

Waverley College

Sports Policy 2009



The purpose of this document is to:

- * outline the sport / activity policy for students and parents
- * give parents a clear understanding of what is required of their sons

Waverley College is a member of the Combined Associated Schools (CAS) of New South Wales. There are currently six schools in this Association:

Barker College, Hornsby	Cranbrook School, Bellevue Hill
Knox Grammar School, Turramurra	St Aloysius College, Milsons Point
Trinity Grammar School, Summer Hill	Waverley College, Waverley

The CAS is essentially a sporting organisation. Our competition is played with the other schools of the Association. However, for trials and other games, Waverley does play schools outside the Association. It is common to play schools from the GPS, ISA, CHS and other school groups.

As you would already be aware, your son's involvement in the co-curricular activities at Waverley College is an integral part of the philosophy of the school. There are many roles that co-curricular activities fulfil, including:

- team style activities help to develop discipline both on and off the field
- to attain and enhance skills in particular sports
- to represent the College in inter-school sport
- to develop physically and socially
- to learn how to be part of a group effort
- to have significant contact with teachers in an informal situation
- to enable parents, students and teachers to meet and work together

Every student is to participate in at least one summer and one winter sport as a minimum requirement.



The College has an outstanding history and strong success in sports activities.

Notable Old Boys

Tom Brooks, Bob Fordham, Bob Dwyer, Charles Donohoe, Eric Lewis, Terry Nicoll, Murray Garretty, Jim Lynch, Morris Curotta, Jack Standen, Cyril Towers, Francis "Wally" Meagher, Owen Finegan, Morgan Turinui, Stephen Hoiles, Adam Freier, Ryan Cross, Brent Harding, Brett Hawke, Nicholas Rizzo, Michael Cleary, Tim Kava, David Brown, Peter Selkrig and Tony Madigan.

Other notable Old Boys and their achievements are listed in the College Diary.

Sports / Activities / MICs (Master in Charge)

In the CAS and other school groups, the major summer sport is Cricket, whilst the major winter sport is Rugby. The Track and Field season is held in between the winter and summer seasons.

Your son is required to be involved in a summer and winter sport. These are listed below, along with the names of the Master in Charge. If you have any queries of a particular sport, the MIC will be able to answer them.

Sportsmaster Mr D Woolnough
Assistant Sportsmaster Mr J Maloney

Summer Sport

	MIC
Cricket	Mr J Boyd
Basketball	Mr R Chen
Tennis	Ms L Kelly
Water Polo	Ms C Feain
Lawn Bowls	Ms P Guirguis
Weights and Fitness (selected students only)	Mr P Cornish
Diving	Ms K Knowles
Cycling	Mr P Auer
Judo	Mr A Folli
Volleyball (not available for Year 7)	Mr V Murthy
Swimming	Mr D Parnell
- CAS / Rep Squad	
- Summer Sport Swimming	
Athletics	Mr P Darvill

Winter Sport

	MIC
Rugby	Mr A Folli
Football	Mr P Darvill
Tennis	Ms L Kelly
Cross Country	Mr P Auer
Volleyball (not available for Year 7)	Mr V Murthy
Lawn Bowls	Ms P Guirguis
Debating (Yrs 7-8 students must also undertake a sport)	Mrs S Bourke
Chess (Yrs 7-12 students must also undertake a sport)	Mr D Reidy

After the initial selection process, your son may be required to play a particular sport to balance team numbers. If this is the case, the MIC will contact your son concerning this matter.

Change of Sport

Students wishing to change sport may do so by obtaining the Change of Sport form from the Sportsmaster. This must be approved before the change can take place. Consideration must be given to num-

bers already in that sport, commitments of games to other schools and to the maintenance of standards in each sport.

Students are not permitted to change sport during the season as teams are already established.

Final submission dates for Change of Sport forms:

Winter	17 February 2009
Summer	12 August 2009

Absenteeism from Games and Trainings

Wherever possible the coach must be notified by the student concerned prior to the intended absence from training. Students are not permitted to pass messages on to their coaches via other students. It is expected that students or parents notify the Headmaster (in writing) well in advance of unavoidable absences. Permission to be absent from either training or games will only be given in the most serious of circumstances. Representation in other outside teams, part time jobs, outside school activities, etc. are not acceptable reasons.

Absenteeism

Written permission must be sought from the HEADMASTER for absence from games at least 14 DAYS PRIOR to the game.

If a student is absent from a Saturday game because of an unforeseeable reason, he must report to his coach by 11.00am Monday with either a doctor's certificate for sickness, or a note from home detailing another reason for his absence. Notes from home WILL NOT be accepted in the case of sickness. If the student fails to make contact with the coach, the process of detention will be implemented.

All students in summer and winter sport teams MUST have their team captain's phone number. The team captain should be contacted on the Saturday in case of sudden illness or last minute transport problems. The captain may be able to help with transport. Students must still report to their coach on the Monday if unable to attend the game / activity, with a doctor's certificate.

Failure of a student to turn up for a Friday night or Saturday game / activity causes serious inconvenience, both to his own team and the team they are to play. **Hence Friday night or Saturday absences should rarely, if ever, occur and only for a very serious, totally unforeseeable reason.**

Year Group attendance at 1st XV and 1st XI Games

Each Year Group from Years 7-10 are asked to attend Queens Park to support the 1st XV Rugby and 1st XI Football once every winter season. The dates are given in the College Diary. If a student cannot attend on the day specified in the Diary, he must inform his Year Master and attend an alternative Home game with another Year Group.

Students are to report to Queens Park at 1.00pm to watch the 1st XI, then move up to the first floor of the Pavilion to support the 1st XV game commencing at 3.15pm. School uniform or full College tracksuit is the dress of the day. Students are dismissed at 4.45pm. Most Independent Schools expect their students to attend each Home game, however Waverley students are only required to attend one in the season.

Year Group attendance at the CAS Swimming and CAS Track and Field

It is expected that all students in Years 8, 10 and 12 support the College Swimming Team by their attendance, in the evening, at the CAS Swimming Championships. School uniform must be worn and students will be transported to and from the Sydney International Aquatic Centre.

It is expected that all students in Years 7, 9 and 11 support the College Track and Field Team by their attendance at the CAS Track and Field Championships. School uniform must be worn and students will be transported to and from Homebush.

Reserves / Substitutes / Punctuality at Games

If a student is late to a team warm-up, the following procedure is implemented:

A lower grade player will be taken off his game at half time or earlier. He will then warm up for the higher grade game – taking the position of the absentee. Obviously, this has repercussions down through the grades.

If the “absentee” arrives late for the warm up, it is unfair for the replacement not to play the game, as he himself has missed out at least part of his own game. Therefore it is reasonable that the late player is only given half a game at best. This is up to the discretion of the coach.

To avoid this situation, students are expected to be punctual to team warm-up and games.

Selection Policy

Students are selected according to the coach’s decision. Students will be selected primarily according to their ability within their age group. Other factors, such as dependability, maturity, etc. may also



be taken into account. Students may only play in a consecutive age group with the MIC’s permission, e.g. rugby weighbacks. Firsts players may consist of younger age group students only with the direct permission from the Headmaster.

If students are absent from school on training days – particularly Fridays – they must make contact with the coach and inform them of their availability on the Saturday. This is imperative as lower teams need to organise their teams before Saturday.

Afternoon / After-Match Functions

Students are not permitted to attend the after-match functions of the 1st XV, 1st XI Cricket or Football, or 1st V on Saturdays unless they are a player in one of the teams, or an immediate family member. Students concerned must be in full school uniform for these functions.

Outside Representation / Sport

The College does not permit time off (either from school or sport) for attendance at extra sports outside the school. Participation in sports outside the school is vigorously discouraged. There are many problems associated with students participating in outside sport, including:

- interruption to study and homework time
- demands on family time
- physical demands that become quite difficult, e.g. tiredness, lack in performance
- greatly increased chances of injury and lack of recovery time from injury



New students to the College in Term 1 may be permitted to finish up with their existing Club / Group during this term only.

Extended Sickness / Medical Certificates / Officials

Occasionally your son may become ill / injured and is unable to participate in games/trainings. So your son does not feel left out he will be placed on 'Official Duties', which consist of light duties such as scoring, set up of Queens Park for winter, scoreboard duties, etc.

During an extended injury or illness we would ask you to provide to the Sportsmaster a doctor's certificate. It is College policy and practice that we require a second opinion. The College will organise an appointment with a sports medicine specialist for your son at no burden to parents.

"Away" Venues

Directions for Away games are listed in the College Diary and on the College Website. Directions for venues not listed are available from the College Front Office.

Students are responsible for their own transport to and from games. If students have difficulty organising their own transport, they should contact their coach very early. Being absent from a game on Saturday due to transport difficulties is not acceptable.

Medical Assistance on Saturdays

During the Home games (ie 1st XV / XI playing at Queens Park) in the winter sports program, a phys-

iotherapist and paramedic are on duty at the park for Rugby and Football games. For other age groups playing elsewhere, students are more than welcome to return to Queens Park to see either of these two people. This service is provided free of charge for the students.

During Away games (ie 1st XV / XI playing away), two physiotherapists are on duty – one at Queens Park (for other age groups) and one at the away venue. Paramedics are normally on duty at both of these venues. Host schools normally operate a similar service for their Home games.

The Sportsmaster can provide the name of a physiotherapist in the local area for use outside of Saturdays.

Insurance – Medical and Other

Parents are reminded that whilst the College has an insurance policy which covers students of the College for a limited range of benefits, it is only supplementary to Medicare and private health cover. It does not supersede Medicare or private health insurance. Any medical / surgical treatment should be sought in the first instance under Medicare or private health cover. The College's policy in many instances will provide some compensation.

Water Bottles

Students are expected to provide their coach on Saturdays with their own water bottle. It is against health regulations for students to share bottles. Students' bottles should be clearly marked with their name. Water bottles can be purchased from Mrs Brisby's Shop.

Code of Behaviour for Players and Spectators

Each student is representing the College and his family. Sportsmanship must be shown at all times, both on and off the field. Foul or dangerous play, retaliation, swearing or abusive language, arguing with referees / officials, or reacting to spectators will not be tolerated. Following are the guidelines published by the CAS for both spectators and players.

CAS Guidelines for Spectators

1. Barracking should be enthusiastic, but not designed to heckle, denigrate or unsettle opponents. For example, barracking during a kick at a goal is always bad sportsmanship. Similarly, sledging in cricket is unacceptable. Barracking should be for the school only. Booing and whistling are unacceptable.
2. Good play by either team should be recognised by applause.
3. It is NEVER right to express disapproval for a referee or umpires' decision – be it an adult or schoolboy referee.
4. Vocal support for any team should never encourage violence or rough or illegal play.
5. Coaching by spectators from the sideline and encroaching on the field of play are not allowed.
6. Adults must remember that games at school level are organised for the benefit of the boys concerned, not for adults.
7. Visitors to grounds should cooperate fully with any regulations or requests made by the home school concerning car parking, entry to grounds, seating, dressing rooms and the placing of spectators.

At all times visitors should ensure the area is tidy and free of rubbish when they leave.
8. Adults, parents, Old Boys and others are expected to set an example by their self control, deportment and dress at matches.
9. The consumption of alcohol is forbidden at all school games.

CAS Guidelines for Players

1. Players are expected to be modest in success and generous in defeat, not showing in either case undue emotion. This would imply the acknowledgement, willingly and openly, of good play by either school.
2. Players should be wholehearted in their approach to games and adhere strictly both to the letter and the spirit of the rules or the laws. The referee or umpire's decision is final and the captain of the team is the only one who may ask for clarification of a decision.
3. Players shall never resort to unseemly or abusive language.
4. Players should be punctual and well presented. The home team, and in particular, the captain, should welcome the visiting team and its captain. At the conclusion of the game, compliments should be exchanged and referees, umpires and other officials (scorers, touch judges and the like) should be thanked. Captains should jointly thank the coaches.
5. Players must not applaud missed penalty shots by the opposition.

Exemptions

For special cases (e.g. high level performance), athletes and swimmers may be granted summer and winter sport exemptions. Please note that part time jobs, outside school sport representation, tuition, etc. are exemptions which will not be granted.

Exemptions enable students to continue training after their summer / winter commitments, and allows them to train and compete within their Club and at state and national level. Students can then to continue to the CAS.

College Musicians may also apply for an Exemption under certain circumstances.

Students interested in applying for an exemptions should discuss the matter with their MIC, before applying to the Headmaster in writing.

Pre-Season Training

The College has both a Summer and Winter Pre-Season training program. Winter Pre-season training occurs at the end of Term 1, with all students expected to participate in preparation for the commencement of the Winter Season at the beginning of Term 2. Summer Pre-Season training occurs at the end of Term 3 and is open to those students interested in trialing in A & B teams in Cricket, Basketball and Tennis. The program has been introduced to remain competitive with other schools, and also addresses the aspect of safety through adequate preparation.

The normal training pattern, i.e. two afternoons per week and one or two Saturdays (internal trials) applies.



Supporters' Clubs

Becoming an active member in one of the many Supporters' Clubs is of benefit to parents and their sons. This role does not mean that you have to spend many hours cooking or doing paperwork, it is just as important to be able to have a voice in any ideas. Many of the clubs are in different stages of development and your valued help will contribute greatly.

Parents are strongly urged to become involved in a Supporters' Club, even if it is just attending a meeting. Contact the College Office (ph: 9369 0600) or the MIC of the sport / activity you are interested in.

Club	President
Rugby	Mr R Wallace
Basketball	Mr P Sweeney
Cricket	Mr K Stapleton
Football	Mr A Imvriotis
Swimming	Mr A Chapman
Waterpolo	Mr W Brydon
Track & Field	Mr L Starr
Music	TBA

Training and Times

For each of the sports listed, training is normally held two afternoons a week - depending on the age group and time of the year - from 3.30pm until 5.00pm (4.45pm U13/Yr 7, U14/Yr 8 and U15/Yr 9 age / year groups). As your son progresses into the higher age groups (U16/Yr 10 & Opens) the time extends until 5.00pm.

Normally training will be at either the College itself or at Queens Park, depending on the sport. If training is at Queens Park, students must change into training gear at the park, not at the College.

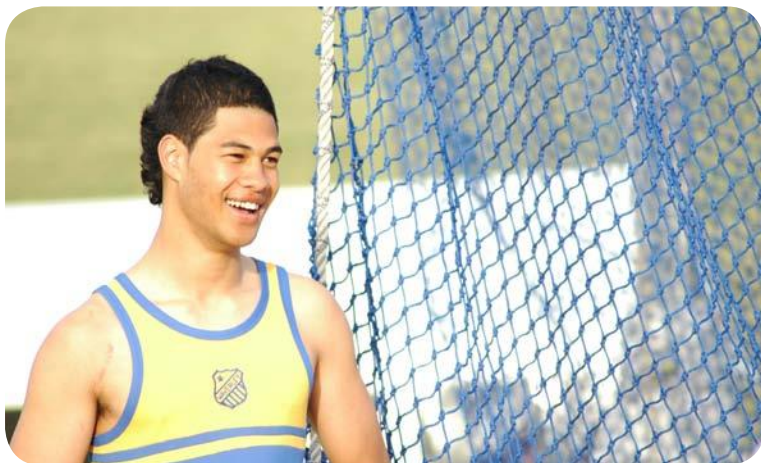
Training may also be held at 7.15am (summer months) for some teams. Students must wear their College uniform to school if travelling by public transport or walking. Students are not permitted to wear training gear to school.

Uniforms

A uniform list for each sport is provided on the following page.

The correct sports uniform must be worn during all games. No variation of the uniform is allowed. This includes travelling to / from and at games.

The Summer / Winter season sports uniform (including supporting 1sts games) is either the (complete) appropriate uniform OR the College sports shirt with College tracksuit (top or bottom may be worn).



Year 12 students are permitted to wear their Year 12 Jersey (tucked in).

Non College T-shirts/caps or other clothing will not be permitted.

Game Draw

Actual competition games are normally held on a Saturday. The game venue and time is listed in the College weekly newsletter, "Nurrunga", each Thursday. The newsletter is available on our website or from the College Front Office.

The sports draw is published at the commencement of each season indicating opposition teams, venues and times for games. These draws can also be found on the College Website.

Wet Weather Arrangements

Winter

Winter Rugby and Football fixtures are very rarely cancelled on the Saturday. For confirmation of play for all sports in winter, students should phone the College Wet Weather number (8250 3780) after 7.00am on the Saturday morning and after 11.00am for afternoon games.

Summer

For Cricket, Tennis, Outdoor Basketball, Cycling and Lawn Bowls students should ring the College Wet Weather number (8250 3780) after 7.00am for morning games and after 11.00am for afternoon games.

Queens Park Pavilion

Parents and supporters are reminded that at winter Home games, the eastern side of the first floor stand is reserved for Waverley students from 2.45pm onwards. Your assistance in this matter would be greatly appreciated.

Due to the large number of spectators and limited facilities, fold-up chairs, etc. may be more comfortable and suitable.



All spectators are requested to remain behind the rope on the field. Coaches and reserves are the only people permitted beyond this boundary. Please observe this safety precaution.

Only invited guests may use the top floor of the Pavilion which is used for staff / coaches / teachers, afternoon teas for teams, guests of the Headmaster, etc.

Queens Park Tuckshop

The tuckshop is open on Saturday mornings / afternoons when Home games are being played for either the 1st XV Rugby, 1st XI Football (winter) or the 1st XI Cricket (summer). It provides a most needed service for both students and spectators, satisfying the appetite, as well as raising funds for the various Supporters' Clubs. Your help at any time is much appreciated. Please simply contact the President of the relevant Supporters' Club, or just call in.

Tours

Sporting tours give students advantages in educational, social and sporting aspects of their schooling. In previous years there has been tours both within Australia and overseas in Rugby, Football, Cricket, Swimming and Track and Field. Students have had the opportunity of domestic tours to places including Queensland and Victoria, and abroad to New Zealand, South America, UK, Ireland and the United States.

Awards / Assemblies

There is no formal competition in the CAS outside the 1sts / 2nds games in summer and winter as the idea is that sport is for the enjoyment of playing another school.

At Waverley College each member of a team who goes through the season CAS undefeated is pre-

sented with a pennant or certificate (senior students). These are presented by specially invited guests. In the past guests have been famous Old Boy sportsmen, current national and international players. These major presentations are made at Headmaster's assemblies at the end of each season.

Other important sporting events at the Headmaster's assemblies during the year include presentation of the Swimming and Track and Field teams; winter and summer 1sts and "A" grade captains. Parents are more than welcome to any of these assemblies.

Major Awards	JJ O'Brien Award for Leadership, Study and Sport WJ Corbett Prize for Best All Round Sportsman
Other Awards	Greg Carmody Award for best Year 11 Sportsman Headmaster's Medal - Sport for each Year Group Special Awards presented by Supporters Clubs, Old Boys

Sport Uniforms (available from Mrs Brisby's Shop)

CRICKET	1st: 1st XI shirt, 1st XI cap, long white pants Other age groups: College cricket shirt (long sleeves), long pants, College cap
BASKETBALL	1st: supplied Basketball uniform Other ages: Waverley singlet (blue with gold trimming), Waverley basketball shorts (blue with gold trimming), white short socks with blue / gold rings
TENNIS	1st: blue and gold sleeved Polo shirt, navy blue tennis shorts, College cap Other ages: blue/gold striped polo shirt, navy blue tennis shorts, College cap
WATERPOLO	1st: waterpolo shirt, College costume, royal blue shorts, mouthguard Other age groups: waterpolo shirt, College costume, royal blue shorts
LAWN BOWLS	Long white trousers, College sports shirt, College cap, white flat soled shoes
DIVING	White polo shirt (diving embroidered), College costume, navy blue shorts
VOLLEYBALL	1st: royal blue $\frac{3}{4}$ top with College badge, blue ruggers Other age groups: striped sport shirt, blue ruggers
SWIMMING	College costume, swimming shorts, swim t-shirt, swim cap, socks and sandshoes
TRACK & FIELD	College Track and Field singlet, Track and Field shorts, College tracksuit
RUGBY	1st: 1st XV rugby jersey, black shorts, College rugby socks, mouthguard Opens: College rugby jersey, black shorts, College rugby socks, mouthguard Other ages: College rugby jersey, blue shorts, College rugby socks, mouthguard
FOOTBALL	1st: supplied uniforms Other ages: gold shirt (blue trimming), College socks, shin pads, mouthguards Goalies: any goalie jersey, gloves
CROSS COUNTRY	College athletic shorts, gold cross country singlet

