

ENRICHING LIVES

Board Chair is Pleased to Announce Renée Anderson will serve as President

On behalf of the Saint John's Board of Directors, Board Chair, **Thomas W. Scrivner**, recently announced Renée Anderson has been chosen to serve as President of Saint John's Communities, Inc. Mr. Scrivner commented, "Renée's commitment, her many contributions to Saint John's over many years, her passion for Person-Centered philosophy, and her financial expertise were cornerstones of the Board's decision to select Renée for the position of President. Renée's operational responsibilities have given her unique opportunities to deal in a leadership capacity with the management team, employees, residents, depositors, families, bondholders, vendors, and suppliers. The Board believes that the continuity that Renée represents and the leadership that she will provide assures continued success for Saint John's." Renée was selected after an extensive national search.

In accepting the position, Renée stated, "I am delighted to be offered this opportunity. Saint John's has a longstanding reputation as a leader



Saint John's President, Renée Anderson and Resident, Mary Meade Ullman, discuss their passion for gardening.

in retirement living; I am excited about the next chapter in the life of the organization and look forward to continuing to serve our current and future residents."

Renée has been employed by Saint John's since 1996 in the role of Chief Financial Officer and assumed her role as President on August 1, 2011.

The Best is Finally Here!

For the past three years, we've borrowed a line from Frank Sinatra's song, *The Best Is Yet To Come*, in anticipation of our expansion opening. Well, the time has come and the best is truly here!

Saint John's has a long standing reputation as Milwaukee's Premier Retirement Community. However, with the opening of our expansion, Saint John's is more impressive than ever. How so, you may ask? Well, in addition to the 87 beautiful new residences with lake and city views, our new Town Center includes state-of-the-art amenities such as:

- LifeStreams World-Class Wellness Program
- Art Gallery

(Continued on page 8)



Photo © Chris Barrett

Memories in the Making®

In February, Angie Crimmings, Recreation Specialist in Saint John's Windsor Court Neighborhood, attended sessions offered by the Alzheimer's Association about their *Memories In The Making®* (MIM) art program. During the sessions, Angie learned how to encourage residents with dementia to create meaningful artwork. She was so inspired by the possibilities that she returned to Saint John's and started the first program of its kind in Wisconsin.



As a trained art facilitator and dementia specialist, Angie currently leads 14 residents of Saint John's Windsor and Stratford Courts, with varying degrees of dementia, in the creation of beautiful pieces of art. Each session begins with a discussion about what she calls "inspirational items." As she shows the items, she encour-



Dorothy Braun, who created "Blue Skies," says, "I have never painted before. This is a great class and a good program."



"Climb Every Mountain" by Doris Parker. "I relate this to life because in life, you have to overcome many obstacles along the way - learning with each step you take."

ages the artists to reminisce about similar pieces in their lives. As the discussion continues, the artists begin to create their works, incorporating the recently sparked memories into their piece. This technique serves to unlock memories which enhance the art. Upon completion of the painting, the facilitators have a chat with the artist and record information on the back of the piece including details about their recollections and why they created the work the way they did. What the artist was feeling and remembering is also recorded. The journaling of their stories helps the viewer to understand the important components of the art and how the artist connects with the piece.

The facilitator then encourages the artist to name the piece. Each painting's title is decided solely by the artist.

This program has been so successful here at Saint John's, and the artwork so inspiring, that Angie began discussions

with Donna Spars, Saint John's Director of LifeStreams, about showing the artwork in the Uihlein Peters Gallery located in the North Tower of Saint John's On The Lake. Donna embraced the idea, so, the "Memories in the Making" art exhibit is scheduled to open Saturday, October 15, 1:00-5:00 p.m. featuring the artwork of 14 Windsor and Stratford Court residents. At 2:00 p.m., Nancy Armitage, MIM Coordinator from the Alzheimer's Association of Southeastern Wisconsin, will present a brief overview of the disease and the MIM program. The presentation will be followed by a resident artist reception from 1:00-2:30 p.m. Hope you can join us!



Windsor Court resident, Jack Bohl's "Sailboat" has been submitted to the National Alzheimer's Association for consideration in a new collection of greeting cards featuring MIM images. Let's keep our fingers crossed that his painting is selected.

A calendar, featuring our resident's artwork is available for \$10. All proceeds go to support Saint John's *Memories In The Making®* program. Call Angie at (414) 831-6715 to get your copy.

Partnership with Museum of Wisconsin Art

We are excited to announce our new, groundbreaking partnership with the Museum of Wisconsin Art in West Bend. The new Town Center Gallery in our recently opened expansion will become a satellite of the Museum and renamed, "The Museum of Wisconsin Art On The Lake." This collaboration, between a retirement community and an art museum, is the first of its kind in the country. Future shows in the new space will be curated by Museum staff from the Museum's collections or directly from Wisconsin artists.

Special thanks to current Saint John's Arts Board members



Audrey Baird, Thallis Drake, Audrey Mann, Lori McGinnis, Kathy Schnuck and Donna Spars, as well as former members **Jane Brite, Charles Kakuk and Colleen Pemberton**, who

have been instrumental in the pursuit of designating space in the expansion for this breathtaking gallery. The new space truly signifies the extent to which this community values the arts.

Join us for the opening of "Soul Searching: Portraits from the Museum of Wisconsin Art," the first show in celebration of our new partnership, Friday, October 21, 5-9 p.m. and Saturday, October 22, 10 a.m. - 5 p.m. This show will be available for viewing through January 15. The Gallery is open to the public daily from 10:00 a.m. - 5:00 p.m.

Kathie's Farewell Message...



By the time you read this it will have been more than a month since I transitioned from President

of Saint John's Communities to resident. The editor of *Enriching Lives* has graciously granted me space in this edition for some final reflections.

Over the course of my career, I have served on a number of not for profit Board of Directors. I had never worked for one. My first experience was so enlightening. This Board has passion for and commitment to Saint John's that is not to be found in most not for profits. All decisions are made in the context of the organization's mission. It is their diligence and attention to all aspects of this community that made my husband and me comfortable moving here.

On a day to day basis the leadership of this community lives the person first philosophy that sets Saint John's apart. Their dedication and competence translates to every member of the team. The staff is a truly remarkable group of men and women who genuinely like their work and care for and about the residents. I was honored to be a part of this outstanding group.

The people who live here have become treasured friends and colleagues. They share the staff and Board commitment to making this the best place to live. Without their input and support none of our accomplishments would have meaning.

Leaving a position you love is not easy. It was a bittersweet experience. But as each day passes I have become stronger in my belief that I made the

right decision at the right time. We love our new home and are beginning to feel settled. I now know what residents meant when they said you couldn't take advantage of all that is offered. Staff and residents have been supportive of my transition and I am most appreciative.

I am so grateful for the opportunity to have led Saint John's during a period of growth that has been not only symbolized by a new building but by an increasing awareness and commitment to our person first philosophy. The future for this organization is bright and I look forward to being a part of it.

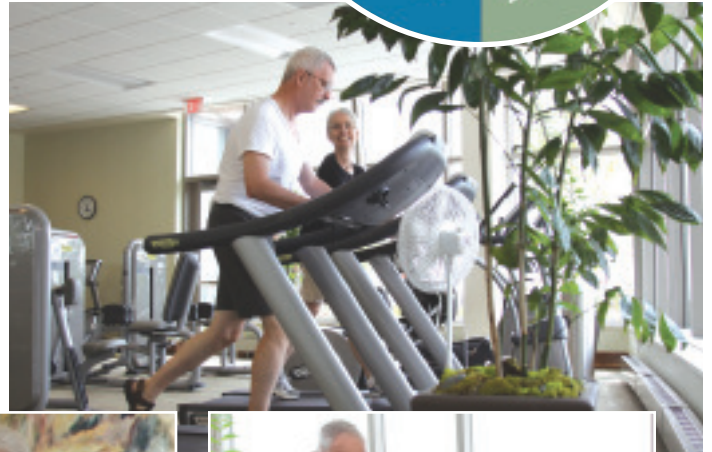
All of you make this the community it is and for that I thank you from the bottom of my heart.

M. Kathleen Eilers

Saint John's LifeStreams: World-Class Wellness

The LifeStreams program at Saint John's is based on Dr. Bill Hettler's nationally recognized Six Dimensions of Wellness depicted on this Wheel. Studies consistently show that people who nurture the totality of their being, i.e. these six dimensions, improve the quality of their lives while avoiding illness and injury.

Donna Spars, Director of LifeStreams, surveys our residents for their input on the type of programs, events, and activities they want. As a result, our LifeStreams program provides numerous opportunities for personal growth and life enrichment.



No Speed Bumps for Our Sales and Marketing Team!

Saint John's On The Lake has had a big wave of sales activity this summer! We've sold seven apartments in the last 4 weeks! The South Tower is brimming with activity due to our 62 new families that have moved in already.

Because some of our North Tower Residents decided to

move to the South Tower, we have openings in the premium apartments they've left behind for new folks to enjoy. In fact, two North Tower openings include residences with large, sunny, private patios! **Special incentives are available for a limited time for North Tower apartments.** Don't delay, tell your friends to come join us

where Life Care meets the Lakefront! Call today, **414-831-7300** to schedule your personal tour.



This newly renovated signature apartment in the North Tower offers contemporary finishes and vibrant views.



Be the envy of your friends. Enjoy entertaining and gardening in two North Tower apartments featuring unique, spacious patios.

We Love Luci!

Lucia Klebar, "Luci" Senior Lakefront Living Advisor joined Saint John's On The Lake in May, but she's been so busy showing and selling apartments that this is the first time we've been able to slow her down long enough to snap her photo and introduce her! An eastsider from waaaay back, Luci grew up on Oakland Avenue, just two blocks away, and often visited the Children's Library that was located in the now Charles Allis Art Museum. The library since moved to North Avenue to become East Library. She has a Bachelor's Degree in Economics from UW-Milwaukee, and worked at the Alonzo Cudworth Post in both high school and college to pay her way through school. Luci has successful



experience in adult education, computer training and the recruiting industry.

Happily married to Steve Klebar, both are eastside "hippie" gardeners, growing lots of organic vegetables and flowers on their city lot. She and Steve also own a technology consulting business, ProMentor Consulting, which keeps Steve busy while raising his three sons. Luci enjoys fitness, and walks or bikes to work every day, some-

times with Moonpie, her black lab, who hides out under her desk occasionally.

She loves her Church and is very active there, serving as Moderator of Church Council for Plymouth United Church of Christ and a former Board Member for EastSide Senior Services. She and Steve will be organizing the 10th Annual Flower Sale Fund Raiser next spring for ESS in honor of her mother, Bert Kramoris. Luci is a tireless volunteer for Board of Outreach & Mission (BOOM) Coffee Sales, as well as the Alliance High School and Middle School. She has a quirky sense of humor, and enjoys sharing cartoons and silly jokes! One of her favorite quotes is, "be like two fried eggs and keep your sunny-side up!"

Generosity Abounds

It is with grateful hearts that Saint John's accepts these generous legacy gifts:

- **John S. Hart** was a long-time Episcopalian who supported the various outreach programs of the Diocese. Saint John's was a modest beneficiary with the purpose to continue our good work.
- When resident **Walter Leunenberger** passed away twenty years ago, his only child Janet Leunenberger made a commitment to honor Saint John's in her own will. Now deceased, Janet's planned gift will result in more than \$30,000 to help support our mission.
- In appreciation for our person-first care philosophy, **Virginia Queeman** (deceased Tower resident) made arrangements in her will that her estate bequest a donation to Saint John's. Notification of a \$14,000 gift intention was received last month for on-going support.
- **Bret Sears** and his wife **Elsbeth** just loved living at

Saint John's. Many of us remember Bret playing Scrabble each week until his death at age 105! This relatively new estate gift is in-process but the intention is designated to underwrite

the grand piano renovation or new purchase, and health center needs.

- Have you included Saint John's in your will? Consider a bequest.



Generous donors underwrote the installation of the Nancy Metz White Fantasy Garden sculpture on the Plaza at Saint John's On The Lake. The five larger than life painted steel flowers are made with recycled forged flashings from local industry.

SAINT JOHN'S NOW ACCEPTS ON-LINE GIVING WITH A CREDIT CARD AT... www.saintjohnsmilw.org

For more information, contact Sybil Bell, Director of Development at (414) 831-6911 or sbell@saintjohnsmilw.org

Focus on Wellness

To honor **Kathie Eilers** on the occasion of her retirement, the Board of Directors announced that the LifeStreams Education Classroom will be named as a tribute to her eight years of leadership contribution. Nearly \$10,000 was gifted in her honor; these dollars raised are now part of a permanent legacy. Thank you to all the donors for loving Saint John's.

The campaign to raise funds for our campus-wide programs featuring six dimensions of

wellness has good news to share. Donors have contributed towards the purchase of the TV in the Bistro (Go Brewers, Packers and Badgers!), a commercial-grade waffle maker, a wireless system for the hearing impaired in the Cultural Arts Center, water aerobics equipment, and garden items: a tree, a butterfly bush, and other miscellaneous expenses. It is not too late; consider making a gift. Every dollar generously donated gets us closer to our goal and to the future of community wellness.

Calendar of Events

SEPTEMBER

Wednesday, Sept. 14, 4:00 p.m.
Bahia Concert, Puerto Rican and South American rhythms

Thursday, Sept. 15, 5-6:30 p.m.
Grand Opening of Our Town Center and South Tower Residences

Mondays, Sept. 19, 26, 3:30 p.m.
"The Making of Milwaukee," two-part series with historian John Gurda

Tuesday, Sept. 20, 3:00 p.m.
Retired astronaut Jeffrey Hoffman, PhD presents a slide/lecture from his missions

Wednesday, Sept. 21, 7:30 p.m.
Art of the Italian Baroque, MIAD instructor, Jim Slauson, art history slide/lecture

For comments regarding ENRICHING LIVES, please contact the editor: Lori McGinnis at (414) 831-6901 or lmcginnis@saintjohnsmilw.org

Don't hesitate to contact other members of our Marketing Team as well...

**Maryl Petrie,
Director of Sales and Marketing
(414) 831-6900**

**Luci Klebar,
Senior Living Advisor
(414) 831-6902**

**Maggie Nessmann,
Move-In and Sales Coordinator
(414) 831-6882**

Wednesday, Sept. 28, 7:30 p.m.
Fred Moyer, concert pianist

OCTOBER

Monday, Oct. 3, 7:30 p.m.
Song Lyrics as Poetry: The Music of Words, Paul McComas, writer/actor/educator

Thursdays, Oct. 6, 13, 20, 27, Nov. 3 and 10, 3:00 p.m.
"Ancient Greece," Tim Crain, PhD, six-part history slide/lecture series

Tuesday, Oct. 11, 7:30 p.m.
Classical Concert featuring Stefan Kartman, cellist and Jeannie Yu, pianist

Saturday, Oct. 15, 1:00-5:00 p.m.
"Memories in the Making," Uihlein Peters Gallery show opening featuring the artwork of Saint John's Health Care Residents with dementia (see story on p. 2). The Gallery is open daily from 10:00 a.m. - 5:00 p.m. This show continues through January 1

Saturday, Oct. 15, 2:00 p.m.
Lecture and discussion with Nancy Armitage about the Alzheimer's Association's **Memories In The Making®** Program

Monday, Oct. 17, 7:30 p.m.
Arcus String Quartet: Joel Boyd, Margot Schwartz, Ilana Setapen, Peter Thomas, classical music concert

Friday, Oct. 21, 5-9 p.m. and Saturday, Oct. 22, 10 a.m. - 5 p.m.
"Soul Searching: Portraits from the Museum of Wisconsin Art," Gallery Opening. The Gallery is open daily from 10:00 a.m. - 5:00 p.m. (This show continues through Jan. 15, 2012.)

NOVEMBER

Wednesday, Nov. 2, 2:30 p.m.
Cabi Fall/Holiday Fashion Show

Monday, Nov. 7, 7:30 p.m.
Jason Seed Stringtet; chamber, classical crossover, jazz music concert

Monday, Nov. 14, 7:30 p.m.
Trevor Stephenson & Keith Underwood, baroque harpsichord & flute concert

Tuesday, Nov. 15, 3:30 p.m.
"The Future Museum of Wisconsin Art," Tom Litdke, Executive Director, MWA

Tuesday, Nov. 29, 7:30 p.m.
"America's Songbook," Florentine Opera Studio Artists Concert

We welcome your presence at these events. If you plan to attend, or would like more information, please contact Elizabeth Spaulding at (414) 831-6872 or espaulding@saintjohnsmilw.org

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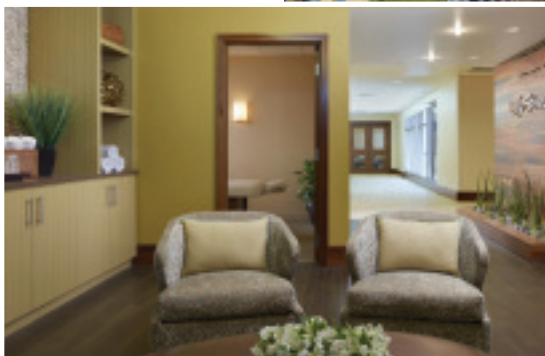
SAINT JOHN'S ON THE LAKE

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The New View of Saint John's On The Lake



Photos on this page © Chris Barrett courtesy of Perkins Eastman

(Continued from page 1)

- Bistro with a fireplace, overlooking Prospect Avenue
- Cultural Arts Center for lectures, meetings and private parties
- Indoor swimming pool and spa
- Fitness center which overlooks Lake Michigan
- Extensive library

- Plaza, patios and outdoor gardens
- Heated indoor parking garage

And, to borrow a culinary term, the pièce de résistance isn't even Saint John's "the place," its our person-centered care philosophy and the peace of

mind that comes with Life Care – knowing that your assets are protected from the rising costs of health care.

Call (414) 831-7300 to discover the new view of Saint John's On The Lake - the best truly is here!