



# DRHC Staff Informer

Summer

July 2014

## Phenomenal Fundraising

### Did you know?

- Dr. Bruce Cook and Dr. John Porter were recently nominated for the, "Service to Health Care Award" with the Chamber of Commerce.
- Darlene Furlong was also nominated for, "Manager of the Year Award".
- The DRHC has hired a new Physiotherapist from Winnipeg and she'll be starting in the fall.
- Dr. Apriasz is the proud owner of a brand new house!

Mardi Plomp and her merry crew of "Dream-Believers" made believers out of all of us at the this years' fundraiser for the Dryden Regional Health Centre. 750 women dressed up, embraced the Las Vegas theme and tore up the dance floor in the name of health care in Dryden. The event raised an even \$110,000 in a community that showed it's true giving colors.



speechless and can't say thank you enough to everyone" said an effusive Mardi Plomp.

Theatre 17's recent production of Calendar Girls and the tastefully done calendars featuring local actresses brought in \$20,000 for cancer care in Dryden.

Judith Hamilton and her crew of merry thespians stopped by the DRHC to make the presentation to CEO

Wade Petranik. "Nearly 40 people were involved with this project, and Chris Marchand donated an incredible amount of his free time to create the calendars. We are pleased and proud to support our Oncology department." noted Hamilton.

Did you know that the DRHC received over \$165,000 in donations over the past 4 months?



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## Mud Run, Dragon Boats and haircuts

The fun in fundraising was front and centre during the Eton Rugby Backcountry Blast. The 5k run/walk/crawl through the mud was a fantastic first time event that brought in over \$15,000 for the Room Reno Project. Mud = Fun!

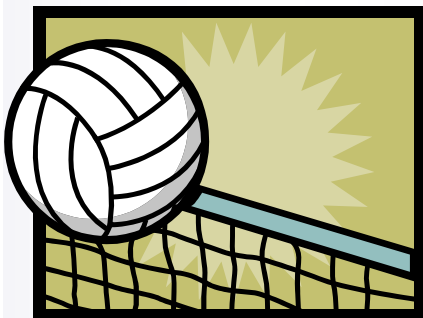
The tenth annual Kinsmen Dragon Boat Race brought ten teams to the Wabigoon River in the name of the Still Me Program in the Oncology Department. It was a chilly Canada Day but the teams were undeterred in raising \$10,000 for DRHC; thanks to all that rowed!

Rarified Hair was the theme for a pair of high end haircuts recently as Dave Lyle and Bella Reid cut their locks for the hospital. Dave's Big Boy Haircut brought in close to \$5000.00 while 2nd grader Bella Reid raised \$712.00 with her class at Open Roads School.

## DRHC Beach Volleyball and summer fun

Summer has finally arrived and after a long winter it's time to get out there and enjoy the sun. To that end we would like to announce that the DRHC Workplace Wellness Committee has sponsored a volleyball team in the Riverview Lodge summer league. We are looking for players with the following skill sets:

- A Pulse
- A Positive Attitude
- Willingness to laugh
- Committed to come to the odd game
- Older than 10, less than 90 years of age



If you meet any of these rigorous standards we want to hear from you. Contact Steph in Physio or Chuck in HR and we'll be happy to pass along the schedule to you.

Next games are July 22nd and 24th at 6:30pm.

### Staff for Staff Summer Ideas

The DRHC Staff for Staff Program wants you to get active!

- Did you know we purchased a pair of memberships with the local Windsurfing Club? Contact Chuck if you are interested in trying this great sport; they provide a free lesson on how to get up, get out and (most importantly) how to get back to shore.
- Wednesday noon walks around Laura Howe Marsh resume July 23rd starting at the lab.
- Get your summer selfies in to selfie@dh.dryden.on.ca for a chance to win a kayak

## Clara Hughes Big Ride was big news for Dryden

Canadian Olympian Clara Hughes recently stopped by Dryden during her cross-Canada bike ride in the name of mental health awareness.

On June 17th 130 people attended a community dinner and speech with Clara at the Best Western Conference Centre. The following day Hughes and her team visited New Prospect School and spoke to the students and staff about her journey

across Canada and the stigma associated with mental health.

The team left Dryden later that day and continued east with scheduled stops in Upsala and Thunder Bay .

As part of the local efforts to support the cause a bike raffle netted \$2700.00 for mental health programs here in Dryden. Thanks to all that



We're going the whole distance

Clara's Big Ride will drive positive, long-term change in the way Canadians perceive mental illness.

bought tickets and supported Clara Hughes and mental health services here in Dryden; let's keep the conversation going!

## Fond Farewell Marlene Morgan

Marlene Morgan has been a fixture on the East Unit as Discharge Planner and helped many patients successfully transfer from the hospital setting to home and community-based supports. Facilitating change comes naturally for her and now she's organized a big change of her own. Marlene has accepted a position in British Columbia at a

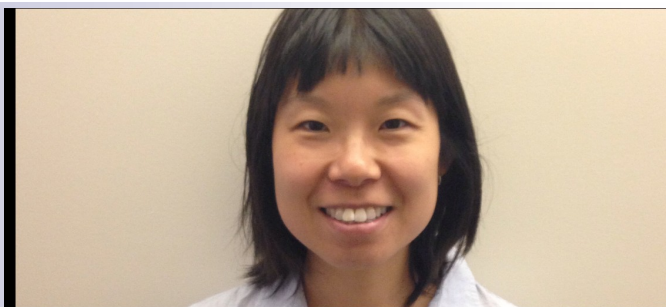
45 bed Psychiatric Hospital where she will be working in a similar capacity.

"I will really miss all of the people here at the DRHC...the best thing about working here is the people...I wish I could take all of you with me." commented Morgan.

We'd love to go too but at least we have a friend in BC. All the best!

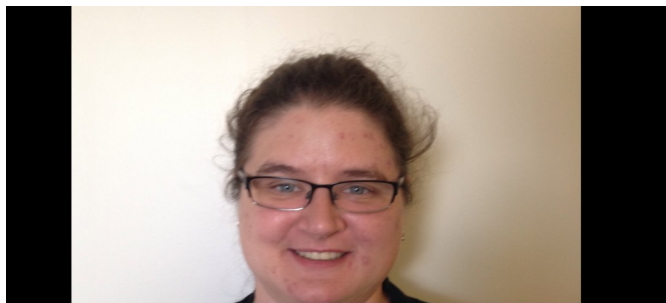


## New Faces in great places Please welcome the following to Dryden and the DRHC!



WELCOME DR. SARAH KIM  
TWO WEEK LOCUM FROM TORONTO

EXCLUSIVE

NEWS  
BOOTH

HI I'M MED STUDENT TIFFANY THOMPSON  
I AM ON PLACEMENT WITH DR. CORTENS

EXCLUSIVE

NEWS  
BOOTH

LIVE

I'M HAYLEE WHITNEY  
I'M A SUMMER STUDENT IN ER

NEWS  
BOOTH

LIVE

I'M KENDRA LADOUCEUR  
I'M A SUMMER STUDENT IN ER

NEWS  
BOOTH

## NOSM News: Site Visit/Accreditation and Engagement

The Northern Ontario School of Medicine has provided the DRHC with a continuous stream of medical learners over the past 7 years; some of whom have decided to return here and practice.

NOSM is held to a very high standard and to ensure their programming and curriculum meet those requirements they are subjected to an accreditation



process. Recently a committee of invigilators came for a day-long visit to speak to NOSM faculty, medical learners, the DRHC Senior Leadership team and various staff members about the learning environment here in Dryden.

We thank everyone for their open and honest input during this process; the recommendations from the Accreditation report will help ensure that graduates from NOSM will be well equipped to provide the highest quality health care for Northwestern Ontario.

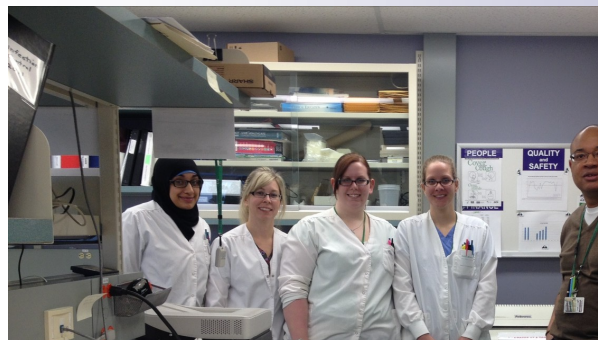
## Lab Accreditation Success! Patterson and crew do it again!

Brian Patterson and the lab team can breathe a little easier these days; they just completed their Accreditation Audit and as per usual they passed with a stellar score of 97.2%!

The Auditing team spent three full days going over every aspect the lab function and validated that our facility more than meets the standard.

We know that our clinicians can rely on timely and accurate lab information in order for them to have the right treatment plan for our patients.

Congratulations to everyone in the lab for your great work and attaining this great score!





## Nursing News: Thank you to Audrey and Bobbi

It's not often you get to celebrate a forty year career in the field these days but to do it twice in the span of 6 weeks is really something! RN's Bobbi (Night Vision) Dingman and Audrey (The Actress) Nosworthy will soon be calling it a career after they both put in over 40 years of nursing.

Audrey has already "crossed over" to retirement after a celebratory tea and cake ceremony in the cafeteria. True to form Audrey quoted a line from the latest rendition of Calendar Girls; when asked what she planned to do with her time she replied, "I plan to live a life of more days with



more in it despite having less to do". We get that and wish you every happiness. In an ironic twist of fate Audrey worked her last shift on Sunday May 13 and promptly became a patient at the DRHC having had her knee replaced on Monday the 14th Word is she received great care and loved the nurses :-).

Bobbi Dingman sightings during daylight hours are cause for alarm; Bobbi has made a career out of night shifts and like Audrey she will be sorely missed by her warm presence and calming nature on the nights with the gang on East Unit. Word on the street is that she is going to run for Mayor of Vermilion Bay :-).

We will miss both ladies a great deal. All the best in your well deserved retirement.



## 10th Annual Dryden Dragon Boat Races

Canada Day was a day to celebrate many things here in Dryden, and despite the cool weather ten teams participated in the 10th annual Dragon Boat Races. All proceeds from the races have historically gone to the DRHC Oncology Department and Dryden Kinsmen spokesperson Brad Coles estimates over \$120,000 has been raised for this cause.

Thanks to all the brave sailors that manned the "Dragon Regional Health Centre" Boat...we'll get 'em next year we promise!



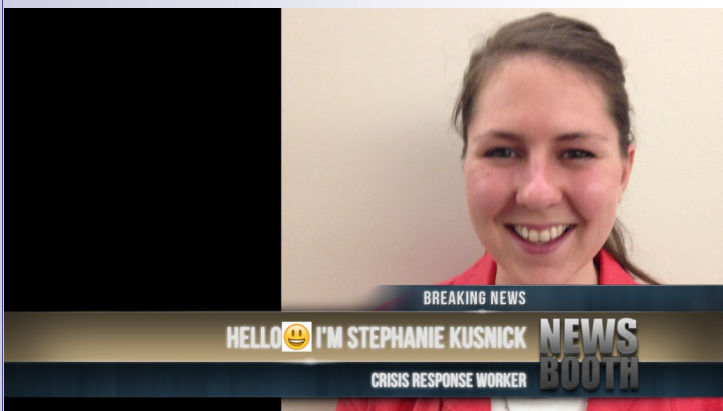
## Return engagement: Dr. Dani Garon returns

Look familiar? Former NOSM Dryden clerk is now a licensed MD (congrats) and is in town for a two week stint as a locum. Dr. Dani Garon, husband Mark and 7 month old son Brooks are enjoying a bit of a working vacation while covering Dr. Moir's practice (on vacation).

Garon has accepted a full-time position to practice medicine in Thunder Bay where they currently reside. Be sure to say hello if you see her down on the ward doing inpatient rounds or in the ER on the weekend.

Welcome back Dr. Garon!



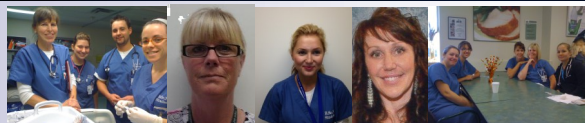


The Crisis Response Unit welcomes Stephanie, Margarita and Sabrina to the team!



**NEWS BOOTH** G'DAY! I'M MARGARITA QUILL  
CRISIS RESPONSE WORKER

**NEWS BOOTH** HI! I'M SABRINA MORTON  
CRISIS RESPONSE WORKER



## Nursing Graduates

Jared Meadows, Seona Furlong, Kimberly Oltsher, Tracie Rentz, Cherie Parker, Kathy Kennedy and Priscilla Giesbrecht are all new grads!

We would like to take this opportunity to congratulate the graduating Bachelor of Science

Nursing Class of 2014 who were all successful in passing their College of Nurses qualifying examination.

Thank you to all of the hospital staff who welcomed this class into our facility over the past four years, making it possible for them to obtain clinical

experience, guidance and mentoring. We are so very proud of this second group of community-based BSc.N graduates. Congratulations also to Mariah Green who also passed her Nursing Exam after completing her training in Thunder Bay.

Bright futures for all of you!

## DQ Local Children's Miracle Network wants you!

For the past three years, staff, medical staff and volunteers from Dryden Regional Health Centre have dedicated one or two hours of their day in August to have great fun making and selling Blizzard® Treats at the local Dairy

Queen. Let's do it again this year! On Thursday August 14th all proceeds from every Blizzard® Treat purchased at participating DQ® stores will be donated to your local Children's Miracle Network member

hospital to help children in need. Please let us know if you can share one hour of your time on August 14th to blend a treat at the Dairy Queen. Contact Kim Vares @ 2260.





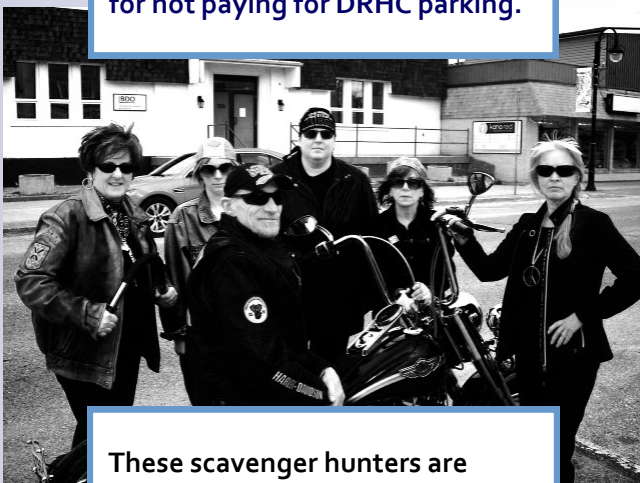
“Treasure” the moments....odds/ends from the Scavenger Hunt & more



Wintle and friends tackle a biker for not paying for DRHC parking.



There were 6 of us when we got to this haunted house...



These scavenger hunters are about as tough as they come



DRAGON REGIONAL HEALTH CENTRE  
CANADA DAY FUN! EXCLUSIVE NEWS BOOTH

Special guests and friends of the DRHC



2nd Grader Bella Reid raises \$712.00 for Cancer.



NOSM Faculty stop in for a visit to the DRHC.





Pictures may be posted internally.

**FUNNY, FUNNY and FUN is the name of the GAME!**

Text or send your **FUNNY SUMMER SELFIE** picture to: [selfie@dh.dryden.on.ca](mailto:selfie@dh.dryden.on.ca)

Enter one picture for each category for chance to win:

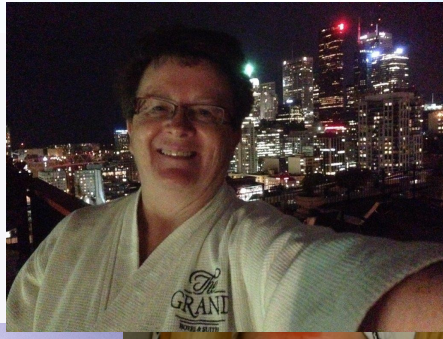
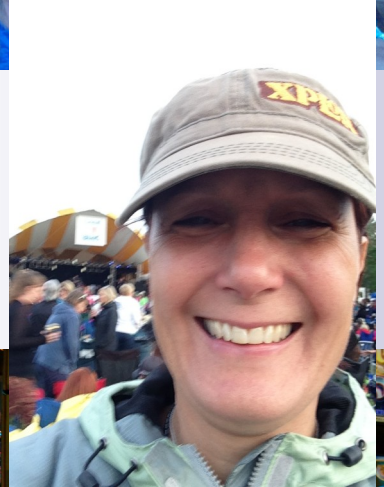
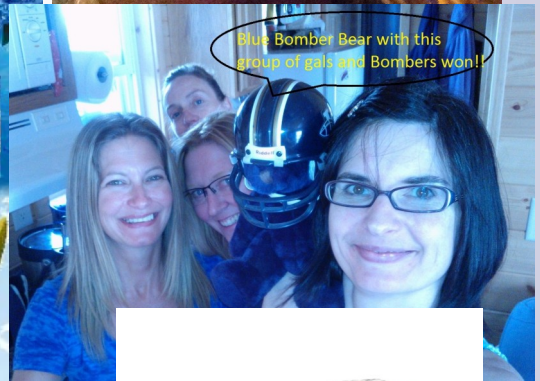
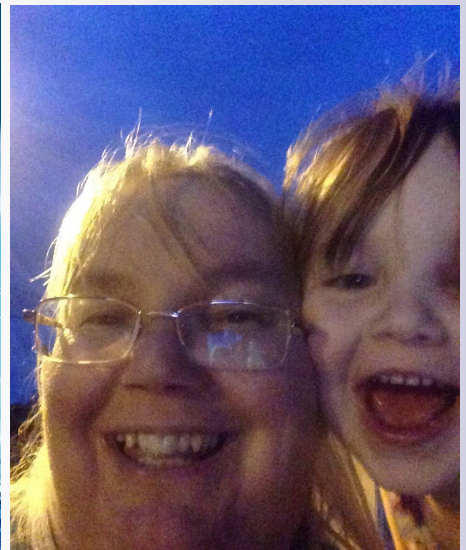
- 1) **Summer Family or Friends or Group & ME Selfie**
- 2) **Summer & Me Selfie**

- Open to S4S Members ONLY.
- Three chances to win! (Each category and participant Grand Prize draw)
- Contest dates: July 1<sup>st</sup> to August 31<sup>st</sup>

**GREAT PARTICIPANT PRIZES !!!**



**PARTICIPANT GRAND PRIZE A KAYAK**







**STAFF & STAFF S4S Members MEAT DRAW WINNER - July 17th**

**A Multipack**

**Congratulations Kim Oltsher**

*She won a feast of meat  
Drawn by Jill Bolton*

Please contact Susan Lappage or Engineers to claim your prize.



**Ambulation safety program - guidelines**

- Patient ambulation ability will be assessed by OT or PT
- Patient's gait aid will be marked with a green, yellow or red leaf
- Ambulation status will be marked on patient's white board with an appropriately coloured leaf
- Patients will be re-assessed following a fall or near fall, or re-evaluated during U1/P1 intervention (if on caseload)

**Green**

- Independent ambulation with gait aid

**Yellow**

- Stand-by assistance required for ambulation

**Red**

- At least one assist required for ambulation
- Should not be walking alone



Got news? Send Chuck a line, photo or write up and we'll be sure to include it.



**Staff for Staff Movie Night**

## **Muppets Most Wanted**

**Friday, July 18th, 9:00 p.m.**

**DRHC Rear Parking Lot**

DRHC Summer Drive in Theatre is back and weather permitting we're firing up the projector and bbq Friday night with Kermit & company.

Bring your lawn chairs (and a blanket) for 9:00pm and we'll get this summer started.

See you then!

**Admission Fee**

**Staff for Staff members: Free!**

**Community Guests: Toonie/person.**

**Prices include a beverage, popcorn and a hotdog...you can't do much better than that!**



**Sponsored by your friendly S4S program!**

**Ministry of Health  
and Long-Term Care**

Chief Medical Officer of Health

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et des Soins de longue durée**

Médecin hygiéniste en chef

Division de la santé publique  
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July 15, 2014

**MEMORANDUM****TO: Health Sector Stakeholders****RE: Radiation Health Response Plan**

I am pleased to announce the release of the Ministry of Health and Long-Term Care's *Radiation Health Response Plan*. This plan was developed by the Ministry's Emergency Management Branch in support of the Office of the Fire Marshal and Emergency Management's *Provincial Nuclear Emergency Response Plan* and is designed to guide health sector planning at provincial and local levels across Ontario. The plan outlines:

- how the health system responds to a radiological and/or nuclear incident of accidental or deliberate nature, and the conditions under which precautionary and protective actions are implemented for the general public and health system
- a comprehensive province-wide approach to health planning and response, including information to guide local incident planning
- roles and responsibilities, operational concepts and response principles for coordinating the response of health organizations

The goal of the plan is to ensure that Ontario's health sector would be ready to respond to a radiological or nuclear incident of deliberate or accidental nature so that the risk of illness and death is minimized and health workers are protected.

This plan is the result of a collaboration of many individuals from local public health, hospitals, emergency medical services, government, Public Health Ontario, professional associations, and the nuclear industry who provided their time and expertise to help develop the *Radiation Health Response Plan*. The Ministry of Health and Long-Term Care acknowledges their hard work and dedication to protecting the health and safety of Ontarians.

I encourage you to use the information and resources in this plan to increase your organization's knowledge and understanding of radiological and nuclear emergency planning concepts and to support the development of your own radiological and nuclear emergency plans.

Please go to [www.ontario.ca/radiationhealth](http://www.ontario.ca/radiationhealth) to find downloadable copies of the *Radiation Health Response Plan*, *Potassium Iodide (KI) Guidelines*, and *Potassium Iodide Tablets (KI) Fact Sheet* in addition to a number of support resources to help guide your radiological and nuclear planning.