

Men's Race

14:10

111 Entrants

38 Countries

11,970m (6x 1980m + 90m start/finish)
(6 laps – 6 run, 4 score)

Age

ABOUD Rabah ALG 33/34y
Eleventh at 2013 World Cross Country Championships // 5000 pb: 13:19.00 -11. 3 World Military Games 5000 2007; 5 World Military Games 5000 2011; ht OLY 5000 2012. At WXC: 2005-23 short, 2006-52 short, 2008-97, 2011-20, 2013-11

DALI Abdelkader ALG 27y
5000 pb: 14:02.60 -11. At WXC: 2005-58J

DALI Ahmed ALG 31y
At WXC: 2008-131, 2013-49. 4 World Military XC 2014

KHAOUAS Rabeh ALG 28y
8 World Military XC 2014

MERBOUHI Mohammed ALG 23y
5000 pb: 13:55.56 -13. 12 WJC 10,000 2010; 2 World Military short course XC 2014. 1 Algerian 5000 2014

MIOUT Mounir ALG 30y
5000 pb: 13:19.73 -11. 1500 pb: 3:39.4 -11. 5 World Military Champs 5000 2009 (2011-6); ht WCH 5000 2011. At WXC: 2011-83, 2013-35

ADAMS Liam AUS 28y
Marathon pb: 2:13:49 -14. Half Mar pb: 63:28 -12. 10,000 pb: 28:11.76 -12. 5000 pb: 13:31.21 -13 (13:43.32 -15). 23 World Half Mar 2012. At WXC: 2008-69, 2009-69, 2010-37, 2011-78, 2013-23. Coach-Ken Hall
Marathons (2): 6 Melbourne 2013, 7 COM 2014
In 2015: 3 Australian World Cross Trial XC; 2 Hobart 10K; 6 Melbourne Challenge 5000

BROWN Mitch AUS 27y
10,000 pb: 28:44.16 -12. 5000 pb: 13:39.00 -15. At WXC: 2013-63
In 2015: 5 Hobart 5000; 4 Australian World Cross Trial XC; 3 Melbourne Mile; 5 Waitakere 5000

MCNEILL David AUS 28y
2010 US Collegiate Champion at 5000m indoors & out, representing Northern Arizona University where he was a student of physiotherapy
10,000 pb: 28:03.02 -08. 5000 pb: 13:18.60 -12 (13:34.43 -15). 4 Commonwealth Youth Games 3000 2004; 24 WCH 10,000 2009; 8 COM 5000 2010. At WXC: 2007-64, 2008-68, 2011-41. 1 Australian 10,000 2008. 1 NCAA 5000 2010 indoors & out. Coaches-Tom Kelly / Eric Heins
In 2015: 2 Hobart 5000; 1 Australian World Cross Trial XC; 1 Hobart 10K; 4 Waitakere 5000; 4 Melbourne Challenge 5000

NIPPERESS James AUS 24y
Twice Australian Steeplechase Champion // 3000SC pb: 8:34.64 -14 (8:40.84 -15). 1500 pb: 3:41.03 -10 (3:47.16 -15). 5000 pb: 13:56.42 -13 (14:10.10 -15). 12 WSG 3000SC 2013; 9 COM 3000SC 2014. 1 Australian 3000SC 2013/2014 (2012-2). Physiotherapist from Sydney. Coach-Ken Green
In 2015: 8 Hobart 5000; 5 Australian World Cross Trial XC; 3 New South Wales 1500; 8 Sydney Classic 3000SC

ROBINSON Brett AUS 23y
2013 World 5000m finalist // 5000 pb: 13:18.96 -13 (13:31.66 -15). 10,000 pb: 28:45.39 -12. 1500 pb: 3:38.94 -12. 8 WJC 1500 2010; 15 WCH 5000 2013. At WXC: 2009-46J, 2013-29. Training partner of Collis Birmingham
In 2015: 1 Hobart 5000; 9 Australian World Cross Trial XC; 3 Waitakere 5000; 1 Melbourne Challenge 5000

IRABARUTA Olivier BDI 24y
Second in 2013 2 Francophone Games 10,000m // 5000 pb: 13:28.80 -11. 10,000 pb: 28:17.77 -12. 5 African Champs 5000 2012 (2010-13); 6 African Champs 10,000 2012; ht OLY 5000 2012; 2 Francophone Games 10,000 2013 (5 5000); 6 African Champs 5000 2014 (7 10,000)
In 2015: 4 San Vittore Olona XC

NDIHO Vianney BDI 22y
10,000 pb: 28:25.57 -12. 5000 pb: 13:51.96 -12. 9 WJC 5000 2010; 6 African Champs 5000 2012 (7 10,000)

TENZIN Thinley BHU 19y
13ht WCH 1500 2013 (4:24.54)
Guiyang 2015 is the first time Bhutan have competed at the World Cross Country Championships

AYALEW Aweke BRN 22y
TRANSFEREE – Ethiopian origin. Full name-Aweke Ayalew Yimer
Acquired Bahraini citizenship on February 13, 2014, cleared by IAAF to compete for Bahrain from February 12, 2014
2014 Asian Cross Country Champion
Half Mar pb: 63:01 -14. 5000 pb: 13:05.00 -13 (13:30.79i -15). 1 Asian XC 2014; 50 World Half Mar 2014; 5 IAAF Continental Cup 3000 2014
In 2015: 2 Düsseldorf 5000

BACHA Zelalem BRN

27y

TRANSFEREE – Formerly Zelalem Bacha Regasa ETH
Acquired Bahraini citizenship on February 13, 2013, cleared by IAAF to compete for Bahrain from February 12, 2014
10,000 pb: 28:50.12 -13. 5000 pb: 13:17.89 -13. 8 "Great" Ethiopian 10K 2012; 2 World Police XC 2013; 2 Arab Champs 5000 2013; 4 Asian XC 2014; 80 World Half Mar 2014

CHANI Hassan BRN

23y

TRANSFEREE – Formerly Morocco, acquired Bahraini citizenship on December 22, 2013 and cleared by the IAAF to represent Bahrain from March 21, 2014
5000 pb: 13:38.13 -13. 3000 pb: 7:57.09 -13

ELABBASSI El Hassan BRN

30y

TRANSFEREE – Formerly Morocco
Acquired Bahraini citizenship on August 13, 2013, cleared by IAAF to compete for Bahrain from August 12, 2014
10,000 pb: 27:32.96 -14. 5000 pb: 13:33.95 -14. Half Mar pb: 61:09 -13. 4 Philadelphia Half Mar 2012; 1 Marrakech Half Mar 2013; 1 Asian Games 10,000 2014

KORIR Isaac BRN

24y

TRANSFEREE – Kenyan origin
Full name-Isaac Korir Kedikou
Acquired Bahraini citizenship on February 14, 2013, cleared by IAAF to compete for Bahrain from February 14, 2014
Half Mar pb: 61:40 -14. 10,000 pb: 28:05.46 -10. 1 Kenyan Prisons 10,000 2010; 1 Philadelphia Half Mar 2012; 2 World Military XC 2013; 1 World Police XC 2013; 2 Asian XC 2014; 23 World Half Mar 2014; 3 Asian Games 10,000 2014
Marathon (1): 28 Frankfurt 2011

ROP Albert BRN

22y

TRANSFEREE – Kenyan origin. Full name-Albert Kibichii Rop. Gained Bahraini citizenship in April 2013 and cleared by the IAAF to represent Bahrain in international competition from April 1, 2014
5000 pb: 12:51.96 -13. 3000 pb: 7:35.53 -13. 1 Arab Champs 5000 2013; 4 IAAF Continental Cup 5000 2014; 3 Asian Games 5000 2014; 3 Brussels XC 2014. Had not raced outside of Kenya before 2011 and helped pace the Brussels 10,000 in 2012

BRITT Barry CAN

24y

5000 pb: 14:01.38 -14. 4 North/Central American & Caribbean XC 2011/2014 (2012-6). At WXC: 2011-96. 1 Canadian 10,000 2014. 4 Canadian XC 2014
In 2015: 8 Geneva OH 3000

CASSIDY Ryan CAN

22y

3000SC pb: 8:49.45 -13. ht WJC 3000SC 2010/2012. 5 Canadian XC 2014

JOHNSON Matt CAN

23y

3 Canadian XC 2014 // In 2015: 2 Seattle 3000

TREE Kevin CAN

21y

7 Canadian XC 2014 // In 2015: 2 Boston 3000; 14 Pan-American Cup XC

WIEBE Kelly CAN

25y

5000 pb: 13:56.68 -11. 3 North/Central American & Caribbean XC 2013 (2011-9). 3 Canadian XC 2012. At WXC: 2011-57, 2013-54
In 2015: 10 Pan-American Cup XC

DU Jianrong CHN

22y

10,000 pb: 29:31.94 -12. 5000 pb: 14:40.63 -13. From-Yunnan province
In 2015: 2 Chinese short course XC; 3 Chinese XC

DUO Bujie CHN

21y

10,000 pb: 29:36.42 -14. 5000 pb: 14:13.53 -14. 12 Asian Games 5000 2014. 3 Chinese 10,000 2014 (7 5000). 1 Chinese junior XC 2012. From-Tibetan region

NIMA Mijue CHN

19y

At WXC: 2013-105J. 1 Chinese youth XC 2012; 1 Chinese junior 5000 2014. From-Tibetan region

WANG Ligang CHN

26y

10,000 pb: 29:11.18 -11. 5000 pb: 14:00.87 -11. 3 Chinese 5000 2014. 1 Chinese short course XC 2015. From-Gansu province
In 2015: 1 Chinese short course XC; 4 Chinese XC

YANG Dinghong CHN

27y

Former Chinese Champion at 5000m and cross country // Marathon pb: 2:16:39 -11 (2:21:00 -15). Half Mar pb: 63:51 -10. 10,000 pb: 28:19.08 -09. 5000 pb: 13:49.02 -08. 32 World Half Mar 2010; 4 East Asian Games 5000 2013. At WXC: 2007-51, 2008-132. 1 Chinese XC 2007, 5000 2011, & short course XC 2014. From-Yunnan province
Marathons (6): 9 Dalian 2011, 13 World Military Games 2011, 15 Beijing 2011, 26 Chongqing 2012, 16 Yingkou 2013, 9 Chongqing 2015
In 2015: 3 Chinese short course XC; 2 Chinese XC; 9 Chongqing Marathon (just six days before the World Cross Country Championships)

ZHU Renxue CHN

23y

Twice Chinese Champion at Cross Country // Marathon pb: 2:18:42 -12/13 (2:21:27 -15). 10,000 pb: 29:01.04 -11. 5000 pb: 14:11.15 -12. 1 Chinese XC 2014/2015. From-Yunnan province
Marathons (4): 33 Chongqing 2012, 18 Beijing 2012, 5 Yingkou 2013, 10 Chongqing 2015
In 2015: 4 Chinese short course XC; 1 Chinese XC; 10 Chongqing Marathon (just six days before the World Cross Country Championships)

PIEDRA Byron ECU	32y	DIDA Bonsa ETH	20y
Full name-Byron Efen Piedra Aviles Ecuadorian record holder at 800m, 1500m, 3000m & 10,000m Marathon pb: 2:14:39 -15. 10,000 pb: 27:32.59 -11. 5000 pb: 13:23.72 -12, 3000 pb: 7:47.06 -10. 1500 pb: 3:37.88 -07. 800 pb: 1:46.55 -08. ht OLY 800 2004; 1 South American 5000 2005/2009 & 1500 2007/2009; 3 Pan-Am Games 1500 2007; ht WCH 1500 2007/2009; 1 Ibero-American 3000 2008 (2 1500); ht OLY 1500 2008; 2 WSG 5000 2009; ht WCH 5000 2009/2015; 3 IAAF Continental Cup 3000 2010; dnf WCH 10,000 2011; 2 Pan-Am Games 5000 2011 (dnf 10,000); dnf OLY 10,000 2012; 1 South American Games 10,000 2014. At WXC: 2000-87J, 2004-63 short Marathons (4): 1 Guayaquil 2007, 1 Guayaquil 2008, 71 Chicago 2014, 2 Torreón 2015 In 2015: 5 Pan-American Cup XC; 2 Torreón Marathon		Full name-Bonsa Dida Deriba He apparently clocked 28:37 for a road 10K in 2010 at age 15 Marathon pb: 2:12:33 -14. Half Mar pb: 61:12 -14 (63:36 -15). 10,000 pb: 28:58.68 -11. 5 African junior 10,000 2011; 14 World Half Mar 2014 (team bronze). At WXC: 2011-4J, 2013-17J Marathon (1): 10 Hamburg 2014 In 2015: 2 Egmond Aan Zee Half Mar; 2 Ethiopian XC	
PILALUISA Cesar ECU	33y	EDRIS Muktar ETH	21y
At WXC: 2000-74J, 2004-84 short & 100 long In 2015: 9 Pan-American Cup XC		Full name-Muktar Edris Awel (aka Muktar Idriss) The world's fastest at 5000m in 2014 with 12:54.83 at Stockholm 5000 pb: 12:54.83 -14. 4 African junior 10,000 2011; 1 African junior XC 2012; 1 WJC 5000 2012; 7 WCH 5000 2013. At WXC: 2011-7J, 2013-3J In 2015: 6 Ethiopian XC; 1 San Vittore Olona XC	
PILLAJO Adrián ECU	23y	GEBRHIWET Hagos ETH	20y
1 Ecuadorian junior XC 2009		Full name-Hagos Gebrhiwet Berhe 2013 World silver at 5000m (after passing all three Kenyans and Bernard Lagat in the closing stages) 5000 pb: 12:47.53 -12. 3000 pb: 7:30.36 -13. 5 World Youth 3000 2011; 11 OLY 5000 2012 (was pressurising Mo Farah at the bell, but then fell back with a sore heel); 2 WCH 5000 2013; 5 WIC 5000 2014. Coaches-Hussein Shibo, Yilma Berta, Kasshu Gebre-egziabher Like Olympic silver medallist Dejen Gebremeskel, he is from the Tigray Region of Northern Ethiopia; when he was a child he was given a scarified marking of a cross on his forehead to identify him as Tigrayan In 2015: 4 Ethiopian XC	
VASCONEZ Christian ECU	25y	TOLA Tamirat ETH	23y
ELBAYOUMI Mohammed EGY	30y	Full name-Adera Tamirat Tola 2:06:17 on his marathon debut in Dubai 2014 Marathon pb: 2:06:17 -14. Half Mar pb: 61:27 -13. 1 Ethiopian XC 2015 Marathons (2): 4 Dubai 2014; 8 Gongju 2014 In 2015: 1 Ethiopian XC	
KIFLE Goitom ERI	21y	TSEGAY Atsedu ETH	23y
Seventh at 2013 World Cross Country Championships // 10,000 pb: 27:32.00 -13. 5000 pb: 13:22.92 -12. 3 World Youth 3000 2009; 17 WCH 10,000 2013. At WXC: 2009-14J, 2010-15J, 2011-17J, 2013-7. He is the younger brother of Eritrean marathon record holder Yonas Kifle In 2015: 7 Seville XC; 4 Elgóibar XC; 2 Trujillo XC; 4 Eritrean XC		Full name-Atsedu Tsegay Tesfay In Prague 2012 he broke the Ethiopian Half Marathon record (and former world record) of Haile Gebrselassie Half Mar pb: 58:47 -12 (Fourth on world all-time list). 10,000 pb: 27:28.11 -13. 5000 pb: 13:51.0 -11. 6 WJC 5000 2010; 3 African XC 2013; 1 'Great' Ethiopian Run 10K 2013; 1 New Delhi Half Mar 2013 Marathons (3): dnf Amsterdam 2012; dnf Chicago 2013, dnf Dubai 2014 In 2015: 3 Ethiopian XC	
MEDHIN Teklemariam ERI	25y	LAL Avikash FIJ	19y
Full name-Teklemariam Medhin Weldeslasie 2010 World Cross Country silver medallist, then bronze in 2013 Half Mar pb: 61:47 -14. 10,000 pb: 27:16.69 -12. 5000 pb: 13:04.55 -10. 12 WJC 5000 2006; 12 WCH 10,000 2009 (15 5000); 7 OLY 10,000 2012 (2008 -32); dnf WCH 10,000 2103. At WXC: 2006-13J, 2007-14J, 2008-23, 2009-9, 2010-2, 2011-14, 2013-3 In 2015: 1 Seville XC; 1 Elgóibar XC		1 Oceanian junior XC 2014	
OSMAN Abrar ERI	21y	BOMMIER Timothée FRA	28y
Full name-Abrar Osman Adem 2010 Youth Olympic Champion at 3000m // 5000 pb: 13:16.45 -14. 1 Youth Olympic Games 3000 2010; 3 World Youth 3000 2001; 2 WJC 5000 2012; ht OLY 5000 2012; 3 African Champs 5000 2014; 6 IAAF Continental Cup 3000 2014. At WXC: 2013-18. 9 African XC 2014 In 2015: 1 Eritrean XC		Tenth at 2014 European Cross Country Championships // 3000SC pb: 8:37.80 -09. 10,000 pb: 29:15.64 -14. 5000 pb: 13:51.64 -13. ht WJC 3000SC 2004; 7 EJC 3000SC 2005; 4 Francophone Games 3000SC 2009. At EXC: 2004-73J, 2014-10. Coached-Marcel Cavatz & Xavier Verhee In 2015: 14 'Great' Edinburgh XC; 6 French XC	
TEWELDE Hizqel ERI		CHAHDI Hassan FRA	25y
Half Mar pb: 62:45 -14		Full name-Sidi Hassan Chadi 2010 European under-23 Cross Country Champion & silver as a senior in 2012 5000 pb: 13:42.92 -14. 10,000 pb: 29:06.25 -14. 1 World Schools Games 3000 2006; 10 WJC 5000 2008; 16 under-23 ECH 5000 2009. At WXC: 2007-61J, 2008-23J, 2011-23. At EXC: 2007-8J, 2008-3J, 2009-2u23, 2010 -1u23, 2011-3, 2012-2, 2013-5, 2014-39. 1 French indoor 3000 2015; 1 French XC 2015. Born-Cluses (south-eastern France) In 2015: 2 Nice 10K; 3 Mondeville 3000; 1 French indoor 3000; 1 French XC	
TUEMAY Tsegay ERI	19y	BUTCHART Andrew GBR	23y
Full name-Tsegay Tuemay Weldelibanos // 5000 pb: 13:20.89 -13. 11 African junior XC 2012; 7 WJC 5000 2014. At WXC: 2011-21J, 2013-4J In 2015: 2 Eritrean XC		1500 pb: 3:44.75 -14. 3000 pb: 8:11.13 -14. 5000 pb: 13:58.05 -14. At EXC: 2014-35. 1 Scottish (road) 5K 2013 & short course XC 2014. Coach-Derek Easton In 2015: 16 'Great' Edinburgh XC; 2 Milton Keynes XC; 5 UK indoor 3000; 1 UK Inter-Counties XC	
ABAD Francisco Javier ESP	33y	GRIFFITHS Dewi GBR	23y
2012 World Indoor finalist at 1500m // 1500 pb: 3:35.55 -11. 3000 pb: 7:53.15 -11. 8 WIC 1500 2012; 6 Mediterranean Games 1500 2013. 1 Spanish indoor 1500 2012 In 2015: 1 Oviedo 3000; 4 Valladolid XC; 4 Spanish XC		4x Welsh Champion at Cross Country // 10,000 pb: 28:48.59 -14. 5000 pb: 14:00.57 -14. Half Mar pb: 65:02 -13. 4 EJC 10,000 2009; 6 World Junior Mountain Running Champs 2010; 25 COM 10,000 2014. At EXC: 2012 -38u23, 2013-16u23. At WXC: 2008-67J. 1 Welsh XC 2012/2013/2014/2015. Swansea University mathematics graduate. Coach-Kevin Evans In 2015: 3 Cardiff XC; 3 Milton Keynes XC; 7 San Vittore Olona XC; 1 Welsh XC; 2 UK Inter-Counties XC	
ABADÍA Antonio ESP	24y	HAY Jonny GBR	23y
Full name-Antonio Abadia Beci 2009 European Junior Steeplechase Champion 3000 pb: 7:46.36i, 7:52.22 -14. 5000 pb: 13:30.91 -14. 10,000 pb: 29:55.35 -11. 3000SC pb: 8:47.45 -09. 1500 pb: 3:41.68 -12. 5 World Youth 2000SC 2007; 1 EJC 3000SC 2009; 4 under-23 ECH 3000SC 2011; ht WIC 3000 2014; 8 ECH 5000 2014. 1 Spanish 5000 2014. At EXC: 2008-8J, 2009-17J, 2010-14u23, 2012-6u23, 2013-22, 2014-12. Coach-José Luis Mareca In 2015: 10 Seville XC; 7 Elgóibar XC; 7 Trujillo XC; 3 Spanish XC		2011 European junior bronze at 5000m. Twice British Universities Champion at 5000m, representing Birmingham University 10,000 pb: 30:29.07 -14. 5000 pb: 13:57.16 -11. 1500 pb: 3:42.13 -14. ht World Youth 1500 2009; 3 EJC 5000 2011. 1 English junior 1500/5000 2011; 1 English under-23 1500 2012; 1 British Universities 5000 2013/2014. At WXC: 2009-90J, 2010-62J, 2011-39J. At EXC: 2009-23J, 2010-14J, 2011-8J, 2013-12u23, 2014-4u23. Attends Birmingham University. Coach-Mick Woods In 2015: 3 'Great' Edinburgh XC; 8 Düsseldorf 3000; 9 UK indoor 3000; 8 Birmingham Grand Prix; 4 UK Inter-Counties XC	
MATEO Daniel ESP	25y		
5000 pb: 14:01.34 -14. 10,000 pb: 29:24.97 -12. At WXC: 2008-61J. At EXC: 2008-33J, 2009-14u23, 2010-35u23, 2011-17u23, 2014-21 In 2015: 12 Amorebieta XC; 14 Elgóibar XC; 8 European Clubs Cup XC; 2 Valladolid XC; 9 Spanish XC			
MECHAAL Adel ESP	24y		
Born-Morocco, gained Spanish citizenship in February 2013 // 3000 pb: 8:13.67 -13. 1500 pb: 3:36.78 -13 (3:38.30i -15). 5 ETCh 1500 2013; ht WIC 1500 2014; ht ECH 1500 2014; 6 EIC 3000 2015 1 Spanish indoor 1500/3000 2015 In 2015: 1 Spanish indoor 1500/3000; 6 EIC 3000; 8 Spanish XC			
ABERA Tesfaye ETH	22y		
Full name-Tesfaye Abera Dibara Won on his marathon debut in Mumbai 2015 Half Mar pb: 60:32 -12. At WXC: 2013-14. 5 Ethiopian XC 2014/2015. 1.93 tall Marathon (1): 1 Mumbai 2015 In 2015: 1 Mumbai Marathon; 5 Ethiopian XC			

HULSON Charlie GBR 22y	CCOPE Jhordan Alonso PER 19y
2015 English Cross Country Champion // 5000 pb: 14:24.20 -14. 1500 pb: 3:48.18 -14. At EXC: 2012-24J, 2013-37, 2014-15u23. 1 English 'National' XC 2015. Coach-Paul Roden In 2015: 5 'Great' Edinburgh XC; 1 English 'National' XC; 3 UK Inter-Counties XC	Full name-Jhordan Alonso Ccope Tapara // 4 South American junior XC 2013
SAYUTI Hamdan Syafril INA 27y	CHAMPI René PER 24y
GOVINDAN Lakshmanan IND 24y	2 South American youth XC 2008 // In 2015: 11 Pan-American Cup XC
Half Mar pb: 64:34 -14. 10,000 pb: 29:13.50 -15. 5000 pb: 13:50.05 -15. 4 Asian Champs 5000 2013 (5 10,000); 1 Indian National Games 5000/10,000 2015 In 2015: 1 Indian National Games 5000/10,000	MACHACUAY Raúl PER 32y
EL HAMMAD Dheif JOR 28y	5000 pb: 14:02.77 -13. 10,000 pb: 29:33.91 -11. 7 Pan-American Games 10,000 2011 (10 5000); 41 World Half Mar 2012 In 2015: 12 Pan-American Cup XC
HANAZAWA Kento JPN 19y	ORELLANA Yerson PER 22y
5000 pb: 13:59.09 -13. 2 Asian junior XC 2014 // In 2015: 9 Chiba XC	5000 pb: 14:04.30 -14. 22 WJC 10,000 2012 In 2015: 6 Pan-American Cup XC
KUBOTA Kazuma JPN 21y	HOFF Shadrack RSA 41y
5000 pb: 13:56.69 -13. At WXC: 2011-33J In 2015: 7 Chiba XC; 7 Fukuoka XC	South African record holder at 5000m since 1995 // Marathon pb: 2:11:51 -05. Half Mar pb: 61:11 -00. 10,000 pb: 27:43.89 -96. 5000 pb: 13:14.16 -95. 6 WJC 5000 92; sf OLY 5000 96; 10 COM 5000 98; dnf WCH 10,000 99; 6 World Half Mar 2002 (99-64). 1 South African 5000 93/2001 & 10K 2000/2005/2009; 1 Gateshead 5000 95 (won with national record after being 10m down at bell). At WXC: 93-104, 94-95, 96-15, 99-27 short Marathons (10): 23 Rotterdam 2000, 12 New York 2000, 12 San Diego 2004, 2 Enschede 2005, dnf WCH 2005, 15 Port Elizabeth 2006, 3 Johannesburg 2006, 2 Pretoria 2012, 1 Pretoria 2012, 8 Sasolburg 2014 In 2015: 5 South African World Cross Trial XC; 3 Pretoria 10K; 16 South African 10K
MATSUEDA Hiroki JPN 21y	MASHELE Lesiba RSA 24y
10,000 pb: 29:13.81 -14. Half Mar pb: 64:07 -13 In 2015: 6 Chiba XC	Full name-Lesiba Precious Mashele // Half Mar pb: 64:11 -13. 4 South African XC 2014; 4 South African 10K 2015 In 2015: 1 South African World Cross Trial XC; 1 Paulpietersburg 10K; 4 South African 10K
BARSTON Leonard KEN 20y	MOKOKA Stephen RSA 29y
Full name-Leonard Kiplimo Barsoton 2014 African Cross Country Champion 10,000 pb: 27:20.74 -14. 5000 pb: 13:21.44 -14. At WXC: 2013-2J; 1 African XC 2014; 2 Japanese Corporate 10,000 2014 (representing Team Nissin Shokuhin, a Japanese company that makes instant noodles) In 2015: 3 Kenyan XC	Twice Shanghai Marathon winner (and also 2nd & 4th in that race, he's a familiar face in China) Marathon pb: 2:08:33 -10. 10,000 pb: 27:40.73 -12. 5000 pb: 13:25.94 -13. 1500 pb: 3:38.55 -10. 9 WSG 10,000 2005; 8 World Half Mar 2009/2012 (2008-67, 2014-12); 2 WSG 10,000 2011 (2007-3); 13 WCH 10,000 2011 (2013-20); 8 African Champs 10,000 2012; 1 WSG 10,000 2013 (2 4000). At WXC: 2008-74, 2009-32, 2010-22. 1 South African 1500 2010, 5000 2013, 10,000 2009/2010/2011/2012/2013, 10K 2009/2010/2015, 12K 2010, Half Mar 2008/2009/2011/2012/2013. Lives-Pretoria, student of Sports Management at Tshwane University of Technology. Coach-Michael Seme. 50kg/1.57 tall Marathons (7): 4 Seoul 2010, 3 Pretoria 2011, 2 Shanghai 2011, 49 OLY 2012, 4 Shanghai 2012, 1 Shanghai 2013/2014. Also helped pace Ostu (Lake Biwa) 2010 & Beijing 2011 In 2015: 2 South African World Cross Trial XC; 1 Paulpietersburg Half Mar; 1 South African 10K
KAMWOROR Geoffrey KEN 22y	MZAZI Gladwin RSA 26y
Full name-Geoffrey Kipsang Kamworor 2014 World Half Marathon Champion. Twice second at Berlin Marathons Marathon pb: 2:06:12 -12. Half Mar pb: 58:54 -13. 10,000 pb: 27:06.35 -11. 5000 pb: 13:12.23 -11. At WXC: 2011-1J. 1 World Half Mar 2014. 1 Kenyan 5000 2012 (but couldn't make the final at their Olympic Trials later that month); 1 Kenyan Police 10,000 2013 & XC 2013/2014 Marathons (5): 3 Berlin 2012, 4 Rotterdam 2013, 3 Berlin 2013, 6 Tokyo 2014, 4 Berlin 2014. Also paced Berlin 2011 In 2015: 1 Nairobi XC; 2 Kenyan XC	Former World Student Games Champion at 10,000m // Half Mar pb: 61:38 -12. 10,000 pb: 28:09.33 -11. 5000 pb: 13:24.50 -12. 1 WSG 10,000 2009 (2011-6); 5 WSG Half Mar 2011; 18 World Half Mar 2012. 1 South African 5000 2012. At WXC: 2013-59 In 2015: 2 South African 10K; 2 Durban 10K
KIPTUM Joseph KEN 27y	TSOSANE Kgosisi RSA 28y
Full name-Joseph Kiprono Kiptum // Marathon pb: 2:09:56 -12. Half Mar pb: 60:26 -12. 10,000 pb: 28:11.47 -08 Marathons (6): 5 Daegu 2009, dnf Frankfurt 2010, 9 Düsseldorf 2011, 1 Hannover 2012, dnf Hannover 2013, 7 Jakarta 2013. Also paced Frankfurt 2011 In 2015: 6 Kenyan XC	Marathon pb: 2:19:32 -13. 10,000 pb: 28:51.54 -13. 5000 pb: 13:30.88 -11. At WXC: 2009-107, 2010-61, 2011-29 Marathons (2): 5 Mossel Bay 2013, 5 Howick 2014 In 2015: 4 South African World Cross Trial XC; 3 Sasolburg 10K; 2 Pretoria 10K; 9 South African 10K
LANGAT Philip KEN 24y	ZWANE Bonginkosi RSA 23y
Full name-Phillip Kiprono Langat // 10K pb: 27:28 -11. Half Mar pb: 61:05 -12. 10K pb: 27:28 -11. 5 African XC 2014. 1 Dutch Half Mar 2011. Paced 2012/2013 London & 2013 Tokyo Marathons In 2015: 5 Kenyan XC	Full name-Selby Bonginkosi Zwane // Half Mar pb: 65:46 -14 In 2015: 7 South African World Cross Trial XC
LETOYIE Moses KEN 19y	MUHITIRA Felicien RWA 20y
Full name-Moses Mukono Letoyie (He is better known as Moses Mukono than Moses Letoyie) 5000 pb: 13:19.26 -14. 3 WJC 5000 2014 (2012-8). At WXC: 2013-11J. 1 African junior 5000 2013; 1 African junior XC 2014. 1 Kenyan junior 5000/XC 2014 In 2015: 3 Nairobi XC; 4 Kenyan XC	10,000 pb: 28:07.17 -14. Half Mar pb: 62:31 -14. 5 African junior 10,000 2013; 2 Kigali Half Mar 2013; 41 World Half Mar 2014; 10 COM 10,000 2014 In 2015: 7 Massawa Half Mar
(Muchiri) KAROKI Bedan KEN 24y	NTAWUYIRUSHINTEGE Pontien RWA 26y
Full name-Bedan (aka Bidan) Karoki Muchiri (so Muchiri might end up on his bib but he's best known as Karoki) Fifth at 2012 Olympics after Farah, Rupp and the Bekeles 10,000 pb: 27:05.50 -12. 5000 pb: 13:15.25 -14. 2 African Games 10,000 2011; 5 OLY 10,000 2013; 6 WCH 10,000 2013. 1 Japanese 5000 2009/2011; 1 Stanford 10,000 2011; 2 Australian 10,000 2011. Came to Japan in 2007 to attend High School, now he competes for the competes for the S&B Foods team (Japan's leading manufacturer of processed food. Helped pace 2011 Tokyo Marathon He's been described as "the new Samuel Wanjiru" because of his Japanese connections In 2015: 1 Kenyan XC	5000 pb: 14:03.93 -14. 17 COM 5000 2014
AITPAI Berdigui KGZ 25y	SEBAHIRE Eric RWA 30y
In 2015: 1 Kyrgyz XC	Top 10 at 10,000m in last two Commonwealth Games // Half Mar pb: 63:30 -13. 10,000 pb: 28:03.88 -14. 5000 pb: 13:52.59 -13. 41 World Half Mar 2009; 6 COM 10,000 2010 (10 5000); 20 African XC 2012; 4 Francophone Games 5000 2013; 9 COM 10,000 2014. At WXC: 2009-82, 2011-70, 2013 -75
AL-JOUD Abdullah Abdulaziz KSA 39y	UWAJENEZA Jean Marie RWA 26y
In 2914 he because the first Saudi Arabian to contest the World Half Marathon Championships, where at age 38 he improved from 64:35 to 62:58 Half Mar pb: 62:58 -14. 5000 pb: 13:11.61 -12. 5 Asian Games 5000 2010; ht WCH 5000 2011; ht OLY 5000 2012; 48 World Half Mar 2014. At WXC: 2009 -98	Half Mar pb: 62:22 -13. 38 World Half Mar 2012
DAMBADARJAA Gantulga MGL 26y	SILLY Gaylord SEY 29y
Marathon pb: 2:20:54 -14. 12 Asian Games 10,000 2010 (14 5000); 29 World Student Games Half Mar 2013; 9 Asian Games Marathon 2014	Silly pronounced "See-E" // 3000SC pb: 9:08.47 -13. 4 Island Games 3000SC 2008. At WXC: 2008-162, 2010-119, 2011-106. 90 World Half Mar 2009; ht WIC 800 2013; 12 African Champs 3000SC 2014. Lives-Vendôme (Central France). Mother-Seychellois, father- French, he has dual nationality. Works as a tree surgeon
RIMAL Hari Kumar NEP 27y	FANG Jianyong SIN 25y
5000 pb: 14:38.13 -09. 1500 pb: 3:50.15 -10. 11 Asian Champs 5000 2009 (12 1500); 12 Asian Games 1500 2010; 11 Asian Champs 1500 2011 (15 5000); 14 Asian Games 5000 2014	BAYNIT John Bazili TAN 21y
	1500 pb: 3:40.93 -14. 5000 pb: 14:27.78 -11. 7 African junior 5000 2011 (8 1500); 8 COM 1500 2014

JUMA Ismail TAN 23y
Half Mar pb: 64:26 -13. 10K pb: 28:33 -13

PANGA Joseph TAN 18y
10K pb: 29:56 -15 // In 2015: 3 São Sebastião 10K

SIMBU Alphonse TAN 23y
Full name-Alphonse Felix Simbu // 10,000 pb: 29:58.20 -08. 8 African Games 10,000 2011

SULLE Fabiano TAN 20y
Full name-Fabiano Nelson Sulle // 5000 pb: 13:44.65 -14. 16 African Games 5000 2011; 14 COM 5000 2014

GAFOROV Khasan TJK 27y
Marathon pb: 2:24:58 -13. 104 World Half Mar 2014
In 2015: 1 Tajik XC

LI Ming-Sheng TPE 27y

ARIKAN Polat Kemboi TUR 24y
TRANSFEREE – Formerly Paul Kipkosgei Kemboi KEN
2014 European Cross Country Champion. Became a Turkish citizen on June 9, 2011 and under IAAF competition ruling, was not due to be eligible to compete for Turkey until June 2013. On February 27, 2012 the IAAF Council agreed to end the waiting period for him (and Ilham Tanui Özbilen), enabling them to enter the 2012 World Indoor Championships
Half Mar pb: 61:22 -14. 10,000 pb: 27:38.81 -12. 5000 pb: 13:05.98 -11. 3000 pb: 7:42.31 -12. ht WIC 3000 2012; 1 ECP 10,000 2012; 1 ECH 10,000 2012 (3 5000); 9 OLY 10,000 2012 (ht 5000); 10 EIC 3000 2013; 1 Mediterranean Games 10,000 2013; dnf WCH 10,000 2013; 16 World Half Mar 2014; 4 ECH 10,000 2014. At EXC: 2013-2 (in spite of a heavy fall over the one obstacle on the course); 2014-1
He set his pb at 10,000m for ninth at the London Olympics, where he was the second European finisher (after Mo Farah)
In 2015: 6 Seville XC; 2 Elgóibar XC; 4 Trujillo XC

KIBET Moses UGA 24y
10,000 pb: 28:05.71 -14. 5000 pb: 13:15.18 -11. ht WJC 1500 2008. 1 Commonwealth Youth Games 5000 2008; ht WCH 5000 2009; 4 WJC 5000 2010; ht WCH 5000 2011; 6 African XC 2014; 29 World Half Mar 2014; 11 COM 10,000 2014 (15 5000). At WXC: 2009-3J, 2010-5J, 2011-22
In 2015: 4 Ugandan XC

KIPYEKO Phillip UGA 20y
2014 World Junior Mountain Running Champion // 5000 pb: 13:16.92 -13. 3000 pb: 7:44.14 -15. 7 World Youth 3000 2011; 3 Commonwealth Youth Games 3000 2011; 6 WJC 5000 2012/2014; ht WCH 5000 2013; 1 World Junior Mountain Running Champs 2014
In 2015: 1 Ugandan XC

KUSURO Geoffrey UGA 26y
2007 World Junior Mountain Running Champion & third as a senior in 2010
Half Mar pb: 59:43 -15. 5000 pb: 13:12.32 -11. 4 WJC 5000 2008 (2006-9); ht OLY 5000 2008/2012; ht WCH 5000 2009; 12 African Champs 5000 2010. At WXC: 2005-49J, 2006-14J, 2007-10J, 2008-8J, 2009-19, 2010-1, 2011-13. 3 World Mountain Running Championships 2010 (1 junior 2007); 11 World Half Mar 2014. At WXC: 2013-25
In 2015: 3 Ugandan XC; 3 Ostia Half Mar (pb 59:43)

TOROITICH Timothy UGA 23y
Fifth at 2013 World Cross Country Championships // 5000 pb: 13:32.21 -13. 10,000 pb: 27:31.07 -13. 3000SC pb: 8:23.61 -12. 10 African XC 2012; 22 WCH 10,000 2013; 8 COM 10,000 2014 (11 5000). At WXC: 2009-25J, 2010-13J, 2013-5
In 2015: 1 Amorebieta XC; 3 Seville XC

COLLEY Andrew USA 23y
5000 pb: 13:40.19 -14. 10,000 pb: 29:11.08 -14. 5 US Clubs XC 2014. Born-Williamsburg, Virginia. Coach-Peter Rea
In 2015: 6 'Great' Edinburgh XC; 7 US XC; 2 Greenville 10K

CURTIS Bobby USA 30y
2008 US Collegiate Champion at 5000m, representing Villanova University
Marathon pb: 2:11:20 -14. 10,000 pb: 27:24.67 -11. 5000 pb: 13:18.97 -10. 3000 pb: 7:50.17i -08, 7:54.25 -12. At WXC: 2009-37, 2010-47. 1 NCAA 5000 2008 (2007-2); 2 Melbourne "Zatopek" 10,000 2008; 2 'Great' North CityGames 2M 2012 (behind 1st Mohamed Farah). Coach-Kevin Hanson
Marathons (3): 15 New York 2011, 10 Fukuoka 2013, 9 Chicago 2014. Also paced Fukuoka 2014
In 2015: 10 'Great' Edinburgh XC; 2 US XC

DERRICK Chris USA 24y
Captained US Cross Country Champion to silver medals at the 2013 World Cross Country Championships (ahead of Kenya)
10,000 pb: 27:31.38 -12. 5000 pb: 13:08.18 -14. 3000 pb: 7:44.01 -13. 18 WCH 10,000 2013. At WXC: 2009-15J, 2013-10. 1 US XC 2013/2014/2015. 1 'Great' Edinburgh XC 2014/2015. Studied Economics at Stanford University. He says his all-time hero is Bruce Springsteen and his favourite track of Springsteen's is 'Backstreets' from the album 'Born to Run'. Coach-Jerry Schumacher
In 2015: 1 'Great' Edinburgh XC; 1 US XC; 5 US indoor 2M (pb 8:32.51)

KOROLEV Maksim USA 23y
10,000 pb: 29:13.80 -13. 1 Harvard v Yale XC 2012; 4 NCAA XC 2014. Born Kazakhstan, moved to USA at age 7. Gained US citizenship in 2002, cleared by IAAF to compete for USA from February 15, 2015. Graduated from Harvard University with a degree in human development and regenerative biology. Coach-Chris Miltenberg
In 2015: 6 US XC; 1 Pan-American Cup XC

SMYTH Patrick USA 28y
Second at both US Half Marathon and US Cross Country Championships in 2010
Marathon pb: 2:15:00 -12. Half Mar pb: 62:01 -10. 10,000 pb: 28:25.85 -09. 5000 pb: 13:39.50 -09. At WXC: 2010-35. 4 NCAA 10,000 2009; 4 US 10M 2009; 2 US Half Mar/XC 2010. Was at University of Notre Dame (Indiana). Born-Rock Springs, Wyoming
Marathons (3): dnf London 2011, 22 Houston 2012 (US Olympic Trial), 33 Chicago 2012
In 2015: 5 US XC

VAIL Ryan USA 29y
Member of the US team which won silver at the 2013 World Cross Country Championships (ahead of Kenya)
Marathon pb: 2:10:57 -14. Half Mar pb: 62:46 -13. 10,000 pb: 27:51.07 -12. 5000 pb: 13:32.10 -10. 1500 pb: 3:42.80 -10. 5 Pan-American Games 10,000 2011. At WXC: 2005-77J, 2009-33, 2010-44, 2013-17 (team silver). Was at Oklahoma State University. Born-Gresham, Oregon. Coach-Dave Smith
Marathons (4): 11 Houston 2012 (US Olympic Trial), 7 Fukuoka 2012, 10 London 2014, 9 New York 2014. Also helped pace Shalane Flanagan at Berlin 2014
In 2015: 4 US XC; 5 US 15K

RAMAZONOV Ortik UZB 30y
Half Mar pb: 70:14 -14. 17 Asian XC 2014; 100 World Half Mar 2014. 1 Uzbek 10,000 2013
In 2015: 2 Uzbek XC

MWANZA Edward ZAM 26y
At WXC: 2013-82

MUGOMERI Jacob ZIM 22y
19 South of Africa Regional XC 2013