



Blue Mtn. Handcrafts

because a fiber addiction is cheaper than bail...

Basic Split Toe Sock Pattern



This is the basic pattern I use for my split toed socks worked from the toe up. I prefer the toe up method because then I can just knit until I run out of yarn or I'm ready to scream from doing inches of ribbing. You can do them in any stitch pattern as long as you can fit it in the stitches you have to work with on the top of the foot (this will be 28 stitches for this size pattern)—I find it is okay to steal 2 to 4 stitches from the heel section if your pattern for the top needs more. **REMEMBER TO CONVERT YOUR STITCH PATTERN FOR IN THE ROUND!** This pattern is for a woman's average size foot (shoe size approx. 8 to 9)

You will need:

3.5 oz. fingering weight yarn
gauge 7 1/2 stitches per inch

****It works well to separate your yarn into two equal weight balls so you know exactly how much yarn you've got to work with for each sock.**

2 sets of DPN 's in Size 2

2 stitch markers for beginning of round on #1 needle

row counter

yarn needle

Stitches

I (Increase)= K1 in front and then K1 in back of same stitch before sliding off the needle

Big Toe

Cast on 9 stitches evenly over 3 needles leaving a 4" tail (you'll need it to close up the toe)

****place marker between 1st and 2nd stitch when you start your first knit round**

1. Knit 3 rounds

2. I, K1, I on each needle (15 stitches)

3. Knit 3 rounds

4. K1, I, K1, I, K1 on each needle (21 stitches)

5. Knit all rounds until big toe section is approx. 2" long (or length needed to meet ball of foot without stretching)

*****cut yarn leaving a 5" tail and LEAVE ON THE NEEDLES! Now is also a good time to thread your tail from the beginning through the cast on stitches, pull it closed, pull tail through top to wrong side of sock and weave in.**

4 Toe Section

Cast on 15 stitches evenly over 3 needles leaving a 3" tail

**** place stitch marker between 1st and 2nd stitch on needle #1 when beginning 1st round**

1. Knit 3 rounds

2. K1, I, K1, I, K1 on all needles (21 stitches)

3. Knit 3 rounds

4. K2, I, K2, I, K1 on all needles (27 stitches)

5. Knit 3 rounds

6. K3, I, K3, I, K1 on all needles (33 stitches)

7. Knit 3 rounds

8. K4, I, K4, I, K1 on all needles (39 stitches)

9. Knit 3 rounds

10. K5, I, K5, I, K1 on all needles (45 stitches)

11. Knit 4 rounds or until long enough to cover 4 toes to ball of foot—same length as big toe section.

****this is a good time to close up the toe using the same method as on the big toe section**

Connecting Toe Pieces

**** This is a little awkward until you get all stitches on 4 needles and a few rounds done.**

- 1. Knit across 1st needle of 4 Toes section and then knit across the 1st needle of the big toe section all on the same needle**
- 2. Knit all remaining big toe stitches onto needle #2**
- 3. Knit 2nd and 3rd needles of 4 Toes section as usual—these will be needles #3 and #4**
- 4. Knit 4 rounds**
- 5. K2 together 5 times evenly spaced on next 2 rounds—decreasing 10 stitches total (5 on each round)**
- 6. Knit one round**

*****move stitches on needles so there are 14 stitches on each needle marking the beginning of the round on needle #1-----needle #1 and #2 will be the top of your foot, needles #3 & #4 will be the bottom and the heel**

WHEN DOING SECOND SOCK MAKE SURE YOU ARE STARTING ON THE OPPOSITE SIDE AS THE FIRST SOCK—YOU DON'T WANT TWO LEFT FEET!!!

****with long tail from bottom of Big Toe section use yarn needle to stitch up open section between side of Big Toe and 4 Toe section, weave in loose end and cut**

Foot and Heel

Now you can start your stitch pattern on the top of the foot----knit all stitches on needles #3 and #4 until the heel is done and you are beginning the leg.

- 1. knit until your sock is long enough and comes within a frog's hair of your ankle bone**
- 2. knit all of stitches on needle 1 & 4 onto one needle and knit and purl back and forth in short rows until only 10 are still being worked— or half of your stitches reserved for the heel**

3. work your short rows picking up the stitch at the end on the left hand needle that you did not knit/purl before--I usually pick up a stitch in the center between the last stitch I worked and the short row stitch I need to pick up so there isn't a gaping hole
4. . do #15 until you have picked up all your stitches working back and forth and can continue into needle 2 with pattern
5. I continue working needle 2 & 3 in pattern and knitting needle 1 & 4 until there is enough heel
(approx. 2 inches) and then I work them into the pattern
6. knit in your pattern choice until sock is long enough
7. start some ribbing --k2p2 works best for me and is stretchy--and work until you think it is long enough or your tired of it
8. cut the yarn so you have a 18" tail and thread it through a yarn needle
9. to bind off run the needle knitwise through the next two stitches and then knitwise again through the 1st stitch then take the 1st stitch off the DPN
10. now run it through the next two stitches (the 1st stitch will be your previous second stitch) and back through 1st stitch as before and continue doing this until you've gone through them all--this is my least favorite part but it is the light at the end of the tunnel
11. when you come back around to the beginning run your needle through the original 1st stitch and weave into inside of sock
12. Pat yourself on the back, have a sip of that mixed drink, take another aspirin, and then do it all over again.

*****If you want a pretty edging to the tops of your socks a crocheted edging is the way to go!**