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Books on same-sex attraction

Cohen, Richard. (2006). Coming Out Straight: Understanding and Healing Homosexuality (2nd Edition). Oakdale Press: Winchester, VA.

Multimodal approach to treatment of individuals with same-sex attraction.

Hallman, Janelle. (2008). The Heart of Female Same-Sex Attraction: A Comprehensive Counseling Resource. InterVarsity Press: Downers Grove, Illinois.

Although new, Hallman's book is being considered the "bible" for understanding and approaching therapy with women with same-sex attraction. Author is Christian.

Harvey, John F. (1987). The Homosexual Person: New Thinking in Pastoral Care. Ignatius Press: San Francisco.

Fr. Harvey, the co-founder of Courage Ministries, offers an overview of the thinking and pastoral care regarding individuals with same-sex attraction. Very insightful and still relevant 20+ years later.

Harvey, John F. (1996). The Truth About Homosexuality: The Cry of the Faithful. Ignatius Press: San Francisco.

Fr. Harvey continues to advance the thinking on how the Church can offer help and hope to those with same-sex attraction.

Harvey, John F. (2007). Homosexuality and the Catholic Church. Ascension Press: West Chester, PA.

Question and answer format. Easy to read

Harvey, John F. & Bradley, Gerard V. (2003). Same-Sex Attraction: A Parent's Guide. St. Augustine's Press: South Bend, Indiana.

For parents of adult children who proclaim that they have same-sex attraction and are living in the lifestyle. The last chapter, written by Fr. Harvey, reviews in question-answer format how parents can cope with and navigate through the obstacles in their relationships with their adult children with same-sex attraction.

Nicolosi, Joseph J. (2009). Shame and Attachment Loss: The Practical Work of Reparative Therapy. InterVarsity Press: Downers Grove, Illinois.

Phenomenal work written for psychotherapists to learn how to use Nicolosi's latest revision of reparative therapy. A little technical for those without a psychology background, but the insights profound and the therapeutic approach is effective. Nicolosi is a man of faith but writes this book for the general scientific community in way that is non-religious.

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Nicolosi, Joseph J. & Nicolosi, Linda A. (2002). A Parent's Guide to Preventing Homosexuality. InterVarsity Press: Downers Grove, Illinois.

Easy to read book for parents of young children who seem to have same-sex attracted inclinations or gender identity issues. Offers excellent information for parents to learn what they can do to help the child develop their heterosexual potential.

Phelan, James E., Whitehead, Neil, & Sutton, Philip M. (2009). "What Research Shows: NARTH's Response to the APA Claims on Homosexuality". Journal of Human Sexuality, Volume 1.

The authors provide an in-depth review of the scientific literature on many issues related to people with same-sex attraction. Author's religious affiliation are unknown.
AVAILABLE: www.narth.org

Van den Aardweg, Gerard J. M. (1997). The Battle for Normality: A Guide for (Self-) Therapy for Homosexuality. Ignatius Press: San Francisco.

From the Netherlands, Van den Aardweg is a world renowned psychologist offering excellent insights. Author is Catholic.

Pamphlets on same-sex attraction and living chastity

Harvey, John F. (2007). Same-Sex Attraction: Catholic Teaching and Pastoral Practice. Catholic Information Service; Knights of Columbus Supreme Counsel. www.kofc.org/cis

Wood, Stephen. (2003). Breaking Free: 12 Steps to Sexual Purity for Men. Family Life Center Publications: Greenville, SC. Available: www.familylifecenter.net and www.dads.org

Written for the typical layman, this is a general pamphlet helping men who struggle with sexual purity. While it is not directed to people with same-sex attraction, the wisdom of this little pamphlet easily applies. Author is Catholic.

Video on same-sex attraction

"Portraits of Courage" available through www.couragerc.org

Books on Masculinity and Men

Eldredge, J. (2001). Wild at Heart: Discovering the Secret of the Man's Soul. Thomas Nelson Publishers: Nashville, TN.

Excellent understanding of the heart of man from a Biblical-Christian perspective; completely readable for laypeople. Author is an Evangelical Protestant.

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Wood, Stephen. Legacy: A Father's Handbook for Raising Godly Children. Family Life Center Publications, Greenville, SC.

Written for men to learn how to be better fathers and to leave a legacy of the Faith in their kids. Catholic author Stephen Wood, father of 7, offers brilliant practical, hands-on insights for a world that often does not understand what it means to be a father.

Available: www.familylifecenter.net and www.dads.org

Books on general psychology

Baars, Conrad W. [Edited by Suzanne M. Baars & Bonnie N. Shayne.] (2008). I Will Give Them A New Heart: Reflections on the Priesthood and the Renewal of the Church. The Society of St. Paul / Alba House: Staten Island, NY. www.stpauls.us

This book re-publishes in one volume many of deceased Catholic Psychiatrist Conrad Baars' pamphlets, talks, and magazine articles. Topics include a psychological view of the priesthood, crisis in the priesthood, alcoholism and the priesthood, and more general topics such as the psychology of anger, obedience, masculinity, love, forgiveness, and same-sex attraction.

Spiritual resources

de Sales, Francis. (1950/1619). Introduction to the Devout Life. Translated by John K. Ryan. New York: An Image Book; Doubleday.

Liguori, Alphonsus. (1986/1700). The Twelve Steps to Holiness and Salvation. Tan Books and Publishers, Inc.

Remler, Francis J. (2001/1938). How to Resist Temptation. Sophia Institute Press.

Obviously there are many additional spiritual works that could be added to this list but for the sake of time and space, I have only mentioned these few.

Internet Resources

www.couragerc.net

www.narth.org

www.maritalhealing.com

www.jospehnicolosi.com

www.cathmed.org

www.cathmedphila.org

www.peoplecanchange.com

www.pfox.org

www.gaytostraight.org

Courage International (Catholic ministry to SSA)

Many resources on SSA

Dr. Rick Fitzgibbons, MD website includes on many topics including SSA

Dr. Joseph Nicolosi's personal website – many articles on SSA
Catholic Medical Association

Philadelphia Chapter of the Catholic Medical Association offers some Powerpoint slideshows on many psychological issues from a Catholic perspective.

Journey Into Manhood retreats for individuals with same-sex attraction. Very powerful weekends!

Parents and Friends of Ex-Gays and Gays; supports parents and friends who avoid affirming the "gay" culture.

Richard Cohen's website that includes a lot of good information for people with SSA and also for family members.