

79 Todd Herremans

Guard/Tackle

6-6, 321

Saginaw Valley State

10th year

Born 10/13/82 in Grand Rapids, MI

Ravenna HS, Ravenna, MI

Acquired - D4b-05 (126th overall)



A mainstay on the Eagles offensive line since 2005, Todd Herremans (HARE-uh-mens) provides leadership and a reliable veteran presence whether he is lining up at guard or tackle. A former fifth-round draft pick out of Division II's Saginaw Valley State, Herremans has carved out an impressive 10-year career, spanning over 125 games in an Eagles uniform. After signing a three-year contract extension in 2012, Herremans is slated to remain in an Eagles uniform through 2016. Along with his play, Herremans has solidified himself into the fabric of Philadelphia with many humanitarian efforts through his foundation. Herremans spent the latter half of the 2014 season on Injured Reserve with a biceps injury.

CAREER HIGHLIGHTS

- His 124 career starts and 127 career games played rank sixth and 11th, respectively, in Eagles history for offensive lineman
- A two-time member of *USA Today's* All-Joe team (2008, 2011), which honors NFL players whose work doesn't necessarily garner headlines, but is integral to the success of their football team
- Caught his second-career TD on a 2-yard pass from Michael Vick at Dal. (12/12/10). His two TD receptions are the most ever for an Eagles offensive lineman
- Scored the first TD of his career on a 1-yard pass from Donovan McNabb at Sea. (11/2/08). Became just the second offensive lineman in team history to catch a TD pass and the first since Bob Gonya did so on 10/7/34 vs. Pit.

BIRDSEED

- Growing up in the small town of Ravenna (pronounced ruh-VEEN-uh), located in the western part of Michigan, didn't aid in getting Herremans recruited to play football at a Division I-A school. In a town that had one blinking street light, one gas station and one privately owned grocery store, the football program was very small. In fact, his senior year team consisted of just 19 players. Although he played tight end, offensive tackle, and defensive tackle, his talented but underexposed career went unnoticed by the big schools. That's why he decided on Saginaw Valley State, a small teaching school at the Division II level, which offered him a scholarship that covered half of his tuition
- Aspires to become an actor one day and enjoys going to live theatre. Was a member of the drama club in high school and played the lead role in the play *Tom Jones* during his junior year
- Took up chess as a hobby in college and became addicted. Has regularly been involved in Eagles Youth Partnership's annual chess tournament. "When I was in college, one of my buddy's parents bought us a chess set and three or four of us ended up sitting around playing chess all the time. I got into the strategy of the game and liked how you always had to think three or four steps ahead all the time."

- Has a strong interest in drawing and other forms of art. Has worked over the years with various different mediums including chalk, graphite, and water colors

IN THE TRENCHES

- **His definition of an o-lineman:** "Ultimate team player. They never touch the ball or score points or get highlights on *SportsCenter*. But no one else is unless we do our job."
- **Favorite o-lineman:** Evan Mathis. "He isn't super gifted, but he is relentless on the field. I really enjoy watching him."

INJURY REPORT

- Suffered a biceps injury at Ari. (10/26) and was placed on Injured Reserve (11/5)

PERSONAL

- Resides in Philadelphia and is engaged to Elizabeth
- His parents, Paul and Marilee, are both teachers. Paul is an 8th-grade math teacher and the JV football coach (he coached Todd) and baseball coach at Ravenna (MI) HS. Marilee is a 4th-grade teacher who specializes in Michigan history. Todd had no choice but to have good grades growing up and was an honors student in high school, graduating with a 3.7 GPA. Math was his strength, having taken Calculus 3 as a junior at a local college. At Saginaw Valley State, he was not required to take math courses due to those levels reached in high school
- Started the Herremans Scholar Athlete Scholarship, given to three-sport athletes who maintain a 3.0 GPA. He has also pledged money and equipment to both the Saginaw Valley State Football program (most of his donations were used to build a new weight room facility) and the Ravenna High School athletics program. In addition to local community work, he continues to fund and be an advocate of cancer, Alzheimer's, and Autism research as well as anti-bullying. Has a special place in his heart for events that benefit cancer research. Both of his grandparents, Al and Eleanore, died from the disease

THREE-STEP DROP

Nickname: Toddfather

First job: Maintenance man at Swanson Pickle Factory & bailing hay

Career if not in football: Architecture

Hobbies: Fishing, golfing, water sports

Talent you'd most like to have: The ability to play a musical instrument

Trade places for a day: Richard Branson

Actor who would play him: Jon Hamm

Favorite sports moment: Getting drafted by the Eagles

Teams/athletes growing up: Chicago Bulls, Michael Jordan, Emmitt Smith

Song: "Simple Man" - Lynyrd Skynyrd

Meal: Mom's chicken pot pie

Book: *Mind Techniques and Methods of the Modern Day Ninja*

Movies: *Big Lebowski*, *Boondock Saints*, *Anchorman*, *Hot Rod*

App: StumbleUpon, Idcapthar



HERREMANSFOUNDATION.ORG

"I believe it's our responsibility to not only go out and play our best on the field, but to help those around us that aren't as fortunate." Starting a foundation builds upon Herremans' history of supporting a wide range of charitable efforts and reflects his desire to be able to help different organizations based on need and circumstances.





PERSONAL (Continued)

- Has two older brothers, John and Scott
- Earned all-state honors in football at Ravenna (MI) HS. Also lettered in basketball, baseball and track and served as senior class vice president
- Majored in exercise science, earning school and conference academic honors. Carried a 3.2 GPA and was the recipient of a University Scholarship based on his grades

2014 HIGHLIGHTS

- Helped pave the way for the league's third-leading rusher, LeSean McCoy, who finished the season with 1,319 yards on the ground

2013 HIGHLIGHTS

- Was part of an offensive line that helped block for the NFL's leading rusher, LeSean McCoy, who finished with a franchise-best 1,607 yards
- Helped the Eagles set a then-team record with 442 points scored and 6,676 total net yards

2011 HIGHLIGHTS

- Collected *USA Today* 2011 All-Joe Team honors, which recognizes the NFL players whose work doesn't necessarily garner headlines, but is integral to the success of their football team
- Was part of an offensive line that received the Madden Protector Award at NYG (11/20) and vs. Dal. (10/30). This award is given each week of the regular season to the NFL's top offensive line and recognizes the fundamental role linemen play
- Was named to *Pro Football Weekly's* Mid-Season All-Pro team
- Shifted to start at LT for an injured Jason Peters at Was. (10/16)

2010 HIGHLIGHTS

- Scored the second TD of his career, first of the season, on a pass from QB Michael Vick at Dal. (12/12)

2008 HIGHLIGHTS

- Named to *USA Today* All-Joe Team, which honors the NFL players whose work doesn't necessarily garner headlines, but is integral to the success of their football team
- Scored the first TD of his career on a 1-yard pass from Donovan McNabb at Sea. (11/2). Became just the second offensive lineman in team history to catch a TD pass and the first since Bob Gonya did so on 10/7/34 vs. Pit.

2007 HIGHLIGHTS

- Was part of an offensive line that paved the way for the NFL's yards-from-scrimmage leader, Brian Westbrook (2,104 yards), and a rushing attack that ranked second in the NFL in yards/carry (4.7)

2006 HIGHLIGHTS

- Successfully transitioned from tackle to starting left guard, and was part of a line that allowed just 28 sacks, the team's lowest total since 1981 (22). It was the sixth-lowest sack total allowed in team history since records began being kept of the stat in 1963. The starting line was one of two units in the NFL to start all 16 regular season games (and two playoff games) and together paved the way for the highest net yardage total (6,103) in team history at the time
- Started his first game at LG at Hou. (9/10)

2005 HIGHLIGHTS

- After being inactive for the first 10 games of 2005, started the next four games at left tackle after Tra Thomas was placed on Injured Reserve on 11/25
- Started his first NFL game in place of Thomas vs. GB (11/27)

INJURY HISTORY

- Sustained a biceps injury at Ari. (10/26/14) and was placed on Injured Reserve (11/5/14)
- Placed on season-ending injured reserve after suffering a foot injury during the first quarter at NO (11/5/12)
- Underwent successful surgery on 8/28/09 to repair a stress fracture in his left foot and missed the first five games of the season
- Suffered a left ankle injury in the second quarter at StL (12/18/05) and was placed on Injured Reserve on 12/20/05

CAREER SERVICE

<u>YEAR</u>	<u>TEAM</u>	<u>GP/GS</u>	<u>Playoffs</u>
2005	Phil.	4/4	<u>YEAR</u> <u>TEAM</u> <u>GP/GS</u>
2006	Phil.	16/16	2006 Phil. 2/2
2007	Phil.	16/15	2008 Phil. 3/3
2008	Phil.	16/15	2009 Phil. 1/1
2009	Phil.	11/11	2010 Phil. 1/1
2010	Phil.	16/15	2013 Phil. 1/1
2011	Phil.	16/16	Totals 8/8
2012	Phil.	8/8	<u>Starts by position:</u> 2005: 4 at LT, 2006: 16 at LG (2 at LG in playoffs), 2007: 15 at LG, 2008: 15 at LG (3 at LG in playoffs), 2009: 10 at LG, 1 at LT (1 at LG in playoffs), 2010: 15 at LG (1 at LG in playoffs), 2011: 15 at RT, 1 at LT, 2012: 8 at RT, 2013: 16 at RG (1 at RG in play-offs) 2014: 7 at RG, 1 at RT
2013	Phil.	16/16	
2014	Phil.	8/8	
Totals		127/124	
First NFL game and start: vs. GB (11/27/05)			

ADDITIONAL CAREER STATISTICS

TOUCHDOWNS: 2008 (1 at Sea. 11/2/08), 2010 (1 at Dal. 12/12/10)
RECEIVING: 2-3-2lg-2TD – 2008, 2010



COLLEGE HIGHLIGHTS

- Lined up at both left and right tackle during his career at Saginaw Valley State
- Earned Division II All-America honors as he started every game at LT in 2004, allowing just two sacks
- Also named Great Lakes Intercollegiate Athletic Conference offensive lineman of the year
- Helped the offense rank first in the conference in passing (264.1 yards per game), third in scoring (35.4 points per game) and third in total offense (418.7 yards per game)
- Was a first-team all-region choice as a junior in 2003, starting 12 games and allowing just three sacks
- He moved into the starting lineup at weakside offensive tackle in 2001, earning most valuable freshman honors