

# Paul's Prison Epistles

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## Study Guide

LESSON  
THREE

PAUL AND THE EPHESIANS



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## STUDY GUIDE

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### How to use this lesson and study guide

- **Before you watch the lesson**
  - **Preparation** — Complete any recommended readings.
  - **Schedule breaks** — Review the outline and the time codes to determine where to begin and end your viewing session. IIM lessons are densely packed with information, so you may want to schedule breaks. Breaks should be scheduled at major divisions in the outline.
- **While you are watching the lesson**
  - **Notes** — Use the Notes section to follow the lesson and to take additional notes. Many of the main ideas are already summarized in the notes, but make sure to supplement these with your own notes. You should also add supporting details that will help you to remember, describe, and defend the main ideas.
  - **Pause/replay portions of the lesson** — You may find it helpful to pause or replay the video at certain points in order to write additional notes, review difficult concepts, or discuss points of interest.
- **After you watch the lesson**
  - **Review Questions** — Questions on the basic content of the lesson. Answer review questions in the space provided. Review questions should be completed individually rather than in a group.
  - **Application Questions** — Questions relating the content of the lesson to Christian living, theology, and ministry. Application questions are appropriate for written assignments or as topics for group discussions. For written assignments, it is recommended that answers not exceed one page in length.

## Preparation

- Read the book of Ephesians.

## Outline

- I. Introduction (0:28)
- II. Background (2:35)
  - A. Authorship (3:45)
  - B. Audience (6:11)
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    - 2. Secondary Audience (10:23)
  - C. Purpose (18:29)
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- III. Structure and Content (34:00)
  - A. Salutation (34:52)
  - B. Praise (35:20)
  - C. Prayer (38:34)
  - D. Body (41:40)
    - 1. Citizenship (42:46)
    - 2. Administration (48:20)
    - 3. Code for Living (54:00)
  - E. Final Greetings (1:00:50)
- IV. Modern Application (1:1:08)
  - A. Honoring the King (1:1:47)
    - 1. Praise and Worship (1:5:45)
    - 2. Obedience (1:7:54)
  - B. Building the Kingdom (1:11:23)
  - C. Conquering the Cosmos (1:22:53)
- V. Conclusion (1:28:58)

## Notes

### I. Introduction

### II. Background

Paul's letters were pastoral and caring, and they spoke directly to the problems that the church faced in the first century.

#### A. Authorship

A number of modern scholars have argued that Ephesians was written by one of Paul's students, but there are good reasons to accept Paul's authorship.

The letter states that it was written by Paul.

Ephesians closely resembles Paul's other letters in both doctrine and language.

According to Acts 19–21, Paul had planted the church in Ephesus, and had lived in Ephesus for two years.

**B. Audience**

**1. Primary audience**

Paul identified the church in Ephesus as his audience.

Ephesus was the capital city of the Roman Province of Asia.

Many details in the letter would have been particularly relevant to Ephesus.

Several early church fathers testified that Paul sent this letter to Ephesians.

“We have it on the true tradition of the Church, that this epistle was sent to the Ephesians, not to the Laodiceans” (Tertullian, *Against Marcion*, book 5 chapter 17).

## 2. Secondary audience

In the first century a number of churches grew in the Lycus Valley.

- Colosse
- Laodicea
- Hierapolis (possibly)

**a. Unfamiliar audience**

There was a significant portion of Paul's audience whose faith he had not seen firsthand.

Paul's letter contains no personal references.

**b. Relevance**

Tychicus delivered at least two letters for Paul, and probably three:

- One to Ephesus
- One to Colosse
- One to Laodicea (probably)

The churches in the Lycus Valley were prominent in Paul's mind during his imprisonment.



Ephesians and Colossians address similar problems. So, Ephesians would have been relevant and appropriate for the churches of the Lycus Valley.

## **C. Purpose**

Paul responded to the problems of several churches in different locations, many of which he had never met.

### **1. Kingdom of God**

Paul explicitly referred to God's kingdom sixteen times in his letters, and he used other royal vocabulary at least as often.

Christ's kingdom exists in the overlap of the ages:

- The present age — sin and death
- The age to come — God will pour out ultimate blessings and curses

Preaching about the kingdom of God formed the core of Paul's apostolic ministry.

The gospel is cosmic in scope. Our divine King is using his power and authority:

- To conquer sin and bring his enemies into subjection
- To redeem his people from their bondage
- To establish his people as rulers over the New Earth

Paul instructed the Ephesians regarding the nature of the kingdom of God to give them a larger picture of the gospel.

**a.      **Citizenship (Eph. 2:12, 19)****

In the Old Testament, God's people were organized as the kingdom of Israel.

The most valuable and well-known citizenship in Paul's day was citizenship in the Roman Empire.

**b. Inheritance (Eph. 1:14,18; 5:5)**

Inheritance rights were only available to citizen of the kingdoms. Paul explicitly associated our inheritance with Christ's kingdom.

**c. Military Service (Eph. 6:10-18)**

War was associated most directly with the reality of life within kingdoms.

Paul's insistence that Christians engage in spiritual warfare also implied citizenship in God's kingdom.

**d. Rule over Creation (Eph. 1:20–2:6)**

Rule over creation was associated with God's kingdom.

**e. Source of Names (Eph. 3:15)**

In the Old Testament, God's people were called by his name because they were a part of his kingdom.

It was common for those who were granted Roman citizenship to take the name of their sponsor or of the emperor.

**f. Ambassador (Eph. 6:20)**

In both Old Testament and Roman settings, an ambassador was an official representative of the king or emperor.

## **2. Challenges**

### **a. Sinful Nature**

Sin must not characterize the citizens of God's kingdom.

### **b. Racial Tension**

Paul used the imagery of the kingdom of God to address tension between Jews and Gentiles in the church.

Paul discussed the church in terms of citizenship and covenants.

### **c. Demonic Forces**

Demons have "the kingdom of the air," ruled by Satan.

The church — God’s kingdom — is in a cosmic battle with the kingdom of darkness, ruled by Satan and his demons.

### **III. Structure and Content**

#### **A. Salutation (1:1-2)**

The salutation states that the letter comes from the apostle Paul, and mentions that he holds his apostleship “by the will of God.”

#### **B. Praise (1:3-14)**

This is Paul’s only canonical letter in which the salutation is followed by such a section of praise to God.

Great benevolences were commonly directed by ancient kings toward their people.

Paul praised God for our inheritance in Christ.

**C. Prayer (1:15-23)**

The kingdom of God provides the context for Paul's prayer.

Paul mentioned God's sovereignty when he spoke of:

- The Father's "incomparably great power" and "mighty strength"
- Christ being enthroned above all other rulers

Christ shares his inheritance with us, so that his inheritance is our inheritance too.

**D. Body (2:1-6:20)**

The body focuses on the contrast between the righteous kingdom of God and the sinful kingdom of demons and fallen humanity.

**1. Citizenship (2:1-22)****a. Kingdom of Darkness**

The human race is sinful and fallen.

**b. Kingdom of Light**

God sovereignly determined to deliver people so they would inherit salvation.



**c. Nature of Citizenship**

God has fulfilled the Old Testament ideal of combining both Jews and Gentiles into one kingdom under God's sovereign rule.

**2. Administration (3:1-21)**

Just before his arrest in Jerusalem, Paul had warned the Ephesian elders that false teachers would arise from their own ranks.

Paul instructed the elders to guard against false teachers.

In Paul's day, God administered his kingdom through the office of apostle. This office no longer exists today.

The apostles were vested with God's authority and ruled infallibly over the entire church, including over the elders.

The apostles possessed:

- Special grace from God that empowered them in their ministry
- Special revelation from God that taught them infallible truth

Paul spoke God's words to God's people in order to lead them into the truth.

### **3. Code for Living (4:1-6:20)**

#### **a. Ecclesiastical Order in the Kingdom (4:1-16)**

When each person does his or her assigned tasks, it benefits Christ. Because it benefits Christ, it benefits the whole kingdom.

Paul portrayed the Lord as a victorious king returning from battle.

Christ has divided his gifts in ways that enable the citizens of the kingdom to serve one another.

**b. Purifying the Kingdom (4:17-5:20)**

Corruption remains in the kingdom of light.

Believers within the kingdom of light have a new nature that they can rely on to overcome their sin.

God's kingdom is to be as morally pure as possible; it is to reflect the character of its king.

**c. Domestic Order in the Kingdom (5:21-6:9)**

Proper relationships of authority must be maintained within all levels of Christ's kingdom.

Everyone should honor and respect those who hold positions of leadership, influence, and authority in the church.

Those in positions of leadership should work for the benefit of all.

**d. Warfare of the Kingdom (6:10-20)**

Everyone in the kingdom of light is called to serve in God's army, fighting the spiritual war against the kingdom of darkness.

To make sure we can stand firm against our enemies, he suits us in his armor and arms us with his word.

#### **E. Final Greetings (6:21-24)**

Paul offered a closing blessing, and indicated that Tychicus would deliver this letter.

### **IV. Modern Application**

#### **A. Honoring the King**

Our divine king has done many wonderful things for us. We should respond by honoring him, especially through:

- Thankfulness
- Obedience
- Loyalty

God demonstrates his love when he:

- Regenerates us
- Transfers us into his kingdom
- Places us in a position of authority and honor
- Gives us our inheritance

Love — faithfulness and devotion; expressed primarily by:

- Benevolence and protection on the part of the king
- Obedience and loyalty on the part of his subjects

God's faithfulness to us is demonstrated through his kindness and protection, as expressed in things like:

- Predestination
- Christ's death on our behalf
- Regeneration of our spirits
- Our citizenship in God's kingdom
- Our union with Christ the heavenly king
- The glory we will inherit in the future

Paul honored God in doxological praise by ascribing glory to him.

Paul exhorted his readers to honor God through their obedience, by living a worthy life.

## 1. Praise and Worship

We are to express our heartfelt gratitude in:

- Psalms
- Hymns
- Spiritual songs
- Music in our hearts

Paul included several models of praise for us to follow, including:

- His praise in Ephesians 1:3-14
- His doxological prayer in Ephesians 3:14-21

## 2. Obedience

Paul taught us to render obedience to our divine king as a way of honoring him.

Our love for the Lord is to be:

- Undying
- Never-ending
- Persistent
- Devoted
- Steadfast

God also created us anew in Christ so that we would be productive citizens in his kingdom, doing the good works he assigned to us.

## **B. Building the Kingdom**

God requires that we help him expand and grow his earthly kingdom.

The kingdom of God is a building, with each Christian being a stone in the structure.

The goal of this building is to become God's dwelling, so that God will live in the midst of his people.

When Paul taught that both Jews and Gentiles would live in God's presence as his Temple, he meant that God's kingdom was moving toward its final goal.



The big picture:

- Honoring God
- Living in his presence
- Striving to increase Christ's glory rather than our own

We must be humble — no believer is more deserving of blessing than any other.

We must repent of:

- Wrongly dividing from one another
- Wrongly elevating ourselves to the detriment of others

We must embrace all believers as equals in the kingdom of God.

The metaphor that Paul used most frequently to explain kingdom building in Ephesians was Christ's body:

- Christ as the head
- All believers collectively composing Christ's body

Like the metaphor of the Temple, the image of the body described the kingdom of God:

- Christ was seated as king in heaven
- He ruled for the benefit of his people, the church

Paul's fullest use of the body imagery appears in Ephesians 4:1-16, where he argued for ecclesiastical order in the kingdom.

God has established leaders in the church who are to prepare the rest of us to minister to one another.

These leaders are to guide the church toward two goals:

- Unity in the faith
- Attaining to the whole measure of the fullness of Christ — to bring all of creation under the rule of Christ

Love must characterize both the leader's teaching and the church's works of service.

Our love for our neighbors:

- Not merely a feeling of personal connection
- A loyal commitment and dedication that seeks their benefit

### **C. Conquering the Cosmos**

God's kingdom currently co-exists with the present age of sin and death. God's forces battle against the kingdom of the demons and fallen humanity.

By our connection with Christ, we have the upper hand in the battle against demonic forces.

The very existence of the church testifies to the doom of all of God's enemies.

Even before the creation of mankind, God planned to use his church to reveal his glory to his demonic enemies.

God loves and values his people. And in the process of reconciling all things to himself, and renewing and purifying the cosmos, he is starting with us.

Proof that the kingdom of God has begun:

- The existence of the church
- The forgiveness of the church
- The sanctification of the church

## **V. Conclusion**

## **Review Questions**

1. Why should we believe that Paul wrote Ephesians?

2. Why did Paul write the letter to the Ephesians?





7. Why should Christians work to build the kingdom of God?

8. Describe Paul's teaching about this age and the age to come.



9. How are Christians to respond to the blessings we receive from Christ our King?

## Application Questions

1. What blessings and benefits result from being citizens of the kingdom of God?
2. How does your understanding of the gospel fit with Paul's teaching on the kingdom of God?
3. How should Paul's teachings on the kingdom of God shape our approach to Christians from different cultural or racial backgrounds?
4. Dr. Kidd mentioned that "in Christ each believer is counted as if he or she were Jesus himself." What practical implications should this have for you in your Christian life?
5. How should our interaction with others inside the kingdom of God differ from our interaction with those who belong to the kingdom of darkness?
6. In light of Paul's teachings in Ephesians, what are some practical things you can do to be more effective in your pursuit of moral purity?
7. How is the relationship between a king and his subjects similar to God's relationship to believers?
8. What is the most significant insight you have learned from this study?