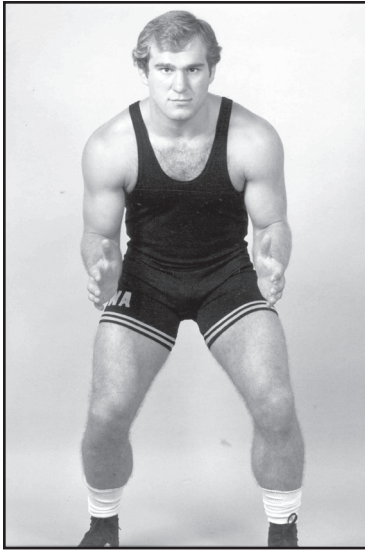


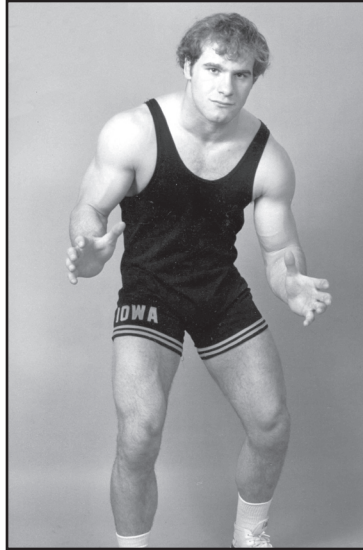


IOWA HAWKEYE WRESTLING

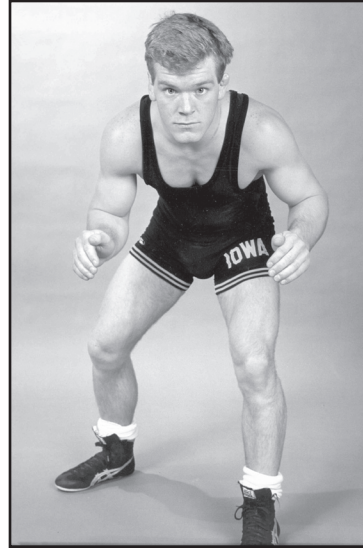
Hawkeyes In International Wrestling Competition



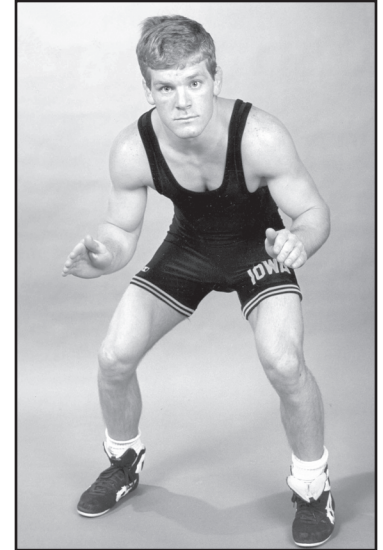
Ed Banach



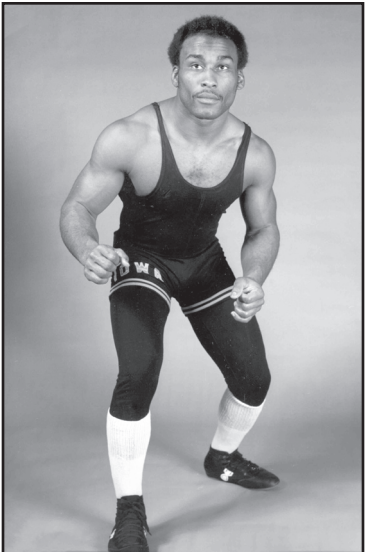
Lou Banach



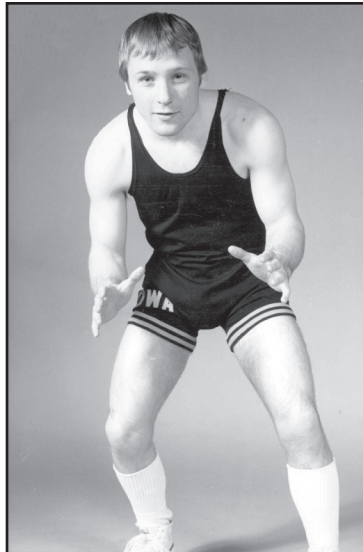
Terry Brands



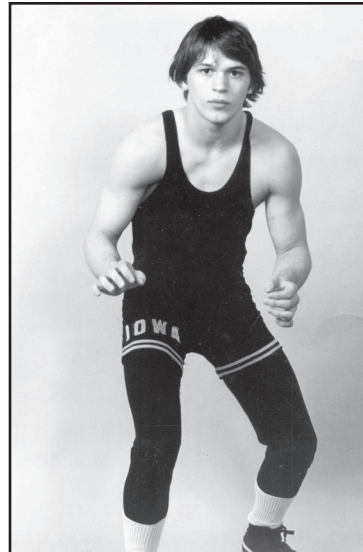
Tom Brands



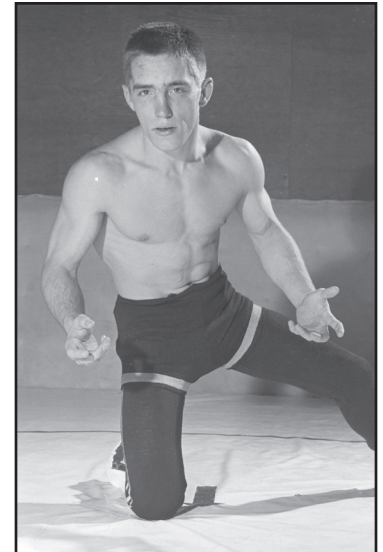
Chris Campbell



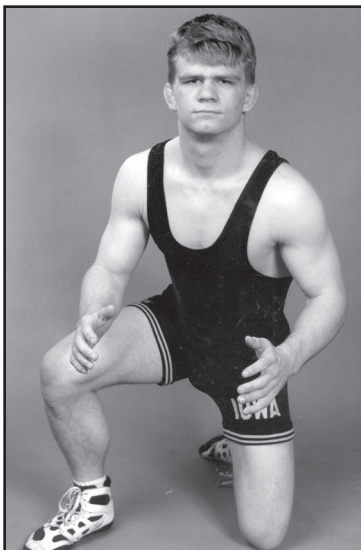
Barry Davis



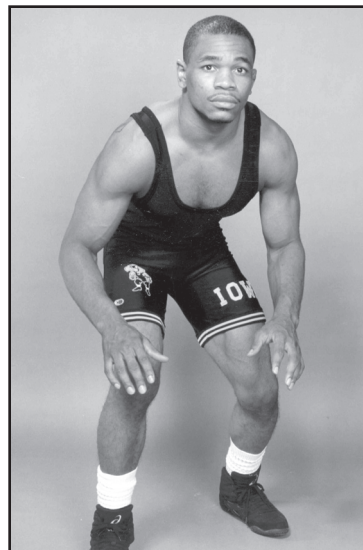
Randy Lewis



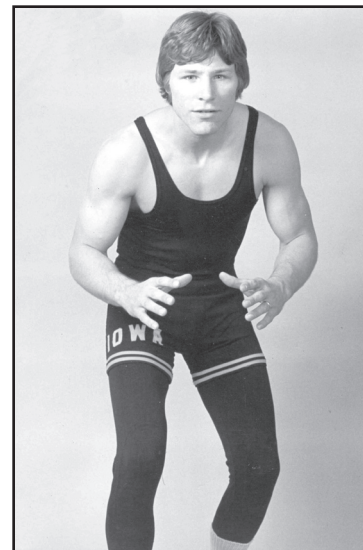
Terry McCann



Lincoln McIlravy



Joe Williams



Chuck Yagla

IOWA HAWKEYE WRESTLING

Hawkeyes In International Wrestling Competition



Hawkeye Olympians

Name	Year	Weight	Games (Medal)
Ed Banach	1984	198	Los Angeles (G)
Lou Banach	1984	220	Los Angeles (G)
Leslie Beers	1928	158.5	Amsterdam (A)
Terry Brands	2000	127.75	Sydney (B)
Tom Brands	1996	136.5	Atlanta (G)
Chris Campbell	1980	180.5	Moscow
	1992	198	Barcelona (B)
Steve Combs	1968	171.5	Mexico City
Barry Davis	1984	125.5	Los Angeles (S)
	1988	125.5	Seoul

Name	Year	Weight	Games (Medal)
Randy Lewis	1980	136.5	Moscow
	1984	136.5	Los Angeles (G)
Terry McCann	1960	125.5	Rome (G)
Lincoln McClravy	2000	152	Sydney (B)
Steve Mocco	2008	264.5	Beijing
Joe Scarpello	1948	174	London (A)
Doug Schwab	2008	145.5	Beijing
Joe Williams	2004	163	Athens
Chuck Yagla	1980	149.5	Moscow
Mike Zadick	2008	132	Beijing



Hawkeye World Championships Experience

Name	Year	Games (Medal)
Royce Alger	1990	Tokyo, Japan (S)
Ed Banach	1983	Kiev, Soviet Union
John Bowlsby	1974	Istanbul, Turkey
	1977	Lausanne, Switzerland
Terry Brands	1993	Toronto, Canada (G)
	1994	Istanbul, Turkey
	1995	Atlanta, United States (G)
Tom Brands	1993	Toronto, Canada (G)
	1994	Istanbul, Turkey
	1995	Atlanta, United States
Chris Campbell	1977	Lausanne, Switzerland
	1981	Skoplje, Yugoslavia (G)
	1990	Tokyo, Japan (S)
	1991	Varna, Bulgaria
Barry Davis	1983	Kiev, Soviet Union
	1986	Budapest, Hungary (S)
	1987	Clermont-Ferrand, France (S)
Dan Gable	1977	Lausanne, Switzerland (C)
	1978	Mexico City, Mexico (C)
	1979	San Diego, United States (C)
	1983	Kiev, Soviet Union (C)
	1994	Istanbul, Turkey (C)
	1999	Ankara, Turkey (C)

Name	Year	Games (Medal)
Randy Lewis	1978	Mexico City, Mexico
	1982	Edmonton, Canada
Lincoln McClravy	1997	Krasnoyarsk, Russia
	1998	Tehran, Iran (B)
	1999	Ankara, Turkey (S)
Joe Melchiorre	1990	Tokyo, Japan
John Oostendorp	1995	Prague, Czech Republic
Brad Penrith	1989	Martigny, Switzerland
	1991	Varna, Bulgaria (S)
Doug Schwab	2007	Baku, Azerbaijan
Joe Williams	1999	Ankara, Turkey
	2001	Sofia, Bulgaria (B)
	2002	Tehran, Iran
	2003	New York, United States
	2005	Budapest Hungary (B)
	2007	Baku, Azerbaijan
Chuck Yagla	1977	Lausanne, Switzerland
	1979	San Diego, United States
Bill Zadick	2001	Sofia, Bulgaria
	2006	Guangzhou, China (G)
Mike Zadick	2006	Guangzhou, China (S)
	2007	Baku, Azerbaijan

G - gold medal, S - silver medal, B - bronze medal, C - coach, A - team alternate



IOWA HAWKEYE WRESTLING

NCAA Championship Seasons

No team has dominated collegiate wrestling like the University of Iowa Hawkeyes since the mid 1970s. Iowa captured nine straight NCAA titles from 1978-86 and has won 22 of the last 35. During that span Iowa boasts 224 all-Americans and 62 individual champions. Following are summaries of Iowa's 22 NCAA championship seasons.

1975

Iowa posted an undefeated dual season (17-0-1), set a school mark for wins and won its first NCAA title. The team had a school-record five all-Americans, national champs in Chuck Yagla and Dan Holm, and four dual shutouts.

1976

Iowa won its second straight NCAA title and captured 14 of 15 duals. A school-record three Hawkeyes (Brad Smith, Chuck Yagla and Chris Campbell) won NCAA titles. Yagla won his second straight title and was the meet's Outstanding Wrestler. Iowa won the title by almost 40 points and amassed a national record 123 1/4 points.

1978

The Hawkeyes started their nine-year string of national championships and were 15-1 in duals. Iowa's one-half point margin of victory at the NCAA meet gave the Hawkeyes their third title in four years. This team was the first in college history to win the national championship without an individual champion.

1979

Coach Dan Gable's first undefeated and untied (19-0-0) team included NCAA champs Bruce Kinseth and Randy Lewis. Kinseth, who had a school-record 23 pins, was named Outstanding Wrestler at the NCAA Meet. He pinned all four opponents at Big Tens and all five at nationals.

1980

Iowa won its third straight national title with a school-record eight all-Americans, including NCAA champions Randy Lewis (134) and Ed Banach (177). A 34-match dual winning streak was snapped by Cal-Poly, 27-12.

1981

The winningest team (21-1) in Iowa annals boasted nine all-Americans and seven Big Ten champs. Brothers Ed and Lou Banach won NCAA titles. The 10-man lineup had an overall record of 302-45-2. Iowa won the NCAA title by 29 1/2 points.

1982

Three NCAA champions – Barry Davis, Jim Zalesky and Pete Bush – paced the undefeated (16-0-1) national titlists. Davis set the Iowa season mark for wins with 46. The Hawkeyes had eight all-Americans and piled up a record 131 3/4 points at the NAAs.

1983

Iowa set a Big Ten record with nine league champs, compiled a 17-1 dual record and won a sixth consecutive NCAA crown. Iowa had nine all-Americans, a tournament record. Ed Banach won his third NCAA title in four years. Carver-Hawkeye Arena opened its doors with a 35-7 victory over Oklahoma.

1984

The Hawkeyes were 16-1 in duals and won both NCAA and Big Ten titles. Jim Zalesky, named Outstanding Wrestler at the NAAs, posted his second straight undefeated campaign and closed his career with 89 straight wins. Five Hawkeyes made the national championship match.

1985

Gable's second perfect season record (18-0-0) was accomplished with nine all-Americans and eight Big Ten champions. Davis, who won his third NCAA title, earned Outstanding Wrestler. For the second year in a row, five Hawkeyes wrestled in NCAA title matches.

1986

The Hawkeyes' record-tying ninth straight national team title was a record-shattering performance. Iowa set all-time NCAA records for points scored (158), margin of victory (73.25) and national champs (five)! Marty Kistler was the Hawkeyes' third straight NCAA Outstanding Wrestler award winner. Six wrestlers won at least 30 matches. The ninth straight NCAA championship tied the all-time record for consecutive titles.



Iowa scored 96.5 points to win the 2009 NCAA team title, edging runner-up Ohio State by 4.5 points in the closest margin of victory since 1999.



1991

The Hawkeyes regained the national title that had eluded them since 1986, crowning nine all-Americans at the NCAA meet in Iowa City. Tom Brands (134) won his second straight title and was joined on the victory stand by Mark Reiland (167). Tom Brands ended the year with a perfect 45-0 record. Iowa's team total of 157 was just one shy of the NCAA record, set by Iowa in 1986. The Hawkeyes won their 18th straight Big Ten title.

1992

Gable's third perfect season (16-0-0) was accomplished by nine all-Americans, including NCAA champs Terry Brands, Tom Brands, and Troy Steiner. Tom Brands won his third consecutive NCAA title and was named Outstanding Wrestler. The Hawkeyes won their 19th straight Big Ten crown (6 champs) and second straight NCAA title. The Iowa-Iowa State dual meet (a 29-8 Iowa victory) drew an NCAA record 15,291 fans in Iowa City.

1993

Iowa rebounded from a midseason slump to win a third straight NCAA title and 20th consecutive Big Ten title. The Hawkeyes fell from the top of the Amateur Wrestling News poll with a 24-20 loss to Nebraska at the National Duals in Lincoln, NE, in late January, but regrouped to go 8-0 down the stretch. Seven Hawkeyes earned all-American honors, headlined by national champs Lincoln McClravy and Terry Steiner. Steiner was named Outstanding Wrestler at the NCAA Meet, and his brother Troy was selected Big Ten Athlete of the Year. Gable was named Big Ten Coach of the Year for the first time.

1995

The Hawkeyes won their 15th NCAA title and 22nd consecutive Big Ten title while posting an undefeated dual meet record (14-0). Nine Hawkeyes were named to the all-America team for the sixth time in school history. The all-Americans were Ray Brinzer, Mark Ironside, Jeff McGinness, Lincoln McClravy, Mike Mena, Matt Nerem, Joel Sharratt, Daryl Weber and Bill Zadick.

1996

Iowa finished its second consecutive dual meet season undefeated, posting a 17-0 record. The Hawkeyes won their 23rd consecutive Big Ten title and their 16th national title. Gable was named Big Ten Co-Coach of the Year and sophomore Mark Ironside was selected Big Ten Wrestler of the Year. Seniors Daryl Weber and Bill Zadick and sophomore Joe Williams all won their first NCAA titles. Seven Hawkeyes earned all-American honors, including Lee Fullhart, Ironside, Mike Mena, Mike Uker, Weber, Williams and Zadick.

1997

The Hawkeyes scored an NCAA record 170 team points en route to their 17th national title in Dan Gable's final season at Iowa head coach. Iowa crowned five national champions (Jessie Whitmer, Mark Ironside, Lincoln McClravy, Joe Williams and Lee Fullhart), and eight all-Americans. McClravy was named Outstanding Wrestler of the NCAA Championships. The Hawkeyes also won their 24th consecutive Big Ten title, and Ironside was named Big Ten Wrestler of the Year for the second consecutive year.

1998

Led by head coach Jim Zalesky, the Hawkeyes won their 25th consecutive Big Ten title and their 18th national title. Seniors Mark Ironside, Jeff McGinness and Joe Williams all won Big Ten and NCAA individual titles. Ironside was named Big Ten wrestler of the Year, McGinness was selected Outstanding Wrestler of the Big Ten meet and Williams garnered Outstanding Wrestler honors at the NCAA meet. Junior Lee Fullhart, freshman Eric Juergens and sophomore Wes Hand earned all-America honors.

1999

Iowa won their eighth NCAA title in the 1990's and their 19th overall at an exciting national meet in University Park, PA. The Hawkeyes' two-point victory margin was the closest in 20 years. Sophomores Doug Schwab and T.J. Williams each won their first national titles, while sophomore Eric Juergens and seniors Lee Fullhart and Jamie Heidt earned all-American honors. Heidt, Schwab and Williams all won Big Ten titles.

2000

The Hawkeyes won seven consecutive matches, scoring 23 1/2 points, in the consolation round to come from behind and win their sixth consecutive NCAA Championship in St. Louis, MO. Iowa crowned one individual national champion in junior 133-pounder Eric Juergens, while juniors Jody Strittmatter, Doug Schwab and T.J. Williams, sophomore Mike Zadick and senior Wes Hand earned all-America honors. The Hawkeyes went 18-0 in duals, and recaptured the conference team title. Big Ten individual champs were Strittmatter, Juergens, Schwab and Williams.

2008

After an eight-year absence, the Hawkeyes regained the top spot on the NCAA Championship podium by winning the school's 21st national title. The team crowned two individual champions - senior Mark Perry (165) and sophomore Brent Metcalf (149) - and had seven all-Americans. Iowa won its 32nd Big Ten title and went 21-1 in dual competition and 8-0 in Big Ten duals. Head Coach Tom Brands was named Coach of the Year by the NWCA, WIN Magazine and the Big Ten. Metcalf was named the Dan Hodge Trophy winner, the Jesse Owens Big Ten Male Athlete of the Year, Outstanding Wrestler at the NCAA and Big Ten Championships and Big Ten Wrestler of the Year.

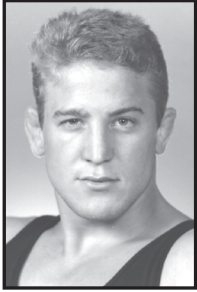
2009

Despite crowning no individual champions, the Hawkeyes collected their second straight team title at the 2009 NCAA Championships in St. Louis, MO. Iowa scored 96.5 points, edging runner-up Ohio State by 4.5 points, to record its 22nd NCAA team title. It's the closest margin of victory since Iowa won the 1999 team title by two points. It also marks only the second time in school history the Hawkeyes have won the NCAA title without an individual champion. Iowa also accomplished that feat in 1978. The Hawkeyes had a total of five all-Americans in juniors Brent Metcalf (149-2nd), Daniel Dennis (133-7th), Ryan Morningstar (165-3rd), Phillip Keddy (184-4th) and Dan Erekson (Hwt.-4th). The Hawkeyes posted a perfect 24-0 dual meet record, going 8-0 in Big Ten duals, and won their 33rd Big Ten team title. Iowa also set the national collegiate dual meet attendance record of 15,955 when it hosted Iowa State at Carver-Hawkeye Arena.

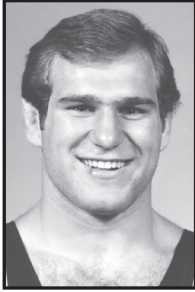


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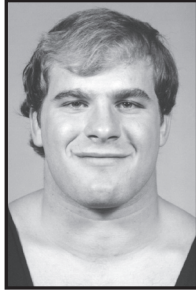
NCAA Champions



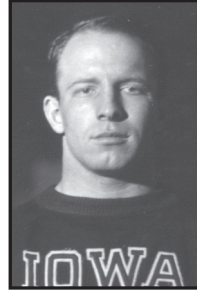
Royce Alger
1987, 1988



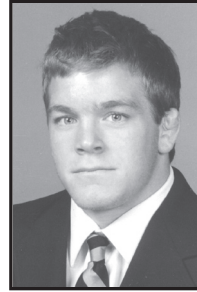
Ed Banach
1980, 1981, 1983



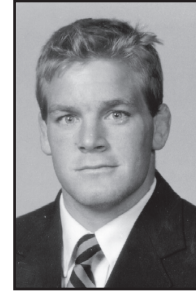
Lou Banach
1981, 1983



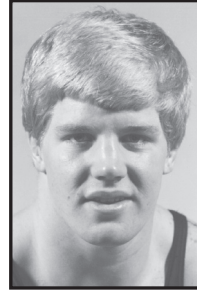
Leslie Beers
1928



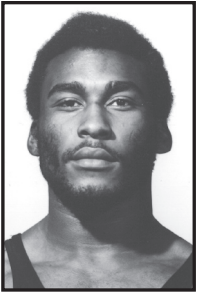
Terry Brands
1990, 1992



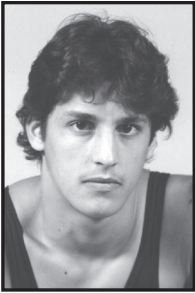
Tom Brands
1990, 1991, 1992



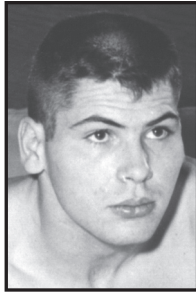
Pete Bush
1982



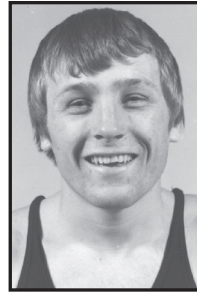
Chris Campbell
1976, 1977



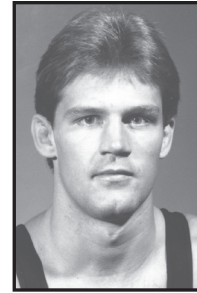
Rico Chiapparelli
1987



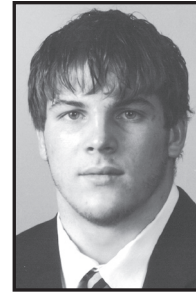
Jim Craig
1959



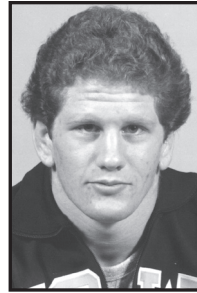
Barry Davis
1982, 1983, 1985



Kevin Dresser
1986



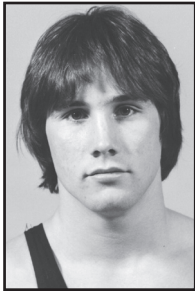
Lee Fullhart
1997



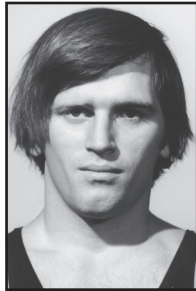
Duane Goldman
1986



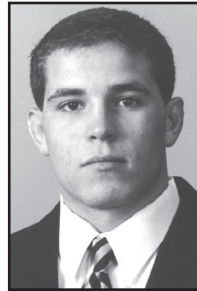
Richard Govig
1954



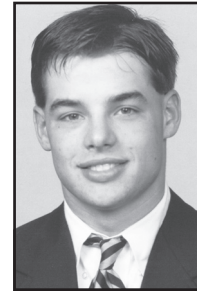
Jim Heffernan
1986



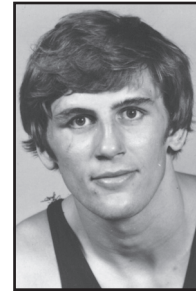
Dan Holm
1975



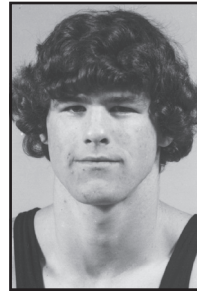
Mark Ironside
1997, 1998



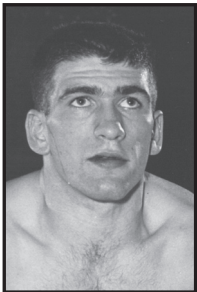
Eric Juergens
2000, 2001



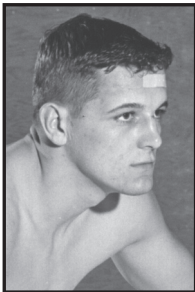
Bruce Kinseth
1979



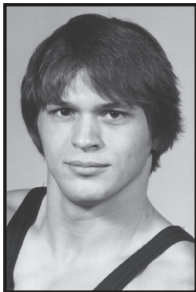
Marty Kistler
1985, 1986



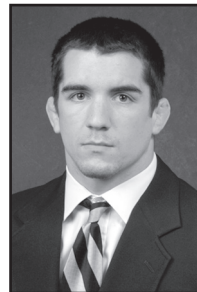
Gary Kurdelmeier
1958



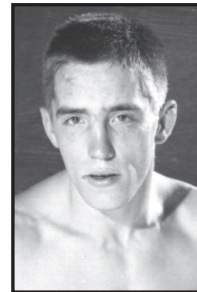
Kenneth Leuer
1956



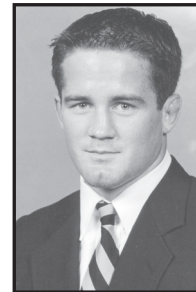
Randy Lewis
1970, 1980



Brent Metcalf
2008



Terry McCann
1955, 1956



Jeff McGinness
1995, 1998



Lincoln McIlravy
1993, 1994, 1997

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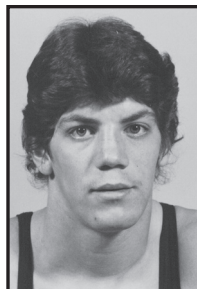
NCAA Champions & Hodge Trophy Winners



Steve Mocco
2003



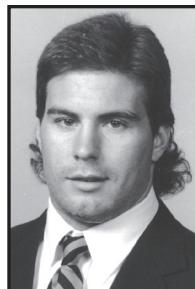
Cliff Moore
2004



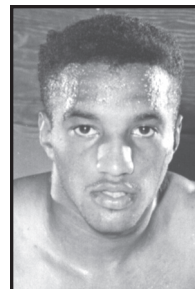
Brad Penrith
1986



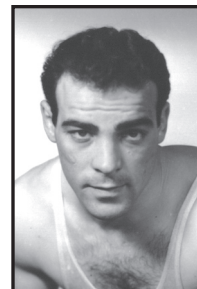
Mark Perry
2007, 2008



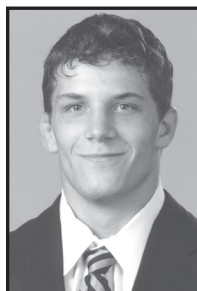
Mark Reiland
1991



Simon Roberts
1957



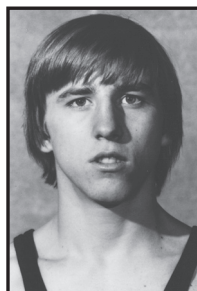
Joe Scarpello
1947, 1950



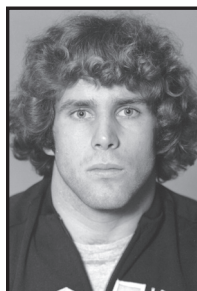
Doug Schwab
1999



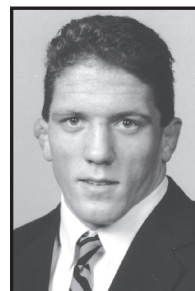
Joel Sharratt
1994



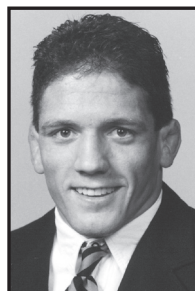
Dan Sherman
1973



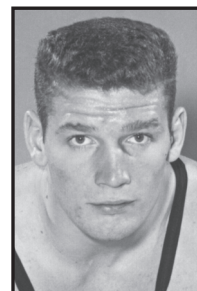
Brad Smith
1976



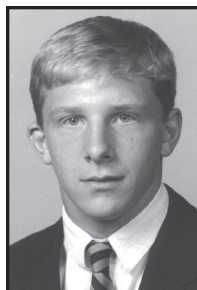
Terry Steiner
1993



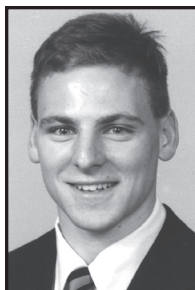
Troy Steiner
1992



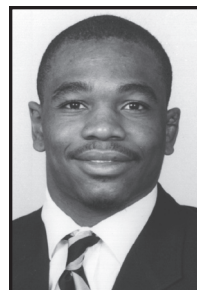
Sherwyn Thorson
1962



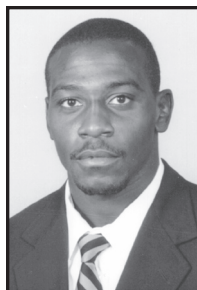
Daryl Weber
1996



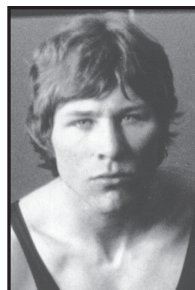
Jessie Whitmer
1997



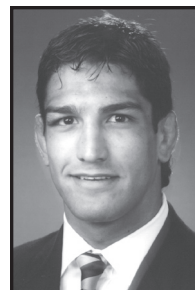
Joe Williams
1996, 1997, 1998



T.J. Williams
1999, 2001



Chuck Yagla
1975, 1976

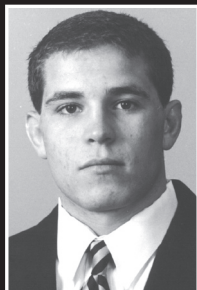


Bill Zadick
1996



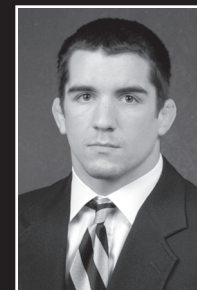
Jim Zalesky
1982, 1983, 1984

Dan Hodge Trophy



Mark Ironside
1998

The Dan Hodge Trophy is presented annually to the nation's most dominant college wrestler. It is named for the undefeated, three-time NCAA champion from Oklahoma University in the mid 1950s. Hodge has the highest pinning percentage in collegiate history, and was known for his dominating style of wrestling. The award is co-sponsored by *W.I.N. Magazine* and the Dan Gable International Wrestling Institute and Museum in Waterloo, IA. The award was first presented in 1995. Former Hawkeye **Mark Ironside** won the award in 1998 and Hawkeye senior **Brent Metcalf** won it in 2008.



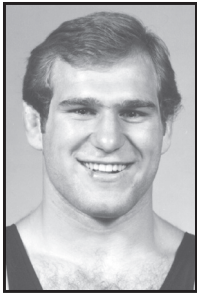
Brent Metcalf
2008



IOWA HAWKEYE WRESTLING

Four-Time All-Americans

Following are brief sketches on wrestlers who earned four all-America honors while competing for the University of Iowa.

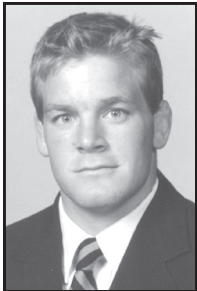


Ed Banach

177-190 pounds

Won gold medal at 1984 Olympics... three-time NCAA Champion... 1983 Big Ten Athlete of the Year... sixth wrestler in Big Ten history to win four conference titles... career record was 141-9-1... set school record for most pins in a career (73)... ranks second in season pins (22), fourth in career wins (141) and eighth in season wins (41 in 1980) and career winning percentage (.937) in school history.

Year	W-L-D	NCAA Finish
1979-80	41-3-0	1st
1980-81	35-1-0	1st
1981-82	31-2-1	2nd
1982-83	34-3-1	1st

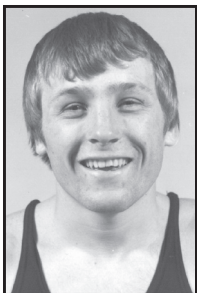


Tom Brands

126-134 pounds

Won gold medal at 1996 Olympics... three-time NCAA and Big Ten Champion... named Outstanding Wrestler at 1992 NCAA Championships... career record was 158-7-2... holds school record for best season winning percentage (1.00 in 1991 and 1992) with 12 other Hawkeyes... also ranks second in season wins (45 in 1991) and career wins (158), third in career winning percentage (.952), seventh in career pins (46) and eighth in season wins (41 in 1992) in school history.

Year	W-L-D	NCAA Finish
1988-89	32-4-2	4th
1989-90	40-2-0	1st
1990-91	45-0-0	1st
1991-92	41-1-0	1st



Barry Davis

118-126 pounds

Two-time Olympian, winning silver medal at 1984 Olympics... three-time NCAA Champion... named Big Ten Athlete of the Year and Outstanding Wrestler at NCAA Championships in 1985... seventh wrestler in Big Ten history to win four conference titles...career record was 162-9-2... holds school records for most wins in a season (46 in 1982) and in a career (162)... also ranks fifth in career winning percentage (.945) in school history.

Year	W-L-D	NCAA Finish
1980-81	35-6-0	7th
1981-82	46-1-0	1st
1982-83	38-1-1	1st
1984-85	43-1-1	1st

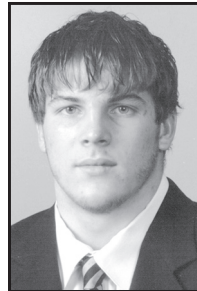


Mike DeAnna

167 pounds

Fifth wrestler in Big Ten history to win four conference titles... career record was 122-18-2... two-time runner-up at NCAA Championships.

Year	W-L-D	NCAA Finish
1976-77	30-5-0	3rd
1977-78	31-5-2	6th
1978-79	24-6-0	2nd
1980-81	37-2-0	2nd

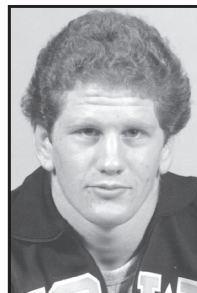


Lee Fullhart

190-197 pounds

NCAA Champion in 1997... career record was 107-18... three-time runner-up at Big Ten Championships.

Year	W-L-D	NCAA Finish
1995-96	16-5-0	4th
1996-97	26-4-0	1st
1997-98	31-4-0	3rd
1998-99	34-5-0	2nd



Duane Goldman

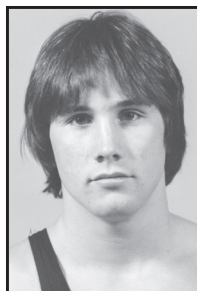
177-190 pounds

1986 NCAA Champion... three-time NCAA runner-up... eighth wrestler in Big Ten history to win four conference titles...career record was 132-10... holds school record for best season winning percentage (1.00 in 1986) with 12 other Hawkeyes... also ranks sixth in career wins (132) and 10th in career winning percentage (.930) in school history.

Year	W-L-D	NCAA Finish
1982-83	34-7-0	2nd
1983-84	31-1-0	2nd
1984-85	31-2-0	2nd
1985-86	36-0-0	1st



Following are brief sketches on wrestlers who earned four all-America honors while competing for the University of Iowa.

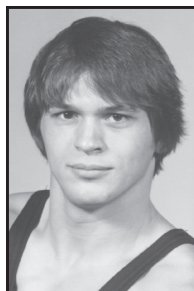


Jim Heffernan

150 pounds

NCAA champion in 1986... ninth wrestler in Big Ten history to win four conference titles... career record was 131-18-2... two-time NCAA runner-up... ranks seventh in career wins (131) in school history.

Year	W-L-D	NCAA Finish
1982-83	23-7-1	4th
1984-85	40-5-0	2nd
1985-86	32-3-1	1st
1986-87	36-3-0	2nd

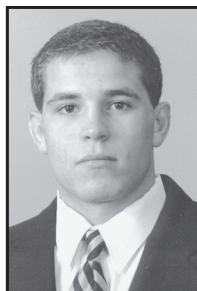


Randy Lewis

126-134 pounds

Two-time Olympian, winning gold medal at 1984 Olympics... two-time NCAA champion, winning three Big Ten titles... career record was 127-11-1... holds school record for best season winning percentage (1.00 in 1979) with 12 other Hawkeyes... also ranks second in career pins (64) and fourth in season pins (19 in 1979 and 1980) in school history.

Year	W-L-D	NCAA Finish
1977-78	30-6-0	2nd
1978-79	36-0-0	1st
1979-80	40-1-0	1st
1980-81	21-4-1	7th



Mark Ironside

134 pounds

Two-time NCAA champion... 1998 Hodge Award winner... 10th wrestler in Big Ten history to win four Big Ten titles... three-time Big Ten Wrestler of the Year... career record was 127-10... holds school record for best season winning percentage (1.00 in 1997 and 1998) with 12 other Hawkeyes... ended collegiate career on a 67-match winning streak that spanned three seasons.

Year	W-L-D	NCAA Finish
1994-95	27-8-0	6th
1995-96	35-2-0	3rd
1996-97	30-0-0	1st
1997-98	35-0-0	1st

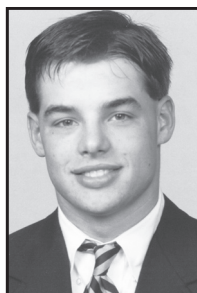


Lincoln McIlravy

142-150 pounds

Won bronze medal at 2000 Olympics... three-time NCAA and Big Ten Champion... named Outstanding Wrestler of 1997 NCAA Championships... named 1993 Big Ten Freshman of the Year... career record was 96-3-0... holds school record for best season winning percentage (1.00 in 1994 and 1997) with 12 other Hawkeyes... also ranks second in career winning percentage (.970).

Year	W-L-D	NCAA Finish
1992-93	22-2-0	1st
1993-94	27-0-0	1st
1994-95	25-1-0	2nd
1996-97	22-0-0	1st



Eric Juergens

118-133 pounds

Two-time NCAA and Big Ten Champion... named 2001 Big Ten Wrestler of the Year... career record was 120-13... holds school record for best season winning percentage (1.00 in 2000) with 12 other Hawkeyes... ended his career on a 28-match winning streak, winning 65 of his last 66 outings.

Year	W-L-D	NCAA Finish
1997-98	23-5-0	3rd
1998-99	36-7-0	3rd
1999-2000	31-0-0	1st
2000-01	30-1-0	1st



Mike Mena

118-126 pounds

Won one Big Ten title... career record was 108-24... runner up at 1997 NCAA Championships.

Year	W-L-D	NCAA Finish
1993-94	27-10-0	7th
1994-95	31-3-0	3rd
1995-96	26-5-0	5th
1996-97	24-6-0	2nd



IOWA HAWKEYE WRESTLING

Four-Time All-Americans

Following are brief sketches on wrestlers who earned four all-America honors while competing for the University of Iowa.

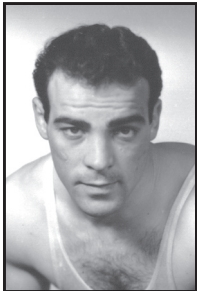


Mark Perry

165-174 pounds

Two-time NCAA Champion... won 2007 Big Ten title... four-time Big Ten finalist... career record was 96-16... Gorriaran Trophy winner at 2006 NCAA Championships, pinning four opponents in a combined total of 15:33... 2005 NWCA Rookie of the Year.

Year	W-L-D	NCAA Finish
2004-05	27-5-0	2nd
2005-06	21-4-0	3rd
2006-07	28-4-0	1st
2007-08	20-3-0	1st



Joe Scarpello

175 pounds

Iowa's first two-time NCAA champion... third wrestler in Big Ten history to win four conference titles... placed second as a sophomore and third as a junior... national AAU champ in 1942... career record was 51-5.

Year	W-L-D	NCAA Finish
1946-47	12-0-0	1st
1947-48	18-4-0	3rd
1948-49	10-1-0	2nd
1949-50	11-0-0	1st

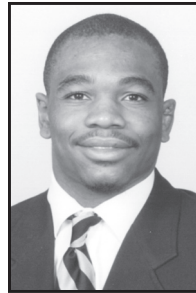


Troy Steiner

134-142 pounds

Won one NCAA title and three Big Ten championships... career record was 148-13... bronze medalist at 1991 U.S. Olympic Festival at 149.5 pounds... holds school record for best season winning percentage (1.00 in 1992) with 12 other Hawkeyes... also ranks third in career wins (148) and sixth in season wins (42 in 1992).

Year	W-L-D	NCAA Finish
1989-90	32-8-0	5th
1990-91	40-4-1	2nd
1991-92	42-0-0	1st
1992-93	34-1-0	3rd



Joe Williams

158-167 pounds

Three-time NCAA Champion... won two Big Ten titles... named Outstanding Wrestler of 1998 NCAA Championships... career record was 129-9... holds school record for best season winning percentage (1.00 in 1998) with 12 other Hawkeyes... also ranks ninth in career winning percentage (.935) in school history... ended collegiate career on 39-match winning streak.

Year	W-L-D	NCAA Finish
1993-94	30-7-0	7th
1995-96	36-1-0	1st
1996-97	29-1-0	1st
1997-98	34-0-0	1st



Jim Zalesky

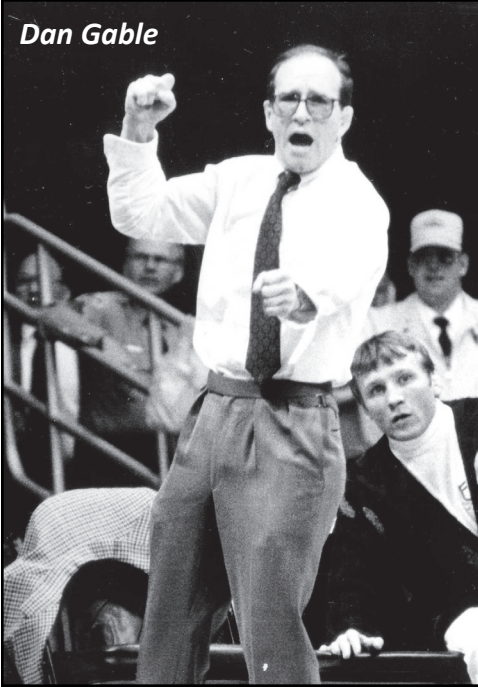
158 pounds

Three-time NCAA and Big Ten Champion... 132-7-1 career record... named Outstanding Wrestler at the 1984 Championships... won his last 89 collegiate matches... holds school record for best season winning percentage (1.00 in 1983 and 1984) with 12 other Hawkeyes... ranks seventh in career wins (131) and winning percentage (.939).

Year	W-L-D	NCAA Finish
1980-81	23-5-0	5th
1981-82	30-2-1	1st
1982-83	40-0-0	1st
1983-84	39-0-0	1st



Dan Gable



Iowa's Most...

Wins in a season: _____ 25 ____ 1991
 Losses in a season: _____ 8 ____ 1967
 All-Americans in a season: _____ 9 ____ 1981, 1983, 1985, 1991, 1992, 1995
 Big Ten Champions in a season: _____ 9 ____ 1983
 NCAA Champions in a season: _____ 5 ____ 1986, 1997

Most Consecutive...

Wins: _____ 42 ____ February 13, 1994-January 19, 1997
 Home Wins: _____ 55 ____ January 9, 1997-December 18, 1983
 Away Wins: _____ 31 ____ February 13, 1994-January 19, 1997
 Losses: _____ 8 ____ 1932-33
 Big Ten Wins: _____ 98 ____ December 13, 1975-January 28, 1989
 Big Ten Home Wins: _____ 63 ____ January 17, 1975-January 3, 1998
 Big Ten Away Wins: _____ 54 ____ January 19, 1974-January 28, 1989

Most Team Points Scored...

In a Season (Dual Matches): _____ 1,028 ____ 1991
 In a Dual Match: _____ 60 ____ vs. Simpson, 1987
 By an Opponent in a Dual Match: _____ 39 ____ by Oklahoma, 1966
 At the Big Ten Championships: _____ 200 ____ 1983
 At the NCAA Championships: _____ 170 ____ 1997

Thirty-Six Seasons On Top

The following statistics reflect the University of Iowa's wrestling success over the past 36 seasons (1974-2009).

NCAA Team Titles

1. Iowa 22
2. Oklahoma State 7
3. Minnesota 3
4. Iowa State 2
5. Arizona State 1
- Oklahoma 1

All-Americans

1. Iowa 227
2. Oklahoma State 184
3. Iowa State 165
4. Oklahoma 123
5. Minnesota 109

NCAA Points

1. Iowa 3,907.5
2. Oklahoma State 3,052.5
3. Iowa State 2,619.5
4. Oklahoma 2,010.25
5. Minnesota 1,720.75

National Champions

1. Iowa 63
2. Oklahoma State 43
3. Iowa State 29
4. Oklahoma 21
5. Minnesota 13
- Penn State 13

NCAA Finalists

1. Iowa 111
2. Oklahoma State 70
3. Iowa State 63
4. Oklahoma 43
5. Penn State 31
6. Minnesota 30

Top 10 NCAA Point Totals

1. Iowa 170.00 . 1997
2. Iowa 158.00 . 1986
3. Iowa 157.00 . 1991
4. Iowa 155.00 . 1983
5. Oklahoma State . 153.00 . 2005
6. Iowa 149.00 . 1992
7. Iowa 145.25 . 1985
8. Oklahoma State . 143.00 . 2003
9. Minnesota 138.50 . 2001
10. Iowa 134.00 . 1995

Top 10 NCAA Victory Margins

1. Iowa 73.25 ... 1986
2. Oklahoma State . 70.00 ... 2005
3. Iowa 56.50 ... 1997
- Iowa 56.50 ... 1995
5. Iowa 53.00 ... 1983
6. Iowa 48.50 ... 1992
7. Iowa 48.25 ... 1991
8. Iowa 46.75 ... 1985
9. Iowa 44.00 ... 1996
10. Iowa 38.50 ... 2008

NCAA Championship Records Held Or Shared By Iowa

	Record.....	Year
Most team points	170.00	1997
Margin of victory	73.25	1986
Consecutive titles	9	1978-86
Most finalists	6	1986, 1991, 1997
Most champions	5	1986, 1997

NCAA Regular Season Records Held Or Shared By Iowa

	Record.....	Year
Average margin of victory	36.90	1992
Average points per dual meet	41.30	1992

Big Ten Championship Records Held Or Shared By Iowa

	Record.....	Year
Most champions	183	since 1926
Most champions in one tournament	9	1983
Most consecutive titles	25	1974-98
Most falls in tournament	12	1979
Margin of victory	118.50	1983
Most four-time champions	7 (10 total)	
Most three-time champions	18	



IOWA HAWKEYE WRESTLING

All-Americans

1927-28 (1)

Leslie Beers (1st, 158)

1928-29 (1)

Albert Montgomery
(3rd, 145)

1934-35 (1)

Earle Kielhorn (2nd, 165)

1935-36 (2)

Byron Guernsey (3rd, 145)
Earle Kielhorn (3rd, 158)

1940-41 (2)

William Sherman (3rd, 121)
Loy Julius (4th, 128)

1946-47 (1)

Joe Scarpello (1st, 175)

1947-48 (3)

Bob Geigel (3rd, 191)
Rometo Macias (2nd, 125.5)
Joe Scarpello (3rd, 175)

1948-49 (1)

Joe Scarpello (2nd, 175)

1949-50 (1)

Joe Scarpello (1st, 175)

1951-52 (1)

George Myers (2nd, 191)

1953-54 (3)

Richard Govig (1st, 123)
Terry McCann (3rd, 115)
Streeter Shining (4th, 191)

1954-55 (2)

Kenneth Leuer (2nd, 191)
Terry McCann (1st, 115)

1955-56 (4)

Harlan Jenkinson (3rd, 167)
Gary Kurdelmeier (3rd, 177)
Kenneth Leuer (1st, 191)
Terry McCann (1st, 115)

1956-57 (2)

Ralph Rieks (3rd, 137)
Simon Roberts (1st, 147)

1957-58 (2)

Jim Craig (3rd, 191)
Gary Kurdelmeier (1st, 177)

1958-59 (3)

Jim Craig (1st, 177)
Vince Garcia (3rd, 123)
Gordon Trapp (3rd, 191)

1959-60 (3)

John Kelly (3rd, 130)
Sherwyn Thorson
(2nd, Hwt)
Gordon Trapp (4th, 191)

1961-62 (3)

Tom Huff (3rd, 130)
Fran McCann (4th, 115)
Sherwyn Thorson (1st, Hwt)

1962-63 (2)

Steve Combs (2nd, 167)
Tom Huff (2nd, 137)

1963-64 (2)

Morris Barnhill (6th, 115)
Bill Fuller (3rd, 123)

1968-69 (2)

Richard Mihal (2nd, 160)
Verlyn Strellner (3rd, 177)

1969-70 (4)

Joe Carstensen (2nd, 134)
Mike Edwards (6th, Hwt)
Phil Henning (2nd, 167)
Paul Zander (5th, 190)

1971-72 (3)

Jan Sanderson (6th, 158)
Dan Sherman (6th, 118)
Paul Zander (4th, 190)

1972-73 (2)

Dan Holm (3rd, 150)
Dan Sherman (1st, 118)

1973-74 (3)

Dan Holm (3rd, 158)
Jan Sanderson (3rd, 167)
Chuck Yagla (4th, 150)

1974-75 (5)

John Bowsby (3rd, Hwt)
Chris Campbell (2nd, 177)
Dan Holm (1st, 158)
Greg Stevens (2nd, 190)
Chuck Yagla (1st, 150)

1975-76 (7)

Doug Benschoter (5th, Hwt)
Chris Campbell (1st, 177)
Tim Cysewski (3rd, 134)
Bud Palmer (3rd, 190)
Brad Smith (1st, 142)
Dan Wagemann (2nd, 167)
*Chuck Yagla (1st, 150)

1976-77 (5)

John Bowsby (5th, Hwt)
Chris Campbell (1st, 177)
Mike DeAnna (3rd, 167)
Mike McGivern (4th, 158)
Keith Mourlam (2nd, 126)

1977-78 (6)

John Bowsby (5th, Hwt)
Mike DeAnna (6th, 167)
Dan Glenn (3rd, 118)
Bruce Kinseth (2nd, 150)
Randy Lewis (2nd, 126)
Scott Trizzino (3rd, 142)

1978-79 (6)

Mike DeAnna (2nd, 167)
Dan Glenn (3rd, 118)
*Bruce Kinseth (1st, 150)
Randy Lewis (1st, 126)
Bud Palmer (2nd, 177)
Scott Trizzino (2nd, 142)

1979-80 (8)

Doug Anderson (8th, 167)
Ed Banach (1st, 177)
Dan Glenn (2nd, 118)
Randy Lewis (1st, 134)
King Mueller (3rd, 150)
Dean Phinney (3rd, Hwt)
Mark Stevenson (7th, 158)
Lennie Zalesky (4th, 142)

1980-81 (9)

Ed Banach (1st, 177)
Lou Banach (1st, Hwt)
Barry Davis (7th, 118)
Mike DeAnna (2nd, 167)
Randy Lewis (7th, 134)
Tim Riley (7th, 126)
Scott Trizzino (2nd, 150)
Jim Zalesky (5th, 158)
Lennie Zalesky (2nd, 142)

1981-82 (8)

Ed Banach (2nd, 177)
Lou Banach (3rd, Hwt)
Pete Bush (1st, 190)
Barry Davis (1st, 118)
Dave Fitzgerald (7th, 167)
Jeff Kerber (6th, 134)
Jim Zalesky (1st, 158)
Lennie Zalesky (2nd, 142)

1982-83 (9)

Ed Banach (1st, 190)
Lou Banach (1st, Hwt)
Barry Davis (1st, 126)
Duane Goldman (2nd, 177)
Jim Heffernan (4th, 150)
Jeff Kerber (5th, 134)
Harlan Kistler (3rd, 142)
Tim Riley (5th, 118)
Jim Zalesky (1st, 158)

1983-84 (8)

Duane Goldman (2nd, 177)
Jeff Kerber (6th, 142)
Lindley Kistler (2nd, 167)
Marty Kistler (2nd, 150)
Greg Randall (2nd, 134)
Tim Riley (5th, 118)
Mark Trizzino (4th, 126)
*Jim Zalesky (1st, 158)

1984-85 (9)

*Barry Davis (1st, 126)
Rico Chiapparelli (5th, 177)
Kevin Dresser (4th, 142)
Matt Egeland (2nd, 118)
Duane Goldman (2nd, 190)
Jim Heffernan (2nd, 150)
Lindley Kistler (5th, 167)
Marty Kistler (1st, 158)
Greg Randall (5th, 134)

1985-86 (8)

Royce Alger (5th, 158)
Rico Chiapparelli (4th, 177)
Kevin Dresser (1st, 142)
Duane Goldman (1st, 190)
Jim Heffernan (1st, 150)
*Marty Kistler (1st, 167)
Brad Penrith (1st, 126)
Greg Randall (2nd, 134)

1986-87 (6)

Royce Alger (1st, 167)
Rico Chiapparelli (1st, 177)
Jim Heffernan (2nd, 150)
John Heffernan (6th, 158)
Brad Penrith (2nd, 126)
Mark Sindlinger (4th, Hwt)

1987-88 (5)

Royce Alger (1st, 177)
John Heffernan (4th, 158)
Joe Melchiorre (2nd, 134)
Brad Penrith (2nd, 126)
Mark Sindlinger (6th, Hwt)

1988-89 (4)

Tom Brands (4th, 126)
Steve Martin (7th, 118)
Joe Melchiorre (3rd, 134)
Mark Reiland (4th, 158)

1989-90 (6)

Terry Brands (1st, 126)
Tom Brands (1st, 134)
Bart Chelesvig (3rd, 167)
Brooks Simpson (2nd, 190)
Troy Steiner (5th, 142)
Doug Streicher (6th, 150)

1990-91 (9)

Terry Brands (2nd, 126)
Tom Brands (1st, 134)
Bart Chelesvig (3rd, 177)
Travis Fiser (6th, 190)
Mark Reiland (1st, 167)
Tom Ryan (2nd, 158)
Terry Steiner (3rd, 150)
Troy Steiner (2nd, 142)
Chad Zaputil (2nd, 118)



1991-92 (9)

Terry Brands (1st, 126)
Tom Brands (1st, 134)*
 Bart Chelesvig (3rd, 177)
 Travis Fiser (5th, 190)
 John Oostendorp (5th, Hwt)
 Tom Ryan (3rd, 158)
 Terry Steiner (5th, 150)
Troy Steiner (1st, 142)
 Chad Zaputil (2nd, 118)

1992-93 (7)

Ray Brinzer (3rd, 177)
Lincoln McIlravy (1st, 142)
 John Oostendorp (3rd, Hwt)
 Joel Sharratt (2nd, 190)
Terry Steiner (1st, 150)*
 Troy Steiner (3rd, 134)
 Chad Zaputil (2nd, 118)

1993-94 (6)

Lincoln McIlravy (1st, 150)
 Jeff McGinness (5th, 126)
 Mike Mena (7th, 118)
Joel Sharratt (1st, 190)
 Daryl Weber (6th, 142)
 Joe Williams (7th, 158)

1994-95 (9)

Ray Brinzer (3rd, 177)
 Mark Ironside (6th, 134)
Jeff McGinness (1st, 126)
 Lincoln McIlravy (2nd, 150)
 Mike Mena (3rd, 118)
 Matt Nerem (6th, 167)
 Joel Sharratt (2nd, 190)
 Daryl Weber (6th, 158)
 Bill Zadick (5th, 142)

1995-96 (7)

Lee Fullhart (4th, 190)
 Mike Mena (5th, 118)
 Mark Ironside (3rd, 134)
 Mike Uker (8th, 150)
Joe Williams (1st, 158)
Daryl Weber (1st, 167)
Bill Zadick (1st, 142)

1996-97 (8)

Lee Fullhart (1st, 190)
 Kasey Gilliss (6th, 142)
Mark Ironside (1st, 134)
Lincoln McIlravy (1st, 150)*
 Mike Mena (2nd, 126)
 Mike Uker (5th, 167)
Jessie Whitmer (1st, 118)
Joe Williams (1st, 158)

1997-98 (6)

Lee Fullhart (3rd, 190)
 Wes Hand (8th, Hwt)
Mark Ironside (1st, 134)
 Eric Juergens (3rd, 118)
Jeff McGinness (1st, 142)
Joe Williams (1st, 167)*

1998-99 (5)

Lee Fullhart (2nd, 197)
 Jamie Heidt (8th, 157)
 Eric Juergens (3rd, 133)
Doug Schwab (1st, 141)
T.J. Williams (1st, 149)

1999-2000 (6)

Wes Hand (2nd, Hwt.)
Eric Juergens (1st, 133)
 Doug Schwab (3rd, 141)
 Jody Strittmatter (3rd, 125)
 T.J. Williams (3rd, 157)
 Mike Zadick (7th, 149)

2000-01 (7)

Eric Juergens (1st, 133)
 Gabe McMahan (6th, 174)
 Doug Schwab (2nd, 141)
 Ben Shirk (8th, 165)
 Jody Strittmatter (2nd, 125)
T.J. Williams (1st, 157)
 Mike Zadick (3rd, 149)

2001-02 (5)

Luke Eustice (2nd, 125)
 Steve Mocco (2nd, Hwt.)
 Cliff Moore (6th, 133)
 Jessman Smith (3rd, 184)
 Mike Zadick (7th, 149)

2002-03 (3)

Steve Mocco (1st, Hwt.)
 Cliff Moore (6th, 133)
 Jessman Smith (4th, 184)

2003-04 (4)

Paul Bradley (4th, 184)
 Ryan Fulsaa (2nd, 197)
Cliff Moore (1st, 141)
 Tyler Nixt (3rd, 174)

2004-05 (4)

Ty Eustice (5th, 149)
 Joe Johnston (2nd, 157)
 Mark Perry (2nd, 165)
 Paul Bradley (5th, 184)

2005-06 (5)

Alex Tsirtsis (7th, 141)
 Ty Eustice (2nd, 149)
 Joe Johnston (6th, 157)
 Eric Luedke (8th, 165)
 Mark Perry (3rd, 174)

2006-07 (3)

Charlie Falck (8th, 125)
Mark Perry (1st, 165)
 Eric Luedke (3rd, 174)

2007-08 (7)

Jay Borschel (174, 3rd)
 Charlie Falck (125, 6th)
 Matt Fields (Hwt., 5th)
 Phillip Keddy (184, 6th)
Brent Metcalf (1st, 149)*
Mark Perry (1st, 165)
 Joe Slaton (133, 2nd)

2008-09 (5)

Daniel Dennis (133, 7th)
 Dan Erekson (Hwt., 4th)
 Phillip Keddy (184, 4th)
 Brent Metcalf (149, 2nd)
 Ryan Morningstar (165, 3rd)

* - - OW at NCAA Meet
 NCAA champions in boldface

NCAA Championships Outstanding Wrestlers

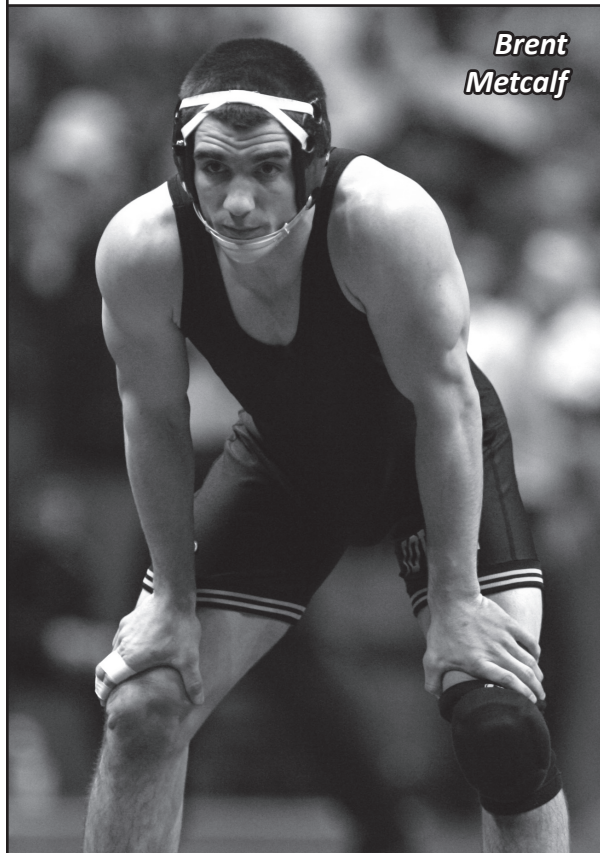
Tom Brands.....	1992
Barry Davis.....	1985
Bruce Kinseth	1979
Marty Kistler.....	1986
Brent Metcalf.....	2008
Lincoln McIlravy.....	1997
Terry Steiner	1993
Joe Williams.....	1998
Chuck Yagla	1976
Jim Zalesky.....	1984

Gorriaran Trophy Winners

Named for Manuel "Manny" Gorriaran, this trophy is annually awarded to the wrestler who records the most pins in the least total time. Following are the Iowa wrestlers who have won the award.

Sherwyn Thorson.....	1962.....	3 pins in 10:46
Bruce Kinseth	1979.....	5 pins in 22:43
Lou Banach	1983.....	3 pins in 10:35
Doug Streicher.....	1990.....	3 pins in 5:42
Mark Perry.....	2006.....	4 pins in 15:33

**Brent
Metcalf**





IOWA HAWKEYE WRESTLING

Big Ten Champions

1914 (1)
Oscar Hobbet, 145

1924 (1)
Ted Pfeffer, 115

1926 (2)
Leslie Beers, 145
Royal Wier, 115

1928 (1)
Leslie Beers, 158

1929 (1)
Al Montgomery, 145

1935 (3)
Verne Derrer, 155
Earle Kielhorn, 165
Robert Larson, 135

1936 (4)
Byron Guernsey, 155
Earle Kielhorn, 175
Robert Larson, 135

1939 (1)
Wilbur Nead, Hwt

1941 (1)
Loy Julius, 128

1944 (1)
Rometo Macias, 128

1945 (1)
Rometo Macias, 128

1947 (2)
Edward Kemp, 145
Joe Scarpello, 175

1948 (1)
Joe Scarpello, 175

1949 (1)
Joe Scarpello, 175

1950 (1)
Joe Scarpello, 175

1952 (1)
George Meyers, 191

1954 (1)
John Winder, 167

1955 (2)
Terry McCann, 123
John Winder, 177

1956 (3)
Harlan Jenkinson, 167
Ken Leuer, 191
Terry McCann, 115

1957 (2)
Gary Kurdelmeier, 177
Ralph Rieks, 137

1958 (2)
Eugene Luttrell, 137
Simon Roberts, 147

1959 (2)
Vincent Garcia, 123
Eugene Luttrell, 137

1960 (1)
Gordon Trapp, 177

1962 (2)
Tom Huff, 130
Norman Parker, 123

1963 (2)
Steve Combs, 167
Tom Huff, 137

1964 (2)
Norman Parker, 130
Melvin Wieland, 167

1968 (2)
Richard Mihal, 160
Russell Sill, 167

1970 (2)
Phil Henning, 167
Don Yahn, 150

1971 (1)
Steve DeVries, 177

1972 (2)
John Evashevski, 177
Paul Zander, 190

1973 (3)
Fred Penrod, 190
Jan Sanderson, 158
Dan Sherman, 118

1974 (3)
Chris Campbell, 177
Jan Sanderson, 167
Chris Sones, 118

1975 (1)
Chuck Yagla, 150

1976 (3)
Chris Campbell, 177
Bud Palmer, 190
Chuck Yagla, 150

1977 (5)
John Bowsby, Hwt
Chris Campbell, 177
Mike DeAnna, 167
Steve Hunte, 134
Keith Mourlam, 126

1978 (6)
John Bowsby, Hwt
Mike DeAnna, 167
Dan Glenn, 118
Steve Hunte, 134
Randy Lewis, 126
Greg Stevens, 177

1979 (6)
Mike DeAnna, 167
Dan Glenn, 118
Bruce Kinseth, 150
Randy Lewis, 126
Bud Palmer, 177
Scott Trizzino, 142

1980 (4)
Ed Banach, 177
Dan Glenn, 118
Randy Lewis, 134
Lennie Zalesky, 142

1981 (7)
Ed Banach, 177
Lou Banach, Hwt
Pete Bush, 190
Barry Davis, 118
Mike DeAnna, 167
Scott Trizzino, 150
Lennie Zalesky, 142

1982 (7)
Ed Banach, 177
Pete Bush, 190
Barry Davis, 118
Jeff Kerber, 134
Mark Trizzino, 126
Jim Zalesky, 158
Lennie Zalesky, 142

1983 (9)
Ed Banach, 190
Lou Banach, Hwt
Barry Davis, 126
Duane Goldman, 177
Jim Heffernan, 150
Jeff Kerber, 134
Harlan Kistler, 142
Tim Riley, 118
Jim Zalesky, 158

1984 (7)
Pete Bush, 190
Duane Goldman, 177
Jeff Kerber, 142
Lindley Kistler, 167
Marty Kistler, 150
Greg Randall, 134
Jim Zalesky, 158

1985 (8)
Rico Chiapparelli, 177
Barry Davis, 126
Kevin Dresser, 142
Matt Egeland, 118
Duane Goldman, 190
Jim Heffernan, 150
Lindley Kistler, 167
Marty Kistler, 158

1986 (7)
Royce Alger, 158
Rico Chiapparelli, 177
Kevin Dresser, 142
Duane Goldman, 190
Jim Heffernan, 150
Marty Kistler, 167
*Brad Penrith, 126

1987 (6)
*Royce Alger, 167
Rico Chiapparelli, 177
Jim Heffernan, 150
Brad Penrith, 126
John Regan, 118
Mark Sindlinger, Hwt

1988 (4)
*Royce Alger, 177
John Heffernan, 158
Brad Penrith, 126
Mark Sindlinger, Hwt

1989 (1)
*Tom Brands, 126

1990 (2)
Terry Brands, 126
Brooks Simpson, 190

1991 (5)
Terry Brands, 126
Tom Brands, 134
Tom Ryan, 158
Troy Steiner, 142
Chad Zaputil, 118

1992 (6)
*Terry Brands, 126
Tom Brands, 134
John Oostendorp, Hwt
Tom Ryan, 158
Troy Steiner, 142
Chad Zaputil, 118

1993 (2)
Troy Steiner, 134
Chad Zaputil, 118

1994 (2)
Ray Brinzer, 167
Lincoln McClravy, 150

1995 (6)
Ray Brinzer, 177
Mark Ironside, 134
Jeff McGinness, 126
Lincoln McClravy, 150
Mike Mena, 118
Joel Sharratt, 190

1996 (4)
Mark Ironside, 134
Daryl Weber, 167
Joe Williams, 158
Bill Zadick, 142

1997 (2)
*Mark Ironside, 134
Lincoln McClravy, 150



1998 (3)
 Mark Ironside, 134
 *Jeff McGinness, 142
 Joe Williams, 167

1999 (3)
 *Jamie Heidt, 157
 Doug Schwab, 141
 T.J. Williams, 149

2000 (4)
 Eric Juergens, 133
 Doug Schwab, 141
 *Jody Strittmatter, 125
 T.J. Williams, 157

2001 (4)
 Eric Juergens, 133
 Doug Schwab, 141
 Jody Strittmatter, 125
 T.J. Williams, 157

2002 (2)
 *Luke Moffitt, 141
 Mike Zadick, 149

2003 (3)
 Steve Mocco, Hwt.
 Cliff Moore, 133
 Jessman Smith, 184

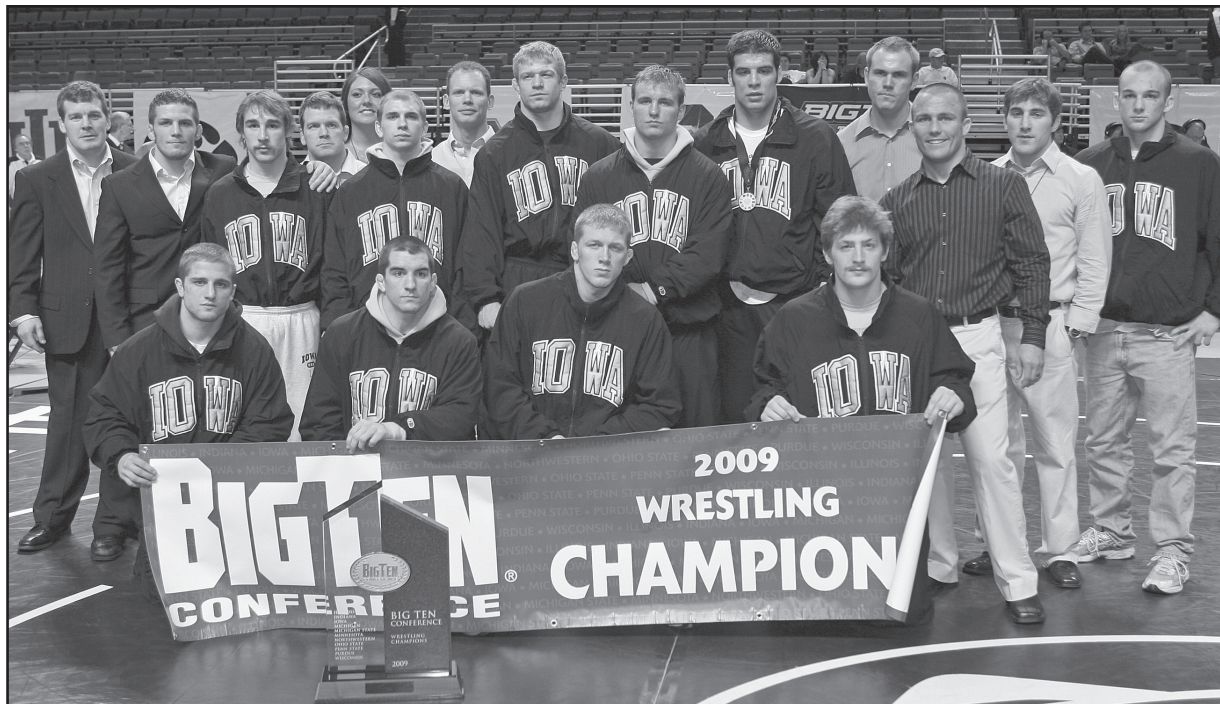
2004 (1)
 Cliff Moore, 141

2007 (1)
 Mark Perry, 165

2008 (1)
 Brent Metcalf, 149*

* -- Outstanding Wrestler at Big Ten Meet

Since 1984, winning a Big Ten title constitutes all-Big Ten status.



The 2008-09 Hawkeyes won Iowa's second straight Big Ten title, and the school's 33rd overall, while crowning two individual champions and automatically qualifying nine wrestlers for NCAA Championships. Hawkeye juniors Brent Metcalf (149) and Dan Erikson (Hwt.) won individual Big Ten titles. Metcalf was named Outstanding Wrestler of the meet for the second straight season, becoming the first Hawkeye to earn the honor twice. Iowa Head Coach Tom Brands was named Big Ten Coach of the Year for the second straight season. It was the first time that Iowa won two straight Big Ten team titles since the 1997 and 1998 seasons, and the first time the Hawkeyes crowned more than one Big Ten champion since 2003.

Big Ten Awards & Honors

Outstanding Wrestler of Big Ten Championships

Terry Brands	_____	1992
Tom Brands	_____	1989
Jamie Heidt	_____	1999
Mark Ironside	_____	1997
Brent Metcalf	_____	2008, 2009
Jeff McGinness	_____	1998
Luke Moffitt	_____	2002
Jody Strittmatter	_____	2000

Big Ten Wrestler of the Year

Royce Alger	_____	1987, 1988
Terry Brands	_____	1992
Tom Brands	_____	1989
Mark Ironside	_____	1996, 1997, 1998
Eric Juergens	_____	2001
Brent Metcalf	_____	2008
Steve Mocco	_____	2003
Brad Penrith	_____	1986
Troy Steiner	_____	1993

Big Ten Freshman of the Year

Tom Brands	_____	1989
Lincoln McClravy	_____	1993
Jeff McGinness	_____	1994
Steve Mocco	_____	2002

Big Ten Coach of the Year

Dan Gable	_____	1993, 1995, 1996 (co-coach)
Jim Zalesky	_____	2000, 2004
Tom Brands	_____	2008, 2009





IOWA HAWKEYE WRESTLING

Individual School Records

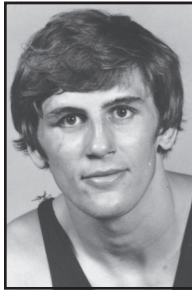
Season Wins

Wrestler (Year)	Wins
1. Barry Davis (1981-82)	46
2. Tom Brands (1990-91)	45
3. Mark Reiland (1990-91)	44
4. Barry Davis (1984-85)	43
Terry Brands (1990-91)	43
6. Royce Alger (1987-88)	42
Troy Steiner (1991-92)	42
8. Chuck Yagla (1975-76)	41
Ed Banach (1979-80)	41
Tom Ryan (1990-91)	41
Tom Brands (1991-92)	41



Season Pins

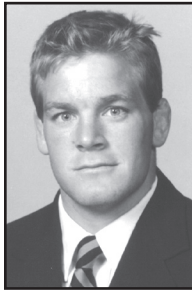
Wrestler (Year)	Pins
1. Bruce Kinseth (1978-79)	23
2. John Bowlsby (1976-77)	22
Ed Banach (1982-83)	22
4. Brent Metcalf (2008-09)	20
5. Randy Lewis (1978-79)	19
Randy Lewis (1979-80)	19
Ed Banach (1981-82)	19
Royce Alger (1987-88)	19
Luke Moffitt (2001-02)	19
10. Rico Chiapparelli (1982-83)	18
Mark Reiland (1988-89)	18
Terry Brands (1990-91)	18
Mark Reiland (1990-91)	18



Season Record

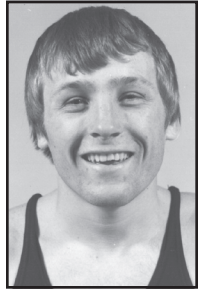
Based upon winning percent (minimum 20 matches)

Wrestler (Year)	W-L	Pct.
1. Tom Brands (1990-91)	45-0	1.00
Troy Steiner (1991-92)	42-0	1.00
Jim Zalesky (1982-83)	40-0	1.00
T.J. Williams (1998-99)	40-0	1.00
Jim Zalesky (1983-84)	38-0	1.00
Randy Lewis (1978-79)	36-0	1.00
Duane Goldman (1985-86)	36-0	1.00
Royce Alger (1986-87)	35-0	1.00
Terry Brands (1991-92)	35-0	1.00
Mark Ironside (1997-98)	35-0	1.00
Joe Williams (1997-98)	34-0	1.00
Steve Mocco (2002-03)	34-0	1.00
Eric Juergens (1999-2000)	31-0	1.00
Jeff McGinness (1994-95)	30-0	1.00
Mark Ironside (1996-97)	30-0	1.00
T.J. Williams (2000-01)	29-0	1.00
Lincoln McClravy (1993-94)	27-0	1.00
Lincoln McClravy (1996-97)	22-0	1.00



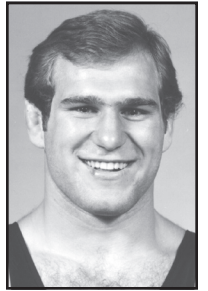
Career Wins

Wrestler (Years)	Wins
1. Barry Davis (1981-85)	162
2. Tom Brands (1988-92)	158
3. Troy Steiner (1990-93)	148
4. Ed Banach (1980-83)	141
5. Terry Brands (1988-92)	137
6. Duane Goldman (1983-86)	132
7. Jim Zalesky (1981-84)	131
Jim Heffernan (1983-87)	131
Royce Alger (1984-88)	131
10. Doug Schwab (1998-2001)	130



Career Pins

Wrestler (Years)	Pins
1. Ed Banach (1980-83)	73
2. Randy Lewis (1978-81)	64
3. John Bowlsby (1975-79)	59
4. Rico Chiapparelli (1983-87)	49
Royce Alger (1984-88)	49
6. Terry Brands (1988-92)	48
7. Tom Brands (1988-92)	46
8. Mark Reiland (1989-92)	45
9. Chuck Yagla (1973-76)	44
10. Lou Banach (1980-83)	40



Career Record

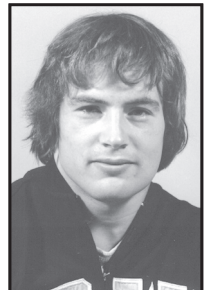
Based upon winning percent (minimum 95 matches)

Wrestler (Years)	W-L-T	Pct.
1. T.J. Williams (1999-2001)	98-1-0	.990
2. Lincoln McClravy (1993-97)	96-3-0	.970
3. Tom Brands (1988-92)	158-7-2	.952
4. Terry Brands (1988-92)	137-7-0	.951
5. Barry Davis (1981-85)	162-9-1	.945
6. Chris Campbell (1974-77)	122-6-3	.943
7. Jim Zalesky (1981-84)	131-8-1	.939
8. Ed Banach (1980-83)	141-9-1	.937
9. Joe Williams (1994-98)	129-9-0	.935
10. Duane Goldman (1983-86)	132-10-0	.930



Consecutive Matches Won

Wrestler (Years)	Matches
1. Jim Zalesky (1981-84)	89
2. Tom Brands (1988-92)	69
Brent Metcalf (2008-09)	69
4. T.J. Williams (1999-2001)	67
5. Lincoln McClravy (1993-97)	56
6. Joe Williams (1994-98)	53
7. Chris Campbell (1974-77)	46
8. Barry Davis (1981-85)	42
9. Ed Banach (1980-83)	41
10. Joe Williams (1994-98)	39





Mike Howard Award

The Mike Howard Award is presented to Iowa's most valuable wrestler.

Royce Alger.....	1987-88
Ed Banach.....	1982-83
Lou Banach.....	1983
Terry Brands.....	1990, 1992
Tom Brands.....	1990-92
Rico Chiapparelli.....	1987
Barry Davis.....	1983, 1985
Mike DeAnna.....	1981
Kevin Dresser.....	1986
Ty Eustice.....	2006
Lee Fullhart.....	1999
Duane Goldman.....	1986
Wes Hand.....	2000
Jim Heffernan.....	1987
Mark Ironside.....	1997-98
Joe Johnston.....	2005
Eric Juergens.....	2000-01
Marty Kistler.....	1986
Randy Lewis.....	1981
Jeff McGinness.....	1995, 1998
Lincoln McIlravy.....	1995, 1997
Joe Melchiorre.....	1989
Mike Mena.....	1997
Brent Metcalf.....	2008, 2009
Steve Mocco.....	2003
Cliff Moore.....	2004
Brad Penrith.....	1988
Mark Perry.....	2005, 2007-08
Mark Reiland.....	1991
Doug Schwab.....	1999, 2001
Joel Sharratt.....	1994-95
Troy Steiner.....	1992-93
Jody Strittmatter.....	2001
Daryl Weber.....	1996
Joe Williams.....	1997-98
T.J. Williams.....	1999, 2001
Bill Zadick.....	1996
Mike Zadick.....	2002
Jim Zalesky.....	1983-84
Lennie Zalesky.....	1982
Chad Zaputil.....	1993

Mike J. McGivern, Sr. Award

The Mike J. McGivern, Sr. Award is presented each year to Iowa's Most Courageous wrestler.

Lou Banach.....	1982
Chad Beatty.....	2008
Paul Bradley.....	2005
Bart Chelesvig.....	1991
Mike DeAnna.....	1981
Dan Erekson.....	2007, 2009
Ty Eustice.....	2003
Lee Fullhart.....	1998
Ryan Fulsaa.....	2004
Mario Galanakis.....	2007
Duane Goldman.....	1986
John Heffernan.....	1989
Ryan Heim.....	2002
Joe Johnston.....	2003
Eric Juergens.....	1998-99
Jeff Kerber.....	1984
Lindley Kistler.....	1985
Steve Knight.....	1986
Randy Lewis.....	1981
Mike McGivern.....	1977
Lincoln McIlravy.....	1993
Joe Melchiorre.....	1988
Cliff Moore.....	2002
Ryan Morningstar.....	2009
King Mueller.....	1980
Mark Mysnyk.....	1979
John Oostendorp.....	1990
Greg Randall.....	1987
Greg Stevens.....	1978
Tim Riley.....	1983
Tom Ryan.....	1992
Doug Schwab.....	2000
Ben Shirk.....	2001
Jody Strittmatter.....	2000
Terry Steiner.....	1992
Jeff Stewart.....	2002
Alex Tsirtsis.....	2006
Mike Uker.....	1997
Daryl Weber.....	1994
Joe Williams.....	1996
T.J. Williams.....	2000
Bill Zadick.....	1995
Mike Zadick.....	2000-01

J. Donald McPike Award

The J. Donald McPike Award is given to the senior on the team with the highest grade-point average.

Steve Banach.....	1982
Kevin Brown.....	1985
Tony Ersland.....	1997
Matt Fields.....	2008
Lance Forbes.....	1993
Chris Gapen.....	1991
Paul Glynn.....	1986
Joe Johnston.....	2006
Harlan Kistler.....	1983
Eric Koble.....	1998
T.H. Leet.....	2009
Bill Levy.....	1987
Steve Martin.....	1990
Dave Munson.....	1989
Matt Nerem.....	1995
Mike Neuman.....	1994
Tyler Nixt.....	2004
Randy Samuelson.....	1984
Doug Streicher.....	1992
Yoshi Rose.....	1996
Ben Shirk.....	2002
Ned Shuck.....	2005
Jessman Smith.....	2003
Jody Strittmatter.....	2001
Ben Uker.....	1999
Joe Uker.....	2007
Lee Weber.....	2000
Scott Williamson.....	1988

Big Ten Wrestler of the Month

Terry Brands.....	Jan. 1992
Tom Brands.....	Jan. 1991, March 1992
Mark Ironside.....	March 1997
Lincoln McIlravy.....	Dec. 1996
Terry Steiner.....	Dec. 1992, March 1993
Troy Steiner.....	Dec. 1991
Joe Williams.....	March 1998

Big Ten Sportsmanship Award

Dan LeClere.....	2008
Eric Luedke.....	2007
Ryan Morningstar.....	2009

John & Dorothy Sill Award

The John & Dorothy Sill Award is presented annually to the team's most dedicated wrestler on and off the mat.

Lee Fullhart.....	1997
Wes Hand.....	2000
Mark Ironside.....	1996
Joe Johnston.....	2005, 2006
Eric Juergens.....	2000
Lincoln McIlravy.....	1994
Brent Metcalf.....	2009
Steve Mocco.....	2002
Cliff Moore.....	2003
Matt Nerem.....	1995
Tyler Nixt.....	2002, 2004
John Oostendorp.....	1993
Doug Schwab.....	1999, 2001
Brooks Simpson.....	1990
Terry Steiner.....	1991
Troy Steiner.....	1991
Jessie Whitmer.....	1997
Joe Williams.....	1998
Chad Zaputil.....	1992

Big Ten Wrestler of the Week

Chad Beatty.....	Feb. 20, 2008
Daniel Dennis.....	Feb. 10, 2009
Dan Erekson.....	Jan. 27, 2009
Luke Eustice.....	Feb. 5, 2004
Ryan Fulsaa.....	Dec. 18, 2002
Mario Galanakis.....	Jan. 12, 2005
Wes Hand.....	Feb. 23, 2000
Joe Johnston.....	Feb. 19, 2003
Eric Juergens.....	Jan. 31, 2001
Brent Metcalf.....	Jan. 16, 2008; Jan. 23, 2008; Feb. 24, 2009
Steve Mocco.....	Jan. 1, 2002; Jan. 2, 2003
Cliff Moore.....	Nov. 20, 2002; Dec. 17, 2003
Tyler Nixt.....	Dec. 3, 2003
Mark Perry.....	Feb. 9, 2005; Dec. 19, 2007
Doug Schwab.....	Feb. 3, 1999; Jan. 10, 2001
Jessman Smith.....	Jan. 22, 2003
Joe Slaton.....	Dec. 12, 2007
Alex Tsirtsis.....	Dec. 9, 2008
Mike Zadick.....	Dec. 11, 2001; Jan. 29, 2002



IOWA HAWKEYE WRESTLING

Academic Awards

Academic All-Big Ten

This honor is awarded to student-athletes who meet the following requirements: is a letterwinner, is in at least in his second academic year at the institution and carries a grade-point average of 3.0 or better.

Matt Ballweg	2008
Jay Borschel	2008-09
Josh Budke	1999-2001
Rich Catalano	1992-93
David Christensen	1995
Josh Eastvold	1999-2000
Tony Ersland	1994-97
Matt Fields	2008
Lance Forbes	1992-93
Ryan Fulsaas	2002-04
Chris Gapen	1989-91
Matt Gogel	1998-2000
Alex Grunder	2004-06
Curt Heideman	1994-96
Paul Jenn	1998
Pat Kennedy	1998-99, 2001
Eric Koble	1995-97
Nick Kolegraff	2009
J.J. Krutsinger	2009
Dan LeClere	2008-09
T.H. Leet	2008-09
Eric Luedke	2007
Lucas Magnani	2005, 2007
David Marrah	1999-2000
Jeff McGinness	1995-96, 1998
Lincoln McIlravy	1994
Brent Metcalf	2008-09
Cliff Moore	2002
Joe Moore	2009
Matt Morkel	2003-05
Dave Munson	1989
Matt Nerem	1995
Tyler Nixt	2001-04
Oleg Polyatskiy	2004-06
Blake Rasing	2009
Yoshi Rose	1993-96
Ben Shirk	1999, 2001-02
Ned Shuck	2003-05
Ethan Sebert	2009
Ben Smith	1998
Jessman Smith	2000-03
David Spangler	2000
Jody Strittmatter	2001
Joe Uker	2004-07
Lee Weber	1997-2000
Scott Williamson	1988

Presidents's List

The University of Iowa President's List was established in the fall of 1983 to recognize academic excellence. In order to be included on the list, a student must have a minimum 4.0 grade point average in all academic subjects for the preceding two semesters, with a total of at least 12 semester hours of credit per semester during that period.

Tyler Nixt	2002
Joe Uker	2005

Dean's List

To be eligible for the University of Iowa Dean's List, a full-time student must have achieved a grade-point average of 3.5 or above.

Chad Barkalow	2006
Jay Borschel	2009
Chas DeVetter	2002
Josh Eastvold	1998-2000
Tony Ersland	1997
Matt Fields	2008
Ryan Fulsaas	2000, 2002
Matt Gogel	1998-99
Alex Grunder	2003, 2005
Paul Jenn	2000
Joe Johnston	2005-06
Phillip Keddy	2009
Eric Koble	1998
J.J. Krutsinger	2008
Dan LeClere	2007
T.H. Leet	2008-09
David Marrah	1998-2000
Brent Metcalf	2007-08
Cliff Moore	2002
Matt Morkel	2002, 2004-05
Tyler Nixt	2000-04
Cole Pape	2005
Oleg Polyatskiy	2004-05
Chris Roberts	2001
Yoshi Rose	1997
Doug Schwab	1998
Ethan Sebert	2008-09
Ben Shirk	1999, 2001-02
Ned Shuck	2002-05
Ben Smith	1998
Jessman Smith	2002
Joe Uker	2003, 2005, 2006-07
Mike Uker	1997
Lee Weber	1998-99

N.W.C.A. Division I All-Academic Team

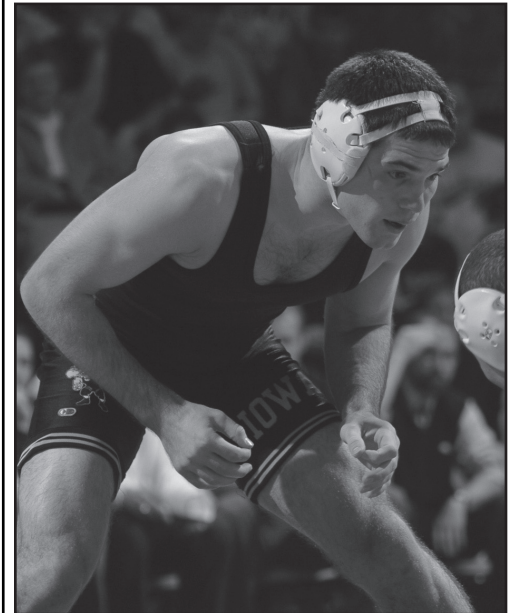
A wrestler must have a 3.0 grade-point average and be an NCAA Division I qualifier to be eligible for the N.W.C.A. all-academic team.

Jay Borschel	2008
Matt Fields	2008
Ryan Fulsaas	2004
Dan LeClere	2008
T.H. Leet	2008
Eric Luedke	2006-07
Jeff McGinness	1995, 1998
Lincoln McIlravy	1994
Brent Metcalf	2008-09
Matt Nerem	1995
Tyler Nixt	2004
Jody Strittmatter	2001
Jessman Smith	2002

CoSIDA Academic All-America At-Large Team

To be eligible, a student-athlete must be a varsity starter or key reserve, maintain a cumulative grade-point average of 3.2 on a scale of 4.0, have reached sophomore athletic and academic standing at his/her current institution and be nominated by his/her sports information director.

Tyler Nixt, First Team	2004
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Tyler Nixt (2001-04) was a four-time academic all-Big Ten honoree who was named to the CoSIDA academic all-America Division I at-large team and the NWCA Division I all-academic team in 2004. He was also a five-year member of the University of Iowa Dean's list, and was named to the UI President's list in 2002.