with the focus of improving human resources, capacity building and providing technical support within the existing health framework to provide better geriatric care. This document would be used in future to seek the advocacy of the health minister and ministry officials and to formulate a multi-disciplinary group on gerontology with representation of all stakeholders.

ROAD TRAFFIC ACCIDENTS PREVENTION**Chairperson**

Prof A H Sheriffdeen

Convenor

Dr C M Asela Anthony

Members

Mr T Perimpanyagam

Mr A W Dissanayake

Mr S A Premaratne

Ms Fathima Razik Cader

Dr R T Nanayakkara

Prof Hemantha Senanayake

Mr Lucky Peiris

Dr G R W Godakumbura

Mr P P de Silva

Dr (Mrs) A M S Zanhar

Eng. B A Azhar

Mr Edward Ahangama

Prof. Manouri Senanayake

Dr. Vindya Kumrapeli

Mr Indu Karunaratne

REPORT*(Presented by Dr Asela Anthony)*

The committee convened on 10 occasions during the year 2010. Many avenues to reduce road traffic accidents were looked in to, including playing an advocacy role, putting up sign boards, implementation of demerit point systems, slogans containing messages and road safety programmes in schools etc. with varying success.

Road safety programme in schools was started in October and the first seminar was conducted at Lyceum International School. As the response was very good from the schools as well as the school children, this activity will be continued next year with wide coverage of schools. A power point presentation was made to be distributed to School Medical Officers to propagate this message to the schools island wide. A strategy for setting up Student committees on Traffic Accident Prevention was drawn up for schools. These Committees would hold poster and essay competitions on Road Traffic, organize a parent/ student day to discuss accident prevention in addition to continuing with the school safety programme.

SNAKE BITES

Chairperson Dr Kolitha Sellahewa
Secretary Dr Malik Fernando

Members

Dr. Shantha De Silva	Dr. Ariarane Gnanathanasan	Dr. Dennis J Aloysius
Mr. Anslem de Silva	Prof. S A M Kularatne	Prof. Deepika Fernando
Dr. Vinya Ariyaratne	Prof. Rezvi Sheriff	Dr. Indika Gawarammana
Dr. Kalana Maduwage	Dr. Chris Fernando	Dr. M K Rangunathan
Dr. Dineshan Ranasinghe	Dr. Namal Rathnayake	Dr. Ariyasena Hittarage
Dr. Ranjith Paranagama		

REPORT

(Presented by Dr Kolitha Sellahewa)

Objectives

- Educate doctors on the correct strategies of snakebite management.
- Educate the public on prevention, first aid and other aspects of snakebite.
- Develop a data base on snakebite.
- Establish a notification system and to inquire into all deaths related to snakebite.
- Develop a web site for snakebite.
- Streamline research on snakebite. Develop a safe and effective AVS in Sri Lanka.
- Address issues related to other venomous animal bites and invertebrate stings.

Activities performed during 2010

1. Committee meetings held:

Monthly meetings were held and minutes were circulated among committee members, confirmed and presented to the Council of the SLMA. Meetings were held on the 3rd Wednesday of every month. Nine such meetings were held for the year 2010.

2. Dissemination of information on management and prevention of snakebite

- Articles to the news papers highlighting that hump nosed viper is now among the deadly venomous snakes.
- Several discussions on TV on issues related to snakebite in English and Sinhala; Tamil being planned.
- Provided resource personnel for a seminar on snakebite at the BMICH organised by the EFL.
- Conducted a seminar on snakebite during the SLMA Foundation Sessions in Jaffna.
- Lectured to the estate staff from Ratnapura, Nuwara Eliya, Rakwana, and Badulla at the Demodara tea estate on prevention, first aid and identification of venomous snakes.
- Established a hot line accessible to any doctor anywhere in the country 24 hours a day. Eleven inquiries were made including two from the poison information centre. Most of the inquiries were on issues related to decisions on the use of AVS when the identity of the biting snake was in doubt or when initial doses of AVS had failed to evoke the desired therapeutic response.

3. Notification of deaths due to snakebite.

Even though accepted by the Ministry and a system is in place to notify to the Ministry of Health all deaths due to snakebite compliance has been exceedingly poor. This was raised with the Secretary of Health who has taken steps to revive the process.

4. Development of a data base on snakebite

A data collection form was developed in collaboration with the Epidemiology Unit. Discussions are proceeding to implement the proposal with the help of the EU at the selected sentinel sites. Analysed data will be accessible to the SLMA as well as the Epidemiology Unit in Colombo.

5. Research

Two research projects have been initiated

1. An epidemiological profile of snakebites in General Hospital of a post-conflict district in the Eastern Province of Sri Lanka. This study was hampered by not been able to find a suitable data collector.

2. A study on the incidence and nature of adverse reactions to AVS

6. Update on snakes, AVS and snakebite management

An update on the following topics is being compiled for publication in the CMJ as a CME supplement

1. Burden of snakebite in Sri Lanka (Prof Janaka de Silva)
2. History of herpetology in Sri Lanka (Mr. Anslem de Silva)
3. Venom chemistry relevance to Sri Lankan snakes (Dr. Parakrama Athauda)
4. Taxonomy and Morphology of poisonous snakes in Sri Lanka (Mr. Anslem de Silva, Dr Kalana Maduwage)
5. Clinical manifestations of envenoming
Russell's viper and Saw scaled viper- Dr. Ariarane Gnanathanan
Cobra – Prof SAM Kularatne
Kraits – Prof SAM Kularatne
Hump nosed viper- Dr. Kolitha Sellahewa
Sea snakes- Dr Malik Fernando
Other snakes- Prof SAM Kularatne
6. Management of snakebite –
 - 6.1 Antivenom - Dr. Kolitha Sellahewa
 - 6.2 General Management- Dr. Kolitha Sellahewa
 - 6.3 Specific management and management of complications- Prof SAM Kularatne
 - 6.4 Antivenom prophylaxis- Prof Janaka de Silva
7. Prevention of snakebite- Dr Vinya Ariyaratne

7. Manufacture of AVS in Sri Lanka

Having recognized the poor quality of the currently available AVS both with regard to safety and efficacy, SBC has developed, discussed and presented a practical and detailed proposal to the Ministry of Environment and Natural Resources to implement the project leading to the setting up of a snake farm in Sri Lanka and the subsequent manufacture of AVS. No progress yet.

I thank all the members of the snakebite committee for supporting its activities, especially those who have attended meetings regularly and made active contributions.

SOCIAL ACTIVITIES

Chairperson

Dr Narada Warnasuriya

Joint Social Activity Secretaries

Dr Gamini Walgampaya / Dr Suriyakanthie Amarasekera

Members

Dr Dennis J Aloysius

Dr J B Peiris

Dr Gamini Walgampaya

Dr L Ranasinghe

Dr N Wickramasinghe

Prof Wilfred Perera

REPORT

(Presented by Dr Suriyakanthie Amarasekera)

The Social Activities for the year 2010 were associated mainly with the Annual Scientific Sessions. The Cultural Show at the inauguration of the Annual Scientific Sessions the 31st of May was a riveting performance by Mastreo Ravibandu and his Drum Troupe which held the audience both local and foreign guests spellbound.

The Traditional Doctors Concert, named "Algorhythms" was held on the 1st of June at the Oak Room, Cinnamon Grand Hotel. It was an enjoyable well balanced program with a mixture of Sinhala Hindi and English vocal items performed by well known popular medical professionals. It was refreshing to hear several young talented artistes making their debut at the SLMA Concert. Veteran Artistes Prof Dayasiri Fernando and Dr Chitrangani Kariyawasam made a popular come back after a lapse of several years to give a rib tickling performance of a skit scripted by Dr Chitrangani. A graceful Bharathanatyam and a hip swinging Latin American Dance item performed by young interns added variety to the show.

The Concert was compered very professionally by Dr Sean Amarasekera who also made his distinctive contribution of "Phonetic Punctuations" as well as singing. The Grand Finale of the Concert was a Medley of Visharada Khemadasa songs performed by about 20 medical students from the Faculty of Medicine, University of Sri Jayewardanepura, a fitting tribute to the President Dr Narada Warnasuriya who was their Vice Chancellor. The concert was attended by over 100, including the chief guest, Professor Sir Michael Marmot and many foreign resource persons.

The SLMA Dinner at the close of the Annual Scientific Sessions was held at the Grand Ball Room of Galle Face Hotel. All who attended had an enjoyable evening in a relaxed atmosphere with an opportunity to make new friends and strengthen old bonds of friendship. The lilting music provided by violinist Ananda Dabare enhanced the sumptuous meal.

It is with regret that we note that this year too the SLMA Dance was not held for the 4th year in succession. We do hope that this tradition will be revived in the future.

SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson	Prof Colvin Goonaratna
Honorary Secretary /Convenor	Dr Udaya Ranawaka
Assistant Secretary	Dr Chandanie Wanigatunge

Members

Dr Ajith Mendis	Dr HRU Indrasiri	Prof Rezvi Sheriff
Dr Narada Warnasuriya	Dr Indika Karunathilake	Prof Gita Fernando
Dr Vajira HW Dissanayake	Dr Siva Selliah	Prof Lalini Rajapakse
Dr Ashwini de Abrew		

REPORT

(Presented by Dr Udaya Ranawaka)

Prospective registration of all clinical trials involving human subjects is a requirement for trial publication in biomedical journals, and the World Health Organization (WHO) has strongly supported the call for mandatory trial registration. Recognising the need for a national body for trial registration, the Sri Lanka Clinical Trials Registry (SLCTR) was established in November 2006. The SLCTR is an internet-based, not-for-profit registry, with free access (www.slctr.lk) to researchers, clinicians, and the public. It was recognised as a Primary Registry of the WHO Registry Network in March 2008. The SLCTR regularly provides data to the Clinical Trial Search Portal of the International Clinical Trial Registry Platform of the WHO.

A total of 53 clinical trials have been registered as of 30th November 2010, with 10 of them being registered in 2010.

The SLCTR website has undergone extensive revisions to meet WHO requirements. New features include audit trails to track changes to trial protocols, updates on trial data based on progress reports provided by the investigators, and links to trial publications. The Standard Operating Procedures (SOPs) of the Registry were completely revised during the year. An internal audit was conducted as a quality control initiative.

Members of the SLCTR Committee have delivered guest lectures at the Annual Sessions of the Kandy Medical Association (February 2010) and the Jaffna Medical Association (October 2010), with a view to improving awareness on clinical trial registration. A survey on the awareness on clinical trial registration was conducted among participants of the Annual Academic Sessions of the SLMA.

WOMEN'S HEALTH

Chairperson Prof Jennifer Perera
Convenor Dr Nalika Gunawardene

Members

Prof Chandrika N Wijeyaratne	Dr Shalani Sri Ranganathan	Dr Rani Fernando
Dr Vathsala Jayasuriya	Dr Angela de Silva	Dr Sharaine Fernando
Dr Neththanjali Mapitigama	Dr Arulanandem	Dr Sampatha Goonawardena
Dr Dinithi Fernando	Dr Nilmini Hemachandra	Dr Kapila Jayaratne
Dr Sureinthirakumaran	Dr Sudharshini Wasalathanthri	

REPORT

(Presented by Dr Nalika Gunawardene)

Activity planned by the Women's Health Committee for 2010	Activities conducted by the Women's Health Committee 2010
<p>Encourage medical professionals who are stakeholders in the field of women's health to join the Women's Health Committee</p> <p>Co-opt the relevant professionals who are not eligible to be members of SLMA, health to the Women's Health Committee</p>	<ul style="list-style-type: none"> • Dr. N. Mapitigama, focal point for gender issues in the Family Health Bureau, Dr. Kapila Jayarathne and Dr. Nilmini Hemachandra Nationals Programme officers for Maternal Health, attached to the Family Health Bureau were invited to join the committee. • Dr. Sumithra Tissera, Director, Medical of the Family Planning association also joined the committee on invitation. • Drs. Sunrenthirakumarn (Jaffna) and Arulanandem (Batticaloa) were invited into the committee as members to be corresponded via emails. •
<p>To liaise with the focal point for gender issues of the Ministry of Health and to implement a pilot project at NHSL to provide better screening and management services for victims of GBV</p>	<ul style="list-style-type: none"> • The committee offered to liaise with the focal point for gender issues of the Ministry of Health in planning a tool to screen victims of GBV in the curative settings and thereafter in training of the healthcare providers in conducting screening and managing these victims. Committee members contributed to the consultative meeting held to revise the 'Training module for the core staff of the GBV care centre' and the 'protocol/guidelines for 'Mithuru Piyasa'. • Committee mediated commencement of a counselling centre at the Sri Jayewardenepura Hospital with support from the organization, Women in Need. The arrangements are being made to open the centre shortly.
<p>To conduct professional development programmes in collaboration with relevant Colleges/ Associations, targeting health staff in curative and preventive health services to promote good practices in caring for elderly women, pregnant mothers, new born & children. (eg: preventing osteoporosis, improving nutrition among pregnant mothers and adolescent girls, promoting education for girl child etc.)</p> <p>To assign CPD points to the programmes that are being organized.</p>	<ul style="list-style-type: none"> • The seminar titled 'Addressing health issues and providing health care in Sri Lanka: are we gender sensitive?' was held on the 8th March to commemorate the Women's day 2010. Summaries of the presentations at this seminar were published in SLMA newsletter. • A post congress seminar on health issues in elderly women was organized by the Women's Health Committee and the Menopause Society was held successfully on the 3rd June 2010. Net income from sponsorship and registration fee was as Rs. 59,240/=.

<p>To conduct television programmes, publish newspaper articles on women's health issues targeting general public</p> <p>To conduct a media seminar to educate media personnel on selected women's health issues</p>	<ul style="list-style-type: none"> • A leaflet highlighting the issues of prevention of NCDs among women was prepared by the committee which was distributed in the field by the SLMA NIROGI project. • Two articles (in English and Tamil) on women's health issues were prepared by the committee and were submitted to the media committee of SLMA. • A radio programme was conducted in Tamil on health issues related to Menopause. • Committee developed a leaflet to be distributed during the orientation sessions of the undergraduates to sensitise them on gender issues. Awaiting pilot testing prior to distribution.
<p>To conduct professional development programmes for field health staff to promote good practices in caring for pregnant mothers, new born and children</p>	

DISABILITIES (WORKING GROUP)

Chairperson Dr Lalith Wijyaratne
Secretary Dr Harsha Gunasekara

Members

Prof Lalitha Mendis	Dr Udaya Ranawaka	Prof Hemamali Perera
Dr Aswini Fernando	Dr Kalyani Guruge	Dr Jithangi Wanigasinghe
Dr Samanmali Sumanasena	Dr Swarna Wijayathunga	Prof Ranjani Gamage
Dr Padma Gunarante	Dr Sunil Perera	Dr Raja Thalagahagoda
Dr Nihal Goonetilleke	Dr Anoma Jayatilleke	Dr Neil Thalagala
Dr Vinya Ariyaratne	Dr Deepthi Perera	Dr Anil Dissanayaker
Dr H U R Indrasiri	Dr Lalith Sathkunam	Dr Uditha Jayathunga
Dr Charitha Perera		

REPORT

(Presented by Dr Harsha Gunasekara)

Objectives

- To provide advocacy to the Ministry of Health and other stakeholders on the need for improvement of services available for Persons with Disability (PwDs) in Sri Lanka.
- To make recommendations on improving the services available for Persons with Disability (PwDs) in Sri Lanka.
- To make recommendations regarding revisions to existing laws and legislations on disability and Persons with Disability (PwDs).
- To create awareness on disability and care of the Persons with Disability (PwDs).

A framework document of proposals titled "Disability in Sri Lanka" was presented to the Ministry of Health at the meeting convened by the Secretary to the Ministry of Health for Representatives of SLMA committees/working groups. The Ministry of Health acting on this proposal has taken steps to form a National steering Committee on Care for the Disabled.

The Working Group held meetings monthly except in January, February and April.

Dr Lalith Wijyaratne took over the chairpersonship from Prof Lalitha Mendis from May 2010.

The committee is working on establishing data on war injuries (security forces and civilian) and existing resources for rehabilitation/benefits through Ministries of Health and Social services.

A SLMA Guest Lecture on Dementia was organized by the committee in November.

HERBAL MEDICINE

Chairperson Prof Sanath P Lamabadusuriya
Convenor Dr B Kumarendran

Members

Prof (Mrs) J A Liyanage	Prof Ajith M Abesekera	Prof Ananda Wijekoon
Prof Arjuna Aluwihare	Prof Ira Thabrew	Prof Jennifer Perera
Dr Narada Warnasuriya	Prof Rohini Fernandopulle	Prof Tuley de Silva
Dr A Laksman Jayawardena	Dr Chamara Senaratna	Dr Dayangi Senasekara
Dr Hemantha Beneragam	Dr H L Obeysekera	Dr Lakshmi Arambewela
Dr Nimal Jayathilake	Dr R A Jayasinghe	Dr Swarna hapuarachchi

REPORT

(Presented by Dr B. Kumarendran)

Introduction:

Herbal Medicine sub-committee was established following a request to the SLMA Council by Prof Sanath P. Lamabadusuriya rationalizing the need to have a multi-disciplinary forum on herbal medicine. The inaugural meeting was held in June, 2010 and five meetings were subsequently conducted.

Objective:

To enhance collaborative good quality research and evidence based practice related to herbal medicine in Sri Lanka

Activities

1. Establishment of the sub-committee

The committee was established with members from varied disciplines including the ex-officio directors of Bandaranaike Memorial Ayurvedic Research Institute, Institute of Indigenous Medicine and Director, Gampaha Wickremarachchi Ayurveda Institute were invited to join the committee.

2. Compilation of an index of Sri Lankan Publications on Herbal Medicine

The sub-committee initiated an activity to compile an index of Sri Lanka research publications on herbal medicine irrespective of the specialty of author (SLMC registered, alternative practitioners, scientists and etc), study design (laboratory, observational, trials and etc), subjects (human/animal), type of publication (International or local journal, dissertation and etc), format (softcopy, printed copy or photocopy) and language (English, Sinhala or Tamil). The data collection is in progress.

3. Field visit to a factory manufacturing herbal products

The sub-committee visited to the factory of Link Naturals (Pvt) Ltd. Situated in Dompe and observed the good manufacturing practices implemented in the factory.

4. Making herbal research as priority in Sri Lanka

Committee met a representative from SEARO/WHO and requested her to include herbal medicine research in the priority list of their work plan. Further the committee is trying at local level to identify the herbal medicine research as a priority area by Sri Lankan stakeholders such as National Science Foundation and National Research Council.

HEALTH EQUITY (WORKING GROUP)

Chairperson Prof. Saroj Jayasinghe
Convenor Dr. Vathsala Jayasuriya

Members

Dr Narada Warnasuriya	Prof Lalini Rajapaksa	Dr Palitha Abeykoon
Prof. Diyanath Samarasinghe	Prof. Eugene Wickramanayake	Prof. Colvin Goonaratna
Dr. Sarath Samarage	Dr. Thilak Munasinghe	Dr. Carukshi Arambepola
Dr. IR Perera	Dr. Pubudu de Silva	Dr. Padmal de Silva
Dr. Buddhika Fernando		

REPORT

(Presented by Dr Vathsala Jayasuriya)

The first meeting of the working group was convened on 6th May 2010 to carry forward the agenda of SLMA annual sessions 2010 - equity for health, which hosted Sir Michael Marmot as the chief guest.

The following objectives were formulated to guide the activities of the group.

- a) To raise awareness of the medical profession and general public on issues relating to health equity and social determinants of health (SDH)
- b) To encourage research in relevant areas and translation of knowledge into practice
- c) To facilitate capacity building among health professionals
- d) To network with local, regional and global partners to take forward the agenda of narrowing health inequalities.

A SLMA newsletter editorial and a leading article in the Ceylon Medical Journal (Narrowing health inequalities in Sri Lanka: issues and challenges (Vol 55, No 3, 2010)), were used to raise awareness of the medical profession on issues relating to health equity and social determinants of health (SDH)

The committee will identify issues within which the broad agenda of health inequity can be addressed by the group. Discussions were held to identify 5 key areas that will serve as entry points for action. It was agreed that sectors such as education and housing was important in addressing equity at a broader level and the group will also focus on health related issues such as health care provision and nutrition.

SLAAS section-A has agreed to work closely with the SLMA group on issues related to health equity and SDH. A series of joint research forums is being planned to facilitate capacity building among health professionals and the first of these will focus on assessment of social status: methods and instruments.

The group will explore opportunities for networking with local and regional organizations and informal discussions were held with the World Health Organisation (WHO) to procure funds for future activities.

CENTRAL CPD

Chairperson Dr Sunil Seneviratne Epa
Convenor Dr V Murali

Members

Prof Lalitha Mendis	Prof Colvin Goonaratna	Dr Rabindra R Abeyasinghe
Dr Rani Fernando	Dr Joe Fernando	Dr H R U Indrasiri
Dr Indika Karunathilake	Dr Pubudu de Silva	Dr Harshalal de Silva
Dr Suresh Shanmuganathan	Dr Jayantha Jayasuriya	Dr Eugene Corea
Dr P M G Punchihewa	Dr Aswini Fernando	Dr M P Seneviratne
Dr G A Harischandra	Dr Indira Wijesiriwardene	Dr Ranjan Dias
Dr A Illeperuma	Dr R P Dayasena	Dr Ananda Hapugoda
Dr Nalin Rajakaruna	Dr Lalindra Gooneratne	

REPORT

(Presented by Dr Sunil Seneviratne Epa)

Main Events and activities are as follows:

- 1) Launching the Information and Guidance Book on CPD certification at the inauguration of the SLMA Academic Sessions with the presentation of the first copy to Hon Minister of Health Mr. Maithipala Sirisena in June 2010.
- 2) One copy of the above book is being posted to all doctors registered with the SLMC
- 3) Participation in a conference on Medical Education organized by the SLMC in June in Colombo with the participation of delegates from SARC region. It was revealed that Sri Lanka is the only country in the region gone this far in organizing a National CPD Programme for doctors.
- 4) Organized a Seminar on CPD with participation of all stake holders with the objective of identifying incentives for non state sector doctors.
- 5) Currently participating in a CPD Committee of the SLMC with the idea of establishing a CPD Authority with statutory powers.
- 6) Established a dialogue with the GMOA and formulated a promotion scheme for state sector doctors in order to enhance the uptake of CPD.

12. CEYLON MEDICAL JOURNAL

Editorial Board

Editors : Prof Janaka de Silva and Dr Anuruddha Abeygunasekera
Emeritus editors : Dr Chris G Uragoda and Professor Colvin Goonaratna

Assistant editors:

Dr Dennis Aloysius	Dr D N Atukorala	Dr Sarath Gamini de Silva
Dr B J C Perera	Prof A Padmeswaran	Prof Lalini Rajapakse
Dr Channa Ranasinha	Dr Udaya Ranawaka	Dr Shalini Sri Ranganathan
Dr Kolitha Sellahewa	Dr S A S Gunawardena	Prof Harsha Seneviratne
Dr Dulani Gunasekera		

REPORT

(Presented by Dr Anuruddha Abeygunasekera)

Board Meetings

The Editorial Board met 10 times in the last year. Average attendance was 65%. Minutes kept at each meeting are sent to the SLMA Council. (We report a summary of the events to the council periodically; not the minutes)

Journal

Three issues of the 2010 *Journal* have been published to date: March, June and September. The December issue is being edited. 2500 copies are printed of each issue. (From the December issue onwards 3 000 copies will be printed)

142 articles were tabled at the editorial boards of which 56 were accepted for publication. Publication to date is as follows: leading articles 3, full papers 10, research letters 11, case reports 6, picture story 3, correspondence 5, book review 1.

Two CME series and a *CMJ* Volume 54 index were published.

Fees are as follows: past issues to 2007 Rs. 250 each, 2008-09 Rs. 400, 2010 Rs 500.

Other publications

The abstract booklet to the annual academic sessions of the SLMA were published alongside the June issue

Website

The *CMJ* can be accessed online through the SLMA website. Full article access is available from 2003 onwards. The Sri Lanka Journals Online website is maintained by Mrs Sioux Cumming at the International Network for the Availability of Scientific Publications, Oxford

CMJ office

The office can be contacted on 011 269 0212 and at office@cmj.slma.lk

Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff. Particular mention is made of Ms Renuka Ratnayaka and also Mr Rajasingham and Ms Jayarani Tennakoon.

13. TSUNAMI DISASTER RELIEF

(Report Presented by Dr Suriyakanthie Amarasekera)

Coodinators: Dr. Suriyakanthie Amarasekera and Dr. Maxie Fernandopulle
SLMA/CMAAO Scholarship Fund

The SLMA/ CMAAO Scholarship Fund has continued to support 22 children of whom 15 lost one parent, and 7 lost both parents in the Tsunami Disaster of December 2005. Two more children who lost their father in the Tsunami and subsequently lost their mother due to illness were included in the program from April 2010.

5 of the scholarship recipients have completed their "O" Levels. Of these 3 are reading for their A levels. Of the remaining two, one is following a Diploma Course in IT while the other has completed an 8 months course in Motor Mechanics for school leavers conducted by the Department of Education. As this boy has ceased in engaging in any further educational activity, his scholarship award was terminated in September 2010. At present a total of 23 children receive a sum of Rs 2000/ monthly to enable them to continue their education. It is intended to give an additional sum of Rs 2000/ in December to enable them to purchase books, uniforms shoes etc. The progress of all the Scholarship recipients is being monitored with regular feedback from the respective school principals and class teachers.

A progress report of the scholarship recipients was presented at the 42nd CMAAO Mid Term Council Meeting held in Kuala Lumpur Malaysia from the 16th to 18th September.

14. FORUM FOR ETHICS COMMITTEES (FERCSL)

(Report presented by Dr Rasika Perera)

The Annual General Meeting of the Forum for Ethics Committees (FERCSL) was held on 1st February 2010 at the SLMA Auditorium.

The Management Committee of FERCSL is formed of 2 nominated members from each constituent ERC of FERCSL. The following office bearers were elected at the first management committee meeting of FERCSL:

Chairperson	:	Prof. Anoja Fernando (according to constitution)
Secretary	:	Dr. P. P. Rasika Perera
Treasurer	:	Dr. Chrishantha Abeysena

The management committee met four times during the course of the year, on 26th February 2010, 12th March 2010, 18th June 2010 and 18th October 2010

Activities carried out by Management Committee of FERCSL

1. Development of Standard Operating procedures (SOPs)

Prof. Anoja Fernando conducted a session on development of SOP's for individual ERC's. On 12th March 2010 at the SLMA Council room for the benefit of members of FERCSL, using the WHO Guidelines on developing SOPs and a few other examples. (SLMA, Colombo Faculty of Medicine). It was decided to formulate these SOP's according to the format of the FERCAP- SOPs with the objective of exploring the possibility of getting SIDCER recognition for individual ERCs affiliated to FERCSL.

2. Workshop by FERCSL at Faculty of Medical Sciences, University of Sri Jayewardenepura.

A workshop jointly organized by FERCSL and the ERC/FMS USJP on "How to evaluate research proposals regarding ethical issues" was conducted successfully on 9th August 2010 at FMS, USJP with resource persons from FERCSL and ERC FM/Colombo.

3. Management of FERCSL website

The FERCSL committee decided to consult a professional/company on web management to design and maintain the FERCSL website. The committee decided to explore the possibility of obtaining funds from the WHO for this matter.

Proposed activities for 2011

1. Newsletter for FERCSL
2. Monthly FERCSL meetings to discuss specific ethical issues in relation to research projects
3. Development of National Ethical Guidelines for research on humans by a committee appointed by the Ministry of Health

15. NEW MEMBERS

The new membership for the year 2010 (as at 4th December 2009, including the names presented to the Council on 3rd December 2010) was as follows

Life	106
Ordinary	74
Student	137
Ordinary to Life	6

The list of members were enrolled during the year 2010 is given in Annex 6.

16. SLMA OFFICE AND STAFF

Administrative Officer:	Mr M Rajasingham
Computer Operators	Ms L P Chandani Kumari Ms D N Y Alahakoon Ms Y N Wijesekera
Accounts Assistant	Ms Jayarani Tennakoon
Office Assistant	Mr Darshana Atukorala (until July 2010) Mr K D Nalin Prasanna (September to November 2010) Mr Samararatne (December 2010 onwards)
Watchers	Mr Justin Silva Mr A Rajendran

17. TREASURER'S REPORT

(Presented by Dr Vajira HW Dissanayake, Honorary Treasurer)

I am pleased to present the financial report for this year. The financial situation remains stable in spite of withdrawal of fixed deposits to support building extension activities. The scientific sessions this year was the most successful in terms of the income generated which was Rs. 9,161,657.49. The expenses were Rs. 6,072,590.42, leaving a profit of Rs. 3,089,067.07. The overall costs keep on escalating. The Annual Scientific Sessions is the event that brings in the highest revenue to the SLMA. The fullest potential of this event has still not been exploited. I request the Council to focus on this. The other main sources of income were rental income which was Rs. 2,873,963/= and interest from fixed deposits which was Rs. 1,817,629/=. The total value of fixed deposits was Rs. 12,258,281/= SLMA total FD amount 9,884,005/= & Orations FD amounts 2,374,276/=).

I would like to thank the President, Honorary Secretary, Mr. M. Rajasingham and Ms. Jayarani Thenakoon for all the support, assistance and commitment to maintain the accounts.

18. AUDITORS' REPORT 2009/2010

Report of the auditors is given in the Annex 7.

Annexe 1: Detailed programme of the Annual Scientific Sessions

Monday 31st June 2010

THEME SEMINAR (PRE-CONGRESS)
“ACHIEVING EQUITY IN HEALTH, THE SRI LANKAN EXPERIENCE”
Cinnamon Grand Hotel (Oak Room)

Programme

Welcome address	Dr. Narada Warnasuriya, President/ SLMA
Address by Secretary/ Ministry of Health	Dr. Ravi Ruberu,
Speakers	Dr. Ravi Rannan-Eliya Dr. Godfrey Gunatilleke Professor Sir Michael Marmot
Panel discussants	Prof. W. D. Lakshman Dr. Moazzem Hossain Dr. Palitha Abeykoon Prof. Zulfiqar Bhutta Dr. Sarath Samarage

INAUGURATION OF THE 123RD ANNUAL SCIENTIFIC SESSIONS

6.00 pm	Arrival of the Chief Guest and Guest of Honour and introduction to Council Members
6.15 pm	Ceremonial Procession
6.20 pm	National Anthem
6.25 pm	Lighting of the oil lamp
6.35 pm	Welcome Address <i>Dr Narada Warnasuriya, President SLMA</i>
6.50 pm	Address by the Chief Guest Professor Sir Michael Marmot <i>Director, International Institute for Society and Health MRC Research Professor of Epidemiology and Public Health, University College London Chairman, WHO commission on Social Determinants of Health President Elect, British Medical Association</i>
7.10 pm	Address by the Guest of Honour <i>Hon. Maithripala Sirisena, MP, Minister of Health</i>
7.20 pm	“Rawana” Ravibandu drum ensemble
7.40 pm	Vote of thanks Dr Indika Karunathilake, Honorary Secretary, SLMA
7.50 pm	The SLMA ORATION 2010 “Ergonomic factors of Educational Environments and Influence on School-going Early Adolescents” Dr Kapila Jayaratne <i>MBBS, DCH, MSc, MD (Community Medicine)</i> <i>Consultant Community Physician, Family Health Bureau</i>
8.35 pm	Procession leaves the hall Reception

Tuesday 1st June 2010

SYMPOSIUM 1 CONGENITAL HEART DISEASE

Congenital Heart Disease - from childhood to adulthood

Dr. Duminda Samarasinghe

What can be done? The cardiologist's perspective

Dr. Shehan Perera

The surgeon's perspective

Dr. Kanchana Singappuli

SYMPOSIUM 2 DIAGNOSTIC AND MANAGEMENT PEARLS IN DERMATOLOGY

Dermatological problems in children

Prof. Jayamini Seneviratne

Dermatological problems in adults

Dr. Ganga Sirimanna

Cutaneous manifestations in systemic diseases

Dr. Ramyalatha Ragunathan

SYMPOSIUM 3 ISSUES AND CHALLENGES IN MENTAL HEALTH

Self harm among teenagers - a worrying trend?

Dr. Swarna Wijetunge

Deliberate self harm – a recent overview

Dr. Raveen Hanwella

Promoting community mental health in Sri Lanka

Dr. M. C. Weerasinghe

Mental health and development with community partnership - experiences in rural Sri Lanka

Dr. Neil Fernando

PLENARY LECTURE

Fair Society, Healthy Lives

Prof. Sir Michael Marmot

GUEST LECTURE 1

Mainstreaming nutrition: going beyond survival

Prof. Zulfiqar Bhutta

GUEST LECTURE 2

The double burden of disease

Prof. Brian Oldenburg

GUEST LECTURE 3

Unfair Societies: social factors and pathogenesis

Prof. Saroj Jayasinghe

Free paper session 1 - Cardiology

Free paper session 2 - Medicine

Free paper session 3 – Psychiatry

GUEST LECTURE 4

Under nutrition and frailty in older adults

Dr. Kamilia Tai

GUEST LECTURE 5

Advances in insulin management of type 2 diabetes

Dr. Jonathan Levy

GUEST LECTURE 6

Clinical Ethics

Prof. Anoja Fernando

Free paper session 4 – Paediatrics
Free paper session 5 - Tropical Medicine (1)
Free paper session 6 - Health Services Research

SYMPOSIUM 4 NUTRITION FOR DEVELOPMENT

Complementary feeding
Prof. Zulfiqar Bhutta
Nutrition and food security
Dr. Renuka Jayatissa
Commentary
Dr. Moazzem Hossain

SYMPOSIUM 5 NEW FRONTIERS OF E-LEARNING IN MEDICINE

Introduction to e-learning
Dr. Indika Karunathilake
Delivery of online courses for continuing medical education: a new venture with successes and challenges
Prof. Nandani de Silva
Role of e-learning in surgical postgraduate training: Sri Lankan experience
Dr. Aloka Pathirana
Myths about e-learning
Dr. Gominda Ponnampereuma
Demonstration of online learning platforms
Dr. Pandula Siribaddana

SYMPOSIUM 6 FROM ADVOCACY TO SOCIAL RESPONSIBILITY-GP's ROLE

Pre-test counseling in antenatal investigations (Interactive Session)
Moderator: Dr. Eugene Corea
Panel: Prof. Hemantha Senanayake, Dr. Duncan Bujawansa, Mr. J. N. Ashraff
Patient safety
Dr. W. Ramasinghe, Ms. Christine Perera
A wave of hope
Dr. K. Chandrashekher

DOCTORS' CONCERT (*Oak Room, Cinnamon Grand*)

Wednesday 2nd June 2010

GUEST LECTURE 7

Prospect for a vaccine against HIV-I
Dr. Lucy Dorrel

GUEST LECTURE 8

A holistic approach to the care of IDPs
Dr. Vinya Ariyaratne

GUEST LECTURE 9

The story of surgery – from a gruesome past to a fascinating future
Prof. Mohan de Silva

Free paper session 7 - Tropical Medicine (2)

Free paper session 8 – Epidemiology

Free paper session 9 - Surgery

INTERACTIVE SESSION 1: NEUROLOGY

Dr. Udaya Ranawaka
Dr. Thashi Chang

GUEST LECTURE 10

Local and global experiences in setting up disability services

Dr. Padmani Mendis

Prof. Maria Crotty

INTERACTIVE SESSION 2: COMMON ISSUES IN SURGERY

Screening for breast cancer in Sri Lanka - who could benefit?

Dr. Naomal Perera

Rectal bleeding - can we ignore?

Dr. Deepaka Weerasekera

Morbid obesity - best management

Dr. Thejana Wijeratne

SYMPOSIUM 7 ERECTILE DYSFUNCTION

Pathophysiology and epidemiology of Erectile Dysfunction

Dr. Lasantha Malavige

Evaluation of men with Erectile Dysfunction

Prof. Michael Kirby

Treatment of Erectile Dysfunction

Dr. Jonathan Levy

SYMPOSIUM 8 ENABLING THE DISABLED IN SRI LANKA: EXPERIENCES OF THE STAKEHOLDERS

Views of a policy maker

Mrs. V. Jegarasasingam

Working as a team in the community

Dr. Bandara Panagamuwa

Community based rehabilitation, what we have achieved

Dr. Deepthi Perera

Working as a speech and language therapist and the rights for appropriate education

Ms. Ianthe Perera

Challenges in my life

Mr. Priyantha Peiris

Achievements of my son

Mrs. Saroja Dullewa

SYMPOSIUM 9 HEALTHCARE IN HUMANITARIAN CRISIS

The Manik Farm experience

Dr. Novil Wijesekera

Health as a bridge to peace

Dr. Terrance de Silva

Role of WHO in providing healthcare during humanitarian crisis

Dr. Edwin Salvador

Role of UNICEF in health and nutrition during humanitarian crisis

Dr. Moazzem Hossain

GUEST LECTURE 11

Recent advances in endometriosis

Prof. Hemantha Senanayake

GUEST LECTURE 12

Biomedical Engineering – closing the gap between engineering and medicine for improvement of healthcare systems

Dr. Nuwan Dayananda

GUEST LECTURE 13

ECMO and its position in the therapy of respiratory failure in adults

Prof. Martin Balik

Free paper session 10 – Reproductive and Sexual Health
Free paper session 11 – Endocrine and Metabolism
Free paper session 12 – Microbiology / Immunology

SYMPOSIUM 10 DIABETES AND CARDIOVASCULAR RISK IN SRI LANKA: WHERE HAVE WE GONE WRONG?

Interactive case based discussion

A stroke victim with neglected hypertensive disease

Dr. Prasad Katulanda

A diabetic patient suffering lower limb loss from end organ disease

Dr. Rezni Cassim

An A/L student with metabolic syndrome

Dr. Ruvaiz Haniffa

Developed country perspective

Prof. Brian Oldenburg

Brief introduction to NIROGI Lanka Project

Prof. Chandrika Wijeyaratne

Dr. Noel Somasunderum

Dr. Carukshi Arambepola

SYMPOSIUM 11 REGIONAL MEDICAL COUNCILS – ROLES AND ISSUES

Role of the Medical Council of India in medical education

Dr. Vedprakash Mishra

Future plans of the Network of Regional Medical Councils

Dr. Somnath Arjyal

Issues facing the Sri Lanka Medical Council

Prof Lalitha Mendis

SYMPOSIUM 12 NEW CHALLENGES IN ICU

Clinical judgment vs. technology: a dilemma in ICU?

Prof. Malcom Wright

A comprehensive echo protocol in ICU including tissue doppler vs. focused assessment echocardiography

Prof. Martin Balik

Cardiac probe beyond the heart: a combined approach of cardiac & lung ultrasound in assessing haemodynamics in ICU

Dr. Aruna Munasinghe

S C PAUL ORATION

“Use of Stable Isotopes in Human Nutrition Research: Sri Lankan Experiences”

Orator: Dr Manjula Hettiarachchi

MBBS, PhD

Senior Lecturer in Nuclear Medicine, Faculty of Medicine, Galle

Thursday 3rd June 2010

POST CONGRESS SESSION I

SEMINAR ON HEALTH ISSUES IN ELDERLY WOMEN

(Jointly organized by the Women's Health Committee of the SLMA and the Menopause Society of Sri Lanka)

(SLMA Auditorium)

PART 1: SYMPOSIUM ON POST MENOPAUSAL OSTEOPOROSIS

- a) **Overview of osteoporosis**
Dr. Lalith Wijyaratne
- b) **Prevention and management**
Dr. Kolitha Sellahewa
- c) **Role of Hormonal Replacement Therapy**
Dr. Ananda Ranathunga

PART 2:

Bringing about postmenopausal good health through nutrition

Dr. Renuka Jayatissa

HRT and its controversies

Dr. M.D.P. Gunarathne

Genitourinary problems

Dr. Madhava Karunarathne

Discussion

POST CONGRESS SESSION II

MEETING THE CHALLENGES IN ENVIRONMENTAL HEALTH IN THE ASIA-PACIFIC REGION

(SLMA Auditorium)

Identifying environmental health priorities of the Asia Pacific Region

Prof. Rohini de Alwis Seneviratne

Challenges in combating dengue and community perspective for prevention and control

Dr. T.S.R. Peiris

Recovering from natural disasters in the Asia Pacific Region

Prof. Paula Palmer

Recovering from man-made disasters in the Asia Pacific Region

Prof. Walter Patrick

Health and public health concerns in climate change

Prof. Bruce Wilcox

Environment health and non-communicable diseases

Prof. Brian Oldenburg

Panel discussion

Prof. Tomiko Hokama

Mrs. Kantha Lankathilake

Friday 4th June 2010

Post Congress Session III
SATELLITE MEETING ON MEDICAL GENETICS
(Sri Lanka Foundation Institute)

Symposium on genetic diagnostics
From ideogram to spectrogram
Ms. Teena Koshy

Studying patients with rare genomic disorders to gain novel biological knowledge
Dr. Eirik Frengen

Launch of the MSc Courses in Clinical Genetics and Genetic Diagnostics at the University of Colombo

Symposium on the future of genetic diagnostics and regenerative medicine
Positional cloning of monogenic diseases, before and after the introduction of next generation sequencing
Prof. Dag Undlien

Use of allogeneic bone marrow derived mesenchymal stem cells in critical limb ischemia: report on Phase I/II clinical trial in India
Dr. (Lt Col) Pawan K Gupta

Symposium on newborn screening
Identifying and treating inborn errors of metabolism
Dr. Mamta Muranjan
Implementation of newborn screening in Goa, India – a case study
Dr. Rohit Cariappa

Post Congress Session IV
SEXUAL MEDICINE
(SLMA Auditorium)

Introduction to sexual medicine
Dr. John Dean
Introduction to psychosexual medicine
Dr. Margaret Denman
Sex education
Dr. Jill Edwards

Erectile Dysfunction (ED)
Prevalence and risk factors for Erectile Dysfunction
Dr. Lasantha Malavige
Surgical Causes of Erectile Dysfunction
Dr. Neville D Perera
Sex and the Heart
Prof. Michael Kirby
Medical management of Erectile Dysfunction
Dr. Jonathan Levy
Place for surgery in the management of Erectile Dysfunction
Dr. Srinath Chandrasekara
Penile prosthesis – a Sri Lankan perspective
Dr. Ajith Malalasekara

Premature Ejaculation (PE)
Prevalence and risk factors for Premature Ejaculation
Dr. David Edwards
Management of Premature Ejaculation
Dr. Lasantha Malavige
Panel discussion – male sexual dysfunction
(This is an interactive session)

Female sexual dysfunction

Introduction to female sexual dysfunction

Dr. Athula Kaluarachchi

Disorders of sexual desire

Dr. Kapila Ranasinghe

Vaginismus

Dr. David Edwards

Surgery in female sexual dysfunction

Dr. Sudhakar Krishnamurti

Panel discussion – female sexual dysfunction

(This is an interactive session)

Post Congress Session V

HANDS ON TRAINING WORKSHOP ON REHABILITATION

(Lady Ridgeway Hospital for Children, Colombo)

Introduction to rehabilitation medicine

Prof. Maria Crotty

Classification and rehabilitation following Spinal Cord Injury

Dr. Ruth Marshall

Rehabilitation following stroke

Dr. Venugopal Kochiyil

Rehabilitation and prosthesis use post amputation

Dr. Charitha Perera

Dilemmas in an amputee

Dr. Bandara Panagamuwa

Transition of care from paediatric to adult services in cerebral palsy

Dr. Nigel Quadros

Rehabilitation following traumatic brain injury

Prof. Ashish Macaden

Musculoskeletal rehabilitation

Associate Prof. Mrinal Joshi

Orthotics & prosthetics short demonstration and practice session

Wrap up

OVERSEAS RESOURCE PERSONS

Prof. Martin Balik MD, PhD, EDIC

Head of Intensive Care, Department of Anaesthesia and Intensive Care, General Teaching Hospital, U nemocnice 2, Prague 2, 12000, Czech Republic

Prof. Zulfiqar A. Bhutta, PhD, FRCP (Edin), FRCPCH (Lond.)

Professor and Founding Chair of the Division of Women and Child Health, Aga Khan University Karachi, Pakistan

Dr. Rohit Cariappa, PhD

Chief Scientist, NeoGen Labs, Bangalore, India

Prof. Maria Crotty, MPH, PhD, FAFRM (RACP), FAFPHM

Professor of Rehabilitation Medicine, Flinders University, Australia
Head, Dept. of Rehabilitation, Repatriation General Hospital, Adelaide, Australia

Dr. John Dean, MBBS, FRCGP

Specialist in Sexual Medicine, The President, International Society of Sexual Medicine The London Clinic, London, UK

Dr. Margaret Denman, MB ChB, DRCOG

Specialist in Psychosexual Medicine, Director, Training Institute of Psychosexual Medicine, Marston Medical Centre, Oxford, UK

Dr. Lucy Dorrel, MBBS, MRCP, DM

Senior Clinical Lecturer, Honorary Consultant in GUM/HIV, Consultant Physician, Weatherall Institute of Molecular Medicine, University of Oxford, UK

Dr. David Edwards, MBBS, FRCGP, MSc

Specialist in Sexual Medicine/ Treasurer, British Society for Sexual Medicine

Dr. Jill Edwards, MBBS, MSc, RCOG, DA, FRCGP

General Practitioner, The White House Surgery, Oxford, UK

Dr. Eirik Frengen, PhD

Associate Professor, Institute of Medical Genetics, University of Oslo, Norway

Dr (Lt. Col.) Pawan K Gupta, MD, DNB (Path), PhD (Haemat)

Professor and Dean, Manipal Institute of Regenerative Medicine, Bangalore, India

Prof. Tomiko Hokama, MD, Ph.D.(Med), MSc

President, Asia Pacific Academic Consortium for Public Health
Former Dean and Professor of Maternal & Child Health, School of Health Sciences, Faculty of Medicine, University of the Ryukyus, Okinawa, Japan

Dr. S M Moazzem Hossain, MPH, MBA

Chief, Health and Nutrition Section, UNICEF, Colombo

Prof. Mrinal Joshi, MBBS, MD (PMR)

Associate Professor & Head, Department of Physical Medicine & Rehabilitation Research Centre, SMS Medical College & Hospital, Jaipur, India

Prof. Michael Kirby, MBBS, FRCP

Visiting Professor, Faculty of Health & Human Sciences, Centre for Research in Primary & Community Care (CRIPACC), University of Hertfordshire, Visiting Professor, The Prostate Centre, London, UK
UK Editor, Primary Care Cardiovascular Journal

Dr. Venugopal Kochiyil, MBBS, DNB (PMR), FAFRM (RACP)

Consultant in Rehabilitation Medicine, Repatriation General Hospital, Adelaide, Australia

Ms. Teena Koshy, BSc, MSc

Lecturer, Department of Human Genetics, Sri Ramachandra University, Chennai, India

Dr. Sudhakar Krishnamurti, MBBS, MS

Andrologist, Microsurgeon & Director, Andromeda Andrology Center, Hyderabad, India

Dr. Jonathan Levy, MBBS, MD, FRCP

Clinical Director and Principal Investigator, Oxford Center for Diabetes, Endocrinology and Metabolism, University of Oxford

Prof. Ashish Macaden, MBBS, DNB (PMR), PhD

Professor in Physical Medicine and Rehabilitation, Department of Physical Medicine and Rehabilitation Christian Medical College, Vellore, India

Prof. Sir Michael G. Marmot, MBBS, MPH, PhD, FRCP, FFPHM, FMedSci, FBA

Director: International Institute for Society and Health
MRC Research Professor of Epidemiology and Public Health, University College London

Dr. Ruth Marshall MBBS, DPRM, FAFRM (RACP)

Rehabilitation Physician and Medical Director, South Australian Spinal Cord Injury Service, Royal Adelaide Hospital/ Hampstead Rehabilitation Centre, Adelaide, Australia

Dr. Vedprakash Mishra, MBBS, MD

Chairman, Academic Cell, Medical Council of India
Vice Chancellor, Datta Meghe Institute of Medical Sciences, (Deemed University) Nagpur, India

Dr. Mamta Muranjan, MD, DCH

Consultant in Clinical Genetics, P D Hinduja National Hospital, Mumbai
Associate Professor of Paediatrics, KEM Hospital, Mumbai, India

Prof. Brian Oldenburg, BSc, MPsych, PhD

Secretary/ Asia Pacific Academic Consortium for Public Health
Chair, International Public Health, Monash University, Australia

Prof. Paula Palmer, PhD

Professor of Global Health, Director of Global Health Programmes, Claremont School of Community & Global Health

Dr. Bandara Panagamuwa, MB., MSc (Notts) FRCS (Edin)

Consultant in Rehabilitation Medicine, West Midlands Rehabilitation Centre, Birmingham, UK

Prof. Walter K Patrick, MD, MPH, PhD

Secretary General, Asia Pacific Academic Consortium for Public Health
Global Health & Medicine, JABSOM

Dr. Charitha Perera, MBBS, MspMed, GradDipMscMed, FAFRM (RACP)

Rehabilitation Physician, Division of Rehab and Aged Care, Repatriation General Hospital, Daws Road, Daw Park SA 504, Australia

Dr. Nigel Quadros, MD, PhD

Rehabilitation Physician and Director, Rehabilitation Medicine Services, Queen Elizabeth Hospital, Woodville SA 5011, Australia, Senior Clinical Lecturer in Medicine, University of Adelaide

Dr. Edwin Salvador, BSc, MD

Technical Officer, Emergency Humanitarian Action, World Health Organisation, Baudhaloka Mawatha, Colombo 07

Dr. Kamilia Tai, MBBS, PhD

Consultant Geriatrician, Visiting Endocrinologist & Senior Lecturer
Flinders Medical Center, Repatriation General Hospital, Adelaide, Australia

Prof. Dag Undlien MD, PhD

Professor and Head, Institute of Medical Genetics, University of Oslo, P. O Box 1036 Blindern, N-0315 Oslo, Norway

Prof. Bruce A. Wilcox, BSc., MS, Ph.D.

Professor Division of Ecology & Health, Global Health Program, Office of Public Health Studies, University of Hawaii at Manoa, Honolulu, Hawaii

Prof. Malcolm Wright, Mb ChB, FRCA, FRCP (Lond.), FRACP

Chairman of Medicine, Consultant Physician and Director of Critical Care, QEII Jubilee Hospital & Emeritus Consultant in Intensive Care, Princess Alexandra Hospital, Brisbane, Australia

Dr. Somnath Arjyal

Chairperson, Secretariat, South East Asian Regional Medical Councils Network, Nepal Medical Council, Kathmandu

RESOURCE PERSONS SRI LANKA

Dr. Palitha Abeykoon, MBBS, MPH, MEd

Chairman – AIDS Foundation of Lanka, Advisor –WHO, South East Asia Regional Officer (SEARO)
Senior Advisor – Ministry of Healthcare and Nutrition

Dr. Carukshi Arambepola, MBBS, MSc, MD

Senior Lecturer in Community Medicine, Faculty of Medicine, University of Colombo

Dr. Vinya S. Ariyaratne M.D., M.P.H., MSc. (Com. Med), M.D.(Com.Med.)

General Secretary, Sarvodaya Shramadana Movement, Sarvodaya Headquarters, "Damsak Mandira", Rawatawatta Road, Moratuwa

Mr. J N Ashraff

Peoples' Movement for the Rights of Patients

Dr. Duncan Bujawansa, MBBS, MCGP

Family Physician, Past president IMPA, Member, Values Committee College of General Practitioners

Dr. Rezni Cassim MBBS, MS, MRCS

Consultant Vascular and Transplant Surgeon, Surgical Professorial Unit, National Hospital of Sri Lanka

Dr. Thashi Chang, MBBS(Col), MD(Col), MRCP(UK), DPhil(Oxon)

Specialist Neurologist and Senior Lecturer in Clinical Medicine, University of Colombo

Dr. K Chandrashekher, MBBS, DFM

Family Physician

Dr. Srinath Chandrasekera, MBBS, MS

Senior Lecturer, Consultant Surgeon, Department of Surgery, Faculty of Medical Sciences, University of Sri Jayawardenapura

Dr. Eugene Corea, MBBS, DFM, FCGP

Family Physician

Dr. N W Nuwan Dayananda Ph.D, M.E.Sc, B.Sc.Eng.

Lecturer, Department of Electroni & Telecommunication Engineering, University of Moratuwa, Katubedda

Prof. Mohan de Silva, MBBS, MS, FRCS

Professor of Surgery & Head of the Department, Faculty of Medical Sciences, University of Sri Jayawardenapura

Prof. Nandani de Silva MBBS(Cey), DCH, DFM, MD Family Medicine (Col), FCGP (SL)

Emeritus Professor of Family Medicine, Faculty of Medicine, University of Kelaniya, Course Director, CME online programme, Former Vice Chancellor Open University of Sri Lanka

Mrs. Saroja Dullewa, Attorney-at-Law

Founder Trustee, Kosala Dullewa Foundation for Children with Special Needs

Prof. Anoja Fernando, MBBS, BA, FRCP

Senior Professor & Head, Department of Pharmacology, Faculty of Medicine, University of Ruhuna
Chairperson, Bioethics Subcommittee, National Committee for Ethics of Science & Technology

Dr. Neil Fernando, MBBS, MD (Psy)

Consultant Psychiatrist, National Institute of Mental Health, Angoda

Dr. Godfrey Goonathilake, BA, D.Litt

Chairman Emeritus, Marga Institute

Dr. MDP Goonaratne, MBBS (Cey), FRCOG (Gt.Britain), FSLCOG (SL)

Consultant Obstetrician and Gynaecologist, Founder President of Menopause Society of Sri Lanka

Dr. Ruvaiz Haniffa, MBBS, DFM, MRCGP (Int.)

Lecturer, Family Medicine Unit, Faculty of Medicine, University of Colombo

Dr. Raveen Hanwella, MBBS (Col) MD (Psy) MRCPsych

Senior Lecturer in Psychiatry and Head, Department of Psychological Medicine, Faculty of Medicine, Colombo

Prof. Saroj Jayasinghe, MBBS, MD, FRCP, FCCP, MD (Bristol)

Consultant Physician and Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

Dr Renuka Jayatissa, MBBS, MSc, MD

Medical Specialist, Public Health and Human Nutrition and Head Department of Nutrition, Medical Research Institute, Baseline Road, Colombo 08

Mrs. V. Jegarasasingam, B.Ed, Dip. in Psych., Masters in Dev. Studies

Former Secretary, Ministry of Social Services

Dr. Athula Kaluarachchi, MBBS, MS, MRCP, FRCOG, FSLCOG

Senior Lecturer, Department of Obstetrics & Gynaecology, Faculty of Medicine, University of Colombo

Dr. Indika Karunathilake, MBBS, DMedEd, MMedEd

Director, Medical Education Development & Research Centre (MEDARC)
Senior Lecturer in Medical Education, Faculty of Medicine, University of Colombo

Dr. Madhava Karunarathna, MBBS, MS, MRCOG (UK)

Consultant Obstetrician & Gynaecologist, Sri Jayewardenepura General Hospital & Post Graduate Centre, Thalpathpitiya, Nugegoda

Dr. Prasad Katulanda, MBBS(Col), MD, Dphil (Oxon)

Consultant Endocrinologist and Diabetologist, Senior Lecturer in Clinical Medicine, Faculty of Medicine, University of Colombo

Mrs. Kantha Lankatilake, BSc, MSc

Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo

Dr. Ajith Malalasekara, MBBS, MS, MRCS (Lond.)

Urological Surgeon and Senior Lecturer in Anatomy, Faculty of Medicine, University of Colombo

Dr. Lasantha Malavige, MBBS, DIPM, PhD

Specialist in Sexual Medicine, Clinical Research Fellow- University of Oxford, Oxford, UK

Prof. W D Lakshman, BA, D.Phil (Oxon)

Emeritus Professor of Economics, Former Vice Chancellor, University of Colombo

Prof. Lalitha Mendis MBBS (Cey), MD (Col), PhD (Lond), Dp.Bact (Manch), FNASSL

Emeritus Professor University of Colombo, President, Sri Lanka Medical Council and Chairperson, WHO-SEARO-ITAG

Dr. Padmani Mendis

Advisor, Disability Issues

Dr Aruna Munasinghe, MBBS, MD

Consultant Physician, General Hospital, Matara

Dr Aloka Pathirana, MBBS, MS, FRCS

Consultant Surgeon and Senior Lecturer in Surgery, Faculty of Medical Sciences, University of Sri Jayewardenepura,

Mr Priyantha Peiris

Project Consultant, Spinal Injuries Association

Ms. Christine Perera

Representative, The Patient for Patient Safety Team in Sri Lanka

Dr. Deepthi Perera, MBBS, MSc (Com. Med.) MD (Com Med)

Director, Maternal and Child Health, Family Health Bureau

Ms. Ianthe Perera, BA, BSc, Dip. in Speech and Language Therapy

Lecturer, Department of Disability Studies, Faculty of Medicine, University of Kelaniya

Dr. Naomal Perera, MBBS, MS, FRCS

Consultant Oncological Surgeon, Lanka Hospitals Pvt Ltd, Narahenpita

Prof. Neville D. Perera, MS, FRCS (Ed) Dip Urol (Lond), FCSSL

Consultant Urological Surgeon/ Andrologist, Department of Urology, National Hospital of Sri Lanka

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Consultant Paediatric Cardiologist, Lady Ridgeway Hospital for Children, Colombo

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Lecturer in Medical Education, Faculty of Medicine, University of Colombo

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Department of Mathematics, Faculty of Computer Sciences, University of Colombo

Dr. (Mrs) Ramyalatha Rangunathan, MBBS, MD, FCCP

Consultant Dermatologist, Teaching Hospital, Karapitiya, Galle

Dr. Ravi Rannan-Eliya, MB ChB, PhD

Executive Director & Fellow of the Institute of Health (IHP)

Dr. Kapila Ranasinghe, MBBS, MD

Consultant Psychiatrist, National Institute of Mental Health, Angoda

Dr. Ananda Ranatunge, MBBS, MS, FRCOG, FSLCOG

Consultant Obstetrician & Gynaecologist, Castle Street Hospital for Women

Dr. Udaya Ranawaka, MBBS, MD, MRCP FCCP

Senior Lecturer in Clinical Medicine and Consultant Neurologist, Faculty of Medicine, University of Kelaniya
Administrator/ Convenor, Sri Lanka Clinical Trials Registry

Dr. Sarath Samarage, MBBS, MPH, MSc, MD

National Consultant, World Health Organization, Colombo

Dr. Duminda Samarasinghe, MBBS, DCH, MD

Consultant Paediatric Cardiologist, Lady Ridgeway Hospital for Children

Dr. Kanchana Singappuli, MBBS, MS, FRCS (Edin.)

Consultant Cardiothoracic Surgeon, Lady Ridgeway Hospital for Children, Colombo

Dr. Pandula Siribaddana, MBBS

Lecturer in Medical Education, Postgraduate Institute of Medicine, Colombo

Dr. Ganga MP Sirimanna, MD, FRCP

Consultant Dermatologist, National Hospital of Sri Lanka

Dr. Kolitha H Sellahewa, MBBS, MD, FCCP, FRACP (Hon.)

Consultant Physician (Formerly at NHSL), President, Menopause Society of Sri Lanka, Past President Ceylon College of Physicians

Prof. Hemantha Senanayake MBBS, MS, FRCS, FSLCOG, FRCOG

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Prof. Rohini de Alwis Senevirathne, MBBS, MD, MMedEd

Professor in Community Medicine, Department of Community Medicine, Faculty of Medicine, University of Colombo

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Associate Professor in Dermatology, Faculty of Medical Sciences, University of Sri Jayewardenepura, Consultant Dermatologist Dermatology Unit, Lady Ridgeway Hospital for Children, Colombo

Dr. Noel Somasundaram, MBBS, MD

Consultant Endocrinologist, National Hospital of Sri Lanka

Dr. Deepaka Weerasekera, MS, FRCS

Consultant Surgeon and Senior Lecturer in Surgery, University of Sri Jayawardenapura

Dr. Manuj C Weerasinghe, MBBS, MSc, MD

Consultant Community Physician & Senior Lecturer, Department of Community Medicine, Faculty of Medicine, University of Colombo

Prof. Chandrika Wijyaratne, MBBS, MD, DM, FRCP

Professor in Reproductive Medicine, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Colombo, Chairperson, NIROGI Lanka Project

Dr Lalith Wijyaratne, MBBS, MD, FRCP

Consultant Rheumatologist, National Hospital of Sri Lanka

Dr Thejana Wijeratna, MBBS, MS, MRCS (Lond.)

Senior Lecturer in Surgery, Faculty of Medicine University of Sri Jayewardenepura, Consultant Surgeon, Colombo South Teaching Hospital

Dr. Novil Wijesekara MBBS

Former Chief Zonal Health Coordinator, Directorate for IDP Healthcare, Ministry of Health

Dr. Swarna Wijetunge, MBBS, MD(Psych)

Consultant Psychiatrist, Child and Adolescent Mental Health Service, Lady Ridgeway Hospital for Children, Colombo

Annexe 2: Detailed programmes of the Monthly Clinical Meetings

19th January 2010

Topic - Chronic Renal Failure in Children

Case 1: A child with elevated serum creatinine levels

Dr D S D Mettananda, Registrar in Paediatrics, Professorial Paediatric Unit, LRH, Colombo

Case 2: A child with hypocalcaemia

Dr A H S De Silva, Registrar ward 8, LRH, Colombo

Review and MCQs: Chronic Renal Failure in Children

Dr. Vindya Gunasekara, Consultant Paediatric Nephrologist, LRH, Colombo

16th February 2010

Topic - Obstructive Jaundice (By the University Surgical Unit, National Hospital, Colombo)

Case presentation

Dr. Himaru Wirithamulla, Registrar in Surgery

Case Review

Dr. Sujith Ratnayake, Senior Registrar in Surgery

Self assessment MCQs

Dr. Ishan de Zoysa, Senior Lecturer and Consultant Surgeon

16th March 2010

Topic - Necrotizing pneumonia due to S. aureus secreting PV Lecocidin

IS IT THERE OR IS IT RARE?

(By the Dept. of Microbiology, Faculty of Medicine, University of Colombo)

Case Discussion and Review

Dr. Rohan Chinniah, Senior Lecturer

MCQs and Slide Quiz

Dr. Enoka Corea, Senior Lecturer

20th April 2010

Topic - Leprosy in Clinical Practice

Case Presentations by Senior Registrars in Dermatology, NHSL

Dr. Deepani Munidasa

Dr. Felicia Saravanapavanathan

Review

Dr. Ganga Sirimanne, Consultant Dermatologist, NHSL

MCQs

Dr. K. Satgurunathan, Consultant Dermatologist, NHSL

18th May 2010

Topic - The Early Management of Acute Coronary Syndrome

Dr. Ruwan Ekanayake, Consultant Cardiologist, Cardiology Unit, NHSL

22nd June 2010

Topic - "Thyroid Diseases: Common Issues in Diagnosis" : Case Presentation and Case Review

Dr. Noel Somasundaram, Consultant Endocrinologist, National Hospital of Sri Lanka

Dr. Manoshi Weerasinghe

Dr. Muditha Weerakody

Senior Registrars in Endocrinology, National Hospital of Sri Lanka

20th July 2010

Topic - Tuberculosis

Dr. Kirthi Gunasekera, Consultant Chest Physician, Central Chest Clinic, Borella

Case Presentation and Case Review by Senior Registrars in Respiratory Medicine

Dr. Suhashi Silva

Dr. Geethal Perera

17th August 2010

Topic – Differentiating Central Nervous System (CNS) Demyelinating Diseases

(By the Neurology Unit II, NHSL, Colombo)

Case Presentation

Dr. Surangi Somaratne, Senior Registrar in Neurology

Discussion

Dr. Dhammi Jayaratne, Senior Registrar in Neurology

MCQs

Dr. Arjuna Fernando, Resident Neurologist

21st September 2010

Topic - Psychological Management of Pain

Dr. Raveen Hanwella, Consultant Psychiatrist and Senior Lecturer in Psychiatry,
Faculty of Medicine, University of Colombo

Case Presentation

Dr. Thushani Henegame, Registrar in Psychiatry, NHSL, Colombo

19th October 2010

Topic – Medico legal issues in day to day practice

- 1. The doctor's role and responsibilities in certification of unattended deaths**
- 2. Proper documentation and preservation of evidence in hospital admissions**
- 3. Caring for children suspected of parental abuse**
- 4. Treatment of patients in police custody**
- 5. Assisting the inquest procedure in sudden unexplained deaths following therapeutic Interventions**

Dr. Buddhika Weerasundera, Head, Department of Forensic Medicine and Toxicology, Faculty of Medicine, Colombo

Dr. Sameera Gunawardena, Senior Registrar in Forensic Medicine

16th November 2010

Case Presentation

Papillary tumors

Review Lecture

Triple negative Breast Carcinoma

MCQs

Dr. Dehan Gunasekera, Consultant Oncologist, National Cancer Institute of Sri Lanka

21st December 2010

Case Presentation

A Case of Reversible Cerebellar Syndrome in Pregnancy

Dr Darshana Abeygunewardene, Senior Registrar, Professorial Unit, De Soysa Hospital for Women

Review

Endometriosis

Prof Hemantha Senanayake

MCQs

Dr. Mohommed Rishard, Registrar, Professorial Unit, De Soysa Hospital for Women

Annex 3: Detailed programmes of the Outstation Meetings

JOINT ACADEMIC PROGRAMME WITH THE MONARAGALA CLINICAL SOCIETY

Monday 15th March 2010 at Base Hospital Monaragala

ACADEMIC PROGRAMME

Principles of trauma management

Dr Keerthi Abayajeewa

Management of anaphylaxis, respiratory distress and sepsis

Dr K N S Samarakoon

Symposium on Dengue

Dr Rohitha Jayamaha

Dr Shermila Tissera

Dr Hasitha Tissera

Recent advances in infant nutrition

Dr Narada Warnasuriya

Ethics

Dr. Malik Fernando

JOINT ACADEMIC SESSIONS WITH THE TRINCOMALEE IN ASSOCIATION WITH GENERAL HOSPITAL TRINCOMALEE & NAVAL HOSPITAL - EASTERN COMMAND

4th Sunday & 5th Monday April 2010 at Auditorium, General Hospital, Trincomalee

ACADEMIC PROGRAMME

Current concepts in the management of childhood asthma

Dr B J C Perera

Clinical ethics

Prof Anoja Fernando

Electronic based medical record system for the OPD

Dr Indika Jagoda

Symposium on Dengue

Dr Hasitha Tissera

Dr Shyamale Samaranayaka

Dr R M Mudiyanse

Decompression sickness

Dr Malik Fernando

Dr P J B Marambe

Principles of trauma management

Dr L R P K D Udapamunuwa

Transporting the critically ill

Dr. V S Subhani

JOINT ACADEMIC PROGRAMME WITH THE KALUTARA CLINICAL SOCIETY

Wednesday 7th July 2010 at the Hotel Panorama, Kalutara

ACADEMIC PROGRAMME

Symposium on Dengue

Dengue epidemiology

Dr Hasitha Tissera

Dengue virology

Dr Sunethra Gunasena

Dengue first contact and in-ward management

Dr R M Mudiyanse

Management of severe Dengue

Dr Ananda Wijewickrama

Spinal injuries overview

Dr Sunil Wijayasinghe

Disabled children- what can we do for them?

Dr Samanmali Sumanasena

Dermatological problems in general practice

Dr PH Chandrawansa

History of Public Health in Sri Lanka and Kalutara

Dr (Mrs) UKD Piyaseeli

An approach to interstitial lung disease

Dr Eshanth Perera

JOINT SYMPOSIUM WITH THE CHILAW MEDICAL ASSOCIATION

Wednesday 4th August 2010 at the Auditorium, Base Hospital, Chilaw

ACADEMIC PROGRAMME

Symposium on Dengue

Dengue epidemiology

Dr Hasitha Tissera

Dengue first contact and in- ward management

Dr LakKumar Fernando

Dengue virology

Dr Janaki Abeynayake

Managing a febrile child

Dr Kosala Karunrathne

HIV/ AIDS: current trends in Sri Lanka

Dr K A M Ariyaratne

Filariasis : diagnosis and management

Dr N K Gunawardane

Management of a patient with shock

Dr K V C Janaka

JOINT ACADEMIC PROGRAMME WITH THE RATHNAPURA CLINICAL SOCIETY

Wednesday 15th September 2010 at the Silver Ray Restaurant, Lellopitiya, Rathnapura

ACADEMIC PROGRAMME

Symposium on Dengue

Current epidemiological situation of Dengue in Sri Lanka and in Rathnapura District

Dr. Hasitha Tissera

What is new in patient management

Dr. LakKumar Fernando

Case Scenarios and controversies of management of DHF

Dr. Ananda Wijewickrama

Laboratory Diagnosis of Dengue

Dr Geetha Nanayakkara

JOINT ACADEMIC SESSIONS WITH THE GALLE MEDICAL ASSOCIATION

Tuesday 21st September 2010 at the Clinical Lecture Theatre, Faculty of Medicine, Galle

ACADEMIC PROGRAMME

Managing an unconscious patient

Dr. Thashi Chang

Hypoxia and assisted ventilation

Dr. Vasanthi Pinto

Fluids - to give or not to give - Functional Haemodynamics

Dr. Kanishka Indraratna

Cardiogenic shock

Dr. P.P. Sathananthan

Disseminated intravascular coagulation

Dr. Chandana Wickramaratne

Management of acute renal failure

Dr. Asoka Gunaratne

JOINT ACADEMIC SESSIONS WITH THE AVISSAWELLA CLINICAL SOCIETY

Saturday 2nd October 2010 at the Kolonna Riverside Garden Hotel, Thalduwa, Avissawella

ACADEMIC PROGRAMME

Management of common menstrual disorders

Dr. Dhammike Silva

Serious adverse events following immunization

Prof. Manouri Senanayake

Clinical management of dengue and dengue haemorrhagic fever

Dr Lakkumar Fernando

PCU Avissawella – Achievements

Dr. Cyril

Management of rheumatoid arthritis

Dr Duminda Abeyasinghe

New developments and advances in management of pain

Dr. Prashanth Cooray

Call of duty

Dr. Philip Veerasingham

JOINT ACADEMIC SESSIONS WITH THE POLONNARUWA CLINICAL SOCIETY

Saturday 27th November 2010 at Hotel "Sudu Araliya", Polonnaruwa

ACADEMIC PROGRAMME

Adverse reactions following immunization

Prof Manouri Senanayake

Overview of chronic renal disease

Dr Harendra Karunathilake

Approach to management of common paediatric cardiac problems

Dr Duminda Samarasinghe

Free paper session

Venomous arthropod bites

Dr Udaya de Silva

Acute trauma management

Dr LRPKB Udapamunuwa

Interpretation of common radiological findings

Dr wasantha Hewapathirana

JOINT ACADEMIC SESSIONS WITH THE POLONNARUWA CLINICAL SOCIETY

Wednesday 8th December 2010 at Hotel "Blue Sky", Kurunegala

ACADEMIC PROGRAMME

Symposium on management of Coronary Artery Disease

Place of medical therapy in Coronary Artery Disease

Dr. Tilak Sirisena

Place of percutaneous Intervention in Coronary Artery Disease

Dr. M. R. Mubarak

Place of surgery in Coronary Artery Disease

Dr. K. Gnanakanthan

Attention Deficit Hyperactivity Disorder of children

Dr. Swarna Wijeytunga

Maxillofacial war injuries - Sri Lankan experience

Dr.K.M. Kosgoda

Respiratory interactive session

Dr Dushyantha Medagedara

Free Paper Session

Paediatric picture presentation

Dr. Dayananda Bandara

Post Partum Haemorrhage and other third stage complications

Dr. Harsha Atapattu

Per rectal bleeding – a rational approach

Dr Sanjaya Abeygoonawardene

Silent stealer of vision

Dr. Damayantha Baminiwatta

History of art

Dr. Prasanna Jayasekara

Annex 4: Detailed programme of the Foundation Sessions

Friday 22nd October 2010

Pre-Congress Symposium (Presenting Research) B: NTS Lecture Hall, Jaffna

ACADEMIC PROGRAMME

Planning a short research paper

Dr. V. Murali

Making a poster presentation

Dr. N. Jeyakumaran

Presenting at a scientific meeting

Dr. Indika Karunathilake

Structure of a scientific paper

Dr. Anuruddha Abeygunasekera

How to get your paper published

Prof. Colvin Goonaratna

INAGURATION

Public Library Auditorium, Jaffna

6.15 p.m.	Arrival of Guests
6.30 p.m.	Ceremonial Procession
6.35 p.m.	National Anthem
6.40 p.m.	JMA Song
6.45 p.m.	Traditional lighting of the oil lamp
6.50 p.m.	Address by The President, Jaffna Medical Association Dr S Raviraj
7.00 p.m.	Address by The President, Sri Lanka Medical Association Dr Narada Warnasuriya
7.10 p.m.	Address by the Chief Guest Dr Firdosi Rustom Mehta, Resident Representative, WHO
7.25 p.m.	Awarding the honorary life membership to Dr W Godakumbura
7.30 p.m.	Presentation of SLMA Research Prizes and Awards 2010
7.45 p.m.	Presentation of SLMA Best Health Journalist Awards 2010
8.00 p.m.	Vote of Thanks Dr Indika Karunathilake, Honorary Secretary, SLMA
8.05 p.m.	E M Wijerama Endowment Lecture “Light Reflections of a Peripatetic Medical Professor” Vidyajyothi Professor Colvin Goonaratna MBBS (Ceylon), FRCP (London & Edin), PhD (Dundee), FCCP, FNAS, Hon DSc (Colombo)
8.50 p.m.	Reception

Saturday 23rd October 2010

Public Library Auditorium, Jaffna

ACADEMIC PROGRAMME

SYMPOSIUM 1: DENGUE FEVER

Epidemiology and current situation of dengue

Dr. Hasitha Tissera

Overview and management of adults with dengue

Dr. Kolitha Sellaheewa

Management of children with dengue.

Dr. R. Mudiyanse

Dengue experience in Jaffna

Dr. T. Peranandaraja

SYMPOSIUM 2: SNAKEBITE

Epidemiology & management of snakebite in Jaffna

Dr. S. Sivansuthan

Stepwise approach to the management of snakebite

Dr. Kolitha Sellahewa

AVS for snakebite

Prof. S.A.M. Kularatne

SYMPOSIUM 3: NUTRITION

Nutrition status in the Jaffna District

Dr. Renuka Jayatissa

Successful nutritional interventions in Jaffna

Dr. A. Ketheeswaran

Sustainable solutions for malnutrition in Jaffna

Mr. Zekarias Getachew

SYMPOSIUM 4: RESEARCH ETHICS

Ethics of clinical research

Prof. Anoja Fernando

Clinical trial registration

Dr. Udaya Ranawaka

SIR MARCUS FERNANDO ORATION

“Sniffing Dementia Early”

Dr Shehan Williams, MBBS,, MD, MRCPsych, MPhil

Senior Lecturer in Psychiatry, Faculty of Medicine, University of Kelaniya

Cultural event

Dinner

Sunday 24th October 2010

Public Library Auditorium, Jaffna

ACADEMIC PROGRAMME

SYMPOSIUM 5: HEALTHCARE IN HUMANITARIAN CRISIS

The current situation in Jaffna

Dr. N. Sivarajah

Rehabilitation of the war injured

Dr. K. Umapathy

Eastern experience - a case study

Dr. R. Kesavan

SYMPOSIUM 6: INFECTION CONTROL

An introduction to infections in ICU

Dr. S. Premakrishna

Bundle approach to infection control

Prof. Jennifer Perera

Preventing catheter related blood stream infections

Dr. Rohan Chinniah

Annex 5: Detailed programmes of the Seminars and Workshops

SEMINAR ON “RABIES”

12th March 2010, at 12.00 noon – 1.30 pm at the SLMA Auditorium

Organized jointly by the Communicable Diseases Committee of the SLMA & Sri Lanka College of Microbiologists

Human Rabies - new control strategies implemented in Sri Lanka

Dr Omala Wimalaratne

Dog vaccination and sterilization - issues and challenges

Dr P A L Harischandra

SYMPOSIUM ON “DENGUE HEMORRHAGIC FEVER”

13th August 2010, at 12.00 noon – 2.00 pm at the SLMA Auditorium

Current epidemiological situation of Dengue

Dr Hasitha Tissera

Current control strategies in prevention of Dengue

Dr Nimalka Pannilahetti

Role of the Colombo Municipal Council: issues and challenges

Dr Pradeep Kariyawasam

Use of larvicidal *Bacillus thuringiensis*: a viable option

Dr Radhika Samarasekera

New guidelines in patient management

Dr LakKumar Fernando

CAREER GUIDANCE SEMINAR

15th August 2010, at 8.30 a.m. at the Lionel Memorial Auditorium

Sessions I

8.30 am	Welcome Address	-	Dr Narada Warnasuriya
8.45 am	Introduction & Cadre	-	Dr Lucian Jayasuriya
8.55 am	Postgraduate Training Programme	-	Dr Pandula Siribaddana
9.05 am	Microbiology	-	Dr Geethika Patabendige
9.15 am	Surgery & Finer Specialities	-	Dr Ranil Fernando
9.25 am	Questions		

Sessions II

9.40 am	Universities	-	Dr Vajira HW Dissanayake
9.50 am	Venereology	-	Dr G Weerasinghe
10.00 am	Paediatrics	-	Dr Deepthi Samarage
10.10 am	Psychiatry	-	Dr Jayan Mendis
10.20 am	Questions		

Sessions III

11.00 am	Forensic Medicine	-	Dr Muditha Vidanapathirana
11.10 am	Dermatology	-	Dr I P Kahawita
11.20 am	Community Medicine	-	Prof A R Wickramasinghe
11.30 am	Medical Administration	-	Dr Terrance de Silva
11.40 am	Questions		

Sessions IV

11.50 am	Armed Services	-	Surgeon Rear Admiral N E L W Jayasekera
12.00 noon	Radiology	-	Dr Jerrad Fernando
12.10 pm	Pathology	-	Dr Dulani Beneragama
12.20 pm	Obstetrics & Gynaecology	-	Dr Madhava Karunaratne
12.30 pm	Questions		

Sessions V

12.40 pm	Anaesthesiology	-	Dr Jayantha Jayasuriya
12.50 pm	General Practice	-	Dr Jayantha Thambar
01.00 pm	Ophthalmology	-	Dr Manel Pasqual
01.10 pm	Otorhinolaryngology	-	Dr R P Dayasena
01.20 pm	Medicine & Finer Specialities	-	Prof Rifdy Mohideen
01.30 pm	Questions		

Annex 6: List of Members

Life Members

Dr N D W Widanapathirana	Dr N Rajeshkannan	Dr. A Sivathasan
Dr. S M Munasdeen	Dr. R R M M N C Kitulwatte	Dr. P N M A Fernando
Dr. M G C S Cooray	Dr. K Y S Perera	Dr. J Nanayakkara
Dr. P L L Bandara	Dr. F N Ameen	Dr. R M S Rajakaruna
Dr. K Arulmoli	Dr. H M M Herath	Dr. D A Lamabadusuriya
Dr. W D Duminda	Dr. M B K C Dayasiri	Dr. D S C Perera
Dr. J K Chandra	Dr. T B Walgamage	Dr. S H Suvarna
Dr. W A N Nuwan Kumara	Dr. S P Hewawasam	Dr. P Ranasinghe
Dr. W A Ajith Prasanna	Dr. O J C Perera	Dr. W S B Herath
Dr. S R Willatgamuwa	Dr. G L R S Perera	Dr. D R Jayasinghe
Dr. A S L Bandusena	Dr. A A H Priyani	Dr. M W Gunathunga
Dr. M Kothalawala	Dr. A S Wickramasinghe	Dr. G P Karunasekara
Dr. D H Beneragama	Dr H D S C P Appuhamy	Dr N A S P Wijerathna
Dr S Shivaganesh	Dr K Thivakaran	Dr H A K M Premaratne
Dr P T Jayawickramarajah	Dr H S M Mendis	Dr Thushyantha
Dr M Y Mohammed Riyas	Dr M Suthaharan	Dr S Thamotheeram
Dr M S L Coorey	Dr P V D S Dharmagunawardene	Dr M M Athambawa
Dr D K N N Hemachandra	Dr B R P Mendis	Dr T R S Seneviratne
Dr M B S Seneviratne	Dr N I Munasinghe	Dr H A Tissera
Dr S Tissera	Dr E Kathiresan	Dr D G A Abeygunaratne
Dr R A Nirzan	Dr U I Lakshman	Dr. A S Abdul Sukoor
Dr. C M Rajasuriya	Dr A A D S Amarasekera	Dr A R S Fernando
Dr W G G Senaratne	Dr V Vijeetharan	Dr. S Prashanth
Dr W P N T Abeydeera	Dr S C Somaratne	Dr A J A L Fernando
Dr D S D S Jayaratne	Dr D P G W Karunanayake	Dr. K Sivayoganathan
Dr. T M Mithunrajh	Dr. H J A Afker	Dr. M S Shifaz Ahamed
Dr. P S Maddumarachchi	Dr. P S M J Upeksha Samarakoon	Dr. M P K Jayalath
Dr. P W Kamal Pathmalal	Dr. V P Sinhabahu	Dr. Ruwangi Dissanayake
Dr. T I J Ranasinghe	Dr. J A T S Wickramasinghe	Dr. S Sivananthavel
Dr. U C H Rodrigo	Dr F H D S Silva	Dr M Tharmarajah
Dr U G Gihan Chaminda	Dr P Jeevahan	Dr R Thayaparren
Dr Kenneth Arulanantham	Dr K P D Dharmasena	Dr G K Shanaka Sampath
Dr S A D N Pilapitiya	Dr T Sunil Navaratinaraja	Dr A M Nisar
Dr S Raviraj	Dr M I J K Munasinghe	Dr Vibash P Wijeratne
Dr B C Akurana	Dr V Gokulan	Dr I R Ragunathan
Dr K S S Kumarasinghe		

Ordinary Members

Dr. S S M Kariyawasam	Dr. S K Senanayake	Dr. K L M D Seneviwickrama
Dr. S P Welgama	Dr. W A D L Amarasiri	Dr. A M M C Adikari
Dr. H M N B Abeysinghe	Dr. A T Wickramaratne	Dr. C Horadagoda
Dr. Dinushi Weerasinghe	Dr. M D S Renuka	Dr. T L S S Siritunga
Dr. M A N A A D Jayawardena	Dr. W G V Sumanasekara	Dr. D M S M Bandara
Dr. D P De Silva	Dr. H D Manohari	Dr. M A G N Gunathilake
Dr. D P Ranasinghe	Dr. N Indranath	Dr. W S N W B M S K Arambepola
Dr. H D Chandana	Dr. A K Weerasena	Dr. D D N P Jayasekara
Dr. A A N Nishad	Dr. S N Hewage	Dr. H M N J Herath
Dr. N D C Jeewanie	Dr. K G A D Weerakoon	Dr. W M D K Dasanayake
Dr. G D K De Silva	Dr. A G M Jawarhir	Dr. S J R Pachchek
Dr. E A C Fernando	Dr. R S Kumarasena	Dr. C Biyanwila
Dr. K A D C Gunasekara	Dr. V Abeyuriya	Dr. D Seneviratne Epa
Dr. K Y D Perera	Dr. D C J Perera	Dr. A D K Gunaratne
Dr. A M N Ariyaratne	Dr. K W A S Thilakarathne	Dr. D T A Wickramarachchi
Dr. Y A P De Silva	Dr. D C Ranasinghe	Dr. A C R Ranasinghe
Dr. C Arabepola	Dr. H T C J Hapugoda	Dr. P Wijesekara
Dr. A J P N P Jayaweera	Dr. Jeevika Kulathilaka	Dr. M A M M Jayawardane
Dr. J K K Seneviratne	Dr. T P K Herath	Dr. W A G Weerasinghe
Dr. G K C Jayalath	Dr. D M C S Jayasundara	Dr G S G Gurusinghe
Dr. WSNWMAG Arambepola	Dr K G Y U Kumara	Dr D M P S Bandara

Dr P S Hassan
Dr M Mylashan
Dr. D P Dayananda
Dr. U. N. D. Sirisena

Dr T I Pathirana
Dr A Weerakkody
Dr. M N D G Gamage
Dr. Nadarajah Parameshwaran

Dr L C Mallikarachchi
Dr. W S T Perera
Dr. K Rajaratnam

Ordinary to Life Members

Dr P S Hassan
Dr M T D Lakshan

Dr T L S S Siritunga
Dr C Rodrigo

Dr C Biyanwila
Dr K Jeganathan

Student Members

Miss. S A Dinusha Rasangi
Mr. W M D R Wijesundara
Miss. Shiyana Ibrahim
Miss. K Samalai
Miss. B H T I Alwis
Miss. A A M D Jayasekara
Mr. S D Gamage
Miss. I I H Kodippili
Miss. N C Galappatti
Miss. A A G M Attanapola
Miss. P G R I S Welagedara
Miss. M Dissanayake
Mr. M M Ahmad
Mr. D A R D De Silva
Miss. W B S P Fernando
Mr. J P N De Alwis
Mr. D L W P S S Sumathipala
Miss. H H T S Swarnamala
Mr. R P Kuruppumullage
Mr. D V Kotalawala
Miss. W P L Kanchana
Miss. H A Ruwanchinthani
Mr. S D Kuruppu
Miss. D G K Kumuduni
Miss. C P Punchihewa
Mr. L H K B Divulwewa
Mr. H M A K Rathnayake
Mr. S Sivakumaran
Miss. M S F Faseeha
Mr. J Ranawaka
Mr. A P N De Vas Goonewardane
Mrs. T S K R D Caldera
Ms. S N Perera
Mr. S Mathurahan
Miss. G N P Jayaweera
Miss. K W C D Konthasinghe
Mr. L U Wanigabadu
Mr. N A A Weerasinghe
Miss. M A Y R Manchanayaka
Mr. K G M W Bandara
Mr. C P Udagedara
Mr. S V N Perera
Mr. P V Logenthiran
Mr. R T Hewage
Miss A S R De Alwis
Miss. R N Perera

Miss. K R Atukorala
Mr. W D T S Welivita
Miss. M S Dissanayake
Miss. D M L Chathurangi
Mr. K A U C Dayananda
Mr. A D Dissanayake
Miss. I A G M P Gunathilake
Miss. A H L Gayathrika
Mr. S A C Senadeera
Mr. E A J R Athukorala
Miss. S Thillainathan
Mr. P A Wijeratne
Mr. H M M S K Gunasinghe
Mrs. N C Gamhewage
Miss. P A D M P Perera
Miss. A S D Nandasiri
Mr. S C Solangaarachchi
Miss. K D N Silva
Mrs. S D Liyanagama
Ms. B S D P Keragala
Mr. A A R Chandrakumara
Mr. H T P Dilshan
Mr. A S Dissanayake
Miss. A W A M Kumarihamy
Miss. R A S H S Rajapakse
Mr. M P M C K Mudalinayaka
Miss R M G M Ratnayake
Miss. S Mangaleswaran
Miss. F S Nazar
Miss. H A D N P Ariyasinghe
Mr. N S Gardiyarachchi
Miss. S A U Perera
Mr. M Senarathna
Mr. I D H P Kularathne
Mr. C B Karunarathne
Miss. K L A M Kamburugamuva
Mr. M S S Dissanayake
Miss. P N Hettiarachchi
Mr. H D M De Alwis
Mr. H M S S De Silva
Miss. M H J D Ariyaratne
Mr. D Tilakaratne
Mr. C Alahakoon
Miss. I N Jayaratne
Mr. J G B C S Jayaweera
Mr Nipuna Wickramaratne

Mr. C S Maithipala
Mr. W M E Perera
Mr. B. Parththipan
Miss. D M D Dasanayake
Mr. K N M Gunapala
Mr. C D Dampage
Mr. W I Gankanda
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Mr. M K G I N K Gunarathna
Miss. D U I Seneviratne
Mr. D G S V D Gajasinghe
Miss. P A M Abeysekara
Mr. T H P Ranasinghe
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Mr. G Rajeev
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Mr. D Seneviratne Epa
Miss. T Tharmalingam
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Mr. A Shahmy
Miss. A M S Jayawardene
Miss. R W Keshika
Miss. D L D C Liyanage
Miss F S M Mohideen
Mr. A S Malawige
Mr. S W R Somaweera
Mr. G V M C Fernando
Miss. M D C K Gunaratne
Mr. A U Danjaya
Mr. K M L Alas
Miss. S W Amarasinghe
Mr. H M W V Herath

Annex 7: Audit Report

DETAILED INCOME & EXPENDITURE STATEMENT YEAR ENDED 30TH JUNE 2010

INCOMING RESOURCES	2010 Rs.	2009 Rs.
Subscription and Entrance Fee	1,181,710	1,021,795
Annual Academic Session Income	5,047,855	7,627,571
Foundation Celebration Sessions	381,550	485,500
Rent Income	2,873,963	3,061,400
Auditorium and Council Room Hire	351,891	256,062
Career Guidance Seminar	93,200	86,200
Income from Ceylon Medical Journal (13.1)	1,178,925	200,394
	<u>11,109,094</u>	<u>12,738,922</u>
 Income from Ceylon Medical Journal		
Library Subscription	27,700	51,615
Sale of Journal	5,200	19,200
Processing Fee	122,225	104,691
Advertisement	-	6,750
Interest Income	17,800	18,138
Other Income	1,006,000	-
	<u>1,178,925</u>	<u>200,394</u>
 PROJECT EXPENDITURE		
	2010 Rs.	2009 Rs.
Operational Expenditure (14.1)	1,126,686	583,045
Annual Academic Session (14.2)	6,222,590	5,716,622
Ceylon Medical Journal (14.3)	498,577	265,909
	<u>7,847,853</u>	<u>6,565,576</u>
 Operational Expenditure		
Paper Advertisement	46,284	51,307
Auditorium Equipment Repair	397,370	44,588
Lectures & Meetings	77,056	96,010
Foundation Celebration Session	310,260	330,826
SLMA Website	16,100	13,800
Career Guidance Seminar Expenses	64,769	46,514
Defensive Driving Seminar	80,977	-
CVS Risk Management	72,000	-
Toxicology Expenses	30,000	-
Nirogi Lanka Project Expenses	49,870	-
	<u>1,126,686</u>	<u>583,045</u>
 Annual Academic Session		
122 nd Annual Academic Session	6,222,590	5,716,622
	<u>6,222,590</u>	<u>5,716,622</u>
 Ceylon Medical Journal		
Stamp Charges	80,000	50,000
Printing & Stationary	107,727	48,864
Salaries & Bonus	196,533	73,600
Travelling Charges	-	1,092
Postage	4,315	4,235
Bank Charges	3,252	2,038
Telephone & Fax	70,995	31,630
Sundry Expenses	3,760	14,450
Advertisement collection special payments	-	24,000
Monthly Allowance	12,000	12,000
Technician Charges	19,995	4,000
	<u>498,577</u>	<u>265,909</u>

OTHER INCOME

	2010	2009
	Rs.	Rs.
Sale of Books	56,454	77,244
Interest Income	1,817,629	2,109,815
Other Donations	754,723	127,500
Sponsorship	603,958	534,090
Sundry Income	201,031	194,431
Electricity Income	600,128	679,303
Amortisation of Grants	143,384	82,512
Sale of Ties	500	3,000
Clinical Trial Registry Proposal	580,000	70,000
	<u>4,757,807</u>	<u>3,877,895</u>

DETAILED INCOME & EXPENDITURE STATEMENT**YEAR ENDED 30TH JUNE 2010
STATEMENT I**

ADMINISTRATIVE EXPENSES	2010	2009
	Rs.	Rs.
Salary & Overtime	1,759,775	1,768,209
EPF & ETF	264,370	248,138
Bonus	128,200	142,750
Electricity	1,273,522	1,215,751
Printing & Stationery	696,996	332,818
Postage	24,075	27,905
Staff Welfare	86,027	107,433
Repair & Maintenance	334,655	227,433
Water	153,731	81,794
Depreciation	692,506	594,166
OPA Membership Fee	18,480	18,975
Traveling & Hiring	145,994	209,868
President Induction Ceremony	153,718	132,600
Fax & Telephone	251,706	216,438
Rates & Taxes	134,595	124,740
Internet Charges	5,173	5,113
Audit Fees	138,800	116,506
Gratuity	122,368	86,425
Franking Machine	316,500	370,500
Council Group Photograph	20,780	34,600
Annual Return Expenses	40,103	3,500
Medical Education Training Programme	-	12,400
CMAAO Membership Fee	-	32,644
Security Charges	157,091	150,094
Clinical Trial Registry	46,144	90,755
Research Promotion Grant	25,000	44,780
SLMA Building Electricity Supply	71,395	591,780
Bank Charges	30,021	28,496
Donation	5,000	50,000
Supply	-	192,540
Sundry Expenses	128,201	153,621
Common Wealth Medical Association Membership Fees	53,749	52,996
Law-Medical Cricket Match expenses	-	69,695
Car Park Charges	-	29,405
Daily News Publication Expenses	3,128	4,692
Income Trax Computation Charges	8,400	7,415
Consultation Fee	-	136,670
Deposits Write off	-	6,500
News Letter Advertisement Collection Expenses	145,000	-
	<u>7,435,203</u>	<u>7,720,145</u>

Report of the auditors - up to 30th June 2009

SLMA Publications - 2010

