

## A man of many roles



### Dr. Sunny Kurian

Group Chairman  
Dr Sunny Healthcare Group

As its Group Chairman, Dr Sunny Kurian has steered Dr Sunny Healthcare Group into an enterprise of several modern medical centres across Sharjah offering consultation and diagnostic facilities across 20-odd specialties, while also diversifying into pharmaceuticals. His is an example of a doctor displaying entrepreneurial excellence

Dr Sunny Kurian's tryst with the UAE began in 1989 when he arrived here with a freshly-earned MD from Mysore University. Sensing the possibilities in the region for affordable healthcare, Dr Sunny teamed up with Dr Meera, his physician-wife and former classmate at Davangere's JJM Medical College, to set up Dr Sunny's Clinic, offering specialist paediatric and GP services in Shahba, a quiet suburb of Sharjah. The 1990 Gulf War broke out soon thereafter, sparking tension across the region and throwing the future of his venture in uncertainty. The rest is history.

Epitomising his motto of 'A smile is better than a spoon of medicine', the ever-smiling doctor won over Emirati and expatriate patients with his brand of affordable, compassionate and expert care. Since its modest beginnings in 1990, Dr Sunny Healthcare Group has today grown into an enterprise of several modern medical centres across Sharjah that offer consultation and diagnostic facilities across 20-odd specialties. He has also diversified into pharmaceuticals.

Appreciation of the positive impact that the Dr Sunny Healthcare Group has had on people's well-being and of its role in highlighting the importance of proper childcare, has come in the form of the Sharjah Economic Excellence Award in 2008 and 2009 and the Sharjah Police Appreciation Awards in 2011 and 2012.

As Group Chairman, Dr Sunny attributes his success to the fertile land of opportunities nurtured by its visionary Rulers, especially His Highness Shaikh Dr Sultan bin Mohammad Al Qassimi, Member of the UAE Supreme Council and Ruler of Sharjah. Always a pillar of strength, Shaikh Hamad bin Majid Al Qassimi and his family, have been more than supportive of the budding entrepreneur in Dr Sunny.



Born and brought up in Goa, this native of Kochi believes in “giving back” to the UAE, his adopted country, the love and respect that this land has shown him. Through the Indian Business and Professional Council (IBPC) and its activities, he aims to work more towards realising the same.

A paediatrician by profession, it was only natural that Dr Sunny branch out into pre-primary education through Bluebells Nursery in Sharjah and Ajman. Even though busy with business activities and a bustling practice for the last 23 years, he qualified as an Adolescent Medicine practitioner after studying for the PGDAP, and often manages time to lecture on the subject. Dr Sunny has expanded his projects in India with allopathic and ayurvedic ventures.

He holds the dual position in IBPC – that of Founding Trustee and current Vice Chairman of the Managing Committee. As Board Member of the India Trade and Exhibition Centre, he has played a crucial role in organising several events in conjunction with affiliate bodies to project the potential of the venue as a business centre.

In 2003, Dr Sunny was instrumental in establishing the Association of Kerala Medical Graduates-Emirates as an IBPC affiliate, becoming its Founder Secretary-General. Ever since, he has held several senior positions. Currently, as President of the Sharjah Chapter of AKMG Emirates, Dr Sunny has done an outstanding job of converging the considerable talent of its 2,000 odd medical professionals into a united force that has put the Indian community at the forefront of the UAE’s socio-economic progress. The organisation is celebrating its tenth anniversary in 2013 and is gaining fame within the Indian community by undertaking educational and charitable projects.

In 2011, Dr Sunny realised his long-cherished dream of starting the first overseas branch of the Indian Academy of Paediatrics. Along with Dr Meera, he is a member of several other social and charitable organisations in India and the UAE.

His love for sports is evident in his sponsorship of the annual AKCC cricket tournament and his patronage of the Indian Basketball Society-UAE and badminton tournament of a local social club which is becoming increasingly popular.

Fluent in Arabic and several Indian languages, Dr Sunny is a keen photographer and an ardent philatelist as well. He lives in Sharjah with his wife and two daughters.