# The Power of Partnerships



ISIS Operations Report 2007 - 2008



The ISIS Foundation is registered as a charitable trust in Bermuda (registration number 508) and as an international nongovernment organisation in Nepal (project agreement signed 27th August 2007). The ISIS Foundation (UK) is registered as a charitable trust in the United Kingdom (Registration number 1098152). The ISIS Foundation (Australia) is incorporated as a company limited by guarantee in Australia (ACN 131 310 355). The ISIS Children's Foundation is registered in Nepal as a non-government organisation (Registration numbers – DDC: 618/064/065 & DAO: 565). US taxpayers can make a US tax-deductible donation if they donate to The ISIS Foundation through International Charitable Fund of Bermuda, which has s501(c)(3) status in the USA. UK tax payers can make a UK tax-deductible donation if they donate through The ISIS Foundation (UK). The ISIS Foundation (Australia) is a community partner of the Australian Foundation for the Peoples of Asia and the Pacific (AFAP) and is in the process of applying to obtain deductible gift recipient status in Australia. Until it obtains that status donations by Australian taxpayers will be tax deductible if made payable to "AFAP – for ISIS". The ISIS Foundation, The ISIS Foundation (UK) and The ISIS Foundation (Australia) are not authorised to solicit funding support from any jurisdictions other than those in which they are registered.

The names and details of some of the people featured in this report have been changed to protect their privacy. Photographs © The ISIS Foundation, 2007-2008, courtesy of our staff, donors, supporters and volunteers.

For more information please see www.isis.bm and www.kathmandukidsclub.com.

# Contents

Another Great Couple of Years Thank you from our Founders	4
Extending our Reach to Thousands More The Way Forward	5
The ISIS Foundation Who We Are	6
Partnerships What They Mean to ISIS	8
Profile PwC Ambassadors to ISIS	9
Financials Summary 2007 -2008	10
<mark>Nepal</mark> ISIS in Nepal – At a Glance	14
Working with Humlis	16
Profile Sushmita's Story	19
<b>Profile</b> Our Home Sponsors	23
ISIS in Kathmandu	24
<b>Uganda</b> ISIS in Uganda – At a Glance	26
Kiwoko Hospital	29
Profile Mary's Story	32
<b>Profile</b> Aspen Reinsurance Supporting communities globally	33
Working with Street Children	34
ISIS Volunteers Huge Thanks!	36
Our Supporters Tremendous Appreciation	38
What You Can Do Take Action with ISIS	39
Contact Us	40

## Thank You from our Founders

As this report goes to print, we feel a sense of amazement and gratitude at what ISIS has become after 12 years of dedication and hard work by an extraordinary group of people, from one end of the planet to the other. That team has been led by Leonie Exel, our wonderful Executive Officer, who sadly for us is leaving ISIS towards the end of 2009 after more than 8 years of astonishing commitment and service to The ISIS Foundation, to pursue new dreams. The pages that follow are a complete tribute to her and to the wonderful team that she has led so well for so long. She has made our dream a reality and we cannot begin to express our gratitude to her.

Another great couple of years!

Looking back to the beginning, we feel so humbled by all the work done to make ISIS a reality. After our years of working in the international legal and banking sectors, we had a mad dream with almost no idea of how to make it come true. Our key hope was that we could use our business skills to save and enrich the lives of children in poverty, rather than simply continuing to make money for the already privileged groups in society. We hoped in a small way to address two specific problems – the divide between the wealthy world of business and those struggling to overcome poverty in the developing world, and the extreme suffering and oftentimes early and avoidable death of children in the developing world.

From the dreams we laid out on Bees' kitchen table more than 12 years ago, on a wing and a prayer, we look back with astonishment on how far ISIS has come. Today ISIS's programmes are quite literally touching the lives of tens of thousands of people in poverty in Nepal and Uganda. There has been more laughter than tears: but only just!

In particular, these last two years have seen tremendous amounts of hard work by ISIS's dedicated team, which has resulted in many wonderful successes. From vibrant and confident young children, transformed from their time of being trafficked in Nepal, to thousands of tiny babies lives saved in Uganda – it has been an incredible ride. ISIS was one of the early social entrepreneurs, and it is so encouraging for us to witness the growing trends of innovation in both the business and non-profit sector that is now benefitting millions of disadvantaged people across the globe. It makes us so glad to see others reaching out to create a new way to look at creating social change and to strengthen the bridge between the business and non-profit sector.

None of our success would be possible without the tremendous support of our well wishers, friends and partner donors. This constant support has allowed ISIS to respond to the communities we serve, and to listen to what they need on the ground. The following pages demonstrate how the support we receive is showing tangible results on the ground – of lives saved, healthier, happier people and more empowered communities.

Most of all, not a single thing would have been achieved by ISIS without the extraordinary commitment of all the members of the ISIS Family: the incredible team of ISIS staff and volunteers that now span the globe. We took the first step, and they ran with it. We are indebted to each and every one of them and humbled by their commitment and skills.

Finally, it is with huge sadness that we will be saying farewell to Leonie. Her incredible dedication to, and passion for, the Foundation has seen its work grow beyond our wildest dreams. Because of her skills and day and night effort, the Foundation stands as an extraordinary organisation today. We all owe her an enormous debt of gratitude, and know that she will always be part of the heart and soul of ISIS.

ISIS has enriched our lives beyond measure and we consider ourselves privileged to have been a part of it.

Audette Exel and Sharon A. Beesley Founders, The ISIS Group

# Extending our reach to thousands more

## The Way Forward

#### Phew!

It's not an easy mandate: being asked to make an insane dream of two crazy women a reality, but somehow, we seem to have made it – almost! Carving out a clear plan and implementing it, with the least number of stuff-ups possible, seemed like an enormous task in the early days. I feel incredibly relieved to find us still standing, delivering high quality service to people in real need, and at last putting together the infrastructure and substance that will carry us into the next decade and beyond.

Our vision is that all communities have the resources to ensure that their children have the capacity to live healthy, happy, laughter-filled, safe and productive lives. The ISIS Foundation has worked very closely with local communities and NGOs in Uganda and Nepal for 12 years to try to achieve that vision for those communities, and to assist them to find solutions to the sometimes seemingly intractable issues that dire poverty creates. Our work with local communities has taught us a huge amount about their ability to survive and prosper against all odds. Solutions to complex problems by necessity require creativity, flexibility, and the ability to step away from our own cultural constructs to support people in need. I am honoured to have led the ISIS team that has come such a long way since its early beginnings.

In the last two years the Foundation has seen enormous growth and our programmes have reached out to even more women, children and their families. I hope that this report provides a picture of the hard work that has gone into creating successful projects in partnership with the fantastic communities that we work with.

To scale and leverage the work of the last 12 years, our next step along this path is to expand the research component of our work to further monitor outcomes of ISIS's interventions, to ensure that we are working to a standard of excellence and best practice in all areas. Our hope is that we can use our learning to benefit hundreds of thousands of people in poverty, by informing and supporting others who may wish to provide service to communities all over the world. We aim to share what we have learnt through our mistakes and our successes over the years, backed by in-depth research. Our hope is to use the distribution power of the internet to share as much as we can of our learning. The final step on the ISIS Yellow Brick Road, once we build on service delivery and our research focus, will be to facilitate training and support to other community groups, NGOs and service providers, regardless of geographic location, and to give them access to our learning, research, protocols and training centres, so that they can replicate our successes and avoid our disasters. We hope to create an "ISIS Tool Kit" which will support others who, in turn, will be able to effect change for thousands of children and families in their own countries and communities.

This is a huge plan for ISIS, and we are a long way away from making it a reality. But based on the last 12 years and the fantastic support we have received, I am completely confident that this next mad part of the dream will come true as well. As ISIS work's through the next few years, above all else, we will do all we can to improve our work to further assist the communities that we are now so deeply connected to.

As I now move to the next step in my life and hand over the reins at ISIS, I want to express my heartfelt gratitude to Audette and Bees, all our directors, and every single one of the staff and volunteers from ISIS worldwide, and of course to our donor partners who have stood by us every step of the way. I have loved my time with all of you and I know that the next stage will be even more exciting than the one before. My huge thanks and love too to all the staff and kids at our partner organisations. ISIS is an amazing organisation and that is thanks to each and every one of you.

#### Leonie Exel Executive Officer, The ISIS Foundation



# The Isis Foundation

Who we are

The ISIS Foundation is a not-for-profit organisation whose mission is to make a positive difference to the lives of children in the developing world, specifically Nepal and Uganda.

Through our projects we aim to give those children the opportunity to live happy, healthy and productive lives. In particular we believe it is essential to build strong foundations through improving basic health, nutrition and education in severely disadvantaged communities. By focusing in this way on children, both directly and through their mothers and families, we hope to break the cycle of poverty and dependence affecting these communities.

#### The ISIS Group

The ISIS Foundation<sup>1</sup> is supported by the ISIS businesses, which were established in early 1997 by Audette Exel and Sharon A. Beesley (Bees), finance lawyers and best friends, following their experiences travelling through some of the world's most disadvantaged communities.

Audette and Bees profoundly believed that the wealth, resources and skills of the business world could and should be harnessed to improve the lives of the world's most vulnerable people. They believed creating a partnership between business and development was a hugely powerful platform to create lasting and effective social change.

As a result they used their own business skills to establish the ISIS Group, one of the earliest social enterprises. The key to its unique structure is that the non-profit arm, The ISIS Foundation, is supported by and closely linked to the ISIS businesses,<sup>2</sup> a group of financial services businesses that were established with the principal aim of generating revenue to support and manage The ISIS Foundation.

The ISIS businesses are now a significant financial services group, based in Bermuda and Sydney, consisting of a law firm, a fund administration firm and a corporate finance firm, which have contributed US\$ 2.8 million to The ISIS Foundation since inception to December 08. This, together with the generous and invaluable support of our donors, has enabled The ISIS Foundation to provide development assistance to over 100,000 people in poverty since inception. There are now over 130 paid staff working on The ISIS Foundation's projects worldwide, plus hundreds of volunteers, all working towards supporting people and children living in disadvantaged circumstances. In addition, there are 20 staff working for the ISIS Businesses.

- The ISIS Foundation is separately established in, and operates out of, Bermuda, Nepal, the UK and Australia (head office). Please see inside back cover for registration details and www.isis.bm for more information.
- The ISIS Group is now made up of 4 companies, ISIS Limited, ISIS (Asia Pacific) Limited, ISIS Law and ISIS Funds Services Limited. Please see www.isis.bm for more information.

# Why do partners and donors support and invest in The ISIS Foundation?

#### Money goes where we say it goes

The unique structure of The ISIS Group brings extraordinary results – donors can feel confident that their donations directly benefit severely disadvantaged children and their families. We can do this because of the relationship between The ISIS Foundation and the ISIS businesses. Expenses relating to administration and infrastructure building are solely supported by contributions from the ISIS businesses: which allows funds donated by partners and donors to be used directly for project-related costs.

The deeply embedded relationship with between The ISIS Foundation and the ISIS businesses means that business principles such as accountability, financial control, constant evaluation and effective reporting are second nature to us.

#### Our project philosophy

In addition to ensuring that every dollar goes where we say it goes, our work is guided by the following operating principles:

- We respond entirely to local need local communities tell us what they need, and how best to solve challenges in a culturally appropriate way.
- Projects are designed to address the root causes of problems and so improve the lives of disadvantaged children in a sustainable way.
- We develop a comprehensive understanding of the communities with whom we work, through both formal research and community consultation.
- We encourage, as much as possible, the communities to participate in, contribute to and in the longer term, sustain, the benefits of the projects.
- Projects are designed to ensure that the long-term benefits can be supported wherever possible, on an ongoing basis with locally available resources.
- Rigorous monitoring and evaluation with quality measurement of outcomes is key, so we can develop best practice project models delivered with maximum efficiency.
- We have a long-term commitment to the people and do not just focus on short-term outcomes of individual projects.
- We work in partnership with local non-profit organisations, utilising and training local staff in preference to expatriate staff wherever possible.
- We take into consideration the expertise of local and other international non-government organisations, trying not to duplicate their efforts, and we always seek to involve local committees and local government structures wherever possible (whilst at all times remaining independent).
- We strive to apply best practice from both business principles and development principles in solving development problems, which enables us to answer community need and create effective support networks efficiently and effectively.



# Partnerships

## What they mean to ISIS

When we talk about partnerships at ISIS, we really mean it, as partnerships are critical to our success at every level. The ISIS Group is founded on the partnership between a financial services firm and a non-profit organisation. Just as importantly, the long-term effectiveness of our projects depends on creating true partnerships with both supporters and donors on one side, and local non-profit organisations we work with on the other. We sit as a bridge between the world of the lucky and wealthy and the world of the vulnerable and impoverished, and work every day to strengthen all the partnerships using this bridge.

#### **Our Donor Partners**

Research shows that when businesses have a genuine commitment to social responsibility, their profitability, through consumer approval, staff retention and motivation, is positively impacted. Through long-term, embedded relationships with non-profit organisations, businesses and their employees can play an essential role in creating social change.

ISIS has recognised the power of partnering with business and over the last 2 years has set out to establish long-term, secure relationships with a handful of partner businesses accordingly. This has allowed us to expand service on the ground and has ensured stable cash flow and therefore consistent project delivery, which is essential for long-term community development. We have benefitted hugely from our corporate partners through the generous donation of funds, staff time and expertise, and have been inspired by the energy, commitment and generosity of their staff, who have raised funds and volunteered their time. We believe a long-term relationship with The ISIS Foundation not only benefits us but also provides substantial advantages for the corporate partners themselves.

In 2007 and 2008, we have had particularly strong support from the business community and have created some innovative partnerships that have had fantastic outcomes. Some examples are profiled in the following pages.

#### **Our In-Country Partners**

We work in partnership with 10 local non-profit organisations, or in-country partners, in Nepal and Uganda (including our own non-government organisation, The ISIS Children's Foundation, in Nepal). We partner with community based organisations who may have very limited funds and resources of their own, but who are inspiring, energetic and fully committed to excellence in project delivery. Establishing genuine partnerships with these non-profits is key to ensuring the long-term, sustainable development of the communities we work with. We work hard to create an open flow of views, information and ideas and our partnerships are based on equality, mutual respect, honesty and transparency.

#### A salute to Brian Hall

Probably one of the most powerful donor partnerships began right at the beginning of our history, and has sustained and supported the ISIS Group for the last decade. Brian Hall is a very well known and highly respected member of the Bermuda insurance community, who is remarkably modest about his achievements. He has had an extremely deep involvement with the ISIS Group, and now even has his office in our Bermuda bakery premises! Brian has worked with ISIS at every level: and has been a bedrock of support for our Boards, the ISIS businesses, and The ISIS Foundation directly. He is the 'father' of the ISIS Kiwoko NICU, giving us the seed funding that allowed us to create the NICU, where Ugandan staff have saved thousands of the tiniest of patients. His wise counsel and support, even in the most difficult of times, has been an extraordinary help across the Group. We are grateful every day for having Brian as a part of the ISIS Family and for everything he has done for us.



#### 9 - ISIS Operations Report 2007&2008

# Profile PricewaterhouseCoopers Ambassadors to ISIS

#### What is the partnership about?

In 2007, ISIS began a unique partnership with the Sydney Assurance Division of PricewaterhouseCoopers (PwC), one of the world's leading professional services, demonstrating PwC's genuine commitment to social change. The partnership provides The ISIS Group with a year-long secondment for one of their top quality Chartered Accountants, chosen by both PwC and ISIS to be the PwC ISIS Ambassador. The PwC ISIS Ambassador works in both the non-profit and the finance business arms of ISIS, across three different locations -Sydney, Bermuda and on site projects in either Nepal or Uganda. In addition, we have also received fantastic levels of pro-bono accounting support from a range of specialists at PwC, including a PwC team working with us to assist with our registration in Australia.

#### What does PwC say?

"This programme is not only about contributing to our community - it's about stretching our young achievers so that they bring those skills back into PwC at the end of the secondment". This Ambassadorship not only demonstrates the company's genuine commitment to corporate social responsibility, it provides an opportunity for talented Gen Y staff to gain both corporate and non-profit skills whilst staying under PwC's umbrella," says Richard Deutsch, national Assurance Leader, PwC, the programmes founder.





#### What does ISIS say?

From ISIS's perspective, this partnership has been a huge support. Our finance, accounting and compliance issues are complex, and working with a top tier firm has made a significant difference to our efficiency and outcomes. 2009 is our third year of the partnership and our third Ambassador, Mark Schubert, continues to make a brilliant difference. In fact, the partnership has proved so successful for both ISIS and PwC that other corporations are now approaching ISIS to see if they can replicate it! We cannot thank PwC enough for their support - they truly are an organisation which is prepared to put substantial resources into doing the right thing for their staff, and for communities in need. Their help has indirectly benefited thousands of people in poverty.

#### First PwC ISIS Ambassador, Rachael McVean

"I soon realised that while I had been sent to assist ISIS, it was actually a great chance for me to develop some fantastic technical skills and to make me a well rounded accountant. I learned about running a social enterprise, was mentored by some amazing and inspiring people from the business and non-profit world, travelled and worked around the globe. I've come back to PwC with a whole range of new skills, a fantastic new network of contacts and different outlook on life. It's been a year of my life that I'm never going to forget."

#### Second PwC Ambassador, Fiona Robens

"Working at ISIS has been an amazing opportunity. I was able to develop a wide range of practical accounting and technical skills and most importantly experienced significant personal growth. Professionally, the highlights include taking on the Financial Controller role and developing a range of systems, policies and procedures. On a personal level this experience has changed the way I view the world; being exposed to the generosity of ISIS supporters and seeing the best in humankind has been truly inspiring. I can honestly say this has been an experience of a lifetime and I'm so grateful to PwC and ISIS for making this all possible."



## Financial Overview

- US\$ 8.1 million has been raised by The ISIS Foundation since inception in 1998
- Since inception the ISIS Group has contributed a total of US\$2.8 million towards The ISIS Foundation for administration, infrastructure and some project related costs
- In 2007 and 2008, the ISIS Group contributed US\$ 1.1 million towards these costs
- The Foundation spent US\$ 2.3 million on project related costs in 2007 and 2008
- Thousands of children, their families, and their communities in Nepal and Uganda have been supported and helped to break the poverty cycle
- THANK YOU to our donors for the ongoing support to ISIS and the communities we work in. Join us in raising more funds so we can continue our work and support their incredible potential!

#### Income

#### US\$ 4.2 million was raised in total in 2007 and 2008.

The ISIS Group, the Foundation's biggest donor, funds all administration and infrastructure costs of the Foundation. This ensures that 100% of the donations received from our external donors go directly to Nepal and Uganda for partner organisations, our staff on the ground, or to our two specialist managers working in the USA for research, medical advisory and equipment collection programmes.

- In 2007, US\$ 1.9 million was donated, of which US\$ 0.5 million was contributed by The ISIS Group
- In 2008, US\$ 2.3 million was donated, of which US\$ 0.6 million was contributed by The ISIS Group

Significant support from Aspen Reinsurance, The Kadoorie Charitable Foundation, ISIS Home Sponsors and our fundraising arm, The Kathmandu Kids Club (in particular, through the XL Charity Challenge) have been the main reasons for this significant increase in donations.

This fantastic effort in supporting ISIS has had a massive impact on the number of children, families, and communities we support in Nepal and Uganda.

## Donations to The ISIS Foundation -

from inception to December 31, 2008





# Expenditure Nepal Projects

Expenditure for the years 2007 and 2008 was approximately US\$ 1.5 million in total for the two years, a significant growth from 2006, when expenditure was approximately US\$ 0.5 million. As can be seen from the Nepal project expenditure chart, we continue to focus the majority of resources on two large projects, with smaller Kathmandu based work also receiving ongoing support. The main components of expenditure were-

Working with Humlis nne village at a time - We work with our partner organisation staff, colleagues and Humli people to build communities and empower, resource and educate families to enable them to live longer, healthier lives. Village by village development work includes costs of 12 staff, building materials, smokeless stoves, solar lighting, community training, nutrition and non-formal education classes for mothers and children. Transport costs of building materials for latrines, solar lighting and stoves are particularly costly to this remote high altitude Himalayan region. ISIS's Research Manager, an Anthropologist at Montana University, undertakes formal research on the efficacy of these programmes.

Holistic support for trafficked children – Our work in Humla involves trying to break the cycle of child trafficking from remote regions. Through the ISIS Children's Foundation we provide holistic and ongoing support to 136 children who were trafficked from Humla to Kathmandu; where possible repatriating trafficked children; maintaining links between children, their families and communities, and finally, educating communities on the dangers of trafficking. Our costs include full support of 11 homes with 64 dedicated staff, school education, nutrition and health, post school options, extra-curricular activities, counselling, repatriation and one on one follow up for each child.

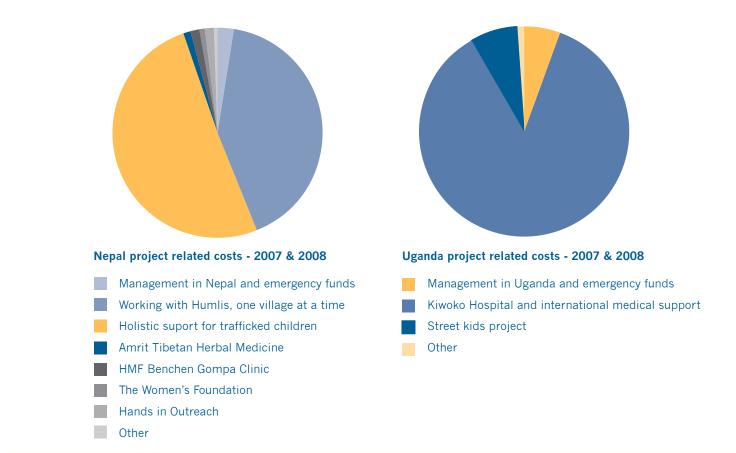
Supporting capacity building in Kathmandu – We focus on community-linked non-government organisations (NGOs) that take a holistic development approach to their work. We continue to support local non-profit organisations, building their capacity through the development of infrastructure and resources and to build staff expertise through training and supervised experience.

## Uganda Projects

Approximately US\$ 0.7 million was spent on our Uganda projects in 2007 and 2008. We continue to increase our support significantly year on year, largely thanks to the extraordinary support of Aspen Reinsurance and their staff. Our largest partner organisation, Kiwoko Hospital, continues to be the most significant project that we undertake and we expect further growth going forward. The main components of expenditure were-

Kiwoko Hospital and international medical support -We work with Kiwoko Hospital to enable communities living in the impoverished Luwero district to be able to sustain long-term, best practice health care. Increased funding has enabled us to support Kiwoko Hospital in strengthening their neonatal ICU, provision of maternity services, and community based health care and HIV/AIDS programmes. Kiwoko costs include capital expenditure, running costs of the NICU, 24 nurses and health care workers, nutrition, hygiene, health and counselling support to HIV/AIDS patients, educational costs for HIV/AIDS orphans, supporting an international medical advisory service and medical equipment collection.

Street kids project - We work with street kids to encourage them to rejoin society, develop independence in the longer term, and to break the cycle of poverty. Most of these kids are from communities which have been devastated by war, HIV/AIDS, substance abuse and/or violence. We support around 30 children so that they can lead healthy, happy, productive and secure lives, with a long-term connection to their families and their communities. Costs include health and nutrition, counselling, education, extra-curricular activities and repatriation.



## So how far does your \$\$ go in Uganda and Nepal?

What would it buy?	Uganda	Nepal	US	ик	Australia
US\$50	Will provide two HIV/AIDS patients with nutritional support for a year to increase the chances of them being able to access ARV's and enable them to live longer .	Will purchase 6 books per child, for each of 8 children, which will allow them to at- tend a non-formal education programme in the remote mountainous communities of Humla.	Pizza dinner for four	Ticket on the Lon- don Eye	3 cinema tickets
US\$500	Supports six months emer- gency transport to major hospitals for babies need- ing emergency treatment.	Allows 3 families, each of around 7 people, to have a smokeless stove, reducing the chances of acute respira- tory infections, improving life expectancy, and dramatically improving quality of life.	Return ticket from New York to San Francisco	Weekend away	An iPhone
US\$5,000	Will pay one year's salary for 3 enrolled midwives	School education for 20 traf- ficked children for one year in Nepal.	A Mac Book Pro 8 – Core with excellent specifications	One month's rent in Central London for a family	Plasma TV and home theatre system
US\$25,000	Will pay for the costs of one 40 foot container filled with crucial medical equip- ment and supplies donated from Seattle Hospitals, for Kiwoko Hospital that are not available locally	Supports basic community development initiatives for one village currently living in extreme poverty and hardship in extremely remote areas for one year for 500 people.	Private school fees for one child for one year	An Asprey diamond and platinum ring	Round the world first class tickets for two



# Nepal

Nepal is one of the world's poorest countries, struggling to overcome a turbulent political and economic legacy and manage a peaceful transition to stable democracy.

#### Challenges in Nepal <sup>1</sup>

Population:	28.1 million
Percentage living in poverty:	52%
Under-5 mortality: (60% from malnutrition)	44,000 annually
Maternal mortality ratio (per 100,00 live births):	280
Total adult literacy rate:	57%
Literacy rate for women:	28%
Total adult literacy rate in Humla <sup>2</sup> :	20%
Literacy rate for women in Humla:	11%

## ISIS Highlights

- ISIS has worked in Humla since 1999 a remote, impoverished district in North West Nepal, high in the Himalayas.
- ISIS established village by village community development initiatives in 2000.
- Village by village development includes awareness and training opportunities for the local people.
- ISIS supports a mobile health clinic to provide Tibetan medicine to people living in these remote, mountainous regions.
- ISIS is committed to helping prevent child trafficking from Humla and working with communities to design projects that achieve this.
- ISIS is committed to the long term care of 136 Humli children rescued from the hands of a trafficker with repatriation and increased development of the Humli region as our long term goal.
- ISIS also works with dedicated local NGOs in Kathmandu building their capacity and strengthening them to work more effectively for the people they support.

#### 1. Source: UNICEF: Information by Country · Nepal

2. Source: Periodic District Development Plan, Humla 2002/03

# ISIS in Nepal – at a glance 2007 & 2008

In-country non-profit organisations supported:	7
Projects:	7
Staff in Nepal (direct and through partners):	93
Overseas specialists working on Nepal projects:	1
Direct project related costs: USS	\$ 1.6 million

**WORKING WITH HUMLIS** 

We work with our Nepali staff, colleagues and Humli people to build communities and empower, resource and educate families to enable them to live longer, healthier lives.

#### ONE VILLAGE AT A TIME

Pit latrines installed:	237
Smokeless stoves subsidised:	402
Solar lighting installed:	285
Safe drinking water installed:	2
Villages followed up:	20
Greenhouses installed:	10
Solar driers now in villages:	10
Slow water sand filters trialled:	60
Awareness-raising activities:	20
Non-formal education classes:	20
Malnourished children under 5 programmes:	10
Mothers attending malnourished programmes:	120

TIBETAN MEDICAL CARE TO REMOTE HUMLIS	
People treated:	3,650
Villages visited:	35
EMERGENCY RESCUE OF TRAFFICKED CHILDREN	
Children rescued:	136

ADDRESSING CHILD TRAFFICKING IN HUMLA	
Families of trafficked children visited:	114
Children repatriated:	3

#### **IN KATHMANDU**

Pec

SU

Wo

We worked with our Nepali staff and colleagues to build communities in and around Kathmandu as follows:

#### HEALTH CARE AT THE MONASTERY

ople treated:	12,000
IPPORTING VIOLATED WOMEN AND CHILDREN	
omen supported:	110

Children supported:	70

#### NEW BEGINNINGS FOR CHILDREN

Medical care provided:	110
Families supported:	30

# Working with Humlis

#### **Our Goal: Developing Sustainable Communities**

To enable Humli communities, through culturally and contextually appropriate project models, to break the cycle of poverty, and provide for their children in a financially sustainable and environmentally-friendly way. In this way, children born in Humla can lead happy, healthy productive and secure lives, with a long-term connection to their families, villages and Humli culture.

#### **Background to our Work with Humlis**

Humla is a beautiful but impoverished and very remote district in North West Nepal, bordering Tibet. People living in Humla suffer severe disadvantage and in particular, the situation for children and young people is dire. With very poor quality education, healthcare facilities, poor housing, inadequate sanitation, limited food supply, almost no cash economy and thus limited useful employment in adulthood, it is difficult for communities to sustain their children. In addition, communities in Humla suffered terribly during the decade-long conflict in Nepal between the Maoists and the then Government.

It is for these reasons that we decided to focus on this oft-ignored region. When we first began work in Humla in 1999, we were astounded by the depth and breadth of the development issues they faced. Humla's altitude, climate and remoteness mean that the development issues that Humlis' face require specific and careful strategies. Our work there has focused on building the basic foundations for sustainable improvement in health and education. We have a long-term commitment to Humla and its people, and expect that this basic foundation building will continue for some time.

#### **Our Projects**

We work with several fantastic non-profit organisations in Humla to assist people in this region to develop their villages in a sustainable, effective way. Our key work centres on

- (i) village-by-village holistic community development, largely focusing on primary health care and literacy,
- (ii) culturally appropriate health care to very remote regions and,
- (iii) combating child trafficking and the problems it causes for families and communities.

1. One Village at Time

#### **Project Partner**

Rural Integrated Development Services–Nepal (**RIDS–Nepal**), is a local non-profit organisation established in Humla with the support and assistance of ISIS. Their mission is to improve people's overall quality and standard of life, through holistic, long-term, integrated rural development programmes. We have worked closely to develop and support their staff over the last eight years.

ISIS's Humla specialist, Dr Kimber Haddix-McKay based in the U.S., has worked with the team to ensure that projects are community-driven, research focussed, and sustainable. Kimber, in conjunction with staff at **RIDS-Nepal**, has presented and published 11 papers relating to ISIS's work in Humla.

#### What We Do & Key Achievements

#### a. Primary Health Care:

In consultation with Humlis in each village in which we work, **RIDS-Nepal** staff have run training for community members (and provided subsidised equipment) so that each family home has access to a smokeless stove, a pit latrine and solar lighting. This provides families with the means to reduce respiratory infections and communicable diseases. We also work with the village to ensure that they have access to a supply of safe, clean drinking water. These basic components have been crucial in bringing about reductions in illnesses and mortality rates.

Additionally, depending on the needs of any particular village, we work with the local people to develop their community in a number of ways. This has included teaching people how to build community greenhouses, to extend the growing season from 3 months a year to up to 12 months. We have also trained people in the use and maintenance of solar driers, which can further reduce the chance of malnutrition in the village. Slow sand water filters in homes, so people have water inside their homes rather than in community tap stands, were also successfully trialled in 2008.

#### b. Literacy and Awareness Building:

While training is provided to community members on the use of the above components, they are also provided with training in awareness modules on how they can avoid illnesses by using the components appropriately. In addition, based on need from mothers, we have also provided nutritional food training for mothers (in particular in making 'super porridge' for their babies from locally available ingredients to combat malnutrition) and the provision of non-formal education for mothers and children.

Training in installation, use and maintenance, and awareness raising activities relating to the benefits of the project components (including personal and community hygiene), are a crucial part of our work in Humla and essential to the long-term sustainability of these initiatives.

2007 and 2008 have not only seen much progress in delivery of project components, but has also seen further improvement in their design as they are continually evaluated to ensure they meet people's needs effectively.

#### 2. Tibetan Medical Care for Humli's

#### **Project Partner**

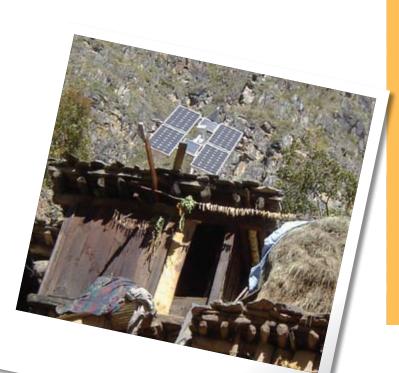
Our partner on this project is a wonderful local non-profit organisation called Amrit Tibetan Medical Centre **(AMRIT)**, which specialises in providing Tibetan medicinal diagnosis and services to Humli people. In Humla, access to basic medical health care is very poor, largely due to the extreme terrain. There is one hospital with fifteen beds in the district centre, Simikot, but it is rare to find a doctor there.

#### What We Do

Our aim is to assist with establishing a viable and sustainable service to provide basic health care and treatment for the Humli people. This has been achieved through a mobile clinic which visits even the most isolated villages of Humla. We hope to be able to develop this into a model approach for an effective health service for this high altitude region of Nepal, and once it is refined, share this model with other organisations working in similar regions.

#### Key Achievements Medical Care:

In 2007 two Tibetan doctors from Amrit – Dr. Sanga and Dr. Kelsang trekked through Humla, from Simikot to Yari on the Tibetan border for seven months and treated 1,640 people in 9 villages. In 2008, Dr. Kelsang treated 2,010 people trekking through 13 villages over a period of eight months. This project has had a significant impact on the health of the people of upper Humla, where no other health service is functional. Tibetan medicine has proven to be extremely effective in Humla, and has enabled the development of a viable and appropriate health service. The Nepali Ministry of Women, Children and Social Welfare, and the Social Welfare Council, have commended this project, and have showcased it as a model of effective high altitude primary health care to other organisations working in Nepal.





## Sonam's story

Sonam Wangdue is a 65 year old shepherd who lives in Yangar village. He was diagnosed with blood pressure problems and a lung infection, as a result of which he was not able to perform any household activities. The treatment provided by Dr. Kelsang has brought him immense relief. Sonam is back to looking after his animals and is now able to work around the home also.

Dr. Kelsang Dorje, the Tibetan Doctor who provides treatment in Humla, wrote to us saying, "I want to convey my heartfelt gratitude & thanks to The ISIS Foundation on the behalf of the people of Humla. During my stay in many Humli villages, I realised that this medical project immensely benefits the people and gives them great hope of recovery when they fall sick. Since the place is very remote, it is impossible for them to have access to a modern medical facility so their trust in Tibetan medicine is immense. In my conversations with the patients they say that the medicines are really very effective."

## 3. Reducing Child Trafficking From the Humla District

#### What We Do

Child trafficking has devastating long-term effects on communities as a whole - not just on the families and children who are direct victims of it - as they effectively lose their future potential. As a result of the cycle of poverty, trafficking can become entrenched in a district or region. Our work in Humla involves trying to break this cycle in a number of ways. This includes developing communities in Humla so that the root causes of trafficking are reduced, along with working to remove the obstacles to children staying in their villages; providing holistic support to children who have been trafficked (and their families); where possible repatriating trafficked children; maintaining links between trafficked children and their families and communities, and finally, educating communities on the dangers of trafficking.

### 4. Holistic Support for Trafficked Children

#### **Project Partner**

The ISIS Children's Foundation **(ICF)** was established in Kathmandu several years ago as an urgent response to the trafficking of children from Humla to Kathmandu, during the period of political unrest in Nepal. The organisation has grown from providing first class emergency care to the 136 trafficked children who we rescued in 2006, into a holistic organisation that aims to improve the health, educational and emotional outcomes for children who have been trafficked, in the context of their broader communities, through careful case management and support structures. Our dedicated team of Managers, Coordinators, Home Parents, and Didi's and Dhai's (elder Sisters and Brothers) work around the clock to meet the daily needs of the children in a genuine family environment, and together have created "homes out of houses".

#### What We Do

Our overall goal is to support these children so that in the future, they can support their families and their communities, playing a part in the development of the post-conflict 'new Nepal'. If we can repatriate these kids back into their communities, by helping to rebuild village schools and services, then we will do so.

One of the staff in Nepal summed it up: "We have been able to keep the souls of these children alight, who otherwise would have had a dark childhood." All the kids feel as if they are part of one large ISIS family, which is supporting both them and their own family back in the mountains. The results of the dedication of the staff can be seen directly in the children. They have been transformed from kids who were the victims of abuse and neglect, to children who are now self-reliant, happy and healthy, connected back to their families of origin, and able to be productive members of their communities.

#### **Key Achievements**

#### a. Education:

A key aspect of **ICF's** holistic approach to care is the focus on quality education for the children. Despite many of the kids missing years of school, they are now doing brilliantly at school, and the gaps between these children and others of the same age is closing. This is a result of various initiatives, including the provision of tutors to each of the children's homes, and the development of a 'bridging course', where the kids who were more than 2 years behind their classmates received a specialised course for a year to help them jump a grade.

#### **b. Extracurricular Activities:**

In 2008 we also ran training programs and workshops for the children on various life skills and they have participated in a range of external activities, all of which have contributed to building their confidence and raising the profile of Humlis within Kathmandu.

#### c. Staff Capacity Building:

Throughout 2008, a wonderful Canadian volunteer, Michelle Bonneau, ran day-long training sessions every week for Home Parents. The staff and children all rave about this course – it has transformed the way that the homes are run, and has raised Home Parent's confidence exponentially. Home Parents are now running the course, in Nepali, for the Didi's and Dhai's.

#### d. Transition back to Nepali Society:

We are working on strategies to support these children in their transition from childhood to adulthood. We need to teach them critical skills to ensure they are responsible and independent, and provide them with vocational skills so that they can return to their communities and support their own families in the longer term. As part of this move towards independence, in 2008 we established a 'Youth Flat', an apartment for the boys who have left school and begun College. They have limited supervision, have to manage on a budget, and do all their own housework. When more girls graduate from high school, we hope to provide a Youth Flat for the older girls as well.



# Sushmita's Story

Sushmita Phadera is 13 years old. In those 13 years she has seen life unfold in many ways, some heartbreakingly sad. Sushmita is originally from a village in Humla. She has three elder brothers and one younger sister. At the height of the civil unrest in Nepal, her eldest brother was recruited into the Maoist army. Fearing for their children's lives, her parents sent her and her siblings away - unknowingly into the hands of an opportunistic trafficker.

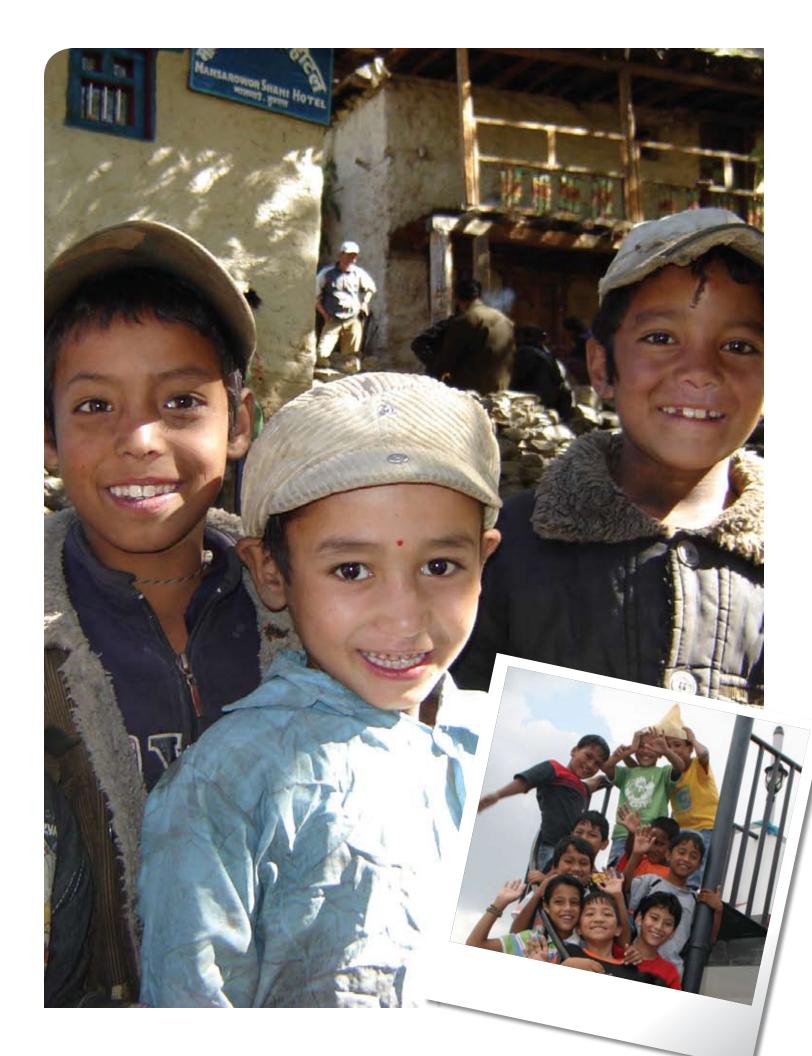
Sushmita and her brothers put up with horrendous circumstances while in the trafficker's home. Fun and laughter were a thing of the past and education was an impossible dream. She had never been to school in Humla and knew that she was unlikely to do so at the trafficker's home.

She and her two brothers were finally rescued in mid-2006 when The ISIS Foundation obtained custody of 136 children. Her oldest brother survived the war, and her sister was at that stage still living with her parents, who were destitute. Just as life seemed to be settling down for Sushmita, her father passed away unexpectedly in 2007, leaving her mother destitute and without a family breadwinner. While writing this report, sadly Sushmita's mother passed away as well, leaving her and her brothers alone, with ISIS as her only family.

In spite of all these challenges Sushmita is showing remarkable potential, and her capacity to bounce back from adversity is humbling. Initially she found school very difficult, particularly as she was in a top quality school where most classes were taught in English. However she worked incredibly hard with tutors before and after school (along with other kids in the ISIS homes) and has since progressed in leaps and bounds. In 2007, she was promoted from Class 1 to Class 3, and then came first in her class. She was then moved to Class 5 in 2008, and once again she was first in her class. A double, double promotion!

Sushmita wants to be a teacher, to help kids in communities in Nepal where there is no education.

At the dawn of a 'new Nepal' we feel very lucky to be able to recognise and support kids with such potential. We hope to be able to stand beside these children and their families in guiding them to a brighter tomorrow, where they are able to develop and revive their conflict-torn country.



#### 5. Repatriation and Links Back to Humla

#### **Project Partner**

We work with a wonderful Humli non-profit organisation, The Himalayan Innovative Society (THIS), to assess the possibility of repatriating the children from the ISIS Children's Foundation back to Humla. Our work with THIS complements that in The ISIS Children's Foundation, as we are both working towards positive outcomes for children in the context of the development of the Humla region as a whole.

#### What We Do

Our aim is to minimise the negative impact of child trafficking on Humli communities. Reunification, and if possible repatriation, of all the children to their families is one of our long term goals, and we are taking small but significant steps towards this. The project involves a range of initiatives, including finding the children's parents and siblings and reconnecting them, so that repatriation is a longer term possibility. It also includes working with the children's families to assess their villages of origin to determine whether repatriation is viable as the political situation stabilises. We also need to ensure that quality education is available. In addition to the repatriation programme, we work with **THIS** to ensure all of the children maintain contact with their families, communities and culture.

#### **Key Achievements**

In 2007 D.B. Lama, the Co-Founder of **THIS**, set off to find the families of the children, some who had not seen or heard from their families in years. In the middle of winter, D.B. Lama and his staff made the arduous trek up to the villages and found the parents of all the children. They explained to the parents that although they had been tricked by traffickers, their children were now in safe hands. Most of the parents were shocked to learn of the condition their children had been kept in, and were hugely relieved that they were now safe. On D.B. Lama's return, the children were able to see video clips of their families. This made a huge difference to their sense of security and safety, knowing that their Mums and Dads were now linked to ISIS.

In 2008, we successfully repatriated three boys who are now living with their families back in Humla, and have joined local schools in their respective villages. We follow them up regularly to make sure they are ok. Along with one other child who was repatriated in 2007, these four are the only children thus far who have moved back to their homes since we gained custody of the kids in 2006.

In 2008, 53 of the formerly trafficked children made their way home to the mountains to celebrate the Dasain festival with their families of origin. Many of the parents saved up to pay for their children to get home, demonstrating the strong bonds of family and community that remain, despite years of absence and desperate poverty in home villages.

## 6. Eliminating Child Trafficking in Humla

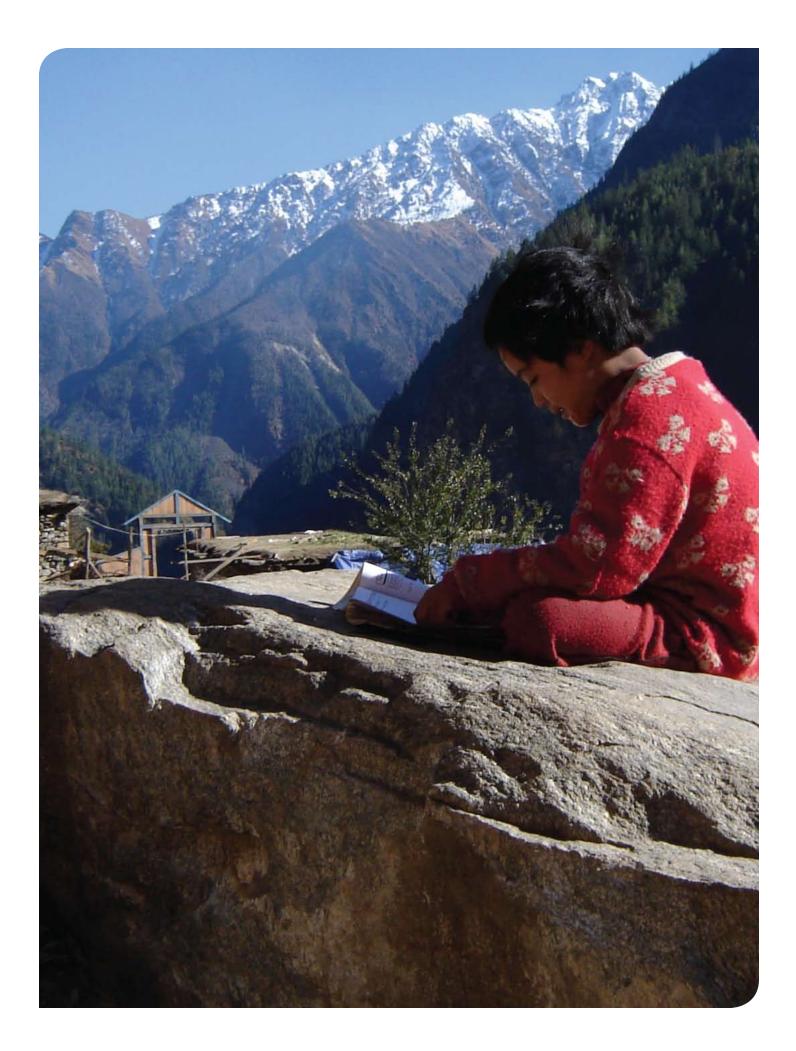
We continue to work towards eliminating child trafficking from Humla. Our work here has ranged from the most general and political (discussing contributing policy issues with local and central government authorities) to the very specific and practical (erecting a sign warning parents about trafficking at the local airport). In addition, we continue to work on some of the more fundamental issues that need to be resolved to remove the obstacles to children staying in their communities. In particular, the lack of quality high-altitude schools mean that parents feel their children must leave the district in order to survive.

#### What We Do

In 2008, we began to develop a new project with the Himalayan Children's Society (HCS), an Upper-Humla based non-profit organisation which focuses on strengthening Humla through education of the younger generation. Its key aim is to enable Humli children to have a quality education whilst remaining in their communities, rather than needing to move away from the mountains to get educated.

We hope that by working with **HCS** to improve school and hostel infrastructure, we can both reduce the need for child trafficking, and encourage children who have already left to return. We also hope that in the longer term, improved access to quality education will assist the development of the Humla communities generally.





# Supporting trafficked children

# Our Home Sponsors

Parents worldwide want to ensure that their children have better lives than they did, with more opportunity, freedom, and education. Humli parents are no different to any others – although with the additional burden of extreme poverty, and civil war (where child soldiering was common), over the last decade they became desperate to get their children out of harm's way. The result of this was that child trafficking from Humla became (and still is) a significant problem, with hopeful parents sending their children with 'trusted' relatives or friends to schools and children's homes in Kathmandu. However unbeknown to the families in Humla, many of these children were kept in appalling conditions, not sent to school, forced to beg, or worse – sold to richer families to provide home-help, or sent to other countries as prostitutes.

In 2006 ISIS began to discover groups of children from Humla living in appalling conditions in Kathmandu. These kids were in the hands of child traffickers who had taken advantage of the raging civil war to build a business in child trafficking. There began a journey of fighting to secure the future of these children and link them back to their families wherever possible. This fight led to the establishment of 10 ISIS 'emergency' homes and one 'youth flat' where 136 children are now safe, healthy, happy and reconnected to their families. ISIS has over 60 Nepali staff working with these kids, under the umbrella of The ISIS Children's Foundation. In time we hope to reunite all the children with their families where possible, assist them to become independent of us, and support their communities in Humla to help them to resolve the root causes that led to their being trafficked in the first place.

We have had the immense good fortune of finding 13 wonderful families to fund our support of these 136 trafficked children. They have each made a significant financial commitment to this project and with their incredible support we have been able to make much progress with the 'ISIS Kids' who are happier, healthier and safer, and slowly healing from their earlier trauma.

Without our Home Sponsors, these wonderful children would still be living in horrendous conditions. We are truly grateful for this gift. We hope that we will be able to take some of our Home Sponsors to visit Nepal and to meet the children whose lives they have transformed. We wish to express our huge and grateful thanks to Jack Turnbull and Janet Clegg, Price, Jake and Haley Lowenstein and the Hillsdale Foundation in honour of Carolyn, Dame Pamela Gordon and Andrew Banks, Victor & Gail Khosla, Brian and Nancy O'Hara, Michael and Zoe Butt, John Charman, John and Sue Buchanan, Rob and Mary Childs, Chris & Liz Greetham, Bettina Witteveen who lives in New York and and Raoul Witteveen who lives in Holland and others who wish to remain anonymous.



"We respect & admire how ISIS can accomplish such good with limited resources. Never have so few done so much with so little for so many!" Dame Pamela Gordon and Andrew Banks

"Sponsorship of these homes means a great deal to me and my kids. We are sponsoring the homes in memory of my late wife Carolyn, who passed away two and half years ago. As such, it's a great way to promote her legacy, and it's also a wonderful cause, being managed by a wonderful group at ISIS." **The Lowenstein Family** 

- "We are happy to have an opportunity to help the children of Nepal and what better way than partnering with ISIS to give these little ones some hope." **Brian & Nancy O'Hara**
- "Our commitment to ISIS and Nepal is entirely due to Audette and our trust for that which she applies herself to. Our support is based, therefore, on our desire to see her achieve her vision" **Michael Butt**
- "Our family is most fortunate to be able to make financial contributions to help children worldwide. We feel that the work ISIS does is innovative and effective; seeming to address problems that have the potential to be helped in a very direct way. When you give large amounts of money to charity, you want to know that it is in the hands of an organisation which is as dynamic as ISIS is. It is when organisations become complacent that one's money is at risk of not being used effectively. We do feel very confident that the children are benefitting enormously from the work that ISIS do and maybe one day we will visit the homes." **Rob and Mary Childs**

## ISIS in Kathmandu

**Our Goal: Developing Quality Non-Profit Organisations** We are working to develop local non-profit organisations that are strongly committed to, and have strong roots in the suburbs and surrounds of Kathmandu. We focus on community-linked non-government organisations (NGOs) that take a holistic development approach to their work. We believe that they have the capacity to play a crucial role in the development of their communities and are often simply in need of some additional resources and support to be able to do so effectively. Our aim is to work with these organisations and build their capacity through developing infrastructure and resources, and to build staff expertise through training and supervised experience.

### 1. Health Care at Swayambhunath Monastery

#### **Project Partner**

For several years, ISIS has worked with the 'Benchen Free Clinic', a small medical clinic operating out of the Swayambhunath Monastery in outer Kathmandu, so that it can provide free health services to severely disadvantaged local families. The clinic is open yearround, 6 days a week, for 4 hours a day, and they treat around 6,000 patients a year.

#### What we do

We have worked with the Himalayan Medical Foundation and the Swyambunath Monastery community to assist them to build the capacity and infrastructure of this clinic to run efficiently and effectively. In particular, our focus is on training and skill development, assisting with the supply of medical equipment, and building infrastructure so that the clinics can become sustainable and self-sufficient.

#### **Key Achievements**

2007 and 2008 saw the growth of the clinic and laboratory services, and improved training and supervision through the recruitment of a part-time Nepali doctor. The vast majority of patients who come to the Benchen clinic are not in a position to pay for medical services and medications. The care they receive greatly improves the quality of their health, and in some cases treatment is life-saving. Upper and lower respiratory infections and water-borne disease are still the most commonly treated conditions. We anticipate that we may extend our support to further monasteries in the near future as part of this project.

## 2. Supporting Violated Women and Children

#### **Project Partner**

The Women's Foundation is an extraordinary organisation, run by a well-known Nepali lawyer and Ashoka Fellow, Renu Sharma. They are a truly grassroots group who advocate for poor, trafficked, abandoned and abused women who are particularly disadvantaged in Nepal. The Women's Foundation runs several shelters for homeless and battered women and their children, provides legal aid to women, runs an organic farm, and trains hundreds of women in vocational skills so that they can support themselves in the longer term.

#### What We Do

The ISIS Foundation has worked with The Women's Foundation since 2002. We have worked closely with them to support the running of their women and children's shelters.

#### **Key Achievements**

In 2007 and 2008, we supported some of the running costs of the women and children's shelters, including the salaries of several staff (a Guard for the shelter, Health Co-ordinator for their health clinic and Shelter Co-ordinator) tutoring for women and children, and self-defence training for some of the kids. We have supported 110 women and 70 children in this time.

## 3. New Beginnings for Children: Education for Girls

#### **Project Partner**

We work with Hands in Outreach (**HIO**), a wonderful organisation which aims to address the illiteracy and lack of formal education in Nepal, and especially helps to redress the huge gender disparity in education. **HIO** operates a programme that supports around 100 children, 95% of whom are girls, at boarding school in Kathmandu city.

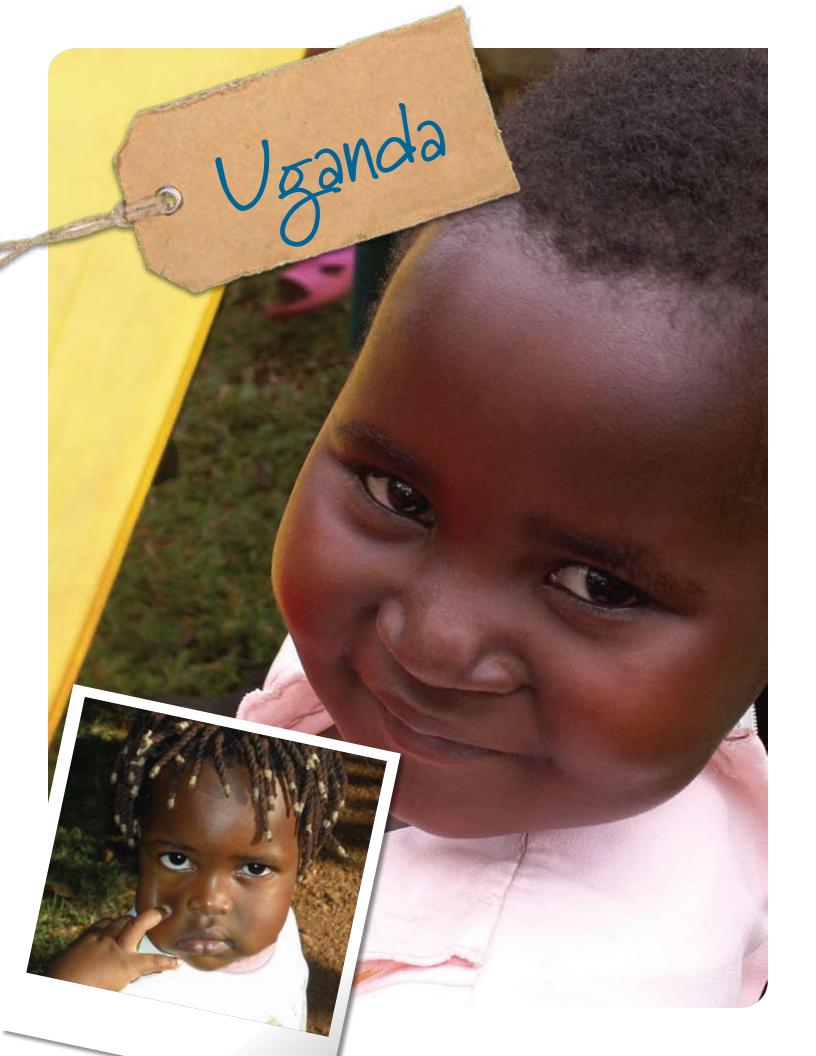
#### What we do

Our work with **HIO** is to help them ensure that these educational opportunities are fully supported, so that they have a significant impact long term on the development of the families and communities the children are from, helping their families to break the poverty cycle. ISIS has also supported the dental and medical care to **HIO** children, and assisted with 'family support', which can be anything from buying a family a stove to assisting them to move into better accommodation so that children can study more easily at home.

#### **Key Achievements**

The support service that **HIO** provides is highly personalised. It is partly this that leads to its success – the staff know the children, families and communities so well that they can work with them to reduce barriers to effective schooling. They are able to tackle problems such as a lonely child that is unable to function or perhaps a parent who has recently lost their job and the family needs additional support for a few months until they are back on track. Whatever the issue, the staff have the wisdom and flexibility to work with the family to overcome such hurdles.





# Uganda

From the days of civil war, Uganda is a relatively stable country today. However it is still a very poor country struggling to cope with the deadly HIV virus which has wiped out almost a whole generation.

#### Challenges in Uganda 1

Population:	29.9 million
Population growth rate (one of the fastest in the world):	3.2%
%age living in poverty:	52%
People living with HIV:	1 million people
AIDS deaths in last 10 years:	1.8 million lives lost
Babies contracting HIV, per year:	20,000
Orphans:	1.2 million

## ISIS Highlights

- ISIS has been in partnership with Kiwoko Hospital for 10 years.
- Kiwoko is a rural bush hospital in Uganda servicing more than 500,000 patients a year with only 8 Doctors.
- ISIS established community based health care initiatives in 1998.
- ISIS funded and began to support the hospital's first Neonatal Intensive Care Unit in 2000.
- Almost 1000 babies were cared for in the NICU in 2007 and 2008, several hundred of whom would have died without this care.
- A fantastic expanded NICU and new Maternity Ward are under construction.
- ISIS is now supporting hundreds of HIV patients to ensure that they continue to create value in their communities.
- We continue to directly support 35 children orphaned by HIV/AIDS.
- ISIS continues to support 30 street children in Kampala to help break the cycle of poverty and destitution.

ISIS in Uzanda – at a glance 2007 & 2008

In-country non-profit organisations supported:	2
Projects:	6
Staff funded or employed by ISIS in Uganda:	22
Overseas specialists working on Uganda projects:	1
Direct project related costs: US\$ 0.7 n	nillion

#### AT KIWOKO HOSPITAL

We work with Kiwoko Hospital to enable communities living in the impoverished Luwero district to be able to sustain long-term, best practice health care.

#### **NEONATAL INTENSIVE CARE UNIT**

Babies born:	859
Babies followed up at six-months:	177
Nurses on duty per quarter:	10
Mothers provided with accommodation:	362
Mothers provided with nutrition support:	50
Emergency transport for babies:	44
Funeral assistance for babies:	149

#### MEDICAL EQUIPMENT COLLECTION, ADVISORY SERVICES AND TRAINING

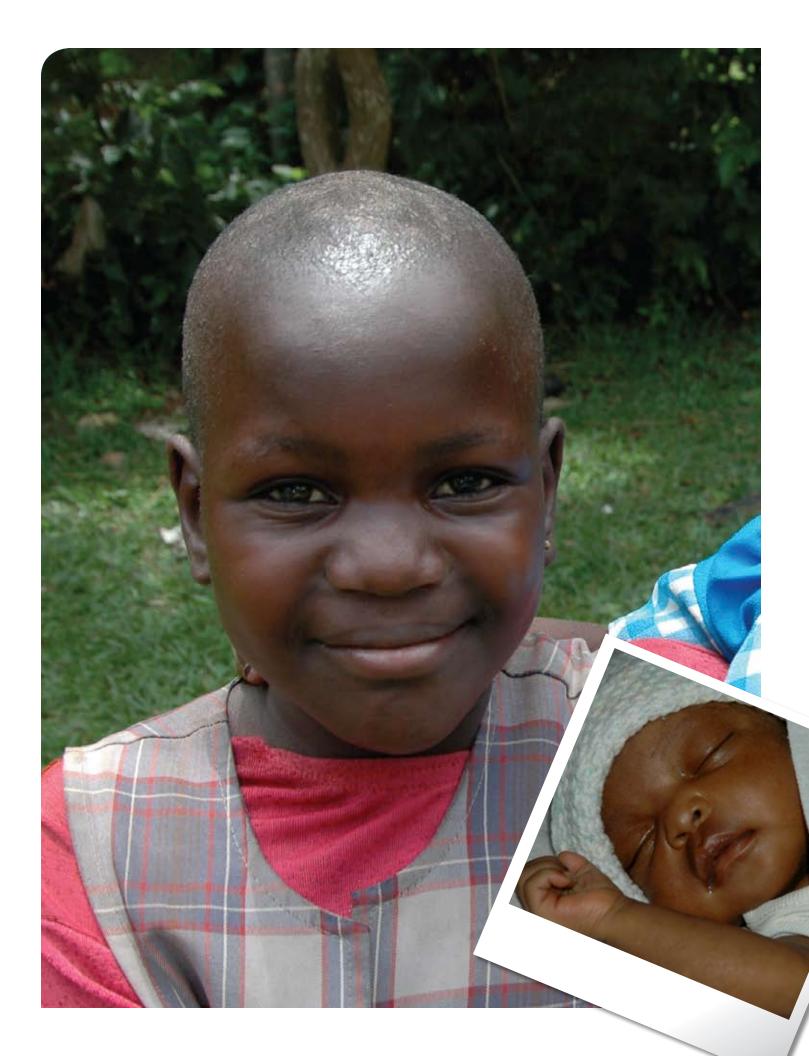
Equipment collected: Containers sent:	Over 17,000 kg 2
Medical queries answered via email:	49
Fraining sessions for hospital staff:	Around 25
HV/AIDS	
Home visits to patients:	1280
Patients provided with medication on	
community visits:	287
People treated at the hospital with ISIS suppo	ort: 624
HIV+ people provided with nutrition support:	111 per quarter
HIV orphans supported:	35 per year
Staff visits to HIV orphans average:	26 per quarter
COMMUNITY BASED HEALTH CARE	
/illages visited through community based hea	alth care: 532
Kilometres travelled:	45,853

vinages visited through community based health care.	<u>552</u>
Kilometres travelled:	45,853
People assisted through the diabetes programme:	451

30

#### **STREET CHILDREN**

Chi	Idron	sun	ported:
CIII	luren	sup	porteu.



## Kiwoko Hospital

#### Our Goal: Enabling communities to sustain longterm, best practice health care

To enable communities living in the impoverished Luwero district to be able to sustain long-term, best practice health care. Our aim is for children from this community to be able to grow up with positive health and education outcomes, lead productive and healthy lives, and be able to fully contribute to the future development of their region.

#### Background to our work with Kiwoko Hospital

The Luwero Triangle, 50 miles outside of Kampala, is where hundreds of thousands of people perished under the terror of Idi Amin and Milton Obote during the 1970s and early 1980's. Kiwoko Hospital is a remarkable hospital that was established here, starting off as a clinic under a tree, to aid the people of the community so devastated by the war. Today it occupies a 30-acre compound, employing over 350 staff, with 245 patient beds and offers a wide range of medical services, drawing patients from the immediate population of approximately 500,000 people within a radius of about 7 kilometres. Many emergency patients also come from as far as 20 kilometres or more over very rough terrain, either by motorbike or on foot, to seek treatment. This is especially so for women who experience difficulties in labour. Although the hospital has only 8 doctors, it has a full range of generalist wards and also provides specialist care for people with diabetes, HIV and TB.

We have been in partnership with Kiwoko hospital for almost 10 years. Our aim is to work with the community to develop the hospital and its services, particularly those that support children directly or indirectly through families and mothers, so that the community can sustain their long-term medical needs, and therefore improve its prospects more generally.



#### **Our Projects**

We work with the hospital on a range of health care initiatives, from tertiary health care in the hospital, to community based health care in the surrounding villages. To date we have focused on

- (i) Neonatal intensive care and maternity which requires hands-on planning and management.
- (ii) Community based health care to people living with HIV/AIDS and diabetes.



# 1. Supporting New Life - developing the Neonatal Intensive Care Unit

#### What we do

To address the urgent need for a specialised unit to care for newborn babies, ISIS worked with Kiwoko to develop a neonatal intensive care unit (NICU) in 2000. The staff in this unit literally saves hundreds of babies' lives each year, dealing with illnesses such as infections, respiratory distress, HIV and prematurity. The NICU is one of its kind in the region and mothers come from near and far to be able to give birth in the hospital so that their little ones have the chance of getting help if needed. We are currently working with Kiwoko to expand this facility through the vital support of one of our corporate partners, Aspen Reinsurance, so that it can meet the growing demand for specialist care of babies.

#### **Key Achievements**

2007 and 2008 saw tremendous activity in the NICU. More than 1,000 babies were cared for by dedicated and caring Nurses and Doctors, who sometimes needed to work with up to 20 babies at one time. On an average just 11 Nurses and one Doctor-in-charge dedicate their time to this Unit - they are kept incredibly busy keeping the babies alive, with the support of Nurse Aides and Nursing students. Sister Beatrice Nagaddya says, "We work very hard and rotate from baby to baby to make sure that they are getting fed and provided with their medicines every three hours. We are 100% committed to caring for these little ones".

Support is also provided to mothers whose babies are in the NICU. This ranges from-

- Accommodation for Mums so they have a warm bed for the night while their baby is being treated,
- Nutrition support for mothers who due to desperate poverty, are unable to breastfeed,
- Emergency transport for babies who need to be referred to other hospitals or transported to and from the city to get complex medical tests, and
- Sadly, but importantly, we also support Mums whose babies have died.

These achievements are astounding in the context of the poverty and lack of resources of the local community.

## 2. Supporting New Life — ensuring sustainability of the Neonatal Intensive Care Unit

#### What we do

Crucially, we are committed to ensuring that the Kiwoko Hospital NICU becomes a sustainable community service. In the context of the extreme local poverty and the many development issues affecting Uganda generally, we recognise that this will only come from long-term partnerships with organisations which are able to provide ongoing support and expertise. Through Debbie Lester, our Clinical Practice Manager based in Seattle, USA we are able to provide this crucial service through medical equipment collection, a medical advisory service and training support for the NICU staff.

#### **Key Achievements**

#### a. Medical equipment collection:

9 major hospitals in Seattle, USA have an incredible connection and commitment to ISIS and Kiwoko Hospital. Dedicated volunteers collect donated equipment and supplies from these hospitals that are needed in Kiwoko but are not available locally. This equipment is then packed and shipped to the hospital. Immeasurable benefit has been brought to the people of Kiwoko through these donations. In 2007-2008, incubators, maternity beds, oxygen tubing, phototherapy units, calibrated IV infusion pumps, neonatal cots and other critical hospital supplies were sent to Kiwoko, after being packed by Seattle medical volunteers in 2007. In 2008, Aspen Reinsurance volunteers also assisted in the huge task of packing and funding a container, to enable Kiwoko Hospital to continue to make a difference to the lives of babies and their mothers.

#### b. Medical advisory service:

Debbie Lester, in conjunction with Seattle medical volunteers, continues to support the doctors and nurses at Kiwoko Hospital through an ongoing medical e-mail advisory service. In the last two years, questions have ranged from variations in the treatment of neonatal jaundice, feeding complications and treatment in premature babies, Gentamycin dosages in infants in the developing world and requesting updates on the latest research into premature baby diseases. This service has even helped Kiwoko Hospital diagnose a child with a heart defect within 12 hours by sharing copies of the ultrasound over email. More and more specialists are coming aboard to help ISIS at Kiwoko. We are forging relationships with a paediatric cardiac team that currently work in Uganda and also at Seattle Children's Hospital.

#### c. Training and support for NICU staff:

To further support the hospital, Debbie Lester works with neonatology volunteers to create and deliver customised programmes to build the capacity of the hospital and its amazing staff. These wonderful ISIS volunteers have made a tremendous difference by providing much needed training programmes and creating protocols that are tailored to the Kiwoko environment. In 2007-2008, training was provided in neonatal resuscitation, intravenous maintenance, respiratory complications in neonates, treatment of neonatal jaundice, feeding premature and sick infants and fluid and electrolyte management. Specialist volunteers spent time in Kiwoko working with local staff and empowering them to apply the skills they have learnt.

## 3. Supporting Mothers - Maternity Ward

#### What we do

Although over 80% of mothers in the local area deliver at home, as Kiwoko Hospital has become known and respected amongst the local community the number choosing to give birth at hospital is increasing, particularly mothers requiring emergency assistance after encountering complications in labour. The dedicated staff have achieved very high success rates in the delivery and care for mothers and their babies. However, the maternity ward was struggling to cope with its increasing workload and so we began working with Kiwoko Hospital's maternity ward in 2007 to be able to better support mothers and their babies as they come to Kiwoko Hospital for vital assistance.

#### **Key Achievements**

In 2008 we worked with the hospital to plan the development of a new ward, with the generous support of The Synchronicity Foundation in the UK. The building plans have now been finalised, after much consultation with staff and architects in Uganda, and the construction of the new maternity ward is underway. We hope the building will be completed in late 2009. We very much hope to be able to support the maternity ward further in the future, particularly in terms of training, research, and running expenses, to try to make hospital deliveries available to all Mums who are at risk.



## 4. People Living With HIV/AIDS

#### What We Do

Kiwoko Hospital runs a huge range of programmes for people living with HIV/AIDS, as the Luwero district has approximately 70,000 people who are HIV positive. As is often the case at ISIS, we have helped to fill the gaps by supporting initiatives that larger donors have not been willing to fund, but which help to build strong foundations for wider development work. A key example of this approach is the nutrition programme, which helps people to get healthy enough to access life saving antiretrovirals, and thus support their families in the longer term.

#### **Key Achievements**

#### a. Parents with HIV:

Kiwoko and ISIS both believe that maintaining the health and morale of parents living with HIV/AIDS is crucial to ensuring that development problems do not become further entrenched. We aim to ensure that children of these families not only survive, but are able to become productive members of their communities. Our support to people living with HIV/AIDS, most of whom are parents, includes providing free treatment in hospital, basic drugs so that they can combat opportunistic infections (eg: fungal infections), and nutrition support.

In 2007 and 2008, Kiwoko Hospital counsellors visited people in the community to provide basic drugs, nutrition support and hospital treatment for up to 200 people every quarter to help reduce suffering and prolong the life of HIV positive people, many of whom are supporting their families. This programme is innovative – we provide nutrition support for six months, so that people can get healthy enough to get onto an antiretroviral (ARV) programmes. Once they are on ARV's, they are healthy enough to farm their own land, support their own families and they no longer need nutrition support.

#### b. HIV/AIDS Orphans:

Tragically, sometimes the parents we are supporting through our HIV programme die, and die young. The question we have been asked most often by these Mums and Dads is 'What will happen to my kids when I die?' So many families in Uganda have inherited children from their siblings, and most families are too financially stretched to take on more kids. As a result of this sad quandary, we established a small programme to support the educational costs of children of people who had died on the ISIS-funded HIV/AIDS programme. We are now supporting 35 children in this way.

### 5. ISIS In The Community

#### What We Do

When Kiwoko Hospital was first established, part of the overarching philosophy was that community health care (rather than in-hospital care) was key to strengthening the community and its development prospects. Thus community based care was one of the first areas that ISIS was involved in at the start of our partnership. Part of that assistance was to buy a 4WD for the Community Based Health Care service, which is now a mobile clinic for community training and education, and outreach work for remote communities. We now support the running costs of this mobile clinic (along with another donor from Kiwoko Hospital).

#### **Key Achievements**

In 2007 and 2008, staff drove this sturdy 4WD over 45,853kms to 532 villages. Not only are the staff at Kiwoko hugely grateful for the service provided, it has increased the likelihood that locals will come to the hospital for further support, and thus take the initiative in ensuring the best health outcomes for their families.



# Maria Perediya's story

Maria is 28 years old, and the 4th wife of her husband. Her husband has 25 children all together and each wife stays separately in their own homes with their children. Maria had to drop out of primary school due to financial problems. She married when she was 18 and since then has had five children. She lives in a small village in a district 30 kilometres away from Kiwoko Hospital.

Maria attended an antenatal clinic at the local government Health Centre and discovered that she was carrying twins. One was positioned normally, but the second twin was likely to be a breech birth (feet first), so she chose to come to Kiwoko Hospital in the latter stages of pregnancy, where she was monitored constantly.

She delivered the first baby boy after normal labour, but her other baby had the cord wrapped around his neck. She was immediately taken into the Operating Theatre for a emergency caesarian section. Her second baby boy was taken to the Neonatal ICU straight away, and put on oxygen as he was not breathing properly.

When the anaesthesia wore off, Maria was anxious to see her second son and like all Mums, was initially quite distraught to see him in the incubator with a tube in his nose. She was counselled by the Nurses and told that her baby was being given intensive care to save his life. The baby spent a month in the NICU for treatment and observation and was discharged when he was well enough to go home.

Maria and her husband are very happy with the services offered by Kiwoko Hospital and thrilled that they now have twins. Her husband now has a new title – Ssalonge, meaning 'the father of twins'. This is very prestigious in the Buganda tribe.



# Profile Aspen Reinsurance – Supporting Communities Galobally

Aspen is a specialty insurance and reinsurance company. The Aspen-ISIS partnership began in October 2007, as part of Aspen's global corporate social responsibility programme. It has been an amazing partnership which has shown us all the exponential power of linking the business sector with those in need in the developing world.

Chris O'Kane, CEO of Aspen, says, "Aspen believes that it is essential as a senior member of the reinsurance community to operate always with the highest ethical standards. Our partnership with The ISIS Foundation is an example of that commitment."

In late 2007, Aspen Reinsurance committed to donate US\$ 500,000 over two years towards ISIS's work on community development programmes at Kiwoko Hospital in Uganda. In addition to the support we receive from Aspen, hundreds of staff working at Aspen in the US, Bermuda and the UK have chosen to fundraise for the programme. By the end of 2008, they had raised and pledged an astonishing additional US\$ 142,055, doing so through a variety of innovative fund raising activities. From climbing mountains, to window washing on the 10th floor of their building, to running marathons and having Scalectrics competitions, Aspen staff have been simply phenomenal.

We are delighted with Aspen's initiative to partner with us on this project as part of their commitment to support communities globally. This partnership will directly result in thousands of lives being improved, hundreds of lives being saved, and many families being able to support themselves independently in the future.

The ISIS team has worked hard with the Aspen committee and staff to ensure that this partnership has positive outcomes at every level. We hope that this is a partnership that will continue for years to come: benefiting people from as diverse worlds as the reinsurance community and the rural community of Luwero, Uganda.



#### Highlights of this amazing partnership include:

- · Aspen staff and their clients worked with ISIS staff and medical volunteers to pack a 40-foot container full of medical supplies and equipment to send to Kiwoko Hospital in 2003.
- Aspen corporate has supported an wide array of services provided at Kiwoko Hospital
  - Developing a bigger and better Neonatal Intensive Care Unit (NICU) to cope with the increased demand of new babies.
  - Improved facilities for infection control.
  - Capacity building to improve the quality of care through increased staffing and training for NICU staff.
  - Improved facilities and support for mothers and their babies in NICU.
- Aspen staff fundraising has supported a number of other developmental outcomes
  - Supporting the development of the NICU.
  - Expanding the community based health care programme.
  - Building capacity through supporting staff development.
  - Transporting much needed medical equipment from Seattle, USA to Kiwoko Hospital.
- Ten staff from Aspen spent a week in Uganda and at Kiwoko Hospital in 2008 to see the impact of their funding. They were transformed by what they saw and inspired to become 'Ambassadors' for the programme back in their offices.

"It really was amazing to be a part of something so special and to know that our efforts were going to help out Kiwoko Hospital and the people of Uganda. We've had an overwhelming response from our clients/ brokers and it's great to know that the experience meant as much to them as it did to all of us.' Brad Lord, Aspen volunteer at ISIS Packathon

"I would like to thank ISIS for the opportunity to see first hand the work that is being done at Kiwoko with the help of Aspen. I cannot begin to tell you how it has affected how I view the world and how passionate I feel about doing everything I can to make a difference." Barry Plummer, Aspen Ambassador

"What a fantastic trip and what an absolute privilege it has been to begin my relationship with ISIS in a very special environment. I feel I have made friends for life." Susan Cannarella, Aspen Ambassador

# Working with street children

Our goal: To support and empower street children to live happy, healthy and productive lives in their communities

Our goal in working with street kids is to enable members of Ugandan communities which have been affected by war, AIDS or other hardship and disadvantage, to break the cycle of poverty. In particular we want to support children so that they can lead healthy, happy, productive and secure lives, with a long-term connection to their families and their communities.

#### **Project Partner**

Mission for All (MIFA) is a Ugandan non-profit organisation that has been supporting children who live on the streets of Kampala for more than 8 years. Thirty young boys have been rescued from the streets and are being cared for by the Ebenezer Club, the children's home and support centre of MIFA in the outer suburbs of Kampala. The Ebenezer Club provides a home for the children, meeting their day-to-day needs. Importantly it aims to focus on ensuring that the children become self-sufficient and live productive, healthy and fulfilling lives. The ISIS Foundation has supported these street kids for about 7 years and we have seen a remarkable difference in their lives.

#### What we do

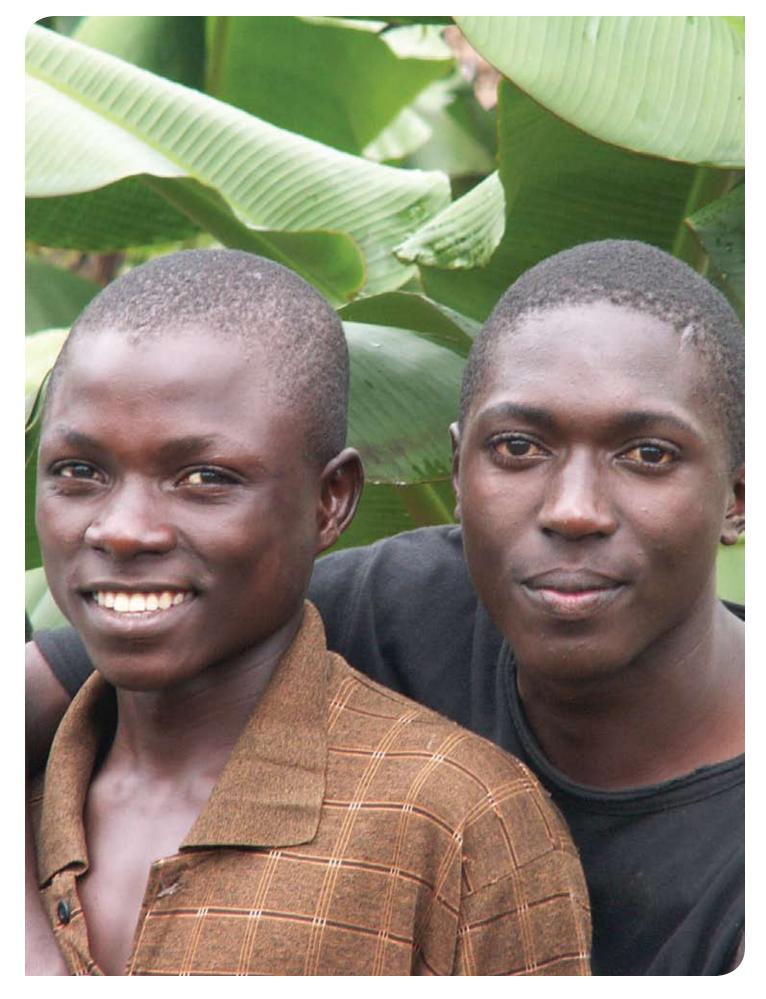
Through this project we aim to break the brutal cycle of destitution and suffering experienced by 'street kids' living in Kampala – homeless children living in severe poverty. Most of these children are AIDS orphans, refugees from the 20-year battle in the North with the Lord's Resistance Army, or those who have run away from a difficult home life, often as a result of poverty, violence or other disadvantage. It is not only the children and their families who suffer as a result of this displacement, but whole communities which are devastated by the longterm impact of losing their future potential. Street kids need individualised, long-term, sustainable solutions, so that they do not have a need to return to these growing 'street communities'. This includes working closely with the children's families and communities of origin, to repatriate kids where possible, or at the very least to maintain community, village and family links.

#### **Key Achievements:**

- We are working to develop a programme for the kids which provides not only quality education, but also vocational and living skills, so that the boys have the broadest possible range of skills with which to support themselves and their 'families of the future'.
- In 2007 and 2008, there were up to 30 boys at the home at any one time and 4 were repatriated back to their families.

In 2008, one of our fantastic 'Aspen Ambassadors', Barry Plummer, received a kind donation from Crystal Palace, UK, of football kits. Uganda is football-mad and the boys living at Ebenezer are no exception – they loved the gear and are now confirmed Crystal Palace fans!

AC Logis



# ISIS volunteers

The ISIS Foundation has a history of tremendous support of many wonderful, passionate and inspired volunteers. Their contributions are many and varied.

- Fundraisers have run events raising tens of thousands of dollars.
- Children as young as five have forfeited presents to donate to ISIS at their birthday parties!
- Nurses and doctors have spent a month of their time in Uganda working with, training and learning from staff at Kiwoko Hospital.
- Nine dedicated Seattle Hospitals and their staff collect medical equipment and supplies for ISIS, which head straight to Kiwoko Hospital in large containers packed by more volunteers!
- Eney Wrinkle, of Evergreen Hospital, has for nine years seen to it that ISIS receives all donations of equipment to look after sick infants in Uganda.
- Dozens of Aspen staff and their clients volunteered to help us pack our medical container in 2008.
- Aspen staff across the globe not only raise money through events, but also spend hours managing and co-coordinating their partnership with ISIS.
- Dr. Maneesh Batra has provided fantastic support over the years and unstoppable dedication to improving health care for infants at Kiwoko hospital.
- Dr. Blair Wylie has given her support to Mum's at Kiwoko Hospital as the needs analysis of the maternity unit began.
- Volunteers in Bermuda donate many hours each week to help us fundraise.
- Kim Carter, the most dedicated volunteer we have ever had, has worked tirelessly to co-ordinate our fundraising club, the Kathmandu Kids Club, along with an amazing team of managers and hundreds of volunteers in Bermuda.
- Ten brave souls trekked up to Base Camp Everest and in doing so raised over \$200,000 for ISIS's work in Nepal.
- Michelle Bonneau ran training in Nepal for our staff for an entire year.
- Volunteers from the ISIS Children's Foundation and Hands In Outreach have lovingly taken on the task of supporting the younger ISIS kids with their education and recreation.
- So many fantastic volunteers have given the gift of their time and effort to The ISIS Foundation. While we have tried our very best to keep track of every single person who has volunteered for us during 2007 and 2008, we may have inadvertently missed someone. Please accept our sincere apologies if you do not see your name on these pages but know that we are extremely grateful for each and every one of you – we simply could not do it without you!

We and the kids we help are indebted to you all – you are what makes ISIS go round. **THANKYOU**.



#### In Bermuda:

Lukas Ackermann, Maribeth Anderson, Nadia Aguiar, Narayan Aryal, Robert Baker, Sirjana Baniya, Belinda Barbieri, Stephen Benn, Kerry Bennett, Tracey Bennett, Rodney Birrell, Astrid Black, Trudy Blair, Tammy Boss, Jim Brier, Mary Brier, Derek Bruce, Randy Burrows, Francesca Cacace, Lois Campbell, Pamela Carr, Kim Carter, Sarah Chapman, Ed Christopher, Karen Clare, Marguerite Clark, Julia Cook, Andrew Cook, Kathy Cook, Sharon Craig, Heather Deveau, Carol Dixon, Robin Dixon, Monica Dobbie, Christine Doughty, Anne Dupuy, Adele Du Toit, Iyla Dziadyk, Jeffrey Eddy, Karen Esdale, Phil Every, Elaine Flannigan, Eve Foster, Patrick Foster, Erica Fulton, Chris Gibbons, Martin Godley, Kathie Gosling, Roddy Gray, Orla Gregory, Susie Hal, Richard Goodger, Rowan Hallett, Tim Hasselbring, Alex Hasselkuss, Jennifer Haworth, Suzanne Hennah, Helen Hill, Edward Hobil-Cole, Pia Hopkins, Dorte Horsefield, Roma Jedresiak, Nas Jetha Rina Peng, Jose Jimenez, Vicki Johnston, Abi Jones, Colin Jowett, Megan Kempe, Susan Laporta, Louise Lang, Bonnie Langille, Brita Little, Heidi Marshall, Lorraine McConachie, Bonnie McGlynn, Helen McMahon, Rachel McVean, Jeff Manson, Nancy Malone, Caroline Mass, Ricardo Maybury, Karl Medel, Amber Mehta, Anne Mello, Natasha Merino, Kathleen Moniz, Melissa Moore, Erin Moran, Jayne Morgan, Julia Momey, Mark Norman, Brendan O'Connell, Jennie Lee O'Donnell, Karen Olsen, Liz O'Mahony, Jackie O'Shaughnessy, Benoit Ouelleuette, Lisa Outridge, Susan Pateras, Karlene Parker, Rena Peng, Lexi Petty, Nick Pewter, Shelly Popovich, Adam Power, Audrey Phillips, Tom Quinn, Kim Rego, Charles Reilly, Sydney Richardson, Jennifer Robinson, Reid Robinson, Leo Rouja, Phillipe Rouja, Lori Rye, Cherie Simons, Clare Spearing, Weezie Scully, Kerry Shaw, Marsha Simas, Jo-Anne Skater, Carole Sousa, Gary Sousa, Louise Southwood, Maureen Stapley, Tonia Szeto, Jacqui Tangey, Shelagh Tasker, Jacqueline Teunissen, Dirk Teunissen, Sophie Thapa Thapa, James Thigpen, Nancy Thompson, Sarah Thompson, Savannah Tribley, Arabella Tribley, Ross Triffit, Alex Turley, Nikki Turner, Claire Underhill, Sylvia VanderSchee, April Vesey, Kate Walsh, Kirsten Wardman, Beverly Welsh, Graham Wendall, Ellen White, Teresa Whiter, Megan Woloshyn, Gail Wright, Andy Wright.

### In Nepal:

Michelle Bonneau, Emma Harbour, Sarah Huxley Michelle, Jaqueline Tenuission, Tyler Perro, Dikshya Pandey, Sila Gurung, Sita Gurung, Sarina Shrestha, Tsheten Dolkar, Mingmar Sherpa 'A', Mingmar Lahmu, Mingmar Sherpa 'B', Chinku Sherpa, Ganga Devi Dhettri, Nayan Singh Nepali, Tshering Lama, Dharma Raj Thapa, Neera B.K., Apsara Aryal, Kalpana Aryal

#### In Uganda:

Joan Mahan, Patti Rossie and Claire Underhill.

### In USA:

Andrew Bloom, Caird Forbes-Cockell, Meredith Fried, Kristin Padgett and other members of their team, Sandy April, Karen Balph, Angelita Bautista, Maureen Berkan, Gail Bonato, Jennifer Bond, Lindsay Brown, Satkriti Camber, Rob Cannon, Nicole Chastain, Valerie Clayton, Mikki Couse, Janet Curran, Kirk Dauernheim, May Dennison, Joyce Duker, Deanne Edwards, Kelly Evans, Stacey Evans, Nancy Foro, Lynn Gallaghor, Suzanne Gwynn, Scott Harbert, Toby Hardman, Mary Hjelm, Reta Meisen Holder, Sharon Hoover, Patti Jason, Laura Johnson, Susan Jones, Mary Jordan, Jen Kniss, Matt Kocian, Barbara Lett, Gloria Leyba, Brad Lord, Molly Macguffie, Joan Mahan, Heidi Nakamura, Jim Overton, Michelle Park, Nancy Pelgrift, Evie Pfau, Brandi Phelps, Terri Rasmussen, Sandie Robillard, Pattie Rossie, Jeannie Russ, Jeff Schackman, Emily Shackleton, Austin Smith, Kim Stanich, Vickie Taylor, Lauren Thorngate, Anne Wilson, Don Wolfe, Lani Wolfe, Eney Gaines Wrinkle, Mona Zuill.

#### In Australia:

Lucy Atkinson, Jason Habak, Emma Harbour, Kim Heran, Maryse MacMurdo, Craig Marston, Megan McNamara, Catherine Parr, Lynette Thorstensen, Geoff Wheatley.

# Our 2007 and 2008 Supporters

ISIS continued to receive tremendous support from our donors in 2007 and 2008. The total donations from The ISIS Group and our donors grew to almost US\$ 1 million in 2008, nearly double our donations in 2006. As our work continues to expand on the ground, and because of the huge need in the communities that we are working to assist, we very much hope to receive ongoing support to enable us to continue to help kids suffer less, and live longer.

In addition to many of our supporters and donors who wish to remain anonymous, the following individuals and groups assisted us in 2007 and 2008, either with donations, by providing services free of charge or at a vastly reduced cost, or by donating valuable medical equipment to our projects.

#### **Corporations and Businesses**

Allens Arthur Robinson Australia, Ariel Re, Aspen Reinsurance, Cambridge Beaches Hotel, Hiscox Bermuda, KPMG, Bermuda, Orbis Investment Management Ltd, Partner Re, PwC Australia, Renaissance Re, XL Capital

#### Foundations and Trusts

The Grieg Foundation, The Kadoorie Charitable Foundation, Martin Currie Charitable Foundation, The Synchronicity Foundation

#### Special Funds and Events

Carolyn Burgett Lowenstein Memorial Fund, Kathmandu Kids Club, Nepal Golf Invitational, Viv Francis Nurse Training Fund

"Just for Laughs" Comedy Event, Bermuda High School "Grub Day", Tom Quinn's Photography Sale, Chris Gibbons' Birthday Party, Mr. Sundaram Tagore's Auction, Shelly Ray's Birthday Party, Reid Robinson & Rachael Rothwell's Trek, Zoe Hasselkuss' Birthday Party, Henderson Family Reunion, Inish Ruane Crisson's Birthday Party, Jonah Jones' Painting Auction, The Kathmandu Kids Club XL Charity Challenge Trekkers, Aleksandra Henderson's Art Auction & Party, Megan Kempe's Auction & Dinner Party, Bermuda High School "Grub Day", Chris Clarke's Road Race, Lightning Squash Players Tournament, Chris Pedic's Ultra-Run, Janet Peckett & Jennie Lee O'Donnell's Birthday Party, Martin Sisters' Birthday Party, Derek Stapley's Crocodile Lecture, Zoe & Jasmin Hasselkuss' Birthday Party, Isabella & Jacques Boonstra's Birthday Party

#### Individuals, Couples and Families

Andrew Banks & Dame Pamela Gordon, Guy Baly, Sheila Brown, the Buchanan family, Michael & Zoe Butt, Michael Cascio, John Charman, the Childs family, Jeff & Ede Conyers, Julia, Bitten Dill, Patrick Dumas, the Feathers family, Sally Fletcher, Todd Fonner and family, Michelle Garnaut, Martin Gordon, Chris & Liz Greetham, Olra Gregory, Brian Hall, Herbert Haag, Glen Henderson & family, Daren & Melinda Johnston, Jon Karnofsky, the Khosla family, Robert Lan, Jean-Louis Lelogeais, The Lowenstein Family, Kristen MacDonald, Jeffrey Manson, in memory of Patrick Mayers, Aileen McDonald, Robin Mehta, Dimitri & Tammy Mnushkin; Richard Moore, Frank Mutch, John & Nancy Nichol, Brian & Nancy O'Hara, Paul O'Shea, Jon Paradine, Christine Patton, the Pearce family, Nancy Reaper, James Rice, David Saul, Joel Schaefer, Markus Shaw & family, Walter & Mary Scott, Alana Smith, the Turnbull family, Bettina & Raoul Witteveen; William Wood, John Weiser, Jon Yoskin

#### **Groups and Workplaces**

African AIDS Angel sellers in Seattle, USA, Attride-Stirling and Woloniecki, Bank of Bermuda (HSBC), BELCO; Bermuda Government Donors, Cox, Hallet Wilkinson, IAS, The Island Press, Industrial Crating and Packing, Insight Visual Communications Ltd, Marsh Management Limited, Max Re, Northwest Hospital, Pembroke Rotary, Aspen Reinsurance staff, Rehabilitation Network, Bermuda Cathedral, KEMH. Evergreen Medical Center, Northwest Medical Center, Overlake Hospital and Swedish Medical Center, PNANN, Providence Everett Hospital, Providence St. Peter's Hospital in Olympia, Seattle Children's Hospital and Regional Medical Center, University of Washington Medical Center, Whidbey General Hospital,

Board of Directors

#### **The ISIS Foundation**

Audette Exel, Sharon A. Beesley, Brian Hall

#### The ISIS Foundation (UK)

Audette Exel, Sharon A. Beesley, Alastair (Sandy) Struthers, Andrew della Casa, Alexander Blyth, Jim Rice

#### The ISIS Foundation (Australia)

Audette Exel, Sharon A. Beesley, John Atkinson

#### The ISIS Children's Foundation

Palmo Dawa Tamang, Dawa Chhomo Thapa, Pralhad Kumar Dhakal, Kumar Lama, Uddhar Raj Poudyal, Muni Raj Uppdhyaya,Dhan Bahadur Lama, Chiring Finjo Lama



# How you can take action with ISIS

It is thanks to our incredible staff, partner organisations and supporters that The ISIS Foundation has grown beyond our expectations to touch the lives of tens of thousands of kids and their families who are living in dire need. Here is how you can help to ensure that more kids live happy, healthy, and productive lives, so that they and their communities are able to thrive.

#### Donate

Donate to help us support Mums and Kids in Nepal and Uganda. Log on to www.isis.bm to donate.

#### Become an Infrastructure Partner

Would you like to work with The ISIS Group to support us in expanding our work substantially? We are seeking major partners (corporate or individual) to help us better resource key management and administration teams in Bermuda and in Australia.

Contact anubha@isis.bm to find out more.

#### Become a Corporate Partner

Are you a business looking to create a corporate social responsibility programme that will engage your staff? Partner with us and take ownership of a substantial project in Nepal or Uganda. Contact Anubha on anubha@ isis.bm for more information.

#### **Sponsor a Project**

Are you interested in 'parenting' one of our many projects on the ground? From support to mothers who have been abused and are trying to get back on their feet in Nepal, to helping street children in Uganda - you, your family, place of worship, company or school can parent one of our major projects. Contact Anubha on anubha@isis.bm for more details.

#### **Conduct a Charity Challenge**

Do you enjoy a challenge? Challenge yourself to make a difference by tackling a fundraising expedition in the name of The ISIS Foundation and trek, mountain bike, climb, raft or sail your way to helping kids in Nepal and Uganda! Take a look at www.charitychallenge.com to find out more and contact Anubha on anubha@isis.bm for more information.

#### **Contribute Goods or Services**

Maybe you or your company could provide free printing, or help with design of written materials? Perhaps your courier company could help us deliver packages to Nepal and Uganda? Or maybe your company could donate a unique gift that we could auction to raise funds for our projects? Have any other ideas? We want to hear from you! Contact Anubha on anubha@isis.bm to find out how you can contribute.

#### **Donate Medical Supplies**

Got good quality neonatal incubators going spare? How about a nearly new Sonosite ultrasound machine? Medfusion pumps, neonatal cots, incubators and fetal dopplers are also some of the things that are desperately needed. If you think you can help, our Uganda Clinical Practice Manager Deb Lester would love to hear from you!

Contact Deb on deb@isis.bm for more information.

#### Join Kat Kids Club

Become part of the ISIS Fundraising Club – the Kathmandu Kids Club - as a member or a patron, or give the gift of membership. How about taking on a manager's role or joining the Kat Kids team of volunteers? For details on how to get involved, look at www.kathmandukidsclub.com

Contact kim@kathmandukidsclub.bm for more information.

#### Volunteer in Uganda

If you are a Neonatologist, Paediatrician, NICU Nurse, Midwife, or Obstetrician, and you can work for at least a full month in Uganda, we would love to hear from you! We are also looking for volunteers to help with the transportation and packing of equipment into the container in Seattle.

Contact Deb on deb@isis.bm to find out how you can help.

#### More ways to help!

Why not remember us in your will with a bequest? Or make The ISIS Foundation the beneficiary of your corporate events? Why not throw a party for your next birthday and pledge the proceeds to The ISIS Foundation or The Kathmandu Kids Club? How about volunteering your time in The ISIS Foundation offices?

Contact Anubha on anubha@isis.bm if you think you can help in any way.



## The ISIS Foundation (UK) The ISIS Foundation, Bermuda

Fax: +1 441 236 1999

#### The ISIS Foundation (Australia) ISIS (Asia Pacific) Pty. Ltd

1st Floor, 661 Darling Street (PO Box 887)

Fax: +61 2 9555 5988

#### The ISIS Foundation, in Nepal

Fax: +977 1 4650164 Email: info@isis.org.np

**ISIS Children's Foundation** 

Ph: +977 1 4560163/4377931 Fax: +977 1 4650164 Email: info@isis.org.np

www.kathmandukidsclub.com

The ISIS Foundation and The **ISIS Foundation (UK) Charity Registration Numbers** 508 (Bermuda) - 1098152 (UK) The ISIS Foundation in Nepal: INGO General Agreement: 30.06.06